



PARENTAL NEWS BULLETIN

Issue 14 Monday 5th January 2026

HEADLINE NOTICES

Spring Term 2026

Monday 5th January – Friday 13th February



Happy New Year 2026!
We would like to welcome you all back to the 1st Spring half-term. We hope you have had an enjoyable break and are looking forward to an exciting & productive school term.

House Excellence Award



Rose Andrews, Year 11, has won the House Excellence Award. She was nominated by the History Department. Rose was nominated for being the longest serving and most consistent-History Club attendee ever! Since Year 7, Rose has not missed a club and she expects to keep that going until the end of Year 11. Rose is a thoughtful & creative student and we appreciate all her hard work and commitment. Well done Rose!

Student Rail Safety

Please see below details of the The Rail Safe Friendly Programme, which we shall be promoting through our pastoral sessions this term. We encourage all parents to take time to access the resources below and to speak to their children about staying safe on the railway network.

THEME OF THE WEEK THE NEW YEAR

'The month of January takes its name from the Roman God Janus. He was a God who guarded gateways. He had two faces, which enabled him to look both forward and backwards. The beginning of the new year provides us with an opportunity to do the same – to look back and review the time we have had, and to look forward to our future.'

WORD OF THE WEEK

Accrual

'The accumulation or increase of something over time, especially payments or benefits: a charge for work that has been done but not yet invoiced, for which provision is made at the end of a financial period.'

Proud to support
The National Year
of Reading 2026.

GO
ALL
IN.

We are proud to be supporting the National Year of Reading 2026. See Page 6 for more details.

KFS Careers Fair

This important and annual event takes place for students in Years 9, 10 and 12 on **Wednesday 14th January 2026**. Further details issued separately. Any queries should be directed to careers@kingsdale.southwark.sch.uk.



Discover our FREE rail safety videos and keep your children safe by visiting railsafefriendly.com

THE RAIL SAFE FRIENDLY PROGRAMME

The Rail Safe Friendly programme has educated over **3 million young people** on the dangers of the railways.



SCAN ME

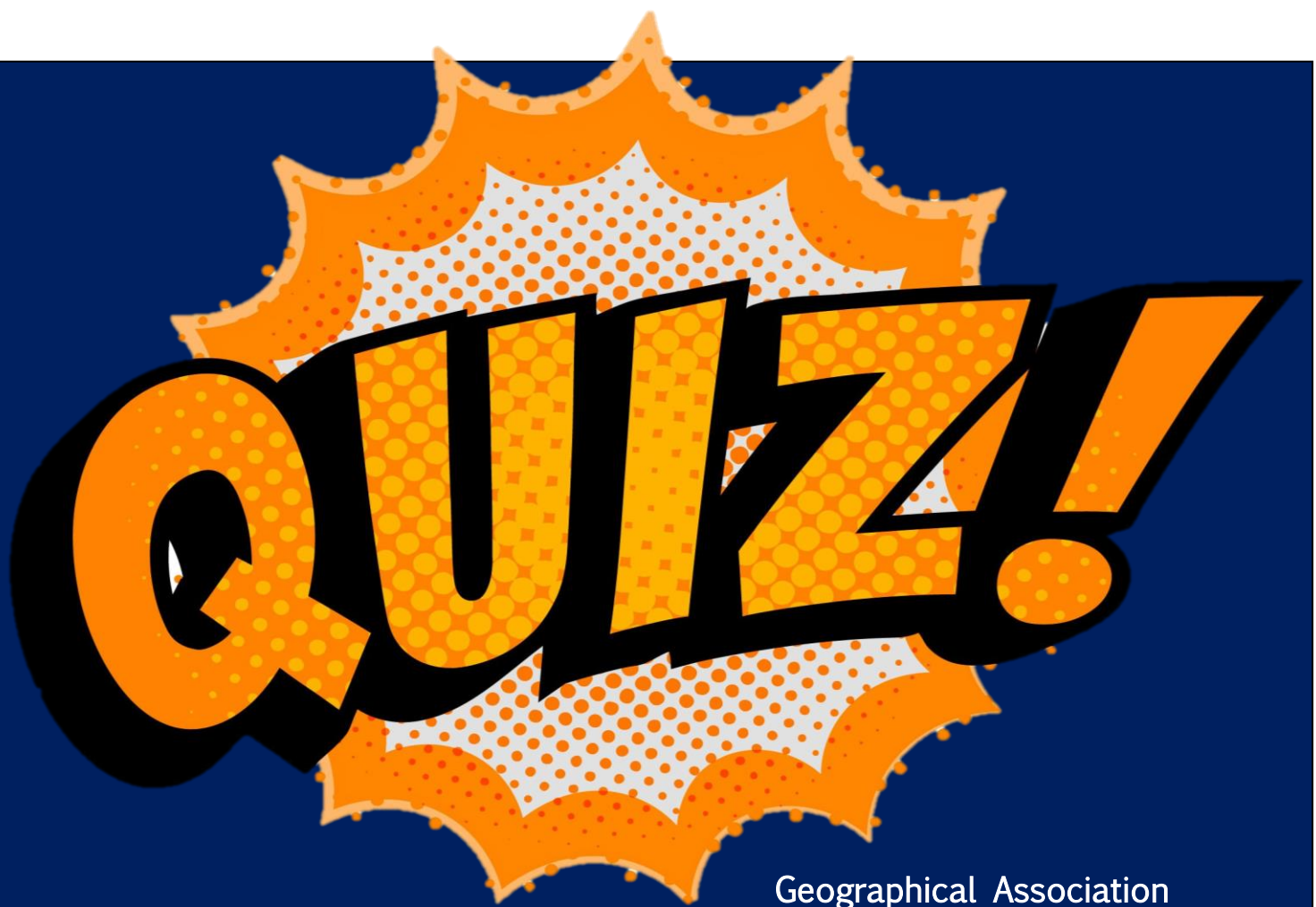


"I implore you to listen to Harrison's story"

Simon Frazer, Principal, Guilsborough Academy

DON'T LET YOUR CHILDREN BECOME THE NEXT STATISTIC

According to the ORR Report, April 23 – March 24 on UK railways:	According to Rail Safe Friendly, July 25:
12 people died in accidents while trespassing	120+ companies support the programme
58% were struck by a train or tram	11,000+ schools in the UK have engaged
42% were electrocuted	20,000+ UK schools still need to be reached



Geographical Association World Wise Quiz

Are you in Year 7, 8, 9 or 10 and enjoy taking part in quizzes?

Do you also have a great memory for geographical facts, place names, capitals, country outlines, famous buildings etc.?

Then email Ms Shah, Head of Geography, as she is looking for several teams of 3 to enter the Geographical Association's 2025 World Wise Quiz, playing online against other schools from South and East London and beyond!

The quiz will take place on Wednesday 28th January 2026 between 4 & 5.30pm at Kingsdale Foundation School.

Please express your interest by Friday 9th January 2026. Don't forget to include your full name, and tutor group:
knh@kingsdale.southwark.sch.uk



Geographical Association



Careers Talks this Term

Please find below details of the student Careers Talks that will be taking place across the Spring & Summer terms. Students can sign up to attend by using [this link](#).

Please note the **KFS Careers Fair** will be taking place for students in Years 9, 10 and 12 on **Wednesday 14th January 2026**. This will be a fantastic event for students and parents of the relevant year groups have been e-mailed with more details. Any queries should be directed to careers@kingsdale.southwark.sch.uk. Thank you so much to all of the parents who are helping out on the day.

Date	Time	Years	Talk
Tuesday 3 rd February	Period 5 1-1.45pm	9, 12 & 13	Advertising
Wednesday 4 th March	Period 4 12.10-12.45pm	8 & 10	Interior Design
Wednesday 18 th March	TBC	TBC	Metropolitan Police
Tuesday 28 th April	TBC	TBC	Data Centres
Friday 1 st May	Period 4 12.10-12.50pm	8 & 10	Nursing
Tuesday 12 th May	4.15-5.00pm (after school)	All Years	Archaeology
Spring – date TBC			Video Publishing & Media

Under-13s Boys' Football A Team English Schools Cup News Kingsdale v Bishop Ramsey CE School (Ruislip)

On Wednesday 17th December 2025, after traveling almost 2 hours to Bishop Ramsey CE School on a cold wet day, the boys were up for the game from the very start. The pitch wasn't the greatest and was boggy and very wet from the recent rain.

Kingsdale were 1-0 up within the first 5 minutes after Jayden Duru slotted the ball and passed the keeper from a corner. Kobe Mukoro terrorised the defence with his runs over the top, setting up a couple more goals for Ira Lee, Jacob Lesley and Jayden Duru who scored his second goal. All of these goals were scored before half-time (4-0)!

In the 2nd half, again the boys flew out the blocks with 2 quick goals from Nico Rajas Masing. Kobe Mukoro made it onto the score sheet with the best goal of the Season so far! Jamie Hilyer's corner crossed into the box and Kobe volleyed the ball into the top right-hand corner of the goal past the flying goalkeeper. Up next was Jamie Hilyer to cap things off with a fine, low hard shot from the edge of the box left-hand side of the keeper, making the final score 8-0 to Kingsdale.

An amazing game boys!

Final score: Kingsdale **8-0** Bishop Ramsey CE School

Goals scored: Jayden Duru (2), Ira Lee (1) Jacob Lesley (1), Nico Rajas Masing (2), Kobe Mukoro (1) and Jamie Hilyer (1)

Under-13 Boys Football B Team English Schools Cup News Kingsdale v Shenfield

On Thursday 11th December 2025, after a long journey to Shenfield (Essex) the boys arrived to a hostile reception with over 100 Year 8 students from the opposing school supporting their team.

From the very start Kingsdale was under pressure as Shenfield were the favourites to win, especially after they scored in the first 10 minutes making it 1-0. Kingsdale held on until half-time under a barrage of shots corners and attack after attack.

In the 2nd half, the boys came out with a few changes and battled hard, putting the pressure on Sheffield, with our front 3 players hitting everything at Shenfield's defence.

With only 10 minutes remaining, Dorian Blaz bundled the ball over the line from a corner equalizing the score to 1-1. The boys now worked extremely hard trying to win the game before going into extra time.

As the referee signaled 30 seconds of the game left, Hamish Roberts chipped the ball over the defence and Morgan Mclean-Afriyie ran on to the ball. The keeper flew out of his box and Morgan chipped the ball into the empty net making it 2-1 to Kingsdale. The referee blew for full time and Morgan had won the game with a cracking finish.

Congratulations to all the team for their hard work and we are looking forward to the New Year and the next round of games.

Final score: Kingsdale **2-1** Shenfield

Goals scored: Dorian Blaz (1) & Morgan Mclean-Afriyie (1)

Player of the Match: Morgan Mclean-Afriyie

A GREAT END TO THE YEAR FOR THE YEAR 8 BOYS A, B AND ELITE TEAMS
ALL PROGRESSING TO THE NEXT ROUNDS OF THE ENGLISH SCHOOLS CUP!



SPORTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

Hanna Marczak at British Judo Championships

Hanna Marczak (Year 11) won Bronze in Cadet category under 70kg at the British Judo Championships on Friday 12th December in Nottingham.

Well done Hanna! What a great achievement!



Kate's Trampolining Success

Kate Farrer (Year 7) competed in the Southeast Regional Trampolining Qualifier in December at Level 2 for ages 11/12 and amazingly came first! This is the first step towards qualifying for the national finals next year.

This was her first competition since her ankle injury back in February 2025. Well done Kate!



PE Department Extra-Curricular Sports Activities Timetable - Spring Term 2025-26

Sports Clubs Spring Term 2026

The Sports Faculty at Kingsdale Foundation School are delighted to announce that our Extra Curricular Sports Programme for the Spring term 2026 has now launched. Please be advised that students will be required to submit a completed parental consent form before attending sessions held before or after school. However, students are not required to have parental consent to attend any of our published lunchtime clubs. Please find our programme of extra-curricular clubs for the Spring term to the right of this notice. If you have already signed your child up for a club that has been running since the Autumn term and is on the same day and at the same time for the Spring Term then you do not need to complete the form again.

If your child wishes to attend any of our published sports clubs, please follow the link below, where you will be able to access further information and a consent form for your child's chosen sports club(s). Please be advised that all students are required to wear full school PE kit when attending any of our extra-curricular clubs.

KFS Extra-Curricular Sports Online Booking Form

Please be informed that all students attending our extra-curricular clubs and representing the school at sporting events are expected to be excellent sports ambassadors for the school and are therefore required to adhere to and sign our Sporting Code of Conduct which can be accessed by following the link [KFS Extra-Curricular Sports Online Booking Form](#).

Please be assured that all students are welcome to attend our clubs whether for recreational or competitive enjoyment and we very much look forward to welcoming you to what is sure to be another year of sporting excellence at Kingsdale Foundation School.

For further details please contact Ms V. Turner, Director of Sport, Health & Recreation via pe@kingsdale.southwark.sch.uk.

Activity	Time	Venue	Staff
Monday			
Football – Boys – Year 10	8:00-8:50am	Astro	Mr Hall & Mr Foster
Recreational Football – Boys – Year 7	11:05-11:50am	Astro	Mr Price & Mr Foster
Table Tennis – Mixed – Year 7	11:05-11:50am	Gym 1	Mr Hutchinson
Swimming – Mixed – Year 7	11:15-1:45pm	Crystal Palace	Ms Jaymes
Recreational Football – Boys – Year 8	12:00-12:45pm	Astro	Mr Dash
Netball – Girls – Year 8&10	12:00-12:45pm	Sports Hall	Mr Foster
Recreational Football – Boys – Year 9	12:55-1:40pm	Astro	Mr Price
Fitness – Boys and Girls Year 9	12:55-1:40pm	Fitness Suite	Mr Dash
Football – Boys – Year 8	4:15-5:15pm	Astro/Playing Fields	Mr Price
Basketball – Boys – Year 9, 10 & 11	4:15-5:15pm	Sports Hall	Mr Hall
Rugby – Girls – All Years	3:45-4:45pm	Playing Fields/Astro	Mr McWhirter
Tuesday			
Basketball – Girls – Year 8, 9, 10 & 11	8:00-8:50am	Sports Hall	Mr Roberts
Table Tennis – Mixed – Year 9	8:10-8:50am	GM1	Mr Price
Rugby – Boys – Year 8&9	8:00-8:50am	Astro	Mr Lord
Football – Boys – Year 7 A and B Squad	11:05-11:50am	Astro	Mr Fitchett
Basketball – Girls – Year 7	11:05-11:50am	Sports Hall	Ms McManus
Table Tennis – Boys and Girls - Year 8 and 10	12:00-12:45pm	Gym 1	Mr Roberts
Fitness – Boys and Girls - Year 8 and 10	12:00-12:45pm	Fitness Suite	Mr Lord
Sports Scholars – Mixed – Year 8 and 10	12:00-12:45pm	Astro	Mr Johnstone
Dance – Mixed – Technique – Year 8 and 10	12:00-12:45pm	Dance Studio	Ms McGregor
Dance – Mixed – Technique – Year 9	12:55-1:40pm	Dance Studio	Ms McGregor/Ms Dookey
Cycling – Mixed – All Years	3:00-5:00pm	Herne Hill Velodrome	Ms McGregor
Badminton – Mixed – Year 8,9, 10 & 11	4:15-5:15pm	Sports Hall	Ms Jaymes
Football – Boys – Year 11	3:45-5:00pm	Astro/Playing Fields	Mr Foster
Football – Girls – Year 10 and 11	4:10-5:15pm	Astro/Playing Fields	Ms Jaymes
Dance – Mixed – Contemporary – Year 7 and 11	3:45-5:00pm	Dance Studio	Ms Dookey
Dance – Mixed – Contemporary – Year 8, 9 and 10	4:15-5:15pm	Dance Studio	Ms Dookey
Wednesday			
Football – Boys – Year 9	8:00-8:50am	Astro	Mr Johnstone
Netball – Girls – Year 11	8:00-8:50am	Sports Hall	Mr Foster
Horse Riding – Mixed- Year 7	10:45-12:15pm	Dulwich Stables	Ms McGregor
Horse Riding – Mixed- Year 7	12:45-2:15pm	Dulwich Stables	Ms McGregor
Sports Scholars – Mixed – Year 9	12:55-1:40pm	Sports Hall	Mr Foster
Football – Mixed – Sixth Form	1:50-3:40pm	Playing Fields	Mr Price & Mr Dash
Rugby – Mixed - Sixth Form	1:50-3:40pm	Playing Fields	Mr McWhirter
Rugby – Boys – Year 7	3:45-5pm	Playing Fields	Mr Roberts
Netball – Girls – Year 7	3:45-4:40pm	Sports Hall	Mrs Sinclair & Mr Foster
Netball – Girls – Year 9	4:30-5:30pm	Sports Hall	Mrs Sinclair & Mr Foster
Football – Girls – Year 8&9	4:10-5:15pm	Astro	Mr Dash & Mr Jones
Thursday			
Hockey – Mixed – Year 8,9,10 & 11	8:00-8:50am	Astro	Ms Jaymes & Ms Marshall
Sports Scholars – Mixed - Year 7 and 11	11:05-11:50am	Astro, Gym 2	Mr Price & Mr Fitchett
Badminton – Mixed – Year 7	11:05-11:50am	Sports Hall	Mr Dash
Fitness – Boys and Girls Year 7 and 11	11:05-11:50am	Fitness Suite	Ms McGregor
Hockey – Mixed – Year 7	11:05-11:50am	Astro	Ms Jaymes
Dance – Street Dance – Mixed – Year 7 and 11	3:45-5:00pm	Dance Studio	Ms McGregor/Ms Dookey
Dance – Street Dance – Mixed – Year 8, 9 and 10	4:15- 5:15pm	Dance Studio	Ms McGregor/Ms Dookey
Football – Girls – Year 7	3:45-5:00pm	Astro	Ms McManus
Friday			
Basketball – Boys – Year 7 & 8	7:45-8:50am	Sports Hall	Mr Lord
Rugby – Boys – Year 10&11	8:00-8:50am	Astro	Mr McWhirter



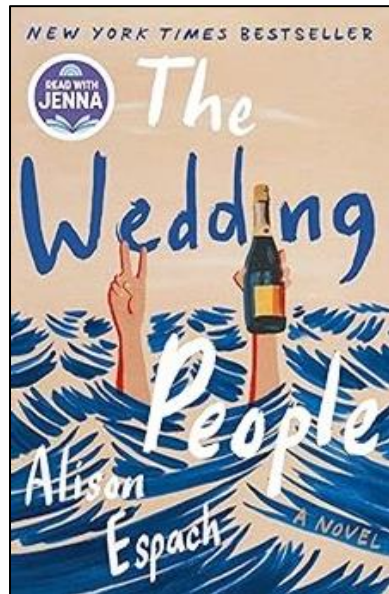
National Year of Reading 2026

We are proudly supporting the National Year of Reading 2026 and the theme of 'Go All In.' Watch this space for more information regarding the exciting programme of initiatives we have planned to support this important focus. As a 'Do Now' activity, we ask all parents to ensure that their children have a reading book in their school bag every day which they can obtain from the school libraries.

**GO
ALL
IN.**

**National
Year of
Reading
2026**

Reading Recommendations



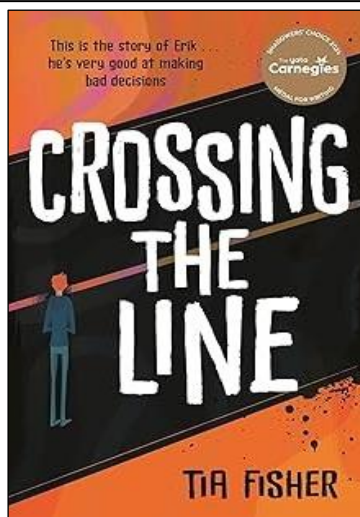
Teacher Recommendation
Ms Parke heartily recommends *The Wedding People* by Alison Espach.

It's a beautiful day in Newport, Rhode Island, when Phoebe Stone arrives at the grand Cornwall Inn wearing a green dress and gold heels, not a bag

in sight, alone. She's immediately mistaken by everyone in the lobby for one of the wedding people, but she's the only guest at the Cornwall who isn't here for the big event. Phoebe is here because she's dreamed of coming for years-she hoped to shuck oysters and take sunset sails with her husband, only now she's here without him, at rock bottom, and determined to have one last decadent splurge on herself.

Ms Parke adored this character-driven, hilarious narrative.

Some mature themes; best suited to students in Key Stage 4 & older.



Student Recommendation
Elia Paige, Year 9 recommends *Crossing the Line* by Tia Fisher.

Erik's life has been falling apart ever since his dad died. Homework and being good at school stop feeling important when you're the new man of the house. When Erik's bad behaviour attracts the wrong crowd, he's sucked into a

terrifying new world of drug dealing, trap houses and violence.

Making money feels good but Erik soon learns that a small favour can become a huge debt. And when his sisters' lives are threatened, Erik will have to cross one more line to save them.

Elia really liked the poetic language and the relatable main character. Best suited for students in Year 9 and over!

CALENDAR 2025-26



You can also find lots of other useful sources of information on the school website [here](#).

This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact

Mr Karp, via email
tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team at attendance@kingsdale.southwark.sch.uk

SPRING TERM 2026

Monday 5th January INSET DAY

School closed to students except those in Year 11

First Spring Half-Term

Monday 5th January – Friday 13th February

Half-Term Holiday

Monday 16th February – Friday 20th February

Second Spring Half-Term

Monday 23rd February – Friday 27th March

SUMMER TERM 2026

First Summer Half-Term

Monday 13th April – Friday 22nd May

Monday 13th April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 4th May 2025

Half-Term Holiday

Monday 25th May – Friday 29th May

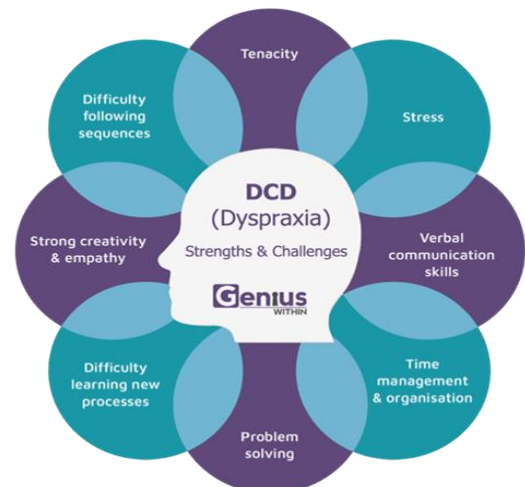
Second Summer Half Term

Monday 1st June – Friday 24th July

Friday 24th July INSET DAY

School closed to students except by invitation

Supporting your child with Dyspraxia in Lambeth, Croydon and Southwark



For children with dyspraxia (Developmental Coordination Disorder or DCD), secondary school brings new challenges. Difficulties with coordination, organisation, handwriting, time management and executive functioning can make everyday school life harder. With the right support from schools, health services and at home, young people can build confidence and reach their potential.

NHS Dyspraxia Information

The NHS describes dyspraxia as a lifelong condition that can affect physical skills, organisation and independence. Support usually comes from a team including a paediatric occupational therapist and potentially other professionals such as educational psychologists and paediatricians.

A tailored care plan combined with school support can improve confidence and school performance. ([nhs.uk](https://www.nhs.uk))

- NHS Guide for Dyspraxia in Children: <https://www.nhs.uk/conditions/developmental-coordination-disorder-dyspraxia/> ([nhs.uk](https://www.nhs.uk))

Occupational Therapy in Lambeth & Southwark

Children and young people registered with a Lambeth or Southwark GP can be referred for community occupational therapy through Evelina London Children's Hospital services, which focus on participation in daily activities including school productivity and motor skills. Referrals must come via a GP, school nurse or other professional. ([evelinalondon.nhs.uk](https://www.evelinalondon.nhs.uk))

- Evelina London Community Occupational Therapy information: <https://www.evelinalondon.nhs.uk/our-services/community/community-occupational-therapy/referrals.aspx> ([evelinalondon.nhs.uk](https://www.evelinalondon.nhs.uk))
- **Contact for referrals:**
 - Lambeth (Mary Sheridan Centre for Child Health) – call 020 3049 8181 ([evelinalondon.nhs.uk](https://www.evelinalondon.nhs.uk))
 - Southwark (Sunshine House Children and Young People's Development Centre) – same referral route ([evelinalondon.nhs.uk](https://www.evelinalondon.nhs.uk))

Private Dyspraxia-Focused Assessment & Support

If NHS assessment waiting times are long or you want additional specialist input, organisations like Dyspraxia UK offer developmental coordination disorder assessments, reports and tailored strategies for children of secondary school age. ([Dyspraxia UK](https://www.dyspraxiauk.org))

National Support & Resources

- Dyspraxia Foundation offers UK-wide information, practical guides for families and schools, and a helpline for parent support. ([dyspraxiafoundation.co.uk](https://www.dyspraxiafoundation.co.uk))
- Secondary-Age Support Pages on Dyspraxia Foundation's site include common challenges and strategies specifically for older children. ([Dyspraxiafoundation](https://www.dyspraxiafoundation.org.uk))
- Dyspraxia Foundation: <https://www.dyspraxiafoundation.org.uk/> ([dyspraxiafoundation.co.uk](https://www.dyspraxiafoundation.co.uk))
- Helpline (Mon-Fri, 10-1): 01462 454 986 ([Dyspraxiafoundation](https://www.dyspraxiafoundation.org.uk))

Practical Advice for supporting your child at home

1. Build Strong Routines

Young people with dyspraxia often find change and organisation difficult. Establishing consistent routines for homework, school prep and bedtime helps reduce stress and increases predictability.

2. Break Tasks into Manageable Steps

Large tasks can feel overwhelming. Help your child divide homework or revision into small, clear stages and use visual checklists to track progress.

3. Use Assistive Tools

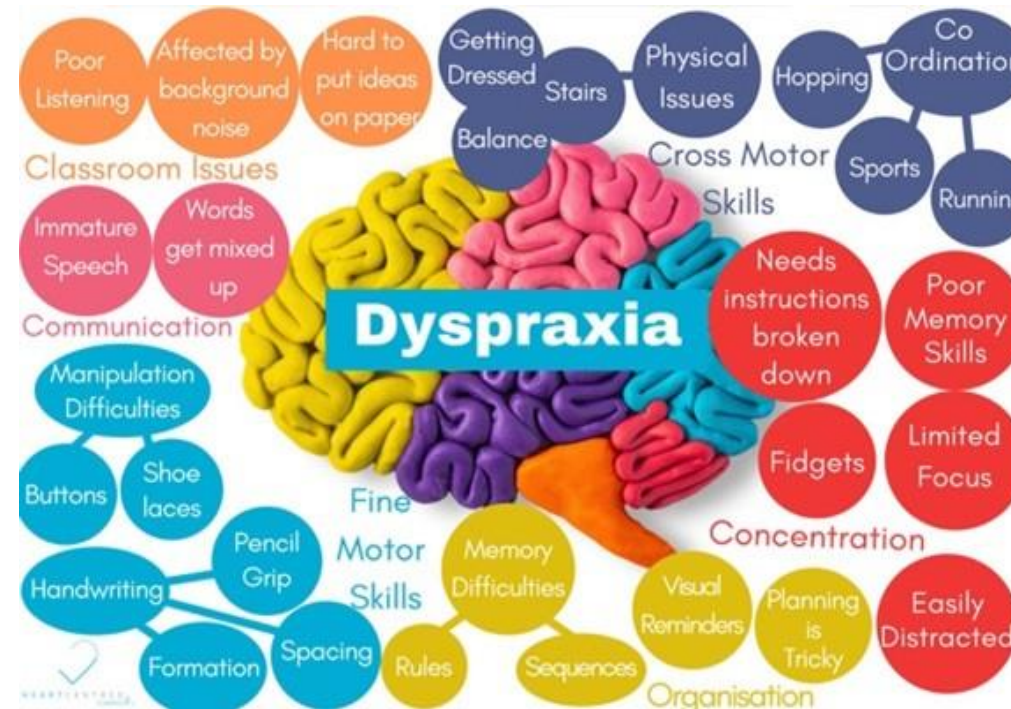
Tools like laptops, speech-to-text software, planners or coloured overlays can make written work and organisation easier.

4. Encourage Motor Skills Through Fun Activities

Activities such as juggling, yoga, ball games or dance can enhance coordination in low-pressure settings and boost confidence.

5. Communicate with School

Regular updates between you, your child and teachers help ensure consistency. Sharing what works at home lets school reinforce those strategies in the classroom.



SEND Local Offer

Information and Local Offers

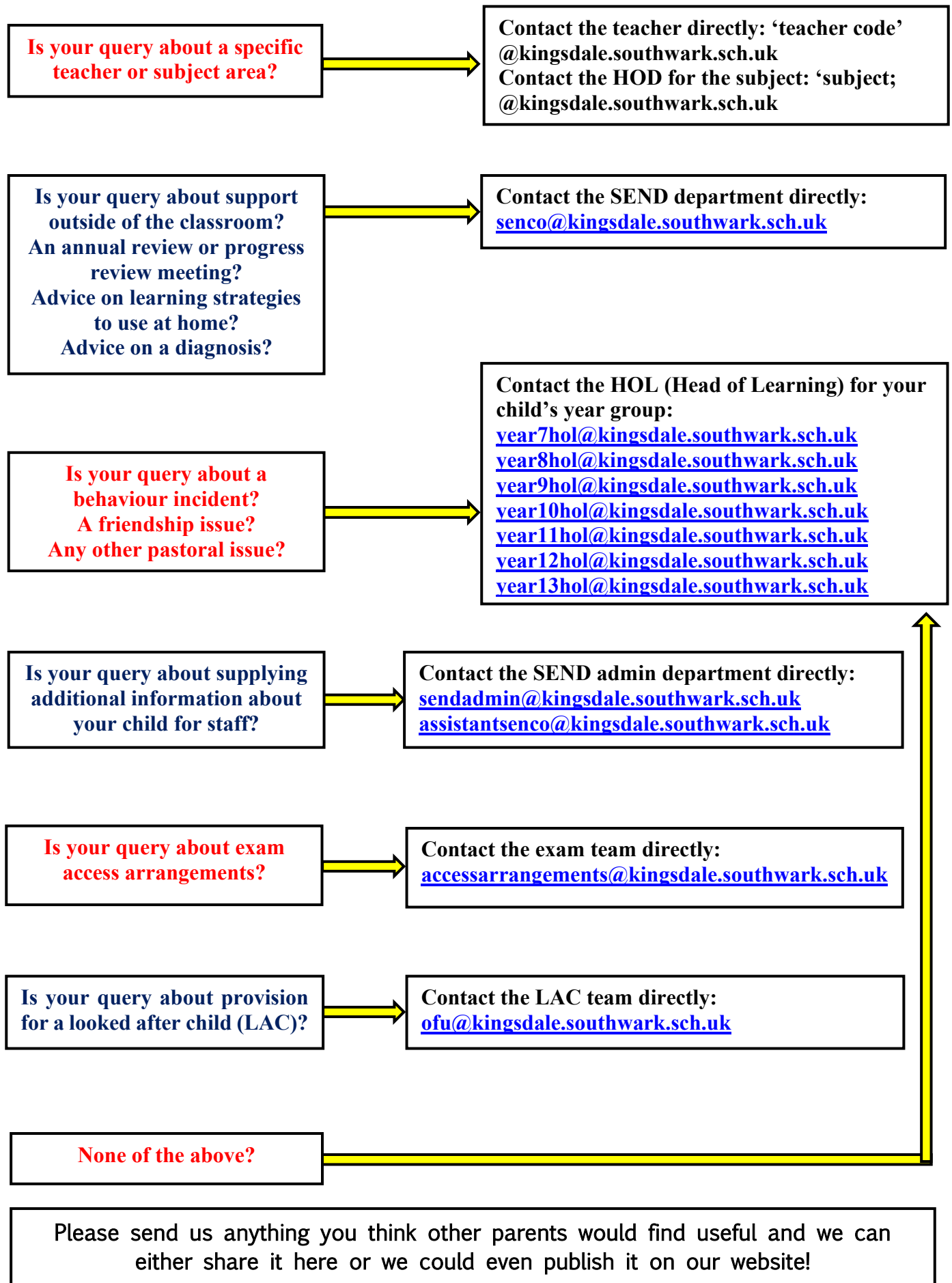
The Learning Support department would like to remind you that you can find lots of useful information in our SEND Policy and Report which can be found here: <https://kingsdalefoundationschool.org.uk/information/statutory/> under the 'SEND Policies & Report' tab.

You can also find out information regarding your local SEND offer here:

- Southwark: <https://localoffer.southwark.gov.uk/>
- Lambeth: <https://www.lambeth.gov.uk/lambeths-send-local-offer>
- Lewisham: <https://lewisham.gov.uk/myserives/children-and-young-people-service/local-offer>
- Croydon: <https://www.croydon.gov.uk/children-young-people-and-families/special-educational-needs-and-disability-support/local-offer-special-education-and-disability-support-directory>
- Bromley: <https://www.bromley.gov.uk/special-educational-needs-disability-send-local-offer>
- Wandsworth: <https://fis.wandsworth.gov.uk/kb5/wandsworth/fsd/localoffer.page?sessionId=E8917B191BB385C792E73B8A458458B2?newfamilychannel=2>
- Merton: <https://directories.merton.gov.uk/kb5/merton/directory/localoffer.page?localofferchannel=0>

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.





Young
People
Southwark

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales) and SC039961 (Scotland). Company Registration Number 7361208 (England and Wales).



Drug and
Alcohol Service
Southwark



Young
People
Southwark

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:

 **parentzone**

ParentZone – Resources for parents/children to help keep kids safe online.



Education from
the National
Crime Agency

CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need.

This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITION



Kingsdale Cooking Challenge

Veganuary

It's the start of the new year which means a very important event has come around – Veganuary! It's a time when lots of people challenge themselves to try to eat a plant-based diet throughout the month of January.

The House Team want students to unlock your individual culinary skills by stepping up to the **Vegan Cooking Challenge**. You can use a recipe from the internet or invent your own. Please send us a picture and a short description of how you made your dish. The best-looking dishes will win valuable points for your house.

Don't forget to get permission from your parents or carers and to have appropriate supervision in the kitchen.



STUDENT HOUSE ACTIVITY:

Submit your dish and recipe to the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.



David Domoney's Houseplant Week

Indoor gardening has been growing in popularity in recent years. Not only do they make our homes look great, but they also have health benefits. Helping to lift our moods during the darker nights of winter and improving the air we breathe are just a couple of the benefits of having houseplants in your life.

Please send us a picture of a houseplant to celebrate the best of indoor gardening. It could be anything from:

Venus Flytrap

flowering plant best known for its carnivorous eating habits

Dracaena Marginata

or the dragon tree that has elegant long, thin leaves with red edges

Orchids

widespread group of flowering plants with blooms that are often colourful and fragrant

STUDENT HOUSE ACTIVITY:

Submit your image to the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.

What Parents & Educators Need to Know about AI TOYS

WHAT ARE THE RISKS?

This festive season, the newest toys on the shelves do not just blink or make noise; they listen. Many now come with artificial intelligence (AI), allowing them to talk, learn, and even respond to a child's emotions. These toys can be educational and engaging, but they also collect, store, and process information. This guide explains what that means for families and why it matters.

TOYS THAT LISTEN AND LEARN

When a toy uses AI, it collects data such as voice recordings, interactions, and background sounds. This information is sent to remote servers, where it is analysed to improve responses. Your child's voice becomes training data, which may be stored indefinitely or shared with third parties.

WEAK SECURITY PROTECTIONS

Some AI toys have poor password protection or open network connections. Others may have microphones or cameras that stay on, even when the toy appears to be off. This can lead to recordings being made without your knowledge, including conversations unrelated to play.

ARTIFICIAL VOICES, REAL INFLUENCE

For very young children, an AI companion may become one of the first voices they interact with regularly. How that voice shows humour, empathy, or authority can shape how a child learns to communicate. If the model is artificial, then part of what is learned is artificial as well.

PRESSURE TO KEEP ENGAGING

Some toys reward repeated use or track engagement, encouraging children to interact more. When children compare how their toys perform, it creates pressure to play more often. This increases the amount of data collected and can make learning feel like competition.

MARKETING THROUGH PLAY

Toys that learn a child's preferences may feed that data into future advertising. A toy that knows a child's favourite colour or hobby could help a company design more targeted marketing to that child and their family.

PLAYTIME AS DATA TRAINING

The information collected from children helps train AI systems. Their voice, emotional responses, and behaviour shape how machines 'understand' people. Play becomes part of a much larger system that influences how future technologies behave.

Advice for Parents & Educators

START WITH A CONVERSATION

Talk to young people. Explain that some toys learn from what they say and do. Help them understand that even friendly technology should have boundaries, and to ask questions about it. Curiosity is healthy, blind trust is not.

SET LIMITS ON USE

Turn off Wi-Fi or Bluetooth when the toy is not in use. Check for updates regularly, as they can change privacy or safety settings. Treat connected toys like any smart device; they should be monitored, updated, and switched off when not in use.

MODEL DIGITAL AWARENESS

Children learn from adults. If they see you checking privacy settings, reading terms, and talking openly about online safety, they are more likely to do the same. Show them how to question technology in a healthy way.

RESEARCH BEFORE YOU BUY

Look for toys that work offline or store data locally. Check for a free or demo version so you can test how it behaves. Read privacy policies to understand what data is collected, where it goes, and whether it's shared with others.

REVIEW PRIVACY SETTINGS

Find out where the data is stored and who has access to it. Some companies sell or share data with advertisers. If the toy connects through an app, check what it requests access to and limit those permissions whenever possible.

BALANCE AI WITH REAL PLAY

AI toys can be fun and creative, but they are not a replacement for real human interaction. Encourage time away from technology with activities that foster emotional and social development. Use AI toys to support learning, not define it.

Meet Our Expert

Clara Hawking is Executive Director of Kompas Education. She advises governments, school trusts, and global organisations on AI governance and safeguarding, helping schools and families understand how technology shapes learning, wellbeing, and the digital future of children.



#WakeUpWednesday®

The National College®

SPORTS FIXTURES

Monday 5th January 2026

- No planned fixtures/events.

Tuesday 6th January 2026

- Under-14s Girls' Football Away Match at Burgess Park v Charter School, North Dulwich. Leave school at 1.30pm. Start 2.30pm. Return at 5pm approx.: **Mr Jones/Mr Price**

Wednesday 7th January 2026

- Under-16s Boys' Football Away Match v Haberdashers' Hatcham College. Leave school at 1.30pm. Start 2.30pm. Return at 5pm approx.: **Mr Foster**

Thursday 8th January 2026

- Under-16s Boys' Hockey Away Match v Cranmore School, Dorking. Leave school at 1.30pm. Start 4pm. Return at 7pm approx.: **Ms Jaymes**

Friday 9th January 2026

- Under-16s Boys' Football Away Match v Bacon's College. Leave School at 1.30pm. Start 2.30pm. Return at 5.30pm approx.: **Mr Foster**

Please note that fixtures maybe postponed or rearranged due to weather conditions.

<http://www.kingsdaleschoolsports.org.uk>

**REGISTER USING THE QR CODE
BELOW FOR SPRING TERM EXTRA-
CURRICULAR CLUBS**

**Kingsdale Foundation School
Extra-Curricular Sports Clubs
Spring Term 2025/2026**



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents and Educators Need to Know About AI Toys.' Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See Page 14 above.**

The House Leader Board 2025-26

**Week ending
19th December 2025**

- 1st Place** – Swift 58,628 points
- 2nd Place** – Dove 58,345 points
- 3rd Place** – Falcon 57,897 points
- 4th Place** – Albatross 57,069 points
- 5th Place** – Eagle 57,250 points

It looks like it is going to be an incredibly close race this year where any House can still win!



Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

