



PARENTAL NEWS BULLETIN

Issue 14 Monday 16th December 2024

HEADLINE NOTICES



Christmas Break

We would like to take this opportunity to thank you for all your support this term and to wish all families a restful and peaceful holiday season.

We look forward to welcoming our students back to school in the New Year. Please be reminded that the New Year (Spring Term 2025) will commence on Friday 3rd January 2025 for selected Year 11 students only to complete re-mock examinations (details issued separately). The school will re-open for all students on Monday 6th January 2025 at the usual times. Further details regarding these arrangements have been circulated to parents separately. Please be reminded that parents can find full details regarding school and holiday dates for the 2024-25 academic year on our website [here](#).

House Excellence Award



Caliyah Byfield, Year 9, was nominated for the House Excellence Award by the German department because she always puts in her full effort to complete all work as well as the bonus tasks. Homework is always completed to an excellent standard and she is more and more able to manipulate the German language and use it in different contexts. She is an example to others of resilience and hard work.

Considerate Parking and Road Use

We would like to thank our parents who drive and park with consideration for our local community when visiting the school or dropping/collecting students. Can we please request that parents take particular care not to park over the driveways of the surrounding houses or park with their engines running. We would like to remind parents that the path running up the side of the school into the Little Bornes residential area is private access and should not be used by students who are dropped in the surrounding area. Thank you in advance for your co-operation.

THEME & WORD OF THE WEEK

Christmas

'Somehow, not only for Christmas, but all the long year through, the joy that you give to others, is the joy that comes back to you.'

Christmas Gift Suggestions from Kingsdale Foundation School

- To your enemy, forgiveness
- To an opponent, tolerance
- To a friend, your heart
- To a customer, service
- To all, charity
- To everyone, a good example
- To yourself, respect

Conjecture

'Most of the book is conjecture, not fact.'

SCHOOL NEWS

Christmas Jumper Day Monday 16th December 2024

A reminder that Christmas Jumper Day is this Monday 16th December.

Please remind your child to bring in £1 as a donation for Save The Children or 1Kg of food or supplies for the Sixth Form Food Drive!



WINTER MUSIC CONCERTS

Please be reminded that last of the Winter Concerts will take place in the New Year on

Thursday 23rd January

Steel Pans: All groups

All Students perform at 5pm

For any enquiries please email:

musiclessons@kingsdale.southwark.sch.uk



SCHOOL NEWS

Year 12 Students Spread Holiday Cheer with Gift Boxes for Local Charities

As the holiday season approaches, the Year 12 students at our school have once again demonstrated their generosity and commitment to giving back to the community. In a heartwarming effort organised by the Year 12 Student Council, students joined forces to create over 30 gift boxes for local charities, ensuring that those in need would feel the spirit of Christmas.

The project, which was co-ordinated with Team London Bridge, involved Year 12 students working together with their tutor groups to assemble personalised gift boxes. Each box was carefully curated to cater to specific age groups and genders, ensuring that the gifts would be meaningful and appreciated by the recipients.

Students contributed an array of thoughtful items, from toys and books to toiletries and warm accessories, all with the aim of spreading joy and bringing a smile to those who might otherwise go without during the festive season. The attention to detail and thoughtfulness shown by our Year 12 students was truly inspiring.

Once the boxes were completed, a team of volunteers from the Year 12 cohort delivered them to Team London Bridge, where they will be distributed to families in need. The impact of this initiative extends far beyond the classroom, providing hope and kindness to members of our local community.

This successful project is just one example of the positive change our students can create when they work together. The Year 12 Student Council's leadership, combined with the enthusiasm and compassion of their peers, has made a tangible difference in the lives of those who will receive these gifts. It's a reminder of the power of kindness and community spirit during the holiday season.

Well done to all the Year 12 students involved for their hard work, generosity, and dedication to helping others.

We look forward to seeing more of these inspiring initiatives in the future!



LANGUAGES NEWS



Kingsdale in Rome

The last week of November saw 29 Year 11 Latin and Classics students visit the 'caput mundi' (capital of the world!) for four days of culture, visiting numerous sites relevant to their GCSE courses. Highlights included imagining how sharks might really swim in the Colosseum, walking on water at the immense Baths of Caracalla, the (gift shop) at the Catacombs of San Sebastian and, of course, the awesome beauty of the Vatican's Sistine Chapel. The students were a credit to Kingsdale, soaking up the amazing visual and material culture of Rome in an enthusiastic and mature manner.

Latin and Classics student Roe Ryan writes, "Rome was a wonderful experience for me and everyone on the trip. While I personally preferred the Catacombs of Saint Sebastian, we saw a vast array of beautiful and historically fascinating buildings such as the Colosseum, the Vatican, and the Sistine Chapel to name a few. I would wholeheartedly recommend this trip as while it helped reframe contexts of places I had only learnt about in books and solidified the places I studied, it wasn't just intellectually stimulating; I thoroughly enjoyed it and had a brilliant time. We were lucky with the sunshine and the food was amazing."

"Thank you to the Languages department for a great trip! Everywhere we went there were old statues and ruins, some just by the side of the road or on the street corner. The golden Roman light made everything look beautiful and ancient. Just watch out for aggressive seagulls, they might steal your pizza!"

Lucy Whitehead, *Student*



Onatti Spanish Play Primera Cita

On Friday 6th December 2024, selected Year 9 and 10 students had the opportunity to enjoy Primera Cita, a play in Spanish performed by the Onatti company which offers accessible live theatre written to complement foreign language learning.

The students were highly engaged and found the experience useful and entertaining. In fact, the actors were impressed with our students' level of understanding!

¡Fantástico, Year 9s y Year 10s, buen trabajo!





Christmas Food Drive



The tutor that donates the most (**in weight**) will receive a prize!

Priority items

any donated will be **x2** of the weight

sanitary items will be **x3** of the weight!

- Cooking Oil
- Tuna
- Pasta Sauce
- Rice (500g) bags
- Sugar
- Tinned Tomatoes
- Tinned Sweetcorn
- Tinned meat
- Washing up liquid
- Tea
- Rice pudding
- Biscuits
- Long life milk
- Halal tinned meat
- Non dairy milk
- UHT milk
- Strong carrier bags
- Instant Coffee
- Vegetarian meals
- Toilet rolls
- Baby wipes and Nappies



Back and Front gates of school

EXTENDED UNTIL MONDAY 16th DECEMBER!



Get Rid of and Donate is a charity that are proud to be the first award winners of Lambeth Council's winners of the Climate Change Award 2024. They want to extend their work to more secondary schools in Southwark & Lambeth. The Kingsdale community can help them.

Parents can donate and drop off to the school at Main Reception, for the notice of Mr Lewis and/or Ms Dalrymple.

Get Rid of and Donate collects unwanted clothes (**not school uniform – send this to KFS Uniform Bank**), shoes, small kitchen and household textiles, bedding, curtains, personal cosmetics, musical instruments electrical/ gadgets, IT equipment, toys, books, garden equipment etc.

We want to support the reduction of risk of any contamination or viruses and as such, all items **MUST BE** in good condition and clean.

ITEMS SHOULD BE DONATED IN BAGS FOR LIFE OR BOXES - NO PLASTIC OR WASTE BIN DISPOSAL BAGS

Get Rid of and Donate **DO NOT ACCEPT** the following items:

1. **Used Baby Items** - baby bottles, steamers, teething rings, bowls & cutlery, potties, baby baths, changing mats, baby underwear & socks, baby bedding, sleeping suits, baby/Children bike or car seats
2. **Old/damaged/stained bed sheets & pillowcases or duvets** - (will collect only if in good condition)
3. **Damaged Kitchen/houseware** - any broken or items with missing items, porcelain ornaments, framed pictures, ceramic cups, and drinking glasses.
4. **Commercial Publications** - magazines, newspapers, season wrapping paper, trees or decorations
5. **Specific Plastic Items** - plastic bags, clothes hangers, food containers, bottles or plates
6. **Animal Items** - cat litter trays, baskets, housing, play toys, dog cages (only new items accepted)
7. **Out of Date Food**
8. **Certain Furniture** - furniture made of MDF, dismantled furniture
9. **Damaged/Faulty Appliances/Electronics** - items that are faulty, damaged or not working.



Get Rid of and Donate rescues unwanted items – preloved good quality clothes, shoes, household/textiles, books, toys, tech/electrical, furniture, musical equipment/music/cd/DVDs and more recycling giving back to those in need.

Join our campaign to help those in need, making an impact and support GROAD's global green agenda in local communities.

Something that you no longer want can still be used by someone else giving a 2nd or 3rd life span!

Donations benefit the beneficiaries of the project refugees, asylum seekers, vulnerable families and the homeless.

The UK creates 26 million tons of waste, of which 14 million ton end up in landfill sites. *Landfill is the second most used waste treatment in the UK in 2018 with 23.6% of waste sent to landfill. We all have contributed to this in some way.

The alternatives are the three R's - Reduce, Reuse and Recycle!



 @Getridofit

 @getridofitansdonate

 @groadonate_cic

 @groadonate_cic

Join us in our mission to others help and Get Rid of and Donate.

07944 102 112

info@getridofit-donate.com

www.getridofit-donate.com

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



CAREER NEWS

Careers Talk – Careers in Medicine for Years 8 & 10
Tuesday 14th January, Room CR1, Period 4 (12pm)

We've all been to the doctor or into hospital, but have you ever thought about the day-to-day experiences of the people who care for you? Medicine is a varied and vital profession which combines challenge and reward like few other jobs. If your child would like to find more about how they can get into medicine and the types of day-to-day experiences people in the medical profession have, please encourage them to come to this careers talk on Tuesday 14th January.



Students should come to **Room CR1 at the start of Period 4 on the day with their lunch**. If they would like to get a school lunch slightly early, they should come to the Humanities Office during PM registration on Monday 13th to get a slip. Students can sign up by completing the form [here](#), or by e-mailing Ms Markes from their school email account.

LONDON MUSEUM



Careers Talk Report – Careers In The Museum Sector

On Tuesday 10th December, students in Years 8 and 10 were treated to a fascinating and engaging talk by Jemma Perkins, who works for the London Museum (previously the Museum of London). Jemma spoke about the range of careers on offer in the Museum sector – curation, marketing, project management, retail, conservation, community engagement... the list goes on!

We were fascinated to hear about the rebranding of the London Museum and the plans for its new site in Smithfields Market, which will open in 2026. Jemma made it clear that there's no one clear path into careers in the Museum sector, and the key requirements are enthusiasm and teamwork. Thank you to Jemma for an inspiring talk.

Careers Talks 2024-25

We still have a range of careers talks for our students coming up this year – details below. Students who are interested should please sign up [here](#) if interested.

Any student who has signed up will receive an e-mail and should note that the talk is during their lunchtime so they should bring a packed lunch, or can get a slip to be released 10 minutes early from their lesson.

Careers Talks Programme

Medicine
Years 8 & 10
14th January 2025 at 12 noon (*date changed*)

**Business: Vodaphone Customer Success Manager;
Energy Investment Banking (ex-students)**
Years 9, 12 & 13
28th January 2025 at 1pm

Apprenticeships: Red Carnation Hotels
Years 8 & 10
11th February 2025 at 12 noon

Neuroscience
Years 8 & 10
4th March 2025 at 12 noon

Data Centres
Years 9, 12 & 13
11th March 2025 at 1pm

Medicine Information Session
Year 12
12th March 2025 during enrichment

Architecture
Years 8 & 10
18th March 2025 at 12 noon

Law Information Session
Year 12
7th May 2025 during enrichment



Charity Sector: Amnesty International
(focus on data)
Year Groups TBC
13th May 2025

Health Economics
Year Groups TBC
6th June 2025

Humanitarian & Development Aid
Year Groups TBC
24th June 2025

Later in the year, we plan to offer talks on the following careers amongst others: economics, journalism; theatre hair & make-up, humanitarian & development aid, law, architecture, neuroscience; and information about apprenticeships.

Details of these will be sent nearer the time.

Kingsdale Careers Programme 2024-25 Volunteers Invited!

Parents! We still need your help to support our careers programme for 2024-25!

If you think you would be able to support us with any of our Careers programme, including the lunchtime talks, the Careers Fair, or in any other capacity, please contact us via the email below.

careers@kingsdale.southwark.sch.uk

SOUTHWARK JAGUARS GIRLS FOOTBALL CLUB

Looking to start your football journey?
Looking for a new challenge?
Looking to make new friends?

Who we are...

Southwark Jaguars are the newest and fastest growing girls football team in Southwark.

Established in 2023 we currently have over **80** girls signed across 6 different teams from U9 to U12.

All teams train on a **Monday (17:00 - 18:00)** at Burgess Park Astro Turf. This is also where we play our home games on a Sunday as part of the Tandridge League.



Interested in joining? What to do next...

- Scan the QR code on the left hand side.
- You will be redirected to our website. Please complete the form in full.
- You will then be contacted by a member of our team with more details.

Do not hesitate to contact either Wilson Frimpong (wilson@lpessn.org.uk) or Joe Howard (joe@lpessn.org.uk) for more information.

You can also find us across our social media platforms.

SCAN HERE



HUB: Dulwich Boys HUB

U14's 18.00 - 19.30, U16's 19.30 - 21.00

VENUE: Dulwich College Sports Club, Pond Cottages,
Dulwich Common, London SE21 7LE

DATES: January 19th, 26th
February 2nd, 9th, 16th, 23rd
March 2nd, 9th, 16th, 23rd, 30th

ELIGIBILITY CRITERIA

- Aged 11-16
- Does not attend a fee-paying school
- Not already part of a County side



Ready to play?

Sign up via the link below or scan the QR code

[Attendee sign-up - Upshot](#)



@_mccfoundation

www.lords.org/mccfoundation

info@mccfoundation.org.uk

SPORTS NEWS



FOUNDATION ABOUT MCCF

Based at Lord's Ground in London, we are a cricket charity delivering projects across the UK and around the world. We provide free coaching and match play in order to empower all boys and girls to reach their full potential in the game, to unite and inspire communities, and to promote physical and mental wellbeing.

MCC Cricket @ Dulwich Sports Club

Surrey Cricket, in association with the MCC, are running weekly sessions at Dulwich Sports Club from January 2025. These sessions are for boys aged between 11-16 who are not already part of their county side. Please use the QR code and contact details on the flyer for more information.

Under-13s Boys' Rugby News Kingsdale vs Rutlish

On a cold and damp day last week with an extremely muddy pitch, the boys stayed focused to achieve the win! Kingsdale started strong scoring straight from kick-off through Jaiden Afranie-Wilson. Rutlish responded quickly to level the scores. However, Jaiden responded with back-to-back tries pushing our lead to 15-5. KFS started to become more dominant scoring another two tries through Zion Knole and Leo Barret making it 25-5. Right at the end of first-half Rutlish scored making it 25-10. Rutlish started the second-half strong scoring again, but KFS replied through Jaiden and Ezra Persson. The try fest continued but this time for Rutlish scoring three tries in a row. However, Jaiden replied scoring twice. The game finished 50-35; a good win for Kingsdale!

Final Score: Kingsdale **50-35** Rutlish
Tries Scored By: Jaiden Afranie-Wilson, Zion Knole, Leo Barrett & Ezra Persson
Player of the Match: Ezra Persson (debut game for KFS)



Under-15 Girls' Hockey Kingsdale v St Dunstan's College

On Tuesday last week, the Girls' Under-15s Hockey team travelled to St Dunstan's College for their first game of the season. Playing against a tough, high pressing opposition, the team went down 1-0 in the first-half. Some great saves from goalkeeper Amelie Taplin kept the score at 1-0 going into half-time. Some tactical changes at half-time changed the dynamic of the game. The team went in with a more attacking mentality and they were rewarded, winning their first short corner of the game mid-way into the second-half. A great strike from the top of the circle from Flo Ewen resulted in the equalising goal. Some more great defending meant the game finished 1-1. Well done to the whole team for a great performance!

Final score: Kingsdale **1-1** St Dunstan's College
Player of the Match: Amelie Taplin



SPORTS NEWS

*KFS disclaimer. Please be advised
Match reports produced and
presented by student reporters.*

Under-16s Boys' Football ESFA 3rd Round Competition Kingsdale v Hampton School

On Monday of last week, the Under-16s Boys' Football B team faced their hardest test of the season, against Hampton School in the 3rd Round of the ESFA competition. With difficult conditions in the rain and wind, the boys started well, however the opposition goalkeeper made some fantastic saves to keep the game at 0-0 going into the half-time break. Constant pressure from Kingsdale at the beginning of the second-half finally paid off when Ale Ajanaku crossed the ball from the top right-hand side of the penalty area giving Kingsdale a 1-0 lead. Some fantastic defending meant that the score remained 1-0 until full time. The team have now progressed into the last 16 of competition with the next game happening after Christmas. Well done boys!

Final score: Kingsdale **1-0** Hampton School
Goal scorer: Ale Ajanaku

Under-13s Netball Kingsdale v Streatham and Clapham

On Friday 6th December, our Under-13s A and B teams played friendly netball matches against Streatham and Clapham High School. Both teams won, with the A team winning 13-8 and the B team edging a close 8-7. The players all really enjoyed themselves, and we look forward to the rest of the season. Well done girls!

Final score:
Kingsdale A Team **13-8** Streatham & Clapham
Kingsdale B Team **8-7** Streatham & Clapham





Geographical Association World Wise Quiz

Are you in Year 7, 8, 9 or 10 and enjoy taking part in quizzes? Do you also have a great memory for geographical facts, place names, capitals, country outlines, famous buildings etc?

Then email Ms Shah, Head of Geography, as she is looking for several teams of 3 to enter the Geographical Association's 2025 World Wise Quiz, playing online against other schools from South and East London and beyond!

Please express your by Friday 20th December 2024. Don't forget to include your full name, and tutor group:
knh@kingsdale.southwark.sch.uk



Geographical Association



Teacher Recommendation
Mr Harper recommends
The Collector
by John Fowles

Weird, withdrawn, and unloved, Fred is a young collector of butterflies. One day his eye alights on a beautiful stranger, the art student Miranda, and an obsession starts to form. When Fred wins some money, he decides to

use the money to compensate for his unfair start and to get what he really wants: Miranda.

If she could only get to know him, she might start to love him. And so with the meticulous attention to detail of an experienced collector he calmly plans her abduction.

Mr Harper really enjoyed the narrative perspective and the challenge of empathising with such an unlikeable character.

Some dark themes; best suited for Key Stage 4 and above.

CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

AUTUMN TERM 2024

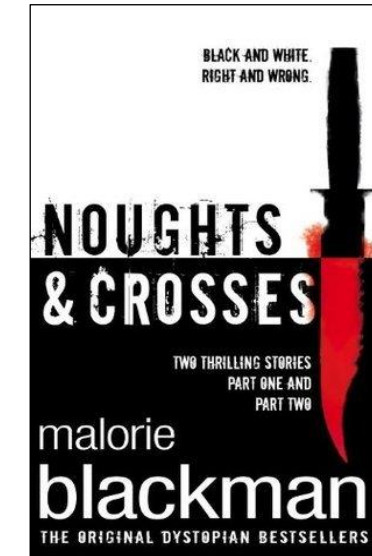
Second Autumn Half-Term

Monday 4th November – Friday 20th December

Christmas Break

Monday 22nd December – Thursday 2nd January

Reading Recommendations



Student Recommendation
Lily Marsh in Year 9 recommends
Nought and Crosses
by Malorie Blackman

Sephy is a Cross – a member of the dark-skinned ruling class. Callum is a nought – a 'colourless' member of the underclass who were once slaves to the Crosses.

The two have been friends since early childhood. But that's as far as it can go. Until the first steps are taken towards more social equality and a limited number of Noughts are allowed into Cross schools...

Against a background of prejudice and distrust, intensely highlighted by violent terrorist activity by Noughts, a romance builds between Sephy and Callum – a romance that is to lead both of them into terrible danger...

Lily really enjoyed the interesting take on the themes of racial injustice and love!

Recommended reading age is 12+.

SPRING TERM 2025

Friday 3rd January INSET DAY

School closed to students except those in Year 11

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

SEND FACULTY NEWS

Ever After Garden: The Royal Marsden Cancer Charity

The Ever After Garden is a tranquil haven where everyone everywhere can remember treasured friends and family they have lost. Over the festive season each year, Grosvenor Square in the heart of Mayfair is lit up with over 30,000 illuminated white roses.

You are invited to dedicate a rose in memory of a loved one, whilst making a donation in support of The Royal Marsden Cancer Charity.

The Ever After Garden 2024 is now open until 18th December. **Dedications can be made online until 9am on 17th December**, any dedications received online after this time will be included in the 2025 Ever After Garden. [Dedicate a rose online today.](#)



Grosvenor Square, Mayfair,
London, W1K 6LD

Open from:
14th November 2024 to
18th December 2024
Open daily from 3pm – 9pm.

FREE ENTRY.
£10 suggested minimum
donation to dedicate a rose.

GINGERBREAD GREENWICH

SATURDAY 30 NOVEMBER 2024 - MONDAY 6 JANUARY 2025

Can you imagine Greenwich made from Gingerbread?



Opening times

Monday 8am – 6pm
Tuesday 8am – 6pm
Wednesday: 8am – 9.30pm
Thursday: 8am – 11pm
Friday: 8am – 11pm
Saturday: 9am – 11pm
Sunday: 10am – 9.30pm

This festive season, feast your eyes on this sugary cityscape, featuring gingerbread buildings, candy-lined streets, frosted features, and much more in a mouth-watering metropolis.

Woolwich Works are delighted to share this 'edible exhibition', simply the most delicious display!

Gingerbread Greenwich is crafted with care (and candy) by local schools. This is a free event so just pop along! The exhibition can be viewed any time during our opening hours

The Fireworks Factory
11 No. 1 Street
London SE18 6HD

Focus on ADHD

✓ Hints and tips

Home

- ✓ Don't mistake distraction for defiance. If you ask your child to put on their shoes, but instead you find them playing with a pet, it is likely that they were distracted from completing the task, rather than deliberately not doing as they were told.
- ✓ Use timers/apps and visual timetables.
- ✓ When undertaking a task help your child to visualise what the end result will look like. Children with ADHD often struggle to plan how to do something, because they don't know what they are aiming for. Working backwards from the end result can help them to start the task, as they can then see the path they need to take.
- ✓ For some children it can be helpful to treat their ADHD with medication.

"Now that I have
medication, my brain
seems clearer and I can
concentrate better."



People with ADHD have difficulty regulating their attention because of poor neurotransmitter activity (the way chemicals are released and transferred within the brain) and differences in the structure of the brain. ADD is similar, but without the hyperactivity.

ADHD usually presents in three different ways, hyperactivity (which means the need to move around more), impulsivity and inattention. Children with ADHD may be labelled as disruptive, for behaviour which they cannot control.

These are the main features of ADHD but there are many more that have a significant impact on a child's organisational skills and emotional well-being. ADHD can also present differently in females.

ADHD commonly occurs with other neurodevelopmental conditions such as ASD, specific learning disorders, tics/Tourette syndrome.

Writers/ Bloggers with ADHD



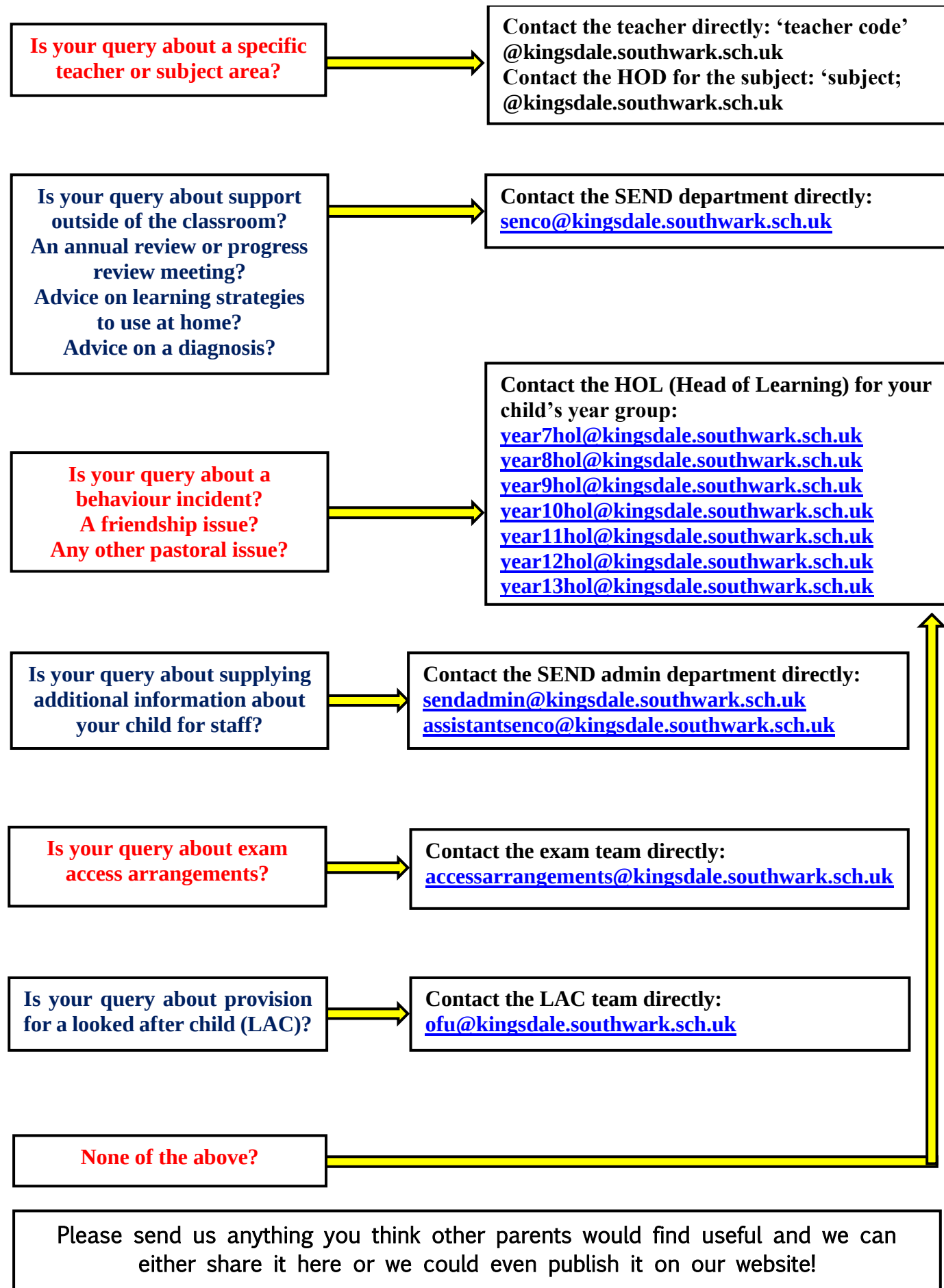
- Rene Brooks - Black Girl Lost Keys | Putting the Ayy in ADHD



- Joshua Grenville-Wood (co-author of The Umbrella Gang comics and a professional golfer) ADHD Foundation Comic
- Dyskinesia: Love, Lunacy, and Life on the Spectrum: Life with ADD, Asperger's, autism, and a dog.

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



REGISTER FOR FREE



VRU | MAYOR OF LOND
YOUTH VIOLENCE REDUCTION

FOOTSTEPS FORWARD

- For ages 14-18
- Drop-in's welcome
- Parental consent is required



4-6PM, every Thursday,
Aug 15th - Dec 19th



Rotherhithe Community Centre,
30 Plough Way London SE16
2LJ, UK



Have you been bereaved or affected by youth violence?

Come together for

Weekly sports

Well-being activities

Youth Club+ Workshops

Group/ Individual therapy

Contact Allison Vitalis for info + referrals: :
a.vitalis@rj4all.org

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



Education from
the National
Crime Agency

CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

Christmas JUMPER DAY

HOUSE COMPETITIONS

Eagle House Captains Lead the Festive Spirit with Christmas Jumper Designs!

We are thrilled to share that our Eagle House Captains have been spreading festive cheer by designing their own Christmas jumpers in preparation for *Christmas Jumper Day*, which will take place on **Monday 16th December 2024**.

This annual tradition, first celebrated on 14th December 2012, was initiated by **Save the Children** to shine a light on the millions of children worldwide who live in poverty. With the support of numerous celebrities, the campaign launched under the memorable slogan, *"Make the world better with a sweater"*.

Our students' creative designs not only showcase their holiday spirit but also contribute to a meaningful cause. Their excellent efforts and participation have earned valuable **achievement points** for their House.



Cassius Cooper (Year 9)



Noah Hartman (Year 8)

STUDENT HOUSE COMPETITION

Is your tree the best dressed in Kingsdale?



This year we are looking for the best dressed Christmas tree, complete with your decorations and Christmas tree lights. If you do not have a Christmas tree, you can draw your own and decorate it.



STUDENT COMPETITION

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your **full name, tutor group and House**. Prizes will be awarded to outstanding entries. We look forward to seeing your work!

10 Top Tips for Parents and Educators SAFETY OVER THE FESTIVE SEASON

The holiday season, marked by Christmas and New Year, brings joy and togetherness but also presents unique safety challenges for children, families and educators. From busy holiday shopping, traveling and family gatherings to managing digital activity during school breaks, staying safe during this period requires heightened awareness. This guide offers practical tips to help families and educators maintain a more secure and fulfilling festive period.

1 MONITOR DIGITAL ACTIVITY

Children spend more time online during school holidays, increasing exposure to potential dangers such as cyberbullying, inappropriate content and online predators. Balancing screen time, avoiding harmful websites and ensuring children engage positively online can be difficult without proper monitoring tools. Set clear boundaries, encourage open discussions about online safety and use parental controls to manage content exposure and screen time effectively. Regular check-ins and positive reinforcement around digital habits encourage safe online behaviour.

2 PRACTICE FIRE SAFETY PROTOCOLS

The incidence of house fires increases during Christmas due to greater use of candles, cookers and electrical decorations. Open flames, electrical overloads and the need for quick response plans can make fire safety challenging. Ensure smoke detectors are operational, keep fire extinguishers on hand and teach children how to respond in case of a fire emergency. Avoid leaving cooking unattended and use fire-safe candles to prevent mishaps.

3 CREATE TRAVEL SAFETY PLANS

More families tend to travel during the holidays, resulting in busier roads, increased traffic accidents and weather-related hazards. Weather conditions, road rage, fatigue and busy airports can all compromise travel safety. Pack emergency kits and adhere to seatbelt laws. Plan routes in advance and allow extra travel time to avoid rushing and mitigate risks on busy roads.

4 BEWARE OF ALLERGIES

Holiday meals often involve many foods that may contain allergens. Cross contamination, unclear labelling and lack of allergy-friendly options can lead to severe reactions. Communicate any allergy needs to hosts, provide safe food alternatives and carry necessary medications like antihistamines or EpiPens. Teaching children how to advocate for themselves and recognise dangerous foods also contributes to safer celebrations.

5 PREVENT THE SPREAD OF ILLNESS

Cold weather and seasonal socialising can increase the spread of viruses like flu and COVID-19. Crowded gatherings, schools out of session and frequent travel can lead to higher infection risks. Emphasise hygiene, encourage vaccination, disinfect surfaces and isolate symptomatic individuals. Communication with children about proper hygiene practices is essential to reduce the spread of illness.

6 STAY VIGILANT ON THE ROAD

Increased holiday traffic heightens the risk of accidents for both drivers and pedestrians. Distracted driving, pedestrian safety and inclement weather can complicate road safety. Encourage pedestrian safety practices, avoid distracted driving and never drive under the influence.

7 MAINTAIN SAFE DECORATIONS

Festive decorations such as Christmas lights and candles can pose electrical, fire and choking hazards if mishandled. Frayed wires, topping Christmas trees, small ornaments and open flames can be difficult to control, especially in busy households with children. Inspect and maintain decorations, secure Christmas trees, place fragile or small items out of reach and ensure candles are never left unattended. Testing smoke alarms and using flame-retardant decorations can significantly reduce risks.

8 SET BOUNDARIES FOR GIFTS

Some toys and gadgets can present choking, sharp-edge or safety risks, particularly for young children. Ensuring that gifts meet safety standards and are age appropriate can be complex with so many options available. Inspect all toys carefully and ensure any tech devices have parental controls. Setting expectations around safe gift use and discarding packaging that poses a risk also helps to prevent accidents.

9 ADDRESS STRESS & FATIGUE

Holiday pressures can lead to burnout, which affects both physical and mental health. Overpacked schedules and a lack of downtime can cause stress and fatigue, leading to accidents or poor decision making. Incorporate rest, maintain regular routines and seek support to reduce stress. Encourage activities that promote relaxation to create a healthier, happier holiday experience for everyone.

10 DRINK RESPONSIBLY

Alcohol is commonly present at holiday events, raising concerns about safety and supervision. Excessive alcohol consumption can lead to accidents, impaired judgment and lack of supervision for children. Designate responsible adults, limit consumption and provide transportation alternatives for guests. Teaching moderation and modelling responsible behaviour in front of children ensures that celebrations remain positive and secure.

Meet Our Expert

James Whelan is a chartered health and safety consultant with 10 years of experience in promoting family and community safety. Specialising in risk assessment and preventative strategies, he has worked with educational institutions, public health agencies and community groups to deliver safety education and training.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/safety-over-the-festive-season>



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.12.2024

SPORTS FIXTURES



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus, we are looking at everything Parents/Carers need to know about 'Safety over the Festive Season'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See page 18 above.**

Monday 16th December 2024

- Under-13s Girls' Football Away Match against Dunraven School at Burgess Park. Leave School at 12 noon. Start 1pm. Return at 3pm approx.: **Mr Jones/Mr Dash**
- Under-14s Boys' Football Away Match v Dunraven School at Burgess Park. Leave School at 1pm. Start 2pm. Return at 4.30pm approx.: **Mr Foster**

Tuesday 17th December 2024

- Under-12s Boys' Football A Team Away Match v Haberdashers' Hatcham College. Leave School at 1.50pm. Start 3pm. Return at 5pm approx.: **Mr Price**
- Under-12s Boys' B Team Football Home Match (*School Astro*) against The Elm Green School. Start 1.30pm Finish 3pm approx.: **Mr Dash**
- Under-15 Girls' A Team Football Away Match against Lingfield College. Leave School at 12.30pm. Start 2pm. Return at 5.15pm approx.: **Mr Foster**

Wednesday 18th December 2024

- Under-12s Girls A Team Football (Venue TBC) Match against Orleans Park School. Leave School at 1pm. Start 2pm. Return at 4pm approx.: **Mr Jones/Mr Foster**
- Under-16s Boys' Rugby Away Match against Rutlish School. Leave School at 1pm. Start 2.45pm. Return at 5.15pm approx.: **Mr McWhirter**

Thursday 19th December 2024

- Under-16s Girls' A Team Football Away Match against St Paul's Academy (Erith). Leave School at 12.30pm. Start 2pm. Return at 5pm approx.: **Mr Jones**

Friday 20th December 2024

- No planned fixtures/events

***Please note Fixtures/Events may be cancelled due to wet pitches.**

Extra Fixtures may be organised at short notice.

All fixtures can be viewed via the link below:

<http://www.kingsdaleschoolsports.org.uk>



The House Leader Board 2024-25

Week ending
13th December 2024

- 1st Place – Dove 39,256 points
- 2nd Place – Swift 37,908 points
- 3rd Place – Albatross 36,586 points
- 4th Place – Eagle 36,126 points
- 5th Place – Falcon 36,008 points



Dove is surging ahead. However, there is plenty of time left to catch them!

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Remember!

You can access the school's Extra Curricular Sports page via clicking the following link here.

Please do not hesitate to contact Ms Turner at pe@kingsdale.southwark.sch.uk should you require any further information regarding the KFS sports programme.