



# PARENTAL NEWS BULLETIN

Issue 16 Monday 19<sup>th</sup> January 2026

## HEADLINE NOTICES

### Kingsdale Winter Concert Thursday 29<sup>th</sup> January 2026

This annual concert returns to Kingsdale's main site with performances from the majority of our ensembles on Thursday 29<sup>th</sup> January 2026. The following groups are scheduled to perform: Junior Strings, Junior Woodwind, Junior Jazz, Flute Ensemble, Clarinet Ensemble, Sweet Recorder Ensemble, Brass Ensemble, Senior Woodwind, Mr Parke's Percussion, Mr Lewis Percussion, Senior Steel Pans, Gospel Choir, Chamber Choir, Musical Theatre Choir, Orchestra and Barry Graham Big Band.

All students in these ensembles have been rehearsing since September 2025 for this important concert and will be required to attend to ensure each ensemble is at its full strength. This is a non-ticketed event, but further information will be provided closer to the time. Students will be in full uniform, with the concert starting at 6pm. Please address any queries to Mr Jones via

[performarts@kingsdale.southwark.sch.uk](mailto:performarts@kingsdale.southwark.sch.uk)



### House Excellence Award

Noah Hartman, Year 9, has won the House Excellence Award. He was nominated by the History Department. For his consistent hard work and thoughtful contributions as well as his great achievement in History. He is a delight to have in the classroom, and we always look forward to seeing him around the department. Well done, Noah!

### Kingsdale Valentine's Concert Thursday 26<sup>th</sup> February 2026

Our Valentine's concert returns on Thursday 26<sup>th</sup> of February, comprising an event in which students, staff, community members and alumni perform. This is an extra special concert this year as we will be joined by guests from the United States who we collaborated with on our Jazz tour last year. The school ensembles currently due to perform at this will be the: Senior African Drumming, Senior Guitars, Folk Band, Senior Percussion and Senior Jazz ensemble. We have a number of spaces reserved for parent and community acts.

Please email [performarts@kingsdale.southwark.sch.uk](mailto:performarts@kingsdale.southwark.sch.uk) if you or anyone you know would like to join us to perform at this special event. Feel free to share this information and email with any community organisations or musical friends of the school. This concert is scheduled to start at 6pm.

## THEME OF THE WEEK

### Opportunities Lost

'Hell Begins on the day when God grants us a clear vision of all that we might have achieved, of all the gifts which we might have wasted, all that we might have done which we did not. Do not choose to miss an opportunity.'

## WORD OF THE WEEK

### Endorsement

'A public statement or action showing that you support somebody/something.'

*The election victory is a clear endorsement of their policies.*

## SCHOOL NEWS



### Talking Mental Health With Young People at Secondary School: Advice for Parents and Carers

The teenage years are both exciting and challenging to parents and carers. It can be hard to know whether your child's feelings and behaviour are normal or becoming a problem. The following link provides access to a leaflet developed by Anna Freud's child mental health experts and provides simple advice and guidance to parents and carers about how to make conversations about their child's feelings part of everyday conversation. For more information click [here](#). Please contact Mrs V. Turner (School Wellbeing & Mental Health Champion) via [health&wellbeing@kingsdale.southwark.sch.uk](mailto:health&wellbeing@kingsdale.southwark.sch.uk) for further information regarding the mental health & well-being at Kingsdale School.

## Year 7 Book Swap!

A reminder that this **Wednesday 21<sup>st</sup> January 2026**, we shall be holding our first KFS Year 7 Book Swap as part of our programme to support the **National Year of Reading**.

The KFS Year 7 Book Swap will take place between 3.40pm & 4.10pm for Year 7 students in the Lower School Library (LSL) where Year 7 students can attend and swap one of the available books with one they already have read to take home to read.

Further details issued separately. We look forward to seeing our Year 7 students there!



## The Kingsdale Careers Fair 2026!

A huge thank you to everyone who supported with the Careers Fair which took place last week, on Wednesday 14<sup>th</sup> January 2026. It was a fantastic event which students really enjoyed. We had an amazing range of parental volunteers who gave incredible amounts of energy and enthusiasm to make sure students in Years 9, 10 and 12 were exposed to an impressive range of careers. Thank you so much! Please can we ask parents of students in Years 9, 10 and 12 discuss the fair with your children and encourage them to follow-up on anything that they were inspired by. Conversations will also be happening in tutor time to keep the momentum from the fair. Please can students also be encouraged to fill out this feed-back form: [Evaluation Form 2026](#).

# CAREERS FAIR 2026







# GEOGRAPHY NEWS



## Inspiring Visit from Dr Nathaniel Télémaque

Last week, Kingsdale had the pleasure of welcoming Dr Nathaniel Télémaque, a visual artist, writer and researcher to the school. He spoke to Geography students in Year 13 about his research in Dominica and shared the visual arts newspaper he created to explore ideas of home, heritage and belonging as a Black British individual of Dominican descent.

Students were genuinely fascinated by his work and asked lots of thoughtful questions, not only about his research but also about what university life is really like. Students thoroughly enjoyed the opportunity to learn from Dr Télémaque's experiences.

A big thank you to Dr Télémaque for giving his time and inspiring our students.





## GCSE ART, TEXTILES, GRAPHICS & PHOTOGRAPHY

To support the launch of the Year 11 Art, Textiles, Graphics and Photography GCSE exam, we are offering the opportunity for students to participate in these one-off drop-in workshops. Students just need to bring their exam sketchbooks and lots of enthusiasm!

### Year 11 Workshops 3.45pm-4.45pm

**Tuesday 20th January - Drawing with Stitch**  
AR2 - Mrs Howell

**Wednesday 21st January - Cyanotype**  
PS1 - Ms Wallner

**Thursday 22nd January - Heat Transfer Printing**  
AR7- Mrs Brocklesby

**Tuesday 27th January - Relief Mono Printing**  
TE1 - Ms Rix

**Tuesday 3rd February - Plaster Casting**  
AR1 - Miss Farley

**Thursday 5th February - Abstract Painting**  
AR4 - Ms Montero

## Young Artists' Summer Show 2026

We are encouraging students to submit artwork to the Royal Academy Student Summer Show. The school is registered for applications and students can speak to their Art teacher for support.

**RA** Royal Academy of Arts

**The Young Artists' Summer Show is a free, open submission exhibition for young artists aged 4–18 living and studying in the UK.**

Students can submit one artwork for consideration which will be judged by a panel of artists and arts professionals. Selected artworks will be displayed at the Royal Academy of Arts either onsite or online. The RA will award prizes for inspiring artworks.

### How to enter

From 5 January 2026, teachers will be able to register their school. Next, teachers and parents/guardians can submit artworks via the RA website until 4 March 2026.

### Important dates

**5 January–4 March 2026**  
Registration and submission open

**May 2026**  
Judging

**14 July 2026**  
Online exhibition opens

**14 July–30 August 2026**  
Display at the RA open

**Sign up and find out more**  
[roy.ac/youngartists](#)  
[@royalacademyarts](#)

Made possible by Robin Hambro



# MATHS NEWS

## Maths Master Classes at Imperial College London

Year 7 Maths scholars attended their session at Imperial College last week. The day was divided in to two parts with the morning session being based around curriculum based learning and the afternoon session comprising a STEM project activity.

Morning session: **Percentages**

Afternoon session: **Rockets**



Students working as a team to build rockets!



The winning team and their Lorax themed rocket



An Imperial professor using rocket fuel to make fire!



Firing the rockets on the university campus



Students enjoying discussing the most efficient way to build rockets.

### Coffee Mornings

Our Coffee Mornings for parents are a great opportunity to meet staff and learn more about the curriculum for each year group.

The upcoming dates for this term's meetings are:

**Friday 23<sup>rd</sup> January 2026** Years 12 & 13

**Friday 30<sup>th</sup> January 2026** Years 9 & 10

**Friday 6<sup>th</sup> February 2026** Years 7 & 8

The events start at 11.15am in Conference Rooms 1 & 3. Any queries please contact Mrs Chaudhary, Acting Deputy Headteacher via

[sca@kingsdale.southwark.sch.uk](mailto:sca@kingsdale.southwark.sch.uk)



# LANGUAGES NEWS



## **Celebrate German Week at KFS! 19<sup>th</sup> – 24<sup>th</sup> January 2026**

The week of 19<sup>th</sup> to 24<sup>th</sup> of January is German week and Kingsdale is taking this fantastic opportunity for students to further enrich their school's German language provision and spark cultural curiosity.

Led by German native speakers, the German department will hold a Language and Cultural Taster on Tuesday 20<sup>th</sup> January at 4.10pm in LA4 for any students interested in learning more about the German language and cultural aspects of the German speaking-world.

All are welcome (regardless of any German level)!

## **Chinese School Visit as Part of Kingsdale's International Student Buddy Programme Helpers needed!**

After a successful visit last year in which Kingsdale welcomed a group of Chinese students to its premises, Kingsdale is due to welcome another group of Chinese international students this year from Monday 2<sup>nd</sup> to Thursday 5<sup>th</sup> February 2026. However, the help of Year 8 and 10 students is needed to make this visit a memorable success. If your child would like to act as a buddy to an international student who will be visiting our school, please have them fill in the following MS Form: [Chinese School Visit](#).

The purpose of the buddy programme is to ensure that visiting students feel welcome, safe, and included during their time in school. Buddies play a key part in helping visitors understand our routines, making new friends, and enjoy their experience in the UK.

Successful candidates will be notified and provided with further instructions after the selection procedure. Should you have any questions, have your child please come to the Languages Office and ask for Frau Koch or email [languages@kingsdale.southwark.sch.uk](mailto:languages@kingsdale.southwark.sch.uk)

## South London Children and Young People's Community Immunisation Service

### Year 8 & 9 Immunisation Programme Information

The South London Children and Young People's Community Immunisation Service are hosting two parent information sessions explaining the immunisations offered to teenagers during secondary school.

These sessions will cover:

1. The HPV vaccine
2. The 3-in-1 teenage booster
3. The Meningococcal vaccine
4. The MMR vaccine

These information sessions are aimed at parents of students in Years 8 and 9, or any parents whose young people missed their routine vaccines in Years 8 and 9. For more information about the vaccinations click [here](#).

Alternatively, you can join the following Teams meetings on the dates indicated:

Tuesday 20<sup>th</sup> January

1pm – 2pm: [click here](#)

Thursday 29<sup>th</sup> January 4pm –

5pm: [click here](#).

**Your child is now due their  
teenage vaccines**

### Protect them against:

- diphtheria,
- tetanus,
- polio, and
- meningococcal disease

**Make sure you  
complete their  
consent form today!**







Southwark  
Council

ACTIVE  
COMMUNITIES  
NETWORK



# MENTIVITY YOUTH CLUB

EVERY MONDAY 4PM-6PM

FREE  
ENTRY

AGES  
8-17

PSS, MUSIC, TABLE TENNIS, BOARD  
GAMES, ARTS + CRAFTS, FREE WIFI  
+ MUCH MORE

MENTIVITY HOUSE, 50 WESTMORELAND ROAD, SE17 2GA



# CAREER NEWS



## Careers Talks Coming Up

We have a wide range of talks coming up in the coming months. To express interest for your child, please use [this link](#).

| Date                             | Time                          | Years      | Talk                     |
|----------------------------------|-------------------------------|------------|--------------------------|
| Tuesday 3 <sup>rd</sup> February | Period 5<br>1-1.45pm          | 9, 12 & 13 | Advertising              |
| Wednesday 4 <sup>th</sup> March  | Period 4<br>12.10-12.45pm     | 8 & 10     | Interior Design          |
| Wednesday 18 <sup>th</sup> March | TBC                           | TBC        | Metropolitan Police      |
| Tuesday 28 <sup>th</sup> April   | TBC                           | TBC        | Data Centres             |
| Friday 1 <sup>st</sup> May       | Period 4<br>12.10-12.50pm     | 8 & 10     | Nursing                  |
| Tuesday 12 <sup>th</sup> May     | 4.15-5.00pm<br>(after school) | All Years  | Archaeology              |
| Spring – date TBC                | TBC                           | TBC        | Video Publishing & Media |





## **Under-16s Boys' Hockey Notts Open Championship Kingsdale v Cranmore School**

The KFS Under-16 Boys' Hockey team travelled to Cranmore School for the first round of the Notts Open Championship last week, with only 11 players. Cranmore started with push back and within 5 minutes of the game they had a shot at goal but luckily it hit the post. Possession was very tight between both teams with 50/50 each and moving up and down the pitch. Kingsdale were awarded a short corner and converted it to make it 1-0 from Ryan Jones scoring. Further into the first half, Cranmore had another shot almost scoring but missed. Play continued with Rufus getting the ball and scoring from open play as KFS made a break from Cranmore's short corner. Cranmore kept attacking and then secured a 1 on 1 with the KFS goalkeeper Daniel Coggins who saved it. However, Cranmore were awarded a long corner and from this they managed to score, making it 3-1. In the second half, Kingsdale were awarded a short corner which was again converted into a goal by Dominic Brooks. As KFS progressed through the half, they were attacking more, but Cranmore still has some opportunities. Another goal for Kingsdale then came from Danny Jones this time making it 5-1. Coming towards the end of the game, Dominic scored again making it 6-1, meaning Kingsdale proceed to the next round. Well done boys!

**Final Score:** Kingsdale **6-1** Cranmore

**Goal Scorers:** Ryan Jones (1), Rufus Lewis (1), Danny Jones (2) and Dominic Rooks (2)

**Team:** Daniel Coggins, Ryan Jones, Jake Milton, Morgan Stacul, Cas Sarshar, Archie Baker (Capt), Frank Whitehead, Dominic Rooks, Rufus Lewis, Albie Beech and Danny Jones



## **Year 8 Boys Football A Team English Schools Cup Kingsdale v Debden Park High School**

Congratulations to the Year 8 Boys' Football A Team who beat Debden Park High School 5 - 3 in the English Schools Cup Round 6 last week. What a great way to start the new year!

The team were 2-0 up going into half-time with 2 great goals from Tristan Fullerton and Kamau Virtue, with Kingsdale having all the play and not giving Debden a sniff at goal.

In the second half however, it was a different story with Debden Park flying out the blocks, scoring a well worked goal in the first 5 minutes.

The KFS boys then realised that they needed to up their game and a great solo run from Kamau Virtue, who smashed the ball past Debden's Keeper making it 3-1.

Ira Lee and Jayden Duru worked their socks off in midfield alongside Jacob Wright - Van Heeswijk, winning every ball and feeding the strikers and the wingers creating great chances.

Tristan Fullerton made it 4-1, only for Debden to pull another one back making it 4-2. Debden's tails were now up and scored again to make it 4-3 with only 10 minutes left on the clock.

In the final 5 minutes, Ira Lee wrapped the game up with another well worked team goal.

**Final Score:** Kingsdale **5-3** Debden Park High

**Goal Scorers:** Tristan Fullerton (2), Kamau Virtue (2) and Ira Lee (1)

**Joint Players of the Match:** Tristan Fullerton and Kamau Virtue for their goals and work rate.

Kingsdale now progress into Round 7. Good luck all involved in Year 8 football.



# PE Department Extra-Curricular Sports Activities Timetable - Spring Term 2025-26

## Sports Clubs Spring Term 2026

The Sports Faculty at Kingsdale Foundation School are delighted to remind parents that our Extra Curricular Sports Programme for the Spring term 2026 has now launched. Please be advised that students will be required to submit a completed parental consent form before attending sessions held before or after school. However, students are not required to have parental consent to attend any of our published lunchtime clubs. Please find attached our programme of extra-curricular clubs for the Spring term. If you have already signed your child up for a club that has been running since the Autumn term and is on the same day and at the same time for the Spring Term then you do not need to complete the form again.

If your child wishes to attend any of our published sports clubs, please follow the link below, where you will be able to access further information and a consent form for your child’s chosen sports club(s). Please be advised that all students are required to wear full school PE kit when attending any of our extra-curricular clubs.

### KFS Extra-Curricular Sports Online Booking Form

Please be informed that all students attending our extra-curricular clubs and representing the school at sporting events are expected to be excellent sports ambassadors for the school and are therefore required to adhere to and sign our Sporting Code of Conduct which can be accessed by following the link [KFS Extra-Curricular Sports Online Booking Form](#). Please be assured that all students are welcome to attend our clubs whether for recreational or competitive enjoyment and we very much look forward to welcoming you to what is sure to be another year of sporting excellence at Kingsdale Foundation School.

For further details please contact Ms V. Turner, Director of Sport, Health & Recreation via [pe@kingsdale.southwark.sch.uk](mailto:pe@kingsdale.southwark.sch.uk)

| Activity                                        | Time          | Venue                | Staff                    |
|-------------------------------------------------|---------------|----------------------|--------------------------|
| Monday                                          |               |                      |                          |
| Football – Boys – Year 10                       | 8:00-8:50am   | Astro                | Mr Hall & Mr Foster      |
| Recreational Football – Boys – Year 7           | 11:05-11:50am | Astro                | Mr Price & Mr Foster     |
| Table Tennis – Mixed – Year 7                   | 11:05-11:50am | Gym 1                | Mr Hutchinson            |
| Swimming – Mixed – Year 7                       | 11:15-1:45pm  | Crystal Palace       | Ms Jaymes                |
| Recreational Football – Boys – Year 8           | 12:00-12:45pm | Astro                | Mr Dash                  |
| Netball – Girls – Year 8&10                     | 12:00-12:45pm | Sports Hall          | Mr Foster                |
| Recreational Football – Boys – Year 9           | 12:55-1:40pm  | Astro                | Mr Price                 |
| Fitness – Boys and Girls Year 9                 | 12:55-1:40pm  | Fitness Suite        | Mr Dash                  |
| Football – Boys – Year 8                        | 4:15-5:15pm   | Astro/Playing Fields | Mr Price                 |
| Basketball – Boys – Year 9, 10 & 11             | 4:15-5:15pm   | Sports Hall          | Mr Hall                  |
| Rugby – Girls – All Years                       | 3:45-4:45pm   | Playing Fields/Astro | Mr McWhirter             |
| Tuesday                                         |               |                      |                          |
| Basketball – Girls – Year 8, 9, 10 & 11         | 8:00-8:50am   | Sports Hall          | Mr Roberts               |
| Table Tennis – Mixed – Year 9                   | 8:10-8:50am   | GM1                  | Mr Price                 |
| Rugby – Boys – Year 8&9                         | 8:00-8:50am   | Astro                | Mr Lord                  |
| Football – Boys – Year 7 A and B Squad          | 11:05-11:50am | Astro                | Mr Fitchett              |
| Basketball – Girls – Year 7                     | 11:05-11:50am | Sports Hall          | Ms McManus               |
| Table Tennis – Boys and Girls - Year 8 and 10   | 12:00-12:45pm | Gym 1                | Mr Roberts               |
| Fitness – Boys and Girls - Year 8 and 10        | 12:00-12:45pm | Fitness Suite        | Mr Lord                  |
| Sports Scholars – Mixed – Year 8 and 10         | 12:00-12:45pm | Astro                | Mr Johnstone             |
| Dance – Mixed – Technique – Year 8 and 10       | 12:00-12:45pm | Dance Studio         | Ms McGregor              |
| Dance – Mixed – Technique – Year 9              | 12:55-1:40pm  | Dance Studio         | Ms McGregor/Ms Dookey    |
| Cycling – Mixed – All Years                     | 3:00-5:00pm   | Herne Hill Velodrome | Ms McGregor              |
| Badminton – Mixed – Year 8,9, 10 & 11           | 4:15-5:15pm   | Sports Hall          | Ms Jaymes                |
| Football – Boys – Year 11                       | 3:45-5:00pm   | Astro/Playing Fields | Mr Foster                |
| Football – Girls – Year 10 and 11               | 4:10-5:15pm   | Astro/Playing Fields | Ms Jaymes                |
| Dance – Mixed – Contemporary – Year 7 and 11    | 3:45-5:00pm   | Dance Studio         | Ms Dookey                |
| Dance – Mixed – Contemporary – Year 8, 9 and 10 | 4:15-5:15pm   | Dance Studio         | Ms Dookey                |
| Wednesday                                       |               |                      |                          |
| Football – Boys – Year 9                        | 8:00-8:50am   | Astro                | Mr Johnstone             |
| Netball – Girls – Year 11                       | 8:00-8:50am   | Sports Hall          | Mr Foster                |
| Horse Riding – Mixed- Year 7                    | 10:45-12:15pm | Dulwich Stables      | Ms McGregor              |
| Horse Riding – Mixed- Year 7                    | 12:45-2:15pm  | Dulwich Stables      | Ms McGregor              |
| Sports Scholars – Mixed – Year 9                | 12:55-1:40pm  | Sports Hall          | Mr Foster                |
| Football – Mixed – Sixth Form                   | 1:50-3:40pm   | Playing Fields       | Mr Price & Mr Dash       |
| Rugby – Mixed - Sixth Form                      | 1:50-3:40pm   | Playing Fields       | Mr McWhirter             |
| Rugby – Boys – Year 7                           | 3:45-5pm      | Playing Fields       | Mr Roberts               |
| Football – Girls – Year 8&9                     | 4:10-5:15pm   | Astro                | Mrs Sinclair & Mr Foster |
| Thursday                                        |               |                      |                          |
| Hockey – Mixed – Year 8,9,10 & 11               | 8:00-8:50am   | Astro                | Mr Dash & Mr Jones       |
| Sports Scholars – Mixed - Year 7 and 11         | 11:05-11:50am | Astro, Gym 2         | Various                  |
| Badminton – Mixed – Year 7                      | 11:05-11:50am | Sports Hall          | Ms Jaymes & Ms Marshall  |
| Fitness – Boys and Girls Year 7 and 11          | 11:05-11:50am | Fitness Suite        | Mr Price & Mr Fitchett   |
| Hockey – Mixed – Year 7                         | 11:05-11:50am | Astro                | Mr Dash                  |
| Dance – Street Dance – Mixed – Year 7 and 11    | 3:45-5:00pm   | Dance Studio         | Ms McGregor              |
| Dance – Street Dance – Mixed – Year 8, 9 and 10 | 4:15- 5:15pm  | Dance Studio         | Ms Jaymes                |
| Football – Girls – Year 7                       | 3:45-5:00pm   | Astro                | Ms McGregor/Ms Dookey    |
| Friday                                          |               |                      |                          |
| Basketball – Boys – Year 7 & 8                  | 7:45-8:50am   | Sports Hall          | Ms McManus               |
| Rugby – Boys – Year 10 & 11                     | 8:00-8:50am   | Astro                | Mr McWhirter             |
| Netball – Girls – Year 7                        | 3:40-4:45pm   | Sports Hall          | Mr Lord                  |
| Netball – Girls – Year 9                        | 3:45-5:00pm   | Sports Hall          | Mr McWhirter             |





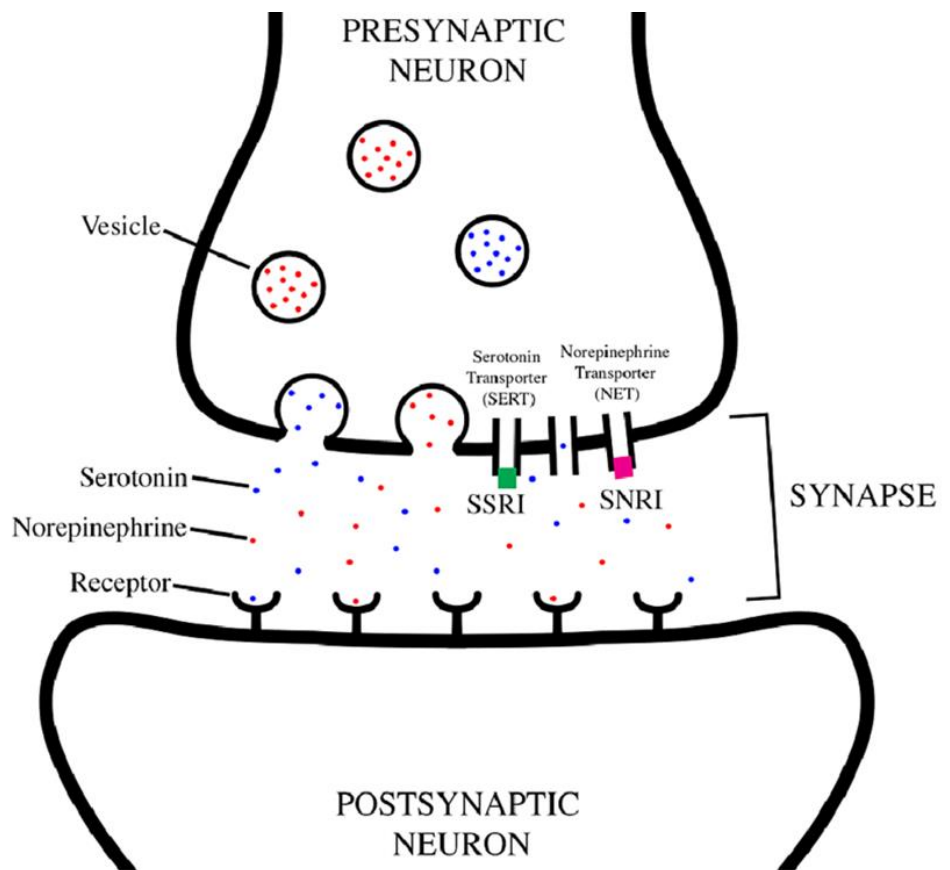
# KINGSDALE MEDICAL SOCIETY

**Come and Join Us in S11 – Every Wednesday**

The Medical Society meets every Wednesday and supports students interested in Medicine, Biology, and related healthcare fields. We encourage students to join early to understand the requirements for competitive applications. Support with personal statements and interview preparation will be provided throughout the year.

Thank you so much to our Year 13 student, Maya, for starting so strongly the Medical Society meetings by giving such a thoughtful and well-structured presentation about her application and journey into medical school last week. The school is lucky to have such amazing students.

This week, a talk by Dr Adela Buciu, third year resident at the University of Miami was given. She shared her experience in medicine as well as about her research on neurological and mental disorders, as well as publishing peer-reviewed scientific papers and presenting at scientific conferences. Thank you to the amazing Year 12 students!



## YEAR 10 MUN CLUB

A great new Year 10 MUN Club on Tuesday during Period 4.

Come along and join us in HU4.

We look forward to seeing you then!

## LIBRARY NEWS

### Carnegie Book Club

If you're in Year 7 and love reading, join Ms Redfern and Ms Walker for the Carnegie Medal Book Club! The club allows students the opportunity to read, discuss and review the books shortlisted for the 2025 [Carnegie Medal for writing](#), so it will be a great chance for students to read some of the best titles in teen fiction! **We will be meeting every Wednesday during period 3 (Year 7 lunch) in the Lower School Library.**





# Big History Club

For Key Stage 3 and 4 in HU6  
Every other Tuesday from 4.15 to 4.45pm



**HOLOCAUST  
MEMORIAL  
DAY TRUST**

Tuesday 27<sup>th</sup> January is Holocaust Memorial Day, where we remember the 6 million Jewish people murdered by the Nazi regime and its collaborators during the Second World War, and the victims of all genocides perpetrated since.

This year's Holocaust Memorial Day Trust theme, 'Bridging Generations', is a "call-to-action. A reminder that the responsibility of remembrance doesn't end with the survivors of genocide and atrocities - it lives on through their children, their grandchildren and through all of us.

This theme encourages us all to engage actively with the past - to listen, to learn and to carry those lessons forward. By doing so, we build a bridge between memory and action, between history and hope for the future."

**All students are invited to a History Club session with Ms Preston in HU5 after school on Tuesday 27<sup>th</sup> January to mark this event.**

## GCSE Literature Catch Up Sessions

**Wednesdays 3.45 – 4.30pm in the USL**  
**Year 10s and Year 11s welcome. Please let your teacher know if you would like to attend.**  
**The sessions will focus on poetry but there will also be time to ask for help with other texts.**

| POEM 1                         | POEM 2                   | DATE                     |
|--------------------------------|--------------------------|--------------------------|
| Half Caste                     | No Problem Catrin        | 7 <sup>th</sup> January  |
| Catrin                         | Cousin Kate              | 14 <sup>th</sup> January |
| Belfast Confetti               | War Photographer         | 21 <sup>st</sup> January |
| A Poison Tree                  | The Man He Killed        | 28 <sup>th</sup> January |
| The Destruction of Sennacherib | Extract from The Prelude | 4 <sup>th</sup> February |



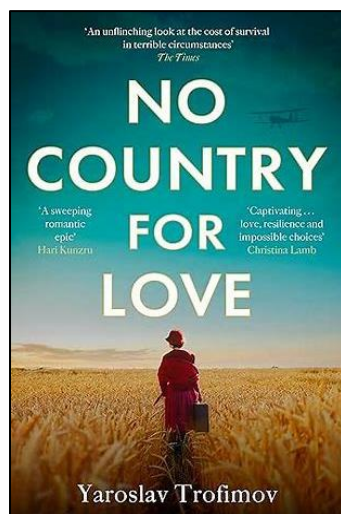
## National Year of Reading 2026

We are proudly supporting the National Year of Reading 2026 and the theme of 'Go All In.' Watch this space for more information regarding the exciting programme of initiatives we have planned to support this important focus. As a 'Do Now' activity, we ask all parents to ensure that their children have a reading book in their school bag every day which they can obtain from the school libraries.



National  
Year of  
Reading  
2026

## Reading Recommendations



### Student

#### Recommendation

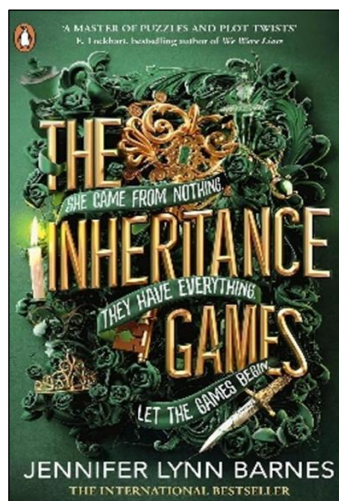
Ms Lewis recommends *No Country for Love* by Yaroslav Trofimov. Seventeen-year-old Debora Rosenbaum, ambitious and in love with literature, arrives in the capital of the new Ukrainian Soviet Socialist Republic, Kharkiv in 1930. She finds work and meets

a dashing young officer named Samuel who is training to become a fighter pilot.

They fall in love and begin to mix with Ukraine's new cultural elite. But Debora's prospects - and Ukraine's - soon dim. State-induced famine rolls over the over-harvested countryside, and any deviation from Moscow-dictated ideology is punished by disappearance. When Samuel is sentenced to ten years' hard labour, Deborah is left on her own with a baby. And this is only the beginning.

Ms Lewis loved this raw, heartbreaking story with excellent character development.

Some disturbing themes and language; best suited for Year 10 and over!



### Teacher Recommendation

Maia Bagot, Year 8 recommends

*The Inheritance Games* by Jennifer Lynne Barnes.

Avery has a plan: keep her head down, work hard for a better future. Then an eccentric billionaire dies, leaving her almost his entire fortune. And no one, least of all Avery, knows why. Now she must move into the mansion she's

inherited. It's filled with secrets and codes, and the old man's surviving relatives - a family hell-bent on discovering why Avery got 'their' money. Soon she is caught in a deadly game that everyone in this strange family is playing. But just how far will they go to keep their fortune?

Maia really enjoyed the plot twists of this fun, thought-provoking book!

Suitable for students in Year 7 and over!

## CALENDAR 2025-26

You can also find lots of other useful sources of information on the school website [here](#).

This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email [tkp@kingsdale.southwark.sch.uk](mailto:tkp@kingsdale.southwark.sch.uk)

For further information on term & holiday dates, please contact the Attendance Team at [attendance@kingsdale.southwark.sch.uk](mailto:attendance@kingsdale.southwark.sch.uk)



### SPRING TERM 2026

#### First Spring Half-Term

Monday 5<sup>th</sup> January – Friday 13<sup>th</sup> February

#### Half-Term Holiday

Monday 16<sup>th</sup> February – Friday 20<sup>th</sup> February

#### Second Spring Half-Term

Monday 23<sup>rd</sup> February – Friday 27<sup>th</sup> March

### SUMMER TERM 2026

#### First Summer Half-Term

Monday 13<sup>th</sup> April – Friday 22<sup>nd</sup> May

Monday 13<sup>th</sup> April INSET DAY

*School closed to students except those in Year 11*

#### Mayday Bank Holiday

Monday 4<sup>th</sup> May 2025

#### Half-Term Holiday

Monday 25<sup>th</sup> May – Friday 29<sup>th</sup> May

#### Second Summer Half Term

Monday 1<sup>st</sup> June – Friday 24<sup>th</sup> July

Friday 24<sup>th</sup> July INSET DAY

*School closed to students except by invitation*



# Supporting your Child with ASC at Home

## Practical Tips & Local Resources



Supporting a child with autism spectrum condition (ASC) at home can feel overwhelming at times, but small everyday strategies can make a big difference to your child's confidence, communication, and wellbeing.

### 1. Build Predictability & Routine

Children with ASC often thrive on structure. Simple routines for mornings, homework, mealtimes, and evenings can reduce anxiety. Use visual supports where possible, calendars, picture schedules or timers, to help your child anticipate what comes next.

### 2. Focus on Interests to Build Skills

Many autistic children have strong interests. Use these passions as positive motivators, for example, incorporating favourite topics into learning tasks, social games, or communication exercises. This can help with engagement and confidence.

### 3. Encourage Communication in Creative Ways

Not all children communicate best with words. Allow drawing, apps, or gestural communication if that's what your child finds easier. Celebrate all attempts at interaction, no matter how small.

### 4. Support Emotional Regulation

Teach simple tools like deep breathing, sensory breaks, or quiet spaces during high-stress moments. Recognising triggers together can help your child self-regulate more effectively over time.

### 5. Look After Yourself Too

Supporting a child with ASC is demanding. Connecting with other parents, or accessing training or peer support, can give you useful strategies *and* emotional support.

#### South London-Based Support & Activities

Here are some local organisations and groups that may be helpful for families seeking activities, training or community support:

#### Support, Advice & Family Training

- Resources for Autism – Parent workshops, advice and family support in Southwark, Lewisham and Lambeth <https://www.resourcesforautism.org.uk>
- BeyondAutism – Information and family support around education and wellbeing <https://www.beyondautism.org.uk>

#### Social Clubs & Activities

- Spectrum Socials – Inclusive social clubs for autistic young people <https://www.spectrumsocials.co.uk>
- UK Young Autism Project (UKYAP) – Social and leisure activities in South West London <https://www.ukyap.org>
- Southwark Local Offer – Directory of inclusive activities, clubs and services <https://localoffer.southwark.gov.uk>

#### Further Help & National Resources

- National Autistic Society – Parent guides, training and programmes such as *EarlyBird* <https://www.autism.org.uk>
- Autism Central – Free online learning, peer support and practical resources <https://www.autismcentral.org.uk>

Every child with ASC is unique, what works for one may not work for another. Be patient, celebrate progress (big or small), and don't hesitate to reach out for support when you need it. You are not alone; there is a growing community of parents, professionals and local services ready to help your child thrive.



## Information and Local Offers

The Learning Support department would like to remind you that you can find lots of useful information in our SEND Policy and Report which can be found here: <https://kingsdalefoundationschool.org.uk/information/statutory/> under the 'SEND Policies & Report' tab.

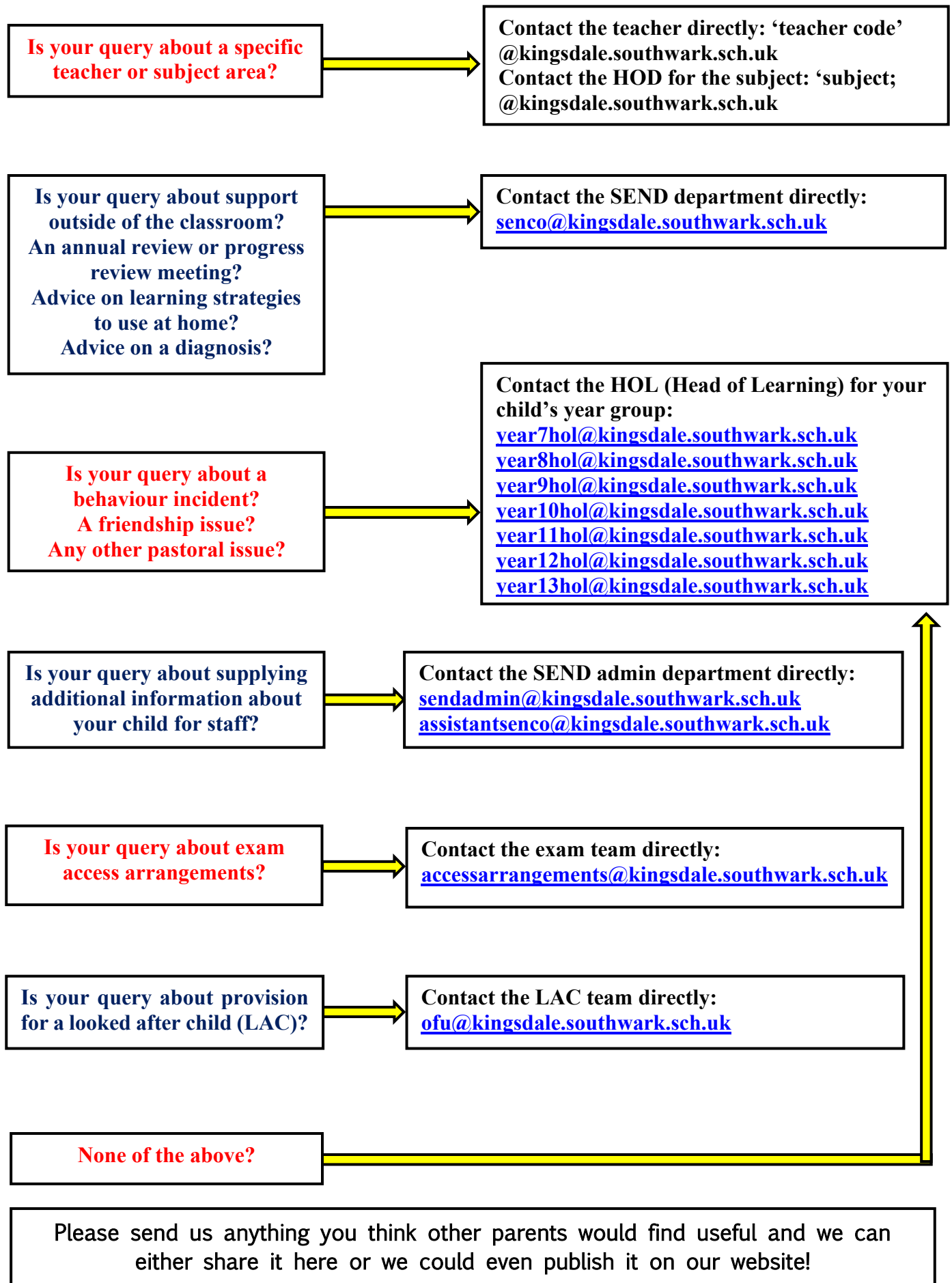
You can also find out information regarding your local SEND offer here:

- Southwark: <https://localoffer.southwark.gov.uk/>
- Lambeth: <https://www.lambeth.gov.uk/lambeths-send-local-offer>
- Lewisham: <https://lewisham.gov.uk/myservices/children-and-young-people-service/local-offer>
- Croydon: <https://www.croydon.gov.uk/children-young-people-and-families/special-educational-needs-and-disability-support/local-offer-special-education-and-disability-support-directory>
- Bromley: <https://www.bromley.gov.uk/special-educational-needs-disability-send-local-offer>
- Wandsworth: <https://fis.wandsworth.gov.uk/kb5/wandsworth/fsd/localoffer.page;jsessionid=E8917B191BB385C792E73B8A458458B2?newfamilychannel=2>
- Merton: <https://directories.merton.gov.uk/kb5/merton/directory/localoffer.page?localofferchannel=0>



### Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.







Young  
People  
Southwark

**If you are worried someone's drinking or drug use is affecting your child, we're here to help.**



**We help children and young people to cope with difficult family situations and feel stronger in themselves.**

You can speak to us on 0203 404 7699  
or email [Southwark.YoungPeople@cgl.org.uk](mailto:Southwark.YoungPeople@cgl.org.uk)

Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales) and SC039961 (Scotland). Company Registration Number 7361208 (England and Wales).



Drug and  
Alcohol Service  
Southwark



Young  
People  
Southwark

## Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



### We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: [Southwark.YoungPeople@cgl.org.uk](mailto:Southwark.YoungPeople@cgl.org.uk) or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME





Talking to your child about

# SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

**Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.**



## What can you do to keep your child safe online?

S

### **Set clear boundaries.**

Agree with your child what they can do online and their access to certain apps/websites.

T

### **Talk with your child and be supportive.**

Listen to what they already know so you can start a conversation about what normal use is.

E

### **Educate everyone in the family.**

Make sure all family members know what isn't appropriate and how to stay safe online.

E

### **Evolve with the internet.**

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

**Research, review and regulate the apps and websites your child uses.** This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



### **FOR SUPPORT AND ADVICE, PLEASE VISIT:**

 **parentzone**

**ParentZone** – Resources for parents/children to help keep kids safe online.



Education from  
the National  
Crime Agency

**CEOP Education from the National Crime Agency** – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



**Internet Matters** – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.





## A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



[shorespace.org.uk](https://shorespace.org.uk)

### Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online



# SCHOOL NEWS

## KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at [jls@kingsdale.southwark.sch.uk](mailto:jls@kingsdale.southwark.sch.uk)



## The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need.

This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



## Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to [lostproperty@kingsdale.southwark.school.uk](mailto:lostproperty@kingsdale.southwark.school.uk)

## Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

[health&wellbeing@kingsdale.southwark.sch.uk](mailto:health&wellbeing@kingsdale.southwark.sch.uk)  
[tellsomeone@kingsdale.southwark.sch.uk](mailto:tellsomeone@kingsdale.southwark.sch.uk)

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.



# HOUSE COMPETITION



## Kingsdale Cooking Challenge: Pie Day

National Pie Day on January 23<sup>rd</sup> 2026 celebrates one of the Nations' favourite desserts. No matter how you slice it, pie in just any form makes a crowd happy. Fruit pies, berry pies, cream pies, they are mouthwatering servings of homemade goodness.

### STUDENT TASK:

Make your own pie - use a pie recipe from the internet or invent your own. Send us a picture and a short description of how you made your pie. The best-looking pies will win valuable points for your house.

Don't forget to get permission from your parents or carers and to organize appropriate supervision in the kitchen in advance!

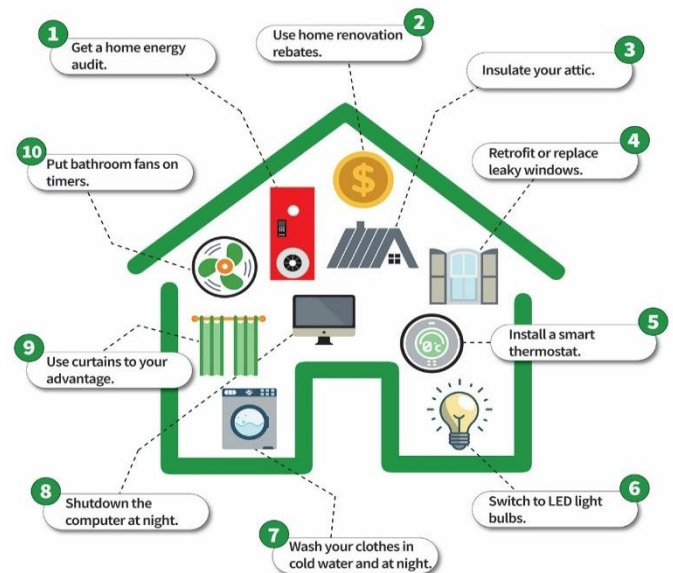


Submit your pie and recipe to the House Team:  
[housesystem@kingsdale.southwark.sch.uk](mailto:housesystem@kingsdale.southwark.sch.uk)  
Ensure your entry is accompanied by your full name, tutor group and House.



Energy Saving Week (19<sup>th</sup>-25<sup>th</sup> January 2026) is a national campaign with the aim to help and encourage people to save energy while cutting down on fuel costs at the same time. There are many ways you can help.

- You can close the windows when the heating is on.
- You can try not to leave the fridge open for too long.
- You can help by turning off electrical objects when you are not using them.



**STUDENT TASK:** Encourage students at Kingsdale Foundation School to save energy by showing them what you do to save energy at home! Send the House Team a picture or create a poster.

Submit your work to the House Team:  
[housesystem@kingsdale.southwark.sch.uk](mailto:housesystem@kingsdale.southwark.sch.uk) Ensure your entry is accompanied by your full name, tutor group and House.



# What Parents & Educators Need to Know about VPNs

## WHAT ARE THE RISKS?

### BYPASSING RESTRICTIONS

VPNs are commonly used by young people to get around blocks on school networks or parental controls. This could include accessing social media, gaming sites or adult content that would otherwise be filtered out.

### ACCESSING INAPPROPRIATE CONTENT

When a VPN is active, content filters can no longer see which sites a child is visiting. This means they could access inappropriate content without detection. This also makes it harder to intervene when a child is engaging in risky behaviour, as it may be difficult to detect it's happening.

### REDUCED TRANSPARENCY

VPNs may make parental monitoring software ineffective, stopping parents from monitoring their child's activities, including their ability to identify potentially harmful or inappropriate content or online contact. This in turn may prevent parents from protecting their children from attempted sextortion or other online threats.

### FALSE SENSE OF ANONYMITY

Children believing that VPNs make them 'invisible' online may seek to explore unsuitable internet content, including content which might otherwise be blocked. This may result in them seeking and accessing increasingly inappropriate – or even harmful – content.

### INCREASED EXPOSURE TO MALWARE

Many free VPN apps are poorly regulated and may carry hidden malware. Young people installing unverified software could unknowingly open up their device (and home network) to spying, data theft, computer viruses, or even remote access by criminals.

### RISK OF MALICIOUS VPN PROVIDERS

Although VPNs may increase privacy from network or service provider filtering and monitoring, this results in providing user and usage data to VPN providers. Some VPN providers may track user activity and sell that data to advertisers – or worse, malicious third parties. Not all VPNs are trustworthy.

## Advice for Parents & Educators

### EXPLAIN THE POSSIBLE BENEFITS OF VPNs

Explain how VPNs can help protect user data and therefore may be appropriate when using public or other unsecured Wi-Fi, or while dealing with sensitive corporate or personal data.

### EXPLAIN THE RISKS OF VPNs

Discuss online risks, including harmful, disturbing, and criminal content. Inform children about criminal contact, such as sextortion, and how VPNs may restrict adults from monitoring children's internet use and helping them avoid these risks.

### FREE ISN'T FREE

Discuss the risk of 'free' VPNs and how they may sell or use people's data, which adds privacy risks. Additionally, discuss the potential for added malware in VPN downloads, and how these compromise devices and apps, leading to potential fraud or theft.

### CHECK DEVICES FOR VPNs

VPNs can be installed as both apps and browser extensions, so regularly check these on the devices used by the young people in your care. If they have been using VPNs, discuss it, listen to their reasoning, and inform them of the associated risks. In some cases, it may be appropriate to block VPN use via parental controls and other settings.

### DISCUSS ONLINE BOUNDARIES

Reinforce the importance of keeping safe online and how filtering and monitoring helps keep young people safe – explain this to them rather than just 'being strict'. Encourage an open conversation around what they're accessing and why.

### Meet Our Expert

This guide has been created in collaboration with Gary Henderson, director of IT at a large Independent school in the UK, an ambassador for the Association of Network Managers in Education and the Vice Chair of the Independent Schools Council Digital Advisory Group.



The National College



# SPORTS FIXTURES

## Monday 19<sup>th</sup> January 2026

- Under-13s Girls' Hockey Away Match v Streatham and Clapham High School. Leave school at 1.15pm. Start 2.30pm. Return at 5.30pm approx.: **Ms Jaymes/Mr Price**
- American Football League Year 9, 10 & 11 Mixed Taster Session Location on the School Astro. 3.45pm Start - 4.45pm. Finish: **Mr McWhirter/Mr Foster**
- Under-16s Boys' Basketball Away Match against Wimbledon College. Leave school at 1.30pm. Start 2.30pm. Return at 5.30pm approx.: **Mr Hall/Mr Dash**

## Tuesday 20<sup>th</sup> January 2026

- Under-15s Girls' Football Away Match at Burgess Park against Latymer School. Leave school at 1.15pm. Start 2.15pm. Return at 5pm approx.: **Mr Jones/Mr Price**
- Under-13s Girls' Hockey Away Match v James Allen's Girls School. Leave school at 3.40pm. Start 4.30pm. Return at 6pm approx.: **Ms Jaymes**

## Wednesday 21<sup>st</sup> January 2026

- Under-14s Boys Football B Team Away Match v Thomas Bennett Community College. Leave school at 11.45am. Start 2pm. Return at 6pm approx.: **Mr Johnstone/Mr Price**

## Thursday 22<sup>nd</sup> January 2026

- Under-13s Boys' Elite Football Away Match v Dover Grammar School for Boys. Leave school at 11.30am. Start 1.45pm. Return at 6pm approx.: **Mr Price**
- Under-15s Girls' Hockey Away Match v James Allen's Girls School. Leave school at 1.50pm. Start 2.30pm. Return at 5pm approx.: **Ms Jaymes**

## Friday 23<sup>rd</sup> January 2026

- No planned fixtures/events.

Please note that fixtures maybe postponed or rearranged due to weather conditions.

<http://www.kingsdaleschoolsports.org.uk>

**REGISTER HERE  
FOR SPRING  
TERM EXTRA-  
CURRICULAR  
CLUBS**



# HOUSE NEWS

## Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents and Educators Need to Know About VPNs.' Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. See Page 23 above.

## The House Leader Board 2025-26

### Week ending

16<sup>th</sup> January 2026

- 1st Place – Swift 63,326 points
- 2nd Place – Dove 63,092 points
- 3rd Place – Falcon 62,442 points
- 4th Place – Eagle 61,768 points
- 5th Place – Albatross 61,636 points



## Ways we communicate with Parents and students

We communicate with students & parents via:

### Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

### MS Teams

Used to share schoolwork, assignments and files.

### Twitter/Website

You can find us at @kingsdalefs. Our website at: [www.kingsdalefoundationschool.org.uk](http://www.kingsdalefoundationschool.org.uk)

### SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

### MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

