



PARENTAL NEWS BULLETIN

Issue 17 Monday 20th January 2025

HEADLINE NOTICES

Curriculum Coffee Mornings



Our next scheduled parental Coffee morning is due to take place for Year 12 & 13 parents on Friday 24th January between 11.30am & 1.15pm. These events are a great opportunity to meet staff and learn more about the curriculum for each year group.

Parents who are interested in attending must register via the link sent separately by email. We hope to see you there. Please contact Mrs Chaudhary, Deputy Headteacher via sca@kingsdale.southwark.sch.uk with any queries.



House Excellence Award

Thomas Meads, Year 13 has been nominated for the House Excellence award by the Geography department. "Thomas has completely transformed his attitude to learning in Geography from Year 12. He is working incredibly hard towards his final exams by completing countless exam questions, thoroughly revising the content and he always positively contributes towards class discussions.

Well done Thomas, keep up the hard work!

WINTER MUSIC CONCERTS

Please be reminded that the last of our Winter Concerts is due to take place on

Thursday 23rd January

Steel Pans: All groups

Students perform at 5pm

For any enquiries please email:

musiclessons@kingsdale.southwark.sch.uk

THEME OF THE WEEK

Opportunities Lost

'Hell Begins on the day when God grants us a clear vision of all that we might have achieved, of all the gifts which we might have wasted, all that we might have done which we did not. Do not choose to miss an opportunity.'

WORD OF THE WEEK

Endorsement

A public statement or action showing that you support somebody/something.

"In her letter, the Chancellor gave her wholehearted endorsement to the literacy project."

SCHOOL NEWS



Tobias Brenan Joins Wigan Athletics U-21s!

We are delighted to announce that ex-Kingsdale pupil, Tobias Brenan, has been signed up by Wigan Athletic. The young midfielder will now join up with Chris Brown's Under-21s side for the remainder of the 2024/25 season.

Following the addition of Brenan to his squad, Chris Brown expressed his delight and said: "Tobias is a great addition to the squad. He has performed well over his trial period and will add a lot of good qualities to the group on and off the pitch. He is a great character for the group, and we are very pleased to welcome him to the Club."

We at Kingsdale, are very proud of Tobias's achievements and look forward to seeing his footballing career progress.



GEOGRAPHY NEWS

Year 7 Geography: Exploring Our Restless Earth!

Year 7 students have embarked on an exciting new topic in Geography this term - "How Restless is the Earth?"

As part of their learning, students were challenged to write a song about a journey to the centre of the Earth.

We are thrilled to announce that **Ella Madden** and **Tuppence Granville** from 7L/Ge were the winners of this creative challenge! Their incredibly catchy and informative rap captured the realities of travelling to the Earth's core, skilfully incorporating key geographical terms.

Well done, Ella and Tuppence, for bringing Geography to life in such a fun and engaging way!

I travelled to the centre of the world
(yeah)

Where noons ever given birth
(yeah)

The first layer was the crust
(yeah)

Now I'm about to spontaneously combust
(yeah)

It was hard as rock
(yeah)

Maybe cause it's made out of rock
(IDK)

The next was the mantle
(yeah)

Which no one conever handle.
(yeah)

The outer core didn't Snooze
(yeah)

It sounded more like a roar.
(yeah)

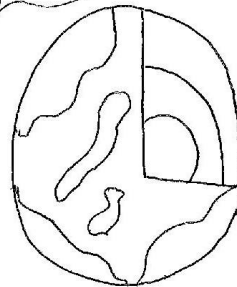
With all the lava flowing
(yeah)

As calm as your grandma sewing
(yeah)

The Cooooore...

There was no doooooor...

It was so hot
(like 6000°C hot)
Can you handle that?
probably not



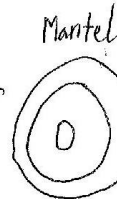
Core



crust



outer core



Mantel

To see more of the brilliant Art, Textiles, Photography, Graphics and Textiles work by our students, as well as Art alumni, please follow us on Instagram [@kingsdaleart](#) - [@kingsdaledandt](#) - [@kingsdalefoodscience](#) (age restrictions apply)

Year 11 Exam Workshops

Experimental Colour Workshop
Wednesday 15th January
MMR - AR4 3.45 pm - 4.45 pm

Light Painting Workshop
Thursday 16th January
GWR - PS1 3.45 pm - 4.45 pm

Digital Drawing Workshop
Monday 20th January
EGR - TE3 3.45 pm - 5.00 pm

Drawing with Stitch Workshop
Tuesday 21st January
GHL - AR2 3.45 pm - 5.00 pm

Relief Print and Collage Workshop
Wednesday 22nd January
SRX - TE1 3.45 pm - 4.45 pm

Heat Transfer Printing
Thursday 23rd January
ABY - AR7 3.45 pm - 5.00 pm

Casting Workshop
Friday 24th January
LFY - AR1 3.45pm - 5.00pm

Our Year 11 Art, Textiles, Photography and Graphics cohorts have all started their GCSE exam unit. We are offering some extra after school workshops to boost their range of skills and develop ideas. This is a brilliant opportunity for students to create work towards their GCSE with specialist teachers and materials, and to experiment with working in different media. Sessions are drop-in and students should bring their sketchbooks and any imagery or inspiration they might want to work from.



Oil Painting Portrait Workshop



Last term, a group of Year 11 Fine Art students took part in a 3-week oil painting masterclass by a fantastic painting tutor from the City and Guilds Institute. He introduced the students to his own work and gave them an insight into his career. The students were pushed out of their comfort zone, creating quick studies from life of each other in ink and paint. They found the exercises freeing and developed further sustained studies using oil. They produced some excellent work and built up their interest and confidence with oil painting, which they hope to utilize in the upcoming exam project.



Life Drawing

Some of our Year 12 and 13 Art, Textiles, Photography and Graphics students are taking part in an outreach Life drawing project delivered by artists from City & Guilds over six weeks. In the first session on 8th January the participants created a series of experimental drawings and colour studies of the model mixing dry and wet media. They all enjoyed the experience and created beautiful outcomes.



CAREER NEWS

Careers In Medicine Talk

Last week, students in Year 8 & 10 were treated to a really inspiring talk about careers in Medicine from Dr Obi.

Dr Obi is a Neo-natal Intensive Care consultant and spoke really passionately about her love for her job and the amazing opportunities to make a difference which a career in medicine can give.

Students were really interested to hear about the different stages to becoming a doctor, and the different specialisms which you can end up in. Dr Obi made it clear that it was a very challenging career path but one that could bring huge rewards. Thank you so much to Dr Obi for giving up her time to come and talk to us.



Interested in hearing from ex-Kingsdale students about their careers in the world of business?
Come to 6CR on Tuesday 28th January at 1pm (*aimed at Years 9, 12 & 13*).

On Tuesday 28th January we've got a talk from two ex-Kingsdale students, Oscar Mills and Carlin Peton, who are talking about their careers post-Kingsdale. This promises to be a really interesting talk which should be inspiring for anyone considering their post-school options. They've both had careers in business, Oscar at Vodaphone and Carlin in energy investment banking. This is aimed at students in Years 9 and 12-13. Please come along if you're interested in careers in business, banking, or just want to find out how Kingsdale students have gotten on in the world of work.

The talk is to take place at **1pm in 6CR**, which is upstairs in the old sixth form block. Please bring your lunch.

If you're interested in this talk or any others, please sign up [here](#).

Careers Talks 2025

We still have a range of careers talks coming up this year – details below. Students can sign up [here](#) if they are interested.

Any student who has signed up will receive an e-mail and should note that the talk is during their lunchtime so they should bring a packed lunch, or can get a slip to be released 10 minutes early from their lesson.

Careers Talks Programme

**Business: Vodaphone Customer Success Manager;
Energy Investment Banking (ex-students)**
Years 9, 12 & 13
28th January 2025 at 1pm

Apprenticeships: Red Carnation Hotels
Years 8 & 10
11th February 2025 at 12 noon

Neuroscience
Years 8 & 10
4th March 2025 at 12 noon

Data Centres
Years 9, 12 & 13
11th March 2025 at 1pm

Medicine Information Session
Year 12
12th March 2025 during enrichment

Architecture
Years 8 & 10
18th March 2025 at 12 noon

Law Information Session
Year 12
7th May 2025 during enrichment

Charity Sector: Amnesty International
(focus on data)
Year Groups TBC
13th May 2025

Health Economics
Year Groups TBC
6th June 2025

Humanitarian & Development Aid
Year Groups TBC
24th June 2025



Later in the year, we plan to offer talks on the following careers amongst others: economics, journalism; theatre hair & make-up, humanitarian & development aid, law, architecture, neuroscience; and information about apprenticeships.

Details of these will be sent nearer the time.

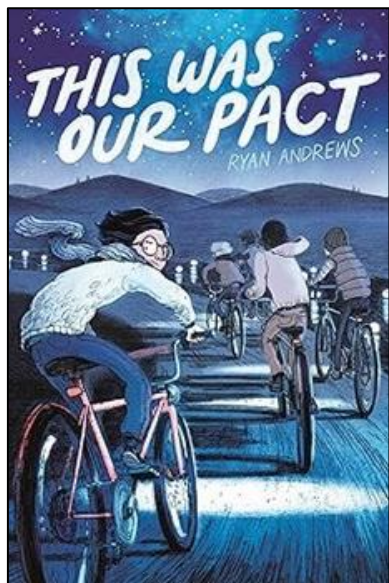
**Kingsdale Careers Programme 2024-25
Volunteers Invited!**

Parents! We still need your help to support our careers programme for 2024-25!

If you think you would be able to support us with any of our Careers programme, including the lunchtime talks, the Careers Fair, or in any other capacity, please contact us via the email below.

careers@kingsdale.southwark.sch.uk

Teacher Recommendation



Ms Bowles emphatically recommends *This Was Our Pact* by Ryan Andrews.

It's the night of the annual Autumn Equinox Festival, when the town gathers to float paper lanterns down the river.

Legend has it that after drifting out of sight, they'll soar off to the Milky Way and

turn into brilliant stars. This year, Ben and his classmates are determined to find out where those lanterns really go, and they made a pact with two simple rules: No one turns for home. No one looks back. The plan is to follow the river on their bikes for as long as it takes to learn the truth, but it isn't long before the pact is broken by all except for Ben and (much to Ben's disappointment) Nathaniel, the one kid who just doesn't seem to fit in. Together, Nathaniel and Ben will travel down a winding road full of magic, wonder, and unexpected friendship.

Ms Bowles loved this heartfelt, angsty tale of friendship and adventure – particularly the depiction of Ben!

Suitable for all age groups!

CALENDAR 2024-25

You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Term & holiday dates for 2025-26 have now been published and are available [here](#).

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

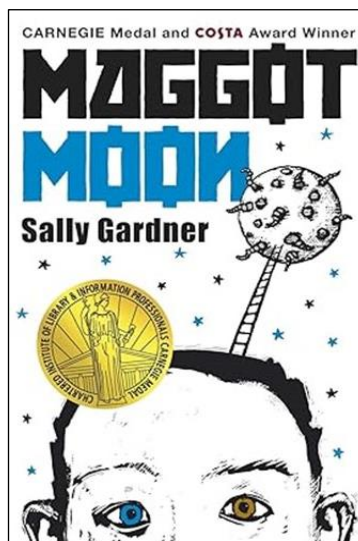
For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk



Reading Recommendations

SUBMIT HAND-WRITTEN BOOK REVIEWS TO
ENG. DEPT,
WIN BOOK TOKENS AND OTHER PRIZES!

Student Recommendation



Huey Enkelmann, Year 8, strongly recommends *Maggot Moon* by Sally Gardner

Huey loved this interesting dystopian story; its short, action-packed chapters are gripping!

When his best friend Hector is suddenly taken away, Standish Treadwell realises that it is up to him, his grandfather and

a small band of rebels to confront and defeat the ever-present oppressive forces of the Motherland.

Utterly original and stunning, it is impossible not to be moved by this powerful story and the unforgettable heroism of Standish.

Some mature themes; best suited for students in Year 9 and over!

SPRING TERM 2025

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

Bell House: Supporting the Dyslexic Learner All Six Sessions Special Offer



This six-week course has been designed to help parents understand how they can best support a child at home and at school.

Children with dyslexia may learn differently from you. We will cover how to recognise different learning profiles, multi-sensory learning, age-appropriate reading matter and tools, note taking, mindmapping, making numeracy more visual and how to gather evidence that a child needs help and support.

Tina Hunter is a highly experienced specialist teacher and assessor with over 20 years of experience in the field of further education. She has worked both in the UK and abroad, gaining valuable insight into a variety of educational systems and practices. Tina has worked with students across primary, secondary, and further education levels, allowing her to develop a comprehensive understanding of the diverse needs of learners at different stages of their academic journey.

Click [HERE](#) to find out more.

Click [HERE](#) to book.



COURSE DATES

Thursdays: 30th January, 6th, 13th & 27th February and 6th & 13th March 2025

This booking page is for the whole six sessions for a special price of £100.

If you prefer to book specific dates for £20 per session please navigate away and book for the dates you would like to choose.

Week 1 - Thursday 30th January 2024

Signs and Symptoms of Dyslexia and Exam Arrangements.

This session will look at the signs and symptoms of dyslexia, the different types of reports and how to get a diagnosis. It will discuss how reports can be used to apply for exam arrangements and Disabled Student Allowance (DSA).

The session will cover what access arrangements are available, evidence needed and the best arrangements for different profiles.

Week 2 - Thursday 6th February 2024

Memory Mastery

Dyslexia is a learning difference that affects the way individuals process and retain information, often resulting in challenges with memory. This session will explore strategies and techniques for supporting memory in dyslexic learners, including interventions, such as mnemonics, graphic organisers, and multi-sensory approaches that can be personalised for learners to use in a variety of situations.

Week 3 - Thursday 13th February 2024

Supporting Reluctant Readers and Writers

Dyslexia is commonly associated with difficulties affecting reading and writing. This session will cover decoding words, active reading techniques and different reading styles for different tasks. In addition, useful resources and assistive technology demonstrated.

We will look at multi-sensory strategies to support spelling, including how to create resources at home and in the classroom. In addition, planning techniques and templates to scaffold writing tasks. Plus, assistive technology to support writing and proofreading.

Week 4 - Thursday 27th February 2024

Assistive Technology and AI

Assistive technology can play an important role in supporting dyslexic learners. This session will cover a range of topics, including the different types of assistive technology and free software available to help overcome any difficulties associated with reading, writing and language processing.

Week 5 - Thursday 6th March 2024

Study Skills and Revision

This session will focus on practical strategies and tools to help students develop their study skills and revision techniques. The session will cover organisation skills, managing workload, using course specification for revision topics and developing effective study habits for achieving academic success.

Week 6 - Thursday 13th March 2024

Managing Maths

Around 60% of people with dyslexia are thought to have maths learning difficulties and many people have maths anxiety. This session will look at the challenges that dyslexic learners face when it comes to processing mathematical information and offer practical tips to support their learning. It will cover multi-sensory strategies to support retrieval of maths facts, as well as, developing a better understanding of mathematical concepts. Useful resources and games will be demonstrated to aid the completion of maths tasks at home and in the classroom.

SEND FACULTY NEWS



Using Microsoft 365 to support your child with SEND

All students at Kingsdale have access to Microsoft 365 with their school email address and password.

If you are not sure how to access this at home or are having any trouble please email

askict@kingsdale.southwark.sch.uk

This is a fantastic tool for students to use to support them. Please see examples with links below to more information and some short videos of all the ways students can use the assistive technology built into Microsoft 365.

Vision

Need a larger screen? A brighter screen? A narrator to read text? Find out about accessibility tools and features for people who are blind, colour blind, or have low vision. [Click here](#) for more information.

Hearing

For those who are hard of hearing, have hearing loss, or have deafness, our specialized features can provide solutions including closed captioning, mono sound, and live call transcription. [Click here](#) for more information.

Neurodiversity

Innovative tools such as dictation and Windows Hello sign-in can make the digital world more accessible for those who live with dyslexia, seizures, autism, or other cognitive differences. [Click here](#) for more information.

Reading and concentration

Learn more about assistive technologies for people living with issues such as bipolar disorder, anxiety, PTSD, depression, or ADHD. Our products can help with distraction, reading, and concentration. [Click here](#) for more information.

This video shows how to use the 5 most common accessibility features: [5 Accessibility Features in Microsoft 365](#).

SEND: Going to University



We want all our students at Kingsdale to have the opportunity to do what makes them happy and successful. For some students that means going on to university after sixth form. This presents different challenges for students with SEND and we would like to offer some guidance and support for parents thinking about university. When a young person with an EHC plan takes up a place in higher education, their EHC plan ceases. Once the young person's place has been confirmed at the HEI (Higher Education Institution), the local authority must, with the young person's permission, pass a copy of their EHC plan to the relevant person in the HEI. In 2013, Trailblazers, a group of young disabled campaigners from across the UK, published its second University Challenge report highlighting the challenges for young disabled people in gaining access to higher education. As part of its report, Trailblazers offered some advice on making a smooth transition to higher education, aimed at young disabled people considering going to university. The following advice below is based on the report.

Choosing a course

Your child should choose a university based on what they think is the best course for them. Most subjects can be studied by anyone with the qualifications, skills, and dedication

- Research courses extensively. Start your research early – one or two years in advance. The sooner your child knows what they want to do, the more time they have to get a good understanding of the facilities at their top choices.
- Familiarise yourself and your child with the Universities and Colleges Admissions Service (UCAS) and with university websites and prospectuses. Each website should have information on the support services available, including disability services.

Interviews

If your child is invited to an interview at a university, be sure to inform the institution of any special arrangements that you require. The interview provides an opportunity for your child to discuss and ask questions about the adaptations and support that they might need to study successfully.

Access

- Visit as many of your child's shortlisted universities as possible. They might want to go on a general visit with their peers first before making a second visit to universities they really like. Have a good look round and make a list of any concerns to discuss with relevant staff. If you can't visit or if you need more information, ring and ask questions.
- Make appointments with course tutors and the university's disability support team to talk through your list of concerns. Every university should have a disability support unit to help liaise with the academic and accommodation departments whenever accessibility is an issue. The disability support team should offer to take you on a guided tour of the academic rooms, leisure facilities and accommodation – make the most of such opportunities. Ask what services are available, such as notetaking in lectures.
- Under the Equality Act 2010, universities and colleges must make reasonable adjustments to their premises to make them more user friendly for disabled students. Universities have to ensure that lecture halls, student unions, libraries, ICT suites and halls of residence are accessible. Once your child has their place, get hold of their timetable so that they can make sure that they can access all of the lecture theatres or seminar rooms.
- Visit the DisabledGo website, which has carried out detailed surveys of the facilities and support available at many UK universities – www.disabledgo.com/
- If your child needs adaptations to be made to kitchens or communal areas, speak to a member of the disability team as early as possible, so that adaptations can be in place when they arrive.

Accommodation

Your child will need to decide whether they would rather stay at home, on campus or off campus.

- If they decide that they want to stay in university accommodation, investigate the range and size of the rooms available and see as many as you can before selecting one.
- Make a list of all the equipment they might need in their room, kitchen and communal areas and let the university accommodation and disability teams know.
- If your child needs adaptations to be made to kitchens or communal areas, speak to a member of the disability team as early as possible, so that adaptations can be in place when they arrive.

SEND FACULTY NEWS Cont.



Financial support – Disabled Students' Allowance (DSA)

- DSA is paid on top of other student finance. You don't have to pay it back. The amount your child receives depends on their individual needs, not on household income.
- Your child is eligible for DSA if they have a disability or long-term health condition, a mental health condition or a specific learning difficulty, such as dyslexia or dyspraxia.
- Your child must also be an undergraduate or postgraduate student, qualify for student finance from Student Finance England (SFE), be studying on a course that lasts at least a year and have a condition that affects their ability to study.
- DSA can help with the costs of: specialist equipment, for example computer software, non-medical helpers, for example notetakers or readers, extra travel costs that you incur because of your disability, other costs, for example photocopying.
- You can apply for a form to claim DSA when your child applies to UCAS and fills in the main student finance application. On the form your child will need to provide information about their disability, how it affects their study and the support they will need. Fill in the form as soon as possible, as processing applications can take some time.
- Once eligibility for DSA is confirmed, SFE will ask your child to attend an assessment centre to work out what help they will need. Following the assessment, you will get a report listing the equipment and other support they can get for their course.

Clearing

Like all students, students with additional needs who don't get the grades they need for their preferred university can either take a year out or go through clearing.

- If your child has complex needs, it may be challenging to get the funding, support and adaptations that your child requires set up in time; however, going through clearing is not impossible.
- Where universities are already highly accessible, clearing may be easier.
- Make contact with the disabilities team at universities that have potential, and find out about the support that the university can offer in the short- and longer-term.
- Be realistic – gauge whether it is possible for essential adaptations to be made at short notice.
- Be prepared – have information about your child's DSA and needs assessment ready.



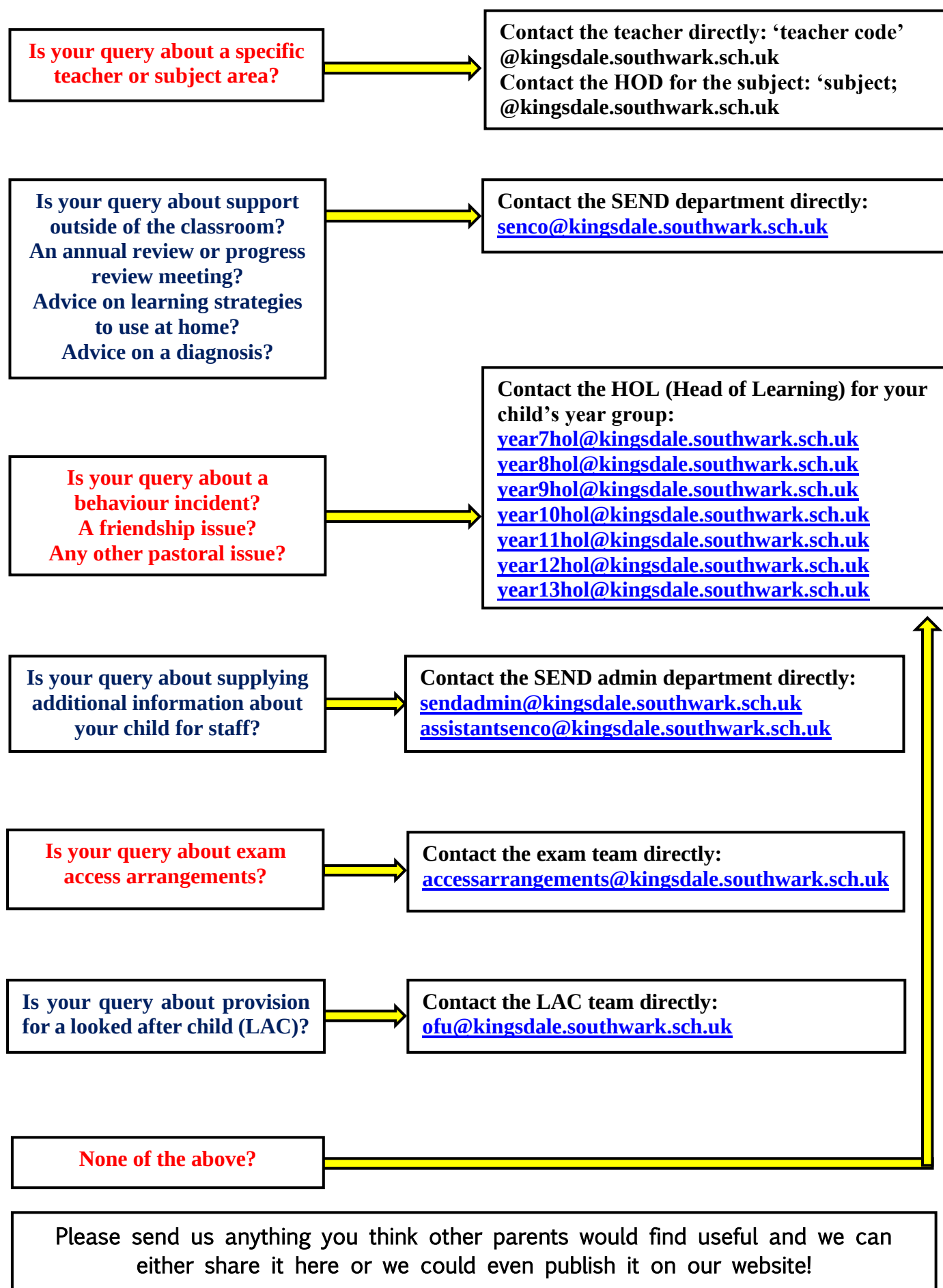
Find out more

Several organisations have produced guidance to support transition for pupils with special educational needs and disabilities, including:

- **The National Autistic Society's toolkit:** Starting college or university: <https://www.autism.org.uk/advice-and-guidance/topics/transitions/england/starting-college-or-university>
- **Dyslexia at university:** <https://www.dyslexiauk.co.uk/dyslexia-at-university/>
- **British Dyslexia Association:** <https://www.bdadyslexia.org.uk/news/university-and-dyslexia>
- **Education beyond 16:** <https://contact.org.uk/help-for-families/information-advice-services/education-learning/education-beyond-16/>

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shospace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

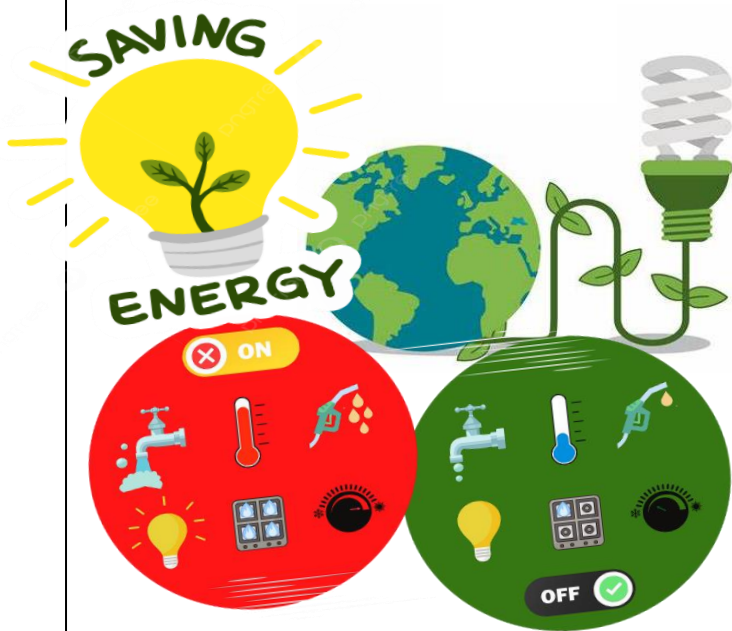
HOUSE COMPETITIONS

Energy Saving Week



Energy Saving Week is a national campaign with the aim to help and encourage people to save energy while cutting down on fuel costs at the same time. There are many ways you can help.

- You can close the windows when the heating is on.
- You can try not to leave the fridge open for too long.
- You can help by turning off electrical objects when you are not using them.



STUDENT TASK: Encourage students at Kingsdale Foundation School to save energy by showing them what you do to save energy at home! Send the House Team a picture or create a poster.

HOUSE ACTIVITY:

Submit your work to the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.



Kingsdale Cooking Challenge: National Pie Day

National Pie Day on January 23rd celebrates one of the Nations' favourite desserts. No matter how you slice it, pie in just any form makes a crowd happy. Fruit pies, berry pies, cream pies, they are mouthwatering servings of homemade goodness.



STUDENT TASK:

Make your own pie - use a pie recipe from the internet or invent your own. Send us a picture and a short description of how you made your pie. The best-looking pies will win valuable points for your house.

Don't forget permission from your parents or carers and have appropriate supervision in the kitchen.

HOUSE ACTIVITY:

Submit your pie and recipe to the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.

10 tips for parents and carers

HOW TO BE GREEN WITH YOUR TECH

Right now, humans aren't living sustainably: we're taking too many resources and not leaving the world in a fit state for future generations. Old tech products are a clear example: if we throw them away, the poisonous lead and mercury inside can get into the food chain through the soil. Recycling tech, though, has its own issues: it's often exported to countries where the law doesn't protect people from hazards. Whole villages (including children) sort through discarded devices to remove useful parts and substances like gold, silver and copper – often putting their health at risk. Finding ways to re-use tech is the greenest option.

So what can we do with those cupboards and drawers full of old phones and unwanted computers?
Reuse, recycle, donate or sell them!

1 DONATE THEM TO CHARITY

There are lots of charities that redistribute unwanted tech to worthy causes, either in the UK or in developing nations. If your old products are still working, this is a great option – as it means that new products don't have to be made. Search online for your nearest place that does this.

2 REMEMBER THE BATTERIES

Almost all batteries can be recycled – even the little 'button' ones from smaller gadgets. You could choose a box at home or school to keep used batteries in, and then take them to a designated place that collects them. Be very careful, though – button cells can be deadly if eaten by small children or pets.

3 USE YOUR ONLINE SAFETY KNOWLEDGE

If you're recycling, selling or repurposing any of your devices, make sure that all your personal data, private photos and so on have been deleted before the tech leaves your hands or is connected online.

4 REUSE THEM

Old smartphones can be used as webcams, security cameras, baby monitors or pet cams: there are apps that will configure them to do this. You can also turn an outdated phone into a TV remote control, an alarm clock that wakes you up with your favourite track, or a media centre you can take to places where you wouldn't risk your new phone.

5 TURN IT INTO SOMETHING NEW

Smartphones are more powerful than most older computers. If you have an unwanted android phone, it's quite easy to create a new computer – you could use an old TV as a monitor, meaning you just need a mouse and keyboard. There are also small devices you can buy which let you do the same with iPhones.

6 RETURN THEM

Return devices to the manufacturer or retailer you bought them from. Some manufacturers take responsibility for their products and accept them back, to refurbish and redistribute. If they don't, you could contact them and ask why: the more consumer pressure there is on shops and manufacturers, the more likely they are to act in a greener way.

7 SUPPORT SCIENCE

Let your old devices help modern research. Scientists currently investigating topics like far-off star systems, cancer treatment and earthquakes need enormous computing power. If your unwanted device is WIFI enabled, for example, you can connect it to a network so that it can boost scientists' research.

8 SELL THEM

This is also a green option as it means that fewer devices have to be produced. On top of that, you could also donate some of the money you make to an environmental charity.

9 RESEARCH DISPOSAL METHODS

If your device is beyond repair and no one wants it, get rid of it safely through a specialist tech disposal company. Check that your device won't be shipped off to another country for processing.

10 KEEP THINKING

There's no such thing as 'too many' ways to help our planet! If you come up with a better idea than ours, contact National Online Safety and tell us.

Meet Our Expert

Neil Atkin teaches scientific literacy through his non-profit organisation, Rubbish Science, which engages people in working together to live more sustainably and creatively uses waste to help address real-life problems. There are a range of environmental activities you may like to try on their website: www.rubbishscience.com.



USEFUL LINKS: Places to donate old electrical items: www.recycleyourelectricals.org.uk/donate-electrical-goods | How to turn an old smartphone into a computer: www.maketeat.com/frag/ways-to-turn-smartphone-into-pc
The rules about shops' responsibilities on tech: www.gov.uk/electronic-waste-producer-supplier-responsibilities | Two scientific research schemes which old devices can support: www.zooniverse.org/get-involved and www.vodafone.co.uk/mobile/dreamlab | Find your local tech recycling centre: www.recycleitnow.com

NOS National Online Safety®
#WakeUpWednesday

SPORTS FIXTURES

Monday 20th January 2025

- Under-15s Mixed Volleyball Away Match v Bishop Thomas Grant School. Leave school at 3pm. Start 3.30pm. Return at 5.30pm approx.: **Mr Fitchett/Mr Price**

Tuesday 21st January 2025

- Under-12s Boys' Elite Football Away Match v Burgess Park against Oakwood Grammar School. Leave school at 12.15pm. Start 1.30pm. Return at 3.45pm approx.: **Mr Price/Mr Dash**
- Under-13s Boys' Rugby Away Match v Southborough High School. Leave school at 1.15pm. Start 2.30pm. Return at 5.30pm approx.: **Mr Lord/Mr Foster**

Wednesday 22nd January 2025

- Under-16s Boys' B-team Football Away Match at Burgess Park against St Bonaventure's School. Leave school at 1.15pm. Start 2pm. Return at 5.30pm approx.: **Mr Pizzey/Mr Price**

Thursday 23rd January 2025

- Under-13s Boys' Basketball Away Match v Bishop Thomas Grant School. Leave school at 3pm. Start 3.30pm. Return at 5pm approx.: **Mr Lord/Mr Foster**
- Under-13s Girls' Hockey Away Match v Streatham & Clapham High School. Leave school at 1pm. Start 2.30pm. Return at 5.15pm approx.: **Mr Pizzey/Mr Price**

Friday 24th January 2025

- No planned fixtures

Please NOTE Fixtures may be rearranged due to waterlogged or frozen Pitches.

Extra Fixtures may be organised at short notice.

All fixtures can be viewed via the link below:
<http://www.kingsdaleschoolsports.org.uk>



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus, we are looking at everything Parents/Carers need to know about 'Tips for Being Green with your Tech'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. See page 16 above.

The House Leader Board 2024-25

Week ending
17th January 2025

- 1st Place – Dove 50,557 points
- 2nd Place – Swift 49,217 points
- 3rd Place – Falcon 47,448 points
- 4th Place – Albatross 47,232 points
- 5th Place – Eagle 46,712 points



There is plenty of time left to catch Dove House, but have they got what it takes to stay ahead?

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Remember!

You can access the school's Extra Curricular Sports page via clicking the following link [here](http://www.kingsdale.southwark.sch.uk). Please do not hesitate to contact Ms Turner at pe@kingsdale.southwark.sch.uk should you require any further information regarding the KFS sports programme.