



PARENTAL NEWS BULLETIN

Issue 19 Monday 3rd February 2025

HEADLINE NOTICES

Spring Half-Term Break Monday 17th February – Friday 21st February

Please be reminded that the Spring half-term break takes place between Monday 17th and Friday 21st February 2025. During this holiday, revision sessions are scheduled to take place for students in Years 11 & 13 as part of their exam preparation programme. Further details regarding the arrangements for holiday revision and assessment weeks have been issued separately by the Year 11 & 13 pastoral teams. Please email year11hol@kingsdale.southwark.sch.uk and year13hol@kingsdale.southwark.sch.uk with any queries.



Curriculum Coffee Mornings

Our final parental Coffee morning this half term takes place for **Year 7 & 8** parents on **Friday 7th February between 11.30am & 1.15pm**. These events are a great opportunity to meet staff and learn more about the curriculum for each year group.

Parents who are interested in attending, must register via the link sent separately by email. We hope to see you there. Please contact Mrs Chaudhary, Deputy Headteacher via sca@kingsdale.southwark.sch.uk with any queries.



House Excellence Award

Aminah Bissette, Year 10, has won the House Excellence Award. The English faculty said - 'We nominated Aminah for her numerous entries in the reading challenge and her clear passion for reading in general. She is a diligent, enthusiastic, and insightful member of the class. Keep up the hard work Aminah!'

Call for Volunteer Representatives Careers Fair 2nd April 2025!

Our flagship careers event will be taking place on 2nd April 2025. Details have been emailed to parents and carers, and if you can help out please complete [this form](#) by Wednesday 5th February. Please e-mail careers@kingsdale.southwark.sch.uk any queries.

THEME OF THE WEEK

A Matter of Attitude – 'I visualised where I wanted to be, what kind of player I wanted to become. I knew exactly where I wanted to go, and I focused on getting there.'

Michael Jordan

WORD OF THE WEEK Amnesty

An official pardon for people who have been convicted of political offences.

'The Queen granted amnesty to all political prisoners.'

SCHOOL NEWS

Safer Internet Day 2025 | **Tuesday 11 February**

Coordinated by the UK Safer Internet Centre

saferinternetday.org.uk

What is Kingsdale doing for Safer Internet Day 2025?

Safer Internet Day 2025 will take place on the Tuesday **11th of February 2025**, with celebrations and learning based around the theme **'Too good to be true? Protecting yourself and others from scams online.'** This is part of wider events taking place nationally in the UK. At Kingsdale, throughout the week, there will be a range of activities during lessons, assemblies and tutor time which will provide opportunities for students and staff to have meaningful and honest conversations around the use of the internet and developing and new technologies; Artificial Intelligence (AI) included. The aim of Safer Internet Day is to always highlight the positives about being online, but equally, to expose the pitfalls. Parents and Carers can find more information about Safer Internet Day, please CLICK [here](#).



GEOGRAPHY NEWS

Well Done to Our Worldwide Quiz Team!

We are thrilled to celebrate the incredible efforts of all our students who took part in the Geographical Association's Worldwide Quiz. Competing against several other schools. Our amazing students demonstrated great enthusiasm and skill across a variety of challenging rounds, including *The Geography of Sports*, *Geography from the Air*, *The Global South*, and *Landmarks in London*.

Special congratulations go to our Year 9 team, who tied for 2nd place with Eltham College for achieving the highest score in their year group - what an impressive achievement!

We are so proud of the hard work, team spirit, and enthusiasm shown by all our participants.

Well done, everyone - you've made us proud!

SIXTH FORM NEWS

Year 13 Psychology Brain Dissection

This past term, Year 13 psychology students have been studying the topic of biopsychology. In this unit, they have learned that different cognitive functions are located in specific areas of the brain. Last week, the students had the opportunity to dissect a lamb's brain, which is structurally very similar to humans!

"It was really fascinating to see all the different areas of the brain that I learnt in class. We first separated the hemispheres by cutting through the corpus callosum and then could identify the brain stem and the medulla.

It was a great experience!"

Florence Hanks, Year 13



Silver Arts Award – Heague Yang: Leap Year Art Review 1

As a part of their Silver Arts Award qualification, Sophie, Sally and Eva in Year 9 are sharing their reviews of an arts event they recently attended.

Haegue Yang: Leap Year
9 OCT 2024 – 5 JAN 2025

SOUTHBANK CENTRE

This installation contains bright and flashing lights

included interactive features!

Offering a range of sensorial experiences has been and still is integral to my work. And somehow movement seemed inherent in those sensory perceptions: smells travel and then dissipate, steam or humidity 'touches' our skin, and any of these sensations can appeal to the mind if they trigger certain memories.
– Haegue Yang

This was the first piece I saw when entering the museum. It covers a whole wall and it's unique structure makes it quite hard to miss! I enjoy how eye-catching it is despite it being in black and white and I think it is representing the issue of societal body norms and expectations.

HAYWARD GALLERY EXPERIENCE

Despite the art, I thought the atmosphere created was very good. Yang used all 5 senses to engage the audience. For example, music was played through out the gallery. There were many moving / interacting assets included. Overall it was a very fun experience.

reveal!

you've helped support the arts.

Haegue Yang Leap Year

Try a different view

open

Personally, this was my least favourite piece in the exhibition. I was frustrated at how an artist as great as Yang, pinned three receipts to a board and called it art. I also found it difficult to grasp the meaning behind this piece of art.

This was my favourite piece in the exhibition. I think it represents how everyone views / interprets art differently, through Yang's use of mirrors. The piece reflects its surroundings and changes depending on its viewer.

lift flap

HAYWARD GALLERY

Free information booklet!

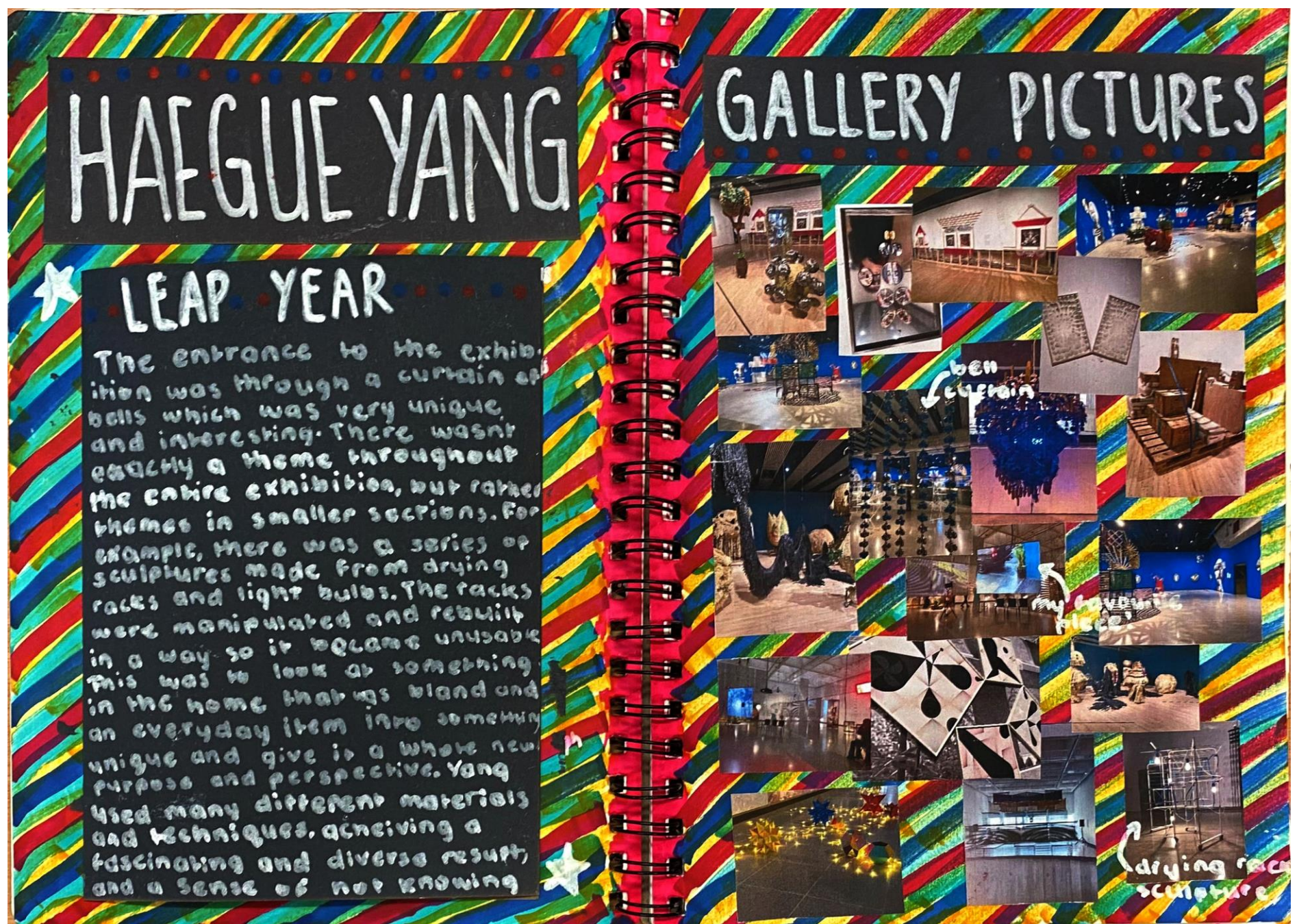
Did you know...?
In 1994 Haegue Yang moved to Germany to study art. She found it difficult living far from home and learning a new language. She would go to the baumarkt (which means hardware store in German) to collect copies of the store catalogues, and would study the product names to help her learn German. She also cut out images from these catalogues and used these in her series Hardware Store Collages (1994 – 2019).

Beyond the gallery

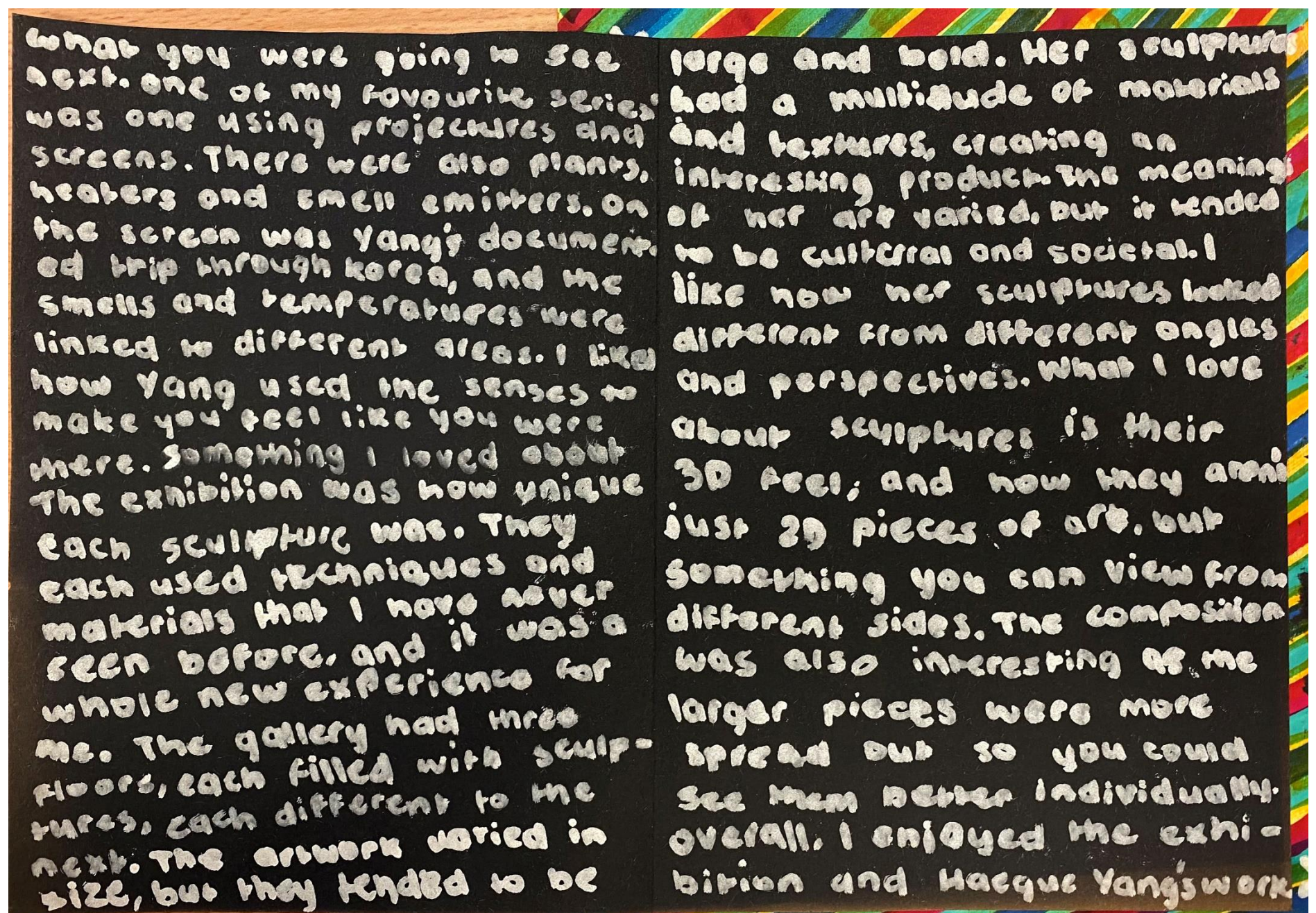
REVIEW

Overall, I didn't fully enjoy this exhibition. I enjoyed the layout and the interactive aspects of the gallery, however, I found that the actual art lacked a deeper meaning and I feel that not much skill was shown through the artwork. For example, anybody can pin a receipt to a wall and call it art. - - - -

Silver Arts Award – Heague Yang: Leap Year Art Review 2



Part 1
Eva Rothlisberger
Year 9

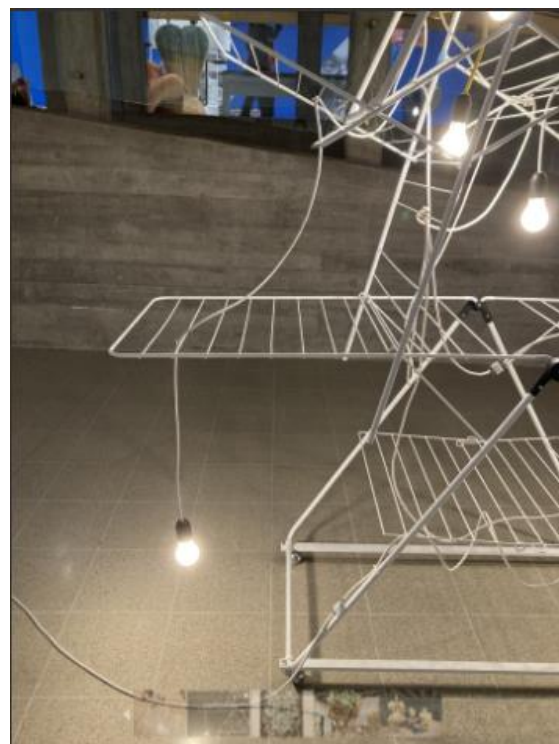


Part 2
Eva Rothlisberger
Year 9



Concept and Themes

I found the inclusion of east Asian art styles and types added a certain depth to the installation as we discovered a style of cultural art that isn't widely known in the UK. Also, the juxtaposition between the handmade art and the sculptural exhibitions created an interesting atmosphere. However, the concept or theme behind the art at some points was difficult to grasp due to the contemporary style. This meant that some of the artworks lacked the comprehensive component and risked leaving the viewer confused.



Silver Arts Award – Heague Yang: Leap Year Art Review 3

Sophie Benghiat
Year 9

Curation Of Installation

I really liked the curation of the exhibition and the fact that similar artworks were put together. Moreover, I liked the fact that each room had a distinct feel and that they all contained different styles of art that highlighted Yang's range of skills. Furthermore, I liked how all the pieces were spread out and had their own spotlight instead of being cramped.



Connection to contemporary art and ideas:

The pieces challenged the idea that art has to be a literal display of skill and be extremely realistic. It also reinforces the idea that anything can be art if viewed by the right people, Yang did this by using everyday items like a cardboard box and washing racks. This is an extension of the current art styles of contemporary and immersive art that will visually and physically immerse the viewer.



My favourite piece:

In my opinion, the best piece was one of the "Mesmerizing Mesh" artworks. I particularly liked these as they include interesting spiritual and cultural symbols and techniques while the layering of material adds depth. Additionally, the use of an uncommon medium was interesting and inspired some ideas for my own art.

Critical reflections:

I think that in some cases the art was somewhat underwhelming as the sculptures of everyday items doesn't showcase any real talent or skill. Moreover, the meaning behind each piece was confusing or lacking and left me confused. Lastly, some of the pieces, in my opinion, would not be what I considered as art as they didn't have a clear meaning nor did they show any artistic skill.

The Exhibitions Influence:

Yang's Leap Year exhibition has influenced me to go outside of the conforms of traditional art and experiment with new and unusual mediums to create art that immerses the viewer both emotionally and physically. Moreover, it has inspired me to work with everyday items and involve sculptures or cultural techniques in my art.



SPORTS NEWS



Junior NBA Basketball

Kingsdale v Bishop Thomas Grant School

This was an extremely close game between two very strong teams. The first quarter ended 5-5 but Kingsdale missed a few points which should have put the first quarter in our favour. The second quarter was again extremely tight, with Kingsdale only edging it by 11-9. Coming into the third quarter, we asked whether Kingsdale were going to regret not taking their early chances as it ended 15-16 in favour of Bishop Thomas Grant. In the last and final quarter we could sense the nerves between the two schools, but Kingsdale managed to show their class and get the win.

Final Score: Kingsdale **24-21** Bishop Thomas Grant

Kingsdale v St Joseph's College

This was an extremely dominating display by Kingsdale throughout, with the first quarter finishing 12-2. As the second quarter started, Kingsdale continued to exert their dominance pushing the score further away from their opponents making it 21-8.

The third quarter was our lowest scoring quarter, but we were still leading 26-10. Coming into the final quarter Kingsdale had everything to lose with this huge scoreline but they did not take their foot off the accelerator they continued to perform ending the game with a win!

Final Score: Kingsdale **32-16** St Joseph's College

Under-16s Boys' Football National Cup

Kingsdale v St Bonaventure's School

On Tuesday 28th January, the Under-16s Boys' Football B Team continued the defence of their National Cup with a hard-fought win against St Bonaventure's School.

Despite being behind early on in the game, the first goal that the team have conceded this season, they came back stronger and equalised straightaway. Shad Bryan-Gray lobbing the goalkeeper from the edge of the penalty area to make the score 1-1 at half-time. The second half started with more pressure from Kingsdale who were pushing for the lead. A great set piece resulted in Micah Coward tapping in from close range. The result was confirmed when Louis Gaymes scored a third goal late in the game. The team will now play away to Cedars Upper School from Leighton Buzzard in the Quarter Finals! Well done boys!

Final Score: Kingsdale **3-1** St Bonaventure's School
Goal Scorers: Shad Bryan-Gray (1), Micah Coward (1) and Louis Gaymes (1)

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.



Year 12 Trip To Cambridge

Last week, our Year 12s visited Fitzwilliam College, Cambridge. During the day they got the chance to hear about what life was like at Cambridge as well as get thinking about how to start on their personal statement applications. It was particularly good to have discipline specific workshops and speak to current students. Fitzwilliam College is a modern and imposing building which offered a nice contrast to some of the more typical Oxbridge colleges. Students left excited at the prospect of starting their UCAS journey and potentially applying to Oxbridge.



Careers talks from ex-students involved in the world of Business and Investment Banking

Students in Years 9 and sixth form were treated to a fantastic couple of talks this week from two ex-Kingsdale students who left the school in 2019. Oscar Mills and Carlin Peton have both gone on to have interesting and fulfilling careers which they spoke passionately about – Oscar working at Vodafone and Carlin for Jefferies investment bank. It was really fantastic to join the dots between leaving Kingsdale and entering the world of work, and both Oscar and Carlin were honest and practical with their explanations of how they got to where they got to. Students asked a range of questions which showed their engagement and have gone away feeling inspired. Thank you to Oscar and Calin!



CAREER NEWS

Apprenticeship Week at Kingsdale 10th-14th February 2025

Pursuing a career in Mechanics and Engineering through Go-Ahead Apprenticeship:

- Monday 10th February at 11am for Years 7 and 11 in CR1
- Monday 10th February at 12pm for Years 8 and 10 in CR1
- Monday 10th February at 1pm for Years 9, 12 and 13 in CR1

Introducing Red Carnation Hotels to Kingsdale school:

- Tuesday 11th February at 12pm, aimed at Years 8 and 10 in CR1

Anyone Can Be an Engineer: How to Start Your Engineering Career:

- Tuesday 11th February at 11am for Years 7 and 11 in CR1

Inspiring the Future of Apprenticeships in Investment Banking:

- Wednesday 12th February at 11am for Years 7, 11, 12 and 13 CR1

Acing Apprenticeship Applications – how to find and apply for apprenticeships:

- Friday 13th February at 11am for Years 7, 11, 12 and 13 CR1

Assembly to Year 12 Students from ex-Kingsdale students on degree apprenticeships:

- Thursday 27th February for selected students – details shared separately

Drop in with ex-Kingsdale students on degree apprenticeships:

- Thursday 27th February at 11am for Years 11, 12 and 13 in CR1

Students can click [here](#) to sign up for the sessions listed above.

Careers Talks 2025

We still have a range of careers talks coming up this year – details below. Students should sign up [here](#) if they are interested.

Any student who has signed up will receive an e-mail and should note that the talk is during their lunchtime so they should bring a packed lunch, or can get a slip to be released 10 minutes early from their lesson.

Careers Talks Programme

Neuroscience

Years 8 & 10

4th March 2025 at 12 noon

Data Centres

Years 9, 12 & 13

11th March 2025 at 1pm

Medicine Information Session

Year 12

12th March 2025 during enrichment

Architecture

Years 8 & 10

18th March 2025 at 12 noon

Business and Entrepreneurship

Years 8 & 10

29th April 2025 at 12.00 noon

Law Information Session

Year 12

7th May 2025 during enrichment

Charity Sector: Amnesty International

Years 8 & 10

13th May 2025 at 12 noon

Wigs & Hair (National Theatre)

Years 9 & 12

20th May 2025 at 1.00pm

Health Economics

Years 9 & 12

6th June 2025 at 1pm

Humanitarian & Development Aid

Years 8 & 10

24th June 2025 at 12 noon

Kingsdale Careers Programme 2024-25 Parent Volunteers Invited!

We still need your help to support our careers programme for 2024-25!

If you think you would be able to support us with any of our Careers programme, including the lunch time talks, the Careers Fair, or in any other capacity, please contact us via the email below.

careers@kingsdale.southwark.sch.uk



Below are some useful links for students and parents regarding the range of apprenticeship options available and tips on how to apply. Students will also be exploring this in tutor time during Apprenticeship Week.

<https://www.apprenticeships.gov.uk/apprentices>

<https://www.amazingapprenticeship.com/zones/student/>

<https://www.amazingapprenticeship.com/zones/parent/>



Reality Check: What nobody tells you about working in top careers

A free student & parent event series



Highly-paid, demanding and competitive fields like medicine, law, banking, engineering and entrepreneurship continue to be highly popular amongst school students today. But how much do you really know about what it's like to work in these fields? Join our network of professionals as we unpick the reality of working in top industries today, where we'll be demystifying salary expectations, job security, work culture and how to stand out from the competition.

STUDENT WEBINARS 6-7PM (UK TIME)

If you are unable to attend live please still register to receive the recording of the event and follow up resources.



What it's really like
to work in
FINANCE

10TH FEBRUARY



What it's really like
to work in
ENGINEERING

11TH FEBRUARY



What it's really like
to start your own
BUSINESS

12TH FEBRUARY



What it's really like
to work in
MEDICINE

10TH FEBRUARY



What it's really like
to work in
LAW

11TH FEBRUARY



Explore All Events



PARENT WEBINARS
7-8PM (UK TIME)

**SALARY, STATUS AND
STABILITY**

Navigating your child's
future career in today's
job market

5TH FEBRUARY



Find Out More

Teacher Recommendation



Zane Gocher recommends *Salem's Lot* by Stephen King

'Salem's Lot is a small New England town with white clapboard houses, tree-lined streets and solid church steeples. Of course, there are tales of strange happenings - but no more than in any other such town.

Ben Mears has returned to the Lot to write a novel and exorcise the terrors that have haunted him since childhood - since the event he witnessed at the Marsten House.

He finds the house has been rented by a newcomer, a man who causes Ben some unease. And then things start to happen: a child disappears, a dog is brutally killed - nothing unusual, except the list keeps growing...

Zane's really enjoying the exploration of dark themes and the engaging protagonist.

Best suited for students in Years 10 and over as it contains some disturbing themes.

CALENDAR 2024-25

You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

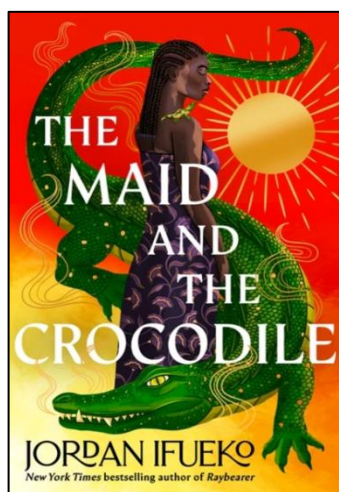
For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk



Reading Recommendations

SUBMIT HAND-WRITTEN BOOK REVIEWS TO
ENG. DEPT,
WIN BOOK TOKENS AND OTHER PRIZES!

Teacher Recommendation



Ms Taylor recommends *The Maid and the Crocodile* by Jordan Ifueko.

In the magic-soaked capital city of Oluwan, Small Sade needs a job - preferably as a maid, with employers who don't mind her unique appearance and unlucky foot. But before she can be hired, she accidentally binds herself to a powerful being known

only as the Crocodile, a god rumoured to devour pretty girls. Small Sade entrances the Crocodile with her secret: she is a Curse Eater, gifted with the ability to alter people's fates by cleaning their houses.

Ms Taylor really enjoyed how the author addressed serious issues such as class and accessibility within the fantasy genre.

A challenging text: best suited for Year 11 or Sixth Form students.

SPRING TERM 2025

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

National Autistic Society coffee mornings



Our guest speaker this month:

Laurain & Sue from **The Autism Team** will offer advice and strategies to support your child's regulation at home. Please book your free ticket here:
<https://www.eventbrite.co.uk/e/1214906170059?aff=odtdtcreator>

For parents & carers of autistic children on:

Friday 7th February
 9:30am
 Carnegie Library Hub
 Herne Hill, SE24 0AG

And the first Friday of every month
 FREE of charge
 Open to parents/carers of autistic people of all ages in Lambeth & neighbouring boroughs



Exam Access Arrangements (EAs)

Access arrangements are reasonable adjustments which are made to exams, tests and assessments for pupils with additional learning needs and vary from child to child. The most common access arrangement is 25% extra time. Standardised scores are required for most access arrangements in line with JCQ guidelines. In-house assessments can be carried out by Dr Ward and our SEND Advisor. Official testing is only completed at the end of Year 9 and/or the beginning of Year 10 to be in place for formal GCSE examinations. In KS3 students may trial access arrangements in preparation for this.

Please email to request this with reasons why you think your child may require access arrangements or if you are unsure if your child is entitled to access arrangements:
ldh@kingsdale.southwark.sch.uk

Access arrangements are mainly the responsibility of the exams officer; however, these are supported by the SEN Advisor.



The range of access arrangements which pupils may be eligible for vary; these include:

- 25% extra time
- Use of a reading pen/ reader in rare cases
- Use of a laptop
- Use of a scribe in rare cases
- Use of a prompter (*to support concentration and perseverance*)
- Use of a bi-lingual dictionary in some cases
- Separate room in rare cases
- Supervised rest breaks
- Modified enlarged paper

BIGGER



If you think your child is eligible for a laptop in lessons or are not sure if this is an option for them, please email us sendadmin@kingsdale.southwark.sch.uk

We will then assess the need and if this is agreed you will be asked to complete a laptop loan request form (this will be emailed to you) and your child will have access to a laptop which has Microsoft 365 installed. This means they will be able to save their work online and access TEAMS.

SEND FACULTY NEWS



Understanding Young Minds: Free Self-harm Training

This free course handles the subject of teenage self-harm and parental ways to support your children, in a sensitive and informational way.



About the Understanding Young Minds course

Virtual College and SelfharmUK have created a free online course designed to help parents talk about the issue of self-harm with their children.

Thousands of children and young people in the UK are thought to be impacted by self-harm each year. Spotting the signs can be difficult, and approaching the subject with your children can be an uncomfortable experience.

This online course, 'Talking to your children about emotional resilience and self-harm', has been designed to provide you with a basic awareness of the subject to help you approach your children with confidence about the issue.

This course will help you to

- Know what self-harm is and why young people may do it.
- Know what makes young people vulnerable to self-harming behaviour.
- Understand on what ways you can support a young person who is self-harming.

This course comes with a downloadable certificate.

Register here: [CLICK](#)

Bell House: Supporting the Dyslexic Learner All Six Sessions Special Offer

SEND FACULTY NEWS cont.

This six-week course has been designed to help you understand how you can best support a child at home and at school.

Children with dyslexia may learn differently from you. We will cover how to recognise different learning profiles, multi-sensory learning, age-appropriate reading matter and tools, note taking, mindmapping, making numeracy more visual and how to gather evidence that a child needs help and support.

Tina Hunter is a highly experienced specialist teacher and assessor with over 20 years of experience in the field of further education. She has worked both in the UK and abroad, gaining valuable insight into a variety of educational systems and practices. Tina has worked with students across primary, secondary, and further education levels, allowing her to develop a comprehensive understanding of the diverse needs of learners at different stages of their academic journey.

Click [HERE](#) to find out more.

Click [HERE](#) to book.



COURSE DATES

Thursdays: 30th January, 6th 13th and 27th February and 6th and 13th March 2025.

This booking page is for the whole six sessions for a special price of £100.

If you prefer to book specific dates for £20 per session please navigate away and book for the dates you would like to choose.

Week 1 - Thursday 30th January 2024

Signs and Symptoms of Dyslexia and Exam Arrangements.

This session will look at the signs and symptoms of dyslexia, the different types of reports and how to get a diagnosis. It will discuss how reports can be used to apply for exam arrangements and Disabled Student Allowance (DSA). The session will cover what access arrangements are available, evidence needed and the best arrangements for different profiles.

Week 2 - Thursday 6th February 2024

Memory Mastery

Dyslexia is a learning difference that affects the way individuals process and retain information, often resulting in challenges with memory. This session will explore strategies and techniques for supporting memory in dyslexic learners, including interventions, such as mnemonics, graphic organisers, and multi-sensory approaches that can be personalised for learners to use in a variety of situations.

Week 3 - Thursday 13th February 2024

Supporting Reluctant Readers and Writers

Dyslexia is commonly associated with difficulties affecting reading and writing. This session will cover decoding words, active reading techniques and different reading styles for different tasks. In addition, useful resources and assistive technology demonstrated.

We will look at multi-sensory strategies to support spelling, including how to create resources at home and in the classroom. In addition, planning techniques and templates to scaffold writing tasks. Plus, assistive technology to support writing and proofreading.

Week 4 - Thursday 27th February 2024

Assistive Technology and AI

Assistive technology can play an important role in supporting dyslexic learners. This session will cover a range of topics, including the different types of assistive technology and free software available to help overcome any difficulties associated with reading, writing and language processing.

Week 5 - Thursday 6th March 2024

Study Skills and Revision

This session will focus on practical strategies and tools to help students develop their study skills and revision techniques. The session will cover organisation skills, managing workload, using course specification for revision topics and developing effective study habits for achieving academic success.

Week 6 - Thursday 13th March 2024

Managing Maths

Around 60% of people with dyslexia are thought to have maths learning difficulties and many people have maths anxiety. This session will look at the challenges that dyslexic learners face when it comes to processing mathematical information and offer practical tips to support their learning. It will cover multi-sensory strategies to support retrieval of maths facts, as well as, developing a better understanding of mathematical concepts. Useful resources and games will be demonstrated to aid the completion of maths tasks at home and in the classroom.



Using Microsoft 365 to support your child with SEND

All students at Kingsdale have access to Microsoft 365 with their school email address and password.

If you are not sure how to access this at home or are having any trouble please email

askict@kingsdale.southwark.sch.uk

This is a fantastic tool for students to use to support them. Please see examples with links below to more information and some short videos of all the ways students can use the assistive technology built into Microsoft 365.

Vision

Need a larger screen? A brighter screen? A narrator to read text? Find out about accessibility tools and features for people who are blind, colour blind, or have low vision. [Click here](#) for more information.

Hearing

For those who are hard of hearing, have hearing loss, or have deafness, our specialized features can provide solutions including closed captioning, mono sound, and live call transcription. [Click here](#) for more information.

Neurodiversity

Innovative tools such as dictation and Windows Hello sign-in can make the digital world more accessible for those who live with dyslexia, seizures, autism, or other cognitive differences. [Click here](#) for more information.

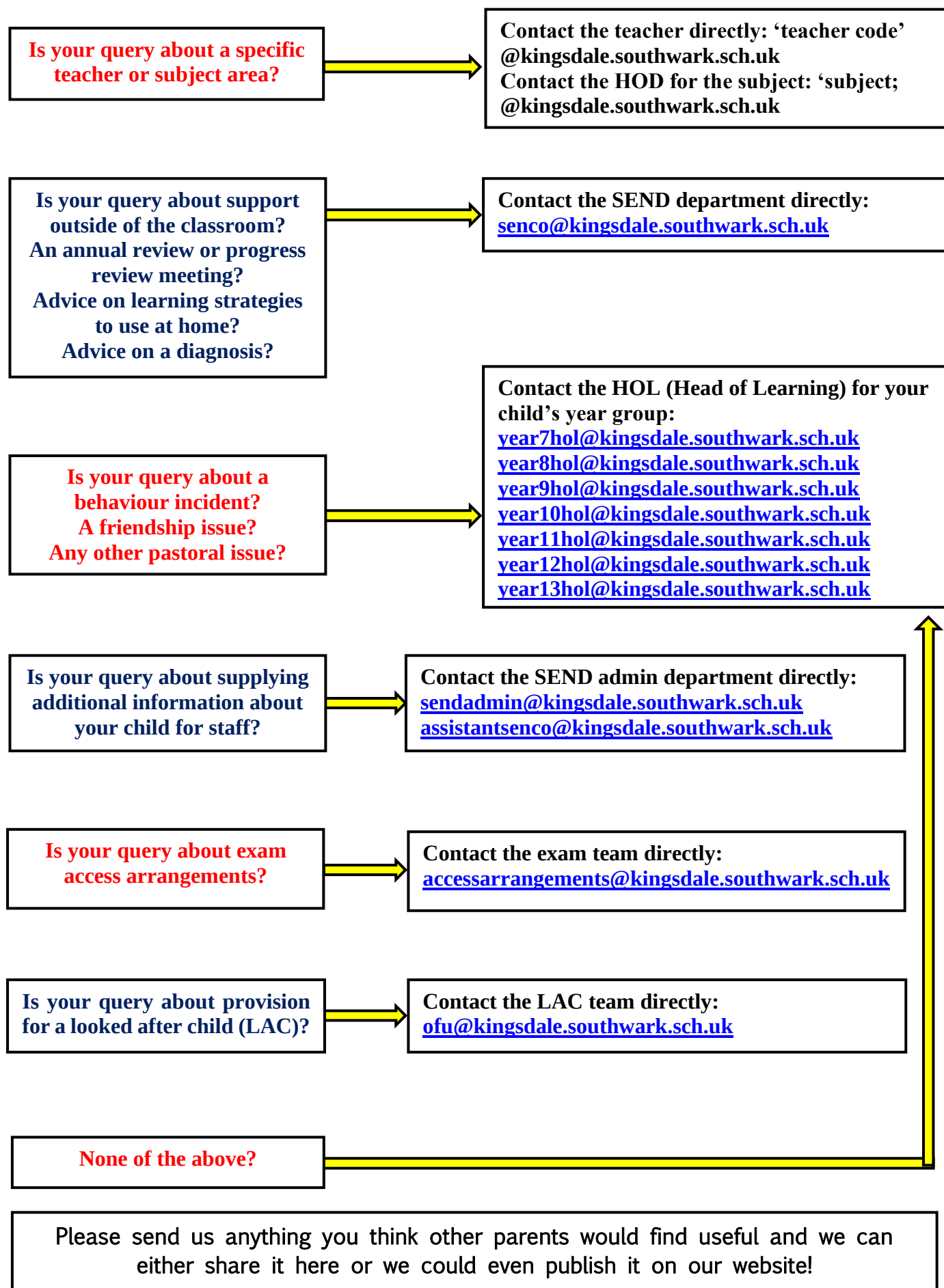
Reading and concentration

Learn more about assistive technologies for people living with issues such as bipolar disorder, anxiety, PTSD, depression, or ADHD. Our products can help with distraction, reading, and concentration. [Click here](#) for more information.

This video shows how to use the 5 most common accessibility features: [5 Accessibility Features in Microsoft 365](#)

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



Get Rid of and Donate is a charity that are proud to be the first award winners of Lambeth Council's winners of the Climate Change Award 2024. They want to extend their work to more secondary schools in Southwark & Lambeth. The Kingsdale community can help them.

Parents can donate and drop off to the school at Main Reception, for the notice of Mr Lewis and/or Ms Dalrymple.

Get Rid of and Donate collects unwanted clothes (**not school uniform – send this to KFS Uniform Bank**), shoes, small kitchen and household textiles, bedding, curtains, personal cosmetics, musical instruments electrical/ gadgets, IT equipment, toys, books, garden equipment etc.

We want to support the reduction of risk of any contamination or viruses and as such, all items **MUST BE** in good condition and clean.

ITEMS SHOULD BE DONATED IN BAGS FOR LIFE OR BOXES - NO PLASTIC OR WASTE BIN DISPOSAL BAGS

Get Rid of and Donate **DO NOT ACCEPT** the following items:

1. **Used Baby Items** - baby bottles, steamers, teething rings, bowls & cutlery, potties, baby baths, changing mats, baby underwear & socks, baby bedding, sleeping suits, baby/Children bike or car seats
2. **Old/damaged/stained bed sheets & pillowcases or duvets** - (will collect only if in good condition)
3. **Damaged Kitchen/houseware** - any broken or items with missing items, porcelain ornaments, framed pictures, ceramic cups, and drinking glasses.
4. **Commercial Publications** - magazines, newspapers, season wrapping paper, trees or decorations
5. **Specific Plastic Items** - plastic bags, clothes hangers, food containers, bottles or plates
6. **Animal Items** - cat litter trays, baskets, housing, play toys, dog cages (only new items accepted)
7. **Out of Date Food**
8. **Certain Furniture** - furniture made of MDF, dismantled furniture
9. **Damaged/Faulty Appliances/Electronics** - items that are faulty, damaged or not working.



Get Rid of and Donate rescues unwanted items – preloved good quality clothes, shoes, household/textiles, books, toys, tech/electrical, furniture, musical equipment/music/cd/DVDs and more recycling giving back to those in need.

Join our campaign to help those in need, making an impact and support GROAD's global green agenda in local communities.

Something that you no longer want can still be used by someone else giving a 2nd or 3rd life span!

Donations benefit the beneficiaries of the project refugees, asylum seekers, vulnerable families and the homeless.

The UK creates 26 million tons of waste, of which 14 million ton end up in landfill sites. *Landfill is the second most used waste treatment in the UK in 2018 with 23.6% of waste sent to landfill. We all have contributed to this in some way.

The alternatives are the three R's - Reduce, Reuse and Recycle! 

 @Getridofit
 @getridofitanddonate
 @groadonate_cic
 @groadonate_cic

Join us in our mission to others help and Get Rid of and Donate.

07944 102 112

info@getridofit-donate.com
 www.getridofit-donate.com

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shospace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS

LGBT+ Day



February is LGBT+ History Month, which is a time to promote the history and celebrate the lives of lesbian, gay, bisexual, and transgender people. The + is an inclusive symbol to mean 'and others' to include people of all identities.

For some people, having their sexual or gender identity celebrated or accepted hasn't always been easy, and being gay in the UK was once illegal. For many people it's still very difficult to talk openly about their sexuality because of fear of what people might say or think. However, due to changes in laws and attitudes, life has become much easier for the LGBT+ community - although in some places there is still work to be done.



STUDENT TASK: Create a piece of original artwork on the theme of: **LGBT+ History Month**.

HOW TO ENTER: Submit your entry to the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.

Place2Be's

CHILDREN'S MENTAL HEALTH WEEK

3-9
FEB
2025

Children's Mental Health Awareness Week 2025

Children's Mental Health Awareness Week takes place from 3-9 February 2025. This year's theme is 'Know Yourself, Grow Yourself' in partnership with Here4You, supported by The Walt Disney Company and the Inside Out 2 characters.

The charity wants to encourage children, young people and adults to embrace self-awareness and explore what it means to them. This will help them grow and develop resilience to cope with what life throws at them.



STUDENT TASK: Develop a guide for young people to embrace self-awareness and what it means to them. Help young people grow and develop resilience to cope with what life throws at them. The format can include drawings, text, and audio to make it inclusive. Share your voice and thoughts in a way that is meaningful for you.

HOW TO ENTER: Share your guide with the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full Name, tutor group and House.

HOUSE COMPETITIONS cont.



Kingsdale Cooking Challenge National Pie Day Winner!

A big congratulations to Loic Spall (Year 9) from Eagle House, who claimed victory in the Kingsdale Cooking Challenge with his incredible mixed berry pie! Loic went the extra mile, crafting his own pastry from scratch.

Sharing his process, he explained:

"I collected frozen berries we had grown and heated them in a saucepan with sugar, lemon juice, and cornstarch until they simmered. Since our local shop didn't sell pastry, we made it ourselves by mixing flour and butter with our hands. After moulding the pie base, we added the berries and topped it with latticed pastry strips."

Loic's creativity and skill earned him well deserved points for Eagle House.

Well done, Loic!



What Children & Young People Need to Know about **FREE SPEECH** VS **HATE SPEECH**

Everyone in the UK has the right of "freedom of expression". That's the right to voice your opinions and share information and ideas with others. It's *not* the right to say whatever you want without regard for others' feelings and values. We all have a responsibility to use this right properly: being respectful and inclusive to others. Whether online or offline, communication attacking or discriminating against groups or individuals (because of protected characteristics like race or religion) is hate speech, not free speech.

Free speech is a person's legal right to share information, opinions and ideas without fear of retaliation, censorship or legal consequences. This freedom of expression is recognised in international human rights legislation, and here's what it does for us in our day-to-day lives ...

The Human Rights Act 1988 states that everyone has the right to express themselves freely – even if their views are unpopular and might offend others.

Freedom of expression encourages listening to others and allowing opposing views to be heard. It's important to respect someone's opinion, even if we disagree with it. Free speech lets us engage in meaningful discussions with people who feel differently.

Any concept could potentially offend someone. Galileo's ideas were incredibly offensive to many at the time, while not everyone agrees with Darwin's theory today. Freely exchanging ideas promotes progress.

Free speech allows us to engage people we disagree with in a debate. The ability to challenge others' views is healthy – while having ours challenged helps us learn how to deal with criticism and think deeply about what we say and believe.

Free speech is a powerful tool for change, justice and reform. Many modern UK rights – such as women being allowed to vote or decent working conditions – couldn't have been achieved without it.

Freedom of expression includes the right *not* to do something, like not standing up for – or singing – the national anthem. Even though some people would find that offensive, it isn't illegal.

Hate speech refers to any communication – like talking, texting or posting online – which displays prejudice against someone's identity. Derogatory, demonising and dehumanising statements, threats, identity-based insults, offensive name-calling and slurs would all count as hate speech. Here are some common forms it takes ...

Targeting people or groups because of who they are – including but not limited to aspects such as race, sexuality, religion or a disability – and verbally abusing them with slurs and name-calling. The Equality Act 2010 has more information on this.

Content that dehumanises people based on those same attributes: referring to them as if they were animals, objects or other non-human entities, for example.

Calling for violence or hatred against certain people or groups and justifying and glorifying those actions.

Claiming that specific types of people are physically, mentally or morally inferior (or even that they are criminals) to encourage others to view them in the same way.

Making up or repeating insults about a person or group because something about their identity is different to the person who's posting.

Promoting the segregation of certain groups, or discrimination against them, because of who they are.

Meet Our Expert

The Global Equality Collective is an online community for homes, schools and businesses, a collective of hundreds of subject matter experts in diversity, equality and inclusion, and the organisation behind the GEC app, the world's first app for diversity, equality and inclusion.

GLOBAL
EQUALITY
COLLECTIVE

The
National
College



National
Online
Safety

#WakeUpWednesday

Source: <https://www.legislation.gov.uk/ukpga/2010/15/contents> | <https://www.legislation.gov.uk/ukpga/1998/42/schedule/1#:-text=Everyone%20has%20the%20right%20to%20freedom%20of%20expression>

SPORTS FIXTURES



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'Tips to help teenagers combat hate speech online, while still respecting people's right to free speech'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See page 21 above.**



Monday 3rd February 2025

- Under-15s Boys' Football Away Match v St Mary Magdalane Academy. Leave school at 1.30pm. Start 2.30pm. Return at 5.30pm approx.: **Mr Foster**
- Under-16s Mixed Volleyball Away Match v Harris Academy Clapham. Leave school at 2.50pm. Start 3.30pm. Return at 6pm approx.: **Mr Fitchett/Mr Price**

Tuesday 4th February 2025

- No planned fixtures/events

Wednesday 5th February 2025

- Under-12s & Under-18s Girls' & Boys' London Schools' Cross Country Competition at Wormwood Scrubs. Leave school at 10am. Start 11.30am. Return at 4.30pm approx.: **Mr Price/Ms McGregor/Mr Jones**

Thursday 6th February 2025

- Under-15s Boys' Rugby Finals Away Match v St James' Senior School, Uxbridge. Leave school at 11.30am. Start 2pm. Return at 6pm approx.: **Mr McWhirter/Mr Jones (Parent)**
- Under-12s Boys' Football Home Match (School Astro) v Graveney School. Start 3.30pm. Finish at 4.15pm approx.: **Mr Price**

Friday 7th February 2025

- Under-12s Girls' & Boys' Indoor Athletics London Youth Games Finals. Leave school at 9am. Start 10am. Return at 4pm approx.: **Mr Foster/Ms McGregor**
- Under-12s Boys' Football Away Match at Burgess Park against George Greens School. Leave school at 1.15pm. Start 2.30pm. Return at 4.30pm approx.: **Mr Price/Mr Dash**
- Under-14s Boys' Rugby Away Match v Rutlish School. Leave school at 1pm. Start 2.30pm. Return at 3.30pm approx.: **Mr Roberts**
- Under-12s Boys' Rugby Home Match against Rutlish School. Leave school at 1pm. Start 2pm. Return at 3.30pm approx.: **Mr Worsley**

Please note that fixtures maybe postponed or rearranged due to waterlogged or frozen pitches.

Extra Fixtures may be organised at short notice.

All fixtures can be viewed via the link below:
<http://www.kingsdaleschoolsports.org.uk>

The House Leader Board 2024-25

Week ending
31st January 2025

- 1st Place – Dove 56,959 points
- 2nd Place – Swift 55,713 points
- 3rd Place – Falcon 53,560 points
- 4th Place – Albatross 53,231 points
- 5th Place – Eagle 52,982 points

Any House can still win! However, they need to ensure Dove does not get too far ahead.



Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Kingsdale Foundation School, Alleyn Park, Dulwich, London, SE21 8SQ

Web: www.kingsdalefoundationschool.org.uk Tel: 0208 670 7575 (To report student absence use Option 2)