



PARENTAL NEWS BULLETIN

Issue 20 Monday 10th February 2025

HEADLINE NOTICES

Spring Half-Term Break Monday 17th February – Friday 21st February



In accordance with the published term dates the school will close this Friday 14th February for the Spring half-term term break which takes place from Monday 17th to Friday 21st February. During this holiday, revision sessions are scheduled to take place for students in Years 11 & 13 as part of their exam preparation programme. Further details

have been issued separately by the Year 11 & 13 teams. We would like to wish families a wonderful break and look forward to seeing all the students on Monday 24th February at the usual times.



House Excellence Award

Xavier Omisore Grove, Year 9, has won the House Excellence Award after being nominated by the Languages faculty. 'We would like to nominate Xavier Omisore Grove. He has worked incredibly hard this year, and his progress has been amazing.'

He is always focused on his work in class and participating well, reflecting in his grades. Moreover, he is one of the kindest souls that we know. It is a pleasure to teach him!

Apprenticeships at Kingsdale 10th – 14th February 2025

We will be celebrating Apprenticeship Week at Kingsdale from Monday 10th – Friday 14th February 2025. We are pleased to offer a range of talks for students to attend throughout the week. Please see Page 9 for details. To sign up please click [here](#). Please contact Ms Maxwell via eml@kingsdale.southwark.sch.uk with any queries.

Call for Volunteer Representatives Careers Fair 2nd April 2025!

Our flagship careers event will be taking place on 2nd April 2025. Details have been emailed to parents and carers, and if you can help out please complete [this form](#) by Wednesday 5th February. Please e-mail careers@kingsdale.southwark.sch.uk any queries.

THEME OF THE WEEK Making a Difference

'A school is a place where people come to learn, develop and mature. We need to work together to create an even better learning environment where everybody feels safe, secure and confident.'

WORD OF THE WEEK Apprenticeship

A period of time working as an apprentice.

"She took an apprenticeship in aerospace engineering to learn the skills necessary to work in the aviation industry".

SCHOOL NEWS



Chinese Exchange Visit

From the 27th – 31st January, 23 students visiting from China shadowed Kingsdale students around the school.

Here's what two of our students had to say: "It has been a great experience being able to meet students from across the world and share culture and ideas. Them being in our every lesson really helps to understand the differences between schools and having the opportunity to talk about games, music and friends expanded my view on the world. It was a fun chance to also pick up a bit of mandarin throughout the week and it was truly unforgettable!"

Annadeen Boyd & Annais Hills, Year 10

We expect to welcome another group of students in July. Please contact Miss Evans via languages@kingsdale.southwark.sch.uk if your child would like to participate. They should also send a statement to explaining why they would make a good buddy to a future exchange student.

MUSIC NEWS



Steel Pan Scholars

On Thursday 23rd January 2025, the Mary Graham School of Music hosted our final Scholar's Concert of the season, with the Steel Pan Scholars being the culmination of 25 concerts in a programme spanning November 2024 to January 2025.

From Years 7 to 13, the students performed admirably to a packed-out performance hall. We even had the opportunity to open up the balcony in MS3 above for overflow!

Congratulations to all involved and particular thanks to Mr Kishan Shorter our steel pan teacher, who prepared all of the students for this exciting and joyful concert.



Winter Concert at the Great Hall, Dulwich College

On Friday 31st January the Kingsdale Music Department relocated for one day only to the Great Hall at Dulwich College for our annual Winter Concert, featuring nearly all of our ensembles and over 300 students performing. Performances featured composers as wide ranging as Saint-Saens, Mancini, Taylor Swift, John Rutter and many more.

The students represented the school exceptionally performing to a packed auditorium, with great feedback from all present.

Special thanks go to all the staff who supported the concert, including the instrumental and vocal teachers who led the ensembles and particular thanks to Dulwich College and Mr Gareth Hemmings (DC Director of Music) for hosting and supporting us.



MATHS NEWS

Maths Master Classes at Imperial College London

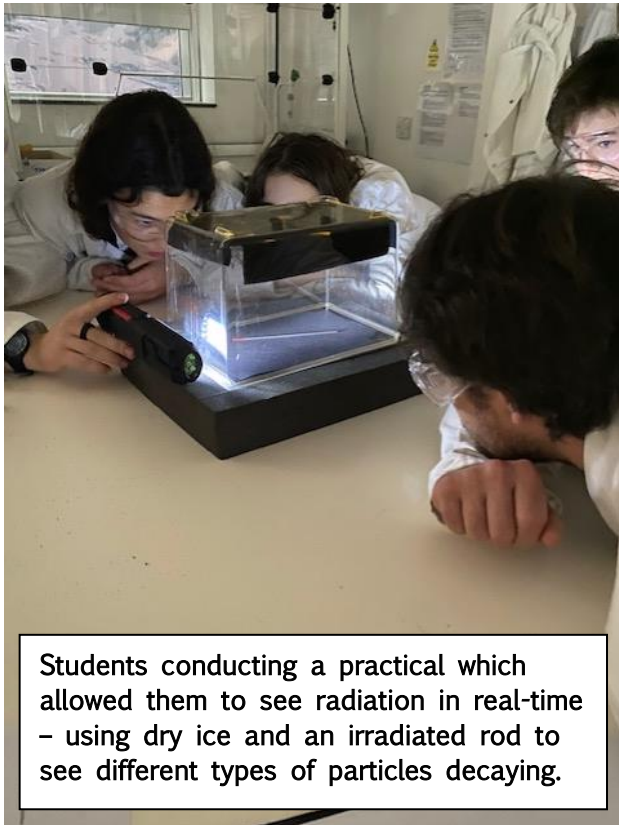
Our Year 10 Maths scholars attended their session at Imperial College last week.

The day was divided into two parts; the morning session was curriculum based learning and the afternoon session was a STEM project activity. MP Joe Powell was also present to speak with students regarding their tasks.

Morning session: **Congruence and Similarity**
Afternoon session: **Cloud Chambers**



Students learning how to develop rigorous proofs using congruent triangles as a means of practicing this important skill.



Students conducting a practical which allowed them to see radiation in real-time – using dry ice and an irradiated rod to see different types of particles decaying.



Students rolling dice to exponential decay and half-life. They started with 60 dice and removed each one that landed on the number one and plotted their results.



SCHOOL NEWS

School Garden Project

Our parent volunteers for the school garden project enjoyed the Winter sunshine last Saturday and had a productive time - clearing a space for the latest addition - a beautiful pond. This haven for amphibians and other wildlife is being sponsored and developed by the charity Froglife and should be completed by early April 2025, ready for Summer study.



Any parents/students interested in volunteering to help with the garden project can join the team on the first Saturday of every month at 10:30am - meet outside the school's premises entrance.

Thanks in advance to anyone who can help out to develop this wonderful space.





PERFORMING ARTS NEWS

Year 9 Scripted Performances

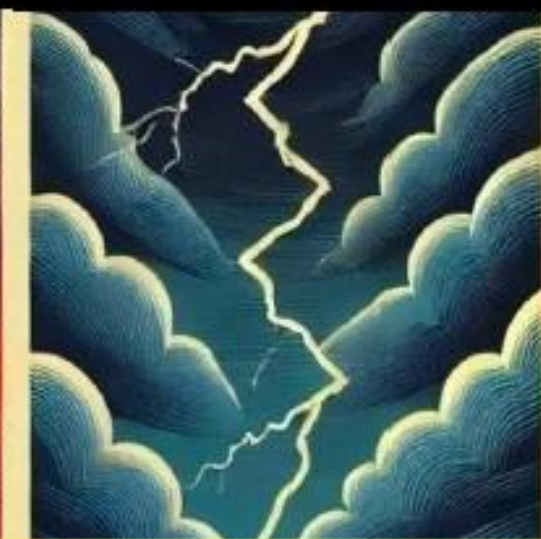
We have a set of performances scheduled to take place in March for our Year 9 scripted assessments. We will have abridged (1 hour) versions of **Blood Wedding**, **The Odyssey** and **Blue Remembered Hills**. As this is an assessed performance, we welcome parents and carers of students involved in the performances to attend.

This year we would also like to welcome students and their families in Year 8 who are considering **GCSE Drama**. These performances will give a glimpse into the type of performance opportunities we have at Kingsdale. For further details contact Mr Golding (agg@kingsdale.southwark.sch.uk)



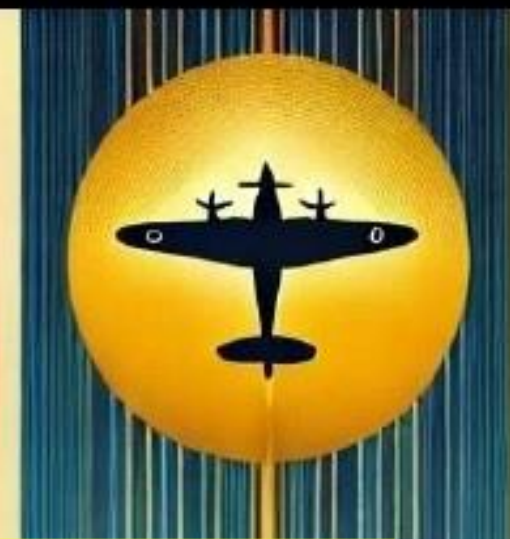
**BLOOD
WEDDING**

THURS
06/03/25
5PM



**THE
ODYSSEY**

THURS
06/03/25
6PM



**BLUE
REMEMBERED
HILLS**

FRI
07/03/25
5PM

YEAR 9 DRAMA | TRIPLE BILL



SPORTS NEWS

Year 7 & Year 9 Netball Kingsdale v East Dulwich

We are thrilled to congratulate our Year 7 & 9 Netball Teams for their outstanding performances in recent matches against Harris Girls' Academy, East Dulwich. Both teams played with incredible spirit and determination, securing impressive victories

A special mention goes to Sophie Benghiat in Year 9, whose leadership and goal-scoring was crucial in securing the win. Kitty Beaugie, Year 7, also deserves recognition for her tireless effort and dedication to her teams well-deserved victory.

Well done on an amazing win girls!

Final score: Year 7 Kingsdale **5-3** Harris Girls' Academy
Year 9 Kingsdale **7-3** Harris Girls' Academy



Emery Aldridge
Year 7

Sophia Mendes
Year 9

London Schools Cross Country Championship

On Wednesday, 35 students travelled to Wormwood Scrubs to compete in the London Schools Cross Country Championship. It was a fantastic performance from the team on an extremely muddy course – with some athletes losing their shoes on their way around the course!

A massive congratulations to four of our students who qualified for the English Schools' Competition - Lisa Chantry, Sophia Mendes, Celia Yeatman and William Wayham.

A special mention goes to Sophia Mendes and Emery Aldridge (both pictured) who managed to cross the line first and win their respective races.

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

ual: university of the arts london

TALK ON BA COURSES, THE FOUNDATION COURSE AND THE SPRING INSIGHTS PROGRAMME.

On Wednesday 12th February, Rosemary Cronin from the UAL will visit us to give a talk and presentation to our Year 12 students about their BA courses, the Foundation course and the Spring Insights programme.

The session will be at 1.00 -1.45pm in AR4.

Cece Anthony-Tewkesbury in Year 13, studying A Level Fine Art, has been our student-in-residence at our studio space at Kingswood Arts.

Cece has written this about her experience:

I am deeply grateful for the opportunity to have a studio space at Kingswood House. Having the room for a year allowed me to explore and create larger-scale artwork, which would have been challenging elsewhere.

It provided a quiet and private environment where I could focus and experiment freely. The dedicated space helped me stay organised and engaged in my work, fostering both my academic and artistic growth.

This invaluable experience significantly improved my journey while working towards my A Levels.



CAREER NEWS



INVESTIN THE ULTIMATE WORK EXPERIENCE

Reality Check: What nobody tells you about working in top careers

A free student & parent event series

Highly-paid, demanding and competitive fields like medicine, law, banking, engineering and entrepreneurship continue to be highly popular amongst school students today. But how much do you really know about what it's like to work in these fields? Join our network of professionals as we unpick the reality of working in top industries today, where we'll be demystifying salary expectations, job security, work culture and how to stand out from the competition.

STUDENT WEBINARS 6-7PM (UK TIME) If you are unable to attend live please still register to receive the recording of the event and follow up resources.



10TH FEBRUARY



11TH FEBRUARY



12TH FEBRUARY



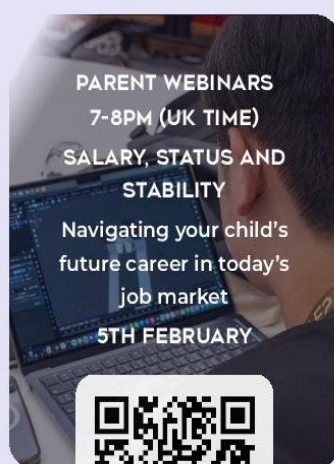
10TH FEBRUARY



11TH FEBRUARY



Explore All Events



Find Out More

info@investin.org

+44 (0) 203 488 5089

www.investin.org

Careers Talks 2025

A reminder that as well as Apprenticeship Week this week, we have a range of careers talks coming this year – details below. Students should sign up [here](#) if they are interested.

Any student who has signed up will receive an e-mail and should note that the talk is during their lunchtime so they should bring a packed lunch, or can get a slip to be released 10 minutes early from their lesson.

Careers Talks Programme

Neuroscience

Years 8 & 10

4th March 2025 at 12 noon

Data Centres

Years 9, 12 & 13

11th March 2025 at 1pm

Medicine Information Session

Year 12

12th March 2025 during enrichment

Architecture

Years 8 & 10

18th March 2025 at 12 noon

Business and Entrepreneurship

Years 8 & 10

29th April 2025 at 12.00 noon

Law Information Session

Year 12

7th May 2025 during enrichment

Charity Sector: Amnesty International

Years 8 & 10

13th May 2025 at 12 noon

Wigs & Hair (National Theatre)

Years 9 & 12

20th May 2025 at 1.00pm

Health Economics

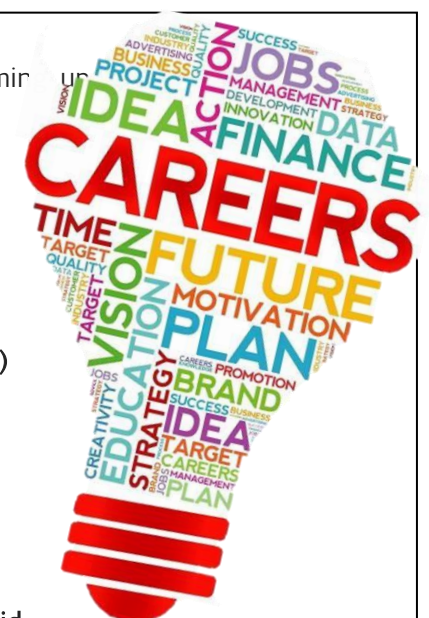
Years 9 & 12

6th June 2025 at 1pm

Humanitarian & Development Aid

Years 8 & 10

24th June 2025 at 12 noon



Kingsdale Careers Programme 2024-25 Parent Volunteers Invited!

We still need your help to support our careers programme for 2024-25!

If you think you would be able to support us with any of our Careers programme, including the lunch time talks, the Careers Fair, or in any other capacity, please contact us via the email below.

careers@kingsdale.southwark.sch.uk

Apprenticeship Week at Kingsdale 10th-14th February 2025

Pursuing a Career in Mechanics and Engineering through a Go-Ahead Apprenticeship:

- Monday 10th February at 11am for Years 7 and 11 in CR1
- Monday 10th February at 12pm for Years 8 and 10 in CR1
- Monday 10th February at 1pm for Years 9, 12 and 13 in CR1

Introducing Red Carnation Hotels to Kingsdale school:

- Tuesday 11th February at 12pm, aimed at Years 8 and 10 in CR1

Anyone Can Be an Engineer: How to Start Your Engineering Career:

- Tuesday 11th February at 11am for Years 7 and 11 in CR1

Inspiring the Future of Apprenticeships in Investment Banking:

- Wednesday 12th February at 11am for Years 7, 11, 12 and 13 CR1

Acing Apprenticeship Applications – how to find and apply for apprenticeships:

- Friday 13th February at 11am for Years 7, 11, 12 and 13 CR1

Assembly to Year 12 Students from ex-Kingsdale students on degree apprenticeships:

- Thursday 27th February for selected students – details shared separately

Drop in with ex-Kingsdale students on degree apprenticeships:

- Thursday 27th February at 11am for Years 11, 12 and 13 in CR1

Students can click [here](#) to sign up for the sessions listed above.



Below are some useful links for students and parents regarding the range of apprenticeship options available and tips on how to apply. Students will also be exploring this in tutor time during Apprenticeship Week.

<https://www.apprenticeships.gov.uk/apprentices>

<https://www.amazingapprenticeship.com/zones/student/>

<https://www.amazingapprenticeship.com/zones/parent/>

Science Intervention Programme

We invite all students to take advantage of our **Science Support Sessions**! These sessions are becoming increasingly popular, providing an excellent opportunity for students to deepen their understanding of scientific concepts with the help of experienced scientists.

Who is it for?

- Year 11 and Year 13 students who need support in understanding key scientific concepts.
- Any student looking for extra guidance in Science subjects.

Why attend?

- A great opportunity to clarify doubts and strengthen subject knowledge.
- A welcoming and supportive environment for learning.

The full programme is outlined below.



Year 11 – Intervention Programme

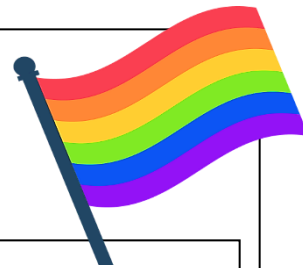
Date	Combined Science Intervention Programme of Study Every Tuesday			Separate Science (Triple Science) Intervention Programme of Study Every Wednesday	Saturday Sessions
	Biology	Chemistry	Physics	Chemistry Sessions / Physics	
Day/ Time	Tuesday 3.45 to 4.45pm	Tuesday 3.45 to 4.45pm	Tuesday 3.45 to 4.45pm	Wednesday 3.45 – 4.45pm	Saturday Open for all 1-2pm
Room Number	Small Tutoring sessions in SC2/SC3/SC4	Small Tutoring sessions in SC8/ SC10/SC11	Small Tutoring sessions in SC1/ SC6/SC7	S11	Online

A Level Intervention Programme

Date	Year 13 Intervention Programme		
	Biology Wednesday / Thursday	Chemistry Wednesday	Physics Monday, Tuesday and Wednesday
Day/ Time	Wednesday (6M2) and Thursday 3.45 to 4.45pm	Every Wednesday 3.45 to 4.45pm	Every Monday, Tuesday, and Wednesday 3.45 to 4.45pm
Room Number	SC10	Tutoring sessions with room details issued separately	Small Tutoring sessions SL1

LGBTQI* – History Month

Activism & Social Change - Thailand



It is LGBTQI* History Month at Kingsdale Foundation School and the 2025 Theme for History Month is "Activism and Social Change".

This theme recognizes the important role that LGBTQ+ people have played in creating social change and equality.

This month a series of short stories about *Activism and Social Change* will be published in this parental bulletin and this week's focus is on Southeast Asia.

Kingsdale Foundation School prides itself on being an inclusive school and welcomes acceptance and inclusion of various peoples amongst its student and staff body as well as the local community.

There are weekly LGBTQI* lunch-clubs where students are welcome to bring any questions, they might have regarding LGBTQI* related issues (for details contact Mr Tilly or Ms Koch).

What happened?

Same-sex marriage became legal in Thailand on January 23, 2025, making Thailand the first Southeast Asian country to legalize it.

What does the law do?

- The law gives same-sex couples the same rights as heterosexual couples in relation to marriage, adoption, healthcare, and inheritance.
- The law uses gender-neutral terms like "individual" and "spouse" instead of "man", "woman", "husband", and "wife".

What is the significance of the law?

- The law is considered a landmark achievement for LGBTQ rights in Asia.
- It's also seen as a step towards greater awareness of gender diversity and acceptance of people of all sexual orientations.

SCHOOL NEWS

Big History Club!

For Key Stage 3 and 4 in HU6
Every other Tuesday from 4.15 to 5.00pm

Do you want to dive into the past?

Is there something we don't cover at school that you would like to learn about?

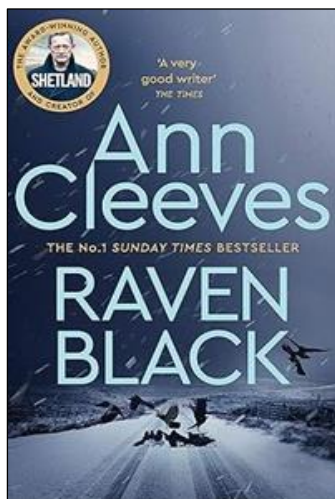
In Big History Club we use history and fiction books, films, art, music and more to **enquire into diverse World Histories** from ancient times to modern day.

Join us on **Tuesday 11th February**, when we will investigate **'Why do the Stonewall Riots Matter?'** with **Mr Stanley**

Bring along any questions you have about this topic, or ideas for people, events or items from history you want to know more about in future sessions!



Teacher Recommendation



Mr Drysdale recommends *Black Raven* by Ann Cleeves.

On New Year's Day, Shetland lies buried beneath a deep layer of snow. Trudging home, Fran Hunter's eye is drawn to a vivid splash of colour on the white ground, ravens circling above. It is the strangled body of her teenage neighbour.

As Fran opens her mouth to scream, the ravens continue their deadly dance . . .

The body is found close to the home of a lonely outcast and local suspicion falls firmly on him. But when Inspector Jimmy Perez insists on broadening the search for suspects, a veil of distrust and fear is thrown over the entire community. As the case develops, Perez finds himself peering deeper into the past of the Shetland Islands than anyone wants to go.

Mr Drysdale really enjoyed this atmospheric thriller and found the evocation of the 'stormy Shetland Islands' a perfect setting for the tale!

Some dark themes; best suited for students in Key Stage 4 and over.

CALENDAR 2024-25

You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

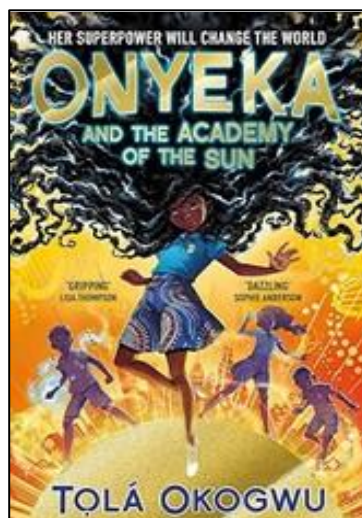
For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk



Reading Recommendations

SUBMIT HAND-WRITTEN BOOK REVIEWS TO
ENG. DEPT,
WIN BOOK TOKENS AND OTHER PRIZES!

Student Recommendation



Year 10's Lena Asamoah recommends *Onyeka and the Academy of the Sun* by Tola Okogwu

Onyeka has a lot of hair – the kind that makes strangers stop in the street. When she makes the important discovery that she can control her hair with her mind, she's whisked off to the Academy of the

Sun, a school in Nigeria where Solari – children with superpowers – are trained

But Onyeka and her new friends at the Academy soon have to put their powers to the test as they find themselves caught up in an epic battle . . . one that puts the future of all Solari at risk.

Lena loved getting back in touch with her Nigerian roots through this engaging, gripping tale.

Suitable for all age groups.

SPRING TERM 2025

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

SEND FACULTY NEWS

Helping Your Child Revise and Use Extra Exam Time Effectively

Extra exam time can benefit children with ADHD, dyslexia, autism (ASD), or other conditions if used effectively. Practising exams at home under actual conditions can help familiarise them with the environment, while a positive mindset about the extra time can turn it into an advantage. Open communication with teachers about helpful strategies can also enhance performance. Implementing these approaches at home provides crucial support during exams.

Here are some helpful strategies, along with links for further information, to implement at home:

For Children with ADHD:

- **Active Study:** Use hands-on methods like drawing or explaining concepts aloud.
- **Short Breaks:** Incorporate movement breaks using the [Pomodoro technique](#) (25 minutes of work, 5-minute break).
- **Limit Distractions:** Create a quiet study space and consider noise-cancelling headphones.

For Children with Dyslexia:

- **Technology:** Utilise text-to-speech and speech-to-text software.
- **Multi-Sensory Learning:** Employ colour-coded notes and mind maps.
- **Readable Text:** Print notes using larger font and spacing for clarity.

For Children with Autism (ASD):

- **Routine:** Establish a predictable study schedule.
- **Visual Supports:** Use checklists and timers to enhance focus.
- **Comfortable Space:** Ensure the study environment meets sensory needs.

General Exam Time Management Tips:

- **Practice with Timed Mock Exams:** Encourage your child to practise mock exams under timed conditions. This can help them get a feel for how to pace themselves and allocate time to each question.
- **Chunking Questions:** Train your child to divide their time according to the number of questions. For example, if they have two hours for an exam with ten questions, remind them to spend around 12 minutes on each.
- **Prioritise Questions:** Advise your child to quickly skim the exam and identify questions he feels confident about. They can answer these first to build speed and save the more challenging ones for later.
- **Use Breaks Wisely:** If they feel overwhelmed, remind them it's okay to take a short break to breathe and refocus rather than rushing to get out of the exam room.
- **Highlight Key Points:** Encourage them to underline or highlight keywords if a question allows. This can help them focus on what is asked and organise their thoughts.
- **Break Down Answers:** They can outline their answers before writing for more extended questions. This not only organises their thoughts but also makes the writing process quicker.
- **Stay Positive:** Remind them to keep a positive mindset; sometimes, simply acknowledging that extra time is available can alleviate the pressure.

Valuable Resources: Young Minds: Tips for Neurodivergent Students

These strategies can help your child feel more confident and in control during exams. Please email me if you need further support at: SJA@kingsdale.southwark.sch.uk



Exam Access Arrangements (EAAs)

Access arrangements are reasonable adjustments which are made to exams, tests and assessments for pupils with additional learning needs and vary from child to child. The most common access arrangement is 25% extra time. Standardised scores are required for most access arrangements in line with JCQ guidelines. In-house assessments can be carried out by Dr Ward and our SEND Advisor. Official testing is only completed at the end of Year 9 and/or the beginning of Year 10 to be in place for formal GCSE examinations. In KS3 students may trial access arrangements in preparation for this.

Please email to request this with reasons why you think your child may require access arrangements or if you are unsure if your child is entitled to access arrangements:

ldh@kingsdale.southwark.sch.uk

Access arrangements are mainly the responsibility of the exams officer; however, these are supported by the SEN Advisor.



The range of access arrangements which pupils may be eligible for vary; these include:

- 25% extra time
- Use of a reading pen/ reader in rare cases
- Use of a laptop
- Use of a scribe in rare cases
- Use of a prompter (*to support concentration and perseverance*)
- Use of a bi-lingual dictionary in some cases
- Separate room in rare cases
- Supervised rest breaks
- Modified enlarged paper

If you think your child is eligible for a laptop in lessons or are not sure if this is an option for them, please email us sendadmin@kingsdale.southwark.sch.uk

BIGGER



We will then assess the need and if this is agreed you will be asked to complete a laptop loan request form (this will be emailed to you) and your child will have access to a laptop which has Microsoft365 installed. This means they will be able to save their work online and access TEAMS.

Bell House: Supporting the Dyslexic Learner All Six Sessions Special Offer

This six-week course has been designed to help you understand how you can best support a child at home and at school.

Children with dyslexia may learn differently from you. We will cover how to recognise different learning profiles, multi-sensory learning, age-appropriate reading matter and tools, note taking, mindmapping, making numeracy more visual and how to gather evidence that a child needs help and support.

Tina Hunter is a highly experienced specialist teacher and assessor with over 20 years of experience in the field of further education. She has worked both in the UK and abroad, gaining valuable insight into a variety of educational systems and practices. Tina has worked with students across primary, secondary, and further education levels, allowing her to develop a comprehensive understanding of the diverse needs of learners at different stages of their academic journey.

Click [HERE](#) to find out more.

Click [HERE](#) to book.



COURSE DATES

Thursdays: 30th January, 6th 13th and 27th February and 6th and 13th March 2025.

This booking page is for the whole six sessions for a special price of £100.

If you prefer to book specific dates for £20 per session please navigate away and book for the dates you would like to choose.

Week 1 - Thursday 30th January 2024

Signs and Symptoms of Dyslexia and Exam Arrangements.

This session will look at the signs and symptoms of dyslexia, the different types of reports and how to get a diagnosis. It will discuss how reports can be used to apply for exam arrangements and Disabled Student Allowance (DSA).

The session will cover what access arrangements are available, evidence needed and the best arrangements for different profiles.

Week 2 - Thursday 6th February 2024

Memory Mastery

Dyslexia is a learning difference that affects the way individuals process and retain information, often resulting in challenges with memory. This session will explore strategies and techniques for supporting memory in dyslexic learners, including interventions, such as mnemonics, graphic organisers, and multi-sensory approaches that can be personalised for learners to use in a variety of situations.

Week 3 - Thursday 13th February 2024

Supporting Reluctant Readers and Writers

Dyslexia is commonly associated with difficulties affecting reading and writing. This session will cover decoding words, active reading techniques and different reading styles for different tasks. In addition, useful resources and assistive technology demonstrated.

We will look at multi-sensory strategies to support spelling, including how to create resources at home and in the classroom. In addition, planning techniques and templates to scaffold writing tasks. Plus, assistive technology to support writing and proofreading.

Week 4 - Thursday 27th February 2024

Assistive Technology and AI

Assistive technology can play an important role in supporting dyslexic learners. This session will cover a range of topics, including the different types of assistive technology and free software available to help overcome any difficulties associated with reading, writing and language processing.

Week 5 - Thursday 6th March 2024

Study Skills and Revision

This session will focus on practical strategies and tools to help students develop their study skills and revision techniques. The session will cover organisation skills, managing workload, using course specification for revision topics and developing effective study habits for achieving academic success.

Week 6 - Thursday 13th March 2024

Managing Maths

Around 60% of people with dyslexia are thought to have maths learning difficulties and many people have maths anxiety. This session will look at the challenges that dyslexic learners face when it comes to processing mathematical information and offer practical tips to support their learning. It will cover multi-sensory strategies to support retrieval of maths facts, as well as, developing a better understanding of mathematical concepts. Useful resources and games will be demonstrated to aid the completion of maths tasks at home and in the classroom.

SEND FACULTY NEWS cont.

YOUNGMINDS

fighting for young people's mental health

Parents Helpline and Webchat

Youngminds offer three different services to parents and carers who are concerned about their child's mental health, up to the age of 25.

If you need urgent help, we also have information that can support you: [Urgent help information](#)
Parents Helpline and Webchat (please click on the links)

1. [Parents Helpline](#)
2. [Parents Webchat and Email service](#)
3. [Using our Parents Helpline services](#)



Financial support and guidance: turn2us

turn2us wants everyone in the UK to have financial security so they can thrive. They offer support to those of us facing financial shocks and together they challenge the systems and perceptions that cause financial insecurity. Turn2us is governed by a board of trustees and run by Turn2us management. They have been fighting UK poverty since 1897.

Use the Benefits Calculator or Grants Search to find out what help you can get: click [here](#)



Lambeth Parent Forum

Lambeth Parent Forum are a group of parents and carers of children and young people with additional needs and disabilities aged 0 to 25 in the London Borough of Lambeth. We work with local authorities, education, social care, health and other providers.

Membership of Lambeth Parent Forum is free and we do not ask anything of you unless you want to become involved in Forum activities and consultations.

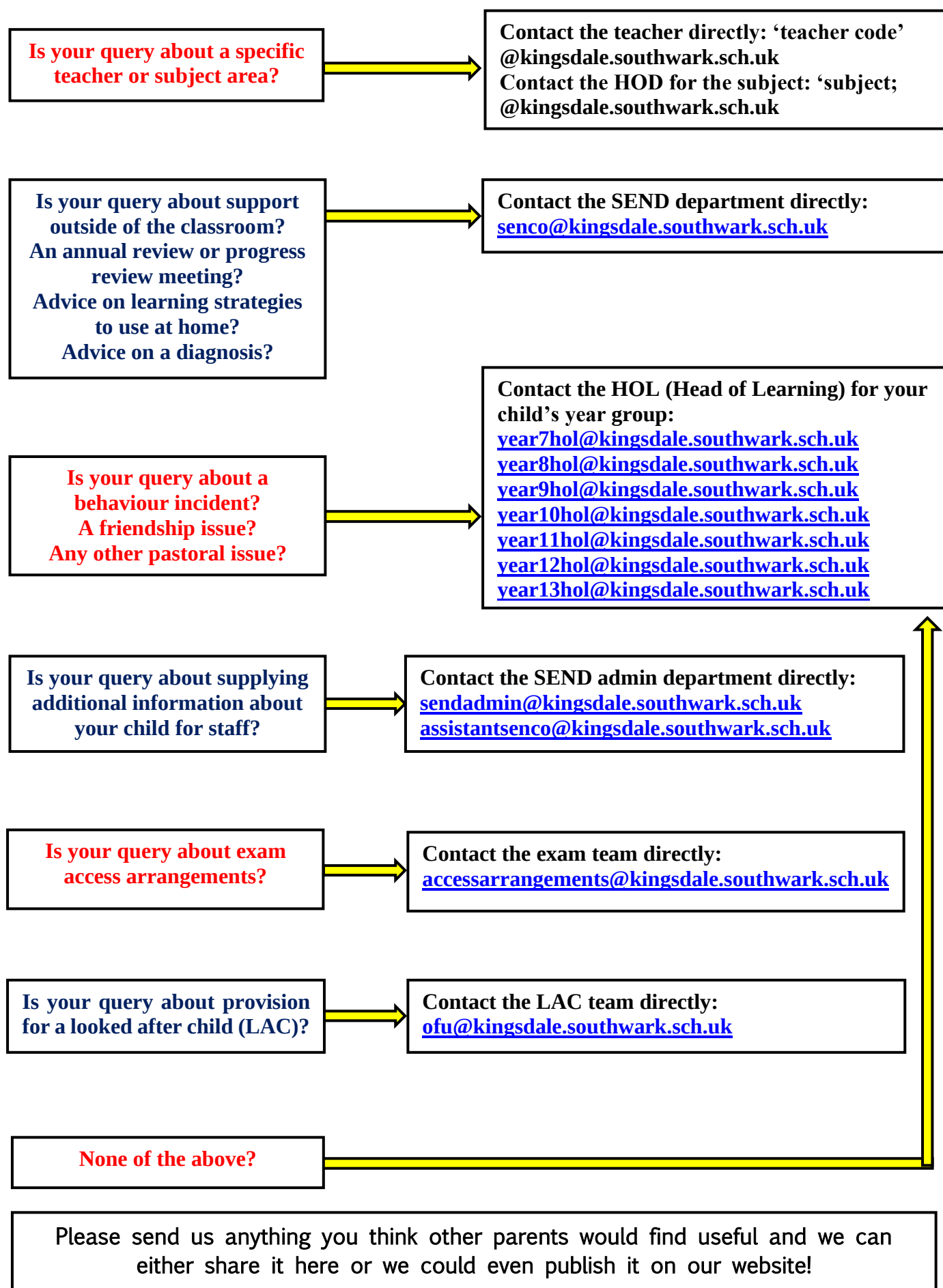
We are funded by a grant from the DfE and are currently supported by Contact in Lambeth.

We are part of The National Network of Parent Carer Forums (NNPCF).

To sign up please: [Click here](#)

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



Get Rid of and Donate is a charity that are proud to be the first award winners of Lambeth Council's winners of the Climate Change Award 2024. They want to extend their work to more secondary schools in Southwark & Lambeth. The Kingsdale community can help them.

Parents can donate and drop off to the school at Main Reception, for the notice of Mr Lewis and/or Ms Dalrymple.

Get Rid of and Donate collects unwanted clothes (**not school uniform – send this to KFS Uniform Bank**), shoes, small kitchen and household textiles, bedding, curtains, personal cosmetics, musical instruments electrical/ gadgets, IT equipment, toys, books, garden equipment etc.

We want to support the reduction of risk of any contamination or viruses and as such, all items **MUST BE** in good condition and clean.

ITEMS SHOULD BE DONATED IN BAGS FOR LIFE OR BOXES - NO PLASTIC OR WASTE BIN DISPOSAL BAGS

Get Rid of and Donate **DO NOT ACCEPT** the following items:

1. **Used Baby Items** - baby bottles, steamers, teething rings, bowls & cutlery, potties, baby baths, changing mats, baby underwear & socks, baby bedding, sleeping suits, baby/Children bike or car seats
2. **Old/damaged/stained bed sheets & pillowcases or duvets** - (will collect only if in good condition)
3. **Damaged Kitchen/houseware** - any broken or items with missing items, porcelain ornaments, framed pictures, ceramic cups, and drinking glasses.
4. **Commercial Publications** - magazines, newspapers, season wrapping paper, trees or decorations
5. **Specific Plastic Items** - plastic bags, clothes hangers, food containers, bottles or plates
6. **Animal Items** - cat litter trays, baskets, housing, play toys, dog cages (only new items accepted)
7. **Out of Date Food**
8. **Certain Furniture** - furniture made of MDF, dismantled furniture
9. **Damaged/Faulty Appliances/Electronics** - items that are faulty, damaged or not working.



Get Rid of and Donate rescues unwanted items – preloved good quality clothes, shoes, household/textiles, books, toys, tech/electrical, furniture, musical equipment/music/cd/DVDs and more recycling giving back to those in need.

Join our campaign to help those in need, making an impact and support GROAD's global green agenda in local communities.

Something that you no longer want can still be used by someone else giving a 2nd or 3rd life span!

Donations benefit the beneficiaries of the project refugees, asylum seekers, vulnerable families and the homeless.

The UK creates 26 million tons of waste, of which 14 million ton end up in landfill sites. *Landfill is the second most used waste treatment in the UK in 2018 with 23.6% of waste sent to landfill. We all have contributed to this in some way.

The alternatives are the three R's - Reduce, Reuse and Recycle! 

 @Getridofit
 @getridofitanddonate
 @groadonate_cic
 @groadonate_cic

Join us in our mission to others help and Get Rid of and Donate.

07944 102 112

info@getridofit-donate.com
 www.getridofit-donate.com

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS



International Day of Women and Girls in Science

The International Day of Women and Girls in Science is celebrated annually on February 11th to recognise and promote the achievements of women in STEM (Science, Technology, Engineering, and Mathematics). Established by the United Nations in 2015, this day highlights the contributions of women in Science, while raising awareness of the gender gap that still exists in research funding, career progression, and STEM-related fields.

Despite progress, women remain underrepresented in areas such as artificial intelligence, engineering and computer science. This day serves as an opportunity to encourage young girls to explore careers in science and advocate for equal opportunities in STEM.

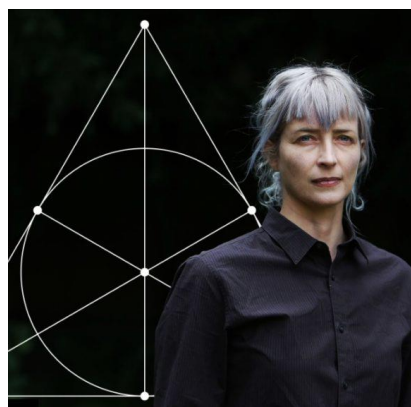
Inspirational women in science include:

Donna Strickland

Nobel Prize-winning physicist recognised for her work with high-powered lasers, contributing to technologies like laser eye surgery.

Cohl Furey

A researcher at Cambridge University, known for her work on complex mathematical systems used to understand black holes and the universe.



STUDENT TASK: Create a piece of original artwork celebrating the theme of: 'Inspiring women and girls in Science'.

HOW TO ENTER: Submit your entry to the House Team: housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your **full name** and **tutor group**.

Safer Internet Day 2025 | Tuesday 11 February

Coordinated by the UK Safer Internet Centre

saferinternetday.org.uk

What is Kingsdale doing for Safer Internet Day 2025?

Safer Internet Day 2025 will take place on the **Tuesday 11th February 2025**, with celebrations and learning based around the theme 'Too good to be true? Protecting yourself and others from scams online' taking place nationally in the UK.

At Kingsdale, throughout the week, there will be a range of activities during lessons, assemblies and tutor time which will provide opportunities for students and staff to have meaningful and honest conversations around the use of the internet and developing and new technologies; Artificial Intelligence (AI) included. The aims of Safer Internet Day is to always highlight the positives about being online, but equally, expose the pitfalls. Parents and Carers can find more information about Safer Internet Day, please CLICK [here](#)

JOIN THE BIG CONVERSATION this week!

Here are **FIVE** conversation starters which can kickstart your discussions with your child at home about Safer Internet Day 2025:

Thought-Provoking Questions

1. How has the internet positively impacted your daily life?
2. What is one thing you wish more people understood about staying safe online?
3. How can artificial intelligence (AI) be used to make the internet safer?
4. How do you decide what personal information is safe to share online?
5. Have you ever experienced or witnessed online misinformation? How did you respond?

Students can gain valuable House points for your House by responding to **ONE** of the questions above.

HOW STUDENTS CAN ENTER: They can submit an entry to the House Team via: housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your **full name**, **tutor group** and **House**.



Down

- 1 Never share your _____ or your account could get hacked.
- 2 Not everything you see online is true. Only trust information from a _____ source.
- 4 Emails or links may contain harmful _____ that can damage your devices or steal your information.
- 6 When you use apps and websites, you leave behind a digital _____.
- 8 If you see something online that upsets you or makes you uncomfortable, _____ it.

Across

- 3 Only visit safe _____ that a trusted adult has checked first.
- 5 Never forward _____ messages.
- 7 Check with an adult before you _____ anything as it could damage the computer.
- 9 Only talk online to _____ you know and trust.
- 10 Never give out your personal _____.

TASK: Safer Internet Day 2025 will take place on the 11th of February 2025, with celebrations and learning based around the theme 'Too good to be true? Protecting yourself and others from scams online'. Complete the crossword about online safety.

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your full name and tutor group.

HOUSE COMPETITIONS cont.



LGBT+ History Month:

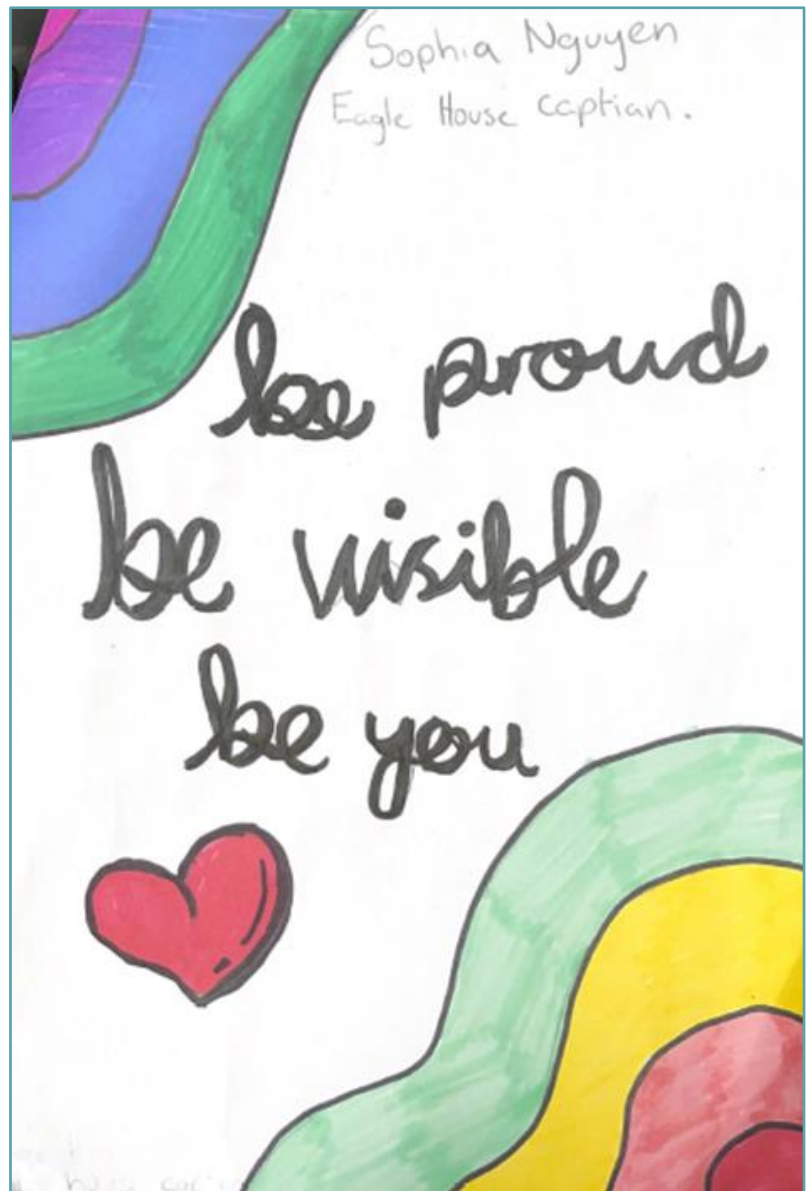
Celebrating Inclusivity at Kingsdale

LGBT+ History Month is a time to celebrate diversity, promote inclusion, and educate young people about the experiences and contributions of the LGBT+ community.

While the event began in the US in 1994, it was introduced in the UK in 2005 by educators and activists Sue Sanders and Paul Patrick as part of the *Schools Out UK* initiative.

This programme works to ensure schools are welcoming environments for everyone, regardless of gender identity or sexual orientation.

As part of our commitment to inclusivity, Sophia Nguyen from Eagle House has designed a poster that reflects our school's dedication to fostering a supportive and accepting community. We encourage everyone to take this opportunity to learn, reflect, and celebrate the diversity that makes our school stronger!



Sophia Nguyen
Eagle House Captain – Year 7

What Parents & Educators Need to Know about SCAMS AND FAKE NEWS

WHAT ARE THE RISKS?

"Fake news" refers to falsified or misleading material presented as a legitimate account of events. It's often used by malicious actors online to push an agenda, or even by criminals as a way of making scams more persuasive. Scammers can trick us into handing over personal information, security details and even our hard-earned cash.

"CLICKBAIT" PHISHING SCAMS

A message arrives saying "Have you seen this video of yourself?" or you might be sent an attention-grabbing headline about a celebrity that's been shared on social media. This kind of "bait" is produced by scammers to drive us to click on an unsafe link, where malware could be downloaded to our devices. These scams rely on our curiosity and our "need-to-know" instinct.

SALES, DEALS & DISCOUNTS

Some scams appear as adverts, offering a chance to buy something – such as designer products, expensive gadgets or tickets to a popular show – at a reduced price. Such plays often include a time limit or countdown, urging us to hurry so we don't miss out on the deal. This pressure encourages us to input personal details or payment information before pausing to check if it's legitimate.

YOU'RE A WINNER!

This kind of scam involves fake giveaways, opportunities or freebies. It could be a message saying we've won a prize draw or competition. Or it could be a gift, free trial, bonus credit, and suchlike. It might claim that a package or refund is waiting. All these techniques are used to prompt us to share our personal information, thinking that there's something to be gained by doing so.

FALSE FRIENDSHIPS

Scammers often pretend to be someone they're not to gain their victims' trust. They might attempt to convince any children they connect with that they're a child of similar age with shared interests. Warning signs include a high volume of messages (often with an intense tone), secrecy, inappropriate levels of intimacy, guilt tripping, emotional manipulation, threats or blackmail.

PANIC MODE

To trigger a sense of panic, scammers may claim that a child's account has been hacked, or a virus has been installed on their device, or any number of other scary scenarios. They may claim to be able to fix the problem or offer a solution – if the child hands over control of the device or sensitive information. Similar scams involve impersonating a friend or relative, claiming that they're in trouble and need help.

FAKE CELEBRITY ENDORSEMENTS

Impersonating influential people online is a common tactic for scammers, who can use technology to create fake photos, audio and even videos that look authentic. These can be used to convince us, for example, to buy products, sign up for so-called "business opportunities" or invest in cryptocurrency schemes – all of which are fake or otherwise malicious. Many scams also involve the impersonation of popular companies' social media accounts, as well as those of individuals.

Advice for Parents & Educators

STAY INFORMED

Stay up to date with the latest information and best practice on cyber-security. See what scam stories are reported in the news and make note of what tactics were used. Keep up with young people's digital lives: talk about what they're doing online and use properly endorsed resources to learn what risks certain sites and apps pose to their younger users.

ENCOURAGE HEALTHY SCEPTICISM

Most scams rely on emotional or psychological manipulation, tapping into our human instincts – whether that's to keep ourselves safe, help others, find answers, make friends, avoid losing out or to secure something we really want. Encourage children to recognise that pressure to act and to always consult with an adult – especially if what's on offer sounds too good to be true.

TALK TOGETHER

Chat often and openly with young people about fake news, online scams and how they both work. Encourage them to talk to you about anything they're unsure of or worried about online. If a child claims to have been scammed, don't pass judgement. Blaming the victim may deter young people from asking you for help. Remember: adults are scammed just as often, if not more.

BE PROACTIVE

Children increasingly use digital devices for education, socialising, shopping and play. Don't wait for a problem to arise before you discuss the risk of scams, false information and fake news. Highlight what to look out for and clearly communicate under what circumstances the child ought to speak to an adult. Finally, ensure that they're aware of the support services that are available to them (such as Childline).

Meet Our Expert

Dr Holly Powell-Jones is the founder of Online Media Law UK and a leading expert in digital safety, media law and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal and ethical considerations for the digital age. Visit OnlineMediaLaw.co.uk for more.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/fake-news-and-scams>

SPORTS FIXTURES

Monday 10th February 2025

- Under-15s English Schools' Girls' Football away match v Presdale School. Leave school at 11.15am. Start 1.45pm. Return at 6.15pm approx.: **Mr Jones/Mr Price**
- Under-12s Boys' Hockey away match v St Dunstan's College. Leave school at 3.40pm. Start 4.30pm. Return at 5.45pm approx.: **Mr Pizzey/Mr Jones (Parent)**

Tuesday 11th February 2025

- Under-15s Boys' Football B Team away match v Hampton School. Leave school at 1pm. Start 2.30pm. Return at 6pm approx.: **Mr Foster/Mr Price**
- Under-13s Boys' Football away match at Burgess Park against The City of London Academy. Leave school at 1.30pm. Start 2.30pm. Return at 5pm approx.: **Mr Johnstone**
- Under-16s Boys' Basketball away match at v Dunstan's College. Leave school at 3pm. Start 4pm. Return at 5.45pm approx.: **Mr Hall**

Wednesday 12th February 2025

- Under-14s Boys' Hockey away competition. Venue TBC. Leave school at 9am. Start 10.30am. Return at 3.30pm approx.: **Mr Pizzey/Mr Price**
- Under-16s Mixed Girls'/Boys' 'Day of Dance' at The Irie Dance Theatre. Leave school at 8am. Start 10am. Return at 3.30pm approx.: **Ms McGregor/Ms Dookey**

Thursday 13th February 2025

- Under-15s Boys' Handball away competition at Carshalton Boys' College. Leave school at 11am. Start 12 noon. Return at 4pm approx.: **Mr Roberts/Mr Foster**

Friday 14th February 2025

- Under-12s to Under-16s Girls'/Boys' Southwark Schools Cross Country at Dulwich College (Trevor Bailey Sports Ground). Leave school at 12 noon. Start 1pm. Return at 3.30pm approx.: **Mr Jones/Mr Price**

Please note that fixtures may be postponed or rearranged due to waterlogged or frozen pitches.

Extra Fixtures may be organised at short notice.

All fixtures can be viewed via the link below:
<http://www.kingsdaleschoolsports.org.uk>



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents & Educators Need to Know about Fake News'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. See page 23 above.

The House Leader Board 2024-25

Week ending
7th February 2025

- 1st Place – Dove 60,293 points
- 2nd Place – Swift 58,875 points
- 3rd Place – Falcon 56,806 points
- 4th Place – Albatross 56,395 points
- 5th Place – Eagle 56,192 points

Dove is winning the race this month but there is still plenty of time left to catch them!



Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Kingsdale Foundation School, Alleyn Park, Dulwich, London, SE21 8SQ

Web: www.kingsdalefoundationschool.org.uk Tel: 0208 670 7575 (To report student absence use Option 2)