

PARENTAL NEWS BULLETIN

Issue 20 Monday 23rd February 2026

HEADLINE NOTICES

Second Spring Half-Term Monday 23rd February – Friday 27th March

The school re-opens following the half-term holiday on Monday 23rd February 2026 for the second Spring half-term for all students at the usual times. We look forward to another busy and productive half-term.

House Excellence Award



Ryan Dempsey, Year 10, has won the House Excellence Award. He was nominated by the Senior Leadership Team.

Ryan has displayed real maturity in his behaviour and attitude across the school this year. We have been particularly impressed by his engagement with the exchange programme with the visiting Chinese students. Ryan has proven himself

to be an excellent representative of the Kingsdale community. Well done, Ryan!

Year 7 & 8 Book Swap in Support of the National Year of Reading 2026

Please be reminded of our exciting Book Swap initiative which will be continuing to roll out over the Spring and Summer terms 2026. We are committed to the core belief that regular and varied reading remains central to supporting students' achievement, critical thinking and wider well-being.

The next Year 7 & 8 Book Swap event will take place on **Thursday 19th March 2026** in the Lower School Library (LSL) after school at 3.40pm for Year 7 students and 4.10pm for Year 8 students.

Students are encouraged to bring in a book from home during tutor time to exchange, although borrowing remains open to all students regardless of whether they bring a book to swap. Please encourage your child to participate in this event. For more information, please see Page 4 below.

Year 9 Drama Performances

Please see Page 2 for details of three exciting Year 9 drama performances which are open for students and parents who study Year 9 drama. No ticket required. Year 8 students interested in potentially taking GCSE Drama and their parents can also attend by contacting Mr Golding via qgg@kingsdale.southwark.sch.uk

THEME OF THE WEEK

Submission to the Will of God – The Holy Month of Ramadan: *'Faith is to believe what we do not see, and the reward of this faith is to see what we believe.'*

WORD OF THE WEEK

Serenity

The quality of being peaceful and calm.'

'The beautiful garden filled him with a sense of serenity.'

BREAKING NEWS

KFS Music Department Highly Commended in National Music and Drama Education Awards!



In a glittering ceremony in central London, on the evening of Friday 12th February, the KFS Music Department were **Highly Commended** silver medallists in the category of Outstanding Music Department at the national Music & Drama Education Awards. We were deemed the best secondary school music department in the country, and judges highlighted the exceptional number of music activities including free scholarships for students. Congratulations are extended to the music staff. However, we were not alone in our amazement that the top award went to the only primary school teacher of the 9 finalists, who thoroughly deserved the award for best primary school music staff.

Kingsdale Valentine's Concert Thursday 26th February 2026

Don't forget that our Valentine's Concert returns at 6pm on Thursday 26th February. This is a concert in which students, staff, community members and alumni perform. We have a number of spaces reserved for parent and community acts. Please email performarts@kingsdale.southwark.sch.uk if you or anyone you know would like to join us to perform at this special event.



THE CRUCIBLE

THURSDAY 26TH FEB
5PM

LET THE
RIGHT
ONE IN

THURSDAY 26TH FEB
6PM



ANYONE'S
GUESS HOW
WE GOT HERE

FRIDAY 27TH FEB
5PM

ALL PERFORMANCES AT THE THEATRE (DRB) - TICKETS ARE FREE



SOUTHWARK SUSTAINABLE LONDON COMPETITION

Congratulations to the following Year 10 students who on the 12th February 2026, represented Kingsdale Foundation School at the Semi Finals of the Southwark Sustainable London Competition 2026. Our two teams (EnviroJet & Kind Closet) presented their projects on ways to protect the environment and the boys' team placed 2nd overall for their innovative and global idea to save the environment.

EnviroJet Team: Robin Fuller, Tom Beaugie, Liam Owen and Max Dolerius

The boys team - EnviroJet - focused on planes and fuelling becoming more sustainable, converting wind energy to battery use at cruising altitude after using take off fuel.

Kind Closet Team: Esira Hall, Aneliese Chikwendu, Imaan Warner, Anastasia Mensah, Precious Hayford and Shakyra McKitty

Through their website, the girls' team, Kind Closet, focused on fast fashion and ways of reducing the amount of landfill created by discarded fashion as well as ways of creating biodegradable plastic.

Both teams presented their projects with enthusiasm and energy the 'Kingsdale way'. Well done to all who took part!



Part of the National Year of Reading 2026



Parent Engagement with Book Swaps

We would like to continue inviting families to donate suitable books to support this initiative. Donations can be handed in at the Main School Office or at the collection point in the Main School Entrance between 8.10am and 9.05am daily. Your contributions help us maintain a varied and engaging selection of texts for students to enjoy.

We continue to ask that all students carry a reading book in their bag at all times, as this supports a range of reading activities across the school day.

As part of our commitment to involving the whole school community, we are inviting parents and students to recommend books they feel would be valuable further additions to our libraries. Please use the link [here](#) to share your suggestions and join us in shaping a diverse and exciting reading collection.

Book Recommendations

We have been sharing book weekly recommendations with students via the school's morning tannoy system. We have also sent a list of recommended books to parents.

Reading Clubs

We are also pleased to announce two new initiatives launching in Spring Term 2026:

Peer Reading:

Selected Year 7 students are taking part in 1:1 reading sessions with trained Year 11 mentors, supporting confidence, fluency and enjoyment of reading.

Book Clubs:

A weekly lunchtime club led by our librarian, where students share recommendations, discuss books and explore new authors in a relaxed and supportive setting. If your child is interested, please contact the English faculty via english@kingsdale.southwark.sch.uk

Author Events

Looking ahead, we are excited to share that a series of author events is planned for March, giving students the chance to hear directly from writers about their work and the importance of reading. Further details issued separately.

When?	What?	Year Group?
Friday 27 th February	Tia Fisher (author of <i>Crossing the Line</i>) narrative poetry workshop	Year 9
Tuesday 3 March	Angie Thomas assembly and Q&A on ' <i>The Hate U Give</i> '	Year 10
Tuesday 3 March	Angie Thomas assembly and Q&A on ' <i>Nic Blake</i> '	Year 7

Go All In

The theme of the National Year of Reading is Go All In, reconnecting reading with the things that already inspire us – from playlists and football matches to films, science, art, food and family time. It's reading that fits how we live, not the other way around.

Integrating with this theme, we are launching our Go All In Reading Quest this year. Each subject is allocated a half term period to promote reading activities in their subject.

The Maths faculty will take the lead in the Spring half-term 2 and we will inform you in due course on all the different activities on offer for students.

Use of Libraries

All students are encouraged to visit the library to explore the new collection and borrow books regularly. The Upper School Library and Lower School Library are both accessible to students before school (8am onwards), after school (until 5pm) and during lunch times.

Thank you once again for your continued support of our reading initiatives. We look forward to sharing further developments in March 2026, as the National Year of Reading progresses and we celebrate World Book Day at Kingsdale Foundation School.





Kingsdale Winter Concert

On Thursday 29th January 2026, the Music Department was delighted to host the annual Winter Concert. This involved the Kingsdale ensembles putting on an incredible evening celebrating music that spanned different genres, historical eras and countries. This was the first concert back in the Kingsdale Pod after an almost 2 year hiatus during which time we went on tour to Dulwich College and Fairfield Halls. From a 2 person Harp Ensemble to a 70 person Choir and Orchestra collaboration, there was a fabulous range of performances at an exceptional standard from everyone on the night.

Congratulations to all involved and thank you to all who came to vociferously enjoy the event, including parents, staff and other community members – your ongoing support is greatly appreciated by Music students and teachers.

NATIONAL APPRENTICESHIP WEEK

9-15 February 2026

#NAW2026



We are also working with the National Careers Hub, who are following a new series of 'Spotlight Webinars', offering pupils and students direct insight into apprenticeship pathways across a wide range of sectors. Each session includes employer insight, application tips, and apprentice voices.

These sessions are particularly valuable for:

- Broadening awareness of technical and apprenticeship pathways
- Giving students practical insight into vacancies, applications and real apprentice experiences

Upcoming Spotlight sessions:

- Engineering, Transport & Logistics – 3rd February 2026 [Register here](#)
- Finance, Professional & Business Services – 9th February 2026 [Register here](#)
- Life Sciences – 11th February 2026 [Register here](#)
- Apprenticeship Applications (How to apply) – 12th February 2026 [Register here](#)
- Public Service – 3rd March 2026 [Register here](#)
- Frontier Innovation & Tech – 17th March 2026 [Register here](#)
- Experience Economy & Hospitality – 31st March 2026 [Register here](#)
- Frontier Innovation – Green Sector – 13th May 2026 [Register here](#)
- Creative Industries – 16th June 2026 [Register here](#)

W/b Monday 9th February was National Apprenticeship Week at KFS!

Students who were unable to attend any of the sessions can access the recordings via the links below:

National Apprenticeship Week Parent and Carer Webinar: Understanding Apprenticeships [Click here](#)

Date of Session: Monday Feb 9, 2026 06:30 PM

Time for Change: Make it an Apprenticeship
Join us this National Apprenticeship Week to discuss the importance of Level 2 and 3 apprenticeships. [Click here](#)

Date of Session: Tuesday Feb 10th, 2026 01:00 PM

National: IBM, Apprenticeship and Post-School Internship Application Masterclass [Click here](#)

Date of Session: Thursday 12th Feb 10:00AM - 11:30AM

Below are also some useful links both students and parents interested in finding out more about Apprenticeships.

<https://www.apprenticeships.gov.uk/apprentices>

<https://www.amazingapprenticeships.com/zones/student/>

<https://www.amazingapprenticeships.com/zones/parent/>

SCHOOL NEWS

Mental Health & Well-Being Weekly Focus for Students: Social Connection

This week's mental health & well-being focus for students is 'Social Connection'. Social connection is essential for our mental health, providing a sense of belonging that can reduce anxiety, depression, and loneliness while boosting self-esteem and emotional resilience. Strong social ties for students can act as a protective factor, improving academic performance and fostering better coping mechanisms for stress.

Young people can foster mental well-being by building social connections through joining interest-based clubs, volunteering and initiating meaningful conversations with peers. Through activities such as these, loneliness can be reduced, self-esteem improved and essential emotional support can be found.

Key Mental Health Benefits

- **Reduced Anxiety and Depression:** Strong social networks significantly lower levels of distress, with studies showing that, in some cases, higher school connection predicts lower future rates of anxiety and depression
- **Increased Self-Esteem and Confidence:** Positive peer relationships provide a sense of belonging and validation, which improves confidence and self-worth
- **Enhanced Resilience:** Students with robust social support are better equipped to handle academic pressure, personal challenges, and, in some cases, peer rejection.
- **Reduced Loneliness:** Active participation in clubs, sports, or with friends combats isolation, which is a major risk factor for mental health struggles

Mechanisms of Support

- **Extracurricular Activities:** Participation in sports, music, and arts builds team spirit and allows for shared successes
- **Peer Support:** Shared experiences and mutual understanding among peers create safe spaces to discuss struggles
- **Supportive Environments:** Schools that foster inclusive, connected communities help students feel safe and valued

Weak social connection is strongly linked to higher rates of school dropout, lower achievement, and poorer mental health.

Please contact **Ms V. Turner** via mentalhealth&wellbeing@kingsdale.southwark.sch.uk for further information on our mental health & well-being offer for students.



MATHS NEWS

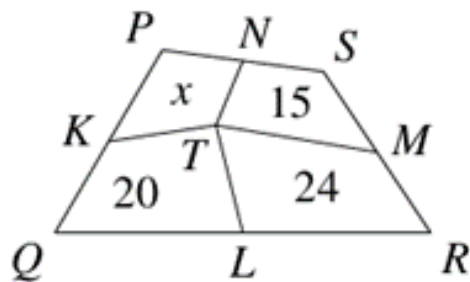


UK Maths Trust

UKMT Intermediate Maths Challenge Results

Congratulations to our Year 9, 10 & 11 students who achieved outstanding scores in the recent Intermediate Maths Challenge; a national competition arranged by the UK Mathematics Trust.

The Intermediate Mathematics Challenge is an annual competition designed to provide students with opportunities to apply their problem-solving skills in solving a range of questions, such as:



The points K , L , M and N are the midpoints of the edges of the quadrilateral $PQRS$, as shown.

T is a point inside the quadrilateral. The quadrilaterals $KQLT$, $LRMT$ and $MSNT$ have areas 20, 24 and 15 respectively.

What is the area of the quadrilateral $NPKT$?

- A 10 B 11 C 12 D 13 E 14

Over 60% of our candidates achieved top results! Further, congratulations go to Hannah Souster, who secured the highest score in school. Several students have also been invited to participate in the 'Kangaroo' follow-on rounds.

Students with Bronze, Silver and Gold certificates are listed to the right of this article. All participants will receive a participation certificate. Well done young KFS mathematicians!

Name	Certificate
Alex Coletti	Bronze
Aminah Bisette	Bronze
Andreas Loucaides	Silver
Arhan Dodhya	Gold Best in Year
Arlo Milton	Silver
Camille Westmacott	Silver
Daniel Sevostyanov	Silver
Dtonmai Satitkit-Foster	Silver
Eli Milne	Silver
Evelyn Armbrust	Silver
Evelyne Galbraith	Silver
Felix Plant	Silver
Filippo Rama	Bronze
Gabriel Osborn	Bronze
Grace Onuba	Gold
Hannah Souster	Gold Best In School
Harris Dickie	Silver
Holly Williams	Silver
Huxley Chapman	Silver
Isa Abdur-Rahim	Silver
Ismail Francis	Gold
Jakub Magiera	Bronze
Jonah Garrahan	Silver
Karina Heywood	Silver
Konev Anton	Gold
Ksenija Harris	Silver
Lisa Chantry	Gold
Loic Spall	Bronze
Lucian Brooks	Gold
Luka Belgrave	Silver
Marcel Albert-Preskett	Bronze
Martha Rhodes	Silver
Matilda Cotton	Silver
Matvey Serebryannikov	Silver
Olivia Tare	Bronze
Oscar Hamilton	Silver
Oscar Chhatwal	Gold
Ptolemy Reed	Gold Best in Year
Raffaella Picca	Bronze
Rebecca Esayas	Silver
Rim Watili	Bronze
Ryan Jones	Gold
Sami Harris	Bronze
Samuel Dale	Silver
Sharp Finlay	Silver
Sophia O'Brien	Bronze
Spike Townend	Silver
Tyler Ficher Akinsanya	Bronze
Woody Vestlund-Wright	Bronze
Zi Yue Cheong	Silver

3 Day Creative Studio at Camberwell College of Arts

18, 19, 20 February (half term)
10.30am-4.30pm

Explore different approaches to drawing in two and three dimensions using a range of traditional and unconventional materials and methods

Apply using the QR code here!



Who can take part? Eligibility criteria

All applicants must:

Be studying GCSE Art & Design or Design & Technology at a UAL Outreach partner school or college in London

You must meet 1 or more of the following criteria:

- you are currently in or have been in care
- you live in a priority postcode area
- you live in a household that receives benefits for living costs
- have no parent or guardian that has completed a university degree

*Please provide accurate information when you apply.

Any questions?

Get in touch on
outreach@arts.ac.uk

ual:



Young Artists' Summer Show 2026

We are encouraging students to submit artwork to the Royal Academy Student Summer Show. The school is registered for applications and students can speak to their Art teacher for support.

The Young Artists' Summer Show is a free, open submission exhibition for young artists aged 4–18 living and studying in the UK.

Students can submit one artwork for consideration which will be judged by a panel of artists and arts professionals. Selected artworks will be displayed at the Royal Academy of Arts either onsite or online. The RA will award prizes for inspiring artworks.

How to enter

From 5 January 2026, teachers will be able to register their school. Next, teachers and parents/guardians can submit artworks via the RA website until 4 March 2026.

Important dates

5 January – 4 March 2026
Registration and submission open

May 2026
Judging

14 July 2026
Online exhibition opens

14 July – 30 August 2026
Display at the RA open

Sign up and find out more
roy.ac/youngartists
[@royalacademyarts](#)

Made possible by Robin Hambro

RA Royal Academy of Arts

KFS Year 10 Girls Dominate Southwark Futsal Tournament!



Kingsdale Year 10 girls delivered a sensational performance at the Southwark Futsal Tournament, hosted by St Michael's Catholic College last week, competing against strong opposition from St Michael's, COLA, and Borough Academy.

The Kingsdale squad showed skill, teamwork and relentless energy throughout the day. Playing each team twice in a demanding 6-game campaign, the girls navigated their way to an incredible 5 wins and just 1 loss, finishing top of the table with 18 points and being crowned tournament champions

The team showed resilience, composure and attacking flair, making Kingsdale proud with their performance, attitude and sportsmanship throughout the tournament.

Biggest win: An emphatic 8-0 victory over Borough Academy

Only defeat: A narrow 0-1 loss to St Michael's in their second encounter

Overall record: 5 wins | 1 loss | Tournament winners!

This achievement was driven by a brilliant team effort from:

Betsy Trupp, Martha Beattie, Caliyah Byfield, Lisa Chantry, Nancy Frost, Cecilia Hollowell, Sofia Jex, Clemence Kennedy and Dorothy Wallis. Well done all!

Under-16s Boys Notts Open Championship Hockey Kingsdale v Reigate Grammar

On Thursday 5th February 2026, in Round 2 of the Notts Open Hockey Championship, the KFS Under-16s Boys travelled to Reigate. Throughout the whole game, play was very close between both teams with equal chances in the first half but no score from either side. It was a nerve-wracking start, with Reigate hitting the post a few times coming close to taking the lead. At the start of the second half, it was again end to end and very close. However, Reigate hit the post again for a third time showing more opportunities to score. Shortly after they hit the target following a quick attack and then again in quick succession they scored again.

Final Score: Kingsdale 0-2 Reigate Grammar

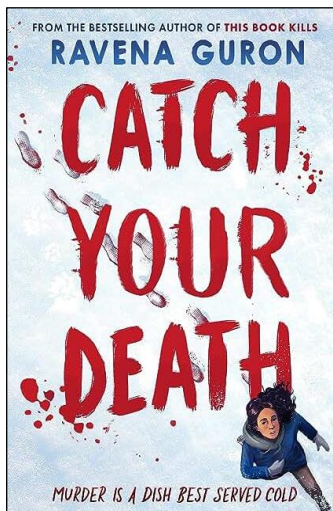
Player of the Match: Albie B.

Team sheet: Frank Whitehead, Albie Beech, Rufus Lewis, Dominic Rooks, Daniel Coggins, Ryan Jones, Jake Milton, Cas Sarshar, Morgan Stacul, Joseph Ayora Vanegas, Flo Ewen, Tolly Reed, Tom Beaugie and Danny Jones

**SUBMIT HAND-WRITTEN BOOK REVIEWS TO
ENG. DEPT,
WIN BOOK TOKENS AND OTHER PRIZES!**

Reading Recommendations

Student Recommendation



Elia Grey, Year 7 recommends, *Catch Your Death* by Ravena Guron.

When three girls are stranded at the grand Bramble Estate in the middle of a snowstorm, they stumble into a murder plot.

Someone has poisoned wealthy Emily Vanforte

in the middle of a family dinner - which means Devi, Lizzie and Jayne are trapped in the house with a killer and a mystery to solve. With knives under floorboards, vanishing guns and secret passages in the walls, no one is safe and everyone is a suspect. But in a house of liars and corruption, will the girls save themselves...or learn to fit in?

Elia found the protagonist strangely relatable and really enjoyed the rich use of language!

Suitable for Year 7 students and older!

CALENDAR 2025-26

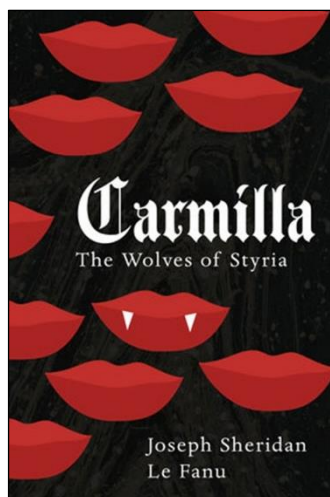
You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team at attendance@kingsdale.southwark.sch.uk



Teacher Recommendation



Ms Santana recommends the gothic classic, *Carmilla* by Joseph Sheridan Lee Fanu

Carmilla is a Gothic novella first published in 1872, preceding Bram Stoker's *Dracula* by 25 years.

The story is narrated by Laura, a young woman living in a remote castle in Styria with her father.

Their quiet life is disrupted when they take in a mysterious and beautiful girl named Carmilla after a carriage accident. As Carmilla becomes a part of their household, Laura begins to experience strange dreams and a sense of being watched. Over time, it becomes apparent that Carmilla is a vampire preying on Laura.

The novella explores themes of female sexuality, forbidden love, and the supernatural, building a tense and eerie atmosphere as the true nature of Carmilla is revealed.

Ms Santana adored the immersive setting and intriguing characters.

Some dark themes; best suited for students in Year 11 and upwards!

SPRING TERM 2026

Half-Term Holiday

Monday 16th February – Friday 20th February

Second Spring Half-Term

Monday 23rd February – Friday 27th March

SUMMER TERM 2026

First Summer Half-Term

Monday 13th April – Friday 22nd May

Monday 13th April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 4th May 2025

Half-Term Holiday

Monday 25th May – Friday 29th May

Second Summer Half Term

Monday 1st June – Friday 24th July

Friday 24th July INSET DAY

School closed to students except by invitation

2026/27 Term Holiday dates now published [here!](#)



Inclusive Martial Arts Sessions for SEND Children & Young People

A series of free, inclusive martial arts sessions in Southwark designed for children and young people with additional needs.

These sessions are welcoming to neuro-divergent and disabled participants and offer a fun, supportive space to be active, build confidence, develop coordination, and meet peers.

- In Southwark (location details provided when booking)
- Runs in March 2026 (multiple sessions throughout the month)
- Free to attend, but booking is essential

Book your place [here](#)

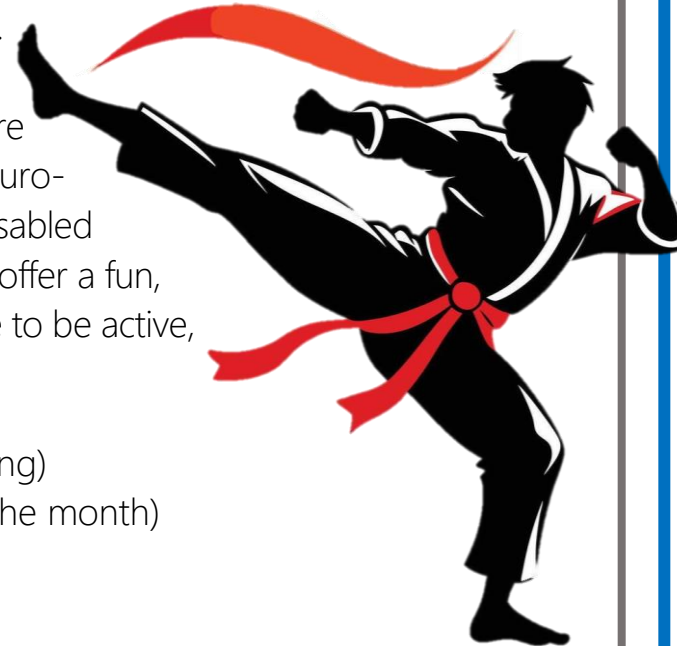


Supporting Communication at Home

Elklan "Let's Talk" Parent Training offers practical training for parents and carers of children and young people with speech, language and communication needs. While often associated with younger children, the strategies are highly relevant for secondary-age students, particularly those who struggle with understanding language, expressing themselves, organising ideas, or managing social communication.

The training focuses on everyday, realistic strategies that parents can use at home, including supporting conversations, building vocabulary, improving understanding of instructions, and reducing communication breakdowns. Courses include clear guidance and resource workbooks, helping parents feel more confident supporting their child's communication alongside school and therapy input.

Find out more and explore available parent courses [here](#)



Croydon Multi-Sport SEND Festival

Wednesday 19 February

New Addington Leisure & Community Centre, Croydon

Families may be interested in the Croydon Multi-Sport SEND Festival, a free and inclusive event for children and young people with SEND.

The festival offers a range of accessible sports and physical activities in a relaxed, supportive environment. It's a great opportunity for children to try new activities at their own pace, build confidence, and for families to connect with local SEND services and organisations.



For more information and event details, please visit:

<https://news.croydon.gov.uk/children-and-young-people-invited-to-croydons-free-multi-sport-send-festival/>



Information and Local Offers

The Learning Support department would like to remind you that you can find lots of useful information in our SEND Policy and Report which can be found here:

<https://kingsdalefoundationschool.org.uk/information/statutory/> under the 'SEND Policies & Report' tab.

You can also find out information regarding your local SEND offer here:

- Southwark: <https://localoffer.southwark.gov.uk/>
- Lambeth: <https://www.lambeth.gov.uk/lambeths-send-local-offer>
- Lewisham: <https://lewisham.gov.uk/myservices/children-and-young-people-service/local-offer>
- Croydon: <https://www.croydon.gov.uk/children-young-people-and-families/special-educational-needs-and-disability-support/local-offer-special-education-and-disability-support-directory>
- Bromley: <https://www.bromley.gov.uk/special-educational-needs-disability-send-local-offer>
- Wandsworth: <https://fis.wandsworth.gov.uk/kb5/wandsworth/fsc/localoffer.page?jsessionId=E8917B191BB385C792E73B8A458458B2?newfamilychannel=2>
- Merton: <https://directories.merton.gov.uk/kb5/merton/directory/localoffer.page?localofferchannel=0>



REGISTER TO ATTEND

EHCP POST-16 SCHOOL TRANSITION



For SOUTHWARK young people,
parents & carers

Are you a young person with an EHCP due to start a new post-16 educational setting in September 2026?
YES!

Do you have concerns about the setting named in your young person's EHCP (Education, Health and Care Plan)?
YES!



FOR SOUTHWARK YOUNG PEOPLE, PARENTS & CARERS WITH AN **EHCP** STARTING A **POST-16** EDUCATIONAL SETTING IN **SEPTEMBER 2026**

SESSION DATE

ONLINE

Thursday 16th April 2026
12:30pm - 2:00pm
Microsoft teams

This sessions will provide you with impartial advice, including how to make an appeal to SENDIST (the Special Educational Needs and Disability Tribunal)

CONTACT

For more information contact the SIAS Team

✉ sias@southwark.gov.uk

☎ 020 7525 3104

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.

Is your query about a specific teacher or subject area?

Contact the teacher directly: 'teacher code' @kingsdale.southwark.sch.uk
Contact the HOD for the subject: 'subject; @kingsdale.southwark.sch.uk

Is your query about support outside of the classroom?
An annual review or progress review meeting?
Advice on learning strategies to use at home?
Advice on a diagnosis?

Contact the SEND department directly: senco@kingsdale.southwark.sch.uk

Is your query about a behaviour incident?
A friendship issue?
Any other pastoral issue?

Contact the HOL (Head of Learning) for your child's year group:
year7hol@kingsdale.southwark.sch.uk
year8hol@kingsdale.southwark.sch.uk
year9hol@kingsdale.southwark.sch.uk
year10hol@kingsdale.southwark.sch.uk
year11hol@kingsdale.southwark.sch.uk
year12hol@kingsdale.southwark.sch.uk
year13hol@kingsdale.southwark.sch.uk

Is your query about supplying additional information about your child for staff?

Contact the SEND admin department directly: sendadmin@kingsdale.southwark.sch.uk
assistantsenco@kingsdale.southwark.sch.uk

Is your query about exam access arrangements?

Contact the exam team directly: accessarrangements@kingsdale.southwark.sch.uk

Is your query about provision for a looked after child (LAC)?

Contact the LAC team directly: ofu@kingsdale.southwark.sch.uk

None of the above?

Please send us anything you think other parents would find useful and we can either share it here or we could even publish it on our website!

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



Education from
the National
Crime Agency

CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

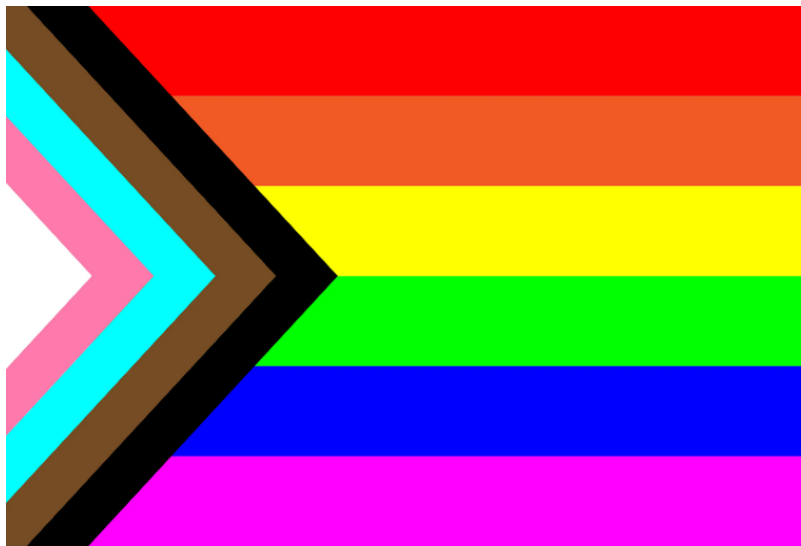
LGBTQ+ HISTORY MONTH



LGBTQ+ History Month

February is LGBTQ+ History Month, which is a time to promote the history and celebrate the lives of lesbian, gay, bisexual and transgender people. The + is an inclusive symbol to mean 'and others' to include people of all identities.

For some people, having their sexual or gender identity celebrated or accepted hasn't always been easy and being gay in the UK was once illegal. For many people it's still very difficult to talk openly about their sexuality because of fear of what people might say or think. However, due to changes in laws and attitudes, life has become much easier for the LGBTQ+ community - although in some places there is still work to be done.



STUDENT TASK: Create a piece of original artwork on the theme of: LGBTQ+ History Month.

HOW TO ENTER:

Submit your entry to the House Team:
housesystem@kingsdale.southwark.sch.uk
 Ensure your entry is accompanied by your full name, tutor group and House.

HOUSE COMPETITION



Kingsdale Cooking Challenge: World Nutella Day

Joshua Charles Elvidge, Year 7, in Swift House recently took part in Kingsdale's Cooking Challenge and submitted a crepe recipe along with some cooking instructions. It's a brilliant recipe with very clear instructions. Thank you so much for sending these in and for your contributions towards Swift House.

"I wanted to share a super yummy crepe recipe with you! It's one of my favourites, and I think you'll love it too. Here's how to make it:

First, you need to get a big bowl and put some flour and a pinch of salt in it. Make a little hole in the middle. Then, add some eggs, melted butter, and a bit of sugar if you want. Start whisking everything together, beginning from the centre, and slowly pour in some milk while you mix. Keep stirring until the batter is nice and smooth. Once it's all mixed, cover the bowl and let it sit for two hours.

When you're ready to cook, heat up a small pan (about 15 cm or 6 inches) and use a paper towel to spread a bit of oil on it. Pour a ladle of the batter into the pan and tilt it around so the batter spreads out evenly. Cook the crepe until the surface looks cooked, then flip it over and cook the other side for about a minute, or until it's a light golden colour. Keep doing this until you've used up all the batter.

Now for the toppings!

I like to use frozen cherries that I've cooked in apple and elderflower juice with some sugar to make a compote. Then, I add a bit of Greek yogurt and some Nutella.

You can stack the crepes on a plate and add your favourite toppings too.

I hope you enjoy making and eating these crepes as much as I do!"



Nutella





Why?

The expansion of the online world, including the rise of the dark web and social media, has made it increasingly easier to sell and buy drugs with limited risk of getting caught. With many children and young people now browsing the internet via their own tablets and mobile phones, the digital world has allowed drugs to become more accessible to a younger audience. There are four main reasons why a young person may choose to access drugs online.

Anonymity

The 'dark web' has become an infamous place where illegal drugs are regularly traded. The 'dark web' is a part of the internet which cannot be indexed by search engines, allowing users to communicate through encrypted messages, and to buy and sell anything with anonymity. The secrecy provided for customers using the dark web removes the need for any direct interaction with dealers, making it an appealing option for children to purchase drugs without anybody finding out. Packages ordered online will be delivered by the postman in discreet packaging and will arouse little suspicion from parents.

Accessibility

Many young people are purchasing drugs online because of how easy it is to access them. Any prescription drug is available over the internet without the need for a prescription or proof of age. Many websites that are based overseas, such as India and China, deliver to the UK, opening up the door to many more prescription drugs being available.

Availability

Websites which sell these substances can often resemble common online marketplaces (such as eBay) and feature customer reviews, giving young people the ability to choose their drugs based on the thoughts and feedback of other people who have tried it. There are even YouTube channels dedicated to their hosts reviewing the drugs they have purchased on camera.

Appealing designs

There are many online drug sellers that use popular culture in their drug designs to encourage a young audience to purchase their products, replicating well-known brands/icons such as Fortnite, Snapchat, Rick & Morty, and Instagram amongst many others.

What are the dangers?

It's against the law

Online or offline, it is illegal to possess, supply, import or export and unlawfully produce Class A, B, and C drugs. It is also an offence to produce, supply, possess, import or export psychoactive substances. A psychoactive drug is any form of substance intended for human consumption that is capable of producing a psychoactive effect. Although this excludes substances such as alcohol, tobacco and nicotine, it is still illegal for anyone under the age of eighteen to purchase these substances.

You don't know what you're buying

Buying drugs online from unregistered sources, such as purchasing through the dark web, can be extremely dangerous with fatal consequences. The strength of drugs can vary massively from batch to batch, and they are not subject to any form of testing or quality control. Additionally, drugs are very rarely exactly what they are advertised as being and are frequently cut with other substances to bulk them out and increase the profit margins of the dealers throughout the supply chain – it is no different within the online marketplace.

Personal and financial risk

Due to the anonymity that the dark web offers, it has become a venue for criminal activity – including selling and purchasing illegal drugs. Buying drugs from the dark web is a risk as your personal and financial details could be exploited by criminals. However, this also counts for the 'open' web too. Not all drugs are illegal and can easily be found and purchased, however, this still puts your personal and financial details at risk.

Did you know?

- ▶ The UK is one of the biggest global purchasers of drugs on the dark web.
- ▶ Around 800 cases of posted drugs via RoyalMail were reported in 2018.
- ▶ Two of the biggest dark net marketplaces – Silk Road and AlphaBay – have been shut down by international law enforcement but new sellers will always appear.
- ▶ In 2018, students from the University of Manchester were jailed for up to 15 years for selling £800,000 worth of drugs on the dark web.

What parents can do

Conversation & monitoring

It's crucial that you have honest and frequent conversations with your child about their activities (online and offline) and general wellbeing. We believe it's important to have age-appropriate conversations about the consequences of taking drugs, including the possibility of jail time and the dangers of overdosing. As a parent or carer it's important to be one step ahead. Make sure you know enough about the topic to talk to your child in an informed way. Websites such as www.talktofrank.com can help. In addition to this, advise your child to ignore emails advertising cheap medication and explain how medication should only be bought from registered online pharmacies with verification logos if necessary. It's important to monitor their online activity to spot if they are purchasing or selling drugs online. Keep track of their online conversations as well as their internet searches – look out for keywords such as "buying drugs" if you are suspicious of drug use. Lastly, look out for changes in behaviour that could point to drug use.

Discuss the law with your child

Ensure that your child knows the laws surrounding buying and selling drugs. You can get a fine or prison sentence if you take, carry, make or sell drugs or psychoactive substances. It is illegal for anyone under the age of eighteen to possess an illegal substance and they can be charged if caught with drugs, whether it's theirs or not. Ordering a controlled drug, such as morphine or methadone, over the internet risks prosecution. Importation of drugs, which refers to receiving drugs from a foreign website, can be treated as a possession or supply offence, although you can still potentially be charged for a supply offence if purchasing online from within the UK. It is also considered a supplying offence to share or sell amongst a small group of friends.

This guide was created in association with Leicestershire Police



Leicestershire Police
Protecting our communities



National Online Safety®

SOURCES

<https://www.independent.co.uk/news/uk/crime/drugs-dark-web-net-online-sales-uk-biggest-global-survey-research-law-a8341966.html>
<https://www.theguardian.com/science/2013/apr/19/online-high-net-drugs-deal> | <https://www.talktofrank.com/news/buying-medicines-online>
<https://www.telegraph.co.uk/news/2018/12/16/royal-mail-reports-rise-dark-web-drug-dealers-using-postal-system/> | <https://www.drugwise.org.uk/what-are-the-uk-drug-laws/>

SPORTS FIXTURES

Monday 23rd February 2026

- Under-13s Girls' Hockey Away Match v Streatham and Clapham High School. Leave school at 1.30pm. Start 2.30pm. Return at 4.30pm approx.: **Ms Jaymes**
- Under-13s Girls' Touch Rugby Home Match v James Allen's Girls School. Start 3.45pm. Finish at 4.45pm approx.: **Mr McWhirter**

Tuesday 24th February 2026

- Under-15s Girls' Football Away Match v Kings Langley (St Albans). Leave school at 11am. Start 1.30pm. Return at 6pm approx.: **Mr Jones/Mr Dash**
- Under-18s Girls' Away Hockey Match v St Dunstan's College. Leave school at 3.30pm. Start 4.30pm. Return at 6.30pm approx.: **Ms Jaymes**
- Under-13/14s Girls' & Boys' Table Tennis Trials in Gym 1. Start 4pm. Finish at 5pm approx.: **Mr Dash**

Wednesday 25th February 2026

- Under-13/14s Girls' & Boys' Table Tennis Trials in Gym 1. Start 4pm. Finish at 5pm approx.: **Mr Dash**

Thursday 26th February 2026

- Under-15s Boys' Surrey Schools Rugby 7s Festival at Park Avenue Trinity. Leave school at 8am. Start 9.30am. Return at 4.30pm approx.: **Mr McWhirter**

Friday 27th February 2026

- Under-13s Boys' Football B Team Quarter Finals Away Match v Tunbridge Wells Grammar School for Boys. Leave School at 11.30am. Start 2pm. Return at 5.30pm approx.: **Staff TBC**

Please note that fixtures maybe postponed or rearranged due to weather conditions.

<http://www.kingsdaleschoolsports.org.uk>

Work Experience Help

As shown by the careers fair, the Kingsdale parents are our best asset in terms of giving access, insight and opportunity to our students. Our Year 12's will soon be looking for work experience opportunities.

All placements are appreciated, as while many of our students have networks through family and friends, not all do so any help is appreciated to ensure all students have work experience arranged, a boost for both their personal horizons and their UCAS/Apprenticeships applications.

If you or your employer would be interested in hosting a Kingsdale student, please contact Mr Burke at jbu@kingsdale.southwark.sch.uk

HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'Leicestershire Police: Online Drugs Trade.' Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. See Page 21 above.

The House Leader Board 2025-26

Week ending

13th February 2026

- 1st Place – Swift 73,933 points
- 2nd Place – Dove 73,804 points
- 3rd Place – Falcon 72,980 points
- 4th Place – Albatross 72,561 points
- 5th Place – Eagle 72,425 points

Half-way through the year and still all to play for in this very close race from top to bottom!

Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

Kingsdale Foundation School, Alleyn Park, Dulwich, London, SE21 8SQ

Web: www.kingsdalefoundationschool.org.uk Tel: 0208 670 7575 (To report student absence use Option 2)