



PARENTAL NEWS BULLETIN

Issue 2 Monday 9th September 2024

HEADLINE NOTICES.

Open Days Academic Year 2024-25

We would welcome any parents who would be prepared to speak briefly (five minutes maximum) about their positive experiences of the school at one of our Open Days scheduled to take place throughout the Autumn term. A full list of open day event dates is available on our website [here](#).

If you are willing and able to contribute to one of our Open Days please email **Mr Harding, Deputy Headteacher**, via dhg@kingsdale.southwark.sch.uk



School Photographs

School photographs for students in Years 7, 8 and 10 have now been taken. The photographs for the remaining year groups are scheduled take place as follows:

Monday 9th September 2024 – Year 9

Monday 16th September 2024 – Year 12

Thursday 19th September 2024 – Year 11

Friday 20th September 2024 – Year 13

Please ensure that your child is aware of the day that their school photograph is to be taken. Arrangements for photographs for siblings and further details issued separately by Heads of Learning.

Arrangements on how to obtain your child's photo once taken have been issued separately.

Please address any queries regarding school photographs to Ms Otubu, via email eous@kingsdale.southwark.sch.uk

Mobile Phone Policy 2024-25

Please be informed that our amended student mobile phone policy has now come into force. As part of this revised approach, Year 7 students are not permitted to be in possession of a smart phone whilst on the school site and may only have a registered traditional/brick phone.

Students in Years 8-11 may be in possession of a smart phone which cannot be used or be on display at any time whilst on the school site. Devices used in contravention of this policy may be confiscated. Please refer to our full policy [here](#).



THEME & WORD OF THE WEEK

The Kingsdale Community –
“Community is a place where people come together in order to fulfil a specific purpose, to help others fulfil their purposes and to take care of one another.”

Sobonfu Somè

Prudence

The state of being careful in the management of affairs.

SCHOOL NEWS

Local Road Closure at Hunts Slip Road

Please be advised that at this time, there is no access to cars and other vehicles to Hunts Slip Road while important changes to the road layout take place.

As part of these changes, a new & separated cycle lane will be installed, coming into operation in the late Autumn term. Parents are asked to ensure that this traffic disruption is factored into their child's journey each day, to ensure that they are not arriving late to school.

Please also ensure that students who walk or cycle to school through the Hunts Slip Road area take particular care when moving through the affected works area and stick clearly to demarcated and safe paths.



School Uniform (See Page 5)

Further details about our school uniform, including our PE kit, can be accessed [here](#). You can also access our online shop [here](#). We also encourage parents to use our sustainable Uniform Bank which contains many items of pre-worn clothing to help supplement student uniform requirements.

Opening times are 3.45-4.45pm each Monday, Wednesday and Friday.

Please contact **Mr Lewis** via jls@kingsdale.southwark.sch.uk



Year 6 Summer School 2024
From the 29th July to 9th August 2024 over 300 students came to our annual Year 6 Summer School. Students enjoyed activities such as learning languages, music, art, circus skills, sports and games and many other lessons besides.

This was a great opportunity to get to know the school, make new friends and learn new skills and it was a really positive, enjoyable and constructive 2 weeks for all involved! We finished each week with trips to Chessington World of Adventures and Legoland Windsor respectively, with students taking full advantage of the opportunity to explore the theme parks with their new friends.

A massive thank you goes to all of the staff who gave up their holiday to support what is a really important fortnight in preparing our incoming students for their new school.



The Year 7 Art Scholarship selection process for the 2024-25 year intake will be taking place shortly after the Autumn half-term break.

Over the next couple of weeks all Year 7 students will have sat a practical Art exam during their Art lessons. Any student who believes they might be at, or near the expected standard for an Art Scholarship, are invited to bring in a portfolio of artwork. The portfolio might consist of drawings, paintings, photography, textiles 3D work (photos only) and digital work. A maximum of twenty pieces of work can be submitted and the work should have been produced in the past two years.

If a student wishes to be considered for a scholarship which focuses on photography, then we would expect to see a portfolio of at least 20 images, presented with annotation to explain how they shot the images and what the ideas behind the images were. This portfolio can be presented digitally and should be emailed to the class teacher.

Your child should give their clearly named portfolio to their Art teacher during the first week back after half-term (W/b Monday 4th November) and no later than Friday 18th November 2024.

Please ensure that your child collects their portfolio from their Art teacher during their art lesson W/b Monday 18th November 2024. For more information, please watch a supporting video, which will explain the process in more depth and shows you some examples of what we are looking for. This year we are only offering Scholarships rather than Gifted and Talented places, which are referred to in the video. You can access the video [here](#).

All the work produced so far in Art lessons and for Art homework, along with the Art exam and the portfolio, will be used to identify potential Art/Textiles/Photography/Graphics Scholars.

Parents will be notified by letter by 25th November, if their child has been selected for the Art Scholarship programme. If your child has been selected, they will be invited to attend one of our Art, Textiles, Graphics and Photography Scholarship clubs. The first Year 7 Scholars' Club will take place on Tuesday 26th November 2024 in room AR4 between 3.45 & 4.45pm. Attendance to these clubs is not compulsory, but students who regularly attend, will be given priority to participate in other Art related activities and workshops.

If students are not successful, there are other clubs that are offered within the Art Department, that any student regardless of ability can participate in. Further details regarding all Art clubs has been issued separately. Please address any queries to artd&t@kingsdale.southwark.sch.uk



Les Misérables School Musical Auditions!



YEAR 7 Auditions

will be held on:

**Thursday 19th
September**

In Autumn 2024, the Kingsdale Foundation School Drama and Music Departments are proudly staging Alain Boublil and Claude-Michel Schönberg's 'Les Misérables' The Musical.

Context of the show

Les Misérables is set in early 19th-century France, and follows the character Jean Valjean, a French peasant, and his desire for redemption, released in 1815 after serving nineteen years in jail for stealing a loaf of bread for his sister's starving child. Although set hundreds of years ago, its themes are universal; we still live in a world dogged by inequality, poverty, and injustice. If all art is political, then Les Mis is a piece of theatre that wants to help you escape difficult times, but also make you question the present by looking at a long-lost past.

If your child would like to audition for the show or if you would like any more information on the auditions, click the link below to find the audition information and **parental consent sign up** form where you can pick an audition day.

[Click here](#) to go to find audition information and sign-up form.

For any other questions or queries, please contact Mr Tilley, Miss Hatton, or Miss Miles:

tty@kingsdale.southwark.sch.uk

ihn@kingsdale.southwark.sch.uk

wms@kingsdale.southwark.sch.uk

PE Department Extra-Curricular Sports Activities Timetable - Autumn Term 2024-25

Activity	Time	Venue	Staff
Monday			
Fitness – Boys and Girls Year 8 and 10	12:00-12:45pm	Fitness Suite	Mr Roberts
Hockey – Mixed – Year 8&10	12:00-12:45pm	Astro	Mr Pizzey
Basketball – Mixed – Year 9	12:55-1:40pm	Sports Hall	Mr Hall
Rugby – Girls – All Years	3:45-5:15pm	Playing Fields	Ms McErlain
Football – Boys – Year 11	3:45-5:15pm	Astro	Mr Price & Mr Pizzey
Tuesday			
Table Tennis – Mixed – Y8, 9 & 10	8:10-8:50am	GM1	Mr Price
Football – Boys – Year 9	8:00-8:50am	Astro	Mr Foster
Dance – Mixed – Technique – Year 8 and 10	12:00-12:45pm	Dance Studio	Ms McGregor
Fitness – Boys and Girls Year 9	12:55-1:40pm	Fitness Suite	Mr Lord
Dance – Mixed – Technique – Year 9	12:55-1:40pm	Dance Studio	Ms McGregor
Cycling – Mixed – All Years - TBC	3:00-5:00pm	Herne Hill Velodrome	Mr Johnstone
Basketball – Girls – Year 7 & 8	3:45-5:00pm	Sports Hall	Mr Worsley & Mr Roberts
Football – Girls – Year 10 and 11	4:10-5:15pm	Astro/Playing Fields	Mr Dash
Dance – Mixed – Contemporary – Year 7 and 11	3:45-5:00pm	Dance Studio	Ms Dookey
Dance – Mixed – Contemporary – Year 8, 9 and 10	4:15-5:15pm	Dance Studio	Ms Dookey
Wednesday			
Football – Boys – Year 10	8:00-8:50am	Astro	Mr Foster, Mr Johnstone
Horse Riding – Mixed- Year 7	10:45-12:15pm	Dulwich Stables	Ms McGregor
Sports Scholars – Mixed – Year 7 and 11	11:05-11:50am	Sports Hall	Mr Fitchett, Mr Price, Mr Lord
Hockey – Mixed – Year 7	11:05-11:50am	Astro	Mr Pizzey
Table Tennis – Mixed – Year 7 and 11	11:05-11:50am	Gym 1	Mr Bash
Fitness – Boys and Girls Year 11	11:05-11:50am	Fitness Suite	Mr McWhirter
Horse Riding – Mixed- Year 7	12:45-2:15pm	Dulwich Stables	Ms McGregor
Football – Mixed – Sixth Form	1:50-3:40pm	Playing Fields	Mr Price
Rugby – Mixed Sixth Form	1:50-3:40pm	Playing Fields	Mr Worsley
Beach Volleyball – Mixed Sixth Form	1:50-3:40pm	Crystal Palace	Mr Pizzey
Table Tennis – Mixed – Sixth Form	1:50-2:45pm	GM1	Mr Dash
Fitness – Mixed – Sixth Form	2:50-3:40pm	Fitness Suite	Mr Dash
Rugby – Boys – Year 7	3:45-4:45pm	Playing Fields	Mr Worsley
Rugby – Boys – Year 8&9	4:10-5:15pm	Playing Fields	Mr Roberts & Mr Lord
Archery – Mixed – Year 7	4:00-4:45pm	Gym 2	Mr Pizzey
Archery – Mixed – Year 8	4:45-5:30pm	Gym 2	Mr Pizzey
Netball – Girls – Year 7	3:45-4:40pm	Sports Hall	Ms McErlain & Mr Smith
Netball – Girls – Year 9&11	4:40-5:30pm	Sports Hall	Ms McErlain & Mrs Sinclair
Football – Girls – Year 8&9	4:10-5:15pm	Astro	Mr Dash & Mr Jones
Thursday			
Football – Boys – Year 8	8:00-8:50am	Astro	Mr Johnstone
Netball – Girls – Year 8&10	12:00-12:45pm	Sports Hall	Mrs Sinclair, Mr Foster & Ms McErlain
Sports Scholars – Mixed – Year 8&10	12:00-12:45pm	Astro	Mr Worsley, Mr Jones & Mr Fitchett
Dance – Street Dance – Mixed – Year 7 and 11	3:45-5:00pm	Dance Studio	Ms McGregor & Ms Dookey
Dance – Street Dance – Mixed – Year 8, 9 and 10	4:15- 5:15pm	Dance Studio	Ms McGregor & Ms Dookey
Football – Girls – Year 7	3:45-5:00pm	Astro	Mr Jones & Mr Foster
Basketball – Mixed – Year 10 and 11	3:45-5:00pm	Sports Hall	Mr Fitchett & Mr Hall
Friday			
Basketball – Boys – Year 7 & 8	7:45-8:50am	Sports Hall	Mr Lord
Rugby – Boys – Year 10&11	8:00-8:50am	Astro	Mr McWhirter
Recreational Football – Boys – Year 7	11:05-11:50am	Astro	Mr Dash & Mr Price
Fitness – Boys and Girls Year 7	11:05-11:50am	Fitness Suite	Mr Lord
Sports Scholars – Mixed – Year 9	12:55-1:40pm	Sports Hall	Mr Price & Mr Hall
Hockey – Mixed – Year 9	12:55-1:40pm	Astro	Ms Marshall & Ms McErlain
Swimming – Mixed – Year 7	11:15-1:45pm	Crystal Palace	Mr Jones
Football – Boys – Year 7 A and B Squad	3:45-5:00pm	Astro	BDH, DFR, JPE

Kingsdale Foundation School Extra-Curricular Sports Clubs

The Sports Faculty at Kingsdale Foundation School are delighted to welcome our students to school after the Summer break and announce that our Extra-Curricular Sports Programme for the Autumn term will commence on Monday 9th September and is now open for bookings. Please be advised that all of our clubs are free. However, students will be required to submit a completed parental consent form before attending sessions held before or after school. Please be aware that students are not required to have parental consent to attend any of our published lunchtime clubs.

If your child wishes to attend any of our sports clubs, please follow the link below where you will be able to access further information and a consent form for your child's chosen sports club(s). When booking please note those activities that have limited numbers per session and where arrangements for allocating students to sessions varies from that of many of our other clubs. All students attending our clubs must do so in full school PE kit which they are permitted to wear to school in addition to those days when they have timetabled PE lessons.

Please be advised that those students attending in non-school uniform PE kit will not be allowed to participate and will be sanctioned as they would if attending a lesson in non-school uniform items. As always, all students are invited to attend our clubs, and we very much look forward to celebrating the achievements and successes of our students during this academic year.

LINK to school website Extra-Curricular Sports page

<https://forms.office.com/Pages/ResponsePage.aspx?id=MXLFNSSR3kSVFlxpQFISZi1Q1rWwAatFg4t0UruzeTNUQUpLTFdQM1ZHvUw1MEJLRTlyTDhNRUIWOC4u>

Please do not hesitate to contact Ms Turner at pe@kingsdale.southwark.sch.uk should you require any further information regarding the sports programme.



FUN FOOTBALL SESSIONS FOR EVERY GIRL



**FOR GIRLS
AGED 5 - 11**



TIME AND DATE

Every Monday (17:00 - 18:00)



COST

FREE



LOCATION

BURGESS PARK ASTRO TURF, COBOURG ROAD, SE5 0JB

WHO WE ARE

THE PE & SCHOOL SPORTS NETWORK



**FOR GIRLS
AGED 12 - 14**



TIME AND DATE

Every Monday (17:00 - 18:00)



COST

FREE



LOCATION

BURGESS PARK ASTRO TURF, COBOURG ROAD, SE5 0JB

WHO WE ARE

THE PE & SCHOOL SPORTS NETWORK



NEXT STEPS

head to www.Englandfootball.com/participate/women-and-girls/Play to book your first session or contact us to find out more:

Joe Howard (joe@lpessn.org.uk)

SCAN ME FOR WILDCATS

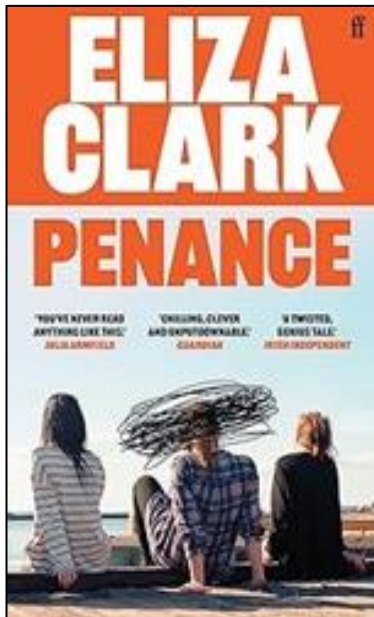


SCAN ME FOR
SQUAD GIRLS' FOOTBALL



#LET
GIRLS
PLAY





Teacher Recommendation
Mr Lewis recommends ***Penance*** by Eliza Clarke

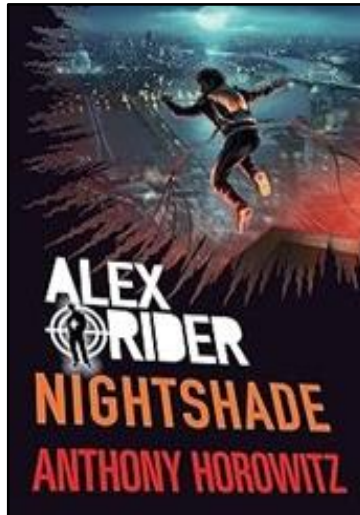
It's been nearly a decade since the horrifying murder of sixteen-year-old Joan Wilson rocked Crow-on-Sea, and the events of that terrible night are now being published for the first time.

That story is *Penance*, a dizzying feat of masterful storytelling, where Eliza Clark manoeuvres us through accounts from the inhabitants of this small seaside town. Placing us in the capable hands of journalist Alec Z. Carelli, Clark allows him to construct what he claims is the 'definitive account' of the murder - and what led up to it.

The only question is: how much of it is true? Ms Lewis was fascinated by the book's clever commentary on society's obsession with true crime.

Some very dark themes; only suitable for students in Year 10 and over!

Reading Recommendations



Student Recommendation

Our first book recommendation this year comes from Keshawn Spencer, Year 7, who heartily recommends ***Nightshade*** by Anthony Horowitz

In this adrenaline-fuelled adventure in the number one bestselling series, Alex Rider is sent by MI6 Special Operations to

infiltrate a new and sinister organisation known only as *Nightshade*. Alex is on his own, with the fate of thousands of people resting in his hands.

Keshawn really liked this book, having reread it over the summer because 'it's just got so much action in it!' Suitable for all students from Year 7 upwards!

CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email

tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

AUTUMN TERM 2024

First Autumn Half-Term

Tuesday 3rd September – Friday 18th October

Half Term Holiday

Monday 21st October – Friday 1st November

Second Autumn Half-Term

Monday 4th November – Friday 20th December

SPRING TERM 2025

Friday 3rd January INSET DAY

School closed to students except those in Year 11

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

SEND FACULTY NEWS

Welcome from the Learning Support Faculty!

The Learning Support Faculty would like to welcome everyone back to the school and we hope everyone has enjoyed their time so far.

We would like to introduce our fantastic team to you and let you know a little bit about what we do.

- Director of English and Learning Support: Ms G. Smith
- SENCO: Ms S Jarada
- Assistant SENCO: Ms M. Thorn
- SEND Consultant: Ms L. Dadkhah
- SEND Consultant: Ms C. Francis-Finch

The Waves of Intervention model are used at Kingsdale Foundation School, with a particular focus on Wave 1: Quality First Teaching. Our staff are given regular CPD opportunities by specialists within the Learning Support Faculty, from external agencies and within faculties and pastoral teams. Students who require additional support may be allocated a Teaching Assistant (TA) to supplement the teaching and input they receive. Students who require access arrangements for examinations are assessed in line with JCQ guidance.

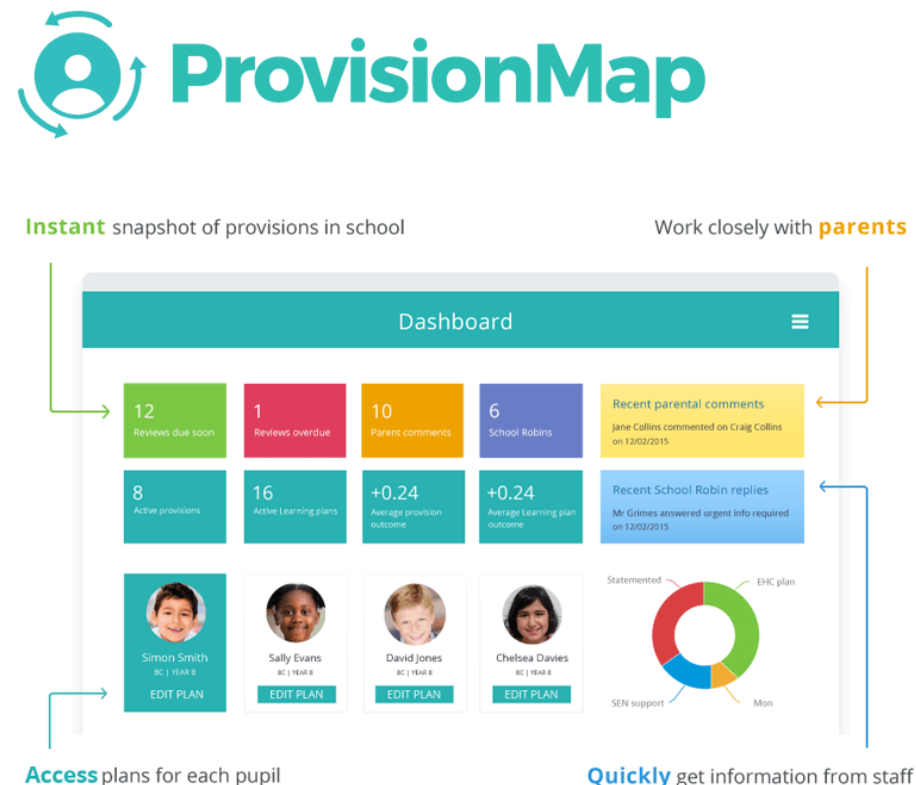
The Learning Support Centre (LSC) is a therapeutic intervention provided to allow students experiencing anxiety to be referred for a period of time. This is a quiet space for students to work and be supported by teachers and TAs. Students have access to learning mentors, counsellors, and an art psychotherapist through a referral procedure in line with their needs. The SEND provision in lessons is monitored through the quality assurance of teaching and learning procedures

Edukey

As part of the school's focus on Quality First Teaching we have a programme called Edukey. Edukey is a fantastic piece of software for ensuring staff can plan and deliver their lessons effectively for all students.

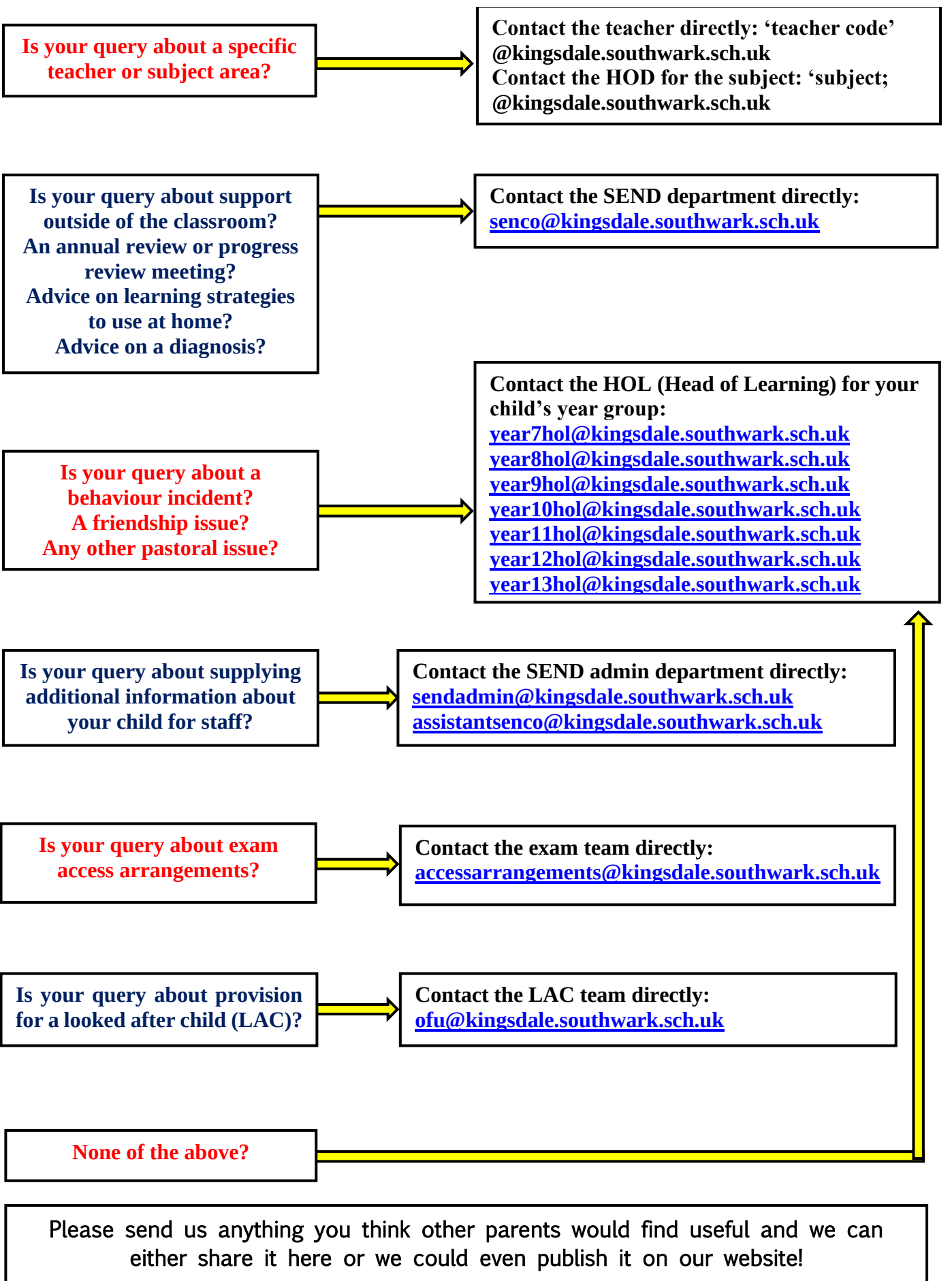
All provision plans for students are uploaded so information is accessible to all staff, including documentation, provision plans, meeting logs and a tool to be able to communicate quickly and easily with the teachers of said pupil.

This also means all staff can be proactive in seeking information relating to each and every pupil's needs.



Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.





Neurodiversity 101: Start Of A New School Term

Welcome back to Kingsdale and Welcome to Kingsdale to our Year 7 students and parents, as we start the new term, please find the advice below from the Neurodiversity 101 Newsletter produced by Prof. Amanda Kirby.



What can you do to make a difference?

Communication with the school

Contact your child's form tutor if you haven't done so and ask to discuss your child's needs and any adjustments that should be in place from day one. Create a document with information about your child's strengths, challenges, and preferences you can share with them. Think about what the areas of greatest demand for your child at this time will be and try and focus on these skills or discuss the support for them.

Create a visual timetable and key information about the school day

Depending on the age of your child create a simplified visual timetable for the school day (if you know what's happening day to day). Post up the names of new teachers. The more information your child has about the school day the less challenging the change will be for them. If you don't have this before the start of the term, try to get this information as soon as they start. Place timetables in the kitchen, and their bedroom so your child can see what is happening across the week.

Practice travelling to school

You could walk/drive or use public transport (whichever method you will use) to practice what will happen for them each day.

New uniforms

If your child has a new uniform and new shoes practice dressing and undressing and dealing with unfamiliar fastenings while there is less pressure for both of you timewise. If they need adaptations for fastenings such as Velcro instead of buttons, make these changes. Marks and Spencer's do an adaptive clothing range.

Label everything and personalise it where possible

Involve your child in choosing and personalising their school belongings so they can recognise them easily such as their school bag, lunchbox, pencil case and other essentials.

This can also create a sense of ownership and excitement about going to school.

Create some social stories

If you use social stories, consider creating a simple story that introduces the school, teachers, and peers, along with expected activities. You can play this with your child to familiarise themselves with the processes.

Connect with classmates

Play-dates in the first few weeks when term has started can help cement friendships.

Keep them short and at a time when your child is not too tired.

Identify comfort items

Encourage your child to select a comfort item or fidget toy they can take to school. Having something familiar can provide comfort during times of stress. This can be something they could keep in their pocket or in their pencil case.

Discuss school routines

Talk with your child about what they're looking forward to at school and what might be worrying them.

Address their concerns and highlight the positive aspects of the school experience. You may want to discuss times that are less structured such as lunchtimes, and break times as these may be more stressful for some children and talk about what they can do if they need some support and how to ask for it.

Practice your goodbyes

If leaving you is hard help your child rehearse saying goodbye and coming up with a routine for drop-offs. Consistency and a positive routine can make farewells easier.

Talk through the day

Transitioning to school can be challenging, but your support and patience are key to helping your child succeed.

Check every day after school how the day's gone. Sometimes, if you are driving home the chat alongside can be easier than face-to-face.

Prepare the night before

Put out clothes the night before school and pack bags and have them ready by the front door. It is really odd but there is more time in the evening than there is in the morning!

Practice your self-care

As the start of the term approaches, make sure to prioritise your own self-care. Your child may pick up on your own feelings of stress too!

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at: <https://www.myedschoolapp.com/>
This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



Education from
the National
Crime Agency

CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS



Kingsdale Cooking Challenge Sourdough September

The ninth month is when the Real Bread Campaign helps you to discover that: Life's sweeter with sourdough!

The aims of **#SourdoughSeptember** are to:

- Share the delicious delights of genuine sourdough
- Encourage more people to bake genuine sourdough
- Celebrate the small, independent bakeries that bake genuine sourdough



STUDENT TASK: Bake your own sourdough – include the recipe and pictures of the sourdough. (Remember to get adult supervision in the kitchen)

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your full name, tutor group and House.

Prizes will be awarded to outstanding entries. We look forward to seeing your work!

Kingsdale Cooking Challenge: Fairtrade Fortnight



FAIRTRADE

**CHOOSE THE WORLD
YOU WANT**

Fairtrade Fortnight 2024 is taking place 9th-15th September 2024. This Fairtrade Fortnight, Fairtrade encourage you to make the small switch to Fairtrade to support producers in protecting the future of some of our most-loved food and the planet.

Climate change is making crops like coffee, bananas, chocolate harder to grow. However, more people choosing Fairtrade means extra income, power and support or those communities.

Source: <https://www.fairtrade.org.uk/get-involved/current-campaigns/fairtrade-fortnight/>



STUDENT TASK: Make a dish using as many Fairtrade ingredients as possible. Send us a picture and a short description of how you made your dish. The most creative dish will win valuable points for your house.

Don't forget to get permission from your parents or carers and have appropriate supervision in the kitchen.

HOUSE ACTIVITY: Submit your picture and recipe to the House Team: housesystem@kingsdale.southwark.sch.uk Ensure your entry is accompanied by your **full name, tutor group and House**.

10 Top Tips for Parents and Educators USING AND REVIEWING PARENTAL CONTROLS

Phones and computers are essential parts of children's lives, but with unfettered internet access comes a multitude of risks. While not foolproof, parental controls can help with this; filtering out inappropriate content, limiting the ability to spend real money, capping screen time and generally making devices safer for young people.

1 KNOW THE TYPES

While parental control software can apply to an entire device, it also pays to know about options on individual apps and websites. TikTok, for example, has Restricted Mode for limiting unsuitable videos, while Snapchat lets you keep an eye on who a child has been talking to. Check the settings of any new app young users want and review your options.

2 COVER ALL DEVICES

Knowing what parental controls cover is crucial, as remaining unaware can run the risk of 'blind spots' in the device's safety measures. Controls on a phone will apply whenever a child's on that device, for instance – but you'll want to ensure that parental controls are set up across any laptops, tablets and potentially other phones, too. Remember, buying a new device may require you to set everything up again.

3 DON'T NEGLECT SHARED TECH

While children often have their own devices, if you have a shared family computer or tablet, for example, you'll need to make sure that's not a weak point in your safety measures. Parental controls for your router, that cover everything connected to your Wi-Fi, are one option – or you can just be thorough with each device and online account. Just ensure that unprotected laptops, phones and tablets are password locked.

4 CONSIDER TIME CONTROLS

Even safe internet content can be harmful if it's viewed in excess. Not only are certain apps addictive enough to distract from other duties, but late-night usage can badly disrupt sleep, which is vital for adolescent brain development. Most parental controls offer some kind of time limit – either blocking access at certain hours or capping the number of minutes it can be used per day – so be sure to consider these.

5 BLOCK APP SPENDING

Seemingly free apps can sometimes include microtransactions; purchases that can be made using real money. While plenty of developers implement these fairly, some companies attempt to manipulate children into paying for additional features or content, which can soon add up to hundreds of pounds if a child gets carried away. Thankfully, iOS and Android's settings allow you to block in-app purchases, preventing any huge bills.

6 NO CONTROLS ARE PERFECT

Parental controls can be very useful, but they're far from infallible. Some unpleasant content can and unfortunately will slip through the net, so remember that setting up these measures isn't a substitute for taking an active interest in young people's digital lives. Talk to them, and make sure they're aware of the risks of the Internet as well as its benefits.

7 MIND THE GAPS

There'll undoubtedly be some gaps in parental controls, no matter how thorough you intend to be. For example, if you use router-level parental controls, bear in mind that these won't cover WiFi outside the home. For that reason, it's important to keep an open dialogue with children about the many unpalatable aspects of social media and the web.

8 KEEP THINGS SECURE

Some children can react poorly to parental controls and feel tempted to circumvent them. It's important to ensure that the passwords to these settings remain unknown to children, otherwise they can easily modify the restrictions without you knowing. Similarly, make sure your phone isn't left unlocked and unattended.

9 REVIEW CONTROLS REGULARLY

Parental controls shouldn't be a 'set and forget' deal. Not only can parental summaries provide you with a frequent overview of a child's digital life – to let you spot any warning signs – but companies often add new features, and some of these may be useful to enable (or disable). Regularly checking in ensures that if a child has found a way to wiggle out of the controls, you'll be the first to know.

10 KNOW WHEN TO LET UP

The parental controls you install on a computer for a seven-year-old probably wouldn't be appropriate for a child of 16 – and as young people approach adulthood, bubble wrapping the internet can do more harm than good. Consider relaxing parental controls as children get older, so they can learn to manage the risks of the Internet themselves, without so many training wheels.

Meet Our Expert

Alan Martin is an experienced technology journalist and the former deputy editor of technology and internet culture website Alphr. Now freelance, he has contributed articles to publications including the New Statesman, CNET, the Evening Standard, Wired, Rock Paper Shotgun, Gizmodo, Pocket Gamer, Stuff, T3, PC Pro, Macworld, TechRadar and Trusted Reviews.



#WakeUpWednesday®

The National College®

SPORTS FIXTURES

HOUSE NEWS

Monday 9th September 2024

- Under-12s (Year 7s) Girls' and Boys' Football Trials at Mary Datchelor Playing Fields. Leave School at 3.45pm. Start 4pm. Finish at 5.30pm approx.: **Mr Price/Mr Dash plus PE Staff**

Tuesday 10th September 2024

- No planned fixtures

Wednesday 11th September 2024

- Year 12 students' team building afternoon (Wise up) at the Mary Datchelor Playing Field – Sixth Form Pastoral & PE Staff

Thursday 12th September 2024

- No planned fixtures

Friday 13th September 2024

- Boys' A & B Football Away Matches against Whitgift School. Leave school at 3.30pm. Start 4.30pm. Return at 6pm approx.: **Mr Johnson/Mr Foster**

*Please note Fixtures/Events may be cancelled due to wet pitches.

Extra Fixtures may be organised at short notice.

<http://www.kingsdaleschoolsports.org.uk>



Online Safety Corner

For this week's Online Safety focus, we are looking at everything Parents/Carers need to know about the 'Top 10 Tips for Parents and Educators: Using and Reviewing Parental Controls'. Get a greater insight here.

PLEASE READ!! Remember to keep an open dialogue with your child about their activities online. **See page 15.**

Student House Captains



YOUR HOUSE NEEDS

YOU!

Would you relish the challenge of becoming a House Captain?

- Are you an organiser and communicator?
- Are you a good team player?
- Do you have lots of creative ideas?

Then you could be ready to be a House Captain!

STUDENT TASK: Write a paragraph to explain why you want to be a House Captain.

The House System remains integral to promoting the *Spiritual, Moral, Social and Cultural development* for all our students across the school.

Email your paragraph to housesystem@kingsdale.southwark.sch.uk
Include your full name, House, and tutor group.



Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



The House Leader Board 2024-25

Each week we will publish information here which shows which of the 5 houses are in the lead with total Achievement Points.

Watch this space for more information.

The 5 houses are Albatross, Dove, Eagle, Falcon and Swift.

Kingsdale Foundation School, Alleyn Park, Dulwich, London, SE21 8SQ

Web: www.kingsdalefoundationschool.org.uk Tel: 0208 670 7575 (To report student absence use Option 2)