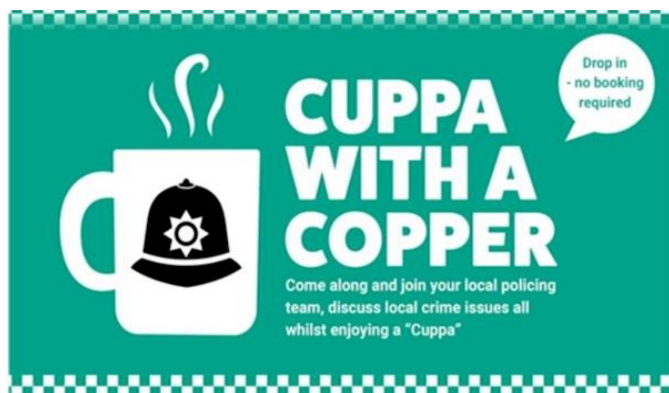




PARENTAL NEWS BULLETIN

Issue 22 Monday 9th March 2026

HEADLINE NOTICES



Come along and meet the school's Met Police Dulwich Wood Safer Neighbourhood Team at the 'Coffee with a Copper' (CWAC) event on Tuesday 11th March from 12 noon to 1pm, at The Wood House Public House, 39 Sydenham Hill. This is a great chance to have a friendly chat, raise any local concerns, or just say hello. The team look forward to seeing parents there!



House Excellence Award

Kiisha Oguntayo, Year 9, has won the House Excellence Award. She was nominated by the Science Department. Kiisha is a hardworking, engaged, and incredibly helpful member of the group. She has made excellent progress this year and her contributions in class have been excellent. Keep up the good work Kiisha!



The annual Holy month of Ramadan is upon us, a month of fasting in which many of our students, staff and parents will be observing. We would like to wish Ramadan Mubarak to all stakeholders and extend an invitation to break fast together at school.

The event is scheduled to begin on Wednesday the 11th of March from approximately 5.45pm (sunset). We will provide the food for Iftar (the breaking of the fast) and all students, parents and staff are welcome to attend. This invitation is open for everyone in our Kingsdale community.

Please RSVP eyl@kingsdale.southwark.sch.uk to confirm your attendance by the 5th March 2026 so as to allow ample time for catering to plan accordingly.

THEME OF THE WEEK

Ambition

'Keep away from people who try to belittle your ambitions. Small people always do that, but the great make you feel that you, too, can become great.'

WORD OF THE WEEK

Serendipity

The fact of finding interesting or valuable things by chance

BOOK OF THE WEEK

Hidden Figures: Black Heroes Who Changed History by Sharon E Sullivan

SCHOOL NEWS



Neurodiversity

Celebration Week 2026

This week is Neurodiversity Celebration Week 2026 which runs from **16-20 March 2026**, providing a global opportunity for secondary schools to

challenge stereotypes and celebrate the strengths of neurodivergent students. Throughout the week we will be continuing to promote acceptance and understanding of ADHD, autism, dyslexia, and more focusing on the talents of neurodivergent individuals rather than just challenge and use the week to further develop our existing equitable, inclusive culture within the school environment.

The week is an opportunity to move beyond "awareness" toward meaningful inclusion.

National Year of Reading 2026

A reminder that the next Year 7 & 8 Book Swap event will take place on **Thursday 19th March 2026** in the Lower School Library (LSL) after school at 3.40pm for Year 7 students and 4.10pm for Year 8 students.

Students are encouraged to bring in a book from home during tutor time to exchange. Please encourage your child to participate in this event.

National Careers Week Careers Talk on Interior Design

There was an excellent insight to the world of Interior Design with a talk by one of our parents last week to the Year 8 & 10 students.

Lots of questions were asked of our visiting speaker, from the subjects needed to get into Interior Design as a profession to the types of projects undertaken.

Thank you again to our visiting speaker and our students attending.

If you are interested in giving a Careers Talk to our students at Kingsdale, please make contact via careers@kingsdale.southwark.sch.uk



CAREERS NEWS

Careers Talks Coming Up

We have a wide range of talks coming up in the coming months. Students can express an interest via [this link](#).

Date	Time	Years	Talk
Wednesday 18 th March	TBC	TBC	Metropolitan police
Tuesday 28 th April	TBC	TBC	Data Centres
Friday 1 st May	Period 4 12.10-12.50pm	8 & 10	Nursing
Tuesday 12 th May	4.15-5.00pm (after school)	All Years	Archaeology
Spring – date TBC			Video publishing & media

Work Experience Help

As shown by the careers fair, the Kingsdale parents are our best asset in terms of giving access, insight and opportunity to our students. Our Year 12's will soon be looking for work experience opportunities.

All placements are appreciated, as while many of our students have networks through family and friends, not all do so any help is appreciated to ensure all students have work experience arranged, a boost for both their personal horizons and their UCAS/ Apprenticeships applications.

If you or your employer would be interested in hosting a Kingsdale student, please contact Mr Burke at jbu@kingsdale.southwark.sch.uk



SIXTH FORM NEWS

Polecon 2026

As part of our A level Politics enrichment programme, our Year 12 Politics cohort attended the Polecon A level conference last week at Westminster Methodist Hall, just across the road from the Houses of Parliament.

The annual event saw students here from high profile speakers including current Health Secretary Wes Streeting, Deputy Speaker Nus Ghani, Green Party Leader Zach Polanski, Your Party MP Zarah Sultana, Lib Dem deputy leader Daisy Cooper plus former MP's Jacob Rees Mogg and Graham Brady and Reform's mayoral candidate Laila Cunningham. The afternoon session also saw invaluable insight into wider political issues with presentations from Public First as well as Rest is Politics presenter and former Labour comms director Alastair Campbell. With such a varied line up, students gained invaluable insights into politics across the political spectrum, with valuable Q&A sessions allowing students to grill politicians on their views on everything from the NHS, student loans and the current conflict in the Middle East. A great day was had by all, including the opportunity for selfies with various party leaders amongst the debate!



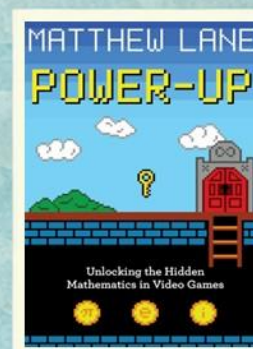
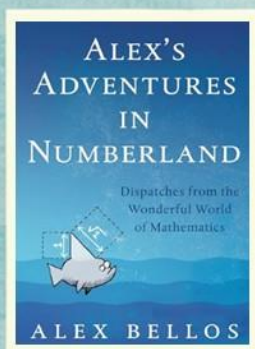
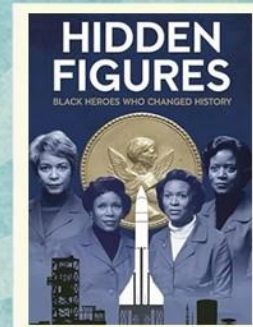
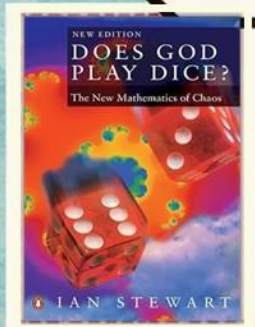
Lord Jim Knight speaks to A Level Politics Students

Kingsdale students were treated to an insightful talk and Q&A by Lord Jim Knight last week in the recently reopened POD. Lord Knight has served in the House of Lords since 2010, having previously been an MP and government minister for Education & DEFRA. He spoke to 100 students from Kingsdale, Charter School North Dulwich & Dulwich College about his experience of politics, both in terms of his personal journey into the field and his experiences of government, before fielding questions on a variety of topics on everything from the work of the House of Lords, the current Labour administration and a variety of global issues which was amazing to hear. A huge thank you to Lord Knight for taking the time to come in and well done to Year 13 students Eva & Rosabella who hosted the Q&A.



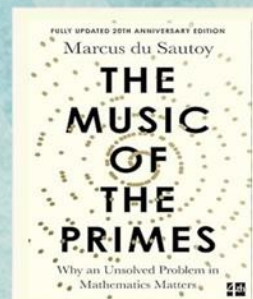
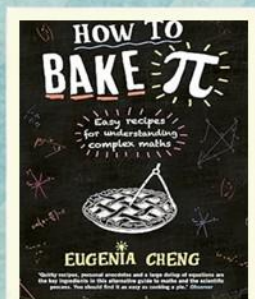
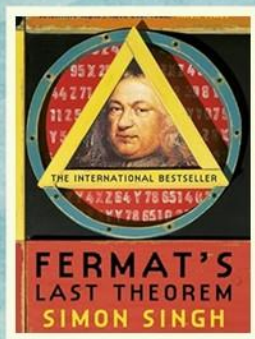
**GO
ALL
1N.**

National Year of Reading 2026



*Deliciously
Good Reads!*

**Join our maths
reading challenge!**



Take part in maths-themed reading this half term through weekly articles, treasure hunts, and recommended books. You'll also have the chance to create posters, podcasts, or summaries to share your ideas. Points, prizes, and celebrations will recognise everyone's participation and enthusiasm along the way. Check Satchel One and listen out for the tannoy announcements for daily updates.

Part of the National Year of Reading 2026



Parent Engagement

We would also like to continue inviting families to donate suitable books to support this initiative. Donations can be handed in at the Main School Office or at the collection point in the Main School Entrance between 8.10 and 9.05am daily. Your contributions help us maintain a varied and engaging selection of texts for students to enjoy.

We continue to insist that all students carry a reading book in their bag at all times, as this supports a range of reading activities across the school day.

As part of our commitment to involving the whole school community, we are inviting parents and students to recommend books they feel would be valuable further additions to our libraries. Please use the link [here](#) to share your suggestions and join us in shaping a diverse and exciting reading collection.

Book Recommendations

We have been sharing book weekly recommendations with students via the school's morning tannoy system. We have sent a list of recommended books to parents.

Reading Clubs

We are also pleased to announce two new initiatives launching in Spring Term 2026.

Peer Reading:

Selected Year 7 students are taking part in 1:1 reading sessions with trained Year 11 mentors, supporting confidence, fluency and enjoyment of reading.

Book Clubs:

A weekly lunchtime club led by our librarian, where students share recommendations, discuss books, and explore new authors in a relaxed and supportive setting. If your child is interested, please contact the English faculty via english@kingsdale.southwark.sch.uk

Go All In

The theme of the National Year of Reading is Go All In, reconnecting reading with the things that already inspire us – from playlists and football matches to films, science, art, food and family time. It's reading that fits how we live, not the other way around.

Integrating with this theme, we are launching Go All In Reading Quest this year. Each subject is allocated a half term to promote reading activities in their subject.

Maths faculty will take the lead in Spring Term 2 and we will inform you in due course on all the different activities on offer for students.

Use of Libraries

All students are encouraged to visit the library, explore the new collection, and borrow books regularly.

The Upper School Library and Lower School Library are both accessible to students before school (8am onwards), after school (until 5pm) and during lunch times.

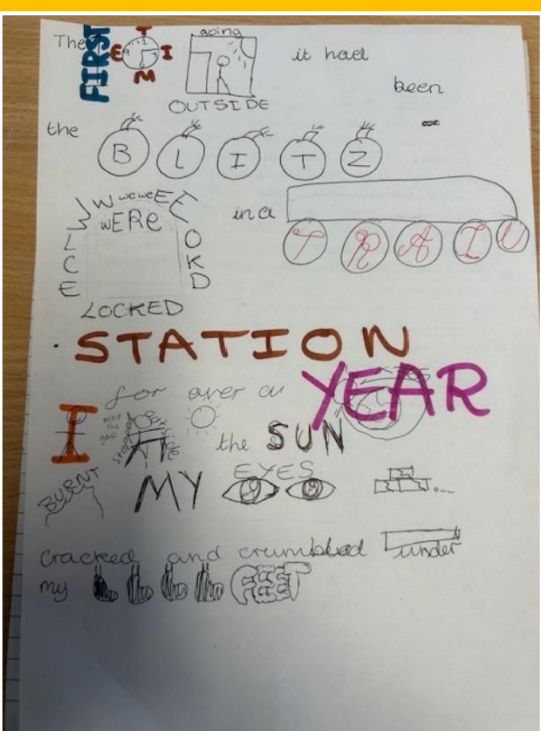
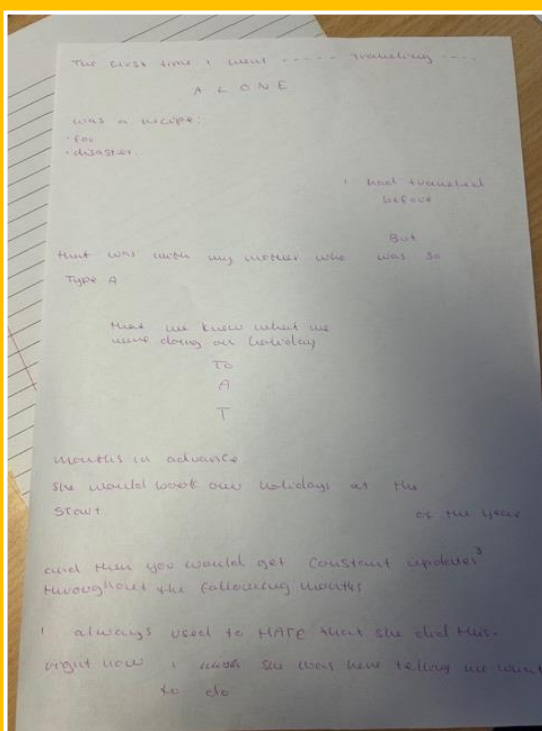


Thank you once again for your continued support of our reading initiatives. We look forward to sharing further developments in March 2026, as the National Year of Reading progresses. We will share more information about how we celebrated World Book Day last week in the next edition of this bulletin!



Tia Fisher Workshop

Last Friday, renowned author Tia Fisher (winner of the Yoto Carnegie award for *Crossing the Line*) gave a creative writing workshop to Year 9 students. The pupils experimented with poetry, story, layout, font and much more while learning about narrative verse. Tia's interactive approach went down well with the attendees, and we look forward to having her back soon!



SCHOOL NEWS

Mental Health & Well-Being Weekly Focus for Students: Physical Self Care

This week's "Mental Health & Well-Being Focus" for students is "Physical Self-Care" focusing on maintaining energy, managing stress, and building healthy routines to enhance concentration. Key habits include 60 minutes of daily activity, balanced nutrition, 8-10 hours of sleep, consistent hygiene, and reducing screen time for better physical well-being. This week we'd like to encourage students to think about how they can improve their own physical self-care by trying to adopt some of the strategies below.

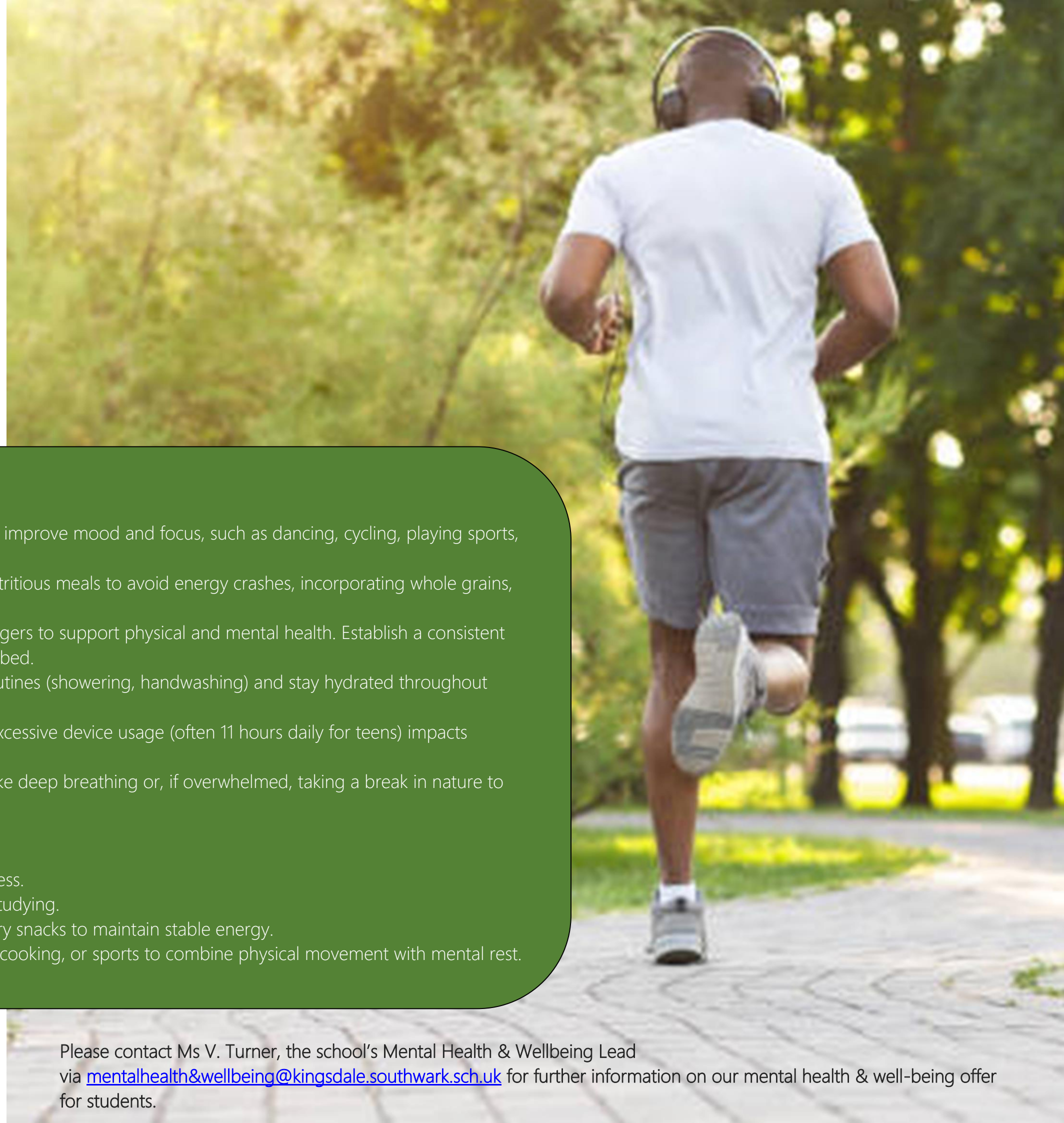
Essential Physical Self-Care Practices:

- **Active Movement:** Engage in daily physical activity to improve mood and focus, such as dancing, cycling, playing sports, walking to school, or yoga for stress relief.
- **Balanced Nutrition:** Fuel the body with consistent, nutritious meals to avoid energy crashes, incorporating whole grains, protein, and fruits.
- **Rest and Sleep:** Aim for 8-10 hours of sleep for teenagers to support physical and mental health. Establish a consistent bedtime routine by limiting screens one hour before bed.
- **Hygiene and Hydration:** Maintain regular hygiene routines (showering, handwashing) and stay hydrated throughout the day to boost energy levels.
- **Digital Detox:** Take regular breaks from screens, as excessive device usage (often 11 hours daily for teens) impacts well-being.
- **Stress Management:** Practice relaxation techniques like deep breathing or, if overwhelmed, taking a break in nature to reduce physical tension.

Actionable Strategies for Students:

- **Active Travel:** Walk or cycle to school to boost alertness.
- **Movement Breaks:** Take short, active breaks during studying.
- **Nutritious Snacks:** Choose healthy options over sugary snacks to maintain stable energy.
- **Healthy Hobbies:** Engage in activities like gardening, cooking, or sports to combine physical movement with mental rest.

Please contact Ms V. Turner, the school's Mental Health & Wellbeing Lead via mentalhealth&wellbeing@kingsdale.southwark.sch.uk for further information on our mental health & well-being offer for students.



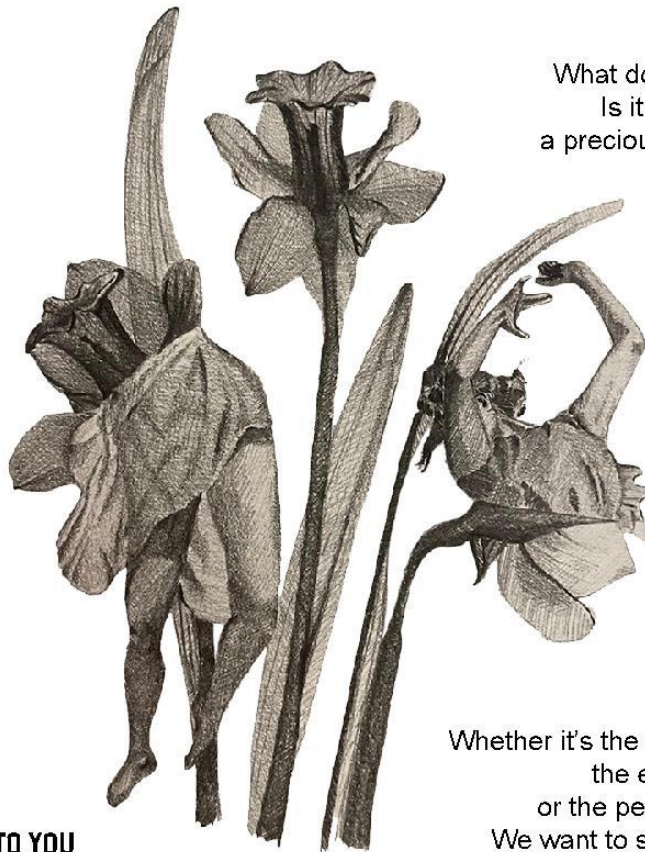


OPEN CALL

FOR YOUNG ARTISTS AGED 5-16

EXHIBITION DATES: 21st March - 1st May 2026
@ Space to Dream Gallery, Brixton Village

THE THEME:
LIFE



What does "Life" mean to you?
Is it a place that feels alive,
a precious memory, or a feeling
that stays with you?

**REFLECT,
EXPLORE AND
SHARE A VISUAL
REPRESENTATION
OF WHAT LIFE MEANS TO YOU**

Whether it's the quiet growth of a plant,
the energy of a busy street,
or the people who bring you joy.
We want to see your interpretation!!

Eligible Media: We welcome all forms of creativity! This includes painting, drawing, sculpture, photography, collage, printmaking, textiles, ceramics, illustration, and digital art.

How: **SUBMIT UP TO 3 HIGH-QUALITY IMAGES VIA EMAIL OR DM.**
Deadline: **11TH MARCH 2026, AT MIDNIGHT.**

Details needed: Artist's name & age, size & title of the artwork, and a few words about the artwork
What does it mean to you? What do you want to share with your art?

Email: info@spacetodreamgallery.org
Instagram DM: @spacetodream.gallery

WE CAN'T WAIT TO SEE YOUR ARTWORK!



Art and Technology Taster Sessions 4pm-4.45pm

All welcome to come along for a practical taster session in the following subjects:

- Food Science Monday 9th March in FS1
- Fine Art Tuesday 10th March in AR1
- Design & Technology Wednesday 11th March in TE2
- Graphics Monday 16th March in TE1
- Photography Tuesday 17th March in PS1
- Textiles Thursday 19th March in AR7

Invitation

Year 8

Taster Lesson – Hands-on Workshop

Date: Monday, 9th March 2026

Time: 4:15 – 5:30

Room: FS2

**Register your interest with Ms Leung/Miss Asongafeh on or
before Wednesday, 4th March 2026**



English Schools Cross Country Championships

We would like to wish a huge congratulations and the very best of luck to Emery Aldridge, Jacob Hood, Sofia Mendes, Celia Allen, Elliott Albert-Preskett and William Weyahm on their fantastic achievement on being selected to represent **London Schools' Athletic Association at the English Schools Cross Country Championships**, taking place at Sefton Park in Liverpool on Saturday 14th March 2026. We are incredibly proud of you all — what an outstanding accomplishment. Best of luck on race day! Watch this space!



Year 7 Athletics at the London Youth Games

On Tuesday 3rd February, our outstanding Year 7 athletes proudly represented the school at the London Youth Games Sports-hall Athletics Finals held at Redbridge Leisure Centre — a fantastic achievement after securing 1st place at the regional qualifiers earlier this academic year. The team burst out of the blocks with incredible energy, delivering a superb performance in the obstacle relay to set the tone for the competition. Their speed, teamwork, and focus saw them finish the first half of events ranked in the top half of all competing boroughs — this was a very good start against very strong opposition. As the afternoon progressed, the intensity of the competition began to take its toll, but our athletes showed true resilience and sportsmanship right to the very end. After a hard-fought series of track and field events, the team finished a commendable 5th out of 8 boroughs.

A huge well done to all Year 7 athletes!

Team: Kobe Champion-Norville, Owen Freestone, Emile Challenger, David Burton, Malachi Francis Ikechukwy, Sam Mashford Thomasson, Ollie Griffiths Jadon McKenzie and Maurico Nathan-Pepple

SPORTS NEWS

Under-16s Football B-Team ESFA National Cup Semi-Final

Kingsdale v Millfield Senior School

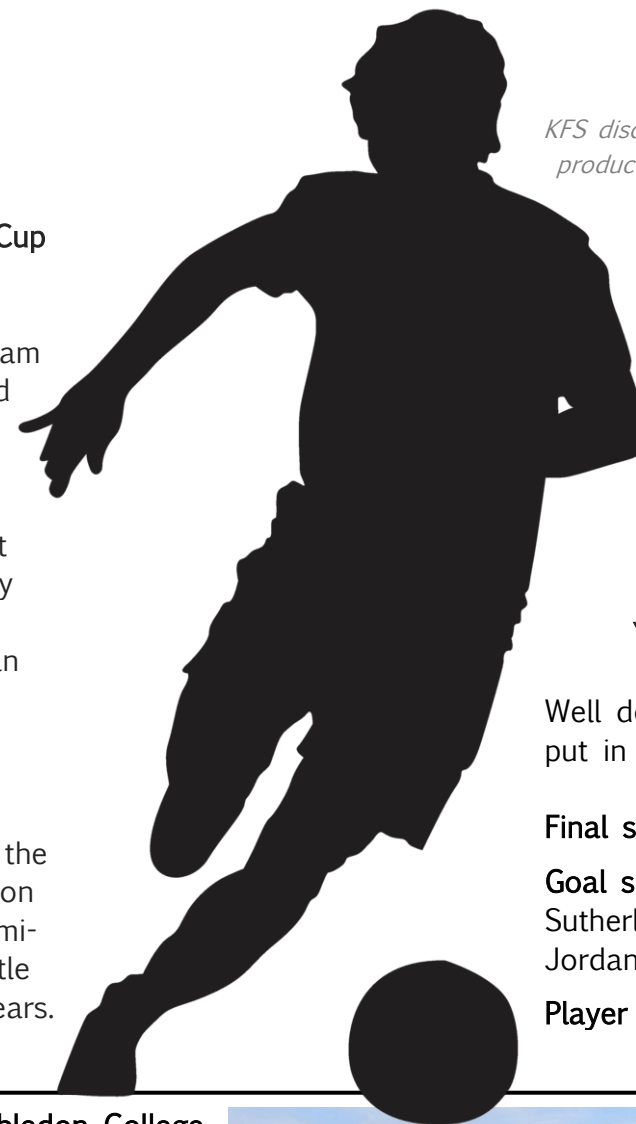
We wish the Year 11 Under-16s Football B team the very best of luck as they travel to Millfield Senior School in Somerset for the ESFA National Cup semi-final taking place on Wednesday 11th March. The team will be looking to progress to the final as the current reigning champions. In the previous round they produced an excellent performance, defeating Northampton School for Boys 3-0, with Morgan Stacul named Player of the Match.

Year 9 South London Cup Semi-Final

Kingsdale v Walworth Academy

We also wish the Year 9 Boys' Football team the best of luck as they face Walworth Academy on Friday 6th March in the South London Cup semi-final. The team will be aiming to regain the title after being champions for the previous two years.

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.



Year 7 Boys' Football A Team Kingsdale v Ark All Saints

Well done to our Year 7 boys' team who put in a superb performance.

Final score: Kingsdale **9-2** Ark All Saints

Goal scorers; Alex Joseph (3), Makai Sutherland-Laing (3), Elijah Osbourne (2), Jordan Louis-Sidney (1)

Player of the Match: Riley Lynch

Under-12 Boys' Rugby 7s Tournament at Wimbledon College

Well done to all the boys who played in the tournament. The boys showed a lot of heart throughout winning one of their five pool games and finishing 5th out of 6 in our pool. In the knockout stages we won our first match and lost our second match. The tackling was very good but unfortunately, we just didn't retain possession as well as the other teams.

Final score: Kingsdale **2-5** to Wallington Grammar School

Tries: Reuben Gormley (1) and Tom Wilkie (1)

Final score: Kingsdale **0-4** Reeds

Final score: Kingsdale **0-12** Cranmore

Final score: Kingsdale **0-7** Trinity

Final score: Kingsdale **4-1** Blenheim High School

Tries: Arthur Barnes (2), AJ Anderson (1), Owen Freestone (1)

Knockout

Final score: Won 5-4 Riddlesdown School

Tries: Owen Freestone x2, Reuben Wormley x1, Arthur Barnes (1) and Jago Simpson (1)

Final score: Kingsdale **4-10** Tiffin

Tries: Owen Freestone (2), Arthur Barnes (1), Tom Wilkie (1)



London Hockey Mixed Tournament at Dulwich College

On Monday 2nd March, our Under-12s Mixed Hockey team and Under-13s Boys' Hockey team participated in the London Hockey Mixed Tournament at Dulwich College. Both teams put in outstanding performances in a tournament dominated by independent schools with some final scores not always representing the skilful play demonstrated by our players throughout the tournament.

Under-12s Score Line

Kingsdale School **1-1** Dulwich College **Goal scorer:** Arthur Barnes

Kingsdale School **1-0** Thomas Clapham **Goal scorer:** Monty Lewis

Kingsdale School **2-2** Royal Russell **Goal scorer:** Thomas Wilkie

Kingsdale School **0-2** St Dunstan's College

Kingsdale School **0-3** Kings College School, Wimbledon

Under-13s Score Line

Kingsdale School **0-6** Dulwich College

Kingsdale School **0-3** St Dunstan College A team

Kingsdale School **0-0** Royal Russell

Kingsdale School **1-1** St Dunstan's College B team **Goal scorer:** Thomas Wilkie

Under-12s Team:

Amelie Rae, Arthur Barnes, Charlie Barnes, Akinsegun Jegede, Thomas Wilkie, Monty Lewis, Israel Sulola & Ethan Milne



Under-13s Team: Bay Fairman, Gus Griffiths, Danny Jones, Hector MacEwan, Torston Nicholls, Luke Tamayao, Ethan Milne, Akinsegun Jegede & Thomas Wilkie.



Amelie Rae, the Under-12 team's goalkeeper and the only girl in the team, should be commended for her exceptional performance making some impressive saves throughout the tournament. Congratulations go to both teams for their performances against a tough draw of schools.

SPORTS NEWS

Under-15 Girls' Futsal

London Youth Games Winners

Congratulations to our Year 10 Girls who were the London Youth Games Futsal winners after a tough competition on Wednesday last week. They faced off against 31 schools from the different boroughs across London to compete for the title. It was a tough start to the competition, but the girls grew in confidence throughout the tournament as they stormed into the final. It was a very nervy game as they drew 2-2 in the final, and the game went to penalties. The girls managed to hold their nerve, along with some excellent saves from Martha Beattie to win the tournament. Well done girls, we're extremely proud of you!



Under-15 Girls Sisters n Sport

Football National Cup Quarter Final

Kingsdale v Kings Langley School

Well done to the Year 10 Girls who booked their place in the Sisters n Sport National Cup Football quarter-final after an excellent 10-0 win against Kings Langley School. The girls have continued their fine form this year with another outstanding performance.

Special mention to Cecilia Hollowell who secured a superb hat trick in the first half! The girls will now wait to find out their opponents in the quarter-final where they will have a chance to win and head to the national final four stage of the competition!



Final Score: Kingsdale 10-0 Kings Langley

Under-14s Girls Football South London Cup Final

Kingsdale v COLA

Congratulations to the Year 9 Girls who have reached the Under-s14 Girls South London Cup football final. They faced a tough and resilient COLA side who were determined to cause an upset; but Kingsdale stood strong with goals from Marlena Westaway and Poppy Clapperton ensured a 2-1 victory.

The girls will now face Graveney in the final as they look to claim their first silverware of the year!

Final Score: Kingsdale 2-1 COLA



KFS disclaimer. Please be advised Match reports produced and presented by student reporters.



Under-15 Boys' Rugby Surrey Schools 7s Tournament at Caterham School

Massive congratulations to the boys who took part finishing in our highest ever position in the tournament coming 8th out of 43 schools. We finished higher than some well renowned independent and state schools, such as Wimbledon College, Hampton School and Caterham School.

Game 1 Final Score: Kingsdale **20-0** Oasis Academy Shirley Park

Tries: Daniel Sharp (2), Jimmy Roberts (1) and Cordell Ouvry (1)

Game 2 Final Score: Kingsdale **21-0** Hall School Wimbledon

Tries: Daniel Sharp (2) and Lenny Kane Pereira (1)

Drop Kick Conversions: Jimmy Roberts (2) and Daniel Sharp (1)

Game 3 Final Score: Kingsdale **19-19** Halliford School

Tries: Lenny Kane Pereira (1), Jaiden Afranie Wilson (1) and Zac Kiwanuka (1)

Drop Kick Conversions: Jimmy Roberts (2)

Quarter Final Cup

Round Robin - Final Score: Kingsdale **12-19** Cranleigh School

Tries: Cordell Ouvry (1) and Daniel Sharp (1) **Drop Kick Conversions:** Daniel Sharp (1)

Round Robin - Final Score: Kingsdale **7-14** St George's Weybridge

Try: Jaiden Afranie Wilson (1) **Drop Kick Conversions:** Jimmy Roberts (1)

Team: Cordell Ouvry, Filippo Rama, Jimmy Roberts (Capt), Leonardo Tang, Daniel Sharp, Leo Sharp, Jaiden Afranie-Wilson, Spencer Fay, Lenny Kane Pereira, Robbie Heritage, Isaac Timbrell and Zac Kiwanuka

Year 8 Elite English Schools Football Association (ESFA) Semi-Final

Kingsdale v Torquay Academy

Alarms rang before sunrise. Bags packed. Eyes still heavy. A 6:00am meet for a 6:30am departure — and a mammoth 5 hours and 37 minutes on the road to Torquay. But this wasn't just any trip... this was an ESFA Semi-Final.

Arrival at Torquay Academy — the sun blazing, the pitch set, officials ready. Warm-ups sharp. Team talks fired up. Nerves jangling.

The whistle blows... and we're underway. 6 minutes in — BOOM!

Kobe strikes first! A powerful finish to make it 1-0 Kingsdale. Dream start.

Midway through the half — drama! Kobe bursts into the box and is brought down. PENALTY. He steps up... strikes it... off the post! Agonising. Torquay respond. A quick attack levels it at 1-1.

Moments later — controversy. An indirect free kick is awarded inside the box. Three quick passes... and suddenly it's 2-1 to Torquay Academy. The momentum swings.

But champions respond. Just before half-time, Captain Jamie threads a beautiful ball through to Jacob. One touch. One shot. GOAL! 2-2. Game on.

Second half — Torquay come flying out the blocks. Slick passing, sharp movement, inches away from taking the lead. Kingsdale hold firm.

Then... the breakthrough. 20 minutes into the second half

Tristan delivers. Kobe finishes clinically. His second of the game. 3-2 Kingsdale!

The tension rises. Seven minutes left. Kobe driving again. Defender lunges. PUSH IN THE BOX!

Penalty number two. Redemption moment. Kobe places the ball. Steps back. Breathes.

Strikes it low to the keeper's right...

GOAL!!! 4-2!!! Kingsdale seal the victory in style.

ESFA FINAL BOUND — WEST BROMWICH, HERE WE COME!

The journey continues.

Final Score: Kingsdale **4-2** Torquay

Elite Squad: Keano Chambers, Joel Darkwa, Jayden Duru, Tristan Fullerton, Jamie Hilyer, Ira Lee, Jacob Leslie, Ben Walcott, Jacob Wright-Van Heeswijk, Sonny Turner, Sky Scannell, Harrison Abayomi, Rico Jones, Luther Mbewe, Kobe Mukoro, Kamau Virtue, and Jack Sheppard

Year 8 on World

Book Day

Year 8 Girls PE class celebrated World Book Day in the sun at the playing fields.

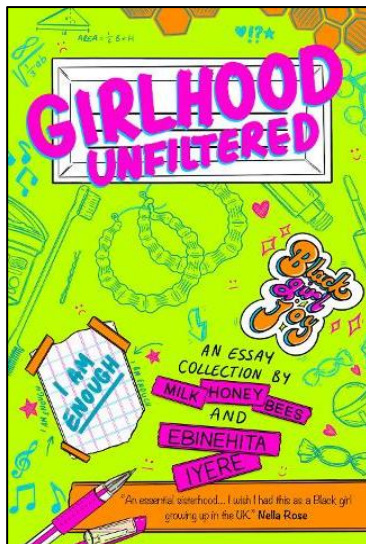
Spring is here and the countdown to summer sport begins!



**SUBMIT HAND-WRITTEN BOOK REVIEWS TO
ENG. DEPT,
WIN BOOK TOKENS AND OTHER PRIZES!**

Reading Recommendations

Student Recommendation



Sanai Richards. Year 7 recommends *Girlhood Unfiltered* by Ebinehita Iyere and Milk Honey Bees.

Milk Honey Bees is a South London organisation, set up by Ebinehita Iyere to provide a safe space for Black teenage girls to flourish.

This is an essay collection by twenty of those girls, who range from 15 to 23 in age. The book is divided into three sections – Healing, Empowerment, Resilience – and certain themes are echoed throughout the collection.

Sanai thinks that said 'every girl who is pre-teen or teenager should read this book – it's a must-read!'

Suitable for all students, Year 7 and older.

CALENDAR 2025-26

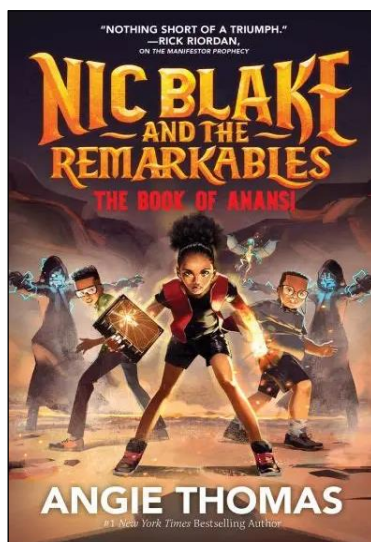


You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team at attendance@kingsdale.southwark.sch.uk

Teacher Recommendation



Mr Read recommends *Nic Blake and the Remarkables Series* By Angie Thomas is excellent!

The author, Angie Thomas, will be delivering special assemblies to Years 7 and 10 on the 17th March 2026.

It's not easy being Remarkable in a world where standing out is dangerous...

Nic Blake is a Manifestor. All she wants is to learn the Gift, so she can be as powerful as her dad ... until she discovers a shocking secret. Now she must find a powerful magical weapon, or risk losing him forever.

Mr Read is really enjoying this thrilling and the bold, entertaining protagonist.

Ideal for Year 7!

SPRING TERM 2026

Second Spring Half-Term

Monday 23rd February – Friday 27th March

SUMMER TERM 2026

First Summer Half-Term

Monday 13th April – Friday 22nd May

Monday 13th April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 4th May 2025

Half-Term Holiday

Monday 25th May – Friday 29th May

Second Summer Half Term

Monday 1st June – Friday 24th July

Friday 24th July INSET DAY

School closed to students except by invitation

2026/27 Term Holiday dates now published [here](#)

Encouraging Your Child with SEND to Read at Home

Reading at home is one of the most valuable ways parents can support their child's learning. For children with Special Educational Needs and Disabilities (SEND), reading can sometimes feel challenging, but with the right approach it can become an enjoyable and rewarding part of daily life.

Make Reading Part of Your Routine

Children often respond well to structure and predictability. Try to build reading into a regular part of the day, such as before bed, after dinner, or during quiet time. Even 10–15 minutes a day can make a big difference. Keeping the routine consistent helps children feel more comfortable and confident.

Follow Your Child's Interests

Motivation is key. Let your child choose books that match their interests, whether that is animals, football, space, comics, or fact books. Reading does not always have to mean traditional storybooks, magazines, graphic novels, audiobooks, and information books all count as valuable reading experiences.

Read Together

Shared reading can remove pressure and make reading more enjoyable. You might:

- Take turns reading a page each
- Read the story aloud while your child follows along
- Pause to talk about the pictures or what might happen next

This supports both comprehension and confidence.

Use Different Ways to Access Reading

Many SEND children benefit from multi-sensory approaches. Consider:

- Audiobooks while following the text
- Using a ruler or bookmark to track lines
- Talking about pictures before reading the words
- Acting out parts of the story

These strategies help make reading more engaging and easier to process.

Celebrate Effort, Not Just Accuracy

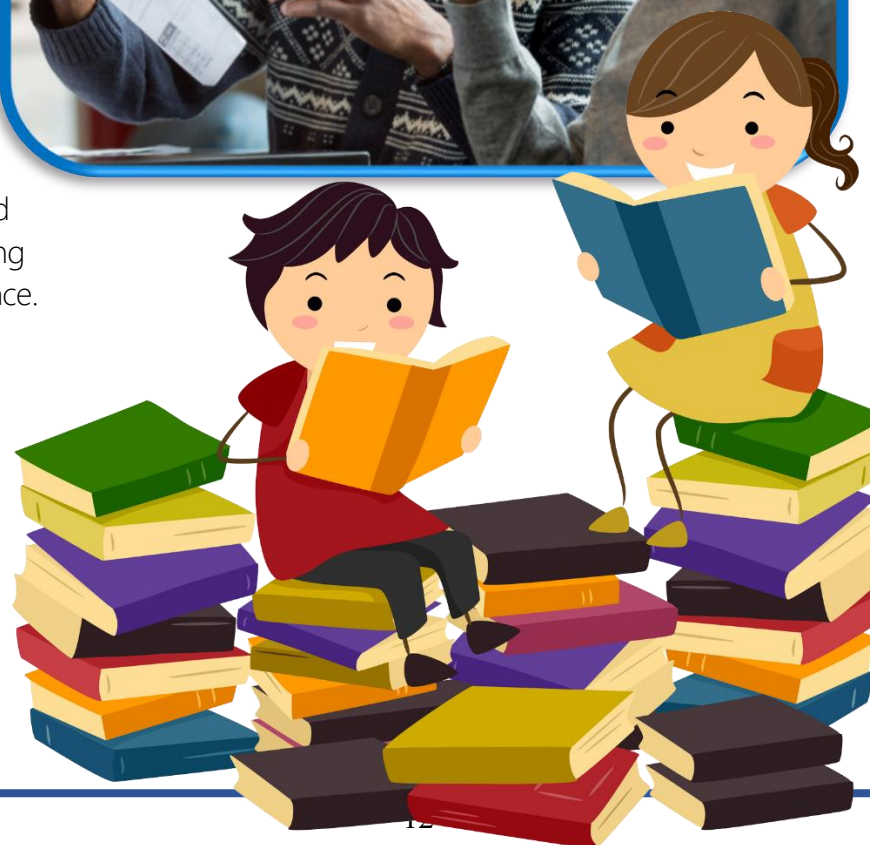
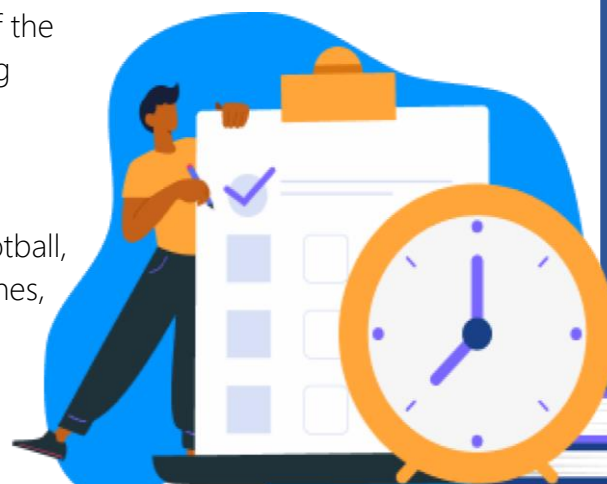
Reading can be tiring for some children, so it is important to focus on effort and progress rather than perfection. Praise your child for trying difficult words, finishing a page, or remembering part of the story. Positive encouragement builds confidence.

Keep it Relaxed

If your child becomes frustrated, it is okay to pause or stop and return later. Reading should feel safe and enjoyable rather than stressful. The goal is to build a positive relationship with books.

Stay in Touch with School

If you are unsure about the best books or strategies for your child, Kingsdale teachers and SEND staff are always happy to help. We can recommend reading materials and approaches suited to your child's needs.



SEND FACULTY NEWS

SEND Local Offer

Information and Local Offers

The Learning Support department would like to remind you that you can find lots of useful information in our SEND Policy and Report which can be found [here](#) under the 'SEND Policies & Report'

You can also find out information regarding your local SEND offer here:

- [Southwark](#)
- [Lambeth](#)
- [Lewisham](#)
- [Croydon](#)
- [Bromley](#)
- [Wandsworth](#)
- [Merton](#)



Social Groups & Activities for Secondary Ages (16–25)

Southwark's Youth Offer and Local Offer list social opportunities that are free or low-cost and tailored to young people with SEND aged secondary school and post-16:

- **Angels SEND Social Club (Ages 16–25)**
Weekly social club with arts, music, gaming, drama, sport and creative activities, great for building confidence and friendships after school or at weekends.
- **Coding & Computing Club (16–25)**
Fun social tech club where young people can meet peers, learn new skills and expand confidence in a welcoming environment.
- **Toucan Gigs & Trips Club (16–25)**
Social outings, such as football matches, gallery visits and gigs, ideal for older secondary students and post-16 young people who want to be active and meet others.

Click on this [Link](#) for more information.



REGISTER TO ATTEND

EHCP POST-16 SCHOOL TRANSITION



For SOUTHWARK young people,
parents & carers

Are you a young person with an EHCP due to start a new post-16 educational setting in September 2026?
YES!

Do you have concerns about the setting named in your young person's EHCP (Education, Health and Care Plan)?
YES!



FOR SOUTHWARK YOUNG PEOPLE, PARENTS & CARERS WITH AN **EHCP** STARTING A **POST-16** EDUCATIONAL SETTING IN **SEPTEMBER 2026**

SESSION DATE

ONLINE

Thursday 16th April 2026
12:30pm - 2:00pm
Microsoft teams

This sessions will provide you with impartial advice, including how to make an appeal to SENDIST (the Special Educational Needs and Disability Tribunal)

CONTACT

For more information contact the SIAS Team

✉ sias@southwark.gov.uk

☎ 020 7525 3104

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.

Is your query about a specific teacher or subject area?

Contact the teacher directly: 'teacher code' @kingsdale.southwark.sch.uk
Contact the HOD for the subject: 'subject; @kingsdale.southwark.sch.uk

Is your query about support outside of the classroom?
An annual review or progress review meeting?
Advice on learning strategies to use at home?
Advice on a diagnosis?

Contact the SEND department directly:
senco@kingsdale.southwark.sch.uk

Is your query about a behaviour incident?
A friendship issue?
Any other pastoral issue?

Contact the HOL (Head of Learning) for your child's year group:
year7hol@kingsdale.southwark.sch.uk
year8hol@kingsdale.southwark.sch.uk
year9hol@kingsdale.southwark.sch.uk
year10hol@kingsdale.southwark.sch.uk
year11hol@kingsdale.southwark.sch.uk
year12hol@kingsdale.southwark.sch.uk
year13hol@kingsdale.southwark.sch.uk

Is your query about supplying additional information about your child for staff?

Contact the SEND admin department directly:
sendadmin@kingsdale.southwark.sch.uk
assistantenco@kingsdale.southwark.sch.uk

Is your query about exam access arrangements?

Contact the exam team directly:
accessarrangements@kingsdale.southwark.sch.uk

Is your query about provision for a looked after child (LAC)?

Contact the LAC team directly:
ofu@kingsdale.southwark.sch.uk

None of the above?

Please send us anything you think other parents would find useful and we can either share it here or we could even publish it on our website!



Young
People
Southwark

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales)



Drug and
Alcohol Service
Southwark



Young
People
Southwark

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



Education from
the National
Crime Agency

CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITION



World Sleep Day Supporting Healthy Sleep Habits

As we mark World Sleep Day, we would like to encourage all students to prioritise healthy sleep routines - especially with exams fast approaching for many year groups. Quality sleep plays a vital role in concentration, memory, mood, and overall wellbeing. Establishing a calm and consistent bedtime routine can make a significant difference to students' focus and performance during this important academic period.

STUDENT TASK: Design Your Dream Bedtime Routine

Create a mini-poster or drawing titled: "My Perfect Bedtime Routine"

Your poster should include: 3 calming activities you can do before bed (for example: reading, prayer, stretching, journaling) Your ideal bedtime
One bedtime habit you would like to improve

Completed posters will be displayed on our 'Sleep Smart Wall' in classrooms to celebrate positive sleep habits and encourage one another. We hope this activity will help you reflect on the importance of rest and motivate you to build healthy bedtime routines as you prepare for upcoming assessments.

STUDENT HOUSE ACTIVITY:

Please share your poster with the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.



Theme: Curiosity: What's Your Question?

This year's British Science Week theme encourages young people to think like scientists by starting with a question that sparks their curiosity. We're inviting students to take this curiosity home and turn it into a fun family investigation!



How It Works:

1. Choose Your Question:

Examples:

"Why do leaves change colour?"

"What makes ice melt faster?"

"How does electricity make my device light up?"

2. Plan a Simple Test or Research

3. Record Your Findings

4. Explain the Science

We'd love to feature a few curiosity quests in school or on our website after Science Week!

STUDENT HOUSE ACTIVITY:

Please share your challenge with the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.



Online Grooming is when someone befriends and builds an emotional relationship with a child and communicates with them through the internet with the intent to commit a sexual offence. This type of victimisation can take place across any platform; from social media and messaging apps to online gaming and live streaming. Often it involves young people being tricked, forced or pressured into doing something they wouldn't normally do (coercion) and often the groomer's goal is to meet the victim in a controlled setting to sexually or physically abuse them. In some cases children may be abducted or have long-lasting psychological damage.



What parents need to know about

ONLINE GROOMING



CHILDREN ARE MOST VULNERABLE

Unsurprisingly children are often most at risk as they are easy to target and unlikely to question the person who is engaging in conversation with them. Groomers will use psychological tricks and methods to try and isolate them from their families and friends and will often choose to target more vulnerable children who may be easier to manipulate. Predators will stalk apps and websites that are popular with young people and will use a 'scattergun' approach to find victims, contacting hundreds online to increase their chances of success.



LIVE STREAMING CONCERNS

Predators may use live video to target children in real-time using tricks, dares or built-in gifts to manipulate them. Grooming often takes the form of a game where children receive 'likes' or even money for performing sexual acts. Social media channels, such as YouTube, Facebook, Instagram and Snapchat, all have live streaming capabilities, but there are many apps which children can use to live stream, including Omegle, Live.me, BIGO Live, YouNow and many more.



ANYONE CAN BE A PREDATOR

The internet has made the ability to interact with strangers online easy. Many sites and apps are reliant on individual users entering their own information when signing up. However individuals can remain anonymous if they choose to enter inaccurate information and many online predator cases are due to groomers using impersonation techniques. However, often the greater threat comes from adults who 'hide in plain sight', choosing to befriend young children without hiding their real identity.



CAN BE DIFFICULT TO DETECT

Unfortunately, most children find the 'grooming' process (before any meeting) an enjoyable one as the predator will compliment, encourage, and flatter them to gain their trust, friendship and curiosity – 'a wolf in sheep's clothing' scenario. This often means children fail to disclose or report what is happening. If the groomer is also previously known to the child, their family and their friends, then this can make detection even harder.



FROM OPEN TO CLOSED MESSAGING

Online predators may contact their victims using any number of ways including social media, forums, chat rooms, gaming communities or live streaming apps. Sometimes there is little need to develop a 'friendship / rapport stage', as the victim has already shared personal information online and is communicating openly with others. Children may also be prepared to add other online users they don't know so well to gain 'online credibility' through increasing their friends list. Predators will often seize this opportunity to slowly build a relationship and then move their conversation with the child to a more secure and private area, such as through direct messaging.

EMOTIONAL ATTACHMENTS

Online predators will use emotive language and aim to form close, trusted bonds with their victims through showering them with compliments and making them feel good about themselves. Often victims will refer to them as their 'boyfriends' or 'girlfriends' and it can be difficult to convince some young people that they have been groomed, often leading to lasting psychological effects.



Safety Tips for Parents & Carers



IT'S GOOD TO TALK

It's unlikely that you can stop your child using the internet, nor can you constantly monitor their online activities, but you can talk to your child on a regular basis about what they do online. By talking openly with them about online relationships, they can quickly ascertain the kind of behaviour which is appropriate or inappropriate. Ask them whether they have any online friends or if they play online games with people they haven't met. This could then open up conversations about the subject of grooming.



CHECK PRIVACY SETTINGS

In order to give your child a safer online experience, it is important to check privacy settings or parental controls on the networks, devices, apps, and websites they use. Disable location sharing if you can. If you use location-sharing apps to check where your child is, remember that these could always be used by strangers to follow your child without their knowledge. Ensure that you check options so that location information is never shared with anyone except those they have permission to share with.



MONITOR SOCIAL MEDIA & LIVE-STREAMING USE

It's important to be aware of what your child is sharing on social media and with whom. Create your own profile and become 'friends' with them or follow them so that you can monitor their activity. Similarly, always check on them if they are live streaming and implement privacy controls. Choose a generic screen name and profile picture that hides their identity. You may also feel more comfortable being present each time they live stream.



STICK TO 'TRUE FRIENDS'

Make it clear to your child that they should not accept friend requests from people they don't know and to verify friend requests with people who they do know. Encourage them to only interact and engage with 'true friends' i.e. those friends who don't ask personal questions such as close family and friends. Remind them to never agree to chat privately with a stranger or someone they don't really know and to never divulge personal information, such as mobile phone numbers, addresses, passwords or the name of their school.



DISCUSS HEALTHY RELATIONSHIPS

Talk to your child about what a healthy relationship looks like and how to detect someone who might not be who they claim to be. Explain that groomers will pay your child compliments and engage in conversations about personal information, such as hobbies and relationships. They may admire how well they play an online game or how they look in a photo. Groomers will also try and isolate a child from people close to them, such as parents and friends, in order to make their relationship feel special and unique.

BE SUPPORTIVE

Show your child that you will support them and make sure they understand they can come to you with any concerns they may have. They need to know they can talk to you if someone does something they are uncomfortable with, whether that is inappropriate comments, images, requests or sexual comments.



Meet our expert

Jonathan Taylor is an online safety expert and former Covert Internet Investigator for the Metropolitan Police. He is a specialist in online grooming and exploitation and has worked extensively with both UK and international schools in delivering training and guidance around the latest online dangers, social media apps and platforms.



LOOK OUT FOR WARNING SIGNS

Child safety experts have identified key grooming patterns and advise parents to look out for:

- Secretive online behaviour.
- Late night internet or smartphone usage.
- Meeting new friends in unusual places.
- Becoming clingy, develop sleeping or eating problems or even bedwetting.
- Lack of interest in extra-curricular activities.
- Having new items, such as clothes or phones, unexplainably.
- Seem withdrawn, anxious, depressed or aggressive.
- Having older boyfriends or girlfriends.



SPORTS FIXTURES

Monday 9th March 2026

- Under-13s Boys' Football Away Game v Walworth Academy. Leave school at 2.30pm. Start 3.30pm. Return at 5.30pm approx.: **Mr Dash**
- Under-16s Girls' Hockey Away Game v Sydenham High School. Leave school at 3.40pm. Start 4.30pm. Return at 6pm approx.:
Miss Jaymes

Tuesday 10th March 2026

- Under-12s & Under-13s Girls' and Boys' London Schools Cross Country Meeting at Avery Hill. Leave school at 11am. Start 12 noon. Return at 4pm approx.: **Mr Jones**
- Under 15s Girls' Hockey Away Game v James Allen's Girls' School. Leave school at 3.40pm. Start 4.30pm. Return at 6pm:
Miss Jaymes

Wednesday 11th March 2026

- Under-18s Boys' Rugby Surrey Schools 7s Tournament @ Old Reigatians. Leave school at 7.30am. Start 9am. Return at 5.30pm approx.:
Mr McWhirter
- Under-15s Boys' Hockey London Schools Tournament @ Kingston Grammar School. Leave school at 8am. Start 10am. Return at 5.30pm approx.: **Miss Jaymes**
- Under-16s B-Team Boys' Football ESFA Semi Final Away Game against Millfield School. Leave school at 7.30am. Start 2pm. Return at 9pm approx.: **Mr Johnstone/Mr Hall**

Thursday 12th March 2026

- No planned Fixtures/Competitions planned

Friday 13th March 2026

- Under-16s Boy's Rugby Surrey Schools 7s Tournament @ Old Reigatians. Leave school at 7.30am. Start 9am. Return at 6pm approx.:
Mr McWhirter
- Under-14s Boys Rugby UR7s Tournament at Chiswick Rugby Club. Leave school at 11am. Start 12 noon. Return at 6pm approx.: **Mr Lord/Mr Dash**

Please note that fixtures maybe postponed or rearranged due to weather conditions.
<http://www.kingsdaleschoolsports.org.uk>

HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents & Educators Need to Know about Online Grooming.' Get a greater insight here.
Please read! Remember to keep an open dialogue with your child about their activities online. See Page 19 above.

The House Leader Board 2025-26

Week ending
6th March 2026

- 1st Place – Swift 78,749 points
- 2nd Place – Dove 78,679 points
- 3rd Place – Falcon 77,964 points
- 4th Place – Albatross 77,527 points
- 5th Place – Eagle 77,317 points



Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details.
Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at:
www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:
<https://www.myedschoolapp.com/>
This app provides a range of useful info for parents.

