



# PARENTAL NEWS BULLETIN

Issue 27 Tuesday 22<sup>nd</sup> April 2025

## HEADLINE NOTICES



### A Tribute to Izaiah Smith, Aged 15

We would like to thank all members of the Kingsdale Community for their heart-warming support following the tragic loss of Izaiah Smith in a swimming tragedy at Beckenham Place Park on Friday 4<sup>th</sup> April 2025.

Izaiah was a student who was much loved by the Kingsdale Community. He was a charismatic, intelligent and above all kind young man, who was always there to support his friends, peers and students from other year groups when they needed his help. Izaiah often topped the academic achievement points board and won numerous community awards. He was a keen ambassador for his school, not only representing Kingsdale with distinction at numerous Open Day events, but also in sports such as athletics and particularly football. Izaiah was part of the Kingsdale Foundation School team which won the under-15's National Finals of the English Schools' Football Association (ESFA) PlayStation Cup in 2024; a significant and lasting achievement.

The outpouring of emotion and grief following the tragic loss of Izaiah is testament to the positive impact he made on the wider Kingsdale Community. He is remembered with great affection by all those who knew him at Kingsdale Foundation School and beyond and he will be greatly missed by staff. Our thoughts continue to be with his family, friends and peers at this incredibly difficult time, scores of whom have left touching tributes at Beckenham Place Park, the school and on social media. A book of condolence remains open at the school and will be accessible throughout this week.

Please remember that parents and students can contact us for support via [support@kingsdale.southwark.sch.uk](mailto:support@kingsdale.southwark.sch.uk). Details of how parents can access a recorded information session from Dr Jessica Richardson on how to support young people through traumatic grief have been issued separately, along with information about how the school will continue to support our young people at this difficult time. Further tributes to Izaiah published in the local press from across the community can be accessed [here](#).

## THEME OF THE WEEK

Truth, Liberty and Tranquility  
‘The way of peace is the way of truth...truthfulness is even more important than peacefulness. Indeed, lying is the mother of violence. A truthful person cannot remain violent for long.’

*Mahatma Gandhi*

## WORD OF THE WEEK

### Fortuitous

Positively happening by chance rather than intention.

*‘The text was edited in a way that inadvertently changed its meaning.’*

## SCHOOL NEWS

### Start of the Summer Term

Summer term commences on Tuesday 22<sup>nd</sup> April 2025.

On this day, only selected Year 11 students are required to return by invitation, which have been issued separately.

All other students are due to return on Wednesday 23<sup>rd</sup> April 2025 at the usual times.

Additional details have been issued separately. Full details regarding school and holiday dates for the 2024-25 & 2025-26 academic years can be located on our website [here](#).

## SAVE THE DATES

**Wednesday 11<sup>TH</sup> June 2025!**

Silver Arts Award  
Year 9 Exhibition

**Wednesday 9<sup>TH</sup> July 2025!**

Art & Design Exhibition



## SCHOOL NEWS

### Year 10 Prefects

Kingsdale is pleased to welcome its newest cohort of Year 10 Prefects. The students who became Year 10 Prefects submitted applications of an exceptionally high quality, and those appointed to the role received their prefect ties and badges in assembly before the end of term. We look forward to working with them all!



## SCHOOL NEWS

### Open Iftar Meal

We are delighted to share that our recent Open Iftar Meal at school was an uplifting and memorable event! Students, staff, and families from different faiths, religions or none came together to participate in the breaking of fast ritual undertaken during the month of Ramadan by Muslims throughout the world in a spirit of unity, reflection, and community.

The evening was filled with delicious food, prayer, meaningful conversations, and a wonderful sense of togetherness.

We extend our gratitude to all the families who joined us, as well as to those who contributed food. It was a beautiful opportunity to celebrate the values of kindness, generosity, and inclusivity that we hold dear at Kingsdale.



## KFS Careers Fair 2025

A huge thank you is extended to all parents and community members who helped make the Kingsdale Careers Fair 2025 such a great success. Around 1,000 students from Years 9, 10 & 12 talked to people representing 80+ different careers across the course of the day, and it's fair to say they were buzzing about it! Students had really meaningful conversations about career paths, day-to-day experiences in jobs, and what their next steps should be. In order for us to continue improving the Careers Fair, it would be fantastic if students in Years 9 and 10 could evaluate the fair using the link [here](#), and students in Year 12 evaluate it using the link [here](#). Feedback can also be provided to the team via [careers@kingsdale.southwark.sch.uk](mailto:careers@kingsdale.southwark.sch.uk)



# KINGSDALE CAREERS FAIR 2025





# VE DAY

Thursday 8<sup>th</sup> May 2025 will mark 80 years since VE (Victory in Europe Day), heralding the end of the Second World War later that year.

To mark this significant occasion, the History department are collecting family wartime histories from the Kingsdale community, which we will present in a display.

If you have any stories of your family's experiences of the Second World War, about conflict, life on the Home Front or VE Day celebrations, we want to hear from you.

Email your stories and any accompanying photographs to: Ms Preston at [APN@kingsdale.southwark.sch.uk](mailto:APN@kingsdale.southwark.sch.uk) by Friday 2<sup>nd</sup> May 2025.

Thank you in advance for any contributions.

## ENGLISH NEWS

### Derek Landy Author Talk at Dulwich College

On Thursday 27<sup>th</sup> March, a group of Year 7 students attended a talk given by *Skullduggery Pleasant* author Derek Landy. Mr Landy gave a very amusing and informative talk about his life, writing style and passion for killing his own characters! Our Kingsdale contingent acted like first-rate ambassadors for the school and enjoyed the dramatic architecture of our neighboring school!



## SCOOOL NEWS



### Reading Age Check

As many of you will know, we regularly check and compare progress on our students' reading ages.

All students in year 7 to 10 have therefore been emailed a link to an online reading test. This is an adaptive test, which starts with questions aimed at the actual age group, and then becomes more difficult/easier according to answers given already, to ensure that the maximum reading age is determined.

The test will have to be completed by the end by Friday 25<sup>th</sup> April 2025 at the latest.

Should your child experience any problems in accessing this test at home, please contact Ms Klingler via [exams@kingsdale.southwark.sch.uk](mailto:exams@kingsdale.southwark.sch.uk) know, so that we can timetable a slot for them to complete it in school.

Artwork by Margaux Glipa  
A Level Textiles



# Art & Design Exhibition

Wednesday 9<sup>th</sup> July 2025

5pm – 8pm



**KINGSDALE**  
FOUNDATION SCHOOL

SE21 8SQ



# Silver Arts Award Year 9 Exhibition



## Invitation

**Year 8**

Taster Lesson

**Hands-on Workshop**

**Date: Wednesday 23<sup>rd</sup> April 2025**

**Time: 4 – 5.30pm**

**Room: FS2**

Students can register their interest with Ms  
Leung/Miss Hinds via  
[artd&t@kingsdale.southwark.sch.uk](mailto:artd&t@kingsdale.southwark.sch.uk)

# SAVE THE DATE 9<sup>TH</sup> JULY 2025!

## Art & Design Exhibition

Wednesday 9<sup>th</sup> July 2025

5pm – 8pm

SE21 8SQ

As our Year 11 and 13 Art, Photography, Graphics and Textiles students prepare to take their practical exams after the Easter holiday, here is an opportunity to save the date of our Summer Art & Design exhibition.

Make sure the date is in your diary as we will be celebrating all the incredible work our students have produced over the last two years.

We will be displaying GCSE and A-Level outcomes, as well as their beautiful sketchbooks, and also work by our Year 9 students, our Year 7 & 8 Art, Textiles, Photography and Graphic Scholars along with work by D&T.

Please come along, and bring family and friends, to enjoy an evening of Art, music and refreshments provided by our wonderful Food Science students.



# PERFORMING ARTS NEWS

After school dance had an amazing two days of our Alumni's Dayne Thompson and Isabella Dayang coming in to offer a Street Dance workshop and a Commercial Dance workshop at the end of the Spring term. These were great sessions which also covered mental health and confidence within dance.

Well done to all students that participated.





### Year 7 Netball

#### Kingsdale v Charter School, East Dulwich

The Year 7 Netball team triumphed 13-8 in their recent league match against Charter School, East Dulwich. Kitty displayed exceptional shooting, while Mia's brilliant defense was key to their victory.

A fantastic team effort secured the well-deserved win!

**Final Score:** Kingsdale **13-8** Charter School

### Year 8 Netball

#### Kingsdale v Charter School, East Dulwich

The Year 8 Netball team secured a 19-11 victory against Charter School, East Dulwich at the end of term. Eleanor impressed with her outstanding shooting, while Chloe worked tirelessly in the centre, driving the team forward. A brilliant team effort led to this well-earned win!

**Final Score:** Kingsdale **19-11** Charter School



## SPORTS NEWS

*KFS disclaimer. Please be advised Match reports produced and presented by student reporters.*

### Velodrome Cycling Competition

In the last week of term, the Kingsdale Cycling Team competed in the annual Herne Hill Velodrome cycling competition. Students from Years 7-11 represented the school, and with consecutive years, Kingsdale emerged as champions, competing against schools from across South London. An excellent achievement by all involved, with a special mention to Sam Pickering (Year 10), Christopher Campos (Year 9), and Grace Aderibigbe (Year 7).

### Crystal Palace Triathlon Update

There is a wonderful triathlon opportunity taking place at the Crystal Palace National Sports Centre on **Sunday 11<sup>th</sup> May 2025**. Crystal Palace Triathletes is a local club formed over 30 years ago where the famous, former Kingsdale student, Alex Yee trained and competed! For more details about the competition please go to the website [here](#).





# Careers Insight Day

London Museum is excited to run a **Careers Insight Day** during May half term. This event will showcase the different jobs in a museum, helping you explore all the exciting opportunities available in this sector.

Come along to take part in workshops, see behind the scenes, get hands-on with our objects and speak to staff about their roles.

When: **Wednesday 28 May 2025, 10am – 4pm**  
Where: **London Museum Spaces, 150 London Wall, EC2Y 5HN**

To apply, please complete the form using the link below by **2 May 2025**.



## London Museum Careers Insight Day

This event is open to students in Year 10-13 living in one of the London boroughs, and will be a day of workshops and tours held onsite at the (closed to the public) London Wall site, showcasing the range of careers available within a museum and giving students the opportunity to talk to staff from all departments about their roles and career journeys.

There will be interactive workshops with a chance to try out real-life work tasks (such as reconstructing pottery, writing a PR release), tours of back of house spaces (such as the Conservation and Technicians' labs) and a marketplace event where students can practise their networking skills.

Refreshments, lunch and goody bags will be provided.

Just use the QR code link for the application form which must be completed by:

**Friday 2<sup>nd</sup> May**

Alternatively, click [here](#).

The museum are particularly keen to reach those students who may not have considered a career in heritage, or who are from groups who are under-represented in the museum workforce, including those from Black, Asian or ethnically diverse backgrounds, disabled applicants, or those eligible for free school meals.

*Pictured are Kingsdale pupils who took part last year.*

**LONDON MUSEUM**



Supported using public funding by  
**ARTS COUNCIL ENGLAND**

## Calling All Year 13s Interested in a Career in the Museum Sector!

The London Museum have a fantastic bursary available to Year 13 students which will provide **£1000** per year of your undergraduate study and the opportunity for two-month summer placements at the London Museum.

Further details are below but if you're at all interested in careers in the museum or heritage sectors, this is for you. For further details please contact Mrs Wiggam or Ms Markes.

## LONDON COLLECTION BURSARY

**Paid summer student placement and annual £1,000 bursary at London Museum**

### What is it?



Our London Collection Bursary is designed to open up roles related to collections in museums to people who may not have considered a career in the museum and heritage sector.

The bursary provides one student with:

- An annual £1000 bursary for the duration of your undergraduate studies
- A two-month paid summer placement working within one or more departments of the museum, for each year of your undergraduate studies.

### Who is it for?



We would particularly like to support those who may have faced additional barriers throughout their time in education. We will prioritise applicants who have:

- ✓ Been eligible for free school meals (anytime during the last six years)
- ✓ Experience of care

We also particularly welcome applications from the following groups, because we know they're underrepresented in the museum and heritage workforce:

- ✓ Applicants who identify as Black, Asian or ethnically diverse
- ✓ Disabled applicants
- ✓ Applicants who identify as male or non-binary

To be eligible you should:

- ✓ Have studied your post-16 qualifications at a school or college in London
- ✓ Be planning to begin studying at a higher education institution in autumn 2025
- ✓ Be intending to study a subject which you feel is relevant to the work of a museum
- ✓ Have an interest in learning more about working in museums

### How do I apply?



You can submit an application using our online form at [londonmuseum.org.uk/london-collection-bursary](https://londonmuseum.org.uk/london-collection-bursary)



OR

email [earlycareers@londonmuseum.org.uk](mailto:earlycareers@londonmuseum.org.uk) and we'll send you a link.

Applications close on **30 April 2025**.



**LONDON MUSEUM**



## CAREERS AT LONDON MUSEUM

This infographic illustrates the areas of work and types of roles we have at London Museum. We hope it will help people in their early career, those looking to change career or move into the sector to get a better understanding of possible career paths they might choose.



### CORE SERVICES

Roles in this area perform key business functions and are found across the majority of organisations meaning that experience and skills are highly transferrable

- Human Resources
- Finance • IT • Facilities



### COLLECTIONS

Collections based roles work closely with the museum's collection in relation to storage, documentation, movement, story-telling, conservation and display

- Curators • Conservators
- Librarians • Archivists
- Graphic designers
- Gallery technicians
- Registrars • Audience leads
- Exhibition managers



### DEVELOPMENT

Roles in this area raise funds that are essential for the museum. This includes fundraising (from people or organisations), thanking supporters, and managing a range of operational functions such as events,

- Fundraising
- Event management
- Project and office management



### LEARNING & ENGAGEMENT

Roles in this area involve running programmes for schools, families and communities across London and beyond

- Schools • Families • Early years
- Community engagement
- Audience research & evaluation
- Online learning



### CUSTOMER FACING

Roles in this area interact and communicate directly with our visitors and clients and play a pivotal role in the experiences they have at the museum

- Hosts • Catering • Retail
- Visitor experience managers
- Hospitality • Security
- AV technicians • Call centre
- Photographers • Picture library



### TASTER ROLES

These are the different ways you can gain experience and insight into what we do at the museum

- Volunteering
- Student Placements
- Work Experience



### COMMUNICATIONS

Roles in this area raise awareness of the museum and drive visits through the proactive promotion of the museum's activities

- Public relations
- Marketing • Social media
- Brand • CRM



### NEW MUSEUM

Roles in this area drive forward the planning and creation of our new museum in West Smithfield. Although a number of departments across the museum feed into new museum work, the new museum team are instrumental in coordinating and mobilising this monumental project

- Project and programme management
- Curation and display
- Architectural and exhibition design and build
- Audience insight and engagement
- Creative programming and partnerships
- Organisational transformation





UNIVERSITY OF  
CAMBRIDGE

### Life at Cambridge

Talk from ex-students on Wednesday 23<sup>rd</sup> April

On Wednesday 23<sup>rd</sup> April we have two ex-students coming in who are currently at Cambridge to talk about their experiences, and more generally about the 'Oxbridge' (Oxford and Cambridge) application process and their experiences. They will be talking to **Years 8 and 10 at 12.15 in CR1** and **Year 12 at 1pm in D11**.

Students are invited to attend if they are at all curious about Oxford and Cambridge, or just want to find out more about University life.



### Entrepreneurship and Business Talk for Years 8 & 10 at 12 noon on Tuesday 29<sup>th</sup> April CR1

Interested in starting your own business? Curious about what it means to be an entrepreneur? Come to this careers talk on 29<sup>th</sup> April! Gizelle Renee is an entrepreneur who has built many businesses from fashion brands to gyms to wellness brands to hospitality events and retreats. She's coming to talk to us about what it means to set up your own business, and give us a taste of her personal experiences.

It should be a fantastic event for anyone interested – Students in Years 8 and 10 please come to **CR1** on Tuesday 29<sup>th</sup> April at midday, bring your lunch. To register your interest sign up [here](#).

## CAREER NEWS

### National Careers Week 2025

Thank you to all our students, parents/carers and guardians that contributed to the engaging conversations around the many career pathways during National Careers Week.

Continue to explore your passion and what you enjoy most. What are you good at? What do you find easy to do?

These are important questions when it comes to exploring and securing the best career for YOU?

Just in case your child missed Samsung's Live Lesson on Wednesday, you can catch up by watching [here](#).

### Careers Talks 2025

A reminder that as well as Apprenticeship week, we have a range of careers talks coming up this year – details below. Students should sign up [here](#) if they are interested.

Any student who has signed up will receive an e-mail and should note that the talk is during their lunch time so they should bring a packed lunch, or can get a slip to be released 10 minutes early from their lesson.

### Careers Talks Programme

Business and Entrepreneurship

Years 8 & 10

29<sup>th</sup> April 2025 at 12.00 noon

Law Information Session

Year 12

7<sup>th</sup> May 2025 during enrichment

Charity Sector: Amnesty International

Years 8 & 10

13<sup>th</sup> May 2025 at 12 noon

Wigs & Hair (National Theatre)

Years 9 & 12

20<sup>th</sup> May 2025 at 1.00pm

Health Economics

Years 9 & 12

6<sup>th</sup> June 2025 at 1pm

Humanitarian & Development Aid

Years 8 & 10

24<sup>th</sup> June 2025 at 12 noon

## Trinity College Beyond the Classroom Online Academic Enrichment Programme Back in 2025!

### What

This online after-school academic enrichment programme is back for 2025 and will feature a new series of mini lectures, Oxplore taster sessions, academic skills talks and advice about preparing for university study and submitting a competitive application to university and the University of Oxford.

A certificate of participation from Trinity College, Oxford, for those attending 7 or more sessions!

### Who

Any state school student in Year 7 to 12 interested in exploring learning across a broad range of themes and cross subject beyond the classroom and/or applying to Oxford.

### When

Beginning 5<sup>th</sup> March until 9<sup>th</sup> July 2025.

### Where

Online via Teams.

### Links

Students can sign up to Beyond the Classroom now and anytime up to 8<sup>th</sup> July by completing our [Registration Form](#). Register at any point before 9th July.

## St Anne's Super-Curricular Club

### What

St Anne's Super-curricular Club is a series of online academic taster sessions aimed at Year 12 students who want to broaden their academic interests and gain insight into university-level research and undergraduate-style teaching. Each taster session will be one hour long and will introduce students to our researchers' work, and what this subject area might be like to study at Undergraduate level.

### Who

Year 12 UK state school students who would like to get a taste of their subject at this level and learn from an Oxford University academic!

### When

16.00-17.00 from 20<sup>th</sup> March to 22<sup>nd</sup> May 2025

### Where

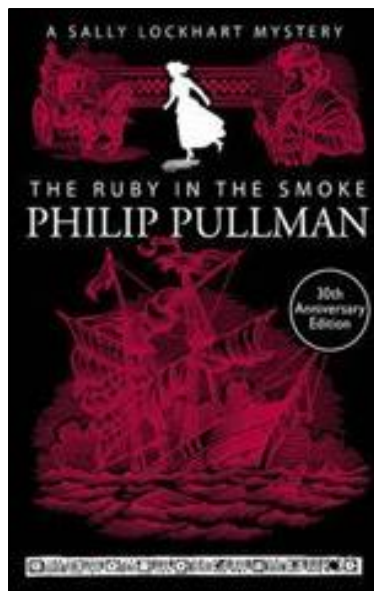
Online

[Links](#) Please sign up via the [booking form](#).

**SUBMIT HAND-WRITTEN BOOK REVIEWS TO  
ENG. DEPT,  
WIN BOOK TOKENS AND OTHER PRIZES!**

## Reading Recommendations

### Teacher Recommendation



Mr Drysdale recommends *Ruby in the Smoke* by Philip Pullman

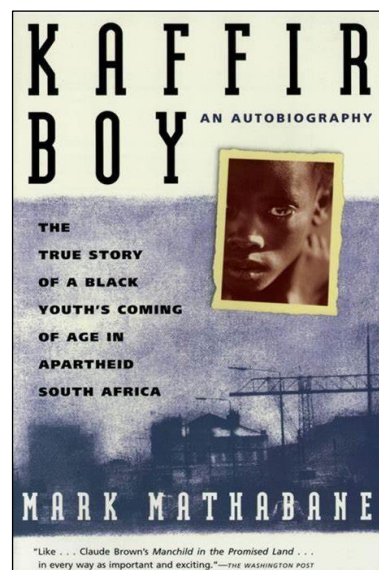
Sally Lockhart is living quietly in London when she hears news of her father's tragic death at sea - and receives the ominous warning he left her before he died.

Soon Sally is plunged into a terrifying mystery in the dark heart of Victorian London. Her journey will take her from the grimy streets of the East End to a Maharajah's Indian palace to the decadent opium dens of China. Unravelling the mystery will lead her into a world of danger and excitement and to a priceless, blood-soaked jewel...

Mr Drysdale loves this 'atmospheric thriller' and would recommend to Year 8 particularly, as it's foggy depiction of London is the perfect follow-up read to *A Christmas Carol*.

Suitable for students in Year 7 and up!

### Student Recommendation



A Year 10 mystery student recommends *Kaffir Boy* by Mark Mathabane

Mark Mathabane was weaned on devastating poverty and schooled in the cruel streets of South Africa's most desperate ghetto, where bloody gang wars and midnight police raids were his rites of passage.

Like every other child born in the hopelessness of apartheid, he learned to measure his life in days, not years. Yet Mark Mathabane, armed only with the courage of his family and a hard-won education, raised himself up from the squalor and humiliation to win a scholarship to an American university.

This extraordinary memoir of life under apartheid is a triumph of the human spirit over hatred and unspeakable degradation. For Mark Mathabane did what no physically and psychologically battered "Kaffir" from the rat-infested alleys of Alexandra was supposed to do -- he escaped to tell about it.

Our Year 10 Student adored the 'gripping storyline' and 'would recommend to anyone who wants to learn about the history of apartheid.'

Some mature themes; best suited for Year 10 and up!

## CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email [tkp@kingsdale.southwark.sch.uk](mailto:tkp@kingsdale.southwark.sch.uk)

For further information on term & holiday dates, please contact the Attendance Team via [attendance@kingsdale.southwark.sch.uk](mailto:attendance@kingsdale.southwark.sch.uk)

### SUMMER TERM 2025

#### First Summer Half-Term

Tuesday 22<sup>nd</sup> April – Friday 23<sup>rd</sup> May

Tuesday 22<sup>nd</sup> April INSET DAY

*School closed to students except those in Year 11*

#### Mayday Bank Holiday

Monday 5<sup>th</sup> May 2025

#### Half-Term Holiday

Monday 26<sup>th</sup> May – Friday 30<sup>th</sup> May

#### Second Summer Half Term

Monday 2<sup>nd</sup> June – Friday 25<sup>th</sup> July

Friday 25<sup>th</sup> July INSET DAY

*School closed to students except by invitation*

## Science Intervention Programme

### Parent Bulletin – Science Support Sessions

We invite all students to take advantage of our **Science Support Sessions**! These sessions are becoming increasingly popular, providing an excellent opportunity for students to deepen their understanding of scientific concepts with the help of experienced scientists.

#### Who is it for?

- Year 11 & 13 students who need support in understanding key scientific concepts.
- Any student looking for extra guidance in science subjects.

#### Why attend?

- A great opportunity to clarify doubts and strengthen subject knowledge.
- A welcoming and supportive environment for learning.

## Science Revise & Review Sessions for Year 8 & 9

Need a bit of extra support with science? Want to go over tricky topics or get in some solid revision time?

Our *Science Revise & Review* sessions are running **Every Thursday after school, 4.15–5.00pm in EN1.**

These sessions are a great chance for students to consolidate their learning, ask questions, and sharpen their understanding in a focused but supportive environment. Whether they're preparing for upcoming assessments or just want to build confidence, all students are welcome to attend. No sign-up required - just turn up ready to learn!

## Year 11 – Intervention programme

| Date        | Combined Science Intervention Programme of Study Every Tuesday |                                          |                                        | Separate Science (Triple Science) Intervention Programme of Study Every Wednesday | Saturday Sessions        |
|-------------|----------------------------------------------------------------|------------------------------------------|----------------------------------------|-----------------------------------------------------------------------------------|--------------------------|
|             | Biology                                                        | Chemistry                                | Physics                                | Chemistry Sessions/ Physics                                                       |                          |
| Day/ Time   | Tuesday<br>3.45 to 4.45                                        | Tuesday<br>3.45 to 4.45                  | Tuesday<br>3.45 to 4.45                | Wednesday<br>3.45 – 4.45                                                          | Saturday<br>Open for all |
| Room Number | SC – Small Tutoring sessions<br>SC2/SC3/SC4                    | Small Tutoring sessions<br>SC8/SC10/SC11 | Small Tutoring sessions<br>SC1/SC6/SC7 | S11                                                                               | Online                   |

## A Level Intervention Programme

| Date        | Year 13 Intervention Programme               |                                 |                                                      |
|-------------|----------------------------------------------|---------------------------------|------------------------------------------------------|
|             | Biology<br>Wednesday / Thursday              | Chemistry<br>Wednesday          | Physics<br>Monday, Tuesday and Wednesday             |
| Day/ Time   | Wednesday (6M2) and Thursday<br>3.45 to 4.45 | Every Wednesday<br>3.45 to 4.45 | Every Monday, Tuesday, and Wednesday<br>3.45 to 4.45 |
| Room Number | SC10                                         | Tutoring sessions               | Small Tutoring sessions<br>SL1                       |

## Back-to-School Tips for Parents of SEND Students Summer Term

As we begin the Summer term, we understand that returning to school after a break can be both exciting and challenging, particularly for students with SEND. To help make the transition as smooth as possible, here are some key tips to support your child's return to secondary school.



### 1. Reintroduce Routines and School Habits

The break may have disrupted school routines, so gradually reintroducing **morning, bedtime, and study routines** can help ease the transition.

Using a **visual timetable or checklist** can support students in getting back into the school rhythm.



### 2. Remind Your Child What to Expect This Term

The summer term often brings changes, such as **exam preparation, new topics, and school events**.

If your child struggles with uncertainty, looking at the school website, checking their timetable, or using social stories can help reduce anxiety.



### 3. Support with Homework Using Satchel One

To help students stay on top of their work, all homework is posted on **Satchel One**.

Encourage your child to **check Satchel One regularly**, break tasks into smaller steps, and set reminders for deadlines.

If they find homework overwhelming, please reach out to their teachers to discuss support options.

### 4. Support Wellbeing and Emotional Readiness

Returning to school can feel overwhelming, especially with the pressures of the final term. Encourage **calming strategies**, such as **breathing exercises, movement breaks, or quiet time** after school.

If your child is feeling anxious, reassure them that their teachers are here to help.



### 5. Help with Organisation and Equipment

Encourage your child to pack their bag the night before school and check they have everything they need, including **stationery, uniform, and any sensory aids**.

Using **visual reminders** or a checklist can support independence.



### 6. Encourage a Positive Approach to Learning

The summer term is a great opportunity for students to **build confidence and reflect on their progress**.

Celebrate small achievements and remind them that effort is just as important as results.

We look forward to a successful and positive term ahead. If you have any questions or need further support, please do not hesitate to contact the SEND team.



## Spring 2025 Newsletter

FACE delivers online support via zoom for parents across the UK  
Talks are 90 minutes long, £24 each - Book Online at [facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)



Schools can now buy a  
**FACE School Annual Membership**  
which means **ALL** parents and **ALL** staff  
get unlimited **FREE** access to **ALL** 16 parent talks

Thursday  
24th April  
19:00 - 20:00  
**FREE**



**Responding to Angry Behaviour**  
What can we do in the moment?

Tuesday  
18th March  
10:00 - 11:30  
£24



**Anxiety Explained**  
Anxiety, especially in our young is rising.  
This session explains what it is, why it happens and how you can help.

Tuesday  
3rd April  
10:00 - 11:30  
£24



**Supporting a Child with ADHD**  
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday  
3rd April  
19:00 - 20:30  
£24



**Improving Family Communication**  
How to reduce the shouting and arguing and start the talking.

[facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)



### LOCAL OFFER

THE LONDON BOROUGH OF SOUTHWARK

### Cygnets Autism Programme

- **Provider:** Southwark's Autism Support Team
- **Description:** A 6-week course aimed at parents and carers of children aged 5-18 with autism. The program focuses on understanding autism, communication strategies, sensory issues, and behaviour management.
- **Details:** Weekly 2.5-hour sessions.
- **Eligibility:** Parents and carers in Southwark with children aged 5-18 diagnosed with autism.
- **Contact:** For upcoming sessions and registration, visit the [Southwark Local Offer website](#). Or click [HERE](#) to register

### Financial Support for Parents

We understand that supporting a child with SEND can present unique challenges, particularly regarding financial assistance. To help, we've compiled a list of resources and organisations in Lambeth and Southwark that offer financial support and guidance.

#### Financial Support Organisations

- **Family Fund:** Provides grants to families on low incomes raising disabled or seriously ill children and young people. Grants can assist with essential items such as washing machines, computers, and family breaks.

**turn  
2US**

- **Turn2us:** A national charity offering a free, confidential service to help people access welfare benefits, grants, and other financial support.

**contact** *For families with disabled children*

- **Contact:** Provides guidance on Disability Living Allowance (DLA), Personal Independence Payment (PIP), Blue Badge applications, and assistance with grants and benefits for families with children with additional needs.

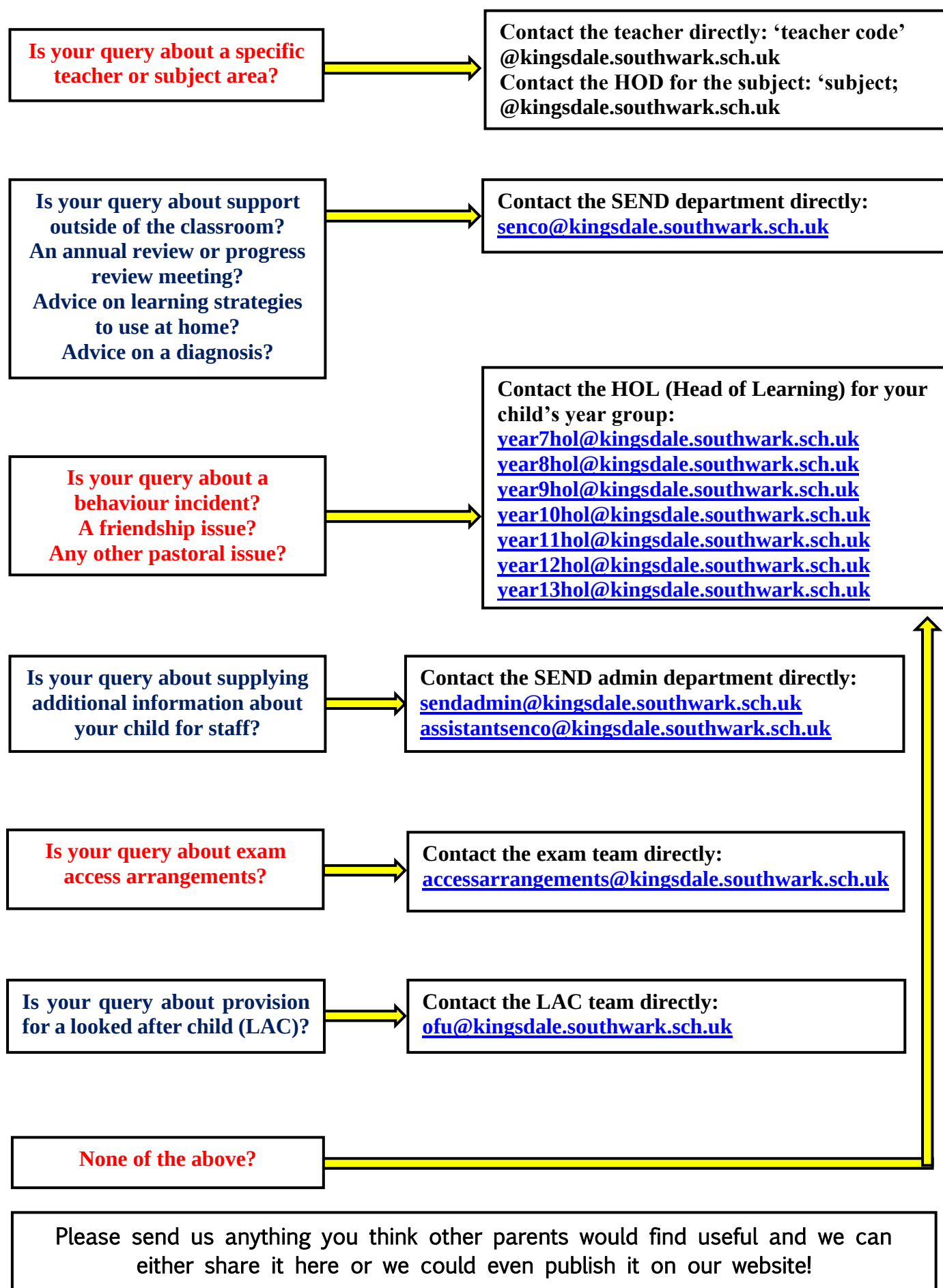
#### Additional Support:

- **ParentLine:** A confidential text messaging service for parents and carers of school-aged children in Lambeth and Southwark. You can text a school nurse at 07520 631 130 for advice on your child's health-related issues.

We hope these resources provide valuable support. If you have any questions or require further assistance, please don't hesitate to contact the SEND team.

### Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.





Young  
People  
Southwark

**If you are worried someone's drinking or drug use is affecting your child, we're here to help.**



**We help children and young people to cope with difficult family situations and feel stronger in themselves.**

You can speak to us on 0203 404 7699  
or email [Southwark.YoungPeople@cgl.org.uk](mailto:Southwark.YoungPeople@cgl.org.uk)

Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales) and SC039861 (Scotland). Company Registration Number 3861209 (England and Wales).



Drug and  
Alcohol Service  
Southwark



Young  
People  
Southwark

## Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



### We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: [Southwark.YoungPeople@cgl.org.uk](mailto:Southwark.YoungPeople@cgl.org.uk) or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

# SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

**Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.**



## What can you do to keep your child safe online?

S

### **Set clear boundaries.**

Agree with your child what they can do online and their access to certain apps/websites.

T

### **Talk with your child and be supportive.**

Listen to what they already know so you can start a conversation about what normal use is.

E

### **Educate everyone in the family.**

Make sure all family members know what isn't appropriate and how to stay safe online.

E

### **Evolve with the internet.**

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

**Research, review and regulate the apps and websites your child uses.** This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



### **FOR SUPPORT AND ADVICE, PLEASE VISIT:**



**ParentZone** – Resources for parents/children to help keep kids safe online.



**CEOP Education from the National Crime Agency** – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



**Internet Matters** – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



## A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



[shorespace.org.uk](https://shorespace.org.uk)

### Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

# SCHOOL NEWS

## Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

### “LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

**Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.**

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via [dhg@kingsdale.southwark.sch.uk](mailto:dhg@kingsdale.southwark.sch.uk) with any queries.



### Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

[health&wellbeing@kingsdale.southwark.sch.uk](mailto:health&wellbeing@kingsdale.southwark.sch.uk)  
[tellsomeone@kingsdale.southwark.sch.uk](mailto:tellsomeone@kingsdale.southwark.sch.uk)

Please contact **Ms V. Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

# HOUSE COMPETITIONS



National Pet Month – April 2025

National Pet Month aims to promote responsible pet ownership and make people aware of the benefits of pets for people, and people for pets. It also raises awareness of the role, value and contribution to society of working companion animals. This month helps people learn about how to look after pets properly.

#### Did you know...

- More than half of the adults in the UK own a pet
- There is an estimated population of 10.9 million pet cats
- 24% of the UK population have a dog



**STUDENT TASK:** Share images of your pets with the House Team along with a sentence about the benefits of pets for people.

**HOUSE ACTIVITY:** Submit your image to the House Team: [housesystem@kingsdale.southwark.sch.uk](mailto:housesystem@kingsdale.southwark.sch.uk)  
Ensure your entry is accompanied by your full name, tutor group and House.

#### Kingsdale Cooking Challenge: Easter Meal or Dessert



After the lean months of Winter and the fast weeks of Lent, food at Easter was always a special treat. Easter day, like Christmas day, is also associated with special food. Boiled eggs are traditionally served at breakfast, then Easter cards and gifts may be exchanged. Roast lamb, which is the main dish at Jewish Passover, is the traditional meat for the main meal on Easter Day.

It is served with mint sauce and vegetables. The traditional Easter pudding is custard tarts sprinkled with currants and flat Easter biscuits.

Simnel cake is baked for tea.



**STUDENT TASK:** Send us a picture of your Easter meal/ dessert and a short description of what your meal contained. The best-looking meals will win valuable points for your house. Don't forget permission from your parents or carers and have appropriate supervision in the kitchen.

#### HOUSE ACTIVITY:

Submit your picture to the House Team: [housesystem@kingsdale.southwark.sch.uk](mailto:housesystem@kingsdale.southwark.sch.uk)  
Ensure your entry is accompanied by your full name, tutor group and House.

## What Parents & Educators Need to Know about

# INSTAGRAM

AGE RESTRICTION  
**13+**

Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app – and what the risks are.

### WHAT ARE THE RISKS?

#### EXCESSIVE SCREEN TIME

Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.

#### AI CHATBOT CONCERNS

Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.

#### RISKS OF GOING LIVE

The livestream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post offensive or harmful comments during live sessions.

#### THREADS INTEGRATION

Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.

#### SCHEDULED MESSAGING

Instagram's newer ability to schedule direct messages means that children could receive messages late at night or early in the morning. This can disrupt their sleep or keep them preoccupied before the school day even begins.

#### EXCLUSION AND LOW SELF-WORTH

Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often hurts as much as in real life. There is a risk this can lead to reduced self-esteem and a sense of not belonging.

## Advice for Parents & Educators

#### USE INSTAGRAM'S SUPERVISION TOOLS

Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their account to ensure they have these protections.

#### OPEN UP THE CONVERSATION

Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or chase 'likes' to feel valued.

#### SET BOUNDARIES FOR THREADS AND AI

Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, therefore helping children understand that chatbots aren't real people and should be used with care.

#### BE MEDIA-SAVVY WITH INFLUENCERS

Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and paid promotions – and how online personalities can shape opinions and behaviour.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

# SPORTS FIXTURES

**Monday 21<sup>st</sup> April 2025**

- Bank Holiday – no events

**Tuesday 22<sup>nd</sup> April 2025**

- No fixtures or events

**Wednesday 23<sup>rd</sup> April 2025**

- Under-16s Girls' Football Away Match v St Dunstan's College. Leave school at 3pm. Start 4pm. Return at 6.30pm approx.: **Mr Jones /Mr Price**
- Under-13s Boys' JNR MBA Basketball Away Match v Ark Putney Academy. Leave school at 2pm. Start 3.30pm. Return at 6.30pm approx.: **Mr Lord/Mr Dash**

**Thursday 24<sup>th</sup> April 2025**

- Under-13s Boys' Cricket Away Match v Ibstock Place School. Leave school at 12.30pm. Start 2pm. Return at 6pm approx.: **Mr Price**

**Friday 25<sup>th</sup> April 2025**

- Year 11 GCSE PE External Moderation School site. 9am - 4pm: **Mr McWhirter/PE Staff**

Please note that fixtures maybe postponed or rearranged due to waterlogged or frozen pitches. All fixtures can be viewed via the link below:

<http://www.kingsdaleschoolsports.org.uk>



# HOUSE NEWS

## Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents & Educators Need to Know about 'Instagram''. Get a greater insight here.

**Please read!** Remember to keep an open dialogue with your child about their activities online. **See page 21 above.**

## The House Leader Board 2024-25

**Week ending  
4<sup>th</sup> April 2025**

**1st Place** – Dove 84,597 points

**2nd Place** – Swift 82,463 points

**3rd Place** – Falcon 80,441 points

**4th Place** – Eagle 79,491 points

**5th Place** – Albatross 79,181 points

Dove can still be overhauled but time is running out!



## Ways we communicate with Parents and students

We communicate with students & parents via:

### Student & Parent Email

Please ensure we have your correct email and mobile phone contact details.

Students should also be regularly accessing their student email accounts.

### MS Teams

Used to share schoolwork, assignments and files.

### Twitter/Website

You can find us at @kingsdalefs. Our website at: [www.kingsdalefoundationschool.org.uk](http://www.kingsdalefoundationschool.org.uk)

### SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

### MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.



## The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need.

This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



## Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to [lostproperty@kingsdale.southwark.school.uk](mailto:lostproperty@kingsdale.southwark.school.uk)

Kingsdale Foundation School, Alleyn Park, Dulwich, London, SE21 8SQ

Web: [www.kingsdalefoundationschool.org.uk](http://www.kingsdalefoundationschool.org.uk) Tel: 0208 670 7575 (To report student absence use Option 2)