



PARENTAL NEWS BULLETIN

Issue 31 Monday 1st June 2026

HEADLINE NOTICES

2nd Summer Half-Term
Monday 1st June – Friday 24th July 2026

We welcome students and their families back to the final half-term of this academic year! We look forward to another productive and rewarding period of success where students shine..



House Excellence Award

Marcell Kiss, Year 8, has won the House Excellence Award. He was nominated by the ICT department.

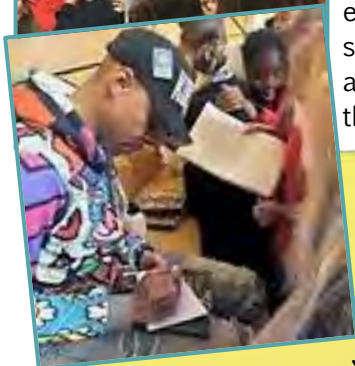
Marcel has been brilliant in ICT this year. He is thoughtful, hard-working, curious, and always gets involved in lessons with great ideas and answers. He is helpful and considerate towards other students, and is happy to support people

around him. He's a real asset to the classroom and thoroughly deserves this award. Well done, Marcell!!



Poet & Rapper Kimba visits Kingsdale

Recently, freestyle rapper and poet Kimba gave assemblies to Year 7 and 8 students. He rapped, rhymed, and shared his tips for self-expression in two exciting sessions, after which students queued for autographs and a chance to thank him!



**SAVE
THE DATE!**

You are invited to attend the

**Art & Design Exhibition
Wednesday 8th July 2026**

5pm – 8pm in the Atrium & Foyer Gallery

Please come along and support our talented students in their final show!

**PRIDE
MONTH**



THEME OF THE WEEK

Opportunities Lost

'Hell Begins on the day when God grants us a clear vision of all that we might have achieved, of all the gifts which we might have wasted, all that we might have done which we did not. Do not choose to miss an opportunity.'

WORD OF THE WEEK

Ephemeral

Lasting for a very short time.

'Ephemeral moments in college life are often the most cherished' to convey the preciousness of short-lived experiences.'

FREE PARENT RESOURCE

INVESTIN

Parent Questions Answered: Life After School

Following a recent webinar on life after school it is clear that families are looking for more support than ever when it comes to navigating the transition from school to the professional world, and that this preparation must begin while students are still in the classroom.

To help support parents, a new report: 'The Ultimate Parents' Guide to Life After School' has been created to provide families with insights and practical takeaways to help their children make informed career decisions.

Please use this [link](#) to access file

The report offers families a comprehensive look at the professional world today, featuring:

- The options and pathways available to students
- The rise of AI and advanced technology
- How to engaged in career-focused conversations with your child
- Advice from our network of industry professionals
- Top tips for parents & carers.



The Kingsdale Family International Culture Day 2026

Kingsdale Foundation School is delighted to launch this year's annual cultural festival 'The Kingsdale Family International Culture Day 2026'.

You are cordially invited with your family and friends to this colourful and festive event which takes place in the Summer on Sunday, 19th July 2026 from 12 noon until 4pm.

The school's initiative of 'Kingsdale Family International Culture Day' is a celebration of the wonderful cultural diversity in the community with a vibrant showcase of art, music, dance, drama, exotic cuisine, crafts, cultural interactive activities and talents from across the world. It sums up the school's vision of 'Respect and Inclusivity' where every child matters and belongs to the community, the diversity in the community is embraced and celebrated in a safe, happy and nurturing space. The initiative not only puts enrichment, cultural capital and the creative & performing arts at the heart of our curriculum, it also encourages a sense of leadership and entrepreneurship among students.

In case you (or your family member) are interested in setting up a cultural stall on the day, please contact us via kfscultureday@kingsdale.southwark.sch.uk

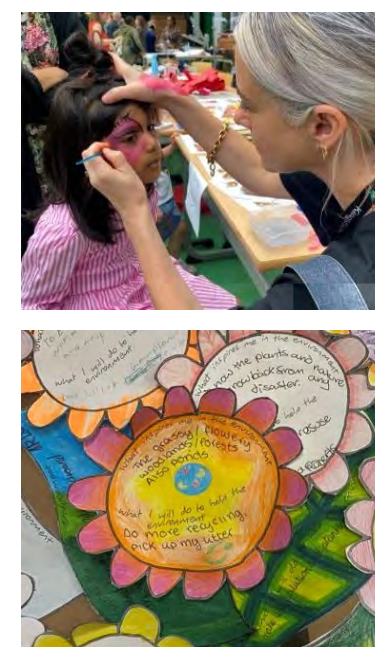
All funds that are raised are donated to *Mind – a charity for mental health and wellbeing.*

The initiative enthusiastically promotes student voice. Your child can sign-up to join the event as a Student Committee Member to help shape and lead the programme; or they can sign-up to run their own business stall related with the theme or sign-up with music/dance/drama/ any other faculty to take part in various initiatives that are being planned across the school for the day.

They can sign-up either by contacting their Heads of Learning or by contacting the organiser of the event, Mrs Chaudhary, via kfscultureday@kingsdale.southwark.sch.uk.

The event promotes a cohesive community and we would love to see you join this year's celebration on 19th July 2026.

Tickets for the event are free of charge and they will be released shortly.



GEOGRAPHY NEWS



Year 12 Geography Field Trip to Weymouth

The Year 12 Geography students recently took part in a residential fieldwork experience on the South Coast. During the trip, students collected a range of physical and human geography data to investigate how the coastline is changing due to erosion and the impact of coastal management strategies. Physical data collection included beach profiles, wave counts, and measurements of longshore drift rates along the coast. Students also spent a day in Weymouth town collecting human geography data on land use and examining the impact of tourism on the local area.

The experience provided an excellent opportunity for students to practise essential fieldwork techniques that they will use when carrying out their independent NEA data collection over the summer, a vital component of their A Level course. Alongside the academic value, the trip was great fun, with students enjoying the chance to see a range of impressive coastal landforms, including the iconic Durdle Door.



GEOGRAPHY COMPETITION

GEOGRAPHICAL ASSOCIATION • KS3: YEARS 7, 8 & 9 • FREE TO ENTER

2026 THEME

Fragile Environments

Design and make a 3D model that showcases a fragile environment and explains why it is vulnerable.

A fragile environment is one that can be easily damaged by natural changes or human activity.



Physical Features

Landforms, vegetation, climate & wildlife



Why It's Fragile

What makes it sensitive or vulnerable



2+ Threats

e.g. climate change, pollution, habitat loss...

★ Bonus! Also show how the environment can be protected or managed!

EXAMPLES OF FRAGILE ENVIRONMENTS



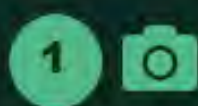
Many more environments to choose from — or pick your own!

JUDGING CRITERIA

- ✓ Geographical relevance
- ✓ Detailed geographical explanation
- ✓ Originality and creativity
- ✓ Quality of model build

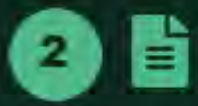
HOW TO ENTER

<https://geography.org.uk/user-connected/get-involved/2-student-activities/geographical-model-making-competition/>



1 Photograph your model

Take 2 photos: an oblique/side view AND an aerial/bird's-eye view from above.



2 Complete the entry form

Download the entry form from the Geographical Association. Write up to 300 words describing your model and explaining the geographical concept. You can type or photograph handwritten text.



3 Get parental/guardian consent

Download and complete the parental consent form from the Geographical Association. Entries cannot be considered without it.



4 Submit everything online

Fill in the form at the bottom of the Geographical Association competition page, attaching your entry form and consent form. That's it!

ENTRY CATEGORIES

Individual — KS3

Years 7, 8 & 9

KEY DEADLINE

Closes 31 July 2026

MATERIALS



Main material: reused or waste cardboard + other recycled materials from home or school

No need to buy new materials for colour — use pencils or paints you already have.

AWARDS & TIPS



Winners and runners-up receive awards from the GA, announced on social media.

→ Add labels for features, threats & protection strategies

→ Use your 300 words to explain the geography — not just describe the model

DEADLINE: 31st JULY 2026

LANGUAGES NEWS

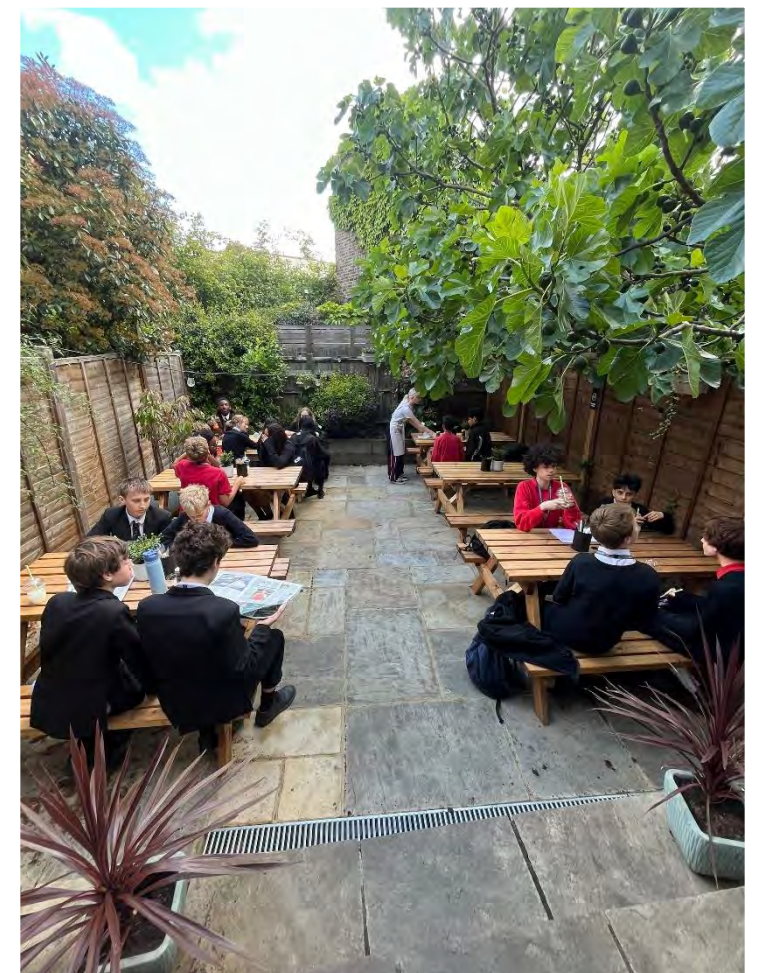


Year 8 Spanish Trip To Local Empanada Restaurant

As part of our Spanish enrichment curriculum, 30 year 8 Spanish students recently had the opportunity to try some authentic Argentine empanadas.

These students had designed a Latin American food poster and the winning groups were selected by each teacher.

We went to Chacarero on Lordship Lane, East Dulwich where the students were able to try two different flavours each, ranging from chimichicken, to flank steak, spinach and even a special breakfast flavour with egg and ham - qué rico!





Art & Design Exhibition

Wednesday 8th July 2026

5pm – 8pm

SE21 8SQ

Artwork by Ciara Thompson
A Level Photography



KINGSDALE
FOUNDATION SCHOOL

Under-15s Girls' Cricket Team in 'Chance to Compete' Tournament



First Game:
Kingsdale 69-54 Bishop Thomas Grant School

Second Game:
Kingsdale 87-51 Haberdasher's Borough

Third Game:
Kingsdale 100-44 Oasis South Bank Academy

Fourth Game:
Kingsdale 70-67 Charter School North Dulwich

In the final match against Charter School, North Dulwich, it was a very close game between both schools. We narrowly won and while Charter School North Dulwich had the most boundaries scored, we took the most wickets.

Player of the Tournament goes to Poppy Clapperton, picked by the organiser as she had never played cricket before and took 3 wickets in the tournament. We are through to the next round representing Surrey in Regional Finals. Well done all!

Team sheet:
Martha Ackroyd-Todd, Anna Lea Gonzalez Duba, Evie Galbraith, Evelyn Hough, Poppy Clapperton, Sophia Smith, Marni Patterson and Poppy Greeves

SPORTS NEWS



Akinsegun Jegede Football Achievements (2025/2026)

We would like to congratulate Akinsegun, Year 7, on his football achievements this season.

Akinsegun plays for AFC Lions Football Under 12s Club as a Left wing back/Winger.

2025/26 Season Achievements

Under 12s Winners - Damilola Taylor Half Term Football Tournament. April 22, 2026

Under 12s League Champions 2025/26

Under 12s League Cup Champions 2025/26

London County Saturday Youth League Cup. May, 9th 2026 and Player Of The Match



Girls' Athletic Team compete at Southwark Championships, Girls Development Tournament and the ESAA Track and Field Cup

The Girls' Athletics team have been extremely busy recently, taking part in three fixtures over the past week. On Thursday 7th May, students competed in the Southwark Championships, followed by the Girls Development Tournament on Monday 11th May, and the ESAA Track and Field Cup on Thursday 14th May.

Well done to all students involved. Despite the challenging weather conditions, everyone performed brilliantly and represented the school with great determination and enthusiasm.

Special congratulations go to the Year 7 Girls' team, who achieved an outstanding 1st place finish overall.

We would also like to give a special 'shout-out' to the following students who won their individual events:

Elianna Dodoo, Sonya Kargbo, Lahmya Henriques, Kobe Champion-Norville, Jadon Mckenzie, Owen Freestone, Ollie Griffiths, Lena Aldridge, Sophia-May Rowe, Ava Rugeroni, Ismae Mclean-Afriyie, Malaika Trim, Otis Atlee, Micah Martin, Theron Walcott, Emery Aldridge, Pietro Kelly, Elliot Albert-Preskett, Jacob Lesley & Jamie Hilyer.

Under-13s' Boys' Emerging Rugby League Tournament

The Kingsdale Under-13s Boys' delivered an exciting set of performances across their latest round of fixtures, showing excellent attacking rugby and determination throughout the day.

In the opening game against Borough, Kingsdale produced a confident display to secure a 30–14 victory. Tries were scored by Danny Jones, Jack Houghton-Jones, Torston Nicholls (3) and Kobi Abayomi-Adeola, with the team moving the ball well and defending strongly.

The second fixture against St Joseph's College was a competitive encounter. Despite a strong effort from Kingsdale, they were unfortunate to lose 24–14. Tries came from Torston Nicholls (2), Hamish Roberts, and Yabai Abdoul.

Kingsdale finished the day with a thrilling contest against Graveney School, edging an entertaining game 42–40. The boys showed great resilience and attacking quality in a high-scoring encounter. Tries were scored by Danny Jones, Torston Nicholls (3), Hamish Roberts, and Kobi Abayomi-Adeola.

Overall, it was a positive day for the Under 13s, with the team showing strong teamwork, attacking flair, and a fantastic attitude throughout all three matches.



SPORTS NEWS

Year 7 Boys' Emerging Schools Rugby League

On Wednesday 13th May, the Year 7 Boys' Rugby League 9s team travelled to St Joseph's College to compete in the Emerging Schools Rugby League Competition.

First Game: Kingsdale 22-4 Raynes Park

Second Game: Kingsdale 0-30 Graveney

Third Game: Kingsdale 20-44 St. Joseph's School

For many of the boys, it was their first time playing together and their first experience of the Rugby League 9s format. It was fantastic to see the team work together and show great grit and determination despite minor injuries and limited experience in the sport.

Congratulations to Noah Pajetat, who was named Kingsdale's Best and Fairest player of the competition. Noah led from the front throughout the day, running hard and tackling even harder. He never took a backwards step and was a thoroughly deserving recipient of the medal.

Team:

AJ Anderson, Arthur Barnes, Charlie Barnes, Bernardo Contador, Jayden Flower, Owen Freestone, Finbar Kingston, Zach Matthews, Raheem McDernott, Noah Pajetat, and Sandy Watt (Captain).





Under-13s Girls' Southwark Schools' Football Festival

Well done to the Under-13s Girls' Football team who performed superbly at the Southwark Schools' Football festival. Despite not conceding a goal during any of their games, they narrowly lost in the semi-finals via a penalty shootout. The girls played some excellent football and were really unlucky not to go further in the tournament as they finished 3rd.

Goals scored: Ever Ludlow-Round and Georgia Baker
Player of the Tournament: Deziah Botende

SPORTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

Under-14s Football Girls' Inner London Cup

Congratulations to the Under-14s Girls' Football team who have reached the semi-final of the Inner London Cup after a comfortable performance against Stoke Newington School.

Goals scorers: Marlena Westaway, Ruby Trim, Poppy Clapperton and Ella Marsden secured the victory.

They will now wait to find out their opponents in the semi-final and we wish them well for the next stage.



Kingsdale Girls Continue to Develop in Tag Rugby Fixture vs JAGs

The Kingsdale girls played their second tag rugby fixture against JAGs in another positive and enjoyable experience for the team. Although the result did not go in Kingsdale's favour, the girls showed excellent determination, teamwork, and enthusiasm throughout the match.

For many of the players, this is still a new sport, but the progress being made is clear to see. The team displayed much more confidence with the ball in hand, putting together some strong attacking phases and improving their understanding of positioning and support play.

Defensively, the girls worked hard for one another and continued to encourage each other from start to finish.

Most importantly, the match provided another valuable learning opportunity, with the players gaining more experience and confidence every time they step onto the pitch. The energy, effort, and enjoyment shown by the squad were fantastic to see and are strong foundations to continue building on.

The girls will now continue their preparations ahead of their next fixture on 3rd June, continuing to improve and develop as a team.



SPORTS NEWS



Kingsdale School Skateboarding Club

The sports department are pleased to announce the launch of our new Skateboarding Club which takes place each Wednesday after school from 4:10pm, all years and abilities are welcome to attend.

For further details please contact Mrs V Turner via pe@kingsdale.southwark.sch.uk



National Year of Reading Department of Sport, Health & Recreation

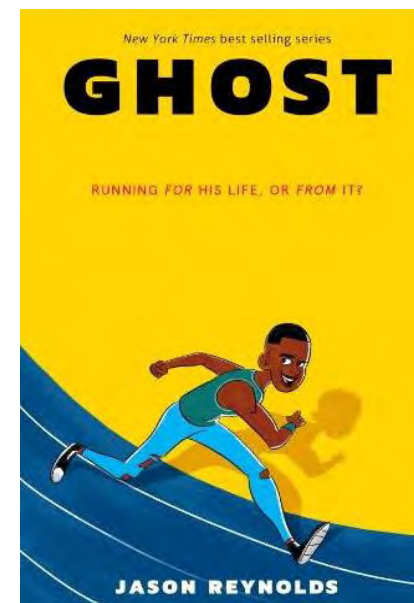


This half term the PE department will be helping to celebrate National Year of Reading by blending literacy with movement through active, gamified warmup initiatives such as Scrabble Run (finding letters under cones to spell sports words), running dictations (transcribing text on the move) and biographical relay races featuring athletes.

We hope that these methods will help improve physical literacy while boosting engagement in key vocabulary and literature.

Additionally, each week we will announce a sports related book of the week and a weekly sports reading theme. To link all our weekly themes together the sports department will be running a competition this half term awarding a prize for the best poster or written piece of work, in each year group, which shows evidence that students have carried out the weekly reading themes. Any student who wishes to enter should ensure they submit their compilation of evidence from each weekly theme to Ms Turner, Director of Sport, (Sports Hall upstairs office), by Monday 13th July 2026. Winners will be announced in the subsequent issue of the Parental Newsletter.

To kick off this half terms celebration of the National Year of Reading from PE we wish to announce that our "Book of the Week" and "Weekly Sports Reading Theme" are:



- Book of the Week: Ghost by Jason Reynolds
The first book in the Track series focusing on a boy with natural running talent.
- Weekly Sports Reading Theme: Biographies & Memoirs
Explore the journeys of athletes like Simone Biles, Siya Kolisi, or Formula 1 drivers to discuss resilience, dedication, and overcoming adversity.

On behalf of the Sports Department, I'd like to wish you all a wonderful summer term enriched by sports related reading material and activities.

Please direct any queries to Ms V. Turner via pe@kingsdale.southwark.sch.uk

PE Department Extra-Curricular Sports Activities Timetable - Summer Term 2025-26

Sports Clubs Summer Term 2026

Next half-term will see the inclusion of several new activities to our extra-curricular sports provision open to students of all abilities. Please be aware that due to the nature of these activities' numbers will be limited and a waiting list will be put in place if required. Please be assured that should these new activities, (skateboarding; aerial silks; parkour and trampoline), prove a success then we will investigate the possibility of providing additional sessions moving forward. Please also be aware that trampoline will start a little later in the term while the external exam season continues

Please may we ask that you use the QR code to book your child on to clubs while we transition on to a new system. For those of you who have registered your child via Evolve for the "aerial silks" activity please be assured that this will still be valid and that you will be notified in due course of your child's allocated session(s) for this activity.

Please contact Ms V. Turner via pe@kingsdale.southwark.sch.uk for further details regarding sport at Kingsdale.



Day	Activity	Time	Venue	Staff
Monday	Striking and Fielding Mixed – Year 7	8:00-8:40am	AP	Ms. King/ Mr. Dash
	Sports Scholars – Mixed - Year 7	11:05-11:50am	AP	Mr. Price
	Sports Scholars – Mixed - Year 8	12:00-12:45pm	AP	Ms. Jaymes
	Sports Scholars – Mixed - Year 10	12:00-12:45pm	GM2	Ms. Jones
	Sports Scholars – Mixed - Year 9	12:55-1:40pm	AP	Mr. Price
	Cricket – Mixed – Year 7	3:45-5:15pm	AP	Mr. Price
	Netball – Mixed -Year 7	3:45-4:45pm	GM2	Ms. King
	Ballet – Mixed – Year 7	3:40-4:20pm	DS	Ms. Heybrook
	Ballet – Mixed – Year 8, 9 and 10	4:20-5:10pm	DS	Ms. Heybrook
Tuesday	Striking and Fielding - Mixed – Year 8	8:00-8:40am	AP	Mr. Lord
	Dance – Mixed – Technique – Year 8 and 10	12:00-12:45pm	Dance Studio	Ms. McGregor
	Dance – Mixed – Technique – Year 9	12:55-1:40pm	Dance Studio	Ms. McGregor
	Dance – Mixed – Contemporary – Year 7	3:45-5:00pm	Dance Studio	Ms Dookey
	Dance – Mixed – Contemporary – Year 8, 9 and 10	4:15-5:30pm	Dance Studio	Ms Dookey
	Cricket – Mixed – Year 8 and 9	3:45-5:15pm	AP	Mr. Price/ Mr. Johnstone
	Netball – Mixed - Year 8	3:45-5:15pm	GM2	Mr. Foster
	Cycling – Mixed – All Years	2:50-5:00pm	Herne Hill Velodrome	Ms. McManus
	Volleyball – Mixed – All Years	4:15- 5:15pm	GM2	Mr. Fitchett
	Trampolining–Mixed – Year 7, starts 30/6/26	4.15-5:15pm	SH	Ms. Turner
	Striking and Fielding Mixed – Year 9	8:00-8.40am	AP	Ms Jaymes
	Horse Riding – Mixed- Year 7	10:45-12:15pm	Dulwich Stables	Ms. McGregor
Wednesday	Horse Riding – Mixed – Year 7	12:45-2:15pm	Dulwich Stables	Ms. McGregor
	Athletics (Sprint) - Mixed – All Years	3:45-5:00pm	PF	Mr. Roberts
	Athletics (Throws) - Mixed – All Years	4:15-5:30pm	PF	Mr. Jones
	Athletics (Jumps) - Mixed – All Years	4:15-5:30pm	PF	Mr. Dash
	Athletics (Middle Distance) - Mixed – All Years	4:15-5:30pm	PF	Mr. Martin
	Skateboarding – Mixed – All Years	4:15-5:15pm	Playground	Ms. McManus
	Parkour – Mixed – Year 7	11-11:45am	Gym2	Mr Dash
	Parkour – Mixed – Year 8	12-12:45pm	Gym 2	Mr Dash
	Striking and Fielding Mixed – Year 10	8:00-8.40am	AP	Ms. Jaymes
Thursday	Trampolining – Mixed – Year 8 and 9, starts 2/7/26	8:00-8.40am	SH	Ms. Turner
	Dance – Street Dance – Mixed – Year 7	3:45-4:30pm	Dance Studio	Ms. McGregor
	Dance – Street Dance – Mixed – Year 8, 9 and 10	4:30-5:30pm	Dance Studio	Ms. McGregor
	Cricket – Mixed – Year 10	4:15-5:15pm	AP	Mr. Roberts
	Arial "Silks" – Mixed – Year 7, starts 4/6/26	4.10-5.25pm	Gym 2	Mr. Foster/ Mr. Dash/ Mr. Price
	Short Tennis – Mixed – All Years	8:00-8.40am	GM2/Track	Mr. Hall
	Cup Final Football Training – Boys – Year 8 and 11	8:00-8.40am	AP	Mr Price/ Mr Johnstone
Friday	GCSE PE Revision – Year 11	8:00-8.35am	AR3	PE Teaching Staff
	Netball – Mixed - Year 9 and 10	4.10-5.00pm	GM2	Ms. Sinclair

CAREER NEWS

THE GATSBY BENCHMARK

A clear framework for how our careers provision works



What are the Gatsby Benchmarks and why are they so important?

The Gatsby Benchmarks are eight internationally recognised standards for high-quality careers guidance in England, designed to ensure that all young people have access to equitable information, experiences, and support to make informed career decisions.

In summary, the Gatsby Benchmarks 2026 continue to define world-class careers guidance, with updated guidance ensuring inclusivity, meaningful experiences, and data-driven support for all young people in education and training settings

For more information see the following link [Gatsby Benchmarks](#)



NATIONAL APPRENTICESHIP

We are also working with the National Careers Hub, who are following a new series of Spotlight Webinars, offering pupils and students direct insight into apprenticeship pathways across a wide range of sectors. Each session includes employer insight, application tips, and apprentice voices.



These sessions are particularly valuable for:

- Broadening awareness of technical and apprenticeship pathways
- Giving students practical insight into vacancies, applications and real apprentice experiences

Upcoming AIM Spotlight sessions:

- Creative Industries – 16th June 2026 [Register here](#)

National Apprenticeship Week Parent and Carer webinar:
Understanding apprenticeships [Click here](#)

Time for Change: Make it an apprenticeship
Join us this National Apprenticeship Week to discuss the importance of level 2 and 3 apprenticeships. [Click here](#)

National: IBM, Apprenticeship and Post-School Internship Application Masterclass [Click here](#)

Below are also some useful links both students and parents interested in finding out more about Apprenticeships.

<https://www.apprenticeships.gov.uk/apprentices>

<https://www.amazingapprenticeships.com/zones/student/>

<https://www.amazingapprenticeships.com/zones/parent/>

SCHOOL NEWS

Mental Health & Well-Being Weekly Focus for Students: **Positive Friendships**

This week's Mental Health & Well-Being Focus for students is Positive Friendships which acts as a foundational pillar for their mental health boosting academic engagement and creating a sense of belonging and emotional resilience. Fostering healthy peer connections mitigates stress and loneliness, ensuring young people feel safe and empowered both in and out of the classroom.

Here is a quick-reference guide on how we aim to build and maintain positive friendship themes within a school environment.

Core Traits of Healthy Friendships

Reciprocity: Relationships are balanced, with mutual respect, equality, and give-and-take.

Active Listening: Friends validate one another's feelings without judgment and show genuine interest.

Safe Boundaries: Students understand how to set personal limits to avoid burnout, especially during stressful periods.

Inclusivity & Empathy: Welcoming diverse opinions and understanding peers' experiences.

Actionable Classroom & Workshop Ideas

Active Listening Circles: Group activities where students practice listening to a partner without interrupting, followed by reflecting on what they heard.

Boundary Mapping: Have students list 2-3 things that drain their energy in social settings, discussing safe, calm ways to communicate those limits to peers.

"Appreciation Board": A dedicated space or whiteboard where students can leave anonymous or signed notes of gratitude for their friends.

The Friendship Tree: A visual exercise where the roots represent qualities that ground a friendship (e.g., trust, reliability) and the leaves represent shared happy memories.

Actionable Resources & Support

For Educators: Access fully developed [Positive Friendships KS3 & KS4 Lesson Plans](#) from the School Zone for engaging, peer-to-peer activities.

For Students: Point students toward [Young Minds Friendships Advice](#) to help them navigate relationship conflicts, set boundaries, and support their peers.

General Mental Health: Learn more about the biology of social well-being via the NHS guide on [Maintaining Healthy Relationships and Mental Wellbeing](#).

Please contact Mrs V Turner via mentalhealth&wellbeing@kingsdale.southwark.sch.uk for further information on our mental health & well-being offer for students.



Year 8 Classics Book Club – Step into the Ancient World!

Do you enjoy myths, battles, heroes, love stories and epic adventures?

Are you a Percy Jackson or a Stephen Fry fan?

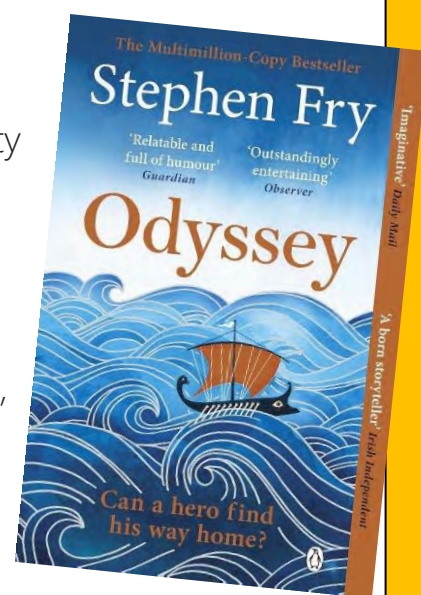
Have you yet to experience life in the ancient world but want to learn more?!



Then join our **Year 8 Classics Book Club** and travel back in time to the fascinating worlds of **Ancient Greece and Rome!**

From powerful gods and legendary heroes to fierce gladiators and mighty emperors, we'll explore some of the greatest stories ever told.

Whether you're new to Classics or already hooked on Greek mythology, this club is the perfect place to discover, discuss and debate.



What to expect:

-  Exciting reads inspired by Greek myths and Roman history
-  Fun group discussions and debates
-  Creative activities like storytelling, quizzes, and mini-dramas
-  A chance to learn about ancient culture, beliefs, and daily life

When: Tuesdays 12.10 pm

Where: Lower School Library

Who: All Year 8 students welcome

If you want to find out more about the club please contact:
Miss Evans or Mr Bowring in the Languages Department.

National Year of Reading 2026

We are proudly supporting the National Year of Reading 2026 and the theme of 'Go All In.' Watch this space for more information regarding the exciting programme of initiatives we have planned to support this important focus. As a 'Do Now' activity, we ask all parents to ensure that their children have a reading book in their school bag every day which they can obtain from the school libraries.



National
Year of
Reading
2026

Reading Recommendations



Teacher Recommendation

Mr Tracey recommends

***The Final Year* by Matt Goodfellow**

Written in verse, *The Final Year* follows Nate as he navigates the pressures of Year 6, changing friendships and difficult challenges at home. Through sharp, emotional poetry, the novel captures the uncertainty of growing up and the importance of resilience, kindness and finding your own voice.

Mr Tracey admired the honesty and warmth of the writing, as well as the way the verse form makes the story feel immediate and emotionally powerful. He particularly enjoyed how accessible the novel is for reluctant readers whilst still tackling serious themes with sensitivity.

Suitable for all students from Year 7 and older.



Student Recommendation

Emma Sturges in Year 8 recommends

***One of Us Is Lying*
by Karen M. McManus**

Five students walk into detention, but only four walk out alive. Simon — creator of the school gossip app — dies before the end of the day, and suddenly the other students become suspects in a murder investigation.

Each of them has secrets they desperately want to keep hidden, but as the investigation unfolds, it becomes clear that everyone has something to lose.

Emma enjoyed trying to solve the mystery and liked how each chapter revealed new twists and different perspectives.

Best suited for Year 8 students and older!

CALENDAR 2025-26

You can also find lots of other useful sources of information on the school website [here](#).

This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team at attendance@kingsdale.southwark.sch.uk



SUMMER TERM 2026

Second Summer Half Term

Monday 1st June – Friday 24th July

Friday 24th July INSET DAY

School closed to students except by invitation

2026/27 Term Holiday dates now published [here](#)

SEND FACULTY NEWS

Helping Your SEND Child Manage Change This Summer Term

As we move into the summer term, warmer weather, timetable changes, trips, sports days, and transition activities can sometimes feel overwhelming for children and young people with SEND. Changes to routine, sensory differences, and increased social demands may lead to heightened anxiety, tiredness, or emotional dysregulation. Below are some ways families can help support their child at home during this busy time of year.

Supporting Your SEND Child with Change During the Summer Term

- Talk through upcoming changes in advance where possible, including trips, timetable changes, visitors, or special events
- Use calendars, visual timetables, or countdowns at home to help your child prepare for changes in routine
- Reassure your child that it is okay to feel worried about unfamiliar situations and encourage open conversations about any concerns



Managing Heat and Sensory Needs

- Encourage regular hydration and send in a water bottle each day, particularly during warmer weather
- Consider sensory-friendly clothing options where possible, such as lighter fabrics or layers that can be removed easily
- Ensure your child has adequate rest in the evenings, as heat and busy school days can increase fatigue and emotional overwhelm

Helping with Emotional Regulation

- Maintain predictable routines at home as much as possible, even when school routines become busier
- Build in quiet recovery time after school to help your child decompress from increased sensory and social demands
- Use calming activities your child already responds well to, such as movement breaks, reading, drawing, music, or time outdoors

Staying Connected with School

- Check school communications regularly for updates about trips, events, or timetable adjustments
- Share any concerns with school staff early so adjustments and support can be planned together
- Celebrate small successes and achievements to help build confidence during periods of change



Working together helps us ensure all students feel supported, prepared, and successful throughout the summer term.



Let's Talk About Autism Autism Parent Training

Are you a parent of an autistic child aged 5 -18 years old?

Are you interested in attending a parenting support programme to gain greater understanding of your child's condition?

'Let's Talk About Autism' is a course aimed at parent/carers/close/family members, delivered by professionals with expertise in the field of autism. To be eligible to attend, you must reside in Southwark or your child attends a Southwark school.

The course consists of 7 individual sessions.

These are pre-recorded sessions and they are sent each week to the participants along with additional resources. In addition, there will be one weekly live online group meeting to discuss the recorded session.

Session topics include:

1. Neurodiversity, autism, core features
2. Communication and interaction differences
3. Sensory processing differences
4. Social imagination, flexibility, transitions
5. Anxiety / including Masking
6. Behaviour and emotional regulation
7. Talking about the autism with your child / self-advocacy

To register your interest please sign up via this [link](#)



5 ways to support your child's mental health throughout their GCSEs

Exam season can be stressful for parents too, especially if you have a child with SEND. See the top tips from the experts below.



Madeleine Inkin

Clinical Child Psychotherapist

"Adults use the prefrontal cortex to make decisions and choices, while teenagers will mostly use their 'gut reaction' – the emotional centre, the 'amygdala', which is located further back in the brain and develops before the prefrontal cortex.

This explains why teenagers experience mood swings; they tend to react quickly from the emotional part of their brain and don't run their reactions through the more rational frontal cortex," says Madeleine. "Their growing brains are being completely rewired, completely re-written. And they don't stop developing at 19 – they keep developing and changing well into their mid-twenties." Madeleine's advice is to "try to keep these developmental changes in mind as you watch them grow and learn over this period. Make sure they have some downtime to explore and connect with the world around them, and to simply relax every so often too."

Karen Collins

Lead Science Associate for PiXL

After spending many years with students at her school, Karen is aware that "right before assessments many students will be showing physical signs of stress as their fight or flight response kicks in with their adrenaline – their hands might shake, their heart might be beating faster – which is why I think it is really useful to have sessions where you explain these responses to students and help them understand the biology behind it.



"By understanding what is happening in your body, you are better equipped to take yourself through some logistical steps or techniques to regain control and be able to focus on the assessment. Learning breathing exercises, meditating and practising yoga can all help to calm these nerves and there are loads of YouTube videos students can watch and learn from,"

Ben West

Mental Health Campaigner

"My biggest piece of advice would be to act early. Don't brush anything under the carpet, don't wait for things to seem 'more serious', address issues when you notice them. Look, I'm not a parent and I know it must be hard to have these kinds of conversations, but we have to intercept before things get the chance to deteriorate. This might involve some uncomfortable conversations, but it can quite literally save lives."

Ben stresses that "people don't compare mental health to their physical health enough – if you were concerned for your child's physical health you would be straight down to your GP asking for a check up and making sure everything was ok. You wouldn't leave an infection to 'clear up by itself', you would act, and the same has to go for mental health."



Murray Morrison

Revision Expert and Founder of Tassomai

Murray has worked with thousands of students preparing for exams and can spot the tell-tale signs of exam-stressed children, the most concerning, he says, is the one he's nicknamed 'The Ostrich'.

"The ostrich is that student who, at the mere mention of their exams – or their revision – buries their head in the sand.

They could be quite obvious in this behaviour – "I don't want to talk about it" – or it might be subtler, finding an excuse to get out of the room and avoid the topic. Waste no time in confronting this behaviour and making a plan together, because the very act of avoidance means that the revision work will pile up and the stress will increase."



SEND FACULTY NEWS

SEND Local Offer

Information and Local Offers

The Learning Support department would like to remind you that you can find lots of useful information in our SEND Policy and Report which can be found [here](#) under the 'SEND Policies & Report'

You can find out information regarding your local SEND offer here:

- [Southwark](#)
- [Lambeth](#)
- [Lewisham](#)
- [Croydon](#)
- [Bromley](#)
- [Wandsworth](#)
- [Merton](#)



Sam Clark,

Teacher, writer and founder of the *Resilience for Kids*

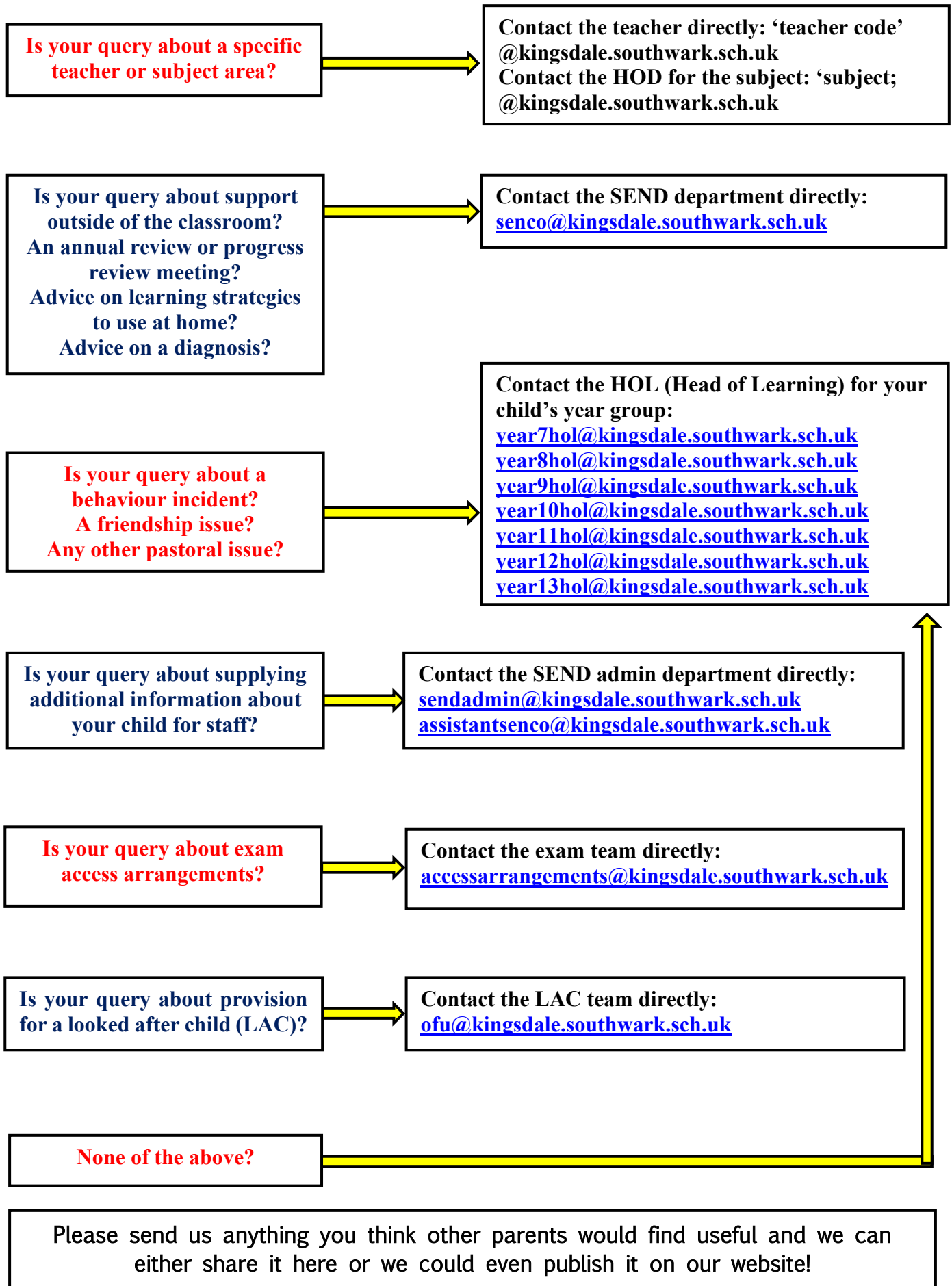
"Developing an environment where children feel confident to talk openly is the absolute foundation for building resilience. To encourage this, we need to make it clear that life is no fairy tale, and that everybody faces challenges every day.

The recognition of this belief will make children much more likely to speak out," says Sam.

He continues, "having adults model openness is important too. It might seem strange to share your fears and hopes with your children but this will further encourage that open dialogue. Providing the knowledge (the why) can be a gamechanger for some. The moment children realise that expressing themselves is a healthy discipline and helps to ease their fears, they are often sparked into sharing their thoughts."

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.





Young
People
Southwark

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales) and SC039861 (Scotland). Company Registration Number 3861209 (England and Wales).



Drug and
Alcohol Service
Southwark



Young
People
Southwark

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shospace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS



Pride Month takes place every year in June and is a celebration designed to recognise the influence of the LGBTQ+ community. Celebrating diversity and people's right to live how they choose without discrimination; Pride Month promotes positivity and equal rights for all.

Pride Month helps raise awareness of issues facing the LGBTQ+ community and provides an opportunity to celebrate the culture of inclusivity, with parades, street parties, community events and more. Designed to help educate people, Pride Month events are attended by millions of people worldwide.



STUDENT TASK: Create a poster about an inspirational LGBTQ+ person. For example, Billie Jean King, RuPaul, Laverne Cox & Sam Smith.

HOUSE ACTIVITY: Submit your poster to the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your **full name, tutor group and House.**



To celebrate National Fish and Chip Day on Friday 5th June 2026, we are inviting students to take part in a fun community feature for the Kingdale Parental News Bulletin.

Students are encouraged to:

- Enjoy a fish and chip meal with family or friends
- Take a photo of their meal
- Share a short recommendation of their favourite fish and chip takeaway

Your recommendation could include:

- The name of the takeaway
- Your favourite menu item
- Why you would recommend it to others

Examples:

- "The chips are always crispy!"
- "Great family portions and friendly staff."
- "Best curry sauce in the area!"

How to Enter

Please send:

- A photo of your fish and chip meal
- Student first name, year group and House
- A short recommendation (1–3 sentences)

Entries can be emailed to:

housesystem@kingsdale.southwark.sch.uk

HOUSE COMPETITIONS

World Environment Day 2026



World Environment Day is celebrated every year on 5th June and is recognised around the world to encourage people to protect the environment and care for our planet. The day raises awareness about important environmental issues such as pollution, climate change, recycling, conservation, and protecting wildlife. It also reminds us that even small actions can make a big difference in creating a healthier and more sustainable future.

To celebrate World Environment Day 2026, students are invited to take part in our Climate Action Challenge, inspired by this year's global theme: Climate Action.

Student Mission

Show how you can make a positive difference for the planet through simple everyday actions.

Students can choose **ONE** of the following activities:

- Create a poster encouraging people to protect the environment
- Design an eco-friendly invention or idea
- Take part in a litter pick or recycling activity
- Plant flowers, herbs, or vegetables at home
- Create a short "Climate Action Promise" explaining one change you will make to help the planet
- Produce a photo collage showing environmentally friendly habits

Include:

- Your full name, year group and House.
- A photo or drawing of your activity
- A short explanation (2–4 sentences) about how your action helps the environment

Ideas for Climate Action

- Walking instead of using the car
- Saving water and electricity
- Recycling household waste
- Reusing plastic containers and bags
- Turning off lights and devices when not in use
- Caring for plants, trees, and wildlife

SUBMISSION: Submit your creation to the House Team: housesystem@kingsdale.southwark.sch.uk Ensure your entry is accompanied by your **full name, tutor group and House.**

12 Ways to Champion EQUALITY ONLINE

In terms of the esteem it's held in, women's football has made impressive progress in a short space of time. That's a bit like the online world: it's come a long way, but that doesn't mean we should stop trying to make it even better. The Women's European Football Championships are underway, and that's a timely reminder of how important it is to give everyone the respect they deserve online – regardless of gender, race, sexual orientation, religion or anything else. In partnership with the Global Equality Commission, we've produced a special guide to help young fans kick online discrimination into touch!

1 KNOW IT WHEN YOU SEE IT

Expressing views based on prejudice about a part of someone's identity – their race, gender or a disability, say – counts as online hate.

2 WHEN "BANTER" ISN'T FUNNY

Discrimination is sometimes disguised as humour: some memes, clips or gifs that certain people try to pass off as "funny" might actually be offensive.

3 BE YOUR OWN PERSON

Set a good example through your own online communication. Think whether you'd say a thing in real life before posting or sharing it online for the world to see.

4 SEEING SHOULDN'T EQUAL BELIEVING

Sneakier, less obvious types of online abuse can stay on the internet for longer, so don't assume that something's OK just because it's not been taken down yet.

5 SEXISM CAN BE ILLEGAL

As well as being extremely hurtful to a person or a group, online sexism and prejudice against women (known as misogyny) can be recorded as a hate crime in some cases.

6 ONLINE HATE, USED AS BAIT

Sadly, it's not just that being exposed to prejudice online is upsetting – some extreme organisations even try to recruit young people to their cause.

7 GET SOME DISTANCE

If you see messages online that upset you, it's probably time to give yourself some space from that site or app. Talk to a trusted adult about how you're feeling.

8 TURN OFF THE HATERS

If someone you follow on social media is posting sexist content, you could always mute them or block them – or unfollow them altogether.

9 PLAY IT BY THE BOOK

If you see someone discriminating online, you don't have to challenge them yourself. Screenshot their post and report them to the app or site you saw it on.

10 EXPLOITING 'PACK MENTALITY'

Sexist messages aren't always sent to a target directly; sometimes, they're posts designed to provoke misogyny among other people.

11 POSITIVITY ALWAYS WINS

Go the extra mile and spread some positive vibes! Instead of just reacting to a post and scrolling past, you could add a message of support and encouragement, too.

12 CREATE THE WORLD YOU WANT

Remember, you're the boss of your online world. Engage with posts or accounts that celebrate equality and understanding: block or unfollow the ones that don't.

**GLOBAL
EQUALITY
COLLECTIVE**



**National
Online
Safety®**

#WakeUpWednesday

FURTHER SUPPORT

If you've been affected by any of the issues mentioned in this guide, there are some excellent resources that can offer further help and support.

NOS Mental Health Guides: nationalonlinesafety.com/guides

Minds: www.youngminds.org.uk

Stop Hate UK: stophateuk.org

Ditch the Label: www.ditchthelabel.org

Childline: www.childline.org.uk



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.07.2022

SPORTS FIXTURES

Monday 1st June 2026

- Under-15s Boys' Cricket Away Match v The Charter School, North Dulwich. Leave school at 1pm. Start 2pm. Return at 6pm Approx.: **Mr Roberts/Mr Price**

Tuesday 2nd June 2026

- Key Stage 3 Dance Reach Workshop at the Brit School. Leave school at 10am. Start 11am. Return at 3pm Approx.: **Ms McGregor**

Wednesday 3rd June 2026

- Under-15s Boys' Cricket Away Match v Robert Clack School East London. Leave school at 12 noon. Start 2pm. Return at 6.30pm Approx.: **Mr Roberts/Mr Price**
- Under-13s Girls' Tag Rugby Away Tournament at Charter School, North Dulwich. Leave school at 1pm. Start 1.30pm. Return at 5pm Approx.: **Mr Lord**

Thursday 4th June 2026

- Under-12s Girls' Football Away Match at Burgess Park v The Charter School, North Dulwich. Leave school at 1pm. Start 1.45pm. Return at 4pm Approx.: **Ms McManus/Mr Dash**

Friday 5th June 2026

- No Planned Fixtures/Events

Please note that fixtures maybe postponed or rearranged due to weather conditions.

<http://www.kingsdaleschoolsports.org.uk>

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'Ways to Champion Equality Online.' Get a greater insight here. Please read!

Remember to keep an open dialogue with your child about their activities online. See page 24 above.

The House Leader Board 2025-26

Week ending
22nd May 2026

- 1st Place – Swift 106,490 points
- 2nd Place – Dove 106,472 points
- 3rd Place – Albatross 105,777 points
- 4th Place – Falcon 104,680 points
- 5th Place – Eagle 103,273 points

It looks a close race between the top two!



Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

