



PARENTAL NEWS BULLETIN

Issue 31 Monday 19th May 2025

HEADLINE NOTICES

Memorial Arrangements for Izaiah Smith

Please accept our thanks for your continued support for Izaiah's family, friends and wider school community. We have been asked by Izaiah's family to inform our community that Izaiah's memorial arrangements will be taking place from **11am on Tuesday 27th May 2025**.

All members of the Kingsdale Community are welcome to attend. Should you wish to receive details of the ceremonial arrangements please contact Ms Tracey Dyer via asrpa@kingsdale.southwark.sch.uk.

Dedicated pastoral support is available to our students throughout the Summer term 2025, and can be accessed via support@kingsdale.southwark.sch.uk.

Curriculum Coffee Mornings (CCM)



The date for the next CCM meeting is **Friday 23rd May 2025 for Years 7 & 8**. They are a great opportunity to meet staff and learn more about the curriculum for each year group.

These sessions take place in addition to our established, more general, monthly Parents' Forum. The event starts at 11.30am in Conference Rooms 1 & 3 at the school. Parents who are interested in attending, must register via the link sent separately by email. We hope to see you there. Should you have any queries, please contact Mrs Chaudhary, Deputy Headteacher via sca@kingsdale.southwark.sch.uk.

House Excellence Award



Emmanuel Asante, Year 7, has won the House Excellence Award. He was nominated by the Citizenship department.

"Emmanuele works incredibly hard in Citizenship - he has excellent ideas which are highly creative and thoughtful, linking current affairs and case studies to the topics we study in class."

Keep up the hard work Emmanuel!

THEME OF THE WEEK

A Time for Reflection

'You do not have to be a certain way because of what has happened in the past. Every day is a new day. It is silly to think you cannot help being the way that you are. Of course, you can. You can change'.

WORD OF THE WEEK

Equanimity

A calm mental state, especially after a shock or disappointment or in a difficult situation.

'Three years after the tragedy she has only just begun to regain her equanimity.'

SCHOOL NEWS

Chinese Delegation Student Buddies

Following a successful visit from a delegation of Chinese students this February, a further group of Chinese students are due to join us from 8th – 11th July 2025. The Languages Faculty is looking for 25 students in Years 8 & 10 to support with this exciting initiative and to be buddies for the visiting students. This involves meeting them every morning, taking them to lessons, having lunch with them and dropping them off at the end of the school day. There will also be a welcome and farewell assembly for students involved. Our Kingsdale ambassadors who participated in this last year found it to be a very enriching experience.

If your child would like to take part, please ask them to email Ms Evans at languages@kingsdale.southwark.sch.uk with a short explanation about why they would like to participate. If there are more students applying than there are places, then other factors such as number of achievement points, attendance and punctuality to school may be taken into consideration. Students who were buddies last time may sign up again, but priority will be given to students who have not taken part in the programme previously.

The Summer half-term breck takes place between Monday 26th & Friday 30th May 2025 inclusive. Further details issued separately.



GEOGRAPHY NEWS



**Year 12 Geography
Residential to Swanage**

Geography students in Year 12 attended a residential trip to Swanage between Friday 9th – 11th May 2025. The trip served as the recommended 3 out of the 4 days of fieldwork that A Level students are required to undertake. During the visit, our students undertook an extensive programme covering a range of primary and secondary fieldwork techniques.

Students visited Swanage to understand what management strategies have been used in different parts of Swanage Bay and their successes and the opinions of the coastal community on the management they live with. Students carried out fieldwork looking at the successes of the regeneration scheme on the seafront in Boscombe. As well as looking at the problems of Housing of Multiple Occupancy (HMOs) and the future for regeneration in the area. Students carried out fieldwork in different areas of Poundbury looking at a unique new town with sustainable characteristics.

A huge well done to students in Year 12 for their excellent conduct and their polite approach to members of the public during their field study.





SIXTH FORM NEWS



Southwark MUN Conference

Last week saw Year 12 students attend our latest Southwark Model United Nations (MUN) conference at the Charter School. Students on this occasion were representing Ukraine, Brazil, Pakistan and the UK, debating the issues of Nuclear Umbrellas and the current conflict in Gaza. A big well done to students taking part for the first time and to our award winners. The students will take part in their final MUN at Goldolphin & Laytmer School in June.

MATHS NEWS

Maths Master Classes at Imperial College London

Last week, Year 9 students took part in an exciting workshop at the Wohl Reach Out Lab, hosted by Imperial College London. The day focused on the theme of *Probability and Venn Diagrams*, where pupils deepened their understanding of mathematical concepts through engaging, hands-on activities. They explored how to represent probability using tree diagrams and Venn diagrams, and even tackled some GCSE-style questions.

After lunch, the focus shifted to engineering, as pupils worked in teams to design and build bridges using newspaper dowels, glue, and cable ties. The challenge was to create a structure strong enough to hold water, with some bridges impressively supporting up to 18 litres!

It was a fantastic day of learning, creativity, and collaboration that Year 9 thoroughly enjoyed.



Hayward Gallery Review - Silver Award

By Ethena Edwards

In the Silver Arts Award, I have visited the Hayward Gallery.

What I really liked about it was how the entrance had a unique design to it. Also, the collage of photos on the walls made them stand out and had a fascinating look to them which brought my attention as I first walked in. Every art piece was abstract, and this connected every one of them in different ways. A couple of the pieces inspired me to try and use different colors and techniques when making future designs and references.

While there, I noticed that there was a section on the last floor showing that they acknowledge the LGBTQ+ community.

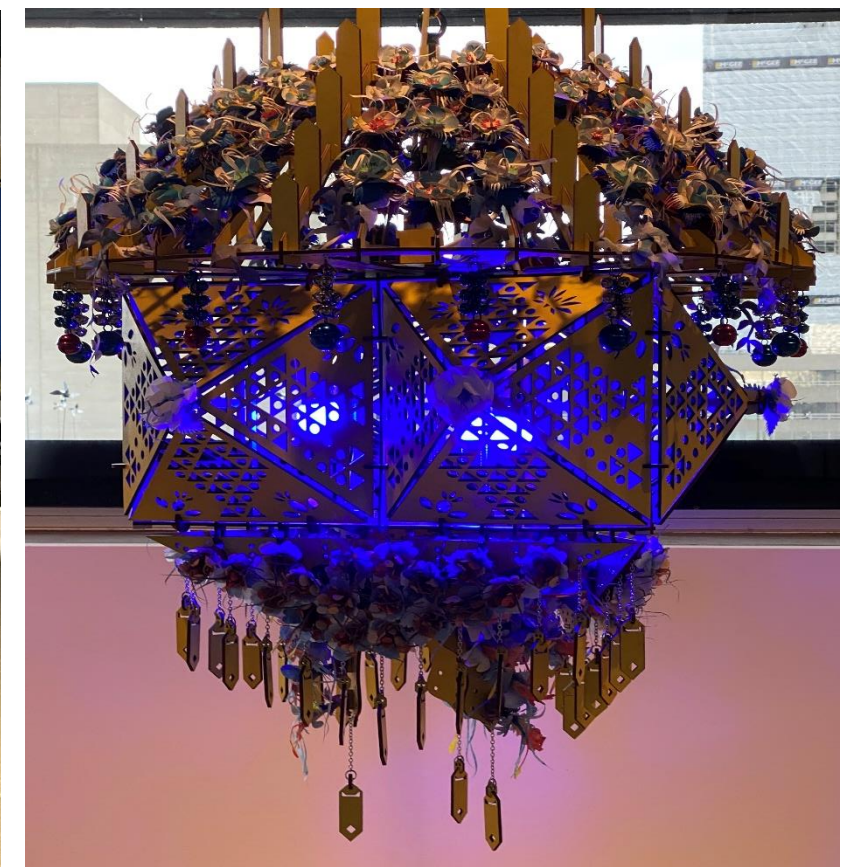
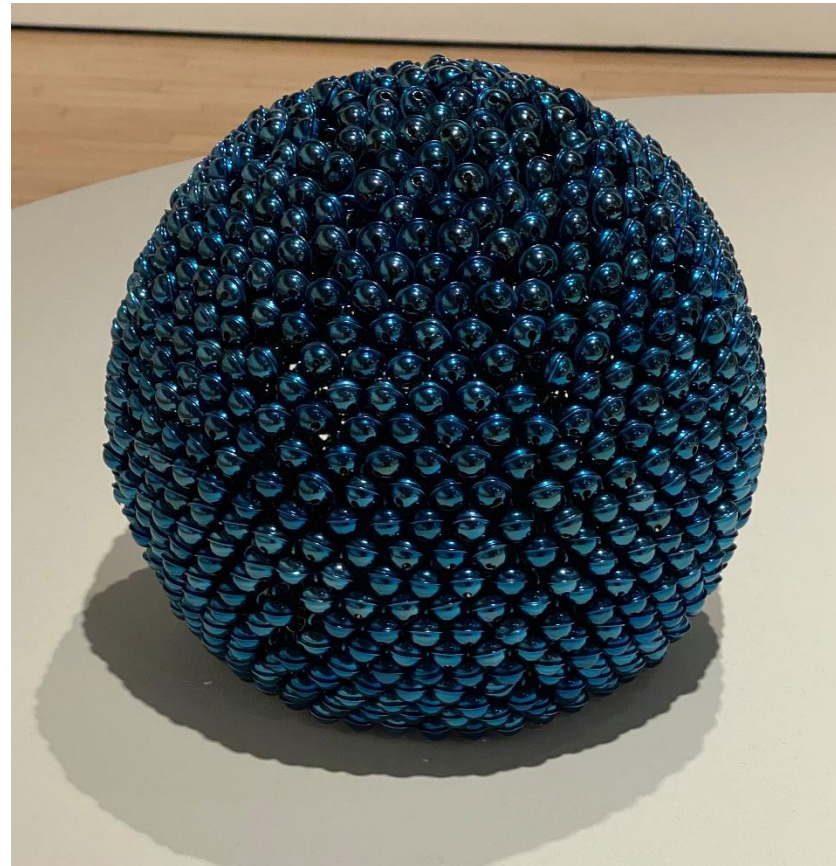
On that floor, they were also showing a short biography on the artists life in South Korea. One of the pieces I saw was completely made of bells only having a black metal bar supporting it, there were other pieces like this but with other shaped and colors.

Also, there were some that were made out of random items that you would find in a house. For example, there was a piece only made from blinds that usually go on your window.

There was a piece fully made from a straw type material, which had wheels at the bottom of it so it could be easily transferred. I was particularly impressed with how well the artist blended the different colors into each other. I can clearly see that the creator was trying to make different shapes within one piece of art. One of the last pieces in the gallery was portrayed by shadows and different colored lights; it had a very unsettling mood once I was engaged with it. On the other hand, there were pieces that I thought weren't as good as the other ones due to the lack of effort I thought the artist put into their work.

This piece shown on the top left was one of my personal favorites, because I like the effect it gives once the light reflects the blue bells. Also, I love the midnight blue color to it and believe it fits the actual piece perfectly. If any other color was to replace the blue, I don't think that it would give the same effect.

Overall, I think going to the gallery was a great experience; I would recommend it to someone who's looking for a gallery to go to. It had a lot of great information and backstory about the artwork and how it originated. Eventually, it does feel like you've seen everything already and might get tired of wondering around.



A large, rectangular chocolate brownie cake sits on a blue surface. The cake is cut into several square portions, with some pieces slightly separated, revealing a moist, fudgy interior. The top of the cake is cracked and has a rich, dark brown color. The background is a solid blue color, providing a strong contrast to the dark brown of the cake.

CAKE SALE

**Tuesday 20th &
Thursday 22nd May**

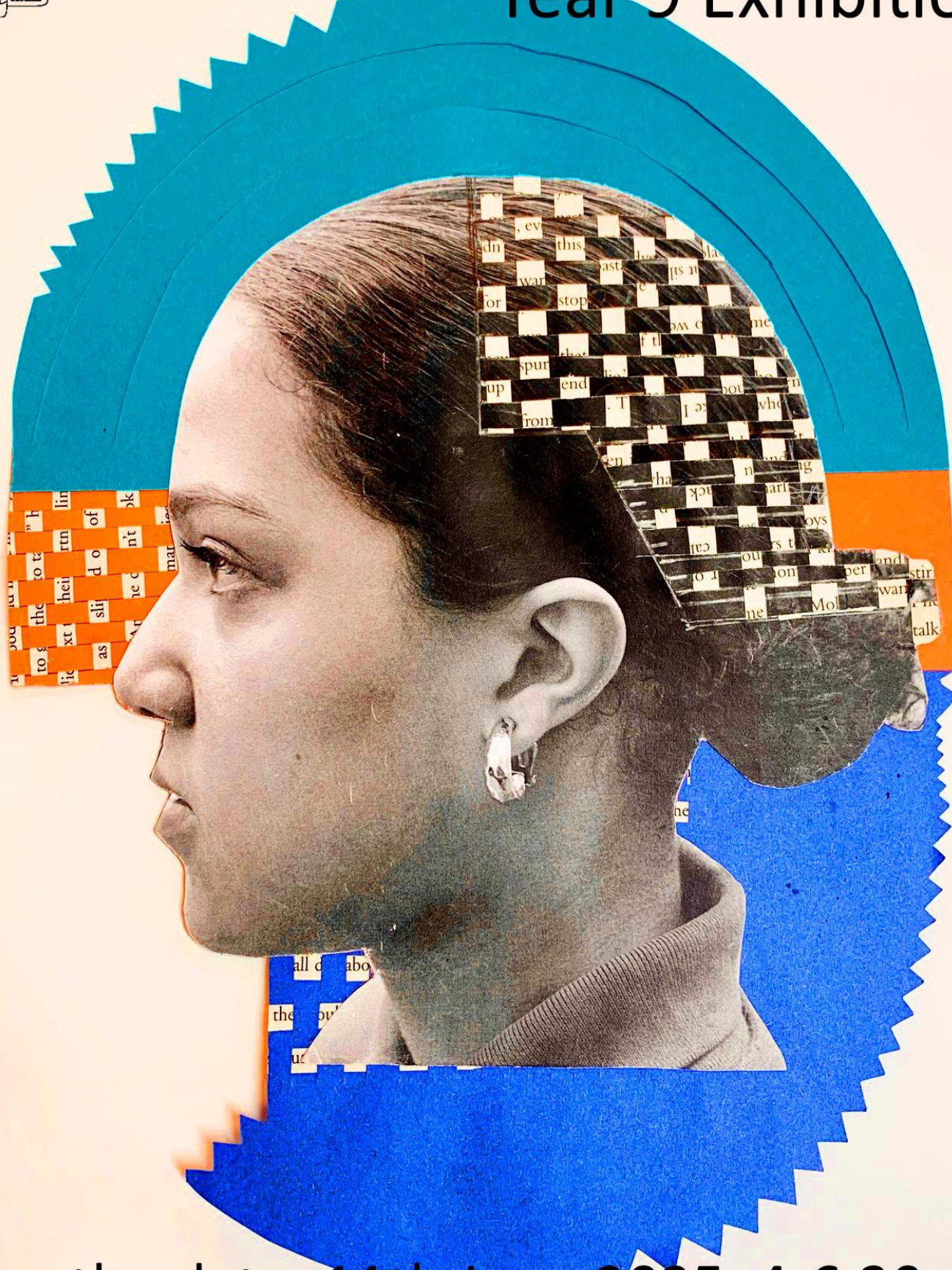
**During lunches P3,4&5
Cash only!**

**Raising money towards the Year 7&8 Art
Scholars Reward trip to Brighton!**

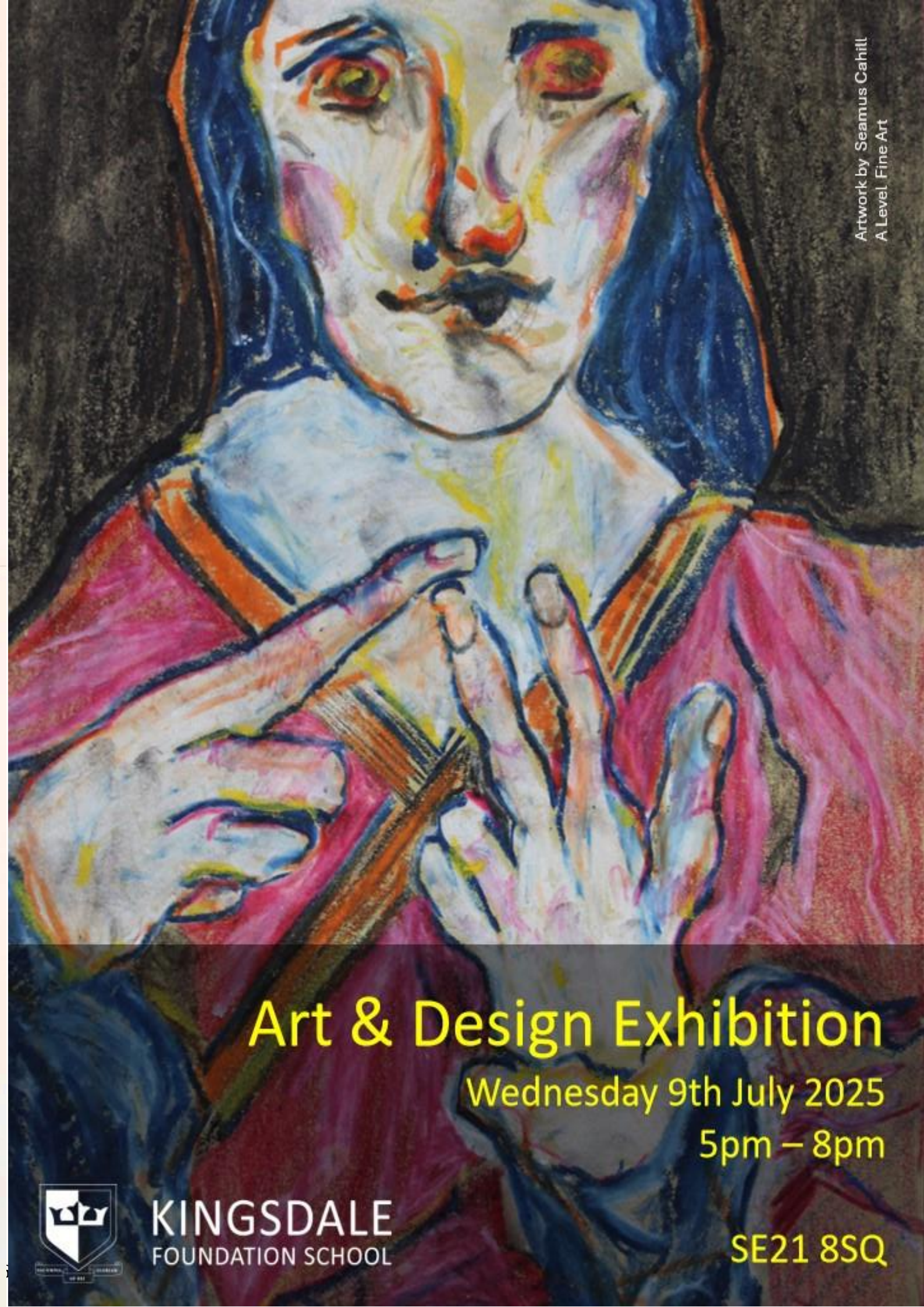


KINGSDALE
FOUNDATION SCHOOL

Silver Arts Award Year 9 Exhibition



Save the date: 11th June 2025, 4-6.30pm
at Kingswood Arts Seeley Drive, SE21 8QN



Artwork by Seamus Cahill
A Level Fine Art

Art & Design Exhibition

Wednesday 9th July 2025

5pm – 8pm



KINGSDALE
FOUNDATION SCHOOL

SE21 8SQ



Workshops at University of East London, Stratford

Selected Kingsdale dancers were invited to take part in two workshops at the University of East London on Tuesday 13th May, with two amazing choreographers Tia Denton and Bizmark, who work closely with UEL's Year 13 dance students.

Our Kingsdale dancers were definitely challenged in the workshops!

We would like to thank the UEL faculty team and the Year 12 & 13 students for inviting us and are looking forward to returning next year.

Well done Zain Zuberi, Zach Fernandez, Linus Cole and Cosmo Atlee for their resilience and determination!



PERFORMING ARTS NEWS

Dance Showcase

Kingsdale Alumni's, Dayne and Bella, held two separate dance workshops with a few select students last week, where they were taught pieces that were to be performed at the end of year final showcase.

Some lucky Kingsdale dancers were invited to the Fairfield Halls, Croydon to watch the whole show which was amazing!

We would like to wish our Kingsdale Alumni's the very best on their journeys at university, as they continue their dance journeys.



Southwark Schools Athletics Championship

Last Thursday, the Kingsdale Athletics team travelled to Croydon Sports Arena to compete in the Southwark Schools Athletics Championship.

On a hot day, the competition was fierce as Kingsdale competed against 24 schools from across the borough. Overall, it was a very successful day for the team with several of our athletes claiming a podium finish.

A huge well done to everyone who competed!

SPORTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

	Under-12s Girls	Under-12s Boys	Under-13s Girls	Under-13s Boys	Under-14s Girls	Under-15s Girls
Name	Amelia Gerdauskyte	Jacob Leslie	Esther Yeatman	Jacob Hood	Precious Hayford	Ryhona Mundle
Event	100m	100m	800m	1500m	75m Hurdles	100m
Time/Distance	14.0s	12.4s	2.33.60s	4.46.30s	13.4s	12.90s
Position	2 nd Place	1 st Place	1 st Place	2 nd Place	1 st Place	3 rd Place
Name	Amelia Gerdauskyte	Jacob Leslie	Seren Yeatman	Relay Team	Precious Hayford	Ryhona Mundle
Event	200m	200m	1500m	4x100m	100m	200m
Time/Distance	29.5s	26.5s	5.26.10s	53.7s	13.1s	26.8s
Position	2 nd Place	1 st Place	1 st Place	1 st Place	2 nd Place	1 st Place
Name	Amaka Okobi-Haris	Otis Atlee	Poppy Clapperton		Esther Ency	Celia Allen
Event	100m	100m	1500m		100m	400m
Time/Distance	13.8s	13.5s	5.38.90s		12.9s	1.03.20s
Position	1 st Place	3 rd Place	3 rd Place		1 st Place	1 st Place
Name	Malaika Trim	Ira Lee	Relay Team		Sophia Mendes	Celia Allen
Event	1500m	200m	4x100m		1500m	800m
Time/Distance	5.36.40s	28.6s	57.00s		5.03.40s	2.37.60s
Position	1 st Place	2 nd Place	3 rd Place		1 st Place	3 rd Place
Name	Adrielle Russell	Oscar Keneyinboh			Betsy Trupp	Celia Yeatman
Event	Long Jump	800m			Long Jump	1500m
Time/Distance	3.72m	2.48.50s			4.44m	5.04.00s
Position	2 nd Place	3 rd Place			1 st Place	1 st Place
Name	Relay Team	Emery Aldridge			Betsy Trupp	Relay Team
Event	4x100m	1500m			Javelin	4x100m
Time/Distance	59.1s	4.44.80s			14.80m	54.9s
Position	1 st Place	1 st Place			3 rd Place	2 nd Place
Name		Torston Nicholls			Relay Team	
Event		Javelin			4x100m	
Time/Distance		16.10m			55.5s	
Position		3 rd Place			1 st Place	
Name		Relay Team				
Event		4x100m				
Time/Distance		55.5s				
Position		1 st Place				

SPORTS NEWS cont.



Under-13s Boy's Emerging Rugby League Tournament

The tournament was between three schools who were seeking to emerge victorious and find themselves playing in the finals in June.

Kingsdale v Elm Green

Kingsdale scored five tries and conceded zero, resulting in a victory. **Final score: 30-0.**

Tries scored by: Spencer Fay, Jaiden Afranie-Wilson (x2), Luca Goldfinch and Zion Knole.

Kingsdale v Haberdashers' Hachem College

KFS were once again dominant. **Final score: 28-4.**

Tries scored by: Spencer Fay (x2), Harvey White, Leo Barrett and Eli Thorpe.

As it was a round robin tournament, everyone had to play each other twice.

Kingsdale v Elm Green

The team continued their impressive form winning. **Final score: 36-0.**

Tries scored by: Spencer Fay, Jaiden Afranie-Wilson (x3) and Robbie Heritage (x2).

Kingsdale v Haberdashers' Hatcham College

The final match was another rampant display by Kingsdale.

Final score: 24-4.

Tries scored by: Spencer Fay, Rafferty Hurrell, Jaiden Afranie-Wilson and Leo Barrett. Therefore, we are the winners of the tournament which means we advance to the finals day!

Player of the Tournament: Spencer Fay.



Sofia and Malaika at Surrey County Championships

Sofia Mendes, Year 9 and Malaika Trim, Year 7, took part in the Surrey County Championship.

Sofia just finished 3rd in the Under 15 girls - 1500m, with a 4 second pb, down to 4:50.40.

Malaika finished 4th in the Under 13 girls - 800m, with 2:32.38, which was a 1 second pb.



Surrey Cricket Starburst Tournament

Big congratulations go to our Year 7 & 8 Girls' Softball Cricket team who competed in the Surrey Cricket Starburst Tournament on Tuesday 13th May at Beddington Cricket Club.

10 schools participated and we made it into the final, coming out in second place.

The team is now off to the 'Chance to Compete Girls Regional Finals' on Thursday 3rd July at Sidcup Cricket Club.

Year 8 Boys' South London Cup Football Kingsdale v London Nautical School

The Year 8 Boys' Football team were crowned South London Cup Champions for a second year in a row after beating London Nautical School 9-1 in the final last week!

What a fantastic achievement by the team!

Well done boys!



CAREERS NEWS

AMNESTY INTERNATIONAL



This week Ben Smith treated students in Years 8 & 10 to a fascinating talk about Amnesty International. Ben talked about the admirable work Amnesty does on a local and a global level and highlighted the range of careers available within the charity sector as well as discussing his own career trajectory. Students were really interested to hear about the varied ways Amnesty tries to fight for justice and found the talk really inspiring. Thank you to Ben for giving up his time to talk to us.



**Careers talk: Wigs & Hair in Theatre - Leanne Lashbrook from the National Theatre
Tuesday 20th May 1pm in CR3 for students in Years 9 & 12**

Leanne Lashbrook is a wig maker and hair & make-up technician at the National Theatre in central London. The National Theatre is one of the foremost theatres in the country and Leanne works in all aspects of the wig and hair & make-up department.

Students are asked to come along if interested in any behind-the-scenes theatre work, a career in wigs, hair & make-up, or are just curious about any sort of career in the creative industries.

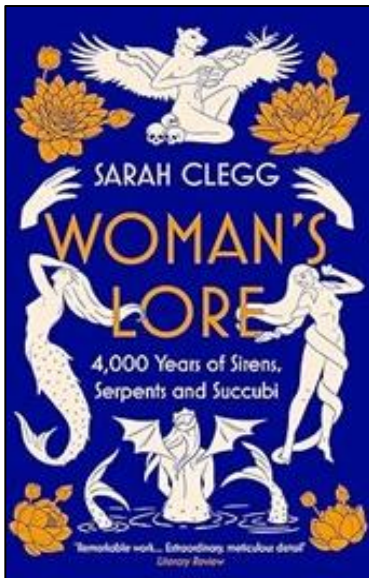
The talk will take place in CR3 at 1pm for students in Years 9 and 12 who should bring their lunch. The sign-up for students is accessible [here](#).



Calling All Parents/Carers!

If you would like to offer a talk to student about your area of work/profession, please contact Ms Markes, via careers@kingsdale.southwark.sch.uk

Teacher Recommendation



Ms Smith recommends *Woman's Lore* by Sarah Clegg

Creatures like Lilith, the seductive first wife of Adam, and mermaids, who lured sailors to their death, are familiar figures in the genre of monstrous temptresses who use their charms to entice men to their doom.

But if we go back 4,000 years, the roots

of these demons lie in horrific creatures like Lamashtu, a lion-headed Mesopotamian demon who strangled infants and murdered pregnant women, and Gello, a virgin ghost of ancient Greece who killed expectant mothers and babies out of jealousy.

Far from enticing men into danger and destruction, these monsters were part of women's ritual practices surrounding childbirth and pregnancy. So how did their mythology evolve into one focused on the seduction of men?

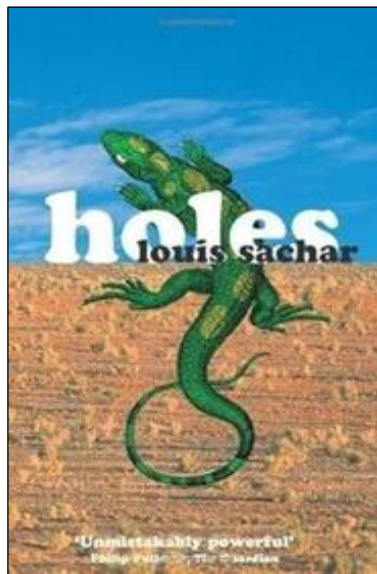
Ms Smith really enjoyed this because it's 'contributed' to her 'intellectual journey', prompting lots of interesting questions about womanhood and religion.

Some adult themes; best suited for students in Key Stage 5.

Reading Recommendations

**SUBMIT HAND-WRITTEN BOOK REVIEWS TO
ENG. DEPT,
WIN BOOK TOKENS AND OTHER PRIZES!**

Student Recommendation



Anaiah Green, Year 8 recommends

Holes by Louis Sachar

Stanley Yelnats' family has a history of bad luck going back generations, so he is not too surprised when a miscarriage of justice sends him to Camp Green Lake Juvenile Detention Centre. Nor is he very surprised when he is told that his daily labour at the

camp is to dig a hole, five foot wide by five foot deep, and report anything that he finds in that hole.

The warden claims that it is character building, but this is a lie and Stanley must dig up the truth. In this wonderfully inventive, compelling novel that is both serious and funny, Louis Sachar has created a masterpiece that will leave all readers amazed and delighted by the author's narrative flair and brilliantly handled plot.

Anaiah loved the 'weird plot twists' and the 'really satisfying ending' to this novel.

Suitable for students in all age groups.

CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Summer Half-Term Holiday

Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

Science Intervention Programme Preparation for GCSE & A Level exams!

SCIENCE NEWS

Science Support Sessions

We invite all students to take advantage of our **Science Support Sessions!**

These sessions are becoming increasingly popular, providing an excellent opportunity for students to deepen their understanding of scientific concepts with the help of experienced scientists.

The Science Department is running **support sessions for Triple Science Physics students** starting **tomorrow** in Lab S11 during the tutor time.

Who is it for?

- Year 11 and Year 13 students who need support in understanding key scientific concepts.
- Any student looking for extra guidance in science subjects.

Why attend?

- A great opportunity to clarify doubts and strengthen subject knowledge.
- A welcoming and supportive environment for learning.

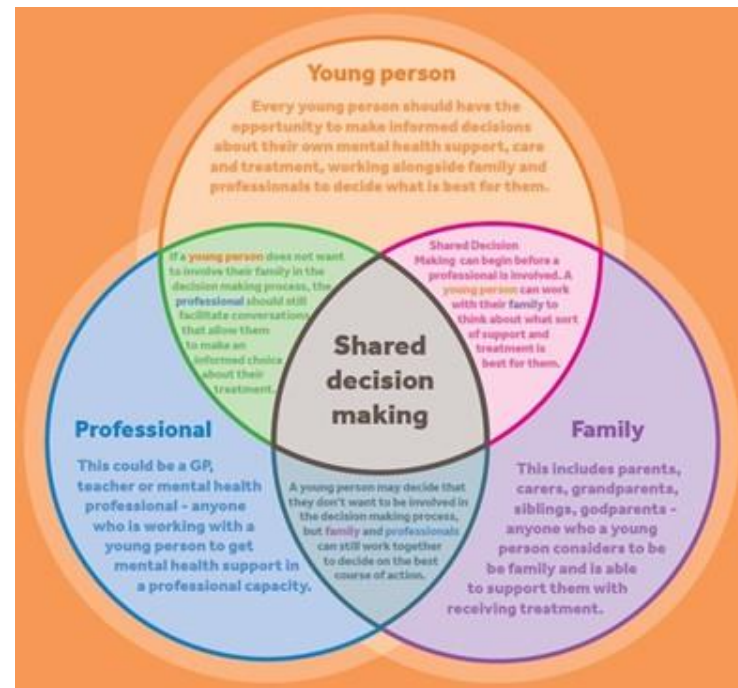
Year 11 – Intervention programme

Date	Combined Science Intervention Programme of Study Every Tuesday			Separate Science (Triple Science) Intervention Programme of Study Every Wednesday	Saturday Sessions
	Biology	Chemistry	Physics	Chemistry Sessions/ Physics	
Day/ Time	Tuesday 3.45 to 4.45pm	Tuesday 3.45 to 4.45pm	Tuesday 3.45 to 4.45pm	Wednesday 3.45 – 4.45pm	Saturday Open for all
Room Number	SC – Small Tutoring sessions SC2/SC3/SC4	Small Tutoring sessions SC8/SC10/SC11	Small Tutoring sessions SC1/ SC6/SC7	S11	Online

A Level Intervention Programme

Date	Year 13 Intervention Programme		
	Biology Wednesday / Thursday	Chemistry Wednesday	Physics Monday, Tuesday and Wednesday
Day/Time	Wednesday (6M2) and Thursday 3.45 to 4.45pm	Every Wednesday 3.45 to 4.45pm	Every Monday, Tuesday, and Wednesday 3.45 to 4.45pm
Room Number	SC10	Tutoring sessions	Small Tutoring sessions SL1

Shared Decision Making



What is shared decision making?

Shared decision making (SDM) is a collaborative process where a young person works together with their family and professionals and or a service provider to make an informed decision about the treatment or care option that is best for them.

For shared decision making to take place, information, evidence, options, and preferences should be exchanged and discussed. All voices should be respected, and concerns shared within a safe space.

Why is it important?

Shared decision making is recognised as a person-centred approach to improving health care quality. It ensures young people, and their families get a voice and decisions are made with the young person's best interest at heart. Studies show that involving service users in Child and Adolescent Mental Health Services (CAMHS) care and treatment decisions is associated with improved health outcomes and higher satisfaction with services.

Click here for more: [Shared decision making tips for parents and carers](#)



Mental Health Awareness Week

Lots of things can lead to feelings of anxiety, including exam pressures, relationships, starting a new school or worrying about fitting in. Anxiety is one of the most common mental health problems teenagers can face.

What can we do to help children cope with feelings of anxiety?

1. Focus on their breathing

When a child is having anxious thoughts try getting them to focus on breathing, concentrating on the feeling of their body as they breathe in and out. It can help control the thought.

2. Get them moving

Exercise is a good way of dealing with anxiety.

Remember, activity doesn't have to be vigorous; try some gentle stretches, yoga, or seated exercises. Or just go for a walk together. Going for a run, swimming, or taking part in a fitness class can give them something else to think about. It needs a bit of concentration, so takes their mind of the anxious thoughts. Any amount of exercise will help.

3. They could keep a diary

It's important that children don't try to ignore their worries. Taking the time to keep a record of what's happening in life and how it's affecting them can help to understand what is triggering feelings of anxiety. Knowing this can help them better prepare for and manage situations that may cause anxiety. Sometimes it helps to set a certain time of day to be their 'worry time'. It could be half an hour first thing in the morning to sit with their worries and write them down in their diary. When that's out of the way, they can move on with the rest of the day.

4. Challenge their thoughts

Anxiety can lead us to think about things over and over again in our brain. This is called 'rumination' and it's not helpful. When you catch your child ruminating try to get them to write down the thought and to challenge it. Is what they are worrying about likely to happen? Are they being realistic? Have they had similar thoughts which have not turned into reality? This can make it easier to challenge the thoughts and stop them from being overwhelming.

5. Spend time in nature

We know that spending time in nature has a positive impact on our mental health. It can help us feel calmer and less stressed. This can be as simple as tending some flowers in a window box or going for a walk in the woods. Any amount of time doing this is good for us, but to really get the benefit, try to get your child to spend a significant period of time - maybe an hour or longer - so they can really connect with nature and immerse themselves.

6. Make sure they get quality sleep or rest

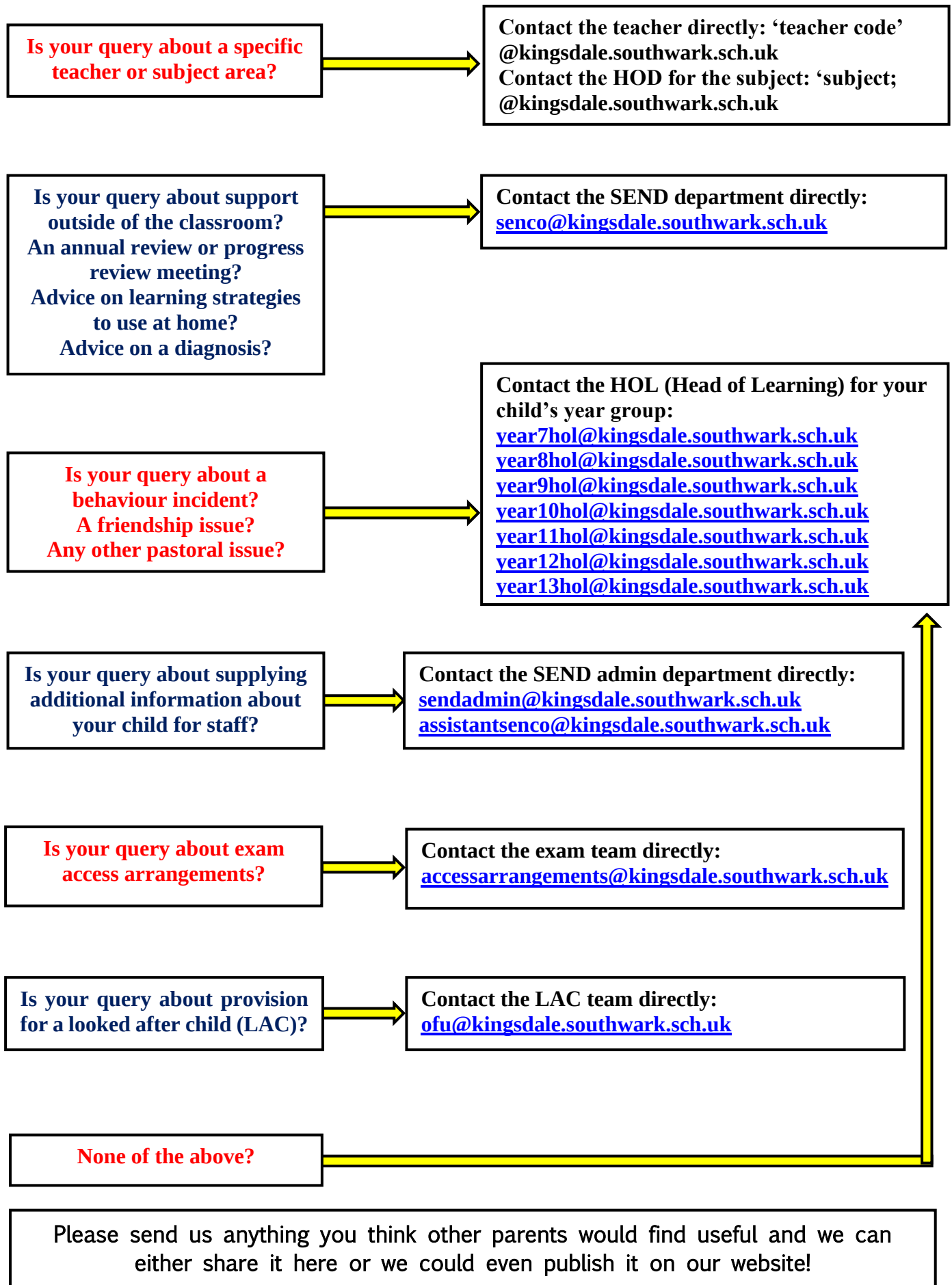
Resting and having a good night's sleep is hard when your head is full of worries but there are some things that can help. If anxious thoughts keep them awake, get them to write it down in their diary. Keeping a note in a diary of sleep patterns, what time they went to bed, what they ate, how often they woke up etc can help work out a routine that will help them get better quality sleep.

7. Try to get them to eat a healthy diet

For many of us, feeling anxious might cause us to reach for sugary snacks and junk food. Eating healthy food regularly helps us to regulate our blood sugar and gives us the energy we need to live well. Remember caffeine in coffee, tea and fizzy drinks can affect mood and cause sleep problems so it's best for children to have these in moderation and not too close to bedtime.

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



HOUSE COMPETITIONS

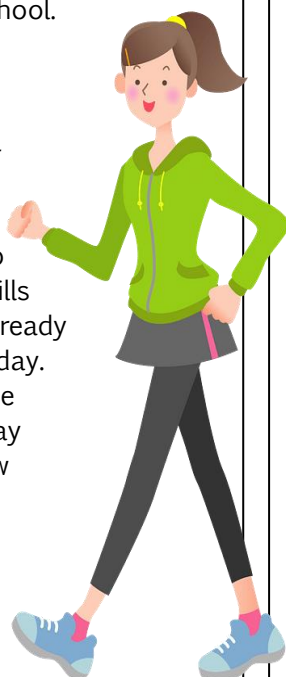


Kingsdale Fitness Challenge: Walk to School Week

A generation ago, 70% of children walked to school – now it's less than half. So, Walk to School Week was started to encourage more children to get out of the car and walk to school.

Why Walk to School?

- Walking to school is a brilliant way to get active and healthy - without even realising you are exercising.
- It is also a great opportunity to learn those vital road safety skills and make sure you're alert and ready to learn at the start of a new day.
- You will see your friends and be able to chat to them on the way into school - or even make new friends with the kids they meet on the way.
- It will also help to reduce congestion especially around schools, reduce pollution and give you some exercise.



This year's challenge will see pupils take on The Great Space Walk, encouraging them to travel actively to school every day of the week. Meeting various colourful intergalactic friends along the way, pupils will learn about the important reasons to walk or wheel and its benefits for individuals, communities and the planet!

STUDENT TASK: Prepare a poster to encourage other students to walk to school. Inform them of the benefits of walking to school (health, fitness, the environment, learning road safety skills, communities, reducing congestion).

HOUSE ACTIVITY: Submit poster to the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your **full name, tutor group and House.**

Kingsdale Cooking Challenge: British Sandwich Week



British Sandwich Week takes place this year between 19th-25th May 2025. It celebrates the humble sandwich in all its glory as well as the contribution that the sandwich industry makes to the economy.

It is thought that the humble sandwich was 'invented' by the 4th Earl of Sandwich. He was a keen gambler and didn't like to leave the gaming table – so rather than breaking for dinner while the game was in full swing, he asked that he was brought some meat between two slices of bread – and this was the birth of a great 'fast' food which became known as a sandwich.

We would like you to share your favourite sandwich recipes and the most creative fillings will be awarded!



HOW TO ENTER:

Be sure to share your sandwich with the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your **full name, tutor group and House.**

What Parents & Educators Need to Know about MINECRAFT

AGE RESTRICTION
PEGI 7

WHAT ARE THE RISKS?

Still the best-selling game of all time, Minecraft is a bastion of creativity and community, with hundreds of millions of players building and crafting in its almost endless world. The popularity of Minecraft among gamers of all ages means it's important to remain informed about the game, including how to play it safely and whether it's suitable for the children in your care. That's why we've created this guide explaining the risks associated with Minecraft and how to ensure a purely enjoyable gaming experience.

SCARY ELEMENTS

While Minecraft can be seen as a kind of 'digital LEGO', certain game modes include creatures accompanied by eerie sound effects. These can be a bit too frightening for some younger players, potentially leading to distressing in-game combat and other encounters – although the combat is quite basic and free from any real depiction of violence.

GRIEFING

Some players in Minecraft take pleasure in deliberately damaging or destroying another person's creations. This behaviour, known as 'griefing', is a form of bullying – it intentionally ruins someone else's experience by erasing hours of their work and forcing them to start over. Many public servers regard griefing as a serious offence and often ban those who engage in it.

ADDICTIVENESS

Minecraft's focus on creativity means that, as with any creative endeavour, it can be easy to get carried away. If your child is finding it difficult to manage their time because they're drawn in by Minecraft's gameplay loop of resource gathering and building elaborate projects, it could have a knock-on effect on their social interactions and schoolwork.

PUBLIC SERVERS AND COMMUNICATIONS

With public servers being so easily accessible in Minecraft, it's highly likely that children will end up chatting with strangers through the in-game text chat. Some servers even place an emphasis on social interaction, actively encouraging communication between players. While there's nothing inherently wrong with this, it does carry certain risks. In addition to the concerns around speaking with strangers online, players who host their own servers may have their IP addresses exposed, posing a further security concern.

ADDITIONAL PURCHASES

Minecraft is available as a free trial on a variety of devices; however, the full game requires a one-off purchase. After that, players have the option to buy additional cosmetic upgrades or subscribe to Minecraft Realms. Realms is an entirely optional subscription service that allows users to run their own private server to play with friends. Without proper supervision, younger players may end up making unintended or excessive purchases.

Advice for Parents & Educators

CHOOSE THE RIGHT MODE

Selecting Creative or Peaceful mode allows children to play Minecraft without having to contend with enemies. It's also a great way for you to get used to playing the game with them, since the difficulty level is far lower. This allows you to work together on a long-term project, creating something special without the threat of enemies and creatures attacking you or damaging your building.

HOST A PRIVATE SERVER

The easiest way to find a safe server for children to play on is to make one yourself. Hosting a server prevents strangers from finding it, unless they've been given its address and password. A private server also lets you control who's allowed to enter and – if necessary – ban anyone who shouldn't be there. This is the closest equivalent to parental controls in Minecraft. Hosting a private server, however, will cost a monthly fee.

TALK ABOUT STRANGERS

At some point in their lives, almost everyone will make contact with a stranger online. Talking to children about online safety, therefore, is essential – as is having a plan for dealing with any hostile or difficult people. It's important that a child knows never to tell a stranger about themselves online and that they should come to you straight away if they do encounter a problem.

RESEARCH CONTENT CREATORS

Much of Minecraft's early stages can be an exercise in frustration for players who don't know where to start. Thankfully, there's a wealth of material online and in video format to help you learn the basics. Just be mindful that some of this content may not be appropriate for children, so you should consider watching it yourself first.

PLAY MINECRAFT WITH YOUR CHILD

As a creative building tool, Minecraft makes it great fun for children to team up and construct vast buildings accompanied by imaginative landscapes, much like working with LEGO or model kits. Playing in a game mode that includes enemies can encourage critical thinking and teamwork; however, you should consider which game mode is appropriate for the child in your care.

Meet Our Expert

Lloyd Coombes is Gaming Editor at the Daily Star, and has worked in games media for more than 8 years. A long-time gaming enthusiast, he is also a parent and therefore a keen advocate of online safety for children of all ages.



#WakeUpWednesday

The National College

SPORTS FIXTURES

Monday 19th May 2025

- Under-15s Boys' Cricket Home Match v Acland Burghley School. Leave school at 1pm. Start 1.30pm. Return at 5.30pm approx.: **Mr Pizzey/Mr Price**
- Under-13s Boys Rugby Away Match v Carshalton Boys' School. Leave school at 1.50pm. Start 3pm. Return at 5.30pm approx.: **Mr Lord/Mr Worsley**

Tuesday 20th May 2025

- Under-14s Cricket Away Match v Westminster School, Vincent Square. Leave school at 1pm. Start 2.15pm. Return at 6pm approx.: **Mr Roberts/Mr Foster**

Wednesday 21st May 2025

- Under-15s Girls' Softball Cricket Tournament, Mary Datchelor Playing Fields. Leave school at 1pm. Start 1.45pm. Return at 5pm approx.: **Ms McErlain**
- Under-15s Boys' Football B Team English School Finalists depart Kingsdale at 2.30pm: **Ms Turner/Mr Johnson/Mr Foster/Mr Price**

Thursday 22nd May 2025

- Year 10 Supporters depart for English Schools' Football Cup Final. Leave school at 10.30am. Return at 10.30pm approx.: **Mr Wilson**
- Under-15s Boys' Football English Schools Cup Final at the Hawthorns, Home of West Bromwich Albion FC. Start 3.30pm. Return at 11pm Approx.: **Mr Foster/Mr Price/Mr Johnstone/Ms Turner**

Friday 23rd May 2025

- Under-13s Boys' Basketball Away Match v Christ School Richmond. Leave school at 12pm. Start 2pm. Return at 5.30pm approx.: **Mr Lord/Mr Dash**

Please note that fixtures maybe postponed or rearranged due to weather conditions.

All fixtures can be viewed via the link below:

<http://www.kingsdaleschoolsports.org.uk>

HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents & Educators Need to Know about Minecraft'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See page 21 above.**

The House Leader Board 2024-25

Week ending
16th May 2025

- 1st Place – Dove 91,064 points
- 2nd Place – Swift 89,098 points
- 3rd Place – Falcon 86,736 points
- 4th Place – Eagle 85,677 points
- 5th Place – Albatross 85,559 points

There is still time for Albatross to win but they must start closing the gaps soon!



Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.

