



PARENTAL NEWS BULLETIN

Issue 3 Monday 18th September 2023

HEADLINE NOTICES

Open Days Academic Year 2023-2024

We welcome any parents who would be prepared to speak briefly (five minutes maximum) about their positive experiences of the school at one of our Open Days scheduled for the Autumn term. A full list of Open Day event dates is outlined below. If you are willing and able to contribute to one of our Open Days below please email Mr Harding via dhg@kingsdale.southwark.sch.uk

Wednesday 20th September 2023 9.30am - 8pm

Saturday 23rd September 2023 10am - 6pm

Wednesday 27th September 2023 9.30am - 8pm

Wednesday 4th October 2023 9.30am - 8pm

Saturday 7th October 2023 10am - 6pm

Wednesday 11th October 2023 9.30am - 8pm

Saturday 14th October 2023 10am - 6pm

House Award for Excellence



Congratulations to Harrison Beale who was nominated for the House Excellence Award this week, by the Drama Department for his excellent focus and progress throughout Year 7 as well as his outstanding attitude towards

exploring new opportunities in Drama this year. Well done Harrison!

Curriculum Coffee Morning – Year 11

This week sees the start of our cycle of optional Coffee Mornings for parents which are a great opportunity to meet staff and learn more about the curriculum for each year group.

On Friday 22nd September 2023, we shall be holding our first Coffee Morning of the season for Year 11 parents between 11am & 1pm. Parents who are interested in attending, must register via the link sent separately by email. We hope to see you there.



School Photographs

The school photographers will be coming into school on the days listed below.

Please ensure that your child is aware of the day that their school photograph will be taken.

Arrangements for photographs for siblings and further details issued separately by Heads of Learning.

Monday 18th September 2023 Year 12

Tuesday 19th September 2023 Year 11

Thursday 21st September 2023 Year 13

THEME & WORD OF THE WEEK

A Positive Approach to Life -
'If you think you can, you can.
And if you think you can't,
you're right.'

Vivacious
Attractively lively

SCHOOL NEWS

School Flu Vaccinations

Please be advised that letters have now been issued concerning Flu vaccinations. Consenting students in Years 7 – 11 are scheduled to have their Flu vaccinations at school on **Tuesday 3rd October 2023**.

Flu vaccinations are delivered through a nasal spray. Further information is available in the documentation that has been issued to all parents via email. Should you wish for your child to receive the vaccination at school, please ensure you fill out the e-consent link on the NHS form issued separately by Monday 25th September 2023. Please be aware the vaccination team will not vaccinate any students without parental consent.

If you have any further information, please do not hesitate to contact your child's Heads of Learning using the email addresses available in our Communication Directory [here](#).

School Uniform

Full details about our school uniform, including our PE kit, can be accessed [here](#).

You can also access our online shop [here](#).

We encourage parents to use our sustainable Uniform Bank which contains many items of pre-worn clothing to help supplement student uniform requirements.

**Opening times are 3.45-4.45pm each
Monday, Wednesday and Friday.**

Please contact Mr Lewis via
jls@kingsdale.southwark.sch.uk



ARTiculation

Year 12 at the ARTiculation Discovery Day at the Saatchi Gallery

On Thursday 6th September, six of our Year 12 Art, Photography, Textiles and Graphics students took part in the ARTiculation Discovery Day at the Saatchi Gallery. The students explored the artworks in their current exhibition, '*Civilization: The Way We live Now*', with the guidance and help from the Saatchi Gallery Educators. They were encouraged to think independently, analyse information and ask informed questions.

This ARTiculation Discovery Day was designed to develop and support our students' understanding and engagement with Art. The students were taught how to research from the exhibition by the ARTiculation and the Saatchi educators to help them prepare and deliver their gallery talks about their selected pieces from the exhibition.

Our students' performance was excellent, taking into consideration they had half an hour to prepare their presentation, and successfully delivered it to an audience composed by external educators who they never met before.

Well done to our participating students!! We really hope they decide to take part in the Articulation England Prize 2024. Please read the link [here](#) for further information on this prestigious competition. For more photos and recordings, please follow our Instagram [@kingsdaleart](#) (age restrictions apply).



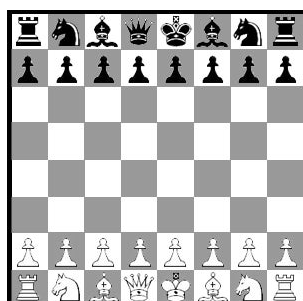
CHESS CLUB



Thursday's 4.10pm

Room MA5

(Years 7 and 11 can start at 3.45pm)



**Play
Learn to play
watch
solve puzzles
make new friends**

For more information please email:

Mr Denyer sdr@kingsdale.southwark.sch.uk

Mr James ijs@kingsdale.southwark.sch.uk

EXTRA CURRICULAR CLUB NEWS

Food Science Year 7 and 8

Love of Food Club

Tuesday 15:45 to 17:00 in FS2

Autumn Term 2023

19-09-2023 Dutch Apple Cake

26-09-2023 Cheese Twists

03-10-2023 Lemon Drizzle Traybake

10-10-2023 Black History Month Celebration

17-10-2023 Spooky Halloween Mummies

**Please sign up on FS1 every Tuesday
for the following week's session to
secure your place**

Big History Club!

For Key Stage 3 and 4 in HU6
Every other Tuesday from 4.15pm to 5pm

Students, do you want to dive into the past?

Is there something we don't cover at school that you would like to learn about?

In Big History Club, we use history and fiction books, films, art, music and more to **enquire into diverse World Histories** from ancient times to modern day.

In our next session on **Tuesday 19th September** we will be meeting to introduce ourselves and discuss what we'll be investigating this year... (and consuming biscuits).

Bring along any ideas for people, events or items from history you want to know more about! Email Ms Preston for more information on apn@kingsdale.southwark.sch.uk





Geography Club

The world is not in your books and maps, it's out there."
~ **Gandalf to Bilbo in *The Hobbit: An Unexpected Journey***

Day

Once a fortnight at Tuesday lunchtimes
(starting on the 17th September)

Time

11.05-11.55am (Bring your lunch along too!)

Location: IT1

About the Club

Geography Club will empower students to explore the world
and related current issues beyond lessons.

Come along and watch documentaries, play games, discuss
and debate current geographical topics and eat snacks!

Open to all Year 7s - see Miss Darvill or Miss Booth
for more information or email

humanities@kingsdale.southwark.sch.uk . See you there!

Art, Design and Technology Faculty Clubs 2023-24

Monday

Silver Arts Award

PS1 Ms Wallner

16:10 – 17:00

Bronze Arts Award

AR1 Ms Wilkinson

15:45 – 16:45

Fly High Club – Year 9

FS1 Ms Leung & FS2 Miss Hinds

16:15 – 17:15

Young Makers

TE2 Ms Koch

16:10 – 17:10

Tuesday

Year 8 Art Scholars (by invitation only)

AR7 – Ms Brocklesby

16:10 – 17:00

Year 7 Art Scholars (by invitation only, after October half term).

AR4 – Ms Montero

16:10 – 17:10

Year 9-13 Catch Up

AR2 Mrs Howell

15:40 – 17:00

Art Catch Up

AR5 Ms Wallner

16:10 – 17:00

KS4/5 Photography Catch Up

PS1 Ms Gregson

15:45 – 17:00

Love of Food Club

FS2 Ms Leung & Ms Hinds

15:45 – 17:15

Digital Explorers

TE3 Ms Gardiner

16:10 – 17:00

D&T Catch Up year 9/10/11

TE2 Ms Koch

15:45 – 17:15

Thursday

Arts Year 7 Art & Textiles Club

AR5 Mrs Howell

11:00 – 12:00

Art & Textiles Catch Up

Ms Brocklesby AR7

15:40 – 17:00

Graphics Catch Up

TE3 Ms Gardiner

16:10 – 17:00

Camera Club

PS1 Ms Wallner

15:40/16:10 – 17:00

Young Designers

AR6 Ms Virgin

11:00 – 11:45

Fly High Club – Year 10

FS1 Ms Leung & FS2 Ms Hinds

16:15 – 17:15

Friday

Finish it Friday Club

AR2 Mrs Howell

15:40 – 17:00

NEAs Workshop

Ms Leung & Ms Hinds

16:15 – 17:15

The Art, Design and Technology Department are delighted to announce that their weekly clubs will begin week beginning 18th September - expect for the Year 7 Art scholars club which begins after half-term.

The Year 8 Art Scholars is by invitation only. There is no need to register for a place, your child just needs to arrive at the starting time.

DRAMA | EXTRA CURRICULAR

Irish Theatre Festival

IRISH THEATRE FESTIVAL

- Our A Level students will be directing students in a series of scenes from Irish plays.
- Further auditions for Year 11 are held on: Thursday 21st September (3.50-5pm)
- To sign up and complete online consent [here](#).
- For more information contact Mr Golding QGG@kingsdale.southwark.sch.uk

PROPS AND COSTUMES

If parents have any lamps, stools or arm chairs that they are throwing out, then please get in touch with Mr Golding (ggg@kingsdale.southwark.sch.uk) as we require these for future productions. We also welcome any donations of costume.



CONGRATULATIONS

Congratulations to Jonathan Foga, who won a place at the prestigious East 15 drama school, starting this year.

Jonathan appeared in a host of drama productions at KFS from A Christmas Carol in Year 7 to the Black Writing Festival in year 12 (pictured left).

NATIONAL THEATRE WORKSHOP

Well done to Hannah Steadman (Year 12) for her involvement with the National Theatre. Hannah joined the 'In Focus' workshops for 'The Effect'. An exciting experience at one of our best theatres.



CALENDER 2023-24

AUTUMN TERM 2023

First Autumn Half-Term

Thursday 31st August – Friday 20th October

Autumn Half-Term Holiday

Monday 23rd October – Friday 3rd November

Second Autumn Half-Term

Monday 6th November – Thursday 21st December

SPRING TERM 2024

First Spring Half-Term

Thursday 4th January – Friday 9th February

INSET DAY

School closed to students except Year 11
Thursday 4th January

Half-Term Holiday

Monday 12th February – Friday 16th February

Second Spring Half-Term

Monday 19th February – Thursday 28th March

SUMMER TERM 2024

First Summer Half-Term

Monday 15th April – Friday 24th May

INSET DAY

School closed to students except Year 11
Monday 15th April

Mayday Bank Holiday

Monday 6th May

Half Term Holiday

Monday 27th May – Friday 31st May

Second Summer Half Term

Monday 3rd June – Thursday 25th July

INSET DAY

School closed to students except by invitation
Thursday 25th July

You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

EXTRA CURRICULAR CLUBS cont.

Extra-Curricular Sports Clubs Sign-Up Process for 2023-24



To book your child a place on the Sports Club(s) of their choice, please complete the Autumn term extra-curricular sports clubs online form (QR code).

On the form please select your child's year group from the list given which will give you access to all the clubs available for their year group. Please be advised that in most cases, submission of your form will confirm your child's place. However, please be aware that for activities such as Cycling, Swimming and Horse Riding, places are limited for each session. To ensure that all students have an opportunity to attend these activities, sessions will be allocated to students in blocks during the course of the academic year. The teacher(s) in charge of these clubs will notify you via email/phone call when your child's place becomes available. For all queries, please contact pe@kingsdale.southwark.sch.uk

SCHOOL NEWS



Year 10 Study Skills Session

Our Year 10 cohort participated in their study skills session with our external partners, Learning Performance, last week to help them prepare for their upcoming exams over the next two years and for life after school. The sessions will help them apply their new study skills in their lessons and future careers. All students were engaged with the process and there was a recognition of how the skills they developed can be used in a professional setting. Well done Year 10.

SPORTS NEWS

Ella Driver Competes in Inter-Regional Triathlon Championships



Congratulations go to Ella Driver, Year 8, who represented London in the Inter-Regional Triathlon Championships in Leicester last weekend, finishing 6th overall. Well done Ella!

Celia Allen and Celia Yeatman at Kent Relay Championships



Celia Allen and Celia Yeatman participated in the Kent Relay Championships in Ashford on Sunday 10th September 2023.

It was incredibly hot with pretty challenging conditions. They did brilliantly to come 3rd in the 3 x 800m with their Cambridge Harriers team. They also competed in the 4 x 300m earlier in the afternoon.

Well done to both girls who have continued to achieve success within athletics and cross country.

Eddie's Success in a Summer of Long Distance Swimming Events



Eddie Evans, Year 10, has had a string of successes in long distance swimming events this Summer:



On 18th June, he competed in the 4km Lock to Lock (Eynsham Lock to Kings Lock on the river Thames) competition, winning the race overall in a time of 47mins 49 seconds,

1 minute 20 seconds ahead of the 2nd place! He was the youngest swimmer in the race out of a field of 107 swimmers.

On 4th July he competed in the London Regional 3km race winning Silver, in a time of 35 minutes 57 seconds (7 seconds off the Gold).

On 16th July, he went out of region to compete in the Southeast Regional 3km race, again gaining a Silver, in a time of 40 minutes 4 seconds (less than 1 seconds off the Gold.)

On 29th July he was at the National 3km Championships where he gained 5th Place in time of 34 minutes and 20 seconds, just 3 seconds from a medal.

On Saturday 5th August he was at Ponds Forge pool in Sheffield competing in the 1500m at the National age group championships where he finished in 17mins 35.60 seconds, improving his time by 24 seconds and gaining 10th place.

Last weekend on 9th September he competed in a field of 189 swimmers in the 4km London Dock2Dock (Victoria and Albert Docks) where he won the race in a time of 40 minutes and 39 seconds! What a season! Well done Eddie.

PE Lessons – Off to a Great Start!

The PE Team are delighted to welcome our students back to their PE lessons which have started really well!



SPORTS NEWS cont.

Under-18s English Rugby School Vase Competition Kingsdale 1st XV v Cedars School 1st XV



Congratulations go to the KFS 1st XV Boys' Rugby team for their amazing performance against Cedars School last week, winning 29 points to 17 in the U-18s English Rugby School Vase competition. 12 points down after 15 minutes and injuries to several players meant there were periods of the 1st half when we only had 13 players on the field. Despite the numerical disadvantage, we finished the 1st half strong with some solid defence, turning the ball over at the breakdown and scoring two excellent tries. One try was scored by Alexander Rushton from the 5-metre line with some great teamwork recycling the ball at the breakdown from the forwards. The other from Tom Barr from the restart running from our own 10 metre line beating several defenders. Cedars fought back at the start of the 2nd half with a try that levelled the game 17 points each. After that try Kingsdale dominated and controlled the game even with a player short! Our attack and defence were simply brilliant with several outstanding line breaks from Matthew Barr, Tom Barr and Oliver Micklethwaite and tackles from Samuel Lee, Harry McCarthy, Samuel Collins, Carter Macadam, and Joe Simmonds. The 3rd try was scored by Carter Macadam from a clever back move. The last try was scored from Max James finishing the game in style. It was a lovely series of line breaks, well recycled breakdowns, and offloads from most of the team. Players of the match were the brothers Matthew and Tom Barr for their resounding defence and line breaks in attack. Thank you to the Year 13 students who came and supported. Well done all the boys for their fantastic performance and win.

Kingsdale 1st XV **29-17** Cedars School 1st XV
Tries: Alexander Ruston, Tom Barr, Carter Macadam, Max James
Conversions: Joe Simmonds (3)
Penalties: Joe Simmonds (1)

Cycle Confidence Course

The sports department will be running a Cycle Confidence Course at the school. Any parents or guardians who are interested in their child taking part in this course, will need to sign up in the New Year. More information will be sent out in due course.



Please note that this course is free of charge, however, your child will need a working bike (they will be checked on the day), a helmet and suitable clothing.

The course will run from 9am to 3pm on the following days:

Monday 11th March 2024
Tuesday 12th March 2024
Wednesday 13th March 2024
Thursday 14th March 2024
Friday 15th March 2024

Contact pe@kingsdale.southwark.sch.uk for more information.

MATHS NEWS



Advanced Mathematics Support Programme®

Year 13 students are invited to join the problem-solving classes that AMSP are running this year.

The classes will run on Saturdays and will be a mixture of online and face-to-face sessions, as detailed below.

Date	Time	Venue
7-10-2023	09.30 – 13.15	Westminster City School, 55 Palace Street, London, SW1E 5HJ
14-10-2023	10.00 – 11.30	Online
21-10-2023	10.00 – 11.30	Online
4-11-2023	10.00 – 11.30	Online
11-11-2023	10.00 – 11.30	Online
18-11-2023	09.30 – 13.15	Westminster City School, 55 Palace Street, London, SW1E 5HJ

The classes are aimed at students in Year 13 who are taking A Level Maths. They are not suitable preparation for any of the university entrance exams – we will be offering STEP 2 & 3 classes later in the year – and we will not be covering any A level Further Maths material during these sessions.

Students applying need to commit to attending all sessions, and any unexpected non-attendance will be followed up with both teachers and emergency contacts as part of our duty of care.

[For further details and to apply please click here.](#)

Problem solving classes are also on offer for Year 12, which will start in the New Year and we shall send you further details in due course.

Sparx Maths

This year, Hegarty Maths has been upgraded to Sparx, which will be used to set homework tasks for Mathematics lessons.

To register, students will need to go to the Sparx site [here](#). Once there, type in the school's name 'Kingsdale Foundation School' followed by their personal details. They will then be prompted to set their own password.

The user interface is very similar to Hegarty Maths, but the work set will be more adequate for each individual student's needs.

Should you have any queries, please contact maths@kingsdale.southwark.sch.uk



Lost Property

We continue to collect a high volume of items that have been mislaid by students during the course of their school day.

We would ask parents to ensure that they label each item of clothing with their child's name and each item of equipment, including water bottles, in their possession. Without such labels, we are unable to return items to the owner.

Please contact the lost property team with any queries via lostproperty@kingsdale.southwark.school.uk

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance

Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



SEND FACULTY NEWS



Lambeth Parent Forum

Lambeth Parent Forum are a group of parents and carers of children and young people with additional needs and disabilities aged 0 to 25 in the London Borough of Lambeth.

We work with local authorities, education, social care, health and other providers. Membership of Lambeth Parent Forum is free and we do not ask anything of you unless you want to become involved in Forum activities and consultations. We are funded by a grant from the DfE and are currently supported by Contact in Lambeth.

We are part of The National Network of Parent Carer Forums (NNPCF).

To sign up please: [Click here](#)

Understanding Autism Within the Family: FREE Webinar

This webinar is presented by Anne-Marie Harrison, Education Director of Ideas Afresh Education, sharing advice and top tips on helping family members understand and embrace your child's autism traits & behaviours.

Date: Wednesday, 27th September
Time: 10 am-11 am (Including Q&A)

This webinar is ideal for families who may feel they are being pulled in all directions! Should we stay home or accept that family invitation? How can we best support our family in understanding, accommodating and enjoying our autistic child's company? Anne-Marie will answer these questions and provide pointers about how to foster positive sibling relationships and enjoy whole-family participation.

Sign up here: [REGISTER](#)



Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible.

Please see the flowchart below to help us support your child effectively and get the information needed to the right people.

Is your query about a specific teacher or subject area?

Contact the teacher directly: 'teacher code' @kingsdale.southwark.sch.uk
Contact the HOD for the subject: 'subject; @kingsdale.southwark.sch.uk

Is your query about support outside of the classroom?
An annual review or progress review meeting?
Advice on learning strategies to use at home?
Advice on a diagnosis?

Contact the SEND department directly:
senco@kingsdale.southwark.sch.uk

Is your query about a behaviour incident?
A friendship issue?
Any other pastoral issue?

Contact the HOL (Head of Learning) for your child's year group:
year7hol@kingsdale.southwark.sch.uk
year8hol@kingsdale.southwark.sch.uk
year9hol@kingsdale.southwark.sch.uk
year10hol@kingsdale.southwark.sch.uk
year11hol@kingsdale.southwark.sch.uk
year12hol@kingsdale.southwark.sch.uk
year13hol@kingsdale.southwark.sch.uk

Is your query about supplying additional information about your child for staff?

Contact the SEND admin department directly:
sendadmin@kingsdale.southwark.sch.uk
assistantsenco@kingsdale.southwark.sch.uk

Is your query about exam access arrangements?

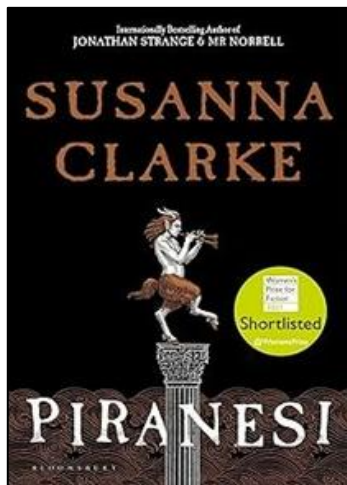
Contact the exam team directly:
accessarrangements@kingsdale.southwark.sch.uk

Is your query about provision for a looked after child (LAC)?

Contact the LAC team directly:
ofu@kingsdale.southwark.sch.uk

None of the above?

Please send us anything you think other parents would find useful and we can either share it here or we could even publish it on our website!



Teacher Recommendation

Ms Wiggam, our Director of Sixth Form recommends

Piranesi

by Susannah Clarke

Piranesi lives in the House. Perhaps he always has. In his notebooks, day after day, he makes a clear and careful record of its wonders:

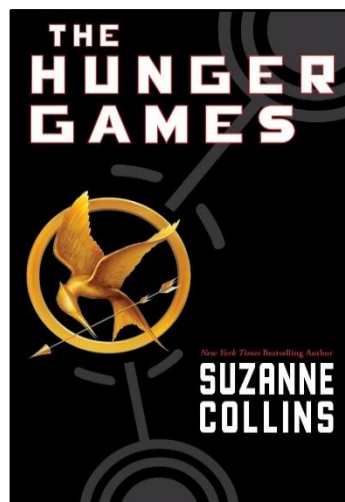
the labyrinth of halls, the thousands upon thousands of statues, the tides that thunder up staircases, the clouds that move in slow procession through the upper halls. On Tuesdays and Fridays Piranesi sees his friend, the Other. At other times he brings tributes of food to the Dead. But mostly, he is alone.

Messages begin to appear, scratched out in chalk on the pavements. There is someone new in the House. But who are they and what do they want? Are they a friend or do they bring destruction and madness as the Other claims?

Ms Wiggam adored the complexity of the characters and the tension of the plot – she ‘couldn’t put it down!’

Suitable for Year 9 students and older.

Reading Recommendations



Student Recommendation

Reuben Nightingale-Slade, Year 7, recommends

Hunger Games

By Suzanne Collins

Sixteen-year-old Katniss Everdeen regards it as a death sentence when she is forced to represent her district in the annual Hunger

Games, a fight to the death on live TV. But Katniss has been close to death before-and survival, for her, is second nature. The Hunger Games is a searing novel set in a future with unsettling parallels to our present. Welcome to the deadliest reality TV show ever...

‘I really loved this book,’ says Reuben, ‘and the plot twists were great!’

Take it from Reuben; this contemporary classic is perfect for Year 7 students currently studying dystopian fiction.

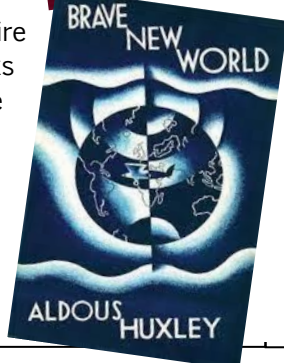
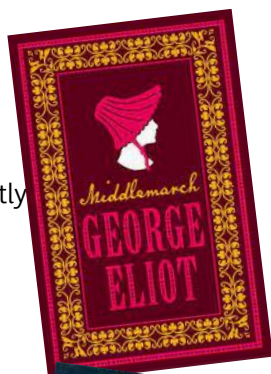
ENGLISH NEWS

Student Reading Recommendations

We hope the start of term hasn’t been too busy and you have had some time to read!

A reminder that we would like students to share with us what they like to read, their favourite book, something they have recently read or something that would be helpful for a particular subject or topic.

To help us share recommendations and inspire others to pick up the books suggested, please complete the form here and we may share in the newsletter for everyone to enjoy: [Student Book Recommendations: 2023_2024](#)



Quick Book Quiz: Classics

- Which came first: Nineteen Eighty-Four or Brave New World?
- Where was Emily Bronte’s *Wuthering Heights* set?
- How many books did Lewis Carroll write inspired by Alice Liddell?
- Which is longer: *Middlemarch*, or *War and Peace*?
- How many days did Phileas Fogg want to travel around the world in, according to Jules Verne?
- What is the name of the penny-pinching boss at the heart of Charles Dickens’ *A Christmas Carol*?
- Which Nella Larsen novel was adapted for Netflix in 2021?
- What passage of time does Virginia Woolf’s *Mrs Dalloway* span?
 - A year
 - A month
 - A day
- Who or what are lonely in the title of Sam Selvon’s 1956 Brixton-based novel?
 - Londoners
 - Lampposts
 - Librarians
- Who is the youngest of the March sisters in *Little Women*?

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.

Lost Property

We are still receiving a large number of items that have been mislaid or lost by students. In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Calling all Budding Student Journalists!

Kingsdale students have started their own school newspaper and are inviting fellow students to get involved!

If you're passionate about current affairs and would like to write reviews and news reports for the Kingsdale Telegraph, please get in touch!

Click image to open the latest edition!



Students should post their illustrations, reviews and articles (maximum 80 words for reviews and 100 words for articles) in the school newspaper contributions box, situated in the main office. Please include your full name and tutor group. Alternatively, they can email the team via kingsdaletelegraph@kingsdale.southwark.sch.uk

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



SCHOOL NEWS

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.



HOUSE COMPETITIONS



stem4
supporting teenage mental health

YOUTH MENTAL HEALTH DAY™

19th September

What is #YMHD?

Youth Mental Health Day (YMHD) encourages understanding and discussion of mental health in young people, enabling them to live happy and healthy lives all year round. Each year, the day aims to get young people, and those who support them, talking about how to improve mental health.

Stem4, a charity that supports young people to build positive mental health, is proud to be the founder of Youth Mental Health Day in the UK, which started in 2020. It is celebrated this year on 19th September 2023.



STUDENT TASK

Check in on your friends on this day and for the remainder of the year by asking specific questions:

1. What has this week been like for you?
2. How are you managing everything that's on your plate?
3. What's the good news of the week and the bad news of the week?

International Day of Peace 2023



Each year the International Day of Peace (IDP) is observed around the world on 21st September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire. Never has our world needed peace more.

This year's theme is Actions for Peace: Our Ambition for the #GlobalGoals. It is a call to action that recognises our individual and collective responsibility to foster peace. Fostering peace contributes to the realization of the Sustainable Development Goals (SDGs) and achieving the Sustainable Development Goals will create a culture of peace for all.



STUDENT TASK

Create a poster featuring statements in support of respectful relationships, such as "Be proud of who you are", "There are no outsiders in our school" and "There's no place for homophobia/biphobia/transphobia in our school".

HOW TO ENTER

Create a "peace pledge" for Kingsdale, expressing your values and your commitment to taking action to build peace going forward. Share your pledge with the House Team:

housesystem@kingsdale.southwark.sch.uk

Ensure your entry is accompanied by your full name, House and tutor group.

Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary; emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful: if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

Meet Our Expert

Daniel Upcombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 15 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247, he has reviewed more than 50 games and products over the past year.



NOS National Online Safety®

#WakeUpWednesday

Source: <https://hipal.app/about/privacy.html>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.09.2023

SPORTS FIXTURES

Monday 18th September

- No planned fixtures

Tuesday 19th September

- No planned fixtures

Wednesday 20th September

- Under-16s Girls' Football Away Game against Bonus Pastor Catholic College. Leave school at 1.50pm. 3pm Start. Return at 5.45pm approx.

Ms Cave/Mr Price

- Under-15s Boys' Football v Under-16 Boys' (Pre-Season Game) at the MD Playing Fields. Leave school at 4.10pm. 4.30pm Start. Finish 5.45pm approx. **Mr Pizzey/Mr Foster**

Thursday 21st September

- No planned fixtures

Friday 22nd September

- Under-14s Boys' A Team Football Away Game against Trinity School, Croydon. Leave school at 3pm. 4.15pm Start. Return at 6pm approx.

Mr Foster

*Please note some extra Fixtures may be organised at short notice.

<http://www.kingsdaleschoolsports.org.uk>

HOUSE NEWS

ONLINE SAFETY CORNER

For this week's Online Safety focus, we have included an important item on 'Setting Boundaries around Gzming'.

PLEASE READ!! Remember to keep an open dialogue with your child about their activities online. (SEE PAGE 16)

HOUSE QUIZ WEEK!

All our students this week will have the opportunity to earn some valuable points and have lots of fun in the process. This will take place during tutor time. We look forward to your child taking part.



The House Leader Board 2023-24

Week ending 15th September 2023

1st Place – Swift 1,924 Points

2nd Place – Dove 1,797 Points

3rd Place – Albatross 1,592 Points

4th Place – Falcon 1,505 Points

5th Place – Eagle 1,343 Points

SWIFT have started the academic year exactly where they left off, in the top spot. However, it is still only the start of the race!

Ways we communicate with Parents and students



Student & Parent Email

Please ensure we have your correct email and mobile phone contact details.

Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

Quick Book Quiz: Classics Answers From Page 12

1. Brave New World, which was published in 1932; Nineteen Eighty-Four was published in 1949.
2. Yorkshire
3. Two: Alice's Adventures in Wonderland and Through the Looking Glass
4. War and Peace is, at 1440 pages, to Middlemarch's 944 – both according to the Penguin Clothbound Classics editions
5. 80
6. Ebenezer Scrooge
7. Passing
8. c) A day
9. a) Londoners. The novel's full title is The Lonely Londoners
10. Amy