



PARENTAL NEWS BULLETIN

Issue 32 Monday 2nd June 2025

HEADLINE NOTICES

Second Summer Half-Term
Monday 2nd June – Friday 25th July 2025

We hope that families and community friends had a restful break and would like to welcome you back to the last term of this academic year! Please remember that you can access full term and holiday dates for this and the next academic year via our website [here](#).

National Thank a Teacher Day
18th June 2025!

National Thank a Teacher Day on 18th June 2025 is a fantastic opportunity to show appreciation for the wonderful school staff who go above and beyond to ensure our children receive the best education

possible. **Kingsdale has dominated the competition over the previous 3 years and we are hoping with your help that this will continue!**

The Thank a Teacher campaign recognises **ALL** staff working in UK schools and colleges; school leaders, teachers, teaching assistants and all support staff such as caretakers and cleaners. As part of this national initiative, we would like to invite you to nominate one or more thoroughly deserving members of staff at Kingsdale who you feel has shown dedication, hard work and commitment beyond the call of duty over the past year. You can nominate anonymously if you wish. To nominate a member of staff, simply complete the online Thankyou Card form which can be located [here](#). We will ensure that all e-cards are passed on to the relevant member of staff as part of the National Thank a Teacher Day celebrations.

Thank you in advance for your nominations and for your continued support of Kingsdale staff.

Kayode Peterkin signs with Charlton FC



Congratulations to Kayode Peterkin, Year 11, who has signed his Scholarship Papers for Charlton Athletic FC. This year, Kayode played for the Under-16s, 18s and Under-21s. Kayode also helped Kingsdale to win the English Schools' Cup last year as the top Goal Scorer with 35 goals in the 2023/2024 season.

THEME OF THE WEEK

Opportunities Lost – 'Hell Begins on the day when God grants us a clear vision of all that we might have achieved, of all the gifts which we might have wasted, all that we might have done which we did not. Do not choose to miss an opportunity.'

WORD OF THE WEEK

Ephemeral

Definition: Lasting for a very short time.

June is Pride Month! See House Notices on page 17 for more information!

SCHOOL NEWS

Chinese Delegate Student Buddies

Following a successful visit from a delegation of Chinese students this February, a further group of Chinese students are due to join us from 8th – 11th July 2025. The Languages Faculty is looking for 25 students in Years 8 & 10 to support with this exciting initiative and to be buddies for the visiting students. This involves meeting them every morning, taking them to lessons, having lunch with them and dropping them off at the end of the school day. There will also be a welcome and farewell assembly for students involved. Our Kingsdale ambassadors who participated in this last year found it to be a very enriching experience. If your child would like to take part, please ask them to email Ms Evans at languages@kingsdale.southwark.sch.uk with a short explanation about why they would like to participate. If there are more students applying than there are places, then other factors such as number of achievement points, attendance and punctuality to school may be taken into consideration. Students who were buddies last time may sign up again, but priority will be given to students who have not taken part in the programme previously.

Please be reminded that the Year 9 Silver Art Award Exhibition is on **Wednesday 11th June 2025**. Further details issued separately.



United Kingdom Mathematics Trust



UKMT Junior Maths Challenge Results

Congratulations to our Year 7 and 8 students who achieved outstanding scores in the recent Junior Maths Challenge, a national competition arranged by the UK Mathematics Trust.

The Junior Mathematics Challenge is an annual competition designed to provide students with opportunities to apply their problem-solving skills in solving.

Over 70% of KFS candidates achieved top results!

Further congratulations go to Agha Fobiwe in Year 7 who scored the highest score in the school and has been invited to participate in the follow-up round of the prestigious Junior Olympiad, taking place on 10th June.

Several students have also been invited to participate in the Kangaroo follow-on rounds. Students with Bronze, Silver, and Gold certificates can be found here. All participants will receive a participation certificate. Well done to our young mathematicians!

MATHS NEWS

Year group	First Name	Last Name	Certificate	Follow-on Round
8	Adeoluwa	Yemitan	Silver	
7	Agha	Fobiwe	Gold Best in School	Olympiad
7	Agnes	Picca	Bronze	
8	Aiden	Kumar	Bronze	
7	Alex	Deckard	Gold	Kangaroo
8	Alex	Davis	Silver	
7	Anoushka	Kotecha	Silver	
8	Arhan	Dodhya	Silver	
7	Ava	Rugeroni	Bronze	
7	Barnaby	BATCHELOR	Bronze	
8	Barnaby	Peacock	Silver	
7	Baxter	Cudby	Gold	Kangaroo
7	Buster	Martinez	Silver	
7	Callum	Driver	Silver	
7	Cara	Salvoni	Silver	
7	Charlie	Parkinson	Silver	
7	Chidubem	Obi	Gold	Kangaroo
8	Clara	Porta Arocas	Bronze	
7	Claudia	Schiop	Bronze	
8	Conrad	Davis	Silver	
8	Cosmo	Atlee	Silver	
7	Danny	Jones	Silver	
8	Dtonmai	Satitkit-Foster	Gold	Kangaroo
7	Eliisa	de Trogoff	Gold	
7	Ella	Madden	Silver	
8	Ellie	Jong	Bronze	
8	Elliot	Marquez	Silver	
7	Elliott	Albert-Preskett	Gold	Kangaroo
7	Emery	Aldridge	Silver	
7	Emmanuel	Ayegbusi	Bronze	
8	Evelyn	Armbrust	Silver	
7	Evie	Lewis	Bronze	
8	Finlay	Sharp	Gold	Kangaroo
7	Finnbar	Ryle	Silver	
8	Francesca	Oxtoby	Silver	
8	Francisco	Burgos Gutierrez	Bronze	
8	Frank	Whitehead	Silver	
7	Grace	Aderibigbe	Bronze	
8	Gruff	Jung	Bronze	
7	Hal	Nzerem-Bennett	Gold	Kangaroo
7	Hanna	Pajakwilinska	Silver	
7	Hector	Lewis	Bronze	
7	Hunter	Hunter	Bronze	
7	Ian	Grubarek	Silver	
7	Ibrahim	Barrie	Gold	
7	Ikenna	Obi	Gold	Kangaroo
8	Isabeau	Thom	Silver	

Year group	First Name	Last Name	Certificate	Follow-on Round
8	Ismail	Francis	Gold	
7	Jack	Houghton-Jones	Silver	
7	James	Garlick	Bronze	
8	James	Wilkie	Bronze	
7	Jawdan	Ajibade	Bronze	
7	Jekabs	Sustko	Gold	Kangaroo
7	Jimmy	McCulloch	Silver	
8	Juliet	Beatty	Silver	
8	Kanye	Johnson	Bronze	
7	Kayla	Popa	Gold	
7	Kira	Yapparova	Bronze	
7	Lara	Vukicevic	Bronze	
7	laszlo	Sragner	Silver	
7	Lauren	Petrov	Bronze	
7	Lenard	Stoyanov	Silver	
8	Leo	Barrett	Silver	
8	Lia	Unger-Deakin	Bronze	
7	Liana	Roberts	Gold	Kangaroo
7	Lily	Brewster	Silver	
8	Lisa	Chantry	Bronze	
7	Lucian	Williams	Gold	
8	Luka	Belgrave	Silver	
7	Luke	Tamayao	Gold	Kangaroo
7	Maksim	Masalskij	Bronze	
7	Marcell	Kiss	Silver	
7	Meredith	clough	Bronze	
8	Miki	Hirsig	Bronze	
7	Nicolas	Rojas Masing	Silver	
8	Noah	Hartman	Silver	
7	Otis	Atlee	Bronze	
7	Raya	Daianska	Gold	
8	Reuben	Nightingale-Slade	Gold	Kangaroo
7	Sam	Aziz	Bronze	
7	Ted	Rowe	Silver	
7	Titus	Nawrocki	Silver	
8	Tommy	Salmon	Bronze	
7	Trang	Phung	Silver	
8	Tyler	Ficher	Silver	
8	Valentine	Sirikanda	Bronze	
8	Winnie	McIntosh-Marsh	Silver	
8	Zack	Edwards	Bronze	
7	Zed	Stanway Deckers	Silver	
7	Zena	Barry	Bronze	
8	Zi Yue	Cheong	Gold Best in Year	Kangaroo
7	Zidan	Khan-Basit	Silver	

Kingsdale Summer Festival 2025 T-Shirt Logo Design

Competition time!

Kingsdale Art and Design students have been invited to design a logo for this year's Summer Music Festival t-shirts. Your design must include the words '**Kingsdale Summer Festival 2025**' and be a simple but eye-catching design, using only one colour. The winner will have their design worn by all students taking part in the festival and will also receive a T-shirt with their design.

All entries must be submitted to Ms Gardiner in the DT office by **Wednesday 4th June.**





KINGSDALE
FOUNDATION SCHOOL

Silver Arts Award Year 9 Exhibition



Save the date: 11th June 2025, 4-6.30pm
at Kingswood Arts Seeley Drive, SE21 8QN



Artwork by Daisy Doughty
A Level Graphics Communication

Art & Design Exhibition

Wednesday 9th July 2025

5pm – 8pm



KINGSDALE
FOUNDATION SCHOOL

SE21 8SQ

SPORTS NEWS



Under-13s Boys' South London Rugby League Semi Final Kingsdale v Carshalton

Kingsdale Storm into the Final with Dominant Win over Carshalton

In a thrilling repeat of last year's semi-final, Kingsdale faced off against a determined Carshalton side hungry for revenge at the end last half-term. But from the opening whistle, it was clear that Kingsdale were in no mood to let history repeat itself — unless it was their own winning legacy. The boys started strong in defence, forcing Carshalton into early mistakes and quickly winning a turnover. Jaiden Afranie-Wilson wasted no time and opened the scoring with a confident try. That breakthrough seemed to break the dam, as Kingsdale went on a scoring spree in the first half. Tries flowed from all corners of the pitch with Robbie Heritage, Spencer Fay, Finn Jarvis, Zak Kiwanuka, Eli Thorpe, and another from Afranie-Wilson all crossing the whitewash. The team's attacking play was electric, and their defence unbreakable — Carshalton barely got a chance to respond. The second half began just as explosively, with Finn Jarvis catching the kick-off and sprinting the length of the pitch to score a stunning solo try. Although the game stalled briefly due to a few handling errors on both sides, Kingsdale quickly regained momentum. Zak Kiwanuka bulldozed his way through for another, before Robbie Heritage added a spectacular try of his own — catching the ball deep in his own half and fending off multiple defenders as he charged over the line. As the game drew to a close, Zak Kiwanuka sealed the emphatic victory with his second try, bringing the final score to a resounding **55-0** win for Kingsdale. An outstanding all-round performance secures Kingsdale's place in the final for the second year running. On this form, they'll take some stopping.



Kingsdale Boys' Year 7 Rugby Team Triumph in Qualification Finals

The Kingsdale Boys' Year 7 Rugby team have secured a thrilling victory in the qualification finals of the **Emerging Schools Rugby League tournament**, defeating Haberdashers' Hatcham with a nail-biting score of **42-34**.

In a high-energy match packed with skill, determination and teamwork, Kingsdale showed resilience and focus from start to finish. The game was closely contested throughout, with both teams displaying excellent attacking play. However, Kingsdale's tactical execution, strong defence, and clinical finishing ultimately gave them the edge in a memorable encounter. This hard-earned win means that the team has now qualified for the **South of England Finals** of the **Inspired By Rugby League 9s Competition**, to be held on **24th June at Hemel Stags**.

The players, coaches, and supporters are all looking forward to the next stage of the competition, where the team will proudly represent their school against some of the best emerging rugby talent in the region. Congratulations to the Year 7 squad – an incredible achievement and a testament to their hard work and team spirit. On to the finals!

Under-15s Girls' Surrey Cricket Starburst Tournament

A big congratulations to our Under-15s Girls' Softball Cricket team who competed in the Surrey Cricket Starburst Tournament on Thursday 15th May at Beddington Cricket Club.

The girls came first place with a total of 362 runs after 4 games. They have been invited to compete in the Regional Finals.

We look forward to their future success.

**KFS disclaimer. Please be advised Match reports produced and presented by student reporters.*



CAREERS NEWS

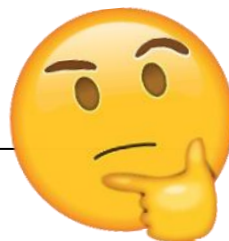
**Careers Talk: Wigs & Hair in Theatre - Leanne Lashbrook from the National Theatre
Tuesday 20th May 1pm in CR3 for students in Years 9 & 12**

In the final week of the half-term, we were thrilled to welcome Leanne Lashbrook who is a wig-maker and hair & make-up technician at the National Theatre. Leanne took us through the stages of making a wig and all of the different factors that go into the final product. Students were really impressed at how much time and care goes into each aspect of wig-making as well as general hair & make-up and were given thoughtful advice about how to get into the sector. Thank you so much to Leanne for giving up her valuable time.



Calling All Parents/Carers!

If you would like to offer a talk to student about your area of work/profession, please contact Ms Markes, via careers@kingsdale.southwark.sch.uk



Big History Club!

For Key Stage 3 and 4 in HU5
Every other Tuesday from 4.15 to 5pm

Do you want to dive into the past?

Is there something we don't cover at school that you would like to learn about?

In Big History Club we use history and fiction books, films, art, music and more to **enquire into diverse World Histories** from ancient times to modern day.

In our next session, on **Tuesday 3rd June** we will be asking

Did ABBA make Eurovision? And other essential questions... with our fantastic Year 10s!

Bring along any questions you have about this topic, or ideas for people, events or items from history you want to know more about in future sessions!



CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

SUMMER TERM 2025

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

Science Intervention Programme Preparation for GCSE & A Level Exams!

SCIENCE NEWS

Science Support Sessions

We invite all students to take advantage of our **Science Support Sessions!**

These sessions are becoming increasingly popular, providing an excellent opportunity for students to deepen their understanding of scientific concepts with the help of experienced scientists.

The Science Department is running **support sessions for Triple Science Physics students** starting **tomorrow** in lab S11 during the tutor time.

Who is it for?

- Year 11 and Year 13 students who need support in understanding key scientific concepts.
- Any student looking for extra guidance in science subjects.

Why attend?

- A great opportunity to clarify doubts and strengthen subject knowledge.
- A welcoming and supportive environment for learning.

Year 11 – Intervention programme

Date	Combined Science Intervention Programme of Study Every Tuesday			Separate Science (Triple Science) Intervention Programme of Study Every Wednesday	Saturday Sessions
	Biology	Chemistry	Physics	Chemistry Sessions/ Physics	
Day/ Time	Tuesday 3.45 to 4.45pm	Tuesday 3.45 to 4.45pm	Tuesday 3.45 to 4.45pm	Wednesday 3.45 to 4.45pm	Saturday Open for all
Room Number	SC – Small Tutoring sessions SC2/SC3/SC4	Small Tutoring sessions SC8/SC10/SC11	Small Tutoring sessions SC1/SC6/SC7	S11	Online

A Level Intervention Programme

Date	Year 13 Intervention Programme		
	Biology Wednesday/Thursday	Chemistry Wednesday	Physics Monday, Tuesday and Wednesday
Day/ Time	Wednesday (6M2) and Thursday 3.45 to 4.45pm	Every Wednesday 3.45 to 4.45pm	Every Monday, Tuesday, and Wednesday 3.45 to 4.45pm
Room Number	SC10	Tutoring sessions	Small Tutoring sessions SL1

5 ways to support your child's mental health throughout their GCSEs

Exam season can be stressful for parents too, especially if you have a child with SEND. See the top tips from the experts below.



Madeleine Inkin, clinical child psychotherapist

"Adults use the prefrontal cortex to make decisions and choices, while teenagers will mostly use their 'gut reaction' – the emotional centre, the 'amygdala', which is located further back in the brain and develops before the prefrontal cortex.

This explains why teenagers experience mood swings; they tend to react quickly from the emotional part of their brain and don't run their reactions through the more rational frontal cortex," says Madeleine. "Their growing brains are being completely rewired, completely re-written. And they don't stop developing at 19 – they keep developing and changing well into their mid-twenties." Madeleine's advice is to "try to keep these developmental changes in mind as you watch them grow and learn over this period. Make sure they have some downtime to explore and connect with the world around them, and to simply relax every so often too."

Sam Clark, teacher, writer and founder of the *Resilience for Kids*

"Developing an environment where children feel confident to talk openly is the absolute foundation for building resilience. To encourage this, we need to make it clear that life is no fairy tale, and that everybody faces challenges every day.

The recognition of this belief will make children much more likely to speak out," says Sam. He continues, "having adults model openness is important too. It might seem strange to share your fears and hopes with your children but this will further encourage that open dialogue. Providing the knowledge (the why) can be a gamechanger for some. The moment children realise that expressing themselves is a healthy discipline and helps to ease their fears, they are often sparked into sharing their thoughts."

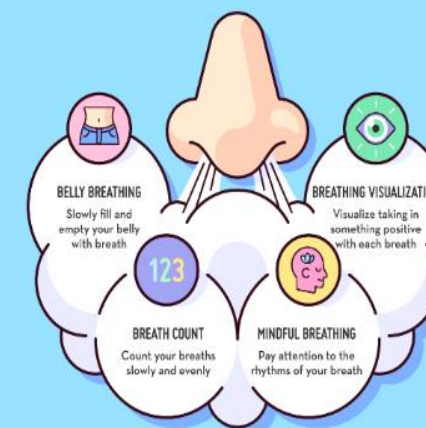
Karen Collins, Lead Science Associate for PiXL

After spending many years with students at her school, Karen is aware that "right before assessments many students will be showing physical signs of stress as their fight or flight response kicks in with their adrenaline – their hands might shake, their heart might be beating faster – which is why I think it is really useful to have sessions where you explain these responses to students and help them understand the biology behind it.

"By understanding what is happening in your body, you are better equipped to take yourself through some logistical steps or techniques to regain control and be able to focus on the assessment. Learning breathing exercises, meditating and practising yoga can all help to calm these nerves and there are loads of YouTube videos students can watch and learn from,"

FOR STRESS RELIEF, JUST TAKE A DEEP BREATH.

Start the week calm with four deep breathing techniques.



Ben West, mental health campaigner

"My biggest piece of advice would be to act early. Don't brush anything under the carpet, don't wait for things to seem 'more serious', address issues when you notice them. Look, I'm not a parent and I know it must be hard to have these kinds of conversations, but we have to intercept before things get the chance to deteriorate. This might involve some uncomfortable conversations, but it can quite literally save lives."

Ben stresses that "people don't compare mental health to their physical health enough – if you were concerned for your child's physical health you would be straight down to your GP asking for a check up and making sure everything was ok. You wouldn't leave an infection to 'clear up by itself', you would act, and the same has to go for mental health."



Murray Morrison, revision expert and founder of Tassomai

Murray has worked with thousands of students preparing for exams and can spot the tell-tale signs of exam-stressed children, the most concerning, he says, is the one he's nicknamed 'The Ostrich'.

"The ostrich is that student who, at the mere mention of their exams – or their revision – buries their head in the sand. They could be quite obvious in this behaviour – "I don't want to talk about it" – or it might be subtler, finding an excuse to get out of the room and avoid the topic.

Waste no time in confronting this behaviour and making a plan together, because the very act of avoidance means that the revision work will pile up and the stress will increase."



SEND FACULTY NEWS cont.

Where to go for support as a carer

As a carer looking after a disabled or seriously ill family member, or friend, with additional support needs, having access to helpful resources and organisations can make a big difference.

contact *For families with disabled children*

Contact is a support charity for families with disabled children, helping parents and carers to feel confident and informed on the challenges of raising a disabled child. They provide guidance and advice on topics such as benefits, education, health and social care services. Contact also offer a free listening ear service ([click here](#)), providing one-to-one telephone appointments with a family support adviser. This is for parent carers looking for a listening ear, reassurance and practical and emotional support. Call 0808 808 3555 (Monday to Friday, 9:30am to 5:00pm) or visit the Contact website ([Click here](#)).



Carers Trust is a charity that works for, and supports, all carers in the UK. They provide services for anyone who cares for a family member, or friend, who is ill, frail, disabled or has a mental health condition. Visit the Carers Trust website ([click here](#)).



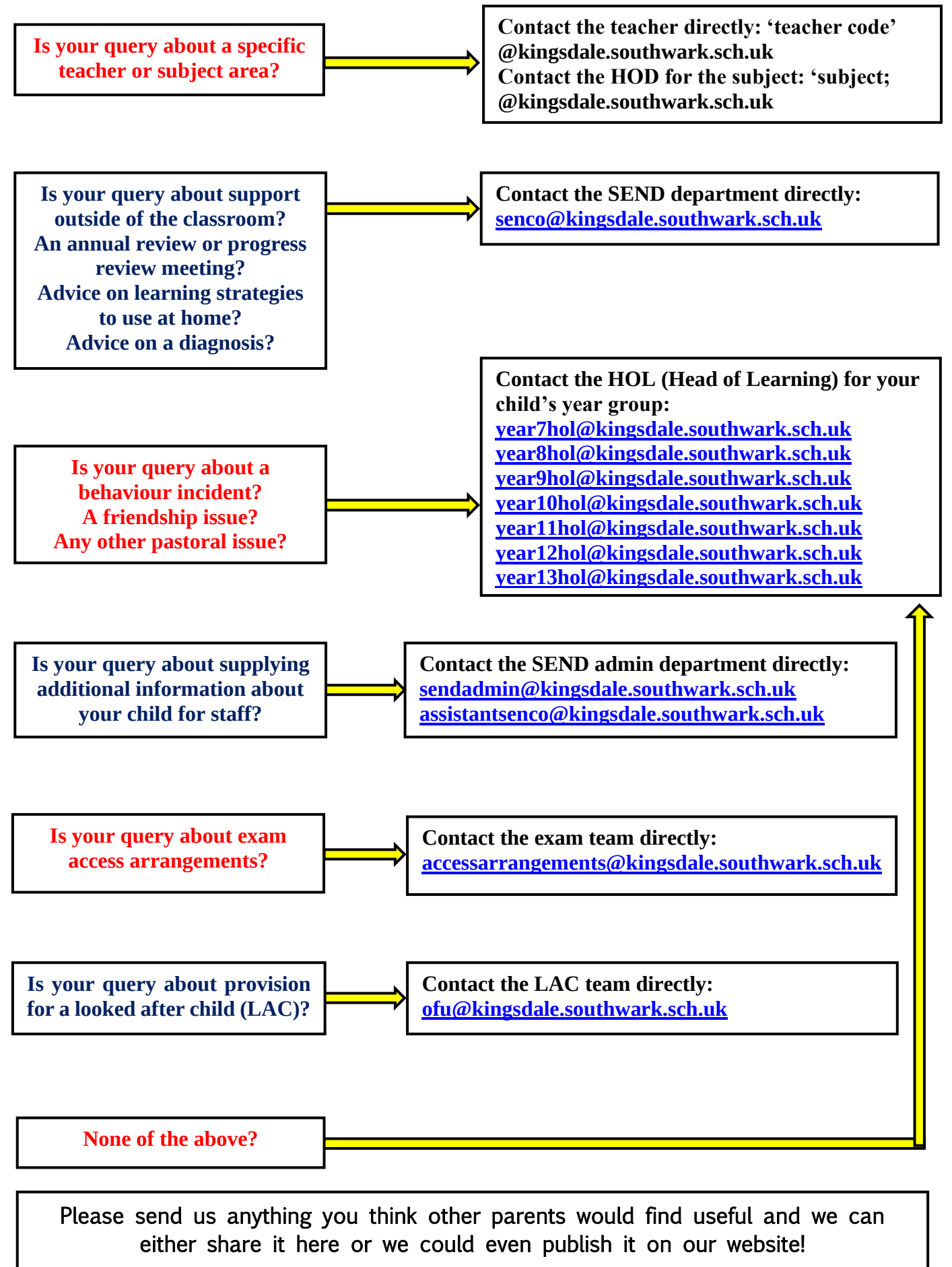
• How to get a carer's assessment

If you're a carer you can request an assessment from your local adult social care team. This might recommend extra support for you, including respite, help with taxi fares or gym memberships to relieve stress. During the assessment, the team may also signpost you to local support groups.

In England, you can find out more about carers' assessments and find your local adult social care service on the NHS website ([click here](#)). In Scotland, Wales and Northern Ireland, find out how to get an assessment in your home country on the Carers UK Website ([click here](#)).

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need.

This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

A person is seen from behind, holding a large rainbow flag high in the air. The flag is spread wide, and the sun is shining through its center, creating a bright starburst effect. The sky is a clear, vibrant blue.

Pride Month takes place every year in June and is a celebration designed to recognise the influence of the LGBTQ+ community. Celebrating diversity and people's right to live how they choose without discrimination; Pride Month promotes positivity and equal rights for all.

A large crowd of people is participating in a Pride parade. A massive rainbow flag is being held up by the crowd, stretching across the street. The flag is made of many smaller sections, creating a patchwork effect. People are holding up various other flags, including the Swiss flag and the flag of the Republic of Ireland. The background features a large, classical building with a circular portico and columns. The scene is festive and colorful.

HOUSE ACTIVITY: Submit your poster to the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your **full name, tutor group and House.**



Submit your creation to the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your
full name, tutor group and House.

What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

WHAT ARE THE RISKS?

MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'laugh off' violent content to fit in with friends, even when they find it distressing.

BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

Advice for Parents & Educators

CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is reportharmfulcontent.com.

AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

UNDERSTAND TECH AND TRAUMA

Older children may already know how to block accounts or avoid triggering content. Help younger or more vulnerable children learn these tools and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit onlinemedialawuk.com for more.



The National College

SPORTS FIXTURES

Monday 2nd June 2025

- No planned fixtures/events

Tuesday 3rd June 2025

- Under-13s Boys' Cricket Home Match v The Norwood School. Leave school at 1pm. Start 2pm. Return at 5.30pm approx.: **Mr Price**
- Selected students to attend the Young Performing Arts Workshop at the Brits School. Leave school at 11am. Start 11.45am. Return at 3pm approx.: **Ms McGregor**

Wednesday 4th June 2025

- Under-13s Boys' Cricket Home Match v Graveney School. Leave school at 1pm. Start 2pm. Return at 5.30pm approx.: **Mr Price**

Thursday 5th June 2025

- No planned fixtures/events.

Friday 6th June 2025

- Under-13s Boys' Cricket Home Match v Acland Burghley School. Leave school at 11.30am. Start 1pm. Return at 4.30pm approx.: **Mr Price**

All fixtures can be viewed via the link below:

<http://www.kingsdaleschoolsports.org.uk>



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents & Educators Need to Know about Violent Content Online'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See page 16 above.**

The House Leader Board 2024-25

**Week ending
23rd May 2025**

1st Place – Dove 93,041 points

2nd Place – Swift 90,974 points

3rd Place – Falcon 88,643 points

4th Place – Eagle 87,573 points

5th Place – Albatross 87,471 points

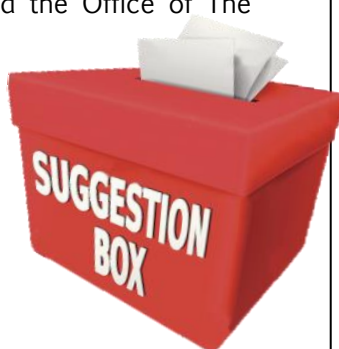
Can Dove be caught this academic year?



Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

