



PARENTAL NEWS BULLETIN

Issue 37 Monday 7th July 2025

HEADLINE NOTICES

End of Summer Term Arrangements

This is an early reminder that the school finishes for students on Thursday 24th July 2025 for the Summer break. Further details issued separately and available on our website [here](#).

In the meantime, we have a variety of events for everyone to participate in, not least our Annual Kingsdale International Family Culture Day on which is taking place on Sunday 20th July 2025 12 noon until 3pm. We look forward to seeing you there! Please look out for updates.

Art & Design Exhibition Wednesday 9th July 2025

The Art and Design Faculty would like to invite parents to our annual Art & Design exhibition on Wednesday 9th July between 5 & 8pm at school. We will be showcasing the A Level and GCSE Fine Art, Photography, Textiles and Graphics work, along with outcomes by DT, Year 9 and our Year 7 & 8 Art Scholars. Refreshments will be provided by our brilliant Food Science students and entertainment by the Music Department. It is always a fun evening of celebration of the students' hard work! We look forward to seeing you there.

Hugo Collins Signs with Norwich City Football Club



Congratulations to Hugo Collins (Year 11) on signing his Scholarship Papers for Norwich City FC who are in the, Championship of the English League. The Year 10 KFS team won the English Schools' Cup last season under his Captaincy. We wish Hugo the very best of luck in his next adventure! We, at Kingsdale are all extremely proud of you!

School Mobile Phone Policy 2025-2026

We have written to parents to remind them of the details of our mobile phone policy which will continue unchanged into the 2025-26 academic year. Please note that as previously advised, from September 2026, KFS will be a smartphone free school for students in Years 7-11. Further details have been issued separately. We thank parents and students for their support that has ensured that the introduction of this major policy was such a great success!



THEME OF THE WEEK

Acts of Kindness – 'You must give time to your fellow citizens even it's a little thing, to do something for others – something for which you get no pay, but the privilege of doing it.'

WORD OF THE WEEK Ostentatious

Characterised by pretentious or showy display; designed to impress.

The event was an ostentatious display of power and wealth

SCHOOL NEWS

Kingsdale Summer Concert at Fairfield Halls



The KFS Music Department are excited to announce that the annual Music Festival will this year be taking place in Fairfield Halls, Croydon.

We warmly encourage you to bring along friends and family to support our pupils performing at this professional venue. The concert takes place on **Friday 11th July 2025, starting** at 5.30pm. You can obtain tickets and concession information [here](#).

Kingsdale Foundation School's Inter-House Sports Day Heats & Finals Event 2025

Thursday 24th July 2025

Crystal Palace National Sports Centre.

Should you wish to attend this event please register your interest using the spectator's link [here](#).

All spectator bookings should be made no later than **Friday 18th July**.

BRITTANY



LANGUAGES NEWS

French Trip in the French region of Brittany

On Monday 16th June 2025, after school, French Language students left in the early morning hours to visit Brittany, France.

The students enjoyed meeting their French pen-pals in their secondary school. Activities were organised in their luxurious school library: French board games in French for our students while the French pen-pals practised their English. All really and proudly stuck to their target language to communicate. They did a fantastic job at trying to use all the French they had learnt so far at school.

Another highlight was learning to sail with "catamarans" and kayaking. The students had a go with both and had a great preference for sailing which was lot more difficult to learn. They learnt how to 'read' the wind and direct the sails...excellent!

The students' expressions of awe and joy when watching right next to them huge dolphins (the longest species of dolphins) along with their calves was unforgettable and spectacular!

With the accommodation right on the beach, within the water sport complex, the students were able to enjoy early morning swims in the sea as well as late afternoon and evening, lounging on the beach.

The students were a credit to Kingsdale and they all had an incredible time!



DRAMA NEWS

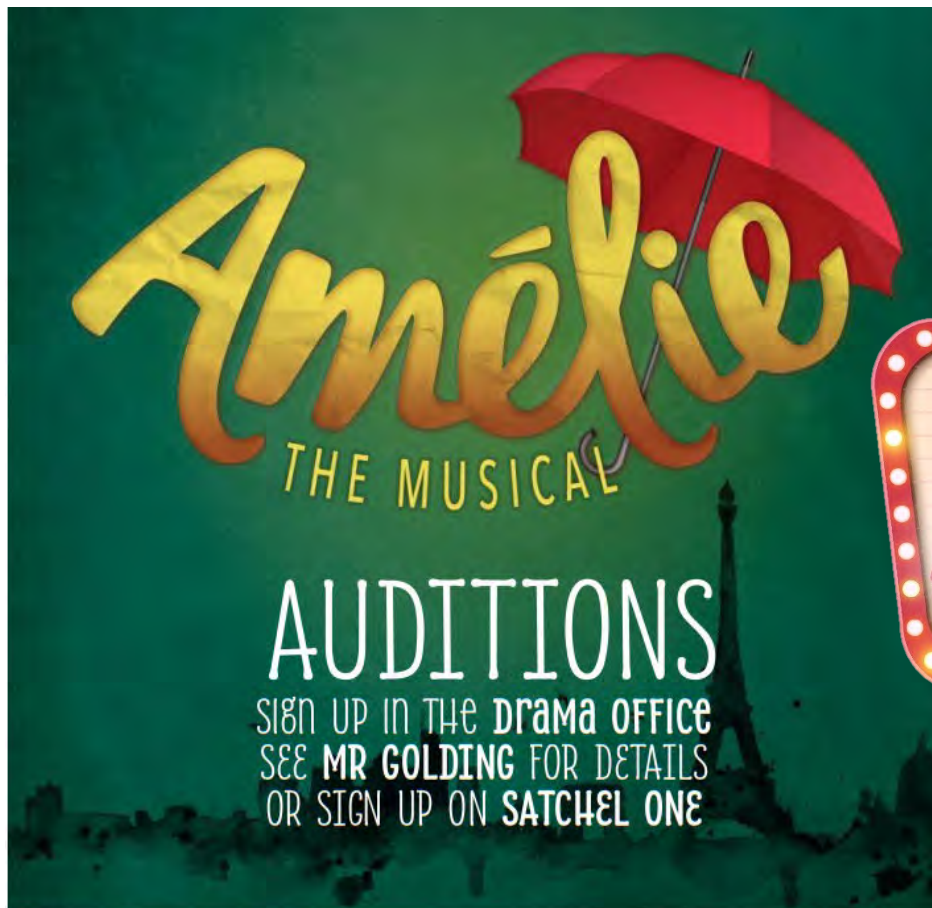
To find out more and to sign up to an audition click [here](#).

Auditions take place on **Monday 30th June, Tuesday 1st or Wednesday 2nd July 2025.**

They will take place between 4 & 5.30pm in the Drama Studio. Collect the audition script from Mr Golding or the Drama Office.



**OPEN
AUDITIONS**



Based on the film Amélie

About the show

Amélie is an extraordinary young woman who lives quietly in the world but loudly in her mind. She secretly improvises small but surprising acts of kindness that bring joy and mayhem. But when a chance at love comes her way, Amélie realises that to find happiness she'll have to risk everything and say what's in her heart. This show is about the power of imagination.

Auditions: July **Rehearsals:** July / Sept-December

Show: December 2025

This is an ensemble musical with lots of opportunities for performers in years 7-13.

MUSIC NEWS

Assemblies Live Project

On Thursday 10th July, a group of selected Year 12 Music students will be travelling to local primary schools as part of an outreach project. During the morning, they will perform a wide variety of musical pieces in school assemblies, giving younger pupils the chance to experience live music in a fun and engaging setting. In addition to performing, our students will showcase their instruments and answer questions from the children, helping to spark interest in music and share their knowledge. This is a fantastic opportunity for our students to develop their performance and communication skills while making a positive impact in the local community.

CULTURE DAY NEEDS RAFFLE PRIZES!

Each year we're amazed by the generosity of our community in giving raffle prizes which helps us raise hundreds of pounds for the school. If you have something you could donate this year, big or small, please get in touch! In the past prizes have ranged from toys to boxes of chocolate to gift vouchers to experiences – nothing is too big or too small.

Please either bring raffle prizes and leave at main reception FAO Ms Markes, or e-mail Ms Markes on dms@kingsdale.southwark.sch.uk by **Tuesday 15th July at the latest.**

Tickets will be available on the day and selected students will also have tickets to sell in advance – so make sure you get your tickets.

Thank you in advance!

The day will include a wide range of cultural activities, interactive stalls and talent shows and you will experience a brilliant display of:

- Music, Dance & Theatre
- Multicultural Cuisine
- Artefacts Exhibition and Sales
- Fun activities for Children, including Bouncy Castle and Game Stalls
- Interactive Performing and Creative Arts Workshops
- Cultural Attire & Photobooth

It would be wonderful if you are able to get involved by running or contributing to multicultural food stalls, cultural stalls, game stall, music and dance performance(s), display of cultural artefacts for exhibition and/or sales or donating raffle prizes for the event. If you would like to help, please fill in the online participation form via the link [here](#) or contact us via the email: kfscultureday@kingsdale.southwark.sch.uk.

We really hope you can make it and look forward to receiving your support in organising this extraordinary event.

Each year we're amazed by the generosity of our community in giving raffle prizes which helps us raise hundreds of pounds for the school. If you have something you could donate this year, big or small, please get in touch! In the past prizes have ranged from toys to boxes of chocolate to gift vouchers to experiences – nothing is too big or too small. Please either bring raffle prizes and leave at main reception FAO Ms Markes, or e-mail Ms Markes on dms@kingsdale.southwark.sch.uk by **Tuesday 15th July at the latest.** Tickets will be available on the day and selected students will also have tickets to sell in advance – so make sure you get your tickets.

Thank you in advance!

Summer Festival 2025

Kingsdale Performing Arts Faculty are delighted to announce our Event Series for the Kingsdale Summer Festival 2025.

Please note the dates and times below, with further details following via Evolve notifications and further notifications from the Music Department and Ensemble Directors. Information regarding attendance and ticketing will be provided closer to each event. Consent and visit details for external events will be sent via our Evolve trips platform.

Any queries please email performarts@kingsdale.southwark.sch.uk



Wednesday 9th July 2025

Kingsdale Art and Design Exhibition 5pm @Kingsdale Atrium

Ensembles involved: Harp Ensemble, Senior Jazz Ensemble (Mr Glasser), Junior Electric Guitars + soloists

Friday 11th of July 2025

#School-O-Rama Steel Pan Festival 11am-3pm –

Trevor Bailey Sports Ground SE21 7HA

Ensembles involved: Senior Steel Pans + student audience of steel pan players.

Friday 11th July 2025

Kingsdale Schools Concert 5pm @Fairfield Halls, Croydon, CR0 1JD

(Rehearsal 11am – 2pm, Primary School Workshop 2pm)

Barry Graham Big Band (Mr Brown)

Clarinet Ensemble (Ms Ryall)

Junior Woodwind (Mr Lockrane)

Chamber Choir (Ms Hatton)

Senior Flute (Ms Gittins)

Senior Wind (Ms Cawley)

Junior Guitar (Mr Tonks)

Sweet Recorder Consort (Ms Rhodes and Ms Dean)

Trad Band (Mr Mckenna)

Musical Theatre Choir (Ms Burke and Ms Vaughan)

Cello Ensemble (Ms Mackrell)

Orchestra (Ms Melvin)

Junior Strings (Ms Melvin)

Brass Ensemble (Mr Smith)

Gospel Choir (Kuziva and Neto)

Balkan Ensemble (Mr Melovski)



Sunday 20th July 2025

Kingsdale International Family Culture Day 12pm @Kingsdale Atrium

Ensembles involved: All steel pan groups, Trad band, Salsa band,

Junior Jazz Ensemble, Balkan Ensemble + other acts TBC

We look forward to welcoming you to the performances and joining in celebrating the accomplishments of our young performers.

Artwork by Margaux Glipa
A Level Textiles



Art & Design Exhibition

Wednesday 9th July 2025

5pm – 8pm



KINGSDALE
FOUNDATION SCHOOL

SE21 8SQ



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Art Needs Supplies!

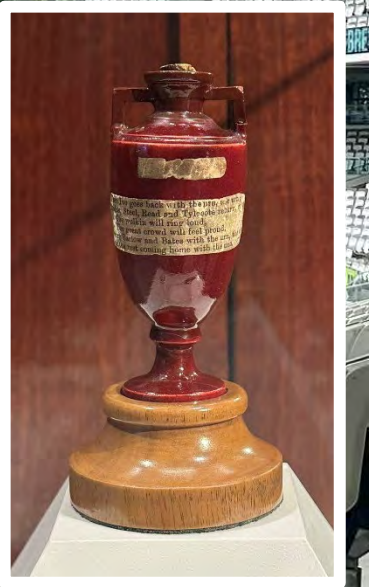
The Art department needs your help. We are taking part in the Big Draw Competition this year and we are planning to create a giant collaborative woven installation on Culture Day. We need:

- fabrics from around the world
- Plastic bags
- Threads, wool, string

Please give donations to reception in a bag or box labelled 'Art department'

Deadline Friday 11th July 2025

THANK YOU



Under-15s Boys' Cricket at The Home of Cricket!

On Thursday 26th June, our Under-15s Boys' Cricket team visited The Home of Cricket, Lord's, to launch the Barclays Knight-Stokes Cup; a competition starting next year, exclusively for state schools.

The day included a number of events throughout the day on the main pitch at Lord's, the Nursery Ground and the Indoor Cricket Centre. The team also received a tour of the venue and saw the original Ashes trophy.

The boys received coaching from a number of current and ex-pro's and coaches from the MCC and Surrey Cricket. The day even included some live TV appearances on BBC Breakfast!

A fantastic day out, opportunity and experience for the team who were impeccably behaved all day. Well done to the whole team!

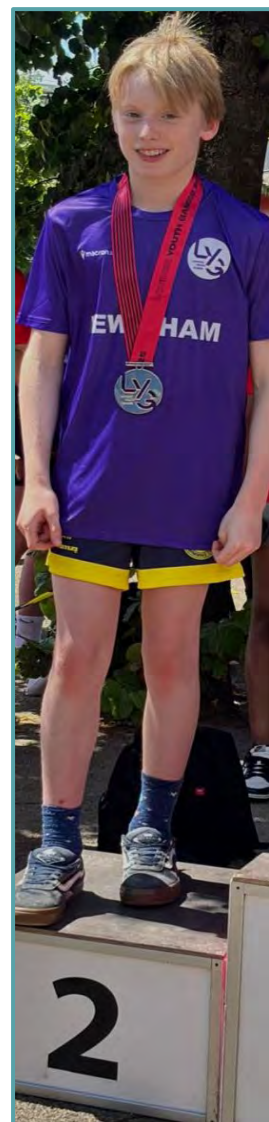


SPORTS NEWS





SPORTS NEWS cont.



Lucian at the Aquathlon London Youth Games

On Sunday 29th June 2025, Lucian Williams, Year 7, participated in the London Youth Games Aquathlon event at the London Aquatics Centre in Stratford representing Lewisham borough.

He came an impressive 2nd place (out of 31 Year 7 boys representing 16 boroughs). He swam 200m and ran 1.43km in a time of 8.23 minutes. After 4 attempts, Lucian has finally achieved his first medal place for an Aquathlon.

Well done Lucian!

**KFS disclaimer. Please be advised Match reports produced and presented by student reporters*

Year 7 Boys' Cricket Surrey Schools Cup

The Year 7 Boys' Cricket team has made excellent progress over the past two weeks, winning all three of their matches. They recorded impressive victories against Allyn's B team, Graveney School and most recently, a commanding 48-run win over John Fisher School, which secured their place in the semi-finals of the Surrey Schools Cup.

A special mention goes to Jamie Hilyer, who has been the standout player so far this season.

Year 7 & 8 Free Swimming Lessons Available This Summer

In response to the alarming statistic that one in three children leave primary school unable to swim, Southwark Council has launched a new initiative to provide free swimming lessons for children between **9 and 12 years old** who cannot swim. Starting this Summer, over 240 free spots will be offered to children in the borough.

The lessons will be held at Peckham Leisure Centre and The Castle Leisure Centre, consisting of a five-day course with each session lasting 30 minutes per day over five consecutive days.

Please use the link below to access further information on how to access these sessions.

Southwark Council to offer hundreds of free swimming lessons for children this summer | Southwark Council
southwark.gov.uk



Sports Scholars' Cricket Trip to The Kia Oval

As part of this exciting trip, our students witnessed history at The Kia Oval on Monday 30th June 2025 when Surrey smashed the club record of 820 runs against Durham.

What an exciting day for all!



Year 8 Cricket

Congratulations to the Year 8 Boys' Cricket Team on beating Acland Burghley School on Monday 30th June, hottest day of the year so far.

Kingsdale went into bat first making a massive score of 142 for 6. Hector Day, Ruben Walker, Harry Davies & Jonathan Koder all hitting 17 and 20s, and Jamie Hilyer (Year 7) hitting an impressive 30.

More runs From Hamish Roberts (Year 7) and Chester Cunningham, setting Acland Burghley 143 to Win.

Jonathan Koder (Captain) opened the bowling for Kingsdale and on his 2nd ball bowled Acland Burghley's 1st Batsman out for a Golden Duck (0). Jamie Hilyer bowled next with 2 Wickets for 0 runs on his 1st over.

Kingsdale carried on through the heat with Jonathan claiming another 3 wickets reducing Acland Burghley score, 10 for 5. Jamie with another wicket before Ruben Walker and Anton Cambonne finished off Acland Burghley all out for 25 runs.

This is a massive achievement for the team who now go onto another finals day, with the date to be set in September. Well done to all the Year 7s and 8s in the team!



NHS CAREERS UNTAPPED:

Resources available

A collection of London NHS organisations and NHS England are delighted to share NHS Careers Untapped which is a series of podcasts, videos and recorded webinars showcasing some of the lesser-known jobs and professions in healthcare.

The Careers Untapped programme is aimed at young people aged from 13-19 and careers advisors, who want to find out more about careers in the NHS. The programme supports schools and careers advisors with achieving the Gatsby Benchmarks.

We are delighted that the resources from the programme are now available on the Healthcare Horizons website. To access [please register](#) for an account for free.

The following editions are available for you to access:

NHS Careers Untapped 1st Edition: This self-paced module includes short videos and podcasts and is a great way to learn about some of the lesser known careers in healthcare.

Once the full module is completed, viewers will receive a certificate of participation.

NHS Careers Untapped 2nd Edition: This is a larger catalogue of lesser known careers in the NHS, with podcasts and pre-recorded webinars covering 50 key roles in healthcare.

There is no specific module with the 2nd edition.

Here are some of the exciting roles covered: Clinical Associate Psychologist / Peer Support Worker / Pharmacy Technician / Operating Department Practitioner / Digital Learning Manager / Therapeutic Radiographer

To access the Careers Untapped Resources please [CLICK HERE](#) or scan the QR code to the right:



SCHOOL NEWS



Big History Club!

For Key Stage 3 and 4 in HU5
Every other Tuesday from 4.15 to 5pm

Do you want to dive into the past?

Is there something we don't cover at school
that you would like to learn about?

In Big History Club we use history and
fiction books, films, art, music and more to
enquire into diverse World Histories
from ancient times to modern day.

In our next session, on **Tuesday 8th July**
we will be celebrating together with a
History Club Summer Party!

Bring along any comments on sessions or
activities you especially enjoyed this year,
any ideas for next year, and any snacks you
want to contribute ☺ (no nuts please!)



CALENDAR 2024-25

You can also find lots of
other useful sources of
information on the school website [here](#).

This includes further details about the
operation of the school, including Term Dates,
Assessment and Uniform.

Should you have any suggestions for additions to our website,
please contact Mr Karp, via tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, contact the
Attendance Team via attendance@kingsdale.southwark.sch.uk

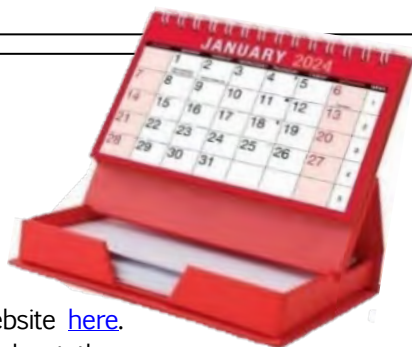
SUMMER TERM 2025

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation



Student Suggestion Boxes

To promote our well-established and highly
effective Student Voice programme, there are
suggestion boxes, which are located outside
of the Attendance Office in the Main Atrium
and the Office of The Headteacher at the
bottom of the Green Stairs.

Please encourage your child to use this facility
to make suggestions about
how we can continue to
improve our
provision.



Helping Your Teen with SEND Take Responsibility Around the House

Parenting teenagers can be challenging, and when your teen has SEND, it can sometimes feel even more complex, especially when it comes to encouraging them to take responsibility at home. But fostering independence and responsibility is a vital part of helping your teen grow confident and capable.

Here are some helpful tips to support your teen with SEND in taking responsibility around the house:

1. Start Small and Be Specific

Big tasks can be overwhelming. Break chores into smaller, manageable steps. Instead of saying, "Clean your room," try "Put your clothes in the hamper" or "Make your bed." Clear, simple instructions help your teen understand what's expected.

2. Use Visual Aids and Checklists

Many teens with SEND respond well to visual prompts. Create colourful charts, checklists, or even simple drawings outlining daily or weekly chores. This helps your teen track their progress and gives a sense of accomplishment.



3. Build Routine and Consistency

Routine helps reduce anxiety and confusion. Set regular times for chores, like tidying up after meals or emptying the dishwasher every evening. Consistency builds habits and makes responsibility part of everyday life.

4. Offer Choices and Involve Them in Planning

Empower your teen by letting them choose which chores they prefer or helping plan the schedule. This encourages ownership and shows respect for their preferences and abilities.

5. Praise and Positive Reinforcement

Celebrate successes, no matter how small. Genuine praise motivates and boosts self-esteem. Consider a reward system if that works well for your teen, like earning privileges or special activities.

6. Be Patient and Supportive

Remember, learning responsibility is a process. There will be setbacks, but with your encouragement and understanding, your teen will grow more confident over time.

7. Model Responsibility Yourself

Your actions speak loudly. Show responsibility in your own daily tasks. Share your routines, and involve your teen when appropriate. It creates a sense of teamwork and shared effort.

Every teen is unique, so adapt these tips to fit your child's needs and strengths. Encouraging responsibility not only helps with household harmony but also builds valuable life skills your teen will carry into adulthood.



Cinema screenings for students with ASD

There are now various cinemas which provide SEN-friendly film screenings where families, as well as their friends and carers, can enjoy a film in an environment that's designed for people with ASD.

The national cinema chains which regularly offer autism-friendly screenings include Odeon, Vue, Cineworld and Showcase. To find a SEN-friendly screening for these cinema chains, we recommend visiting their websites to see if there are any on offer and getting in touch with them directly if you have any specific questions that aren't covered on their website.

- [Cineworld](#)
- [Odeon](#)
- [Vue](#)

What's different about film screenings suitable for young people who have ASD?

During the film, low lights are left on inside the auditorium and the film soundtrack is quieter than it would be in a regular film screening. Another difference is that there are no trailers screened before the main film at AFS screenings.

These screenings also don't restrict the audience from moving around, making a noise or taking a break in the middle of the film screening if they need or want to. Other cinema companies which offer SEN-friendly film screenings include Picturehouse and Empire.

SEND FACULTY NEWS

Supporting Your Dyslexic Child: July Tips for Parents

July can be a valuable month for families of children with dyslexia—a chance to build on school-year momentum and explore resources before the summer break. For parents in South London, here are local events and ways to strengthen your child's reading and resilience this July.



Bell House Dyslexia Advice Surgeries – Dulwich

On 12 July 2025, Bell House (27 College Road, SE21 7BG) is hosting a family-focused drop-in session for advice and guidance on dyslexia and literacy challenges.

You can speak one-to-one with specialists from Dyslexia London, receive personalised support, and explore strategies for the summer ahead: www.bellhouse.co.uk

Online Virtual Get-Together for Families

The British Dyslexia Association is holding another Families Virtual Get-Together on 15 July 2025, offering a supportive online space to connect, share ideas, and gain practical tips from other parents of dyslexic children. www.bdadyslexia.org.uk

Julia's Thrive Dyslexia Workshops Wallington

Thrive Dyslexia hosts parent workshops in July—check their website or Facebook group for details. These sessions offer strategies and resources tailored to supporting learners at home. www.dyslexiasouthlondon.com



Resources for Autism Parent & Carer Support Group

Date: Tuesday 15th July 2025 Time: 6:30 PM – 7:30 PM

Format: **Online**

A relaxed online meet for parents and carers in London and the West Midlands to share experiences, let off steam, and offer mutual support.

Booking available via the Resources for Autism website:

<https://www.resourcesforautism.org.uk/events/list/>

Some websites for further information around proprioceptive regulatory strategies and activities include:

- <https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/sensoryprocessingissues/heavy-work-activities>
- <https://lemonlimeadventures.com/100-sensory-activities/>
- <https://www.andnextcomesl.com/2015/06/heavy-work-activities-for-kids.html>

SEND FACULTY NEWS cont.

Where to go for support as a carer

As a carer looking after a disabled or seriously ill family member, or friend, with additional support needs, having access to helpful resources and organisations can make a big difference.

contact For families with disabled children

Contact is a support charity for families with disabled children, helping parents and carers to feel confident and informed on the challenges of raising a disabled child. They provide guidance and advice on topics such as benefits, education, health and social care services. Contact also offer a free listening ear service ([click here](#)), providing one-to-one telephone appointments with a family support adviser. This is for parent carers looking for a listening ear, reassurance and practical and emotional support. Call 0808 808 3555 (Monday to Friday, 9:30am to 5:00pm) or visit the Contact website ([Click here](#)).

CARERS TRUST

Carers Trust is a charity that works for, and supports, all carers in the UK. They provide services for anyone who cares for a family member, or friend, who is ill, frail, disabled or has a mental health condition. Visit the Carers Trust website ([click here](#)).



• How to get a carer's assessment

If you're a carer you can request an assessment from your local adult social care team. This might recommend extra support for you, including respite, help with taxi fares or gym memberships to relieve stress. During the assessment, the team may also signpost you to local support groups.

In England, you can find out more about carers' assessments and find your local adult social care service on the NHS website ([click here](#)). In Scotland, Wales and Northern Ireland, find out how to get an assessment in your home country on the Carers UK Website ([click here](#)).

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.

Is your query about a specific teacher or subject area?

Contact the teacher directly: 'teacher code' @kingsdale.southwark.sch.uk
Contact the HOD for the subject: 'subject; @kingsdale.southwark.sch.uk

Is your query about support outside of the classroom?
An annual review or progress review meeting?
Advice on learning strategies to use at home?
Advice on a diagnosis?

Contact the SEND department directly: senco@kingsdale.southwark.sch.uk

Is your query about a behaviour incident?
A friendship issue?
Any other pastoral issue?

Contact the HOL (Head of Learning) for your child's year group:
year7hol@kingsdale.southwark.sch.uk
year8hol@kingsdale.southwark.sch.uk
year9hol@kingsdale.southwark.sch.uk
year10hol@kingsdale.southwark.sch.uk
year11hol@kingsdale.southwark.sch.uk
year12hol@kingsdale.southwark.sch.uk
year13hol@kingsdale.southwark.sch.uk

Is your query about supplying additional information about your child for staff?

Contact the SEND admin department directly: sendadmin@kingsdale.southwark.sch.uk
assistantsenco@kingsdale.southwark.sch.uk

Is your query about exam access arrangements?

Contact the exam team directly: accessarrangements@kingsdale.southwark.sch.uk

Is your query about provision for a looked after child (LAC)?

Contact the LAC team directly: ofu@kingsdale.southwark.sch.uk

None of the above?

Please send us anything you think other parents would find useful and we can either share it here or we could even publish it on our website!

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITION

"Malala Day is not my day. Today is the day of every woman, every girl and every boy who have raised their voice for their rights."



Malala Day

On 12th July, the United Nations recognizes Malala Day in honour of education activist Malala Yousafzai. It's also her birthday and the day she spoke to the UN in 2013. In 2012, a Taliban gunman entered Malala's school bus and shot the 15-year-old in the head. She survived. Malala gave a speech to the United Nations on the topic of youth education. When discussing the Taliban's assassination attempt, she said, "They thought that the bullets would silence us, but they failed."

Since her speech, the UN has designated 12 July as Malala Day, though Malala has said: "Malala Day is not my day. Today is the day of every woman, every boy and every girl who have raised their voice for their rights."



STUDENT TASK: Illustrate the quote: "One child, one teacher, one book, and one pen can change the world." Your illustration will be posted around Kingsdale Foundation School to demonstrate the importance of youth education.

HOW TO ENTER:

Share your illustration with the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.

Kingsdale Cooking Challenge: World Chocolate Day



WORLD CHOCOLATE DAY

World Chocolate Day, also known as 'International Chocolate Day', is celebrated on 7th July. Some believe this is the date that chocolate was introduced to Europe in 1550.

What is the history of chocolate?

Chocolate originated in Mexico, where Olmec people grew cacao for the first time. The cacao tree species is thought to be around 100 million years old! Word of mouth tales speak of the Olmecs using cacao to make drinks, but there's no written evidence of this. Their knowledge was passed to the Ancient Maya, who lived in Mexico and Central America. They transformed chocolate into a spiced drink that was used in special ceremonies.

STUDENT TASK: Make a chocolate-based dish. Send us a picture and a short description of how you made your chocolate delight. The best-looking dish will win valuable points for your house.

Don't forget permission from your parents or carers and have appropriate supervision in the kitchen.

HOUSE ACTIVITY:

Submit your picture and recipe to the House Team: housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.

What Parents & Educators Need to Know about OFCOM MEDIA REPORT 2025

Every year, Ofcom releases its Children and Parents: Media Use and Attitudes Report, offering fresh insights into how young people are using digital platforms. The 2025 edition highlights key safeguarding concerns as children's engagement with social media, gaming, and live streaming continues to grow. This guide pulls out the top statistics from the report, focussing on the main areas of concern for parents and educators.

ONLINE LIVES

Children are engaging with social media and online content at increasing rates:

37%
3-5s

now have access to social media platforms; however, only a small proportion use it independently of parents.

79%
3-17s

have a social media profile, with 16% including a public photo.

66%
3-17s

watch livestreamed videos regularly, with 16% of them streaming their own content.

POST

ONLINE GAMING

Gaming remains popular but raises concerns:

74%

of children say they play with someone they know, while 32% report playing with strangers.

62%

of parents worry about their children talking to strangers while gaming.

31%

of children who game online chat with people they don't know.

PARENTAL CONCERNS

Parents are increasingly worried about online risks:

70%

fear their child may see age-inappropriate or sexual content.

68%

fear exposure to content that promotes self-harm.

72%

worry about their child distinguishing real from fake information.

61%

worry about exposure to extreme views.

69%

are concerned about online bullying.

SCREEN TIME

Screen time is still a major challenge for parents:

70%

of parents of 13-17s say it's difficult to manage screen time.

33%

of 8-17s think their own screen time is too high.

At 29% vs 24%

boys were more likely than girls to disagree that their screen time is too high.

18

HARMFUL CONTENT & INTERACTIONS

A significant minority of children continue to have negative feelings about social media and messaging apps:

Nearly four in ten 8-17s

believe that people are mean or unkind to each other online all or most of the time.

Girls aged 8-17

are more likely than boys to say they have experienced someone being nasty or hurtful to them online (31%).

One third of teenagers

agree that it's important that people can say what they want online, even if it offends someone.

ONLINE SAFETY IN SCHOOLS

Positively, the vast majority of children reported learning about online safety at school:

92%

of children aged 8-17 recall at least one lesson on online safety and most report finding them useful.

The top three topics covered are:

63%

How to recognise harmful content.

63%

How to keep personal information safe.

62%

Being kind and respectful online.

#WakeUpWednesday

The National College

SPORTS FIXTURES

Monday 7th June 2025

- Selected Students Boxing Workshop at CTG Boxing Gym, Streatham Hill. Leave school at 10.30am. Start 11am. Return at 2.30pm approx.: **Mr Dash**

Tuesday 8th July 2025

- 16 selected students at the Young Performing Arts Workshop Reach Festival at the Brit School. Leave school at 11am. Start 11.45am. Return at 3pm approx.:
Ms McGregor
- Under-13s & 14s Girls' Netball Away Matches v Notre Dame RC School. Leave school at 2.30pm. Start 3.30pm. Return at 5.30pm approx.: **Mr Ford/Mr Foster**

Wednesday 9th July 2025

- Year 7, 8, 9 & 10 'Mop up' Sports Day Heats at Mary Datchelor Playing Fields. Start 10am. Finish 12.45pm. **Mr McWhirter**

Thursday 10th July 2025

No planned fixtures/events.

Friday 11th July 2025

- Young Performing Arts Dance Reach Festival Student Performing their Final Piece at the Brits School. Leave school at 8.30am. Start 9.30am. Return at 2pm approx.: **Ms McGregor**

Please note that fixtures maybe postponed or rearranged due to weather conditions, including heat.

All fixtures can be viewed via the link below:

<http://www.kingsdaleschoolsports.org.uk>

Inter-House Sports Day Mascot Competition

Inter-House Sports Day is taking place on Thursday 24th July 2025. Now is your chance to represent your House and bring home the trophy!

STUDENT ACTIVITY: Create a Mascot to represent your House.

HOW TO ENTER:

Share your Mascot with the House Team:
housesystem@kingsdale.southwark.sch.uk
Ensure your entry is accompanied by your full name, tutor group and House.



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents & Educators Need to Know about Ofcom Media Report 2025'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See Page 19 above**

The House Leader Board 2024-25

Week ending
4th July 2025

- 1st Place – Dove 104,125 points
- 2nd Place – Swift 101,600 points
- 3rd Place – Falcon 99,372 points
- 4th Place – Albatross 98,129 points
- 5th Place – Eagle 97,936 points

Dove are surging towards the winning line but can still be caught especially with the points available at Sports Day!



Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at:
www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

