



PARENTAL NEWS BULLETIN

Issue 38 Monday 14th July 2025

HEADLINE NOTICES.

KFS Uniform Bank Request

We kindly ask parents to donate any unwanted uniform items which are in good condition, to the school's Uniform Bank in preparation for the next academic year. Please ensure that all items are washed except for blazers which will be dry-cleaned by the school. All donations can be left at the main school Reception. Please contact Mr Lewis with any queries via jls@kingsdale.southwark.sch.uk



House Excellence Award

Penelope Frangos, Year 9, has won the House Excellence Award after being nominated by the Maths team. "We are very proud of Penelope. Not only did she achieve 99% in her recent assessment, she is a lovely student who always gives her best in lessons." Well done!

Sports News!

We are very pleased to announce that two more of our Year 11 students have signed Scholarship Papers with football teams. Congratulations to Deniro Prempeh-Murray (left picture) who has signed with Wycombe Wanderers FC in Division One of the English League and to Felix Lyon (right picture) who has signed with Brentford FC in the Premier League! Both students were part of the school team who won the English Schools Cup Final last year.



We wish Deniro and Felix the very best of luck in their next adventure! We, at Kingsdale are all extremely proud of you both you!

End of Summer Term Arrangements

A reminder that details regarding the arrangements for the end of the Summer term 2025 have been issued separately to parents and guardians. **Please note that the last day of term for students is Thursday 24th July 2025 which will end at 12.30pm at the Crystal Palace National Sports Centre, following completion of the Houses Sports Day.** Parents can find full details of our term and holiday dates on our website [here](#).

THEME OF THE WEEK

Civilisation

'If civilisation is to survive, we must cultivate the science of human relationships, the ability of all people of all kinds to live together in the same world, at peace.'

Eleanor Roosevelt

WORD OF THE WEEK

Abseiling

The sport or activity of descending a rock face or other near-vertical surface by using a doubled rope coiled round the body and fixed at a higher point.

"On Tuesday, Amy's doing a sponsored abseil down the church tower."

SCHOOL NEWS



KFS Family International Culture Day Sunday 20th July 2025

A reminder that this special school event takes place on Sunday 20th July 2025 between 12 noon and 4pm. We hope to see you there. Please see Page 10 for further details.

Kingsdale Foundation School's Inter-House Sports Day Heats & Finals Event 2025

Thursday 24th July 2025

Crystal Palace National Sports Centre.

Should you wish to attend this event please register your interest using the spectator's link [here](#).

All spectator bookings should be made no later than **Friday 18th July**.



SPORTS NEWS

PE PGL Water Sports Trip 2025

During the very early hours of Sunday 29th June, 40 students from Years 8 & 9 and Kingsdale staff set off for the Domaine de Segries, Ardèche in the South of France for an action-packed week of adventure. During the week, students endured blistering temperatures as they skillfully navigated their way down the Ardèche descent through rapids and breathtaking scenery on a two-day 29-kilometer journey in two-man kayaks. The following day students enjoyed a slightly more leisurely day at Wave Island Water Park in preparation for another action-packed day this time canyoning, (Haute Besorgues). Under the close supervision of site instructors and Kingsdale staff our fearless students set off down the canyon making headfirst descents down mini rapids, jumping off high rocks into the water and finishing the journey with a 45-metre-high zip line across the canyon back to base. Highlights of the morning included a backwards, headfirst descent down a waterfall and a 5-metre jump into the water at the end of the course. The day finished with a leisurely and well-earned trip to Vallon Pont d'Arc for shopping and a chance to stock up on treats. Our final day saw students take on new challenges with a visit to a high ropes site where students demonstrated their resilience as they traversed across numerous courses with varying degrees of complexity and challenge.

Huge [congratulations](#) go out to each and every one of the students who took attended this trip for all they achieved and experienced during the week and for being such excellent ambassadors for Kingsdale School. A trip that has created memories, which will stay with all who took part for life, as well as new friendships.

Plans for a 2025/26 Ardèche adventure are now underway details of which will soon be made available. Please email Ms V. Turner a pe@kingsdale.southwark.sch.uk for further information.





~~DEBRIS~~

Year 12 Production of Dennis Kelly's DEBRIS



**July 15th (preview), 17th, and 18th
at 6pm in the theatre**

£3 students

£5 adults Tickets on sale in the drama office

HOUSE NEWS

Year 7 Bake Sale Raises £220 for Cancer Research!



A huge well done to a group of our Year 7 students, led by Amani Amma, who recently organised a fantastic bake sale to raise awareness and funds for Cancer Research. Their hard work and delicious homemade treats were a massive success, with the muffins being a particular favourite!

Thanks to everyone's generosity, they raised a staggering £220! What an incredible achievement for a very worthy cause.



Year 7 Community Day: 16th July 2025

Please be advised that the Year 7 Community Day is scheduled for Wednesday 16th July 2025.

This will be a day of engaging team-building activities and fun for all Year 7 students. The morning will feature arts and crafts, followed by sports and team-building exercises in the afternoon. Students are required to attend in their full PE kit and will be off their regular timetable for the entire day. However, lunch and break shall remain the same.



Pearson Education: "More Than Words" Languages Event At The Emirates Stadium

On Wednesday 2nd July 2025, a group of languages students attended the event "More Than Words" organised by Pearson Education at the prestigious Emirates Stadium.

Students were extremely inspired by football and medicine professionals, authors and artists with very successful careers who talked about their personal experiences learning languages and how much languages skills have increased their career success and opportunities.

Well done to Theo Maxwell and Noah Bello who moved the audience at the Pearson Languages Talent show by reading a beautiful poem in Spanish about diversity!



LANGUAGES NEWS

Year 10 Visit Francophone Restaurant in Brixton

Last week, our Year 10 French students had the fantastic opportunity to visit a Franco-phone African restaurant – The Mingles in Brixton, as part of their cultural enrichment programme.

This immersive experience allowed students to explore the diversity of the French-speaking world beyond Europe. They sampled a delicious buffet including poulet braisé (braised chicken), poisson frit (fried fish), attiéké, alloco (fried plantain), and traditional desserts like bofloto. They also had the chance to practise their French in real-life situations and engage with authentic menus and cultural customs.

The atmosphere was lively and welcoming, and the students thoroughly enjoyed discovering new flavours and learning about African culinary traditions in a French-speaking context.

It was a memorable experience that brought language and culture to life.

Thank you to all who supported this trip!

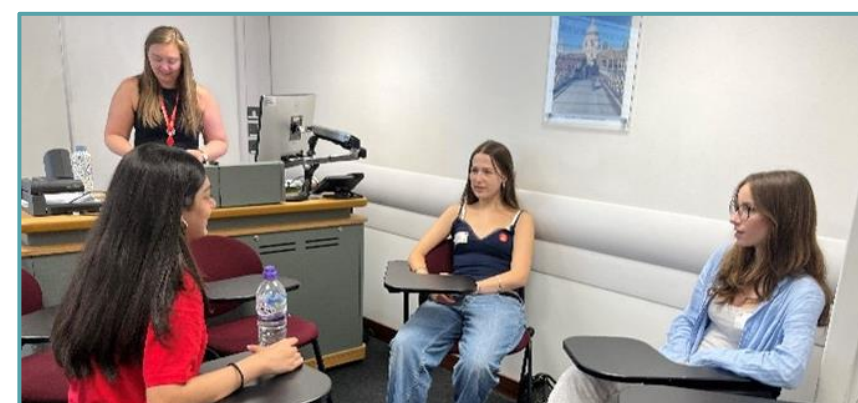


CAREERS NEWS

Year 12 Trip to King's College London for a Law and Business Taster Day

We had an amazing time at the Law and Business Taster Day at King's College London last week!

Our students were engaged throughout the day - especially during Dr Eden Sarid's session on copyright law, where we explored how legal frameworks shape the music we all listen to. Beyoncé and Ed Sheeran made great case studies. The Business taster with Alec Fraser challenged us to think about how public sector organisations can be managed effectively from different perspectives. A big thank you to the student ambassadors who shared their experiences, networked with our students and gave us a campus tour.

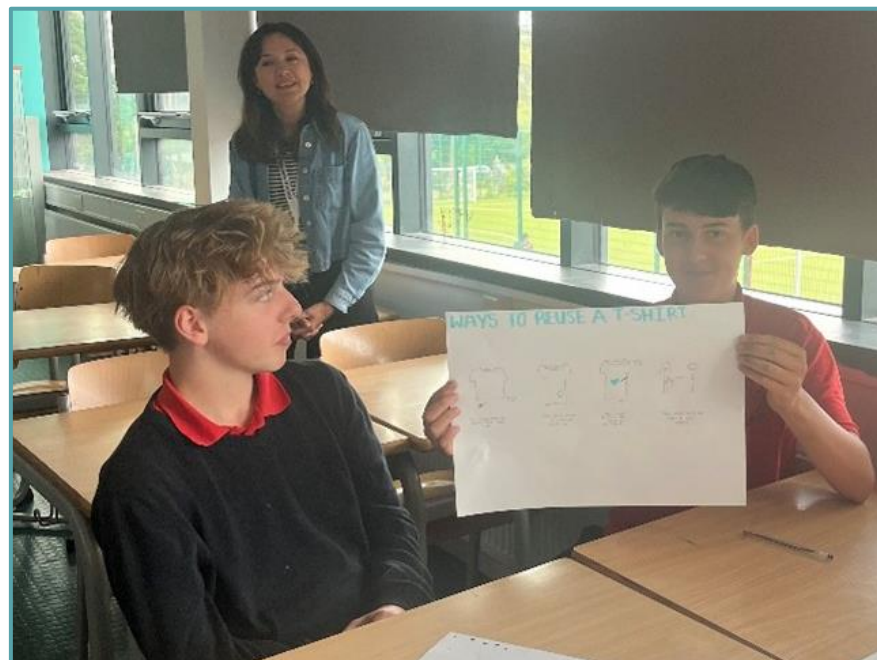


GEOGRAPHY NEWS

Year 9 Geography Students: Solving Fashion's Waste Problem

Earlier this year, our students explored the topic of Fast Fashion as part of their studies. To build on that learning, we participated in an engaging and eye-opening workshop titled "Solving Fashion's Waste Problem," delivered by GenEarth in collaboration with Fashion Takes Action.

The workshop provided students with a valuable opportunity to understand the environmental impact of fashion waste and empowered them to think critically about how they can become sustainable fashion leaders within their school and community. The interactive format of the session was a hit with students, who embraced the chance to take ownership of a real-world global issue.



A huge thank you to Laura from the GenEarth team for facilitating such an inspiring experience. We highly recommend this workshop to other schools looking to raise environmental awareness and action among their students.

MATHS NEWS

Data Science Taught Course

Congratulations to Adisa McDonald and Wetu Salumu in Year 12, who applied early in the academic year to enrol on the Data Science Taught course offered by the MEI (Mathematics in Education & Industry).



The Data Science Taught Course is designed for A Level Mathematics students - it is offered via Integral (an online platform) and features weekly online lessons, with supporting study material, over a term. Students are assessed through both a practical assessment task and a short examination. Places on this course are limited so well done to those students who were successful in their applications.

Over a sequence of 11 lessons, students covered the following aspects of data science:

- Domain knowledge (the importance of understanding the context you are working in)
- Exploratory data analysis
- Presentation of data and visualisations
- Modelling with data and machine learning

Each lesson focussed on a particular aspect of data science and included opportunities for students to explore some coding tasks using Python. Students worked on real data taken from different contexts, including topics such as the environment, sport, commerce, and world development indicators.

Following successful completion of the course, Adisa was awarded a Pass Certificate and Wetu was awarded a Pass with Merit. Well done to them both - their successes are well-deserved!

Summer Festival 2025

The Kingsdale Summer Festival 2025 is now drawing to a close.

We have one event remaining in the exciting series of events which has been taking place over a number of weeks which is the Kingsdale International Family Culture Day, referenced below. Should you have any queries about your child's involvement in this event, please contact us via performarts@kingsdale.southwark.sch.uk

Sunday 20th July 2025

Kingsdale International Family Culture Day 12pm @ Kingsdale Atrium

Ensembles involved: All steel pan groups, Trad band, Salsa band, Junior Jazz Ensemble, Balkan Ensemble + other acts TBC

We look forward to welcoming you to the performances and joining in celebrating the accomplishments of our young performers.

Thank you to all the members of the Southwark community who joined us on Friday the 27th of June for the Kingsdale Percussion Festival.

It was a great evening that included music from Kingsdale students, local primary schools, and the Centre for Young Musicians.

Well done to all the performers!



On Friday the 4th of July, the Kingsdale Year 10 Function Band performed on the mainstage at the Crystal Palace Youth Concert.

Thank you to everyone from the Kingsdale community who came to support their 45 minute long set on this professional stage.

The Kingsdale Family International Culture Day 2025



We are delighted to invite you and your family to our school's annual festival of cultural diversity, **The Kingsdale Family International Culture Day**, taking place on **Sunday 20th July 2025** from 12 noon onwards. This is a unique and vibrant event themed around celebrating and embracing the rich and diverse cultures that exist within our wider school community.

The day will include a wide range of cultural activities, interactive stalls and talent shows and you will experience a brilliant display of:

- Music, Dance & Theatre
- Multicultural Cuisine
- Artefacts Exhibition and Sales
- Fun activities for Children, including Bouncy Castle and Game Stalls
- Interactive Performing and Creative Arts Workshops
- Cultural Attire & Photobooth

This is our distinctive school community event each Summer and its success depends upon the generous and spirited participation of all, including parents. We invite you to get involved in contributing to this splendid event and look forward optimistically to your enthusiastic participation. Last year, we had a brilliant range international cultural representation from over 35 countries including the UK, Japan, Mexico, China, Vietnam, Turkey, Spain, Germany, Australia, India, Mauritius, Ghana, Jamaica.

It would be wonderful if you are able to get involved by running or contributing to multicultural food stalls, cultural stalls, game stall, music and dance performance(s), display of cultural artefacts for exhibition and/or sales or donating raffle prizes for the event. **If you would like to help, please fill in the online participation form via the link [here](#) or contact us via the email: kfscultureday@kingsdale.southwark.sch.uk.**

This is a charity event and all funds that we raise through this celebration will be donated to 'Mind', a charity organisation that provides support, advice and services for better mental health. Tickets for the event will be available from 1st July 2024. **Entry to the event will be free of charge.** Tickets will indicate the total number of visitors attending the event. Further confirmed details regarding ticketing will be issued separately.

We really hope you can make it and look forward to receiving your support in organising this extraordinary event.

CULTURE DAY NEEDS RAFFLE PRIZES!

Each year we're amazed by the generosity of our community in giving raffle prizes which helps us raise hundreds of pounds for the school. If you have something you could donate this year, big or small, please get in touch! In the past prizes have ranged from toys to boxes of chocolate to gift vouchers to experiences – nothing is too big or too small. Please either bring raffle prizes and leave at main reception FAO Ms Markes, or e-mail Ms Markes on dms@kingsdale.southwark.sch.uk by **Wednesday 16th July at the latest.** Tickets will be available on the day and selected students will also have tickets to sell in advance – so make sure you get your tickets. Thank you in advance!



PERFORMING ARTS NEWS

Kingsdale Dancers Shine Bright!

What an incredible year it's been for our Kingsdale dancers! We want to give a massive 'shoutout' to all the students who have represented our school and Southwark with such talent and dedication.

This year, our dancers have been involved in a fantastic range of prestigious events and performances, including:

- Representing Southwark in the London Youth Games
- Participating with Trinity Laban
- Performing in the Step into Dance & Step Live Show
- Attending the Irie Dance workshop
- Competing in the Great Big Dance Off

The potential bubbling within our Kingsdale dancers is truly exciting, and we can't wait to see what next year brings!



SPORTS NEWS

Lily at the Annual National ITF Taekwondo Event
Congratulations to Lily Sophia Mikalsen, Year 7, who competed in the annual National ITF Taekwondo event in West Sussex on Sunday 29th June, winning 2 gold medals, one in Special Technique and one in Sparring.



Lily competed back in May in the Regional Competition where she also won Silver in Special Technique and Silver in Patterns.

Well done Lily!

Kingsdale Foundation School Boxing Sessions at CTG Boxing Club

Students were treated to an excellent boxing workshop put on by Change The Globe Boxing Gym in Streatham Hill last week. It was a thoroughly enjoyable experience for all!





Under-13s & Under-15 Girls' Cricket 'Chance to Compete' South-East Regional Finals

Both our Under-13s and Under-15s Girls' Cricket teams competed in the 'Chance to Compete' SE Regional Finals for softball cricket last week. Both teams competed very well with our Under-13s playing 5 games in the pool matches, coming out 4th overall and the Under-15s coming out 2nd overall.

Both teams really enjoyed themselves and all had a great day out. Congratulations to all girls involved!

**KFS disclaimer. Please be advised Match reports produced and presented by student reporters*

Year 7 & 8 Free Swimming Lessons Available This Summer

In response to the alarming statistic that one in three children leave primary school unable to swim, Southwark Council has launched a new initiative to provide free swimming lessons for children between **9 and 12 years old** who cannot swim. Starting this Summer, over 240 free spots will be offered to children in the borough.

The lessons will be held at Peckham Leisure Centre and The Castle Leisure Centre, consisting of a five-day course with each session lasting 30 minutes per day over five consecutive days.

Please use the link below to access further information on how to access these sessions.

Southwark Council to offer hundreds of free swimming lessons for children this summer | Southwark Council
southwark.gov.uk



SPORTS NEWS cont.



Rico and Harrison represent Fulham Abroad!

Rico Jones, Year 7 (front of picture, second from left), recently captained his team on a tournament tour in Metz, France! The boys flew into Luxembourg and then took a short minibus ride into France.

Rico had a fantastic time, not only leading his team out onto the pitch but also making new friends along the way. He connected with players from Belgium, whose team came in second and even made friends with the tournament winners from Frankfurt! It was a great experience for Rico, both on and off the field!



Harrison Abayomi, Year 7, also represented Fulham abroad in the previous week – pictures and further details about Harrison's experience to follow which we will share in a future edition. Well done to both boys!



NHS CAREERS UNTAPPED:

Resources available

A collection of London NHS organisations and NHS England are delighted to share NHS Careers Untapped which is a series of podcasts, videos and recorded webinars showcasing some of the lesser-known jobs and professions in healthcare.

The Careers Untapped programme is aimed at young people aged from 13-19 and careers advisors, who want to find out more about careers in the NHS. The programme supports schools and careers advisors with achieving the Gatsby Benchmarks.

We are delighted that the resources from the programme are now available on the Healthcare Horizons website. To access [please register](#) for an account for free.

The following editions are available for you to access:

NHS Careers Untapped 1st Edition: This self-paced module includes short videos and podcasts and is a great way to learn about some of the lesser known careers in healthcare.

Once the full module is completed, viewers will receive a certificate of participation.

NHS Careers Untapped 2nd Edition: This is a larger catalogue of lesser known careers in the NHS, with podcasts and pre-recorded webinars covering 50 key roles in healthcare.

There is no specific module with the 2nd edition.

Here are some of the exciting roles covered: Clinical Associate Psychologist / Peer Support Worker / Pharmacy Technician / Operating Department Practitioner / Digital Learning Manager / Therapeutic Radiographer

To access the Careers Untapped Resources please [CLICK HERE](#) or scan the QR code to the right:



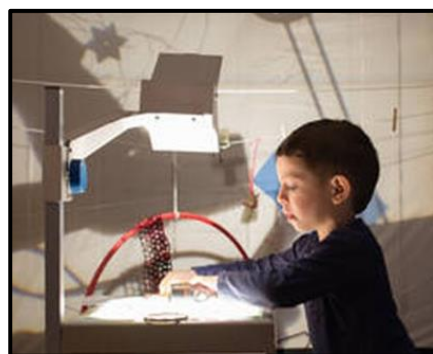


**Sensory-Friendly Workshop at the V&A:
Design and Draw with Light**
Saturday 19 July 2025 | 11:00–16:00 | V&A
South Kensington
Families with SEND or neurodiverse children (ages 5+) are warmly invited to a free, sensory-friendly creative workshop at the Victoria and Albert Museum (V&A), South Kensington.

Led by Groundswell Arts, this hands-on session explores the theme of “home” using UV lights, shadows, projections, fabrics, and reflection-based art. It's perfect for children with sensory processing differences or other neurodiverse needs – and their siblings and caregivers too!

What to Expect:

- Drop-in creative play: design and draw with light
- Bookable arrival slots: 11:00–13:30 or 13:30–16:00
- Sensory breakout zones with soft lighting, ear defenders, and toys
- Relaxed atmosphere with no pressure to participate in structured ways



Booking:

- This event is free, but advance booking is recommended:
📌 [Reserve your spot on the V&A website](#)
- 📍 Location: Art Studio, Learning Centre, V&A Museum, Cromwell Road, SW7 2RL
- ♿ Wheelchair accessible, with on-site facilities for neurodiverse visitors.
- 📞 Questions? Call the V&A: +44 (0)20 7942 2000

This relaxed, inclusive workshop is a brilliant way for SEND families to enjoy creative expression in a calm and supportive environment – all inside one of London's most inspiring museums.

Advice and information for young people

We all have good days and bad days. If your child is struggling with how they are feeling, they are not alone. If they are struggling, or even if they just want to talk to someone, help is available:



- **One Hub is a website for young people in Southwark.** Find out about things to do, career opportunities and help and support, including mental health support.
- **The Nest provides free and confidential mental wellbeing advice** and support for young people in Southwark.
- **ChatHealth allows you to text a qualified health professional anonymously for confidential advice** on 07507 332 150 (for 11 to 19 years olds)
- **Togetherall is a free online 24/7 community of anonymous mental health support for Southwark residents aged 16+,** provided by trained counsellors and peers (select 'my area is registered' and add your postcode to register for the first time)
- **Kooth is an online counselling service for children and young people aged 10 to 25 years** old to get free, anonymous mental health and emotional wellbeing support.
- **Shout 85258 is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope,** text “SHOUT” to 85258 to chat with trained volunteers.
- **The Mix helps people under 25 take on challenges such as mental health, money, homelessness finding a job, break-ups and drugs,** online, via live one-to-one and group chats, email, confidential helpline and 24/7 crisis text message service.
- **Mind provide mental health information for young people,** whether you're looking for support for yourself, or if you need information because you're supporting someone else.

SEND FACULTY NEWS

Supporting Your Dyslexic Child: July Tips for Parents

July can be a valuable month for families of children with dyslexia—a chance to build on school-year momentum and explore resources before the summer break. For parents in South London, here are local events and ways to strengthen your child's reading and resilience this July.

Online Virtual Get-Together for Families

The British Dyslexia Association is holding another Families Virtual Get-Together on **15 July 2025**, offering a supportive online space to connect, share ideas, and gain practical tips from other parents of dyslexic children.

www.bdadyslexia.org.uk

Julia's Thrive Dyslexia Workshops Wallington

Thrive Dyslexia hosts parent workshops in July—check their website or Facebook group for details. These sessions offer strategies and resources tailored to supporting learners at home. www.dyslexiasouthlondon.com

Parents Helpline and Webchat

YOUNG MiNDS

Youngminds offer three different services to parents and carers who are concerned about their child's mental health, up to the age of 25.

If you need urgent help, we also have information that can support you:
[Urgent help information](#)

Parents Helpline and Webchat (*please click on the links*)

1. [Parents Helpline](#)
2. [Parents Webchat and Email service](#)
3. [Using our Parents Helpline services](#)

turn 2us

Financial support and guidance: turn2us

turn2us wants everyone in the UK to have financial security so they can thrive.

They offer support to those of us facing financial shocks and together they challenge the systems and perceptions that cause financial insecurity. Turn2us is governed by a board of trustees and run by Turn2us management. They have been fighting UK poverty since 1897

Use the Benefits Calculator or Grants Search to find out what help you can get: click [here](#)

resources for autism

Resources for Autism Parent & Carer Support Group

Date: Tuesday 15th July 2025

Time: 6:30 PM – 7:30 PM

Format: Online

A relaxed online meet for parents and carers in London and the West Midlands to share experiences, let off steam, and offer mutual support.

Booking available via the Resources for Autism website:
<https://www.resourcesforautism.org.uk/events/list/>

Where to go for support as a carer

As a carer looking after a disabled or seriously ill family member, or friend, with additional support needs, having access to helpful resources and organisations can make a big difference.

contact For families with disabled children

Contact is a support charity for families with disabled children, helping parents and carers to feel confident and informed on the challenges of raising a disabled child. They provide guidance and advice on topics such as benefits, education, health and social care services. Contact also offer a free listening ear service ([click here](#)), providing one-to-one telephone appointments with a family support adviser. This is for parent carers looking for a listening ear, reassurance and practical and emotional support. Call 0808 808 3555 (Monday to Friday, 9:30am to 5:00pm) or visit the Contact website ([Click here](#)).

CARERS TRUST

Carers Trust is a charity that works for, and supports, all carers in the UK. They provide services for anyone who cares for a family member, or friend, who is ill, frail, disabled or has a mental health condition. Visit the Carers Trust website ([click here](#)).



• How to get a carer's assessment

If you're a carer you can request an assessment from your local adult social care team. This might recommend extra support for you, including respite, help with taxi fares or gym memberships to relieve stress. During the assessment, the team may also signpost you to local support groups.

In England, you can find out more about carers' assessments and find your local adult social care service on the NHS website ([click here](#)). In Scotland, Wales and Northern Ireland, find out how to get an assessment in your home country on the Carers UK Website ([click here](#)).

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.

Is your query about a specific teacher or subject area?

Contact the teacher directly: 'teacher code' @kingsdale.southwark.sch.uk
Contact the HOD for the subject: 'subject; @kingsdale.southwark.sch.uk

Is your query about support outside of the classroom?
An annual review or progress review meeting?
Advice on learning strategies to use at home?
Advice on a diagnosis?

Contact the SEND department directly: senco@kingsdale.southwark.sch.uk

Is your query about a behaviour incident?
A friendship issue?
Any other pastoral issue?

Contact the HOL (Head of Learning) for your child's year group:
year7hol@kingsdale.southwark.sch.uk
year8hol@kingsdale.southwark.sch.uk
year9hol@kingsdale.southwark.sch.uk
year10hol@kingsdale.southwark.sch.uk
year11hol@kingsdale.southwark.sch.uk
year12hol@kingsdale.southwark.sch.uk
year13hol@kingsdale.southwark.sch.uk

Is your query about supplying additional information about your child for staff?

Contact the SEND admin department directly: sendadmin@kingsdale.southwark.sch.uk
assistantsenco@kingsdale.southwark.sch.uk

Is your query about exam access arrangements?

Contact the exam team directly: accessarrangements@kingsdale.southwark.sch.uk

Is your query about provision for a looked after child (LAC)?

Contact the LAC team directly: ofu@kingsdale.southwark.sch.uk

None of the above?

Please send us anything you think other parents would find useful and we can either share it here or we could even publish it on our website!

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



MORE TRUST | LESS CRIME | HIGH STANDARDS

What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need.

This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

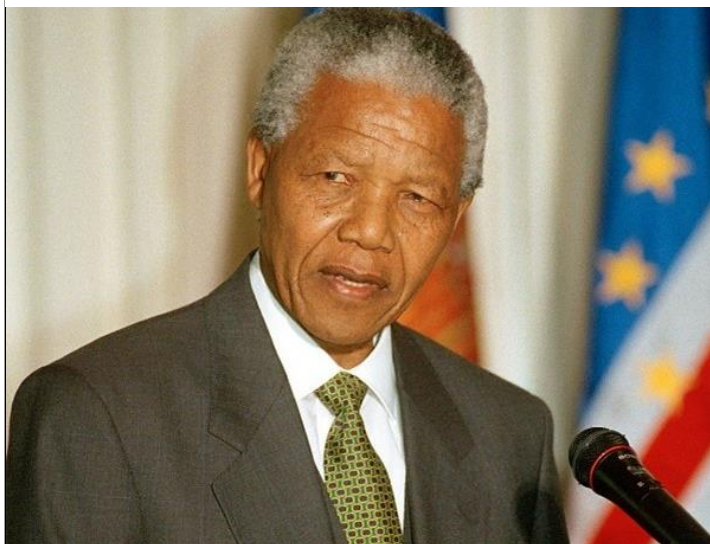
Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITION



Nelson Mandela Day

Mandela Day is an annual global celebration that takes place on 18th July to honour the life and legacy of Nelson Mandela. This day is a call to action for individuals, communities, and organisations to take time to reflect on Mandela's values and principles and to make a positive impact in their own communities.

Mandela believed in equality and like many others, thought that somebody's skin colour should not determine how they are treated. In 1944, he helped start the African National Congress Youth League and soon became a high-ranking leader of the group. In 1948, the South African government introduced a system known as 'apartheid'. Apartheid was a system of segregation and discrimination that forced black and white people to lead separate lives. They went to different schools, lived in different areas, and couldn't even sit together on public transport. The racist system ensured that the majority black population was dominated by the minority white population.

Mandela wanted freedom for the oppressed without violence. He set up the ANC Youth League and travelled the country to gain support for non-violent protests. Mandela posed a threat to the dominant structures, and unwilling to cede any power to anti-apartheid groups, he was arrested for treason in 1956. He was held for five years until the charges were dropped.

STUDENT TASK: Illustrate the quote: "Remember that hope is a powerful weapon even when all else is lost." Your illustration will be posted around Kingsdale Foundation School.

HOW TO ENTER:

Share your illustration with the House Team:

housesystem@kingsdale.southwark.sch.uk

Ensure your entry is accompanied by your full name, tutor group and House.

Inter-House Sports Day Mascot Competition



Get ready for one of the most exciting days in our school calendar – Inter-House Sports Day is happening on Thursday 24th July 2025!



A special shout-out goes to Sophia Nguyen, Year 7, who has created and beautifully illustrated a brand-new Eagle House mascot. What a brilliant drawing! Thank you, Sophia, for your creativity and excellent contribution to the House Team – your artwork has truly brought Eagle House to life.

ACTIVITY:

Create a Mascot to represent your House.

HOW TO ENTER:

Share your Mascot with the House Team:

housesystem@kingsdale.southwark.sch.uk

Ensure your entry is accompanied by your full name, tutor group and House.

What Parents & Educators Need to Know about AI-ENABLED SCAMS

WHAT ARE THE RISKS?

Artificial intelligence (AI) is quickly becoming a widely used tool, with lots of positive applications being discussed and developed. Sadly, however, as with most technology tools, there are those who will seek to use it for malicious and dishonest practices, with children and other vulnerable groups particularly at risk.

PHISHING EMAILS: BETTER & QUICKER

Phishing scams – emails designed to trick people into handing over login details or money – are not new, and do not rely on AI; however, AI has made them far more dangerous. Criminals can now generate highly convincing emails at speed, mimicking an organisation's tone, branding and language with ease. This makes phishing attempts harder to spot, especially for young people who may not yet know what to look out for.

ONLINE MARKETPLACE FRAUD

Online marketplaces are now a common way to buy and sell everything, from second-hand clothes to cars. Criminals are exploiting this by using AI to enhance or completely fake product photos and videos, and pressure buyers into paying deposits or full amounts upfront. These tactics are becoming more advanced, making it vital to pause, check, and verify the sale before parting with any money.

VOICE IMPERSONATION

AI can now realistically impersonate a person's voice when given a small sample of someone's speech patterns. This is especially concerning where voice has been enabled as an alternative to password-based logins. One such example was the use of AI deepfake audio as part of a fake kidnapping scam: the criminals used an AI voice clone of a 16-year-old to convince her parents she had been kidnapped and elicit a ransom.

EMPLOYMENT SCAMS

Using AI, criminals can create fake online profiles that seem completely real. These synthetic identities can chat with young people about fake job offers, asking for money to secure a visa or paperwork. In 2025, The Guardian reported a scam targeting young people with promises of quick cash, posing as TikTok staff.

INFLUENCER & INVESTMENT SCAMS

AI tools now make it easy to manipulate video and audio, with technology available that can generate entirely fake content using the likeness of celebrities or influencers. Criminals are using this to create convincing videos of well-known figures promoting fake products or services, which young people can be particularly susceptible to. Cryptocurrency scams are a common tactic, luring people into investing in schemes that do not exist. Once payment is made, the criminal simply disappears with the money.

ROMANCE SCAMS & SEXTORTION

AI chat bots can now mimic real conversations, often accompanied with realistic fake photos and videos, which makes it easier for criminals to build trust with young people – among other things, this can lead to fraud or sextortion. In 2024, the NCA's CEOP Safety Centre received 380 reports of sextortion. Alarmingly, in the first five months alone, police received an average of 117 monthly reports involving under-18s, showing how serious and targeted this threat has become.

Advice for Parents & Educators

THINK CRITICALLY

The key to addressing the increasing growth of AI-enabled scams is to think critically and show caution. Inform children that if something is too good to be true, then it probably is. Encourage them to stop and carefully consider what they are seeing and reading before taking any action. For example, if a social media post expresses urgency, proceed with caution; if content seems unusual, even from a known person, it may be that their account has been hacked.

SEEK TO VERIFY

Criminals may breach an influencer's account or spread misinformation and fake content; however, their approach will generally be limited to a single account, site or service. Where possible, show children how to verify information to check its legitimacy before proceeding. Small actions, such as phoning the person who is the subject of a suspicious email, or checking content via an individual or company website or social media sites can make the difference. The greater the risk, the more effort we should expend to confirm whether the information presented is true or false.

USE TRUSTWORTHY SITES AND SERVICES

Online marketplaces are useful when buying and selling items; however, where possible, encourage children to use reputable companies and their online shopping sites. These companies are likely to have more sophisticated cyber-security safeguards in place, underpinned by consumer legislation, enabling them to control how products and services are displayed and traded on their sites.

REPORT IT

As the sophistication of scams increases, the likelihood of being tricked by them also increases, especially when not paying attention or acting quickly. It is important that young people know how to report incidents as they happen. Show children how to report their concerns to the social media site, Action Fraud, banks, and other individuals or organisations linked or involved. If you are unsure of the most effective reporting channel, contact Action Fraud.

Meet Our Expert

Gary Henderson is the Director of IT at Millfield, a large independent boarding school in Somerset, as well as a member of the Digital Futures Group, Vice Chair of the ISC Digital Advisory Group and an Association of Network Managers in Education (ANME) Ambassador.



#WakeUpWednesday

The National College

SPORTS FIXTURES

Monday 14th June 2025

- Selected Under-12s Boys' Cricket Away Match v Hinchley Wood School. Leave school at 12.15pm. Start 2pm. Return at 6pm approx.:
Mr Johnstone/Mr Price

Tuesday 15th July 2025

- No planned fixtures/events

Wednesday 16th July 2025

- No planned fixtures/events

Thursday 17th July 2025

- 18 Selected A Level Students Visiting Battersea Power Station for Fitness Testing. Leave school at 11.30am. Start 1pm. Return at 4pm approx.:
Mr Johnstone

Friday 18th July 2025

- No planned fixtures/events

Please note that fixtures maybe postponed or rearranged due to weather conditions, including heat.

All fixtures can be viewed via the link below:

<http://www.kingsdaleschoolsports.org.uk>



HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents & Educators Need to Know about 'AI-Enabled Scams'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See Page 21 above**

The House Leader Board 2024-25

Week ending
11th July 2025

- 1st Place – Dove 105,850 points
- 2nd Place – Swift 103,168 points
- 3rd Place – Falcon 100,858 points
- 4th Place – Albatross 99,714 points
- 5th Place – Eagle 99,531 points

Dove are surging towards the winning line but can still be caught especially with the points available at Sports Day!



CALENDAR 2024-25

You can also find lots of other useful sources of information on the school website [here](#).

This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

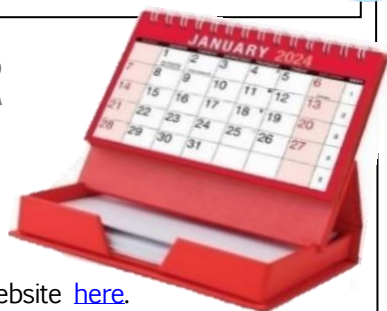
SUMMER TERM 2025

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation



Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details.

Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at:

www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

