



PARENTAL NEWS BULLETIN

Issue 4 Monday 21st September 2026

HEADLINE NOTICES

Kingsdale Careers Programme 2026-2027

We're very proud of our Careers opportunities at Kingsdale, and a lot of the exciting talks and opportunities come from parental volunteers. So, we need your help to support our Careers programme for 2026-27! The mainstay of our Careers programme are our lunchtime talks, which usually last 45 mins to 1 hour and are aimed at a range of year groups. Whilst these will normally occur on a Wednesday this year, we can be flexible. We also plan to host our Careers Fair in early 2027.

If you think you would be able to support us with any of our Careers programme – lunchtime talks, the Careers Fair, or in any other capacity, please fill out [this form](#). Please get in touch with us on careers@kingsdale.southwark.sch.uk if you have any questions.



House Excellence Award

Kamali, Year 8, has won the House Excellence Award. He was nominated by the Drama Department. Kamali has had an excellent start to the drama school year, approaching lessons with enthusiasm, creativity and positivity. He has shown some subtle and thoughtful performance skills and is a great collaborator and director who encourages others to get involved. Kamali has been instrumental in creating some meaningful scenes in the drama room. His thoughtfulness and willingness to contribute make him a valued member of the group. Well done Kamali!

Kingsdale Open Day Events

Open Days (held on Wednesdays and Saturdays through September/October) play a vital role in sustaining the popularity and diversity of the school, especially regarding students from disadvantaged backgrounds. They showcase Kingsdale to prospective parents, including the opportunity to hear the testimony of existing families.

If you would be willing to speak at a forthcoming event about your experience of the school, please contact Mr Harding via dhtpa@kingsdale.southwark.sch.uk with details as to which Open Days you would be able to attend. More information on Open Days can be found on page 8.

THEME OF THE WEEK

Respect

"To be well respected you must first be respectful to others."

WORD OF THE WEEK

Fastidious

1. Very attentive to and concerned about accuracy and detail.
 2. Very concerned about matters of cleanliness.
- *I'm very fastidious about citing my sources in my essays.*
 - *Constantly licking themselves, cats are fastidious creatures.*

SCHOOL NEWS

Kaycee in Matilda – West End Debut!



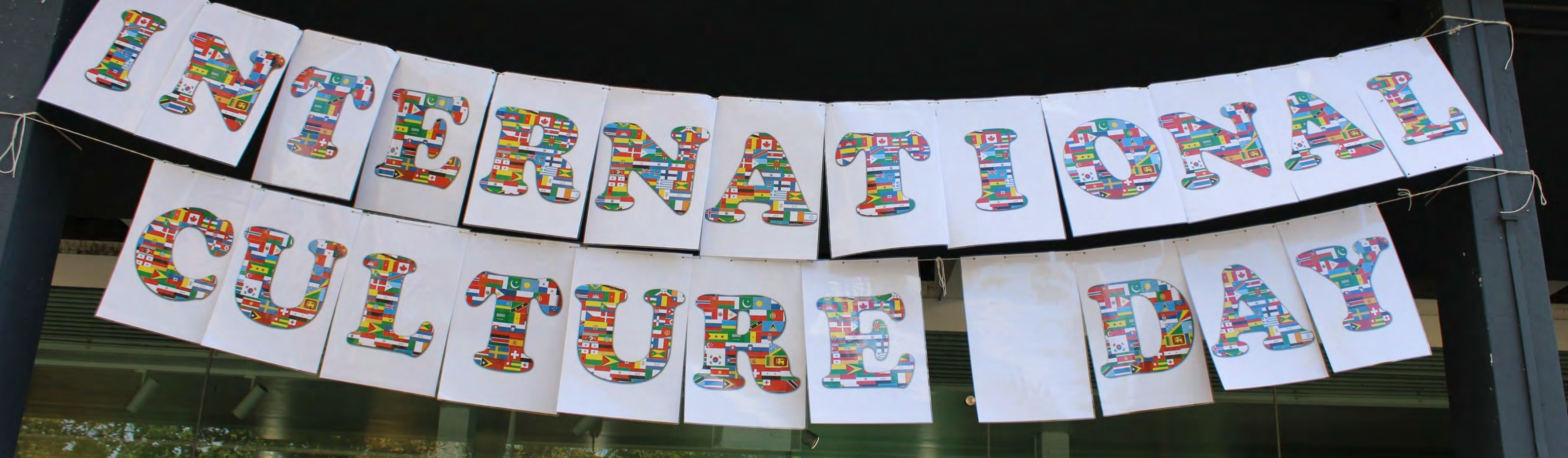
The drama department would like to congratulate Kaycee, Year 8, on her wonderful debut in Matilda (West End) this September. This is her first time performing in the West End but she was previously performing at Alexandra Palace in A Christmas Carol: A Ghost Story last Christmas.

"Ensemble numbers are where this production really shines, especially when reaching Revolting Children in Act Two. We are filled with such pride for how phenomenally talented these young performers are." Review, Jack-Stage

School Photographs

A reminder that the school photographers will be coming into school on the days listed below. Please ensure that your child is aware of the day that their school photograph will be taken. Arrangements for photographs for siblings and further details will be issued separately by Heads of Learning.

Monday 21st September 2026 – Year 11
Tuesday 22nd September 2026 – Year 13



The Kingsdale Family International Culture Day 2026 – Sunday 18th July 2026

The school's annual cultural festival 'The Kingsdale Family International Culture Day' was a celebration of the wonderful cultural diversity in our community with a splendid display of art, music, dance, drama, food, crafts, cultural and interactive activities and brilliant talents from across the world. It summed up the school's vision of 'Respect and Inclusivity' where every child's identity is embraced and celebrated in a safe, happy and nurturing space. The initiative is dedicated to producing self-confident, responsible and articulate young people who care for and respect themselves and one another. Kingsdale Family International Culture Day epitomises inclusivity and celebration of multiculturalism.

Once again, this year community members participated in this event with their wider families and friends representing a myriad of diverse backgrounds to celebrate and enjoy art, craft, music, dance, food, cultural games and entertainment from all over the world. A wide range of international cultures were represented (Japan, China, Spain, India, Jamaica, France, Germany, Denmark, Poland, Ghana, Nigeria, Mexico, Turkey, Ireland, Australia, New Zealand, Trinidad and Tobago, Pakistan, Morocco, Sri Lanka, Albania, Portugal and many others) and it was a vibrant, scintillating and colourful event with all participants proudly representing their cultural heritage and identity. It fostered the values of respect and cohesion in the community. People and their cultural vibrance join to produce an outstanding day. As one parent says, 'this should be a staple in the school calendar'.

The initiative not only put enrichment, cultural capital and the Creative and Performing Arts at the heart of our broad and balanced curriculum, it encouraged a sense of leadership and entrepreneurship among students. Students came together as Culture Day Committee members to plan, promote and lead on various activities like any future entrepreneurs. Thank you to our parent community who gave their time and energy in volunteering on the day. Thanks to our entire staff who contributed to make the day a brilliant and creative success. The local businesses and neighbours in Dulwich joined and soaked the beauty in diversity. Once again, thank you!

Together we raised funds for charity, worth approximately £5,000, which will be donated to Mind – a charity for mental health and wellbeing. Our thanks are extended to all members of our community for making this such a special day.



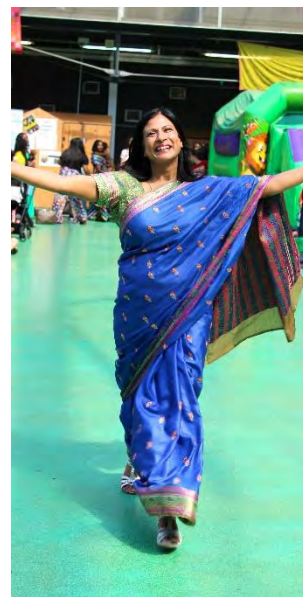
The day was also an opportunity to celebrate the life of Mrs Brenda Bloomfield, our longstanding Pupil Support Officer and school Governor who passed away at the end of the last academic year. Mrs Bloomfield was a regular attendee at the KFS annual International Culture Day.

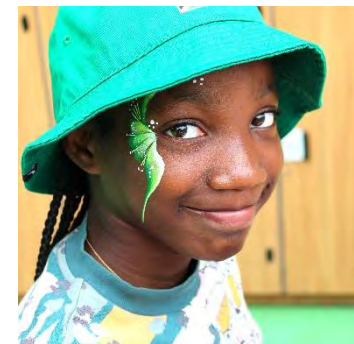
CULTURE DAY



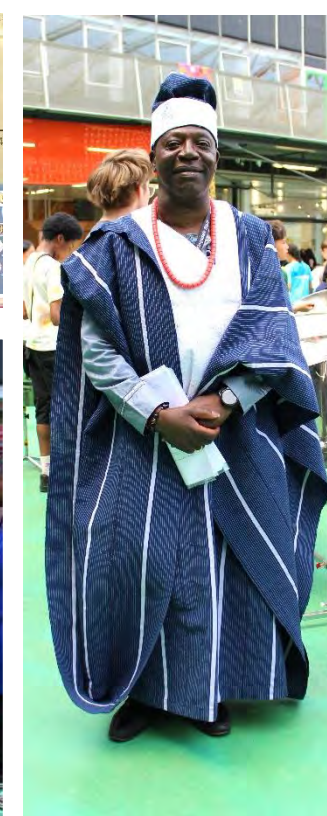


CULTURE DAY





CULTURE DAY



Admissions



Open Days for Year 7 Entry September 2027

Our scheduled Open Days for September 2026 Year 7 entry will take place in September and October 2026. Appointments will be available for booking from September 2026 [here](#).

Open Days and Evenings

Wednesday 23rd September 2026
9.30am-11.30am, 1.30-3.30pm & 5.30pm-8pm

Wednesday 30th September 2026
9.30am-11.30am, 1.30-3.30pm & 5.30pm-8pm

Saturday 3rd October 2026
10am-12 noon, 1-3pm & 4-6pm

Wednesday 7th October 2026
9.30am-11.30am, 1.30-3.30pm & 5.30pm-8pm

Saturday 10th October 2026
10am-12 noon, 1-3pm & 4-6pm

Open Days for Sixth Form (Year 12) September 2027

You can access details regarding our Sixth Form open events for Year 12 September 2027 entry [here](#).

The dates of the open events are as follows:

Wednesday 23rd September 2026
4.30pm - 7.30pm

Wednesday 14th October 2026
1.30pm-6.30pm

Wednesday 4th November 2026
4.30pm - 7.30pm

Wednesday 25th November
4.30pm - 7.30pm

For all queries regarding admissions to the Sixth Form, please contact the Sixth Form Office via email at sixthform@kingsdale.southwark.sch.uk

* Please Note the Deadline for Booking Year 7 Scholarship Assessments Online or Submitting a Supplementary Form is 5th October 2026.



IGNITE YOUTH LEADER PROGRAMME

Age 14-18

Free
Limited
Spaces

Do you want to:

- ★ Develop leadership skills
- ★ Build your confidence
- ★ Communicate effectively
- ★ Solve problems creatively

22nd September - 1st December 2026

Our programme:

- 📺 Online Learning Modules
- 👥 Group support session
- 🗣️ Workshops (Online or In-person)

APPLY TODAY

YouthLeader@ignitehubs.org.uk
www.ignitehubs.org.uk

Applications open:
20 Jul 2026

Closing date:
18 Sep 2026

UK Registered Charity 1186658

What You'll Experience

📺 Online Learning Modules

You will explore:

- Personal growth and confidence
- Creativity and innovation
- Communication and presentation skills
- Leadership styles and values
- Teamwork and emotional intelligence
- Critical thinking and problem-solving

All modules are accessed through **the Ignite Learning & Careers Hub**, our online learning platform, allowing you to learn at your own pace.

🗣️ Live Sessions

Join our expert facilitators on:

22nd Sep 2026 | 5pm - 6:30pm

Welcome Session (online)

6th Oct 2026 | 5pm - 6:30pm

Workshop 1 (Online or In Person)

17th Nov 2026 | 5pm - 6:30pm

Workshop 2 (Online or In Person)

1st Dec 2026 | 5pm - 6:30pm

Programme Close & Celebration
(Online)

👥 Group Support Session

An opportunity to ask questions and connect with other participants.

10th November, 5pm-6pm

(Online or In Person)

*In-person sessions will take place at a centrally located library in Southwark, London.

Apply today and begin your journey to becoming an Ignite Youth Leader

Applications Open: 20th July 2026

Closing Date: 18th September 2026

Apply Now



📧 www.ignitehubs.org.uk | ✉ YouthLeader@ignitehubs.org.uk



**CHILDREN'S
COMMISSIONER**

THE BIG FUTURE

**The Children's Commissioner,
Dame Rachel de Souza, has
launched The Big Future survey.**

It's your chance to have your say on what it's like to be a child or young person in England today - what you love, what worries you, how you have fun, and the changes you want for a better future.

There are questions about voting, school, your area, online safety, and space for you to tell her what you think is important!

**It takes less than 10 minutes to
complete the survey.**



Take part now:

childrenscommissioner.gov.uk/thebigfuture

#TheBigFuture  @childrenscommissioner

SPORTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

Under-15s Girls' Netball



The Under-15s Girls travelled away to the first round of the Sisters in Sport Cup match against FitzWimarc Secondary School last week. They were a tough opponent for us, with a high level of play.

The girls performed really well and some parts of the game were controlled by us where we managed to get 2 goals by Ellie.

However, the opponents were too strong for us and FitzWimarc came away with the win.

Final Score: Kingsdale 2-59 FitzWimarc

Player of the Match: Lyra

Teamsheet: Sophia, Lyra, Ellie, Poppy, Charlotte, Flora, Zara & Annalise.



Under-14s Girls' Netball

What a fantastic game for our U-14s Girls' Netball team against Bromley High School on Tuesday 15th September! We got off to an amazing start, finishing the first quarter with a strong 8-1 lead. The team kept the momentum going into the second quarter, extending the score to 16-3.

By the third quarter we were pushing our lead even further to 25-6! The final quarter saw some brilliant teamwork, fast passing and determined defending as everyone gave their all right until the final whistle.

The match finished with an impressive 29-8 win! A huge well done to the team for an amazing team performance. Everyone worked incredibly hard and should be very proud of the result! Well done girls!

Final Score: Kingsdale 29-8 Bromley High School

Teamsheet: Kitty, Ava, Adwoa, Vedika, Mia, Iris, Nell, Lily and Vy



Year 7 & 8 Aerial Skills Club!



Sign up on Evolve to join the club on a Tuesday P7 into After School at MyAerial Home

Table Tennis Club Tuesday Mornings

The PE Clubs are up and running for the new term.

We had a great turnout for the Table Tennis Club on Tuesday morning with Mr Price.



PE Department Extra-Curricular Sports Activities Timetable - Autumn Term 2025-26

Sports Clubs Autumn Term 2026

The sports faculty are pleased to provide details of our extra-curricular sports programme taking place during the autumn term commencing Monday 14th September 2026. Please be advised that you can book your child on to the club(s) of their choice via Evolve, our online booking system, details of which will be provided.

Please be advised that, in most cases, submission on Evolve will confirm your child's place, however, please be aware that places are limited for activities such as Horse Riding, Aerial Silks, Skateboarding, Cycling and Swimming. To ensure that all students have an opportunity to attend these activities sessions will be allocated to students in blocks during the course of the academic year. Please be advised that in instances such as this the member of staff in charge of the club will notify you via email when your child's place becomes available.

Please do not hesitate to contact Ms V. Turner via pe@kingsdale.southwark.sch.uk should you require further information regarding our sports provision at Kingsdale Foundation School.

Activity	Time	Venue	Staff
Monday			
Football – Boys – Year 8	8:00-8:50am	Astro	Mr Fitchett
Handball – Mixed – Year 7 and 8	8:00-8:40am	Sports Hall	Mr Roberts
Sports Scholars – Mixed – Year 7	11:00-11:45am	Astro	Mr Dash
Recreational Football – Boys – Year 7	11:00-11:45am	Astro	Mr Price
Swimming – Mixed – Year 7	12:55-3:40pm	TBC	Ms King
Cheerleading – Mixed – All Years	4:15- 5:15pm	Sports Hall	Ms King
Football – Boys – Sixth Form	3:45-5:00pm	Astro	Mr Price
Tuesday			
Football – Boys – Year 11	8:00-8:40am	Astro	Mr Foster
Table Tennis – Mixed –All Years	8:00-8:40am	GM1	Mr Price
Sports Scholars – Mixed – Year 9	12:55-1:40pm	Astro	Mr Price
Dance – Mixed – Technique – Year 8 and 10	12:00-12:45pm	Dance Studio	Ms McGregor
Dance – Mixed – Technique – Year 9	12:55-1:40pm	Dance Studio	Ms McGregor & Ms Dookey
Cycling – Mixed – All Years	3:00-5:00pm	Herne Hill Velodrome	Ms McManus
Aerial Silks – Mixed – Year 7 and 8	3:15-4:15pm	'My Aerial Home'	Ms Jaymes
Dance – Mixed – Contemporary – Year 7 and 11	3:45-5:00pm	Dance Studio	Ms Dookey
Dance – Mixed – Contemporary – Year 8, 9 and 10	4:15-5:15pm	Dance Studio	Ms Dookey
Basketball – Mixed – Year 7 and 8	3:45-5:00pm	Sports Hall	Mr Lord/Mr Dash
Wednesday			
Hockey – Mixed – Year 8, 9 and 10	8:00-8:50am	Astro	Ms Jaymes & Ms Marshall
Horse Riding – Mixed – Year 7	10:45-12:15pm	Dulwich Stables	Ms McGregor
Horse Riding – Mixed – Year 7	12:45-2:15pm	Dulwich Stables	Ms McGregor
Sports Scholars – Mixed – Year 8	12:00-12:45pm	Sports Hall	Mr Foster
Football – Boys – Year 10	12:00-12:45pm	Astro	Mr Lockett
Cheerleading – Mixed – All Years	4:15- 5:15pm	Sports Hall	TBC
Netball – Girls – All Years	4:15- 5:15pm	Sports Hall	Ms King/Mrs Sinclair
Rugby – Girls – All Years	4:15- 5:15pm	Playing Fields	Ms McManus
Rugby – Boys – Year 7 and 8	4:15- 5:15pm	Playing Fields	Mr Roberts/Mr Lord/Mr Jones
Rugby – Boys – Year 9	4:15- 5:15pm	Playing Fields	Mr Roberts
Rugby – Boys – Year 10 and 11	4:15- 5:15pm	Playing Fields	Mr Foster
Football – Girls – Year 7 and 8	4:15- 5:15pm	Astro	Mr Dash
Skateboarding – Mixed – Year 7 and 8	4:15- 5:15pm	Playground	Mr Owen
Rugby – Mixed – Sixth Form Enrichment	1:45-3:40pm	Playing Fields	Mr Roberts
Netball – Mixed – Sixth Form Enrichment	1:45-3:40pm	Courts	TBC
Football – Mixed – Sixth Form Enrichment	1:45-3:40pm	Plying Fields	Mr Jones
Volleyball– Mixed – Sixth Form Enrichment	1:45-3:40pm	Deep Dish	TBC
Gym – Mixed – Sixth Form Enrichment	1:45-3:40pm	Gym	TBC
Thursday			
Football – Boys – Year 9	8:00-8:50am	Astro	Mr Price
Basketball – Boys – Year 9, 10 and 11	8:00-8:40am	Sports Hall	Mr Lockett
Volleyball – Mixed – All Years	3.45- 5:15pm	GM2	Mr Fitchetr
Dance – Street Dance – Mixed – Year 7 and 11	3:45-5:00pm	Dance Studio	Ms McGregor & Ms Dookey
Dance – Street Dance – Mixed – Year 8, 9 and 10	4:15- 5:15pm	Dance Studio	Ms McGregor & Ms Dookey
Friday			
Football – Girls – Year 9, 10, 11 and Sixth form	8:00-8:50am	Astro	Mr Jones
Basketball – Girls – Year 9, 10 and 11	8:00-8:50am	Sports Hall	Mr McManus
Football – Boys – Year 7	3:45-5:00pm	Astro	Mr Owen



ART AND DESIGN CLUBS

2026 - 2027

MONDAY

Year 11

Get Ahead Graphics Club

11.00 to 11.55am
(Period 3)

Ms Gardiner TE1

Year 8

Young Makers Club

4.10 to 5.10pm

Ms Koch TE2

Year 9-11

Graphics Get Ahead Club

3.45 to 5.00pm

Ms Rix TE1

Year 10

Fly High Club

4.15 to 5.15pm

Ms Leung FS1

Scholars Club (by invitation only)

Year 8

MONDAY

4.10 to 5.00pm

Mrs Gregson AR3

TUESDAY

Year 10

Get Ahead Graphics Club

12.00 to 12.50pm (Period 4)

Ms Virgin TE1

Year 9

Fly High Club

4.15 to 5.15pm

Ms Leung/Mr Polin FS1

Year 9-13

Get Ahead Textiles Club

3.45 to 5.00pm

Mrs Howell AR2

Year 9-11

Graphics Get Ahead Club

3.45 to 5.00pm

Ms Rix TE1

Year 7

Camera Club

3.45 to 4.30pm

Ms Hallas PS1

Year 10-13

Art Get Ahead Club

3.45 to 5.00pm

Ms Montero AR4

Year 7

Art/D&T Homework Club

3.45 to 4.15pm

Ms Stewart AR1

Year 7

Bronze Arts Award Club

4.10 to 5.00pm

Ms Fearn AR6

Year 9-13

Get Ahead Textiles and D&T Club

3.45 to 4.45pm

Ms Lewis AR7

THURSDAY

All years

Art Breakfast Club

8.00 to 8.30am

Mrs Smiley AR5

Year 7

Young Designers Club

11.00 to 11.55am

(Period 3)

Ms Virgin TE3

Year 11-13

Art Get Ahead Club

3.45 to 5.00pm

Ms Gregson AR3

Year 7 and 8

Love of Food Club

3.45 to 5.30pm

Ms Leung FS1

Year 11

D&T Get Ahead Club

3.45 to 5.00pm

Ms Koch TE2

Scholars Club (by invitation only)

Year 7

THURSDAY

3.45 to 4.45pm

Ms Stella AR4

(Starts 26th

November 2026)

FRIDAY

Year 11

NEA Workshop

3.45 to 5.00pm

Ms Leung FS1

Year 9-13

'Finish it Friday Textiles Club'

3.45 to 5.00pm

Mrs Howell AR2

Year 8

Textiles Club

12.00 to 12.50pm

(Period 4)

Ms Fearn AR6

Literacy News

AUTUMN TERM 2026 READING CHALLENGE

COSY AUTUMN LITERATURE

Choose any book that suits the autumn theme.

HOW TO TAKE PART

- 1 READ** a mystery, magical adventure, friendship story or classic.
- 2 WRITE** a short handwritten review when you finish the book.
- 3 ENTER** at the English Office or email your review to the address below.

rrd@kingsdale.southwark.sch.uk

BOOK TOKEN + ACHIEVEMENT POINTS FOR EVERY ENTRY

DEADLINE: FRIDAY 11 DECEMBER 2026

NOT SURE WHAT TO READ?

The Girl Who Speaks Bear
Sophie Anderson

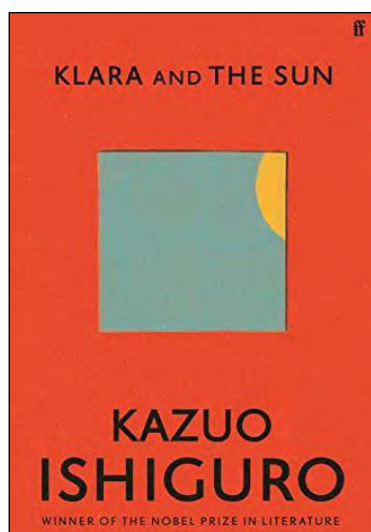
Murder Most Unladylike
Robin Stevens

The Explorer
Katherine Rundell

READ ANOTHER BOOK
AND ENTER AGAIN!

SUBMIT HAND-WRITTEN BOOK REVIEWS TO
ENG. DEPT,
WIN BOOK TOKENS AND OTHER PRIZES!

Teacher Recommendation



Mr Harper recommends *Klara and the Sun* by Kazuo Ishiguro.

From her place in the store, Klara, an Artificial Friend with outstanding observational qualities, watches carefully the behaviour of those who come in to browse, and of those who pass in the street

outside. She remains hopeful a customer will soon choose her, but when the possibility emerges that her circumstances may change for ever, Klara is warned not to invest too much in the promises of humans.

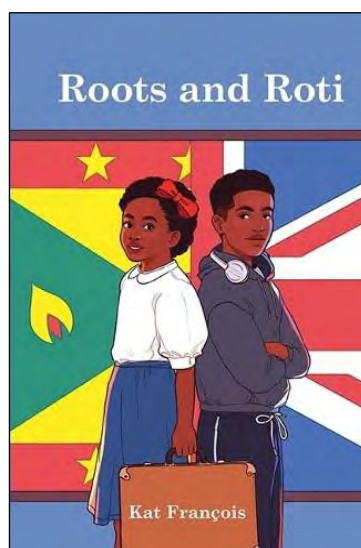
In *Klara and The Sun*, Kazuo Ishiguro looks at our rapidly changing world through the eyes of an unforgettable narrator to explore a fundamental question: what does it mean to love?

Mr Harper enjoyed this book's dystopian mood and the exploration of artificial intelligence.

Suitable for Year 7 students and upwards!

Reading Recommendations

Student Recommendation



Elia, Year 8 recommends *Roots and Roti* by Kat François.

Tiny is twelve, six feet tall and struggling at a new secondary school in London.

After bullying lands him in trouble, he is sent to spend the summer with his gran — with no phone, gaming or internet. Through her

stories of Grenada, migration, Black British history, music and family, Tiny begins to understand where he comes from and finds the confidence to deal with what is happening in his own life.

Ella liked the main character and the finding out about Black History.

Suitable for Year 7 students and upwards!

GO
ALL
IN.

National
Year of
Reading
2026

National Year of Reading Department of Music

This half term, the Performing Arts department is taking the lead on our whole-school reading focus, exploring how music, drama and dance can inspire us to engage with words, stories and ideas in different ways.

For the final week, the Music Department is encouraging pupils to listen closely to great songs and explore the relationship between music, lyrics and meaning.



The Song of the Week is *A Change is Gonna Come* by Sam Cooke.



Sam Cooke was an American singer and songwriter and one of the most influential figures in the development of soul music. Released in 1964, *A Change Is Gonna Come* was inspired partly by Cooke's own experiences of racism and discrimination in the United States and by the growing Civil Rights Movement.

The song explores struggle, inequality, hope and the belief that life can change for the better. Cooke describes the difficulties he has faced, but the repeated idea that "a change is gonna come" gives the song a powerful sense of hope and determination.

As you listen, think about how Cooke uses both words and music to communicate emotion. How does his vocal performance help us understand the meaning of the lyrics? How do the orchestral instruments and changes in dynamics contribute to the mood? Why might a song written more than 60 years ago still connect with listeners today?

I was born by the river in a little tent
Oh and just like the river I've been running ever since
It's been a long, a long time coming
But I know a change gonna come, oh yes it will.
It's been too hard living but I'm afraid to die
Cause I don't know what's up there beyond the sky
It's been a long, a long time coming
But I know a change gonna come, oh yes it will.
I go to the movie and I go downtown
Somebody keep telling me don't hang around
It's been a long, a long time coming
But I know a change gonna come, oh yes it will.
Then I go to my brother
And I say brother help me please
But he winds up knockin' me
Back down on my knees.
There been times that I thought I couldn't last for long
But now I think I'm able to carry on
It's been a long, a long time coming
But I know a change gonna come, oh yes it will.

Competition: Music Review of the Week

Pupils are invited to submit a short review of approximately 150–300 words. You could comment on:

- The meaning and themes of the lyrics
- Musical features you notice
- How effectively the music and lyrics communicate the song's message
- Your personal opinion, supported with evidence from the song

The winning review will be displayed in the Music Department and PNB, and the winner will receive a Sam Cooke album on CD.

Reviews should be emailed to: musicstaff@kingsdale.southwark.sch.uk

Mental Health & Well-Being Weekly Focus for Students: Movement And Mood

This week's mental health and well-being theme for students focusses on **Movement and Mood** which connects physical activity directly to emotional regulation, stress reduction, and overall mental wellbeing. Regular movement releases endorphins, dopamine, and serotonin all of which reduce anxiety and improve classroom concentration.

Below is a structured 5-day plan designed for secondary school students which can be used during assemblies, tutor periods, and at home.

Weekly Overview: Movement and Mood

Day	Theme	Core Concept
Monday	The Science of Smile	How movement alters brain chemistry and lifts mood.
Tuesday	Mindful Motion	Grounding anxiety through slow, deliberate physical focus.
Wednesday	Social Strides	Building peer connections and reducing isolation via team movement.
Thursday	The De-Stress Desk	Micro-movements to shake off academic pressure and reset focus.
Friday	Finding Your Flow	Choosing sustainable, enjoyable habits for long-term health.

Session Breakdowns

Monday: The Science of Smile

Assembly Hook: Start with a brief, light-hearted experiment. Have students sit completely slumped for 30 seconds, then stand up tall, roll their shoulders, and stretch their arms overhead. Ask them to notice the immediate shift in energy.

Discussion Point: Explain the neurobiology simply. Exercise acts like a natural mood booster. Moving releases endorphins (natural painkillers), serotonin (the mood stabiliser), and dopamine (the reward chemical).

Tutor Activity: Ask students to identify one physical activity that makes them feel instantly happier (e.g., dancing in their room, skating, kicking a football).

Tuesday: Mindful Motion

Core Concept: Transitioning movement from a chore to a form of grounding. High anxiety can trap students in their heads; physical focus brings them back to reality.

Tutor Activity: Lead a Mindful Walk or a sensory grounding session. Have students focus intensely on the physical sensation of their feet pressing into the floor, the rhythm of their stride, and the temperature of the air.

Alternative Exercise: Practice 5-count box breathing paired with a slow neck and shoulder roll.

Wednesday: Social Strides

Core Concept: Combating loneliness and building a sense of belonging through collaborative activity.

Form Time Challenge: Organise an "Active Scavenger Hunt" around the school or classroom. Students must work in pairs or trios to find specific items, promoting teamwork, communication, and step counts simultaneously.

Peer Support: Discuss how inviting a friend for a simple walk can be a low-pressure way to check in on their mental health.

Thursday: The De-Stress Desk

Core Concept: Breaking up long periods of sedentary studying or exam stress with micro-movements.

Classroom Drills: Introduce 2-minute "Desk Resets" that teachers can use between lessons:

Seated twists: Rotating the torso to relieve spine tension.

Wrist and ankle rolls: Releasing physical blockages built up from writing or typing.

Forward folds: Dropping the head toward the knees to encourage blood flow back to the brain.

Friday: Finding Your Flow

Core Concept: Dismantling the myth that movement must mean intensive, competitive sports or a gym membership.

Reflection Activity: Have students design a personalised "Move for Your Mood" toolkit.

Actionable Takeaway: Every student writes down an activity they genuinely enjoy that doesn't feel like a chore. Emphasise that housework, walking a dog, playing active video games, or stretching while watching TV all count toward better mental health.

Please contact Ms V Turner via mentalhealth&wellbeing@kingsdale.southwark.sch.uk for further information on our mental health & well-being offer for students.



Although people with autism look like other people physically, we are in fact very different . . . We are more like travellers from the distant, distant past. And if, by our being here, we could help the people of the world remember what truly matters for the Earth, that might give us quiet pleasure.'

Naoki Higashida, *The Reason I Jump*

SEND FACULTY NEWS



Information and Local Offers

The Learning Support department would like to remind you that you can find lots of useful information in our SEND Policy and Report which can be found [here](#) under the 'SEND Policies & Report'

You can find out information regarding your local SEND offer here:

- [Southwark](#)
- [Lambeth](#)
- [Lewisham](#)
- [Croydon](#)
- [Bromley](#)
- [Wandsworth](#)
- [Merton](#)



The Power of Different

At Kingsdale we are keen to ensure that students with SEND know the positives and opportunities they have as well as the challenges they may face.

Neurodiversity is increasingly becoming recognised as a 'superpower' in workplaces and as parents and educators we should do our best to encourage the students in our care to recognise this as they look to their futures.

We wanted to share some quotations and statistics from experts that show the positive changes in attitudes and opinions.

"At the British Dyslexia Association, we often try and get the message to people that true inclusivity is better for everyone. The more the world understands the power of different thinking, the more we design education and work to welcome the full range of neurodiversity, such as dyslexia, the better it is for us all. A better future won't just be built by including people with dyslexia, it will be built by them. From architecture to technology, the creative arts to entrepreneurialism, dyslexic minds are leading the way. Everyone who thinks differently should be given the support they need so their talent can shine."

"What has become increasingly obvious over the past year is that a lot of the old ways of doing things need to adapt to a future where technology will dominate. This opens up lots of opportunities, especially for those who think differently. Recent news has highlighted that forward thinking employers are actively seeking neurodiverse, dyslexic talent, because of the unique skills they can offer."

Nick Posford | CEO of the British Dyslexia Association | bdadyslexia.org.uk

'What would happen if the autism gene was eliminated from the gene pool? You would have a bunch of people standing around in a cave, chatting and socializing and not getting anything done.'

Dr. Temple Grandin

Neurodiversity in the workplace:

- Hewlett Packard Enterprise conducted a program that showed that the neurodiverse teams are 30% more productive than the others.
- Research from a 2018 Deloitte report found that companies with inclusive cultures were six times more likely to be innovative and agile.
- A report by JPMorgan Chase found that professionals in its Autism at Work initiative made fewer errors and were 90% to 140% more productive than neurotypical employees.
- Organizations that provide mentors to professionals with a disability reported a 16% increase in profitability, 18% in productivity, and 12% in customer loyalty. (<https://mydisabilityjobs.com/statistics/neurodiversity-in-the-workplace/>)

Negative words carry negative vibration. Positive words carry positive vibration. What do you want your child to reflect back to you, the label of disordered or the label of gifted in a new way?"

Suzy Miller, *Awesomism*

SEND Family Activities in South London

Looking for inclusive activities to enjoy as a family? Here are some useful local options:

Active Lambeth SEND Sessions

Inclusive swimming, quieter gym sessions and sensory-friendly activities are available across Lambeth leisure centres, including Brixton, Herne Hill, Streatham and West Norwood. Find sessions [here](#)

Southwark SEND Activities

Southwark's Local Offer has a searchable directory of SEND-friendly activities, clubs and events. You can filter by age, location and whether activities are free. Explore activities [here](#)

South London Gallery – Family Space

Free, relaxed creative sessions where families can drop in and take part at their own pace. Sessions run on the last Saturday of each month, 11am–1pm, from September to November. Find out more [here](#)

Lambeth SEND Activities

Lambeth Council also maintains a directory of local leisure activities specifically for children and young people with SEND. Explore the directory [here](#)



6 GAMES THAT STRENGTHEN FLEXIBLE THINKING



FUN GAMES. ADAPTABLE MINDS. BRIGHTER FUTURES.

1 WHAT'S DIFFERENT?



HOW TO

Show two similar pictures and ask your child to find what's different. Switch roles!

WHY IT HELPS

Builds comparison skills and helps kids adjust to change and see new possibilities.

2 SILLY SOLUTIONS



HOW TO

Pick a simple problem (like being late). Take turns thinking of silly solutions!

WHY IT HELPS

Encourages creative problem solving and helps kids think outside the box.

3 CHANGE THE RULES



HOW TO

Play a familiar game but make up a new rule halfway through. Keep it going!

WHY IT HELPS

Strengthens mental flexibility and helps kids adapt to new situations.

4 TWO WAYS TO USE IT



HOW TO

Show an object (like a box or spoon) and list two different ways to use it.

WHY IT HELPS

Builds divergent thinking and helps kids see multiple solutions.

5 STORY SWITCH



HOW TO

Start a story together. At any time, switch the character, setting, or ending!

WHY IT HELPS

Improves adaptability, imagination, and the ability to handle unexpected changes.

6 ROLL & REACT



HOW TO

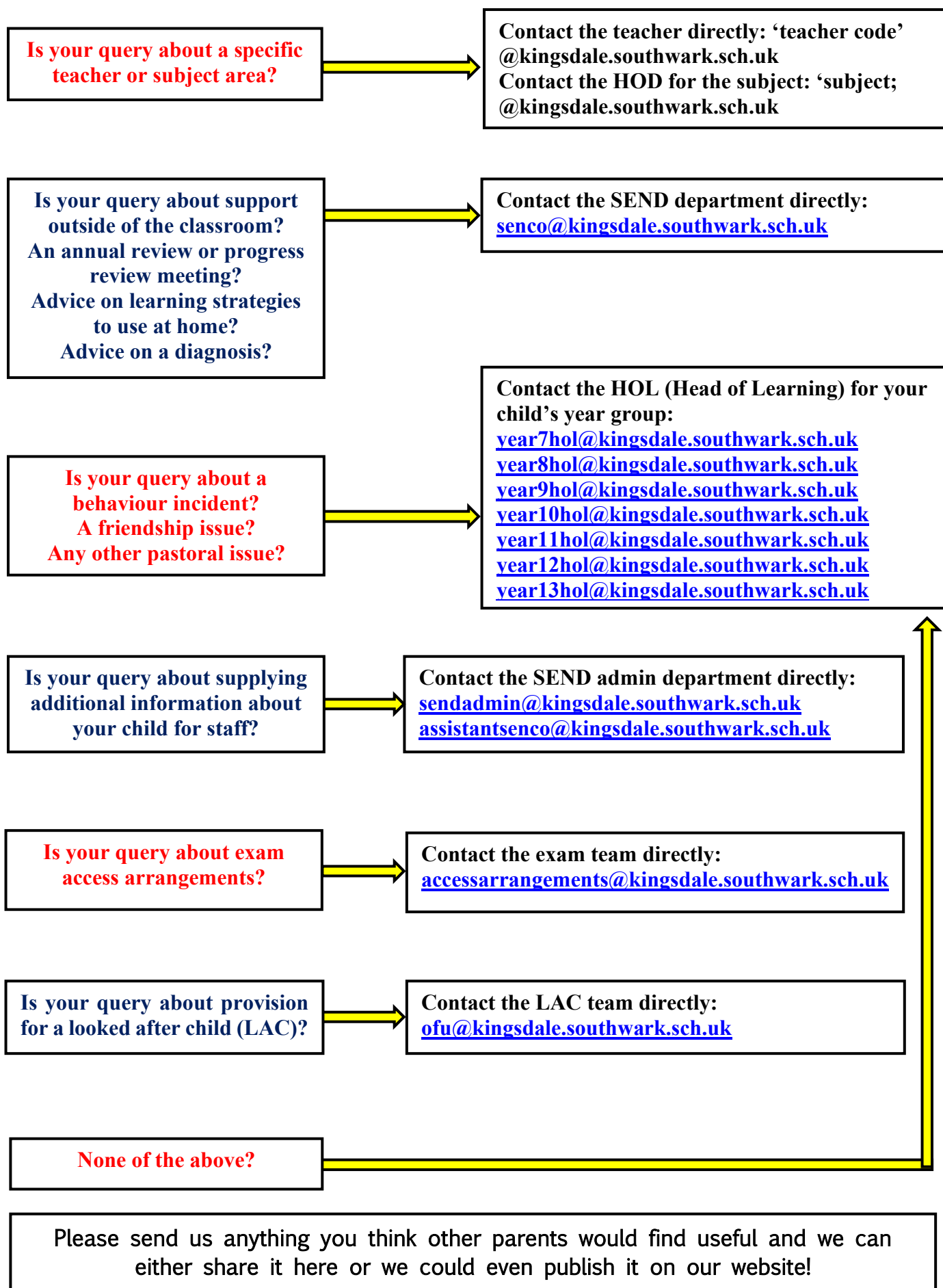
Roll a die. Act out that number in a different way each time you roll.

WHY IT HELPS

Builds flexible thinking, creativity, and the ability to shift perspectives.

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



CAREER NEWS

Careers Education, Information, Advice and Guidance

Personalised Careers Guidance Programme

As part of this programme, personalised 1:1 careers guidance interviews have started for our current Year 12 and 11 students in the first instance from 18th September 2026 and continue throughout the Autumn and Spring Terms.

Each session will be led by our Independent Careers Advisor, Ms Ethney McCulloch, and will result in an Individual Careers Plan. These guidance interviews provide students with the opportunity to discuss their interests, strengths, aspirations, suitable courses, post-16 application processes and current labour market information to help them make informed decisions about their future.

Please contact our Year 11 & Year 12 pastoral team in case you have any relevant queries on this offer.



Unifrog for Labour Market Information and Future Pathways Guidance

Kingsdale uses Unifrog as its online careers platform, bringing together up-to-date information and resources on careers, further education, apprenticeships, universities and the world of work.

Students can access Unifrog using their Kingsdale school email address and password at www.unifrog.org. Labour Market Information describes the real-world jobs market, including salary trends, weekly working hours, and future job demand. Please encourage your child to use Unifrog to explore live career and regional employment data.

This is available in the subjects library/ careers library sections on Unifrog. Parents and carers can also create a parent account using their own email address to support their child in exploring future pathways. Please log-in via www.unifrog.org/parent

Post-16 Options

Students may wish to consider a range of post-16 progression routes, including: School Sixth Forms, Sixth Form Colleges, Further Education Colleges, T Levels, Vocational Qualifications, Apprenticeships.

For impartial information on post-16 pathways, we recommend the National Careers Service website: <https://nationalcareers.service.gov.uk>

Apprenticeships are an increasingly popular route, enabling young people to earn while they learn and gain valuable industry experience. In order to receive monthly guidance, information and opportunities on apprenticeships, parents may sign up [here](#).

Assemblies on technical and vocational pathways have been booked for this half term. We will update the parents on this programme as it progresses this half term.



Careers Information on School Website

In addition, information about our Careers Programme, Careers Policy and useful careers resources can be found on the school website [here](#).

Supporting Our Careers Programme

We are always keen to hear from parents and carers who would be willing to support our careers education programme through careers talks or sharing insights from their profession with students across all year groups.

If you are interested in supporting the school in this way, please contact the Careers Team via careers@kingsdale.southwark.sch.uk.

If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shospace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team. If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:
health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact Ms V Turner for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.sch.uk

Is My Child Eligible for **Free School Meals**?

Your child may qualify for free school meals if you receive certain benefits. Any parent or carer in England can check here, even if your child's school isn't signed up. It's free to use (run by LGfL, an education charity) and you'll get an instant result checked securely against government records.

☰ **Qualifying benefits include**

- ☑ Universal Credit
- ☑ Income-related Employment and Support Allowance
- ☑ The guaranteed element of Pension Credit
- ☑ Support under Part VI of the Immigration and Asylum Act 1999
- ☑ Child Tax Credit (if not receiving Working Tax Credit)
- ☑ Working Tax Credit run-on

Conditions apply to some benefits – the quickest way to find out is to run a check.

📅 **New from September 2026**

Free school meals are expanding to **every child in a household that receives Universal Credit**.

You don't need to wait until then to find out if you're eligible. Run a check now and you'll see if your child will be eligible from September.

IF ELIGIBLE



Your child gets a free, nutritious lunch every school day.



Save around £500 per child, per year on the cost of school lunches.



May unlock additional Pupil Premium funding for your school – supporting things like tutoring, trips and clubs.

Your child's school is notified automatically if they use the checker, or simply share your email receipt with them as proof of eligibility.



Each year the International Day of Peace (IDP) is observed around the world on 21 September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire. Never has our world needed peace more.



This year's theme is Actions for Peace: Our Ambition for the #GlobalGoals. It is a call to action that recognises our individual and collective responsibility to foster peace. Fostering peace contributes to the realization of the Sustainable Development Goals (SDGs) and achieving the Sustainable Development Goals will create a culture of peace for all.

STUDENT ACTIVITY

Create a poster featuring statements in support of respectful relationships, such as "Be proud of who you are", "There are no outsiders in our school" and "There's no place for homophobia/biphobia/transphobia in our school".

HOW TO ENTER

Create a "peace pledge" for Kingsdale, expressing your values and your commitment to taking action to build peace going forward. Share your pledge with the House Team:

housesystem@kingsdale.southwark.sch.uk Ensure your entry is accompanied by your full name, House and tutor group.



Kingsdale Cooking Challenge Fairtrade Fortnight

Fairtrade Fortnight 2025 is taking place 21st September – 4th October 2026. Over these fourteen days they are asking each of you to Do it Fair.

Fairtrade Fortnight are celebrating the difference we can all make when we choose Fairtrade and campaign as part of a UK-wide movement calling for a fairer system behind the things we consume every day. Fairer pay. Fairer treatment. Fairer futures. That's Fairtrade. It's not just a label – it's a movement. So, whatever you do, and however you do it: Do it Fair.



STUDENT TASK: Make a dish using as many Fairtrade ingredients as possible. Send us a picture and a short description of how you made your dish. The most creative dish will win valuable points for your house.

Don't forget permission from your parents or carers and have appropriate supervision in the kitchen.

HOUSE ACTIVITY: Submit your picture and recipe to the House Team: housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your full name, tutor group and House.

CALENDAR 2026-27



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

AUTUMN TERM 2026

First Autumn Half-Term

Tuesday 1st September Friday 16th October

INSET DAYS – School closed to all students

Tuesday 1st September – Wednesday 2nd September

Half-Term Holiday

Monday 19th October – Friday 30th October

Second Autumn Half-Term

Monday 2nd November – Friday 18th December

SPRING TERM 2027

First Spring Half-Term

Monday 4th January – Friday 12th February

Monday 4 January INSET DAY

School closed to students except those in Year 11 by invitation

Half-Term Holiday

Monday 15th February – Friday 19th February

Second Spring Half-Term

Monday 22nd February – Friday 25th March

SUMMER TERM 2027

First Summer Half-Term

Monday 12th April – Friday 28th May

Monday 12th April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 3rd May 2025

Half-Term Holiday

Monday 31st May – Friday 4th June

Second Summer Half Term

Monday 7th June – Friday 23rd July

Friday 26th July INSET DAY

School closed to students except by invitation

What Parents & Educators Need to Know about MENTAL HEALTH & WELLBEING APPS

WHAT ARE THE RISKS?

When looking at options for supporting a child's mental health, the sheer volume can be overwhelming. There are many wellbeing apps available, but unfortunately not all are trustworthy. It's important to evaluate which resources are suitable, reliable and effective. This guide lets you know what to consider before installing such an app, to determine just how useful it's going to be.

QUALITY & RELIABILITY

Mental health apps can be a useful starting point when looking for wellbeing advice and strategies and can be a useful extension to the in-person services available. However, they aren't a substitute. Information on the quality of some of these apps is scarce. They may look cute and child-friendly, but have they been designed by a mental health professional? Furthermore, do they have research to back up their content?

PLACE RESPONSIBILITY ON CHILDREN

Some apps add the words 'kids' or 'children' to their title or use cartoon icons to make them more appealing to young people. When signing up for some of these apps, some will speak to the parent directly, saying something along the lines of "Your child is good to go. Let them take it from here". It's important to remain involved in the child's mental health journey, so regular check-ins are recommended.

DISREGARDING APPROPRIATE SUPPORT

Young people who feel anxious and have trouble sleeping may download a mindfulness app to help. While this is a good strategy initially, it's not addressing the root of the problem. A child could simply try managing these symptoms themselves (as opposed to speaking out and seeking professional help), which could potentially worsen their anxiety in the long run.

LACK OF PERSONALISATION

Mental health or wellbeing apps are useful tools for the short term, teaching users several helpful habits to manage their condition – such as keeping an illness diary, improving nutrition and practising mindfulness exercises. As every person is unique – and children especially will grow and develop in different ways – these apps struggle to tailor themselves to users' individual needs. For example, many apps don't distinguish between the ages of users and can offer extremely generic advice.

DATA SECURITY

As with any other app – not just those for mental health and wellbeing – it's wise to check out the privacy policy before downloading it. Some of these applications may share data with third parties for numerous reasons (such as targeted advertisements), and if a user is sharing personal and sensitive information within the app, they probably don't want it ending up elsewhere without their consent.

IN-APP PURCHASES

Many apps will provide their most basic features for free but will require you to pay for other aspects – such as a more tailored experience or access to additional resources. This could be a one-off fee or a regular subscription. Consider whether this is actually required. Is it benefiting the child, or could they receive the same support from a medical professional?

Advice for Parents & Educators

CHECK THE CREDIBILITY OF THE APP

Before you download a mental health and wellbeing app, investigate the developers. Have they consulted with qualified mental health professionals to create their resource? Also check whether the app is affiliated with any government or mental health organisations, as these are solid indicators of legitimacy. Reviews can also be a useful signpost to the app's quality. There are many good apps out there, but there are just as many that miss the mark.

READ THE PRIVACY POLICY

Look into the app's terms of service – especially its privacy policy. Do so by yourself first, then go over it with the child who is considering using the app, to ensure they know what data will be collected and how exactly it will be used. Use all of this information to make an educated decision on whether or not to download that particular app.

SEEK PROFESSIONAL SUPPORT

Trusted mental health and wellbeing apps designed by qualified, reputable organisations can be used alongside the personalised advice and support of fully trained professionals. These apps should never be considered a substitute for counselling or other tailored medical help. If you have real concerns about a child's mental wellbeing, you should seek appropriate advice from a suitable source, such as their GP – or Childline, who can be contacted by calling 0800 1111.

ENCOURAGE OPEN COMMUNICATION

Mental health and wellbeing apps can be useful for writing down feelings, tracking your own health and other such activities. These can help if the problem is short-term and temporary – such as a child getting stressed about approaching exams – or if you're currently waiting for professional support. Nonetheless, it is important that children aren't solely reliant on the app and have a safe space to talk about their feelings and experiences in the real world.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/mental-health-apps>

SPORTS FIXTURES

Monday 21st September 2026

- Under-18s Boys' Basketball Away Match v Globe Academy. Leave school at 2.30pm. Start 3.30pm. Return at 6pm approx.: Mr Dash

Tuesday 22nd September 2026

- No planned fixtures/events

Wednesday 23rd September 2026

- No planned fixtures/events

Thursday 24th September 2026

- No planned fixtures/events

Friday 25th September 2026

- Under-15s Girls' Football Home Match v James Allen's Girls School. Leave school at 2.30pm. Start 3pm. Return at 5pm approx.: Mr Jones

<http://www.kingsdaleschoolsports.org.uk>

Don't forget to check out our extra-curricular sports programme on page 10

HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at 'What Parents & Educators Need to Know about Mental Health & Wellbeing.'

Get a greater insight. Please read!

Remember to keep an open dialogue with your child about their activities online.

The House Leader Board 2026-27

Week ending
18th September 2026

1st Place - Falcon 6,991 points

2nd Place - Albatross 6,988 points

3rd Place - Swift 6,896 points

4th Place - Eagle 6,789 points

5th Place - Dove 6,735 points

Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at:

www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:

<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

School Shop

Refillable water bottles are now on sale in the School Shop! This is part of the school's environmental plan and move away from plastic.

£2.60 per bottle

Available in white, aluminium,
500ml only (67x 205mm)

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Kingsdale Foundation School, Alleyn Park, Dulwich, London, SE21 8SQ

Web: www.kingsdalefoundationschool.org.uk Tel: 0208 670 7575 (To report student absence use Option 2)