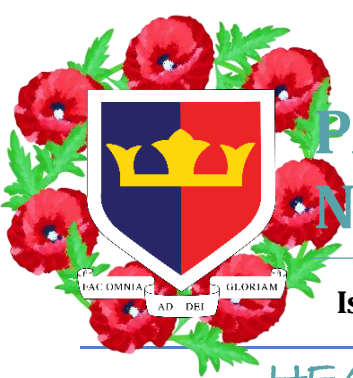




PARENTAL NEWS BULLETIN

Issue 8 Monday 10th November 2025

HEADLINE NOTICES

Anti-Bullying Week - 'Power for Good'

From Monday 10th to Friday 14 November, Kingsdale Foundation School will unite with schools across the UK for Anti-Bullying Week 2025. This year's theme, 'Power for Good', encourages pupils to recognise the power they each hold - to speak up, support one another and create positive change when they see bullying, whether online or in person. More information can be found on Page 3 below.



House Excellence Award

Flori Celaj, Year 9, has won the House Excellence Award. She was nominated by the Maths department.

Flori has been working incredibly hard and achieved top marks in her most recent Maths assessment. She is always polite and respectful, and staff appreciate all of her hard work. Well done Flori!

Kingsdale Sixth Form Open Days

The last of our Sixth Form Open Days will take place on:

Wednesday 26th November 2025 4.30pm - 7pm

You can access further details regarding our Sixth Form open events for Year 12 September 2026 entry [here](#). For all queries regarding admissions to the Sixth Form, please contact the Sixth Form Office via email at sixthform@kingsdale.southwark.sch.uk or 0208 655 9723.

Kingsdale Careers Programme 2025-2026

Following our recent careers survey and feedback from students, we have a number of exciting careers events coming up this half-term. See page 9 below for more details.

If you have any questions please get in touch with Ms Markes via careers@kingsdale.southwark.sch.uk

Lest We Forget

THEME OF THE WEEK THEME & WORD OF THE WEEK

Remembrance – 'Neither fire nor wind, birth nor death can ease our good deeds.'

Abraham Lincoln

Ineffable

"Too great or intense to be expressed in words; unutterable or indescribable."

"The joy I experienced at the birth of my first child was ineffable."

SCHOOL NEWS

FUNDRAISING APPEAL

Supporting Communities in Jamaica Affected by the Hurricane

We are deeply saddened by the devastation caused by the recent hurricane across the Caribbean, including Jamaica, which has had a significant impact on many communities and families at Kingsdale. As a school community, we would like to come together to offer our support to those affected.

From **Monday 10th November 2025**, we will be holding a **fundraising collection** to help provide emergency aid and long-term recovery support. Students are invited to bring in **cash donations** as they arrive at school that morning.

In addition to this, there will also be a Bake Sale on Monday 10th and Tuesday 11th November at lunch times to raise further funds.

Alternatively, families can make a **donation online** using this [link](#).

Every contribution, no matter how small, will make a real difference to those rebuilding their lives in the aftermath of this disaster.

Thank you for your kindness and generosity in supporting this important cause.

KINGSDALE FOUNDATION SCHOOL



SCHOOL NEWS

Rail Safe Friendly Programme

We are very pleased to announce that Kingsdale School has achieved the Bronze Rail Safe Friendly Certification. This award recognises our commitment to raising vital rail safety awareness among our students. Well done to the school community on achievement of this award.



Discover our FREE rail safety videos and keep your children safe by visiting railsafefriendly.com





SCAN ME

DON'T LET YOUR CHILDREN BECOME THE NEXT STATISTIC

According to **Rail Safe Friendly**, July 25:

120+ companies support the programme	11,000+ schools in the UK have engaged	20,000+ UK schools still need to be reached
--	--	---

According to the **ORR Report**, April 23 – March 24 on UK railways:

12 people died in accidents while trespassing	58% were struck by a train or tram	42% were electrocuted
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CERTIFICATE OF ACHIEVEMENT

Congratulations on achieving your Bronze Rail Safe Friendly award.

Thank you for educating your young people about Rail Safety and keeping them safe.

Stuart Heaton

Stuart Heaton
Managing Director

ANTI-BULLYING WEEK 2025



Monday 10th to
Friday 14th November

ODD SOCKS
DAY 2025



Monday 10th November

#PowerForGood

From Monday 10 to Friday 14 November, Kingsdale Foundation School will unite with schools across the UK for Anti-Bullying Week 2025. This year's theme, 'Power for Good', encourages pupils to recognise the power they each hold - to speak up, support one another and create positive change when they see bullying, whether online or in person.

Bullying can affect anyone and have a lasting impact on mental wellbeing, confidence, and self-esteem. By working together, we aim to further develop our approach promoting empathy, respect and early prevention creating a safe and supportive environment for everyone. Throughout the week students throughout the school will take part in a variety of activities during their tutor time to help explore the theme of 'Power for Good' aiming to spread awareness and further develop our whole-school approach to preventing and responding to bullying. On Monday 10th November students and staff will be invited to help launch the week by participating in Odd Socks Day, an annual event that launches Anti-Bullying Week, promoting the celebration of individuality and uniqueness while raising awareness of bullying. People of all ages, from children to adults, participate at school, work, or home by wearing odd socks to show their support and parent(s); carer(s) and guardian(s) are invited to join us to support this important area. The day's goal is to encourage people to embrace what makes them different and to stand up against bullying in a simple, inclusive way.

Kingsdale School offers a wide range of support systems available to students and families including our confidential email: tellsomeone@kingsdale.southwark.sch.uk which is accessible 24hrs a day providing support during and outside of school hours. Further information regarding bullying and ways you can support your child can be found via this [link](#).

If you are concerned that your child is being bullied and wish to talk to someone, please do not hesitate to contact your child's tutor, head of learning or our safeguarding team, (please refer to our school website for contact details for each year group).

For further information regarding the school's health and wellbeing support offer for students please contact Mrs V Turner at: health&wellbeing@kingsdale.southwark.sch.uk



BLACK HISTORY MONTH

August Wilson Monologue Competition

To celebrate Black History Month our school proudly presented the 3rd annual **August Wilson Monologue Competition**, bringing the power of Wilson's words to our school stage. Over **1000 students** from across Years 7, 8, 9, and 10 took part, each selecting and performing a monologue from Wilson's *Century Cycle* — a collection of plays that vividly capture the African-American experience across the 20th century.

Through rehearsals, workshops, and peer feedback, students explored themes of identity, resilience, and social justice, while developing confidence, empathy, and a deeper understanding of Wilson's artistry. Our school's version of the competition celebrated not only performance excellence but also storytelling as a form of empowerment and connection. The project culminated in an evening of celebration and storytelling by the finalists and winners, selected by a panel of judges. Congratulations to all those who made the final, and particularly to Jawel Mounsamy, Arabella Baldwin Martinez, Hester Hutchinson, Lellie Walcott, Blessing Acheampong Addo, Nee-Ayiku Benil-Mensah, Yabai Abdoul and Abena Baffoe who were our category winners of the evening.





MATHS NEWS

UKMT Senior Maths Challenge Results

Congratulations to our Year 12 and 13 students who achieved outstanding scores in the recent Senior Maths Challenge, a national competition arranged by the UK Mathematics Trust.

The Senior Mathematics Challenge is an annual competition designed to provide students with opportunities to apply their problem-solving skills in solving a range of questions, such as:

When $\frac{1}{x} - \frac{1}{y} = 2025$, what is the value of $\frac{x + 2026xy - y}{2y - 2025xy - 2x}$?

A 0 B 1 C $\frac{1}{2}$

D 2026 E $\frac{1}{2025}$

Over 70% of our candidates achieved top results! Further, congratulations to Jay Kayum who scored the highest score in the school. Several students have also been invited to participate in the prestigious Kangaroo follow-on rounds. Students with Bronze, Silver, and Gold certificates can be found adjacent and all participants will receive a participation certificate.

Well done to our fantastic Kingsdale young mathematicians!

Name	Certificate
Mohamed Ajaaz Ajmal	Bronze
Fanta Amirah Diaby	Bronze
Matas Barcas	Bronze
Marta Canar Tinizaray	Bronze
Julien Cassedanne	Bronze
May Clerc	Bronze
Charlie Darninsuang	Silver
Long Do	Silver
Tilly Doran	Silver
Dora Errington	Gold
Alice Finegan	Gold
Esmé Fuller	Bronze
Dylan Gillies	Bronze
Leonardo Gutierrez Parada	Bronze
Thomas Hallas	Bronze
Rosabella Hogg	Silver
Daniel Horner	Silver
Max Hubert Stuvén	Bronze
Elliott Hunter	Bronze
Amber Iyavoo	Silver
Jay Kayum	Gold (Best in School)
Oscar Kingston	Silver
Vida Lukas	Silver
Nasir Martin-Alal	Silver
Jasmine McCarthy	Bronze
Adisa McDonald	Bronze
Ella Prince	Bronze
Amir Raman	Bronze
Ryan Roe	Bronze
Seth Rogers	Gold (Best in Year)
Sebastian Rooks	Bronze
Ben Rowbottom	Silver
Wetu Salumu	Bronze
Gabriel Sanchez-Torres	Silver
Kyla Satkunam	Bronze
Theo Shury	Bronze
Alice Sini	Bronze
Ivy Souster	Gold
Silvio Spadea	Bronze
John Toohey	Gold
Iris Wilkie-Jones	Silver
Samuel Williams	Bronze



ENRICHMENT NEWS

Year 12 Bar Mock Trial Preparation Visit

In preparation for the upcoming Bar Mock Trial competition on Saturday 15th November 2025, our Year 12 team had the pleasure of welcoming Barrister Hannah Smith to school. Ms Smith gave an inspiring talk about her career at the Bar and shared invaluable advice on crafting persuasive opening and closing statements.

A particular highlight for the students was learning about the history and meaning behind the traditional wig and gown — and even having the chance to try hers on!

We are extremely grateful to Ms Smith for her time and support, and we wish our talented Year 12 team the very best of luck in their competition next week.

Inspire Critical Thinking (Years 9-12)

This is a really interesting opportunity from the University of Oxford, designed to help pupils explore fascinating topics through articles and challenges created by academics at the university.

Resources will be live between January and April 2026, and students can engage with them at their own pace.

A chance to discover new and exciting topics, see how arguments are constructed, and to reflect on their own ideas about the issues presented.

Applications close on 7th December.

More details can be found [here](#) and students can register online [here](#).

Christ Church-Oxford Edge Poster Competition (Years 11-12)

Open to Years 11 and 12 at UK state schools, the theme is

“What global challenge would you solve with entrepreneurship and how?”.

Submit your poster by midday on 5th January.

Entries welcome across Medical and Physical Sciences, Social Sciences and Arts and Humanities. There will be a celebration event in Oxford on Tuesday 10th March.

[Solving Global Challenges Poster Competition | Christ Church, University of Oxford](#)

CAREER NEWS

Careers Events Coming Up

Following our careers survey and feedback from students, we have a number of exciting careers events coming up this half-term:

Date	Time	Years	Talk
Tuesday 18 th November	Period 5: 1.00- 1.45pm	9, 12, 13	Law: talk from a barrister
Thursday 20 th November	Period 3: 11.15- 12.00pm	11	Southwark College
Monday 24 th November	Period 4 12.10- 12.50pm	8, 10	Medicine: talk from a GP
Monday 1 st December	Period 4, 12.00- 12.45pm	13, 10	Criminal and social justice sector
Tuesday 9 th December	Period 1, 1.00- 1.45pm	9, 12, 13	Diplomacy and development

All talks will take place in CR1 unless indicated otherwise.

To express interest in any of these talks, please use the link here: [Careers Talk sign-up 2025-26 – Fill in form](#)

For any careers-related queries please contact: careers@kingsdale.southwark.sch.uk

SCHOOL NEWS



Join the Student AI Think Tank Have your say on the future of learning!

Kingsdale is launching a **Student AI Think Tank**: A group where students from **Years 7 to 13** come together to explore how artificial intelligence is shaping education and school life.

We'll meet **once every half term** to:

- Share ideas about how AI can help students and teachers
- Discuss opportunities and challenges
- Represent the voice of students on the future of learning

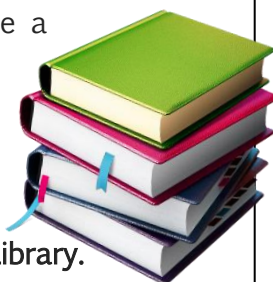
Interested? Email AIThinkTank@students.kingsdale.southwark.sch.uk to find out more and get involved.

Your ideas. Your future. Your voice.

LIBRARY NEWS

Carnegie Book Club

If you're in Year 7 and love reading, join Ms Redfern and Ms Walker for the Carnegie Medal Book Club! The club allows students the opportunity to read, discuss and review the books shortlisted for the 2025 [Carnegie Medal for writing](#), so it will be a great chance for students to read some of the best titles in teen fiction! **We will be meeting every Wednesday during Period 3 (Year 7 lunch) in the Lower School Library.**



SCHOOL NEWS

Love Your Doorstep Community Patrol

West Dulwich Community Patrol

Let's get ahead and stop street crime before it starts! Please be reminded of our local community patrol scheme, in conjunction with Love Your Doorstep (LYDS) which operates after school in the local area.

What is a community patrol?

LYDS say the best volunteers are those who work from home, part time or are semi-retired and want to do something positive for their community.

- Patrols are weekdays from around 3:30-5pm.
- A patrol is a group of 2-4 volunteers, who are visible, say hi and intervene if necessary, by being friendly.

If you'd like to volunteer to help make our area safer, we'd love to hear from you via the sign-up link [here](#).

If you can't spare the time, please do help by spreading the word with your local contacts. Thank you for your support. We can make a real difference to our community by working together!

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.





PGL WATER SPORTS TRIP



PE PGL Water Sports Trip 21st – 26th June 2026

The PE department are pleased to announce that we are now inviting those of you who have children in **Years 8 and 9** to register your interest if you wish your child to be considered for a place on this action-packed trip. As with previous years 40 students from Years 8 and 9, accompanied by Kingsdale staff, will set off for the Domaine de Segries, Ardèche in the South of France for an action-packed week of adventure.

During the week students will navigate their way down the Ardèche descent through rapids and breathtaking scenery on a two-day 29-kilometre journey in two-man kayaks under the close supervision of Kingsdale staff and highly qualified instructors. Students will also enjoy a slightly more leisurely day at Wave Island Water Park in preparation for another action-packed day this time canyoning, (Haute Besorgues), followed by a less strenuous and well-earned trip to Vallon Pont d'Arc for shopping. Students will also take on new challenges with a visit to a high ropes site where students can tackle numerous courses with varying degrees of complexity and challenge.

If you would like your child to be considered for a place on this trip, please register your interest by completing and submitting our registration form via the link below by no later than **Monday 24th November 2025**.

[PE Department PGL Water Sports Trip
21st - 26th June 2026 – Fill in form](#)

For further details please contact:
Mrs V Turner, Director of Sport,
Health & Recreation via
pe@kingsdale.southwark.sch.uk

SPORTS NEWS

KFS disclaimer. Please be advised Match reports produced and presented by student reporters.



**Year 8 Boys' South London Cup Football
Kingsdale v Woodmansterne School**

Congratulations to the Year 8 Boys' Football team consisting of the As, Bs, and Elite players who beat Woodmansterne School 10 - 4 in the South London Cup on Wednesday 5th November 2025.

Behind 3-1 at half-time, the boys rallied together in the 2nd Half scoring 9 goals to win the game!

It was a great come back and a massive well done to all the team.

Final Score:
Kingsdale **10-4** Woodmansterne School

Goal scorers:
Tristan Fullerton, Jamie Hilyer, Jacob Lesley, Hamish Roberts and Rico Jones.

Player of the Match: Kobe Mukoro

Big History Club!

For Key Stage 3 and 4 in HU6
Every other Tuesday from 4.15 to 5pm

Do you want to dive into the past?
Is there something we don't cover at school
that you would like to learn about?

In Big History Club we use history and fiction books,
films, art, music and more to **enquire into diverse
world histories** from ancient times to modern day.

In our session on **Tuesday 11th November**
we have the opportunity to...
think about how we should remember wars
(note that the *architectural history* session has
been postponed)

Bring along any ideas for people, events
or items from history you want to know
more about!



CALENDAR 2025-26



You can also find lots of other useful sources
of information on the school website [here](#).
This includes further details about the
operation of the school, including Term
Dates, Assessment and Uniform.

Should you have any suggestions for
additions to our website, please contact
Mr Karp, via email
tkp@kingsdale.southwark.sch.uk

For further information on term & holiday
dates, please contact the Attendance Team
at attendance@kingsdale.southwark.sch.uk

AUTUMN TERM 2025

Second Autumn Half-Term

Monday 3rd November – Friday 19th December

SPRING TERM 2026

Monday 5th January INSET DAY

School closed to students except those in Year 11

First Spring Half-Term

Monday 5th January – Friday 13th February

Half-Term Holiday

Monday 16th February – Friday 20th February

Second Spring Half-Term

Monday 23rd February – Friday 27th March

SUMMER TERM 2026

First Summer Half-Term

Monday 13th April – Friday 22nd May

Monday 13th April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 4th May 2025

Half-Term Holiday

Monday 25th May – Friday 29th May

Second Summer Half Term

Monday 1st June – Friday 24th July

Friday 24th July INSET DAY

School closed to students except by invitation



Anti-Bullying Week: Supporting Our SEND Children Together

Anti-Bullying Week is an important time for schools, families, and communities to come together to promote kindness, inclusion, and respect. For parents and carers of children with SEND, conversations about bullying can feel especially close to home. Every child deserves to feel safe, valued, and accepted for who they are, and as parents, you play a vital role in helping to make that happen.

Understanding Bullying and SEND

Research shows that children and young people with SEND are more likely to experience bullying. This may be because they stand out in some way, for example, through differences in communication, behaviour, learning style, or physical ability.

Sometimes, misunderstandings or a lack of awareness from peers can lead to unkindness, exclusion, or teasing.

Bullying can take many forms, verbal, physical, emotional, or online, and it can have a lasting impact on a child's confidence, mental health, and sense of belonging. Recognising the signs early and responding with care makes a big difference.

Together, We Can Make a Difference

Anti-Bullying Week reminds us that every child has the right to feel safe and respected. By working in partnership, families, schools, and communities can make sure our SEND children are not only protected from bullying but also celebrated for the unique contributions they bring to our world.

Let's continue to listen, learn, and choose kindness every day at Kingsdale.

Here are some ways to support your child and help prevent bullying:

- 1. Talk openly about friendship and kindness.**
Encourage regular conversations about what being a good friend looks like. Role-play different social situations and help your child practise what they might say or do.
- 2. Build your child's confidence.**
Celebrate their strengths, interests, and achievements. When children feel proud of who they are, they're better able to handle challenges and stand up for themselves.
- 3. Encourage safe communication.**
Make sure your child knows they can always talk to you, a teacher, or another trusted adult if something doesn't feel right. Some children with SEND find it easier to use drawings, emotion charts, or other visual aids to express themselves.
- 4. Work closely with us.**
As a school we have a duty to prevent and respond to bullying, including for children with SEND. Keep in touch with your child's teacher or SENCo, share any concerns early.
If you or your child have any concerns, please contact: tellsomeone@kingsdale.southwark.sch.uk This email address is monitored by staff who can offer advice, support, and ensure that every concern is followed up promptly and sensitively.
- 5. Promote kindness online.**
If your child uses the internet or social media, talk about digital safety, privacy, and what to do if they experience or witness online bullying.

How Kingsdale Supports SEND Pupils

At Kingsdale, we are committed to ensuring that every pupil, including those with SEND, feels included, understood, and supported. We focus on teaching empathy, modelling inclusive behaviour, and providing the right adjustments so all children can thrive socially and emotionally. During Anti-Bullying Week, we take part in activities such as assemblies, workshops, and awareness campaigns that celebrate diversity and promote respect. Our message to students is clear, kindness is strength, and everyone belongs at Kingsdale.

If You're Worried About Bullying

- Listen calmly and take their concerns seriously.
- Keep a record of what's happening, including times, dates, and who was involved.
- Speak with the class teacher, SENCo, or head of learning as soon as possible.
- Agree on a clear plan of action and regular check-ins with the school.
- You can also contact tellsomeone@kingsdale.southwark.sch.uk at any time for further support.

You can also reach out to organisations such as:

- Kidscape – www.kidscape.org.uk
- Anti-Bullying Alliance – www.anti-bullyingalliance.org.uk
- Contact (for families with disabled children) – www.contact.org.uk



Supporting Children with ADHD in Southwark

At Kingsdale, we recognise that every child's mind works differently — and that's something to be celebrated. For children with ADHD, school and home life can bring unique strengths as well as challenges. Understanding how to support your child can make a big difference to their confidence, wellbeing, and learning.

How You Can Help at Home

- **Stay positive and patient.** Celebrate effort as much as achievement. Praise helps to build self-esteem and motivation.
- **Keep routines clear.** Visual timetables, checklists, and regular reminders can help your child know what's coming next.
- **Use calm communication.** Give instructions one step at a time, and offer choices where possible.
- **Encourage movement.** Regular breaks, sports, or time outdoors can help your child focus and release energy in healthy ways.
- **Work in partnership with school.** Keep in touch with your child's teacher or SENCo to share what works well at home and in the classroom.

Local Support

- **Southwark CAMHS (Child and Adolescent Mental Health Service)** – Offers assessments, support, and therapeutic services including for ADHD, emotional regulation difficulties, and related mental health needs in children and young people in the London Borough of Southwark. Referral is via GP. Website: <https://localoffer.southwark.gov.uk/wellbeing/mental-and-emotional-health-services/southwark-camhs-service/> [Southwark Local Offer+2slam.nhs.uk+2](https://www.southwark.gov.uk/children-and-families/childrens-social-care/early-help/extra-early-help)
- **Family Early Help Service (Southwark)** – Provides practical support for families in Southwark including parenting advice, behaviour strategies, help managing routines and relationships at home. Website: <https://www.southwark.gov.uk/children-and-families/childrens-social-care/early-help/extra-early-help> [southwark.gov.uk+2southwark.gov.uk+2](https://www.southwark.gov.uk/children-and-families/childrens-social-care/early-help/extra-early-help)
- **ADHD Foundation** – A national charity offering free resources, webinars, and toolkits to help parents understand and support their child's ADHD profile. Website: www.adhdfoundation.org.uk
- **Contact (formerly Contact a Family)** – Offers free advice, workshops, and support groups for families of children with disabilities or additional needs. Website: www.contact.org.uk

Together, We Can Make a Difference

Children with ADHD have incredible potential. By working together, families, schools, and the community, we can ensure they feel valued, capable, and ready to thrive.



Help and Support for Parents: Money



Disability Living Allowance (DLA): DLA is often the first benefit which parents claim – it's not means tested and is paid every month. There are two elements to DLA, care and mobility, so consider whether you will need to apply for which element or both, for instance.

For more information on DLA, visit [Citizens Advice](https://www.citizensadvice.org.uk).

Direct payments: Direct Payments for disabled children were introduced in 2000 and are becoming more popular among families. They aim to give you and your child more flexibility and control about the support services you need, for example, money can be given for you to pay for a personal assistant for your child, for a childcare place, for an activity club for children with SEND.

Other benefits

There are a wide range of other benefits you can claim for, such as:

- Carers Allowance
- Child Tax Credit
- Parental Leave
- Other grants – e.g. fares to hospital

Ask your SENDIAS team who to contact and about eligibility criteria: [Southwark SENDIAS](https://www.southwark.gov.uk/children-and-families/childrens-social-care/early-help/extra-early-help)



Free & Low-Cost Resources for Parents of Children with Dyslexia

Southwark Local Offer – Dyslexia / Literacy Information Pack

Download the free "dyslexia / literacy difficulties" information pack via Southwark's Local Offer website.

[Southwark Literacy Difficulties / Dyslexia Info Pack Southwark Local Offer](https://www.southwark.gov.uk/children-and-families/childrens-social-care/early-help/extra-early-help)

Southwark SpLD Advice & Information Pack (2024-25)

This PDF includes guidance, recommendations, and strategies for schools and families around specific learning difficulties.

[Southwark SpLD Advice & Information Pack \(PDF\)](https://www.southwark.gov.uk/children-and-families/childrens-social-care/early-help/extra-early-help)
[education.southwark.gov.uk](https://www.southwark.gov.uk/children-and-families/childrens-social-care/early-help/extra-early-help)

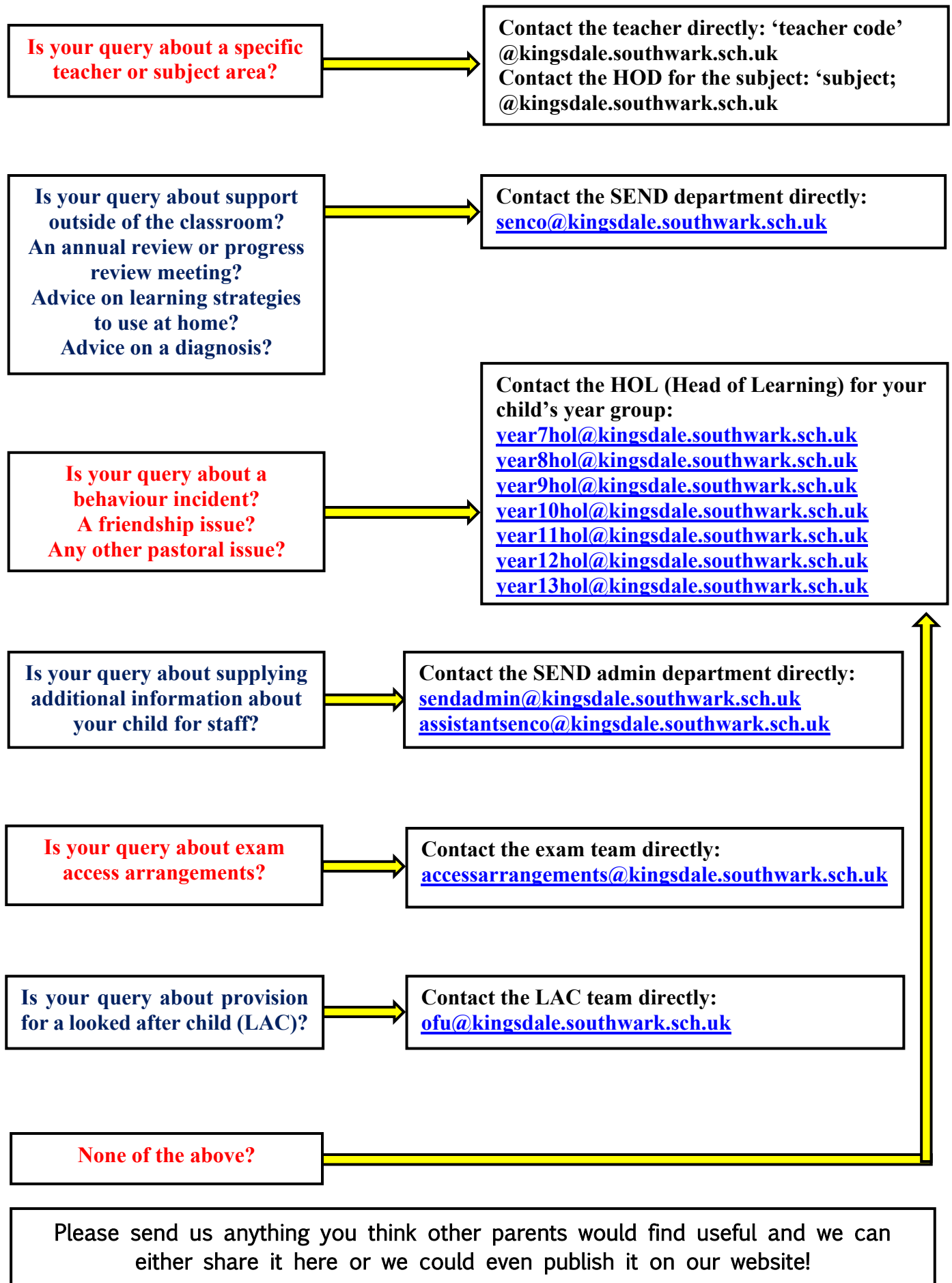
Southwark Disability Hub (KeyRing)

A community hub offering information, support and connections to local services in Southwark.

Email: disabilityhub@keyring.org | Tel: 020 3457 7580 [KeyRing](https://www.southwark.gov.uk/children-and-families/childrens-social-care/early-help/extra-early-help)

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



If you are worried someone's drinking or drug use is affecting your child, we're here to help.



We help children and young people to cope with difficult family situations and feel stronger in themselves.

You can speak to us on 0203 404 7699
or email Southwark.YoungPeople@cgl.org.uk

Free Workshops for Parents and Carers

Do you want more guidance on how to talk to your children, teens and young people about vaping, alcohol or drugs? Do you want to be informed on the current themes and trends we come across working with young people in the borough?

Substances are more accessible today than ever before. For parents, carers or anyone responsible for children and young people, it can feel overwhelming and difficult to know how to respond.

We're offering FREE online workshops for parents and carers in Southwark, to give advice and guidance to help you navigate this quickly changing landscape.



We'll cover:

- Current trends amongst young people
- Strategies for talking to young people about substances in an open and supportive way
- Practical advice on how to keep your children safe from the dangers of substance misuse



For further information contact:

- Email: Southwark.YoungPeople@cgl.org.uk or scan the QR code for a direct link to the eventbrite page.
- You can call us on: **020 3404 7699**

SCAN ME



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:

 **parentzone**

ParentZone – Resources for parents/children to help keep kids safe online.

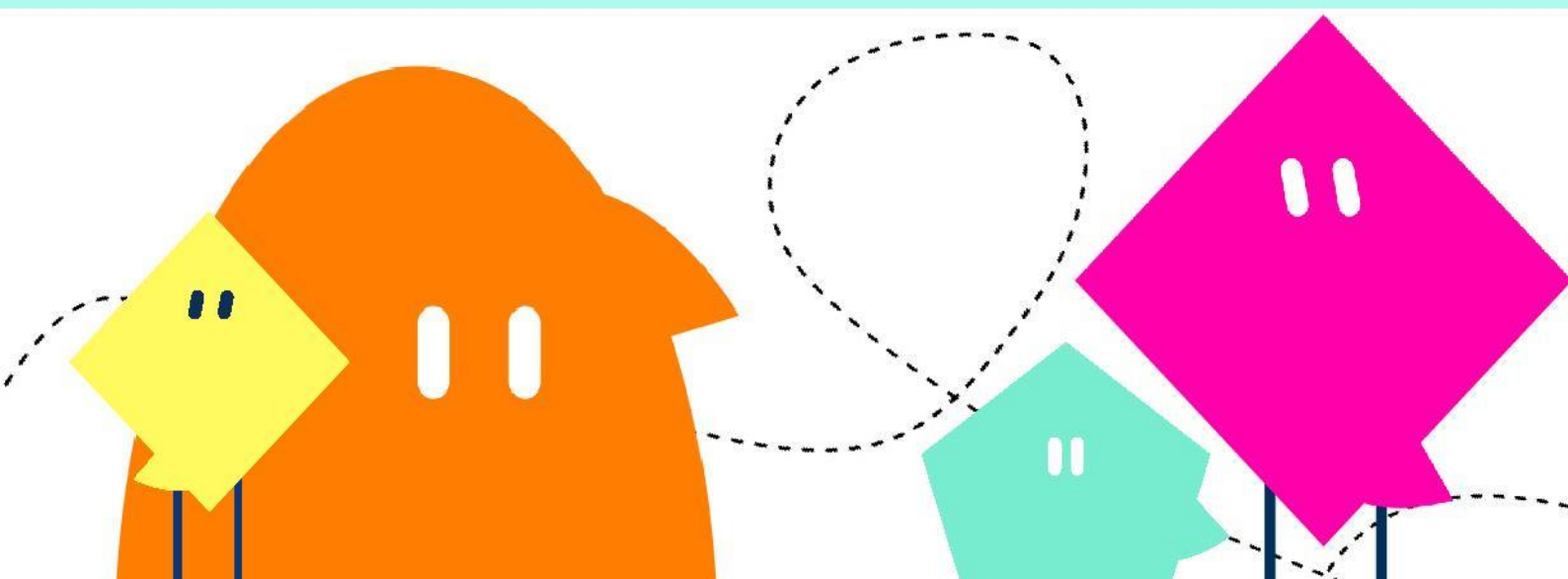


Education from
the National
Crime Agency

CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45 and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need.

This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners!

Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats.

Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:
health&wellbeing@kingsdale.southwark.sch.uk
tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS



The Anti-Bullying Alliance (ABA) are the official organisers of Anti-Bullying Week and Odd Socks Day across England, Wales, and Northern Ireland. This year's theme, 'Power for Good' encourages everyone to use their actions and voices to make a positive difference and stand up against bullying.

The week will run from **Monday 10th to Friday 14th November**, starting with Odd Socks Day on Monday 10th - a fun and colourful way for children and adults alike to celebrate what makes us all unique!

The theme was chosen following consultation with teachers and pupils, who wanted to focus on empowerment and positivity - reminding us all that even small acts of kindness can have a powerful impact.

STUDENT TASK: Create a drawing/painting/poster/collage to represent 'Power for Good'.

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk Ensure your entry is accompanied by your full name and tutor group.



Origami Day

Origami Day celebrates the beautiful and intricate Japanese art of paper folding. Though paper folding traditions have appeared around the world, Japan's origami has become the global symbol of this timeless craft. Over the centuries, origami has evolved - from a sacred ritual to a noble pastime, to a beloved children's hobby - and today it continues to inspire creativity in art, mathematics, science, and technology.

Declared a commemorative day in 1980 by the Nippon Origami Association, Origami Day is held on November 11. The date "11/11" symbolizes the four equal sides of a square sheet of paper—the foundation of every origami creation. The day also honours the connection between origami and peace, inspired by Sadako Sasaki's story and her thousand paper cranes.

Take a moment on November 11 to fold a crane, a flower, or a simple shape and celebrate the art, creativity, and hope that origami brings to the world.



STUDENT TASK: In celebration of Origami Day, we invite all students to take part in the Origami Day House Challenge! Your mission is to create your own origami piece - it can be a crane, flower, animal, or any other design that inspires you. Use any kind of paper you have at home or school.

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your full name and tutor group.



FaceApp, as the name suggests, is an app by Wireless Lab which uses uploaded images of someone's face and allows them to add a variety of interesting filters making themselves look older, younger, appear with different hair colour and so on. The app uses either the camera on your phone to take a selfie, or lets you use a picture from somewhere like Facebook or Instagram to apply these filters. While this all sounds like innocent fun, there have been some valid concerns raised about the terms and conditions, and what the company is doing with all these selfies and pictures.



What parents need to know about FACEAPP



WHY IS IT SO POPULAR?

The app went viral in the middle of July 2019 with the #faceappchallenge, where users download Faceapp, take a picture of their face adding the old age filter, and then share the image of themselves online with friends. It can be fun to see what you might look like when you're more well travelled, and the results are pretty convincing (much to the amusement of older family members!).



HOW DOES IT WORK?

The app scans the uploaded face, and uses a neural network (basically a huge database of sample faces) to show what it thinks you'll look like when you're old; adding wrinkles, grey hairs, yellowed teeth etc. Anybody can upload an image they have access to, even those of children, without any kind of consent being needed. As explained in the lengthy terms and conditions of the app, these images are saved by Wireless Lab and can be used however they see fit, at any time in the future.



IS IT SAFE?

This is the contentious question. Wireless Lab, the Russian company behind the FaceApp app, are particularly vague with their descriptions of what they can potentially do with a person's details, to the point where a lot of people are worried about their images being used for nefarious purposes like cyber crime or political campaigns. In reality, the app is no more or less safe than any other, but that doesn't mean you shouldn't be vigilant of what you or your child is agreeing to online.



LEVEL OF ACCESS?

Buried in the legal jargon and technical mumbo jumbo, FaceApp has a worryingly large amount of access to your or your child's device. As well as storing any pictures you upload to the app, it also has access to your internet history, and basic information like your name and location. Naturally this sounds scary because it has been highlighted so publicly, but this is the normal kind of access and information apps take from us nowadays. If you are at all concerned it's worth leafing through those lengthy Terms Of Service before making a decision on if you're happy for your child to use an app.



SHOULD I BE WORRIED?

While your details COULD be used in the wrong way, the company has publicly stated they have no desire to do so and a number of independent probes into the app seem to suggest everything is being stored correctly and safely. That's not to say it will always be this way, so it's worth bearing in mind that this could change further down the line.



FACIAL RECOGNITION SOFTWARE

An app that takes an image of a face and uses it to commit online crimes or say things pretending to be somebody else might sound like the plot of a Hollywood thriller, but with today's technology it can be a very real fear. Facial recognition software is now so advanced, a fake picture or video of a face can be produced without your knowledge or permission, potentially by a company you thought was safe. Now it must be stressed that this is extremely unlikely to happen, especially as this advanced technology is still being worked out, so you shouldn't be too worried about it - but always be aware of the permissions you're giving to unknown parties.



Safety Tips For Parents



CHECK DOWNLOADS

It may seem obvious to keep an eye on what is downloaded on a device, but it can be very easy to miss out on new fads and viral hits. Most app stores let you see what's currently trending, alongside descriptions of what an app is. Talking to your child about what current trends they're enjoying will help you keep an eye on what's popular. You also get to see what you might look like in the future, which could be a blessing or a curse!



BE REALISTIC ABOUT YOUR DATA

When it comes to online security, the phrase 'better the devil you know' is particularly apt. While companies like Facebook and Google are by no means virtuous in their collection of our data, we do at least know (for the most part) a lot about how it's being handled. Luckily, we know Wireless Lab are treating our information correctly for now, but apps you don't know or trust, may not. It's always worth reading up on an app and making sure it's the real deal before downloading it.



BE AWARE OF COPYCAT APPS

When something like FaceApp goes viral, many copycat apps can pop up on the store piggybacking off the success of the original. These apps can contain viruses that are often far more malicious and dangerous to you and your child than the terms in the 'safe' version of the app. Make sure you're aware of which is the original before making any downloads.



KNOW IF YOU CAN SPEND MONEY ON AN APP

Like most things these days, there is a way to spend money on FaceApp. You can purchase a 'pro' version which unlocks additional filters either through your phone's app store, or on the app itself. This subscription ranges from 1 month for £3.99, 12 months for £19.99 or lifetime access for £38.49. It's very easy to make this purchase without too much thought so do make sure you know about any additional costs of an app your child is using.



ALWAYS READ THE TERMS AND CONDITIONS

Many of us don't have the time or energy to read through pages and pages of legal speak, and that's normal, but leafing through the fine print can unearth a lot of grizzly permissions you didn't know you were giving. Often, at times they are unavoidable, but knowing what you're signing up for and if there's anything you can do about it could help you make more informed decisions on the types of content you expose your child to.



Meet our expert

Mark Foster has worked in the gaming industry for 5 years as a writer, editor and presenter. He is the current gaming editor of two of the biggest gaming news sites in the world, UNILAD Gaming and GAMINGBible. Starting gaming from a young age with his siblings, he has a passion for understanding how games and tech work, but more importantly, how to make them safe and fun.



SPORTS FIXTURES

Monday 10th November 2025

- Under-13s Boys' Football A Team Home Match v Richard Challoner School. Leave school at 1pm. Start 2pm. Return at 4.30pm approx.: **Mr Price**
- Under-14s Girls' Basketball Away Match v Sedgemoor Academy School. Leave school at 1.30pm. Start 2.30pm. Return at 5pm approx.: **Mr Roberts/ Mr Dash**
- Under-18s ESAA Cross Country Regional Finals at The Trevor Bailey Sports Centre, Dulwich Common. Leave school at 10.45am. Start 12 noon. Return at 3.30pm approx.: **Mr Jones**

Tuesday 11th November 2025

- Under-13s Boys' Elite Football Home Match v Bonus Pastor College. Leave school at 1pm. Start 2pm. Return at 4.45pm approx.: **Mr Price**
- Under-14s Boys Football B Team Home Match v Bishop Thomas Grant School. Leave school at 1.45pm. Start 2.30pm. Return at 5pm approx.: **Mr Johnstone**

Wednesday 12th November 2025

- 6th Form Girls' Football Home Match v Orleans Park School. Leave school at 1pm. Start 2pm. Return at 5pm approx.: **Mr Jones**
- Under-13s Boys' Rugby League Tournament at Streatham & Croydon RFC. Leave school at 1pm. Start 2pm. Return at 5pm approx.: **Mr Lord**
- Under-18s Boys' Tennis Away Matches at Alleyn's School. Leave school 1pm. Start 2pm. Return at 5pm approx.: **Mr McWhirter**
- Under-14s Girls' Netball Away Match v Colfe's School. Leave school at 2.50pm. Start 4pm. Return at 6.15pm approx.: **Ms McErlain/Mr Foster**

Thursday 13th November 2025

- Under-16s Boys' Football Match. Details to be confirmed. Leave school at 1.30pm. Start 2.30pm. Return at 5pm approx.: **Mr Foster**
- Selected Sports Scholars Trip to see England vs Serbia Men's International Football at Wembley Stadium. Leave school at 4.15pm. Return at 10.45pm approx.: **Mr McWhirter**
- Under-15s Boys' Rugby Away Match v Dulwich College B-Team. Leave school at 1pm. Start 2pm. Return at 4.30pm approx.: **Mr McWhirter**

Friday 15th November 2025

- Under-13s Boys' C-Team Football Home Match v Bishop Thomas Grant B-Team. Leave school at 1pm. Start 2pm. Return 4.15pm approx.: **Mr Price**
- Under-16s Girls' Football Home Match v Oasis Academy South Bank. Leave school at 1.50pm. Start 2.30pm. Return 4.45pm approx.: **Mr Jones**

Please note that fixtures may be postponed or rearranged due to weather conditions.

All fixtures can be viewed via the link below:
<http://www.kingsdaleschoolsports.org.uk>

HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus we are looking at ways to 'What Parents & Educators Need to Know about FaceApp'.

Please read and remember to keep an open dialogue with your child about their activities online. **See Page 19 above.**

The House Leader Board 2025-26

Week ending
7th November 2025

- 1st Place – Swift 29,388 points
- 2nd Place – Dove 29,310 points
- 3rd Place – Albatross 28,748 points
- 4th Place – Eagle 28,663 points
- 5th Place – Falcon 28,553 points



Ways we communicate with Parents and students

We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at:
www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at:
<https://www.myedschoolapp.com/>

This app provides a range of useful info for parents.

