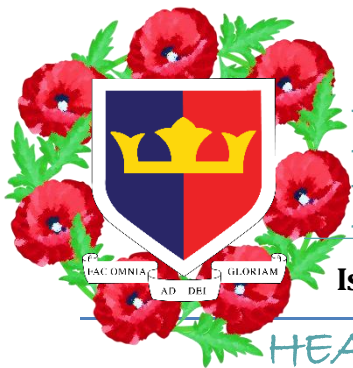




PARENTAL NEWS BULLETIN

Issue 9 Monday 11th November 2024

HEADLINE NOTICES



Curriculum Coffee Mornings

This week the half-term cycle begins of optional Coffee Mornings for parents, which are a great opportunity to meet staff and learn more about the curriculum for each year groups.

These sessions will take place in addition to our established, more general, monthly Parents' Forums. The upcoming dates for this term's meetings are:

- Friday 15th November 2024 Year 11
- Friday 22nd November 2024 Years 12 & 13
- Friday 29th November 2024 Years 9 & 10
- Friday 6th December 2024 Years 7 & 8

Each event starts at 11.30am (Conference Room 1) at the school. Parents who are interested in attending, must register via the link sent separately by email. We hope to see you there. Should you have any queries, please contact Mrs Chaudhary, Deputy Headteacher via sca@kingsdale.southwark.sch.uk



House Excellence Award

Jack Jones in Year 12, nominated by the Maths Department, has won this week's House Award. Jack has settled in well to Maths this year. He is meticulous with his work and is always ready to support his peers if they need any help. Jack's work is always completed to a very high

standard, and it is evident that he wants to do very well in his studies. Well done Jack and keep up the hard work!

KFS Sixth Form Open Events for 2025 Admission

Please be reminded that our last Sixth Form Open Event for September 2025 Year 12 entry takes place for Year 11 students on:

Wednesday 27th November 2024 from 4.00pm-6.30pm

Please note that these highly popular sessions must be booked in advance via our website [here](#) and will showcase the wonderful post-16 provision on offer at the school. Please contact the Sixth Form Office with any queries via sixthform@kingsdale.southwark.sch.uk

Lest We Forget

THEME & WORD OF THE WEEK

Remembrance – 'Neither fire nor wind, birth nor death can ease our good deeds.'

Abraham Lincoln

Ineffable

Too great or extreme to be expressed or described in words.

SCHOOL NEWS



Anti-Bullying Week

11th November – 15th November 2024

This year's theme is designed to support children and young people to recognise that we can all be different – look different, talk differently, have different faiths and beliefs but still be equal and to stand up and make a noise against bullying. This is a dedicated time for schools and communities to focus on anti-bullying efforts. During the week we are holding anti-bullying assemblies, tutor activities on anti-bullying, competitions students can take part in, as well as tutor time activities and assemblies organised by the House team. These include:

A 'Choose Respect' poetry competition, capturing reactions to bullying through words – entries due on Friday 15th November.

An Art competition to create a poster designing or promoting a peer-mentoring (friends helping friends) scheme to tackle anti-bullying. Entries deadline is on Friday 15th November

On **Tuesday 12th November** we are asking our students to come into school wearing **ODD SOCKS AND SHOES**. This is to highlight the fact that we can be different but still serve the same purpose; still be equal! Further details issued separately!



SIXTH FORM NEWS

Sixth Form Humanities Trip to America

In the October half-term break, our Year 13 Government and Politics, History and Economics students went to America, to visit New York City and Washington D.C. In the run up to the 2024 election, students walked around the busy streets of New York City, visiting the Statue of Liberty, the 9/11 museum and Times Square. One of the museums we visited related to the 2024 presidential race with an exhibition on the first black woman to run for Democratic presidential nomination, Shirley Chisolm.

Compared to New York's busy streets, Washington D.C. was incredibly quiet with politicians campaigning in their home states. Students saw the three key parts of the American government, the legislative, executive and judiciary and were even lucky enough to sit in the chamber of the House of Representatives. Students also did a walking monument tour visiting the Washington Monument, Abraham Lincoln and many more sights. Our final night had the perfect American experience with an ice hockey game, that in true American fashion started with the national anthem, included refillable popcorn, multiple fights and ended in a victory for the Washington Capitals.

The staff were impressed with the conduct of the students who behaved impeccably and were excellent ambassadors for the school.





Anti-Bullying Week 2024



Jigsaw Education Group would like to encourage schools to use books to help children to develop understanding, strategies, and skills for the 'Choose Respect' theme during Anti Bullying Week. The stories we read, hear and watch when growing up go on to have a significant impact on our lives as adults.

KS1

Along Came a Different

by Tom McLaughlin

The Only Way is Badger

by Stella J Jones

Two Monsters

by David McKee

All Are Welcome

by Alexandra Penfold

How To Be a Lion

by Ed Vere

One

by Kathryn Otoshi

KS2

The Hundred Dresses

by Eleanor Estes

Mighty Mara

by Carina Ho and Jesse Byrd

Emmy Levels Up

by Helen Harvey

Wonder

by R J Palacio

Do Unto Otters

by Laurie Keller

Mango Delight

by Fracaswell Hyman

KS3/4

Noughts and Crosses

by Malorie Blackman

Teen Life Confidential: Bullies, Cyberbullies and Frenemies

by Michele Elliott

The Harder they Fall

by Bali Rai

Whale Talk

by Chris Crutcher (14- 17 yrs)

War of the Wind

by Victoria Williamson

We would love share your book ideas with other Jigsaw Schools. Please share any recommendations from your pupils, parents and teachers with us on our social media channels.

Tag us on our social accounts:



@jigsaweducationgroup



JigsawEduGroup

CAREERS

Careers Talks 2024-25

We are pleased to announce our initial group of careers talks aimed at students in Years 8-10 and Years 12 & 13. A letter has been sent out with further details but please see the outline below. To sign up, students should complete the Microsoft Form available [here](#).

Film/Documentary Making

Years 12 & 13

13th November 2024 at 12.55pm

Voluntary and Community Sector (Charities)

Years 9, 12 & 13

19th November 2024 at 1.10pm

Asset Management

Years 12 & 13

29th November 2024 at 12.55pm

Medicine (GP)

Years 12 & 13

2nd December 2024 at 12.55pm

Engineering

Years 8 & 10

3rd December 2024 at 12.15pm

Clinical Psychology

Years 12 & 13

5th December 2024 at 12.55pm

Museum Sector

Years 8 & 10

10th December 2024 at 12.15pm

Business: Vodaphone Customer Success Manager; Energy Investment Banking (ex-students)

Years 9, 12 & 13

28th January 2025 at 1.10pm

Medicine

Years 8 & 10

21st January 2025 at 12.15pm

Apprenticeships: Red Carnation Hotels

Years 8 & 10

11th February 2025 at 12.15pm

Neuroscience

Years 8 & 10

4th March 2025 at 12.15pm



Data Centres

Years 9, 12 & 13

11th March 2025 at 1.10pm

Medicine Information Session

Year 12

12th March 2025 during enrichment

Architecture

Years 8 & 10

18th March 2025 at 12.15pm

Law Information Session

Year 12

7th May 2025 during enrichment

Charity Sector: Amnesty International

(focus on data)

Year Groups TBC

13th May 2025

Health Economics

Year Groups TBC

6th June 2025

Humanitarian & Development Aid

Year Groups TBC

24th June 2025

Later in the year, we plan to offer talks on the following careers amongst others: economics; journalism; theatre hair & make-up; humanitarian & development aid; law; architecture; neuroscience; and information about apprenticeships. Details of these will be sent nearer the time.

Kingsdale Careers Programme 2024-25 Volunteers Invited!

We still need your help to support our careers programme for 2024-25!

If you think you would be able to support us with any of our Careers programme, including the lunchtime talks, the Careers Fair, or in any other capacity, please contact us via the email below.

careers@kingsdale.southwark.sch.uk

SCHOOL NEWS



CREST Award Mentoring Opportunity

This year, many of our Year 12 students are completing the Crest Science Award. This is a student-led research project, where students pick a topic or area to research including experiments focused topics such as sound proofing technology and psychological studies.

We are looking for mentors in STEM fields who are interested in potentially providing mentoring support to students during this academic year. This would be an opportunity to provide guidance on pointers to a student on their project either in person or online.

Please contact jbu@kingsdale.southwark.sch.uk if you would like to participate.

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.



Big History Club!

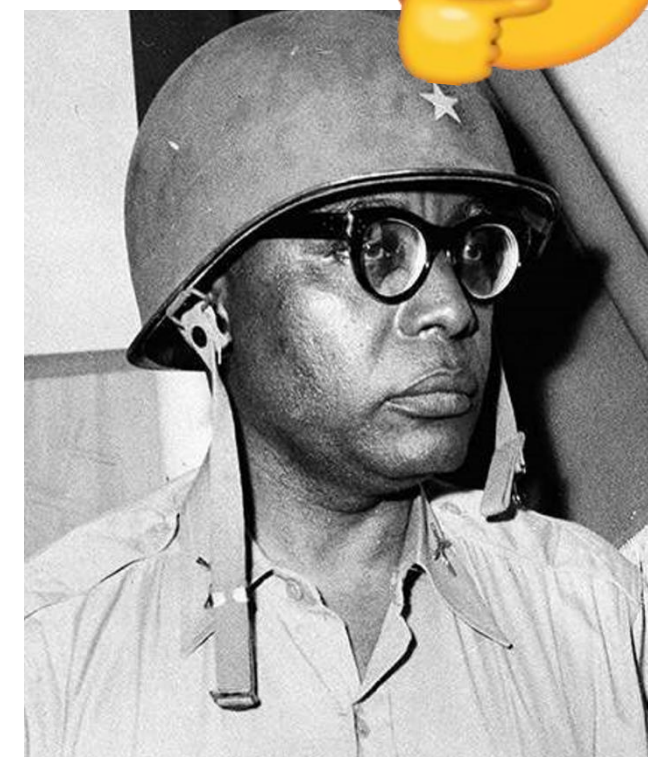
For Key Stage 3 and 4 in HU6
Every other Tuesday from 4.15 to 5pm

Do you want to dive into the past?
Is there something we don't cover at school that you would like to learn about?

In Big History Club we use history and fiction books, films, art, music and more to enquire into diverse World Histories from ancient times to modern day.

One of our terrific Year 10s will be leading our next session on Tuesday 12th November about Papa Doc, the Voodoo Tyrant

Bring along any ideas for people, events or items from history you want to know more about!



MUSIC CONCERTS

The Music department is delighted to announce the dates for this year's Scholars' Concerts, where all Kingsdale musicians are invited to perform either as soloists or in small groups. Family and friends in the Kingsdale Community are warmly invited to attend these outstanding free events.

For any enquiries please email: musiclessons@kingsdale.southwark.sch.uk



Monday 11th November

Piano 1: *Mr. Yada & Mrs. Black's Scholars*
Juniors 5pm & Seniors 6:30pm

Tuesday 12th November

Drum Kit and Percussion Scholars: *Drum Kit, Tuned Percussion & Orchestral Percussion Scholars*
Juniors 5pm & Seniors 6pm

Wednesday 13th November

Lower Strings: *Cello, Double Bass and Harp Scholars*
All Students at 5pm

Tuesday 19th November

Guitar 1: *Mr. Burnett, Mr. Glasser, Mr. Somervell's Guitar & Bass Scholars*
Juniors 5pm & Seniors 6pm

Wednesday 20th November

Upper Strings Scholars: *Violin and Viola Scholars*
Juniors 5pm & Seniors 6:30pm

Friday 22nd November

Guitar 2: *Mr. Melovski, Mr. Tonks & Mr. Johnson's Scholars*
Juniors 5pm & Seniors 6:30pm

Wednesday 27th November

Singers 1: *Ms. Vaughan, Mrs. Burke & Ms Heard's Scholars*
Juniors 5pm & Seniors 6:30pm

Friday 29th November

Singers 2: *Ms. Bastick-Vines & Mr. Lloyd-Smith's Scholars*
Juniors 5pm & Seniors 6pm

Monday 2nd December

Brass: *Trumpet, Trombone, French Horn, Tenor Horn, Baritone & Tuba Scholars*
Juniors 5pm & Seniors 6pm

Tuesday 3rd December

Woodwind: *Clarinet, Saxophone, Flute, Oboe, Bassoon, Recorder Scholars*
Juniors 5pm & Seniors 6pm

Thursday 5th December

Jazz Piano: *Mr. Glasser & Mr. Carter's Scholars*
All Students at 5pm

Friday 6th December

Piano 2: *Ms. De Geer & Ms. Qiu's Scholars*
Juniors 5pm & Seniors 6:30pm

Thursday 23rd January

Steel Pans: *All groups*
All Students perform at 5pm

The Year 7 Art Scholarship selection process for the academic 2024-25 year intake will be taking place shortly.

Over the next couple of weeks all Year 7 students will have sat a practical Art exam during their Art lessons. Any student who believes they might be at, or near the expected standard for an Art Scholarship, is invited to bring in a portfolio of artwork. The portfolio might consist of drawings, paintings, photography, textiles 3D work (photos only) and digital work. A maximum of twenty pieces of work can be submitted and the work should have been produced in the past two years.

If a student wishes to be considered for a scholarship which focuses on photography, then we would expect to see a portfolio of at least 20 images, presented with annotation to explain how they shot the images and what the ideas behind the images were. This portfolio can be presented digitally and should be emailed to the class teacher.

Your child should give their clearly named portfolio to their Art teacher during the first week back after half-term (W/b Monday 4th November) and no later than Friday 18th November 2024.

Please ensure that your child collects their portfolio from their Art teacher during their art lesson W/b Monday 18th November 2024. For more information, please watch a supporting video, which will explain the process in more depth and shows you some examples of what we are looking for. This year we are only offering Scholarships rather than Gifted and Talented places, which are referred to in the video. You can access the video [here](#).

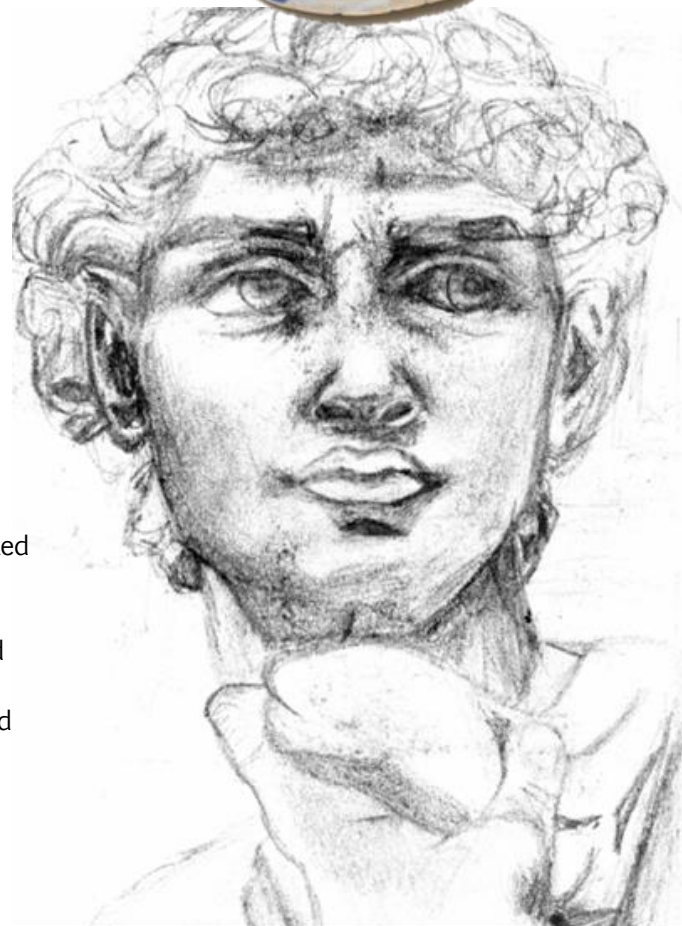
All the work produced so far in Art lessons and for Art homework, along with the Art exam and the portfolio, will be used to identify potential Art/Textiles/Photography/Graphics Scholars.

Parents will be notified by letter by 25th November, if their child has been selected for the Art Scholarship programme. If your child has been selected, they will be invited to attend one of our Art, Textiles, Graphics and Photography Scholarship clubs.

The first Year 7 Scholars' Club will take place on Tuesday 26th November 2024 in room AR4 between 3.45 & 4.45pm.

Attendance to these clubs is not compulsory, but students who regularly attend, will be given priority to participate in other Art related activities and workshops.

If students are not successful, there are other clubs that are offered within the Art Department, that any student regardless of ability can participate in. Further details regarding all Art clubs has been issued separately. Please address any queries to artd&t@kingsdale.southwark.sch.uk





Zakira Weeks Jack Petchey Awards 2024

Congratulations to Zakira Weeks, Year 8, who on the 8th October won a Jack Petchey Award 2024 for her contributions as a Judo Coach and Team Player at her Judo Academy. Well done Zakira!



KFS disclaimer. Please be advised Match reports produced and presented by student reporters.

SPORTS NEWS

Year 10 Rugby League South London Tournament Kingsdale v Cedars School

Congratulations to the Under-15s Boys' Rugby League team for progressing to the London regional knockout stages later this year. A narrow loss to Cedars school 28 points 20 meant the boys finished runners-up in the South London group stages.

Final score: Kingsdale 20-28 Cedars School

Tries scored: Joseph Ayora Vanegas (2), Joshua Daniels (1) and Cal Williamson (1)

Year 7 Indoor Athletics Trials Tuesday 19th November

The trials will be held in the sports hall.

Girls' trial 3.40-4.30pm

Boys' trial 3.30-5.30pm

Please come to school in your PE kit and bring a water bottle.

Sports Scholars' Wembley Trip

Several sports scholars enjoyed a night out to watch the England Men's International football team play Greece in the Nations League. Greece won the match 2-1.



Year 8 JNR NBA Round 1 Kingsdale v Elmgreen School

This was the first basketball game of two for the team. Kingsdale started a little shakily which is understandable with it being their first game together as a team. As the quarter went on, Kingsdale started coming into the game finishing the first quarter in the lead by a score of 10-5. As the second quarter started Elm Green applied the pressure scoring a few points, but Kingsdale managed to reply again ending the half 16-11 up. The third quarter was when Kingsdale really started to show their quality and started to build the score line finishing it 20-14. In the last quarter, Kingsdale again started to show their dominance and took the game out of reach from Elm Green, winning 34-21.

Final score: Kingsdale 34-21 Elm Green School

Kingsdale v Bishop Thomas Grant School

The second game was a very tough match, as both schools were extremely strong, making it a very close affair. The first quarter was very edgy and cagey with each team going score for score. However, Bishop Thomas Grant finished the quarter with a 2-point lead of 4-6. The 2nd quarter was very similar to the first with both schools matching one another but again Bishop Thomas Grant edged it finishing it 8-12. The third quarter was where Kingsdale struggled to take the lead missing a lot of free throw chances and 2 points. The positive was that we managed to create the chances, but we just could not finish them. Ending the third quarter 8-12 to Bishop Thomas Grant. The final quarter the score was still close, where the missed opportunities came to haunt Kingsdale. It was an extremely tight affair, but Kingsdale could not make up for those missed opportunities losing the game 18-23.

Under-16 Boys' Visits Trinity School for the London Indoor Hockey Competition

On Tuesday 5th November, the Kingsdale Boys' Indoor Hockey team visited Trinity School, Croydon in the preliminary qualifying stage of the London Hockey Indoor Competition.

The team would be playing Trinity, Kingston Grammar School and Eltham College. This was the team's first experience of an indoor competition playing against some of the best players and schools in the country. Although results didn't go our way in any of the matches, we were extremely proud of how our players battled against enormous odds in all of the games, especially as they were playing against players who were at least one year group above them.

The team will now focus on the outdoor season and their competitions in the new year.

Matches & Results

Kingsdale 0 v Trinity School 10

Kingsdale 0 v Kingston Grammar School 4

Kingsdale 1 v Eltham College 5



SCHOOL NEWS

CHESS AND BRIDGE CLUB



Monday's 4.10pm

Room MA6



Year 7's and 11 start at 3.45pm

Play: Learn to play : watch : solve puzzles : make new friends

For more information please email:

Mr Denyer - sdr@kingsdale.southwark.sch.uk

or Mr Pritchard - lpd@kingsdale.southwark.sch.uk

CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

AUTUMN TERM 2024

Second Autumn Half-Term

Monday 4th November – Friday 20th December

SPRING TERM 2025

Friday 3rd January INSET DAY

School closed to students except those in Year 11

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

Monday 26th May – Friday 30th May

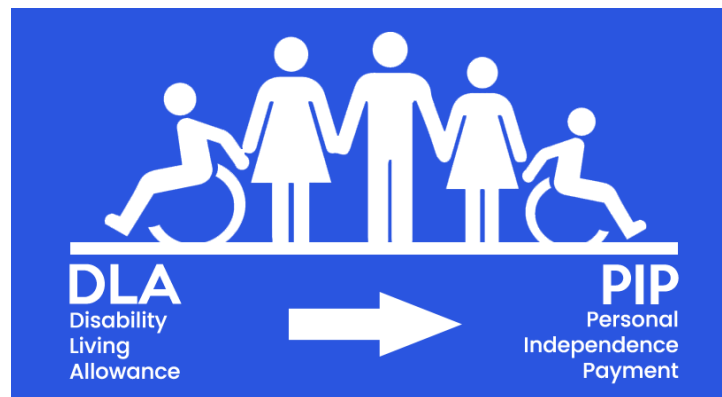
Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation

SEND FACULTY NEWS



Help and Support for Parents

Disability Living Allowance (DLA)

DLA is often the first benefit which parents claim – it's not means tested and is paid every month. There are two elements to DLA, care and mobility, so consider whether you will need to apply for which element or both, for instance. For more information on DLA, visit [Citizens Advice](#).

Direct payments

Direct Payments for disabled children were introduced in 2000 and are becoming more popular among families. They aim to give you and your child more flexibility and control about the support services you need, for example, money can be given for you to pay for a personal assistant for your child, for a childcare place, for an activity club for children with SEND.

Other benefits

There are a wide range of other benefits you can claim for, such as:

- Carers Allowance
- Child Tax Credit
- Parental Leave
- Other grants – e.g. fares to hospital

Ask your SENDIAS team who to contact and about eligibility criteria: [Southwark SENDIAS](#)



ANTI-BULLYING ALLIANCE

Anti-Bullying Week 2024 11 - 15th November

WHAT IS BULLYING?

Longitudinal research shows that bullying can have a significant impact on a young person's life well into adulthood. To ensure we can prevent bullying, act quickly when it takes place and avoid misidentifying or missing bullying, it is vital that schools and other settings have a shared definition of bullying. This should be understood by the whole school or setting including parents, young people, and all staff.

While there is no legal definition of bullying, the Anti-Bullying Alliance and its members have an agreed shared definition of bullying based on research from across the world over the last 30 years.

The Anti-Bullying Alliance (ABA) defines bullying as:

'Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online. Bullying can be physical, verbal or psychological. It can happen face-to-face or online.'

Disabled young people and those with SEN (SEND), are significantly more likely to experience bullying - including online bullying - than their peers. Children who have learning disabilities and autism are particularly at risk. Research shows that 36% of pupils with SEND experience frequent bullying compared to 25% of those without SEND. [Internet Safety: A Guide for Parents with children with SEND](#)

UK Safer Internet Centre - <http://www.saferinternet.org.uk>

This site contains advice on how to use the Internet and new technologies safely and responsibly as well as a range of practical resources, news and events focussing on the safe and responsible use of the Internet and new technologies.

K9 Web Protection - <http://www1.k9webprotection.com/>

Website which offers free internet filtering and parental control software.

Safe Search for Kids - <http://www.safesearchkids.com/>

Safe Search for Kids is a child friendly search engine powered by Google. The website has a safe browsing feature which overrides your computer search settings to remove potentially explicit material when searching google.

Google Family Safety Centre - <http://www.google.co.uk/familysafety>

Google Family Safety Centre provides parents and teachers with practical tools to help them choose what content their children see online. Look out for the video tips on how to set up safe searching on Google and YouTube.

UK Safer Internet Centre - <http://www.saferinternet.org.uk>

This site contains advice on how to use the internet and new technologies safely and responsibly as well as a range of practical resources, news and events focusing on the safe and responsible use of the Internet and new technologies.

Childnet International - <http://www.childnet-int.org>

A non-profit organisation working with others to help make the Internet a great and safe place for children.

Digizen - <http://www.digizen.org>

A site about recognising and dealing with online hazards, setting up safe profiles on social networking sites and understanding how to manage personal information.

Direct Gov-<http://www.direct.gov.uk/en/YoungPeople/HealthAndRelationships/Bullying/index.htm>

Offers information and advice for parents and children and young people on cyberbullying.

Netsmartz-<http://www.netsmartz.org/>

Parents Interactive, educational programme of the National Centre for Missing and Exploited Children. Offers a wide range of advice and practical resources for parents, teachers and law enforcement.

Get Safe Online - <https://www.getsafeonline.org/safeguarding-children/>

Provides information and advice for parents and carers, including simple checklists to help keep children safe online according to their age.



Experiences Of Education As An Autistic Person New Podcast Episode

Our Turn to Talk is the National Children's Bureau's (NCB) Youth-led podcast programme. All episodes are developed and directed by young people and focus on topics that are important to them.

Their latest episode, 'Experiences of Education as an Autistic Person' was written and directed by Lauren, a member of the Young NCB Advisory Group, and features Aaron as a guest on the podcast, from a youth group organised by Lauren.

Our Turn to Talk

In the podcast they discuss:

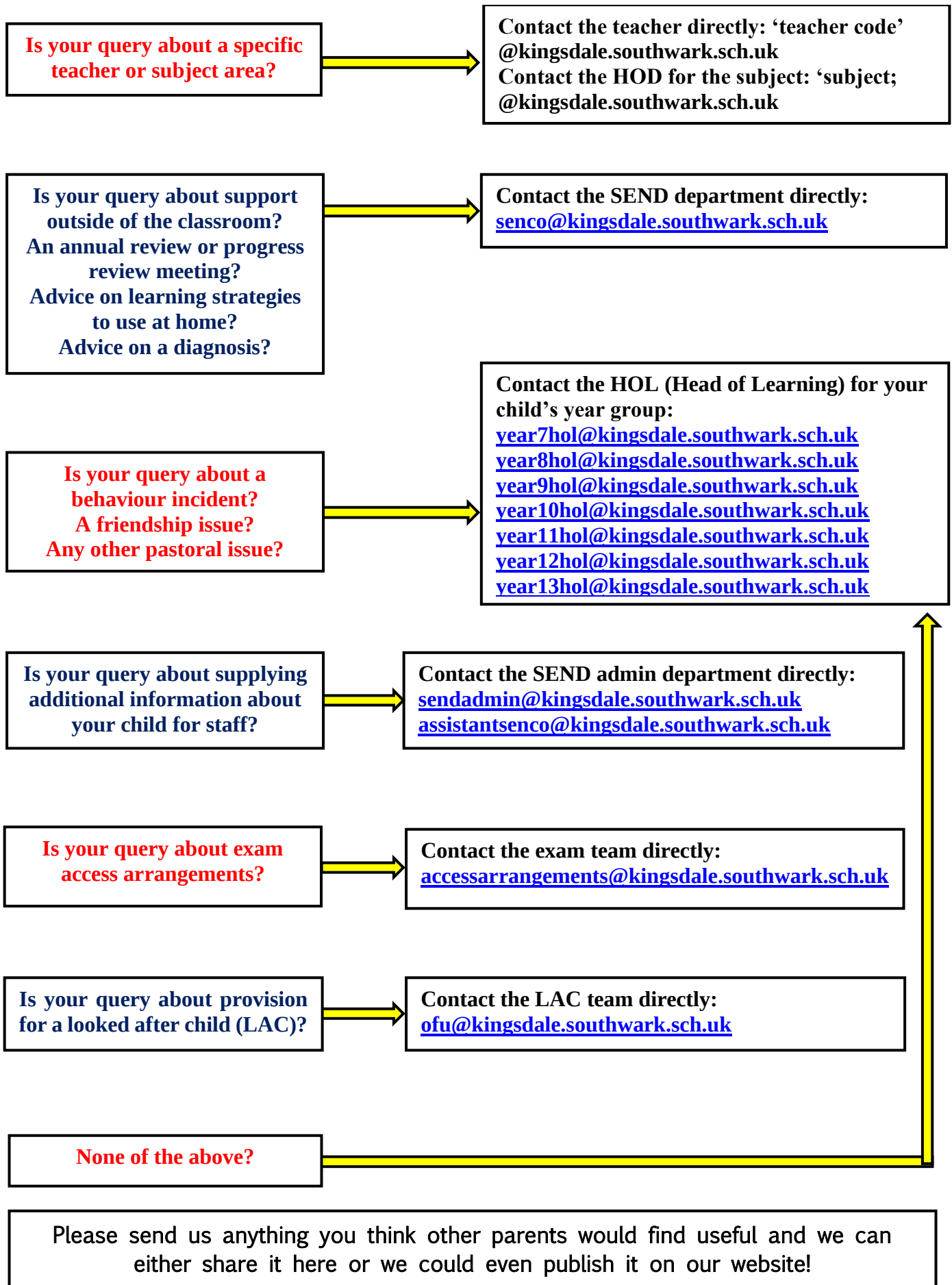
- The sensory challenges autistic young people can face at school.
- The demands of the school environment on autistic students and support schools can put in place.
- Social challenges faced at school by autistic students, and the ways they have overcome difficulties that school life presented.

This episode looks at school and education through the eyes of young people, Lauren and Aaron. They talk about the challenges for autistic young people in education and offer their suggestions for potential solutions. The podcast explains how a wider understanding of autism across the school system and implementation of adjustments for students can make a positive difference.

Access [HERE](#)

Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at: <https://www.myedschoolapp.com/>
This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shorespace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make NOISE.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS

Anti-Bullying Week 2024



Visual Art Competition: 'Choose Respect'

The theme for Anti-Bullying Week 2024 is 'Choose Respect'. Teachers and children wanted a theme that empowered them to do something positive to counter the harm and hurt that bullying causes. The theme of Choose Respect aims to encourage children to speak out about bullying. If we can challenge bullying, we can change it.



STUDENT TASK:

Create a drawing/painting/poster/collage to represent 'Choose Respect'.

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your full name and tutor group.



Anti-Bullying Week: Odd Socks Day

Most importantly, Odd Socks Day is designed to be fun! It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!

Design a Pair of Odd Socks



STUDENT TASK:

Design your own odd sock! Make the design unique to you using your favourite colours, symbols or patterns. You could work with a partner and do an odd sock swap so they have one of yours and you have one of theirs.

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk. Ensure your entry is accompanied by your full name and tutor group.

Prizes will be awarded to outstanding entries.

Ten top tips for STRONGER PASSWORDS

Passwords continue to be the most common way to prove our identity online. A combination of a username and a password known only to the user provides access to our online accounts and data – and hopefully keeps unauthorised individuals out. As a security measure, though, passwords are relatively weak. People are often predictable in how we choose our passwords, for example – making them less secure. With increasing volumes of usernames and passwords being leaked online, what can we do to keep our data more secure? Here are our top tips for stronger passwords.

BE UNPREDICTABLE

We often choose passwords which are easy to remember: featuring the name of our favourite sports team or favourite film, for instance. Those are predictable passwords. Cyber criminals will routinely try various combinations of passwords relating to sports teams, actors, musical artists and the like – and they often focus on these during major sporting events or around high-profile movie releases.

AVOID GETTING PERSONAL

Many of us use passwords relating to our family, such as children's names or favoured holiday destinations. The problem here is that we also typically post about our holidays and our family on social media – making that information potentially visible to cyber criminals and supplying them with clues which could help them in narrowing down possible passwords we might have set.

NEW PLATFORM, NEW PASSWORD

Where cyber criminals gain access to an online service through a data breach, they often use the data they've stolen to try and access the victim's other accounts. This is because the criminals know that, for convenience, people often use the same password across different services. When we reuse passwords, our security is only as strong as the weakest site where we've used it.

LONGER IS STRONGER

Our passwords are often stored by online services in an encrypted format. In case the service suffers a data breach, the strength of this encryption, however, is dependent on the length of the password you've selected. If your password is only a short one, cyber criminals are significantly more likely to be able to break the encryption and identify your password.

CHECK SOCIAL MEDIA VISIBILITY

Staying up to date with friends and relatives on social media is part of everyday life now. We need to ensure, though, that we limit who can see our posts via each platform's privacy settings. It's also wise to consider what we're posting and if it's really safe to share online. If we restrict what cyber criminals can see, we reduce the chance of them using that information to identify our passwords.

Meet Our Expert

A Certified Information Systems Security Professional (CISSP), Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that we become more aware of the risks around technology, as well as the benefits.



**CCTV
IN OPERATION**

'DOUBLE LOCK' YOUR DATA

It's possible that cyber criminals may eventually discover your username and password. Enabling multi-factor authentication (MFA) on your accounts, however, reduces the chance of them obtaining access to your data, as they'd also require a code which is provided via an app, SMS message or email. MFA isn't infallible, but it does definitely provide extra protection and security.

DELETE UNUSED ACCOUNTS

Data breaches occur when cyber criminals gain access to an online service and all the data contained within it – including usernames and passwords. Whenever you stop using a service, it's wise to make sure that you delete your entire account and not just the actual app. If the service no longer has your data, there's zero risk of it being leaked should they suffer a data breach in the future.

TRY PASSWORD MANAGERS

Even though most of us have numerous online accounts to manage these days, it's advantageous to avoid password re-use. Specialist password management software (like Dashlane or OnePassword, among others) can help by storing a different password for every online service that you have an account with: the only one you or child will need to remember is the single master password.

GET CREATIVE

The British government's National Cyber Security Centre (NCSC) recommends the 'three random words' technique. This method helps you create a password which is unique, complex and long – yet which is memorable enough to stay in your mind ('FourBlueShoes', for example). The NCSC website, incidentally, also offers plenty of other useful information relating to personal cyber security.

STAY VIGILANT

The best way to protect your accounts and your data is to be vigilant and careful. If you receive an email or text message that's unusual or unexpected, treat it as suspicious until you're able to verify whether it's genuine and safe. Starting from a position of vigilance and caution will reduce the likelihood of you or your child being tricked by a malicious email, text or phone call.



**National
Online
Safety®**

#WakeUpWednesday

Source: <https://www.ncsc.gov.uk/>

SPORTS FIXTURES

HOUSE NEWS

Monday 11th November 2024

- Under-13s Boys' Football A Team Away Game against Richard Hale School, Hertfordshire. Leave school at 1pm. Start 3.30pm. Return at 6.45pm approx.: **Mr Johnstone/Mr Foster**

Tuesday 12th November 2024

- Under-12s Boys' Elite Football Home Game against Tunbridge Grammar School. Leave school at 1.50pm. Start 2.30pm. Return at 4.30pm approx: **Mr Price**
- Under-14 Girls' Football A Team Away Game against Prendergast Ladywell School. Leave school at 2.30pm. Start 3.15pm. Return at 5pm approx.: **Mr Jones/Mr Dash**
- Under-14s Boys' Rugby Away Game at Streatham and Croydon RFC against John Fisher School. Leave school at 1.30pm. Start 2.30pm. Return at 5pm approx.: **Mr Roberts**

Wednesday 13th November 2024

- Under-12s Girls' Football Competition at Bacon's College. Leave school at 8.30am. Start 10am. Return at 3.30pm approx.: **Mr Dash**

Thursday 14th November 2024

- Under-13s Boys' Hockey A Team Away Game against Whitgift School. Leave school at 1pm. Start 2.30pm. Return at 5.30pm approx.: **Mr Pizzey/Mr Price**

Friday 15th November 2024

- Under-12s Boys' Football A Team Home Game against Bonus Pastor, Roman Catholic School. Leave school at 1.45pm. Start 2.30pm. Return at 4.30pm approx.: **Mr Dash/Mr Price**

*Please note Fixtures/Events may be cancelled due to wet pitches.

Extra Fixtures may be organised at short notice.

All fixtures can be viewed via the link below:

<http://www.kingsdaleschoolsports.org.uk>

Remember!

You can access the school's Extra Curricular Sports page via clicking the following link here.

Please do not hesitate to contact Ms Turner at pe@kingsdale.southwark.sch.uk should you require any further information regarding the KFS sports programme.



Online Safety Corner

For this week's Online Safety focus, we are looking at everything Parents/Carers need to know about '**Stronger Passwords**'. Get a greater insight here.

Please read! Remember to keep an open dialogue with your child about their activities online. **See page 16 above.**

Fireworks Season

Firework season can be great fun for children and families through attendance at organised displays. However, fireworks can be dangerous if used irresponsibly.

Please take a moment to discuss the dangers of fireworks with your child and the importance of personal safety. Please remember that it is illegal for anyone under the age of 18 to buy fireworks.

Fireworks are deemed offensive weapons by the school. Students reckless enough to bring a firework within the environs of the school will be subject to permanent exclusion under this policy.



The House Leader Board 2024-25

Week ending
8th November 2024

- 1st Place – Dove 25,515 points
- 2nd Place – Swift 25,362 points
- 3rd Place – Albatross 24,567 points
- 4th Place – Falcon 24,038 points
- 5th Place – Eagle 23,920 points



Who will win the race this academic year? It is very close between Falcon and Eagle at the moment but a can still be victorious!