



PARENTAL NEWS BULLETIN

Issue 6 Monday 7th October 2024

HEADLINE NOTICES.

Kingsdale Careers Programme 2024-25 Volunteers Needed!

We remain very proud of the careers opportunities we provide to our students at Kingsdale. We are delighted that a large number of the exciting talks and opportunities offered, come from parental volunteers. We need your help to support our careers programme for 2024-25! The mainstay of this programme is the lunchtime talks which last under one hour and are aimed at a range of year groups. These will most often happen on a Tuesday but we can be flexible depending on parent schedules.

As part of this provision, we shall also be hosting our annual Careers Fair on Wednesday 2nd April 2025. The Careers Fair last July was a fantastic event at which an impressive group of parents came to meet students and share information about their chosen professions and careers.

If you think you would be able to support us with any of our careers programme, including the lunchtime talks, the Careers Fair, or in any other capacity, please do get in touch with the careers team via

careers@kingsdale.southwark.sch.uk

We would like to thank those who have already signed up.



House Excellence Award

Evie Stewart (12HPE) was nominated by the PE Department who said:

‘Evie is an exemplary role model to all students at Kingsdale Foundation School not least as an up and coming sports woman of the future.

Evie is currently in Year 12 studying A Level PE having achieved an

excellent grade in her GCSE PE exam last Summer. During her time with us, Evie has represented the girl's football and netball teams all the way through from Year 7. The Sports Faculty would like to express their gratitude for the time Evie now gives up each week before school to help coach our lower school netball squads alongside PE staff.

Evie is an outstanding student and sportswomen and is an inspiration to our younger students who all look up to her. Well done!

THEME & WORD OF THE WEEK

Freedom – “Freedom is not the right to do as you please; it is the liberty to do as you ought. Enjoy your freedom but not at the expense of others.”

Martin Luther King

Unequivocally
In a way that leaves no doubt.

SCHOOL NEWS

Open Days Academic Year 2024-25

We would welcome any parents who would be prepared to speak briefly (five minutes maximum) about their positive experiences of the school at one of our Open Days scheduled to take place throughout the Autumn term. A full list of open day event dates is available on our website here and is display above.

If you are willing and able to contribute to one of our Open Days please email Mr Harding, Deputy Headteacher, via dhg@kingsdale.southwark.sch.uk

Year 6 Open Days and Evenings Fort September 2025 Year 7 Entry

Wednesday 9th October 2024

9.30-11.30am, 1.30-3.30pm & 5.30-8pm

Saturday 12th October 2024

10am-12 noon, 1-3pm & 4-6pm

***Please Note** the deadline for booking scholarship assessments online or submitting a hard copy Supplementary Form is **Monday 7th October 2024**.

More information about admissions is available on our website here.

Sixth Form Open Days

Wednesday 16th October 2024

1.30-6.30pm

Wednesday 6th November 2024

4.00-6.30pm

Wednesday 27th November 2024

4.00-6.30pm

**BLACK
HISTORY
MONTH**

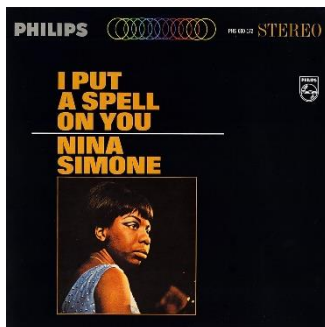
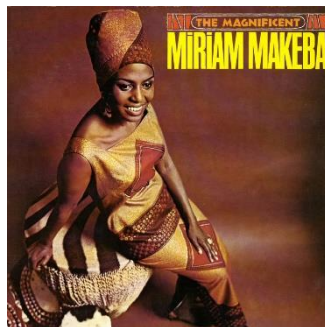
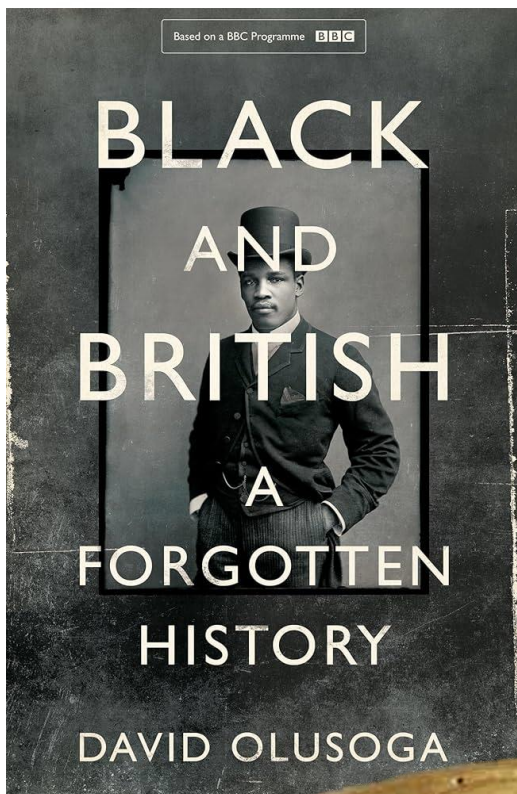
KINGSDALE FOUNDATION SCHOOL



HISTORY NEWS



RECLAIMING NARRATIVES



October is Black History Month, and this year's theme is *Reclaiming Narratives*. To reclaim a narrative is to elevate stories which have been overlooked in History, and to address and correct misconceptions or misunderstandings.

Join the History department in celebrating BHM this year by researching and submitting an essay embracing the theme of *Reclaiming Narratives*.

Need some inspiration?
You could produce a piece of written work delving into...

- Black presence in Medieval or Early Modern Britain
- The contribution of black musicians in the 20th Century to modern music
- Historical civilisations and Kingdoms of Africa, such as Mali, Mapungubwe or Kush

See www.blackhistorymonth.org.uk for more information, and email your essays to Mr Attar at GAR@Kingsdale.southwark.sch.uk by **18th October 2024**.



Monday

Art Breakfast Club
AR2 GHL
07:45 - 08:30

Fly High Club (Year 10)
FS1 SGL
16:15 - 17:15

Camera Club (KS3)
PS1 GWR
15:45 - 16:45

Textiles Club (Year 7/8)
AR7 ABY
15:45 - 17:00

D&T Catch Up (Year 9/10/11)
TE2 & TE3 TKH
15:45 - 17:15

Graphics Catch Up (KS4/5)
TE3 EGR
16:00 - 17:00

Tuesday

Art Breakfast Club
AR2 GHL
07:45 - 08:30

Year 8 Art Scholars (by invitation only)
AR7 ABY
16:10 - 17:00

Year 7 Art Scholars (by invitation only, after October half term)
AR4 MMR
15:45 - 16:45

Young Designers (Year 7)
LVN AR6
11:00 - 11:55

Textiles and Art Catch Up (Year 9-13)
AR2 GHL
15:45 - 17:00

Silver Arts Award (Year 8-10)
AR3 GWR
16:10 - 17:00

Photography Catch Up (KS4/5)
PS1 JGO
15:45 - 17:00

Bronze Arts Award (Year 7)
AR1 LFY
15:45 - 16:45

Art and Graphics Catch up (KS4)
TE1 SRX
15:45 - 17:00

Digital Explorers (KS3)
TE3 EGR
16:00 - 17:00

Young Makers (Year 8)
TE2 TKH
16:10 - 17:10

Love of Food Club (Year 7/8)
FS2 SLG/KHS
15:50 - 17:30

Thursday

Art Breakfast Club
AR2 GHL
07:45 - 08:30

Art, Graphics & Textiles Catch Up (Year 9-13)
AR7 ABY
15:45 - 17:00

Art Catch Up (KS4/5)
AR4 MMR
15:45 - 16:30

FS NEA Workshop (Year 11)
SLG FS1
15:50 - 16:50

Photography Catch Up (KS4)
PS1 GWR
15:45 - 17:00

Art Catch Up (All Years)
AR1 LFY
15:45 - 17:00

6Rs Club (Year 9/10)
TE2 TKH
16:10 - 17:10

Friday

Art Breakfast Club
AR2 GHL
07:45 - 08:30

Art Catch Up Lunchtime Club (Year 8/9/10)
AR5 RPK
12:00 - 12:50

Finish it Friday Club (All years)
AR2 GHL
15:45 - 17:00

Fly High Club (Year 9)
FS1 SLG
16:15 - 17:15

**Art, Design & Technology
Faculty
Clubs 2024-25**

TATTOOS & TEXTILES

Learn to create tattoo inspired t-shirt designs and print them!

Tuesday after school in SC1 (3.45-5.00pm) all years - everyone welcome

Thursday after school in SC1 (3.45-5.00pm) all years - Year 7 & 8 **boys only**

With Mr Gray



The Year 7 Art Scholarship selection process for the academic 2024-25-year intake will be taking place shortly after the October half-term break.

Over the next couple of weeks all Year 7 students will have sat a practical Art exam during their Art lessons. Any student who believes they might be at, or near the expected standard for an Art Scholarship, is invited to bring in a portfolio of artwork. The portfolio might consist of drawings, paintings, photography, textiles 3D work (photos only) and digital work. A maximum of twenty pieces of work can be submitted and the work should have been produced in the past two years.

If a student wishes to be considered for a scholarship which focuses on photography, then we would expect to see a portfolio of at least 20 images, presented with annotation to explain how they shot the images and what the ideas behind the images were. This portfolio can be presented digitally and should be emailed to the class teacher.

Your child should give their clearly named portfolio to their Art teacher during the first week back after half-term (W/b Monday 4th November) and no later than Friday 18th November 2024.

Please ensure that your child collects their portfolio from their Art teacher during their art lesson W/b Monday 18th November 2024. For more information, please watch a supporting video, which will explain the process in more depth and shows you some examples of what we are looking for. This year we are only offering Scholarships rather than Gifted and Talented places, which are referred to in the video. You can access the video [here](#).

All the work produced so far in Art lessons and for Art home-work, along with the Art exam and the portfolio, will be used to identify potential Art/Textiles/Photography/Graphics Scholars.

Parents will be notified by letter by 25th November, if their child has been selected for the Art Scholarship programme. If your child has been selected, they will be invited to attend one of our Art, Textiles, Graphics and Photography Scholarship clubs.

The first Year 7 Scholars' Club will take place on Tuesday 26th November 2024 in room AR4 between 3.45 & 4.45pm.

Attendance to these clubs is not compulsory, but students who regularly attend, will be given priority to participate in other Art related activities and workshops.

If students are not successful, there are other clubs that are offered within the Art Department, that any student regardless of ability can participate in. Further details regarding all Art clubs has been issued separately. Please address any queries to artd&t@kingsdale.southwark.sch.uk



PE Department Extra-Curricular Sports Activities Timetable - Autumn Term 2024-25

Activity	Time	Venue	Staff
Monday			
Fitness – Boys and Girls Year 8 and 10	12:00-12:45pm	Fitness Suite	Mr Roberts
Hockey – Mixed – Year 8&10	12:00-12:45pm	Astro	Mr Pizzey
Basketball – Mixed – Year 9	12:55-1:40pm	Sports Hall	Mr Hall
Rugby – Girls – All Years	3:45-5:15pm	Playing Fields	Ms McErlain
Football – Boys – Year 11	3:45-5:15pm	Astro	Mr Price & Mr Pizzey
Tuesday			
Table Tennis – Mixed – Y8, 9 & 10	8:10-8:50am	GM1	Mr Price
Football – Boys – Year 9	8:00-8:50am	Astro	Mr Foster
Dance – Mixed – Technique – Year 8 and 10	12:00-12:45pm	Dance Studio	Ms McGregor
Fitness – Boys and Girls Year 9	12:55-1:40pm	Fitness Suite	Mr Lord
Dance – Mixed – Technique – Year 9	12:55-1:40pm	Dance Studio	Ms McGregor
Cycling – Mixed – All Years - TBC	3:00-5:00pm	Herne Hill Velodrome	Mr Johnstone
Basketball – Girls – Year 7 & 8	3:45-5:00pm	Sports Hall	Mr Worsley & Mr Roberts
Football – Girls – Year 10 and 11	4:10-5:15pm	Astro/Playing Fields	Mr Dash
Dance – Mixed – Contemporary – Year 7 and 11	3:45-5:00pm	Dance Studio	Ms Dookey
Dance – Mixed – Contemporary – Year 8, 9 and 10	4:15-5:15pm	Dance Studio	Ms Dookey
Wednesday			
Football – Boys – Year 10	8:00-8:50am	Astro	Mr Foster, Mr Johnstone
Horse Riding – Mixed- Year 7	10:45-12:15pm	Dulwich Stables	Ms McGregor
Sports Scholars – Mixed – Year 7 and 11	11:05-11:50am	Sports Hall	Mr Fitchett, Mr Price & Mr Lord
Hockey – Mixed – Year 7	11:05-11:50am	Astro	Mr Pizzey
Table Tennis – Mixed – Year 7 and 11	11:05-11:50am	Gym 1	Mr Bash
Fitness – Boys and Girls Year 11	11:05-11:50am	Fitness Suite	Mr McWhirter
Horse Riding – Mixed- Year 7	12:45-2:15pm	Dulwich Stables	Ms McGregor
Football – Mixed – Sixth Form	1:50-3:40pm	Playing Fields	Mr Price
Rugby – Mixed Sixth Form	1:50-3:40pm	Playing Fields	Mr Worsley
Beach Volleyball – Mixed Sixth Form	1:50-3:40pm	Crystal Palace	Mr Pizzey
Table Tennis – Mixed – Sixth Form	1:50-2:45pm	GM1	Mr Dash
Fitness – Mixed – Sixth Form	2:50-3:40pm	Fitness Suite	Mr Dash
Rugby – Boys – Year 7	3:45-4:45pm	Playing Fields	Mr Worsley
Rugby – Boys – Year 8&9	4:10-5:15pm	Playing Fields	Mr Roberts & Mr Lord
Archery – Mixed – Year 7	4:00-4:45pm	Gym 2	Mr Pizzey
Archery – Mixed – Year 8	4:45-5:30pm	Gym 2	Mr Pizzey
Netball – Girls – Year 7	3:45-4:40pm	Sports Hall	Ms McErlain & Mr Smith
Netball – Girls – Year 9&11	4:40-5:30pm	Sports Hall	Ms McErlain & Mrs Sinclair
Football – Girls – Year 8&9	4:10-5:15pm	Astro	Mr Dash & Mr Jones
Thursday			
Football – Boys – Year 8	8:00-8:50am	Astro	Mr Johnstone
Netball – Girls – Year 8&10	12:00-12:45pm	Sports Hall	Mrs Sinclair, Mr Foster & Ms McErlain
Sports Scholars – Mixed – Year 8&10	12:00-12:45pm	Astro	Mr Worsley, Mr Jones & Mr Fitchett
Dance – Street Dance – Mixed – Year 7 and 11	3:45-5:00pm	Dance Studio	Ms McGregor & Ms Dookey
Dance – Street Dance – Mixed – Year 8, 9 and 10	4:15- 5:15pm	Dance Studio	Ms McGregor & Ms Dookey
Football – Girls – Year 7	3:45-5:00pm	Astro	Mr Jones & Mr Foster
Basketball – Mixed – Year 10 and 11	3:45-5:00pm	Sports Hall	Mr Fitchett & Mr Hall
Friday			
Basketball – Boys – Year 7 & 8	7:45-8:50am	Sports Hall	Mr Lord
Rugby – Boys – Year 10&11	8:00-8:50am	Astro	Mr McWhirter
Recreational Football – Boys – Year 7	11:05-11:50am	Astro	Mr Dash & Mr Price
Fitness – Boys and Girls Year 7	11:05-11:50am	Fitness Suite	Mr Lord
Sports Scholars – Mixed – Year 9	12:55-1:40pm	Sports Hall	Mr Price & Mr Hall
Hockey – Mixed – Year 9	12:55-1:40pm	Astro	Ms Marshall & Ms McErlain
Swimming – Mixed – Year 7	11:15-1:45pm	Crystal Palace	Mr Jones
Football – Boys – Year 7 A and B Squad	3:45-5:00pm	Astro	Mr Dash, Mr Foster & Mr Price

Kingsdale Foundation School Extra-Curricular Sports Clubs

The Sports Faculty at Kingsdale Foundation School are delighted to welcome our students to school after the Summer break. Our Extra-Curricular Sports Programme for the Autumn term is open for bookings. Please be advised that all of our clubs are free. However, students are required to submit a completed parental consent form before attending sessions held before or after school. Please be aware that students are not required to have parental consent to attend any of our published lunchtime clubs.

If your child wishes to attend any of our sports clubs, please follow the link below where you will be able to access further information and a consent form for your child’s chosen sports club(s). When booking please note those activities that have limited numbers per session and where arrangements for allocating students to sessions varies from that of many of our other clubs. All students attending our clubs must do so in full school PE kit which they are permitted to wear to school in addition to those days when they have timetabled PE lessons.

Please be advised that those students attending in non-school uniform PE kit will not be allowed to participate. All students are invited to attend our clubs, and we very much look forward to celebrating the achievements and successes of our students during this academic year.

LINK to school website Extra-Curricular Sports page
<https://forms.office.com/Pages/ResponsePage.aspx?id=MXLFNSSR3kSVFlxpQFISZi1Q1rWvAatFg4t0UruzeTNUQUpLTFdQM1ZHVUw1MEJLRTlyTDhNRUIWOC4u>

Please do not hesitate to contact Ms Turner at pe@kingsdale.southwark.sch.uk should you require any further information regarding our extensive sports programme.



PGL Trip 2025

The PE Department are pleased to announce we are running our annual PGL Adrenaline Adventure Trip in June 2025. We will be travelling to **Domaine de Segries, Ardèche** between **Sunday 29th 2025 and Friday 4th July 2025** for students in Year 8 and 9.

If you would like to enter your child into the ballot for a place on the trip, please use the link below to complete the form.

<https://forms.office.com/Pages/ResponsePage.aspx?id=MXLFNSSR3kSVFlxpQFISZkmbFOvdwOZNoB6S4iA9TDIUNVIJNVhXSzJDOTVVMVJNMjhDNjdKNFBCVy4u>



SPORTS NEWS

SCIENCE NEWS

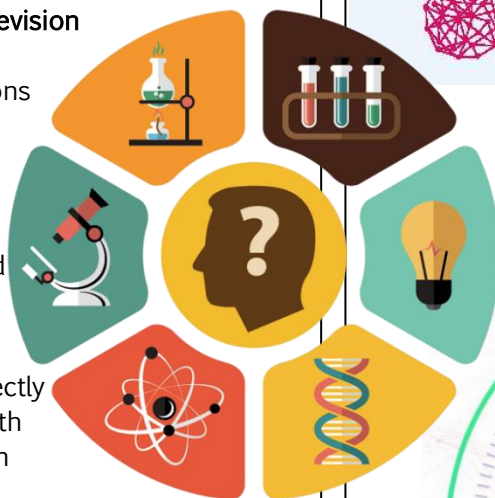
Science Saturday School Revision Have Started!

Please note that these sessions will be available to Year 11 students **EVERY SATURDAY** and have now started.

The sessions will be delivered **ONLINE** via **MS TEAMS** between 1pm and 2pm.

Information has been sent directly to Year 11 parents/carers with details on how your child can access the sessions.

All Year 11 students are welcome to attend.



CENTURY

New Science Platform Century

Century is the new online homework platform that we have started using in Science.



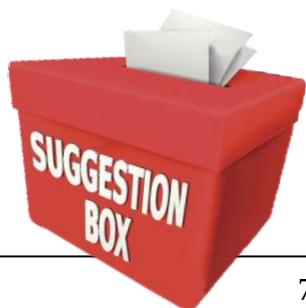
Students have all been given their logins and parents/guardians should have received their logins to allow them to view tasks and progress.

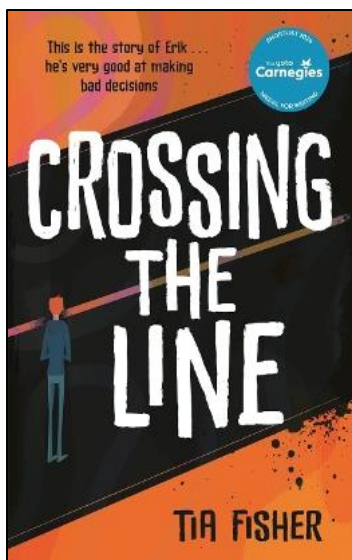
Please email: Science@kingdale.southwark.sch.uk If you have any questions.

Student Suggestion Boxes

To promote our well-established and highly effective Student Voice programme, there are suggestion boxes, which are located outside of the Attendance Office in the Main Atrium and the Office of The Headteacher at the bottom of the Green Stairs.

Please encourage your child to use this facility to make suggestions about how we can continue to improve our provision.





Student Recommendation

This week's student recommendation is *Crossing the Line* by Tia Fisher.

Erik's life has been falling apart ever since his dad died. Homework and being good at school stop feeling important when you're the new man of the house.

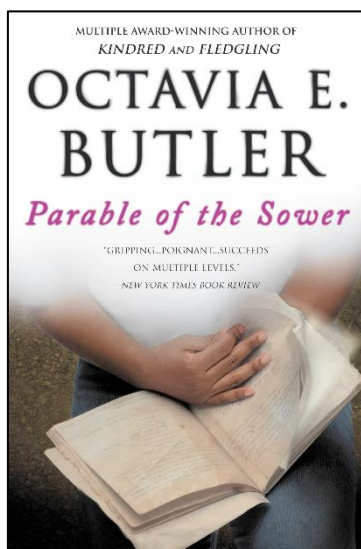
When Erik's bad behaviour attracts the wrong crowd, he's sucked into a terrifying new world of drug dealing, trap houses and violence.

Making money feels good but Erik soon learns that a small favour can become a huge debt. And when his sisters' lives are threatened, Erik will have to cross one more line to save them.

Our mystery student really liked the story's protagonist, who she 'felt really sorry for'!

Some mature themes, so best suited to students in Year 9 and over

Reading Recommendations



Teacher Recommendation

Ms Smith recommends *Parable of the Sower* by Octavia E. Butler.

Lauren Olamina and her family live in one of the only safe neighborhoods remaining on the outskirts of Los Angeles. Behind the walls of their defended enclave, Lauren's father, a preacher and a handful of other citizens try to salvage what remains of a culture that has been

destroyed by drugs, disease, war, and chronic water shortages. While her father tries to lead people on the righteous path, Lauren struggles with hyperempathy, a condition that makes her extraordinarily sensitive to the pain of others. When fire destroys their compound, Lauren's family is killed and she is forced out into a world that is fraught with danger. With a handful of other refugees, Lauren must make her way north to safety, along the way conceiving a revolutionary idea that may mean salvation for all mankind.

Ms Smith was fascinated by the dystopian narrative.

Some very dark themes; best suited for students in Years 12 & 13!

ENGLISH DEPARTMENT CLUBS

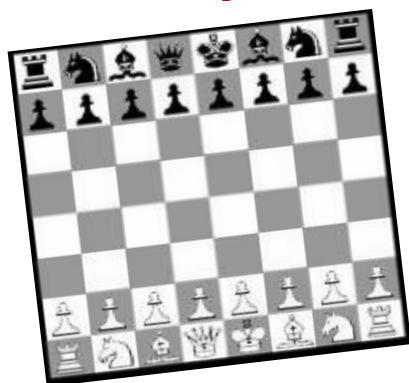
	What's On?	Where and when?	Teacher?
Monday	Key Stage 3 Film Club Year 8 Book Club	Upper School Library 4.15 - 5pm Upper School Library Period 4 (Year 8 lunch)	Mr Harper Ms Bowles
Tuesday	Key Stage 3 Creative Writing Club	Period 3, Room EN6 (Year 7 Lunch)	Ms Bowles
Wednesday	Year 7 Book Club	Lower School Library 4.15 - 4.45pm	Ms Parke
Thursday	KS4 Creative Writing Club Year 8 Debate Club	Upper School Library 4.15 - 4.45pm Upper School Library Period 4 (Year 9 Lunch)	Mr George
Friday	LGBTQIA+ Club	Room DR1, Period 3	Ms Bowles

CHESS AND BRIDGE CLUB



Monday's 4.10pm

Room MA6



Year 7s and 11 start at 3.45pm

Play: Learn to play : watch : solve puzzles : make new friends

For more information please email:

Mr Denyer - sdr@kingsdale.southwark.sch.uk

or Mr Pritchard - lpd@kingsdale.southwark.sch.uk

CALENDAR 2024-25



You can also find lots of other useful sources of information on the school website [here](#). This includes further details about the operation of the school, including Term Dates, Assessment and Uniform.

Should you have any suggestions for additions to our website, please contact Mr Karp, via email tkp@kingsdale.southwark.sch.uk

For further information on term & holiday dates, please contact the Attendance Team via attendance@kingsdale.southwark.sch.uk

AUTUMN TERM 2024

First Autumn Half-Term

Tuesday 3rd September – Friday 18th October

Half Term Holiday

Monday 21st October – Friday 1st November

Second Autumn Half-Term

Monday 4th November – Friday 20th December

SPRING TERM 2025

Friday 3rd January INSET DAY

School closed to students except those in Year 11

First Spring Half-Term

Friday 3rd January – Friday 14th February

Half-Term Holiday

Monday 17th February – Friday 21st February

Second Spring Half-Term

Monday 24th February – Friday 4th April

SUMMER TERM 2025

First Summer Half-Term

Tuesday 22nd April – Friday 23rd May

Tuesday 22nd April INSET DAY

School closed to students except those in Year 11

Mayday Bank Holiday

Monday 5th May 2025

Half-Term Holiday

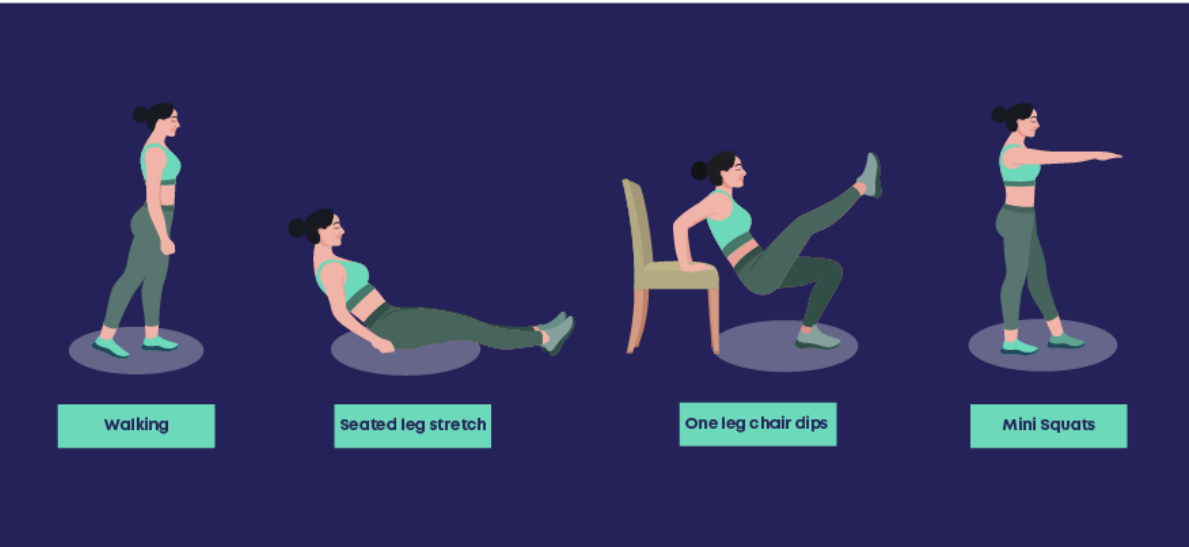
Monday 26th May – Friday 30th May

Second Summer Half Term

Monday 2nd June – Friday 25th July

Friday 25th July INSET DAY

School closed to students except by invitation



SEND FACULTY NEWS

ADHD Awareness Month

October is ADHD awareness month. ADHD is one of the most common mental health conditions affecting children and adults, but it is often misunderstood. ADHD Awareness Month's goal is to correct these misunderstandings and highlight the shared experiences of the ADHD community. Please use this link to find out more <https://www.adhdawarenessmonth.org> The Learning Support Faculty has been supporting faculties across the school to raise awareness, but please do contact us if you have any questions, ideas or things you would like to share.

Make reminders and lists
Post-it notes*, student diaries and taping instructions to their book bags can all serve as memory prompts.
With adolescents it's a good idea to plan things with them in advance. You can also help them draw up a checklist of things to do. As they grow older, lists can their lives easier.

National Arthritis Week 2024: October 7 - October 13

National Arthritis Week 2024 is a dedicated week for raising awareness about arthritis, a group of conditions that cause inflammation in the joints. This week serves as an opportunity to educate the public, healthcare professionals, and policymakers about the impact of arthritis on individuals and society as a whole. It also aims to encourage early diagnosis, access to treatment, and improved quality of life for those living with arthritis.

Arthritis and children

Arthritis is often associated with older people, but it can also affect children. Most types of childhood arthritis are known as juvenile idiopathic arthritis (JIA). JIA causes pain and inflammation in 1 or more joints for at least 6 weeks. Although the exact cause of JIA is unknown, the symptoms often improve as a child gets older, meaning they can lead a normal life.

How to get involved with National Arthritis Week 2024?

Participating in National Arthritis Week can help raise awareness and support for individuals affected by arthritis. Here are some ways to get involved:

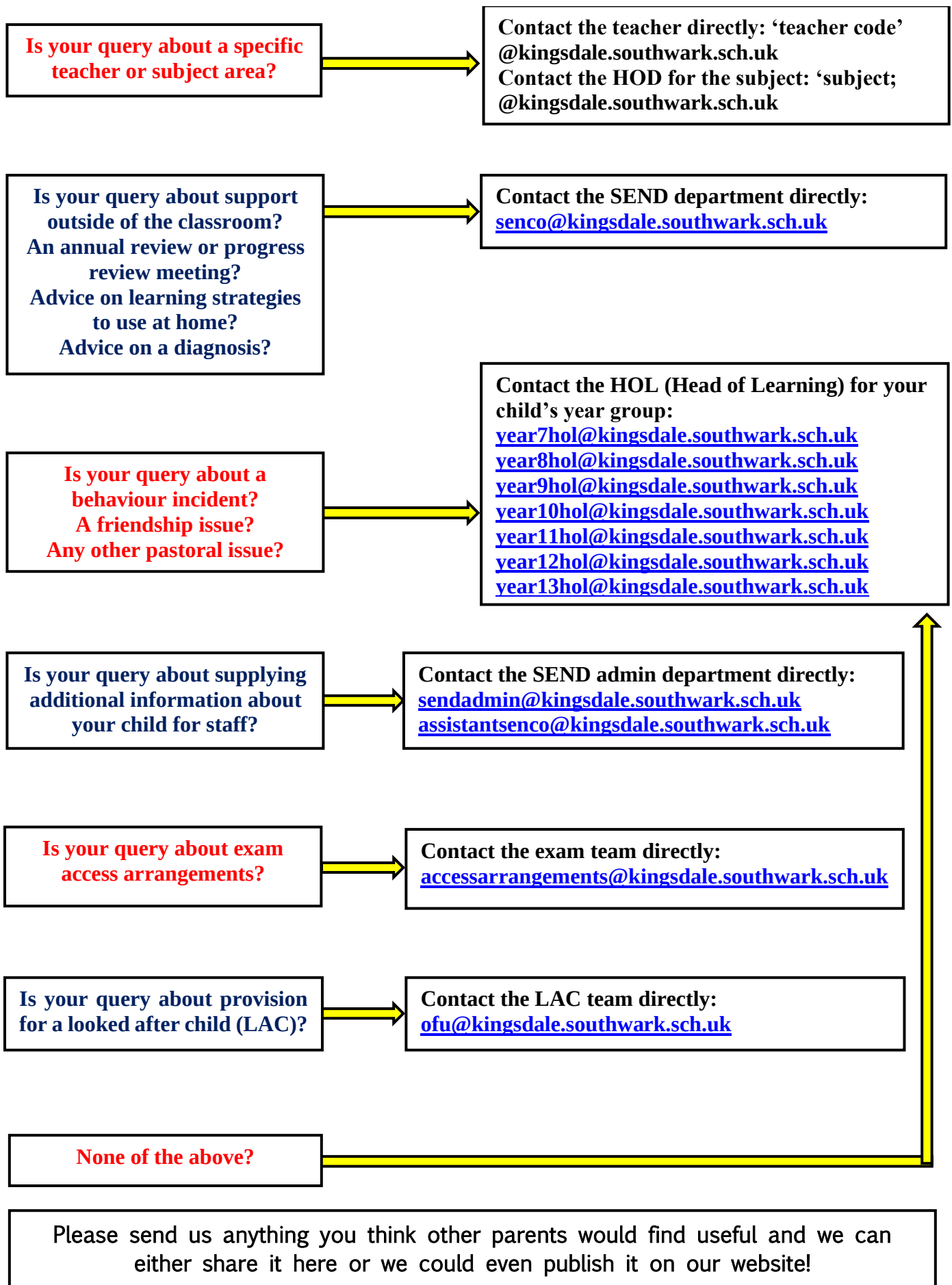
- 1. **Learn About Arthritis:** Take the time to educate yourself about different types of arthritis, their symptoms, and their impact on individuals' lives.
- 2. **Share Information:** Use social media and other platforms to share facts, articles, and personal stories related to arthritis to raise awareness.
- 3. **Support Arthritis Charities:** Consider donating to or volunteering with organizations dedicated to arthritis research, support, and advocacy.
- 4. **Advocate for Access to Care:** Advocate for policies that ensure individuals with arthritis have access to early diagnosis, treatment, and support services.
- 5. **Organize Fundraising Activities:** Host fundraisers or charity events to raise funds for arthritis research and patient support.
- 6. **Engage in Physical Activity:** Encourage individuals with arthritis to participate in appropriate physical activities to maintain mobility and reduce pain.
- 7. **Offer Support:** If you know someone with arthritis, offer your support, understanding, and assistance as needed.

#ArthritisAwareness #NationalArthritisWeek #SupportArthritis #ArthritisAdvocacy #PainAwareness #ArthritisResearch #TogetherAgainstArthritis



Communication Flowchart: SEND

At Kingsdale we would like our communication to be as effective as possible. Please see the flowchart below to help us support your child effectively and get the information needed to the right people.



The School Shop

A reminder that our School Shop is now open during the school day to enable students to purchase a range of useful items that they might need. This includes stationary and uniform items; all of which can be purchased using their school fob. The School Shop is located in the main Atrium nearest to the green stairs.



Lost Property

We are still receiving a large number of items that have been mislaid or lost by students.

In many cases, these items are unlabelled, making it very hard for them to be quickly and successfully reunited with their owners! Please can we ask parents to label all items of their children's property at school, including water bottles, blazers and coats. Lost property queries can be directed to lostproperty@kingsdale.southwark.school.uk

Ways we communicate with Parents and students



We communicate with students & parents via:

Student & Parent Email

Please ensure we have your correct email and mobile phone contact details. Students should also be regularly accessing their student email accounts.

MS Teams

Used to share schoolwork, assignments and files.

Twitter/Website

You can find us at @kingsdalefs. Our website at: www.kingsdalefoundationschool.org.uk

SatchelOne (previously SMHW)

Used to share homework details and other school news via the Notice Board feature with students and parents. Login [here](#).

MyEd app

Downloaded for free at: <https://www.myedschoolapp.com/>
This app provides a range of useful info for parents.

SCHOOL NEWS



KFS Uniform Bank

Our uniform is a key part of our identity and as such we are able to help parents and carers in providing quality uniform items. Sadly, the cost of living is still rising and some families are finding it a challenge to cover all bases in bringing up a family. There is also the negative environmental impact in design and disposal within the clothing industry to consider. Kingsdale community families can acquire cleaned and sanitised pre-worn uniform blazers (Belmont Dry Cleaners in Croxted Road have been most generous with their time and costing in this matter) and other items, dependent on availability, at a much, reduced rate.

The Uniform Bank will also be open between 3.45pm and 4.45pm each Monday, Wednesday and Friday. Please, always check for availability of items prior to making a purchase. This is a rolling programme that continues throughout the entire academic year and as such we are always looking for donations. Please leave washed and folded clothes at the main Reception area. Items of uniform will be available at other times of the year depending on supply. If you would like to help in any way please make yourself known to the team.

If you have any queries, do not hesitate to contact: Mr Lewis at jls@kingsdale.southwark.sch.uk



Talking to your child about

SHARING IMAGES ONLINE

For children and young people, socialising online is part of normal life. Chatting online and sending messages, photos and videos can be a good way of strengthening friendships. Sometimes, however, they can misjudge boundaries and may not realise the impact of their actions.

They can also be manipulated or pressured by others into sending inappropriate content, such as nude or semi-nude images. These can be sent for reasons including humour, shock-value, revenge or exploring bodies and relationships. Once images are shared, they can't be retrieved, leaving them vulnerable in many ways.

Having conversations with your child at an early age about what is and isn't ok to create and share can help keep them safe.



What can you do to keep your child safe online?

S

Set clear boundaries.

Agree with your child what they can do online and their access to certain apps/websites.

T

Talk with your child and be supportive.

Listen to what they already know so you can start a conversation about what normal use is.

E

Educate everyone in the family.

Make sure all family members know what isn't appropriate and how to stay safe online.

E

Evolve with the internet.

Keep up to date with technology used by your child and their features such as smartphones, VR headsets etc.

R

Research, review and regulate the apps and websites your child uses. This will allow you to decide whether they should use them and how to keep them safe online.



Prosecutions of children are very rare but there can be legal consequences to sharing nude or semi-nude imagery of a child (photos, cartoons or other picture formats), even if the person doing so is a child. If you think your child has shared an inappropriate image, speak to an advisor at the Child Exploitation and Online Protection Command (CEOP). Details below.



FOR SUPPORT AND ADVICE, PLEASE VISIT:



ParentZone – Resources for parents/children to help keep kids safe online.



CEOP Education from the National Crime Agency – Advice, information and resources to use with your child to help keep them safer from online child sexual abuse.



Internet Matters – Comprehensive resources and expert guidance to help parents/carers keep their children safe online.



A safe space for teenagers worried about sexual behaviour

Our new website for young people with concerns about their own or someone else's sexual thoughts and behaviour.



shospace.org.uk

Why Shore?

- It is one of the only resources of its kind in the world, designed specifically for young people with concerns about sexual behaviour
- It has reliable information to get anonymous help if they or a friend has acted harmfully online

SCHOOL NEWS

Safe Travel to School

At school, we have shared the key messages about keeping safe with the students. Some of the key messages are outlined below:

“LOOK UP LOOK OUT”

- **BE AWARE** of your surroundings.
- **BE AWARE** when using your mobile phone.
- Know your route home.
- Keep to busy roads.
- Try to be with other people.
- If someone tries to stop you keep walking.
- **SHOUT** for help and make **NOISE**.
- If anything happens speak to a trusted adult as soon as you can.
- **RUN HIDE TELL**.
- There is no right or wrong response as each situation is different but remember that **YOUR SAFETY IS PARAMOUNT**. Only **YOU** can assess the risk.
- Possessions are replaceable, but **you are not**.

Your child must contact the Police immediately on 999 if they are concerned about their safety or if they are the victim of a mugging/attempted mugging.

Students and Parents should also inform the school so that we can offer pastoral support and liaise with our Safer Schools Officer – PC Crampton.

Please contact Mr Harding via dhg@kingsdale.southwark.sch.uk with any queries.



Kingsdale is a Safe Space

We would like to take this opportunity to once again remind students and their families of our two confidential emails which are operational both during and outside of school hours.

This provision is available for any member of our school community wishing to seek advice, discuss any matters relating to mental health & well-being or report an incident or concern confidentially via email.

We appreciate that students, parents, carers or guardians may wish to speak to someone outside of school hours or may wish to disclose an incident or concern confidentially or anonymously.

Our two confidential emails are:

health&wellbeing@kingsdale.southwark.sch.uk

tellsomeone@kingsdale.southwark.sch.uk

Please contact **Ms V Turner** for further information regarding this provision or any matters relating to mental health & well-being at Kingsdale School.

HOUSE COMPETITIONS



A Celebration of Black People and Their Achievements

October is Black History Month in the UK, an event that has been celebrated nationwide for more than 30 years.

The month was originally founded to recognise the contributions that people of African and Caribbean backgrounds have made to the UK over many generations.

Now, Black History Month has expanded to include the history of not just African and Caribbean people but black people in general.



STUDENT TASK: Create a piece of original artwork on the theme of: "A celebration of inspirational black people and their achievements"

HOW TO ENTER: Submit your entry to housesystem@kingsdale.southwark.sch.uk.

Ensure your entry is accompanied by your full name, tutor group and house.

Prizes will be awarded to outstanding entries. We look forward to seeing your work!

National Doodle Day Competition Winner



Rosie Bindman, Year 7
Dove House

Rosie Bindman, Year 7 from Dove House is the winner of this year's National Doodle Day competition, an event where famous faces from the worlds of art, sport, and entertainment come together to support people affected by epilepsy.

Each September, participants create unique doodles that are auctioned off in a week-long eBay auction, with proceeds going to charity. Rosie's winning doodle beautifully captured the essence of her summer holidays, earning her well-deserved recognition.

Congratulations to Rosie for submitting such a creative entry and securing valuable points for Dove House!

Don't forget to enter our weekly House Competitions to gain lots of valuable points for your House Team!

Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the Internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time: they could be considering how to phrase something specific, or they may be gauging your reaction.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

REMIND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are *not* to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body, having perfect skin and so on.

TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

Meet Our Expert

Rebecca Jennings of RAISE (Raising Awareness in Sex Education) has almost 20 years' experience delivering relationships and sex education and training to schools, colleges and other education providers. A published author on the subject, she also advises the Department of Education on the staff-training element of the RSHE curriculum.



National Online Safety®

#WakeUpWednesday

SPORTS FIXTURES

Monday 7th October 2024

- Under-15s Boys' Rugby Away Game against The Cedars School. Leave school at 1pm. Start 2pm. Return at 3.45pm approx.: **Mr McWhirter**
- Under-12 Boys' Surrey Schools' Rugby Festival at Royal Grammar School Guildford. **Times TBC: Mr Worsley**

Tuesday 8th October 2024

- Under-13s Boys' Rugby League Tournament at Streatham and Croydon RFU. Leave school at 1.45pm. Start 3pm. Return at 5.30pm approx.: **Mr Lord/Mr Price**

Wednesday 9th October 2024

- Sixth Form Girls' Football Home Game against Kingston Grammar School. Leave school at 1.45pm. Start 3pm. Return at 5pm approx.: **Mr Jones**
- Under-13s Boys' Football A-Team Away Game against Beths Grammar School. Leave school at 1.30pm. Start 3pm. Return at 5.30pm approx.: **Mr Johnstone/Mr Price**

Thursday 10th October 2024

- Under-13s Boys' Surrey Schools' Rugby Festival at Trinity School, Croydon. **Times TBC: Mr Lord/Mr Price**
- Sports Scholars' Trip to Wembley England v Greece for Students in Years 7 to 11: **Further details issued separately by Mr McWhirter**

Friday 11th October 2024

- Mixed Girls' & Boys' Cross-country Championships at Colfe's School. Leave school at 11am. Start 12 noon. Return at 5.15pm approx.: **Ms McErlane/Mr Dash/Mr Worsley**

***Please note Fixtures/Events may be cancelled due to wet pitches.**

Extra Fixtures may be organised at short notice.

View all fixtures via the link below:

<http://www.kingsdaleschoolsports.org.uk>



The House Leader Board 2024-25

Week ending 4th October 2024

- 1st Place – Dove 17,616 points
- 2nd Place – Swift 16,824 points
- 3rd Place – Albatross 16,127 points
- 4th Place – Falcon 15,608 points
- 5th Place – Eagle 15,536 points

Dove is leading the race now, but what really matters is who is ahead at the end of the year!

HOUSE NEWS

Online Safety Corner

For this week's Online Safety focus, we are looking at everything parents & carers need to know about 'Having open discussions about Digital Lives'.

Please read: Remember to keep an open dialogue with your child about their activities online. **See page 17 above.**

House Captains



YOUR HOUSE NEEDS

YOU!

Would you relish the challenge of becoming a House Captain?

- Are you an organiser and communicator?
- Are you a good team player?
- Do you have lots of creative ideas?

Then you could be ready to be a House Captain!

STUDENT TASK: Write a paragraph to explain why you a House Captain.

The House System remains integral to promoting the *Spiritual, Moral, Social and Cultural development* for all our students across the school.

Email your paragraph:

housesystem@kingsdale.southwark.sch.uk

Include your full name, House, and tutor group.

