

KS3 Curriculum Map – PE Core

Year 7	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Concepts	1. Development of physical literacy & outwitting opponents. 2. Outwitting opponents continued & decision making. 3. Replication & development of core skills. 4. Developing physical & mental capacity.				Year 7 Exam	1. Evaluating and improving. 2. Replication & development of core hand eye coordination skills
Assessment	8 sports assessed (minimum 3 individual and 3 team sports) from Football, Basketball, Table Tennis, Rugby, Gymnastics, Health Related Fitness, Netball, Handball, Hockey, Badminton, Volleyball, Trampolining, Cross Country, Outdoor Adventurous Activities and Dance.					4 sports assessed (minimum 1 individual and 1 team sports) from Athletics, Cricket, Rounders, Softball, Tennis, Yoga, Pilates, Table Tennis and Dance.
Link with National Curriculum and AO	Sports taught during this period cover 4 key concepts from the National Curriculum.					Sports taught during this period cover 2 key concepts from the National Curriculum.
SPaG (Key Words)	Emerging – Basic knowledge of the key concepts are being applied but with significant development required. Developing – Performance of core skills in isolation is generally good with some areas needing further development. Secure – Performance of core skills in isolation is of a high standard with some core skills applied effectively in some sporting situations, all concepts are well understood and applied. Excelling – Most core skills are applied effectively in some sporting situations with some advanced skills applied effectively in isolation.					
Enrichment/ Extra-curricular	1hour to 1hour 30minute sessions in each sport taking place weekly to increase breadth of opportunity and interest including some sports that are not covered in the curriculum.					
	Football, Swimming, Cycling, Basketball, Rugby, Hockey, Dance, Netball, Horse Riding, Archery, Volleyball, Table Tennis, Sports Scholars				Swimming, Tennis, Cricket, Rounders, Athletics, Archery, Sports Scholars	

KS3 Curriculum Map – PE Core

Year 8	Autumn 1	Autumn 2		Spring 1	Spring 2	Summer 1	Summer 2
Key Concepts	1. Outwitting opponents under differing rules & conditions. 2. Outwitting opponents in attack & development of decision making. 3. Evaluating and improving of self and others. 4. Developing physical & mental capacity.	Year 8 Exam	1. Outwitting opponents under differing rules & conditions. 2. Outwitting opponents in attack & development of decision making. 3. Evaluating and improving of self and others. 4. Developing physical & mental capacity.			1. Core skill replication and development. 2. Outwitting opponents and problem solving.	
Assessment	2 sports assessed (minimum 1 individual and 1 team sport) from Football, Basketball, Table Tennis, Rugby, Gymnastics, Health Related Fitness, Netball, Handball, Hockey, Badminton, Volleyball, Trampolining, Cross Country, Outdoor Adventurous Activities and Dance.		6 sports assessed (minimum 2 individual and 2 team sports) from Football, Basketball, Table Tennis, Rugby, Gymnastics, Health Related Fitness, Netball, Handball, Hockey, Badminton, Volleyball, Trampolining, Cross Country, Outdoor Adventurous Activities and Dance.			4 sports assessed (minimum 1 individual and 1 team) from Athletics, Cricket, Rounders, Softball, Tennis, Yoga, Pilates, Table Tennis and Dance.	
Link with National Curriculum and AO	Sports taught during this period cover 4 key concepts from the National Curriculum.		Sports taught during this period cover 4 key concepts from the National Curriculum.			Sports taught during this period cover 2 key concepts from the National Curriculum.	
SPaG (Key Words)	Emerging – Basic knowledge of the key concepts are being applied but with significant development required. Developing – Performance of core skills in isolation is generally very good with few areas needing further development. Secure - Performance of core skills in isolation is of a high standard with most core skills applied affectively in some sporting situations, all concepts are well understood and applied. Excelling – All core skills are applied effectively in some sporting situations with some advanced skills applied effectively in isolation.						
Enrichment/ Extra-curricular	1hour to 1hour 30minute sessions in each sport taking place weekly to increase breadth of opportunity and interest including some sports that are not covered in the curriculum.						
	Football, Swimming, Cycling, Basketball, Rugby, Hockey, Dance, Netball, Horse Riding, Archery, Volleyball, Table Tennis, Sports Scholars					Swimming, Dance, Tennis, Cricket, Rounders, Athletics, Archery, Sports Scholars	

KS3 Curriculum Map – PE Core

Year 9	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Concepts	1. Outwitting opponents with the use of tactics based on opposition’s strengths / weaknesses. 2. Outwitting opponents in attack & development of decision making. 3. Evaluating and improving & peer and self-assessment focus. 4. Development of leadership and communication skills.				1. Advanced core skill replication and refinement based on situations. 2. Outwitting opponents and development of teamwork skills.	
Assessment	8 sports assessed (minimum 3 individual and 3 team sports) from Football, Basketball, Table Tennis, Rugby, Gymnastics, Health Related Fitness, Netball, Handball, Hockey, Badminton, Volleyball, Trampolining, Cross Country, Outdoor Adventurous Activities and Dance.				4 sports assessed (minimum 1 individual and 1 team) from Athletics, Cricket, Rounders, Softball, Tennis, Yoga, Pilates, Table Tennis and Dance.	
Link with National Curriculum and AO	Sports taught during this period cover 4 key concepts from the National Curriculum.				Sports taught during this period cover 2 key concepts from the National Curriculum.	
SPaG (Key Words)	Emerging – Basic and some advanced knowledge of the key concepts being applied but with development required. Developing - Performance of core skills in isolation is generally very good with few areas needing further development. Secure – Most core skills and some advanced skills are applied to a high standard in isolation. Most core skills and some advanced skills applied effectively in some sporting situations, all concepts are well understood and applied. Excelling – All core skills and some advanced skills applied affectively in a number of different sporting situations.					
Enrichment /Extra-curricular	1hour to 1hour 30minute sessions in each sport taking place weekly to increase breadth of opportunity and interest including some sports that are not covered in the curriculum.					
	Football, Swimming, Cycling, Basketball, Rugby, Hockey, Dance, Netball, Horse Riding, Archery, Volleyball, Table Tennis, Sports Scholars				Swimming, Dance, Tennis, Cricket, Rounders, Athletics, Archery, Sports Scholars	

KS4 Curriculum Map – PE Core

Year 10	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Concepts	1. Advanced core skill replication and further development of techniques. 2. Outwitting opponents in attack & development of decision making. 3. Evaluating and improving & peer and self-assessment focus. 4. Development of leadership and communication skills.				1. Advanced core skill replication and refinement based on situations. 2. Outwitting opponents and development of teamwork skills.	
Assessment	8 sports assessed (minimum 3 individual and 3 team sports) from Football, Basketball, Table Tennis, Rugby, Gymnastics, Health Related Fitness, Netball, Handball, Hockey, Badminton, Volleyball, Trampolining, Cross Country, Outdoor Adventurous Activities and Dance.				4 sports assessed (minimum 1 individual and 1 team) from Athletics, Cricket, Rounders, Softball, Tennis, Yoga, Pilates, Table Tennis and Dance.	
Link with National Curriculum and AO	Sports taught during this period cover 4 key concepts from the National Curriculum. Developing involvement in a range of sport and activities that in turn promote an active, healthy lifestyle.				Sports taught during this period cover 2 key concepts from the National Curriculum.	
SPaG (Key Words)	Emerging – Some advanced knowledge of the key concepts being applied but with development required. Developing - Performance of core skills in isolation is generally very good with few areas needing further development. Secure – Most core skills and advanced skills are applied to a high standard in isolation. Most core skills and advanced skills applied effectively in some sporting situations, all concepts are well understood and applied. Excelling – All core skills and advanced skills applied affectively in a number of different sporting situations.					
Enrichment /Extra-curricular	1hour to 1hour 30minute sessions in each sport taking place weekly to increase breadth of opportunity and interest including some sports that are not covered in the curriculum.					
	Football, Swimming, Cycling, Basketball, Rugby, Hockey, Dance, Netball, Horse Riding, Archery, Volleyball, Table Tennis, Sports Scholars				Swimming, Dance, Tennis, Cricket, Rounders, Athletics, Archery, Sports Scholars	

KS4 Curriculum Map – PE Core

Year 11	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Concepts	1. Advanced core skill replication and further development of techniques. 2. Outwitting opponents in attack & development of decision making. 3. Evaluating and improving & peer and self-assessment focus. 4. Development of leadership and communication skills.				1. Advanced core skill replication and refinement based on situations. 2. Outwitting opponents and development of teamwork skills.	
Assessment	8 sports assessed (minimum 3 individual and 3 team sports) from Football, Basketball, Table Tennis, Rugby, Gymnastics, Health Related Fitness, Netball, Handball, Hockey, Badminton, Volleyball, Trampolining, Cross Country, Outdoor Adventurous Activities and Dance.				4 sports assessed (minimum 1 individual and 1 team) from Athletics, Cricket, Rounders, Softball, Tennis, Yoga, Pilates, Table Tennis and Dance.	
Link with National Curriculum and AO	Sports taught during this period cover 4 key concepts from the National Curriculum. Developing involvement in a range of sport and activities that in turn promote an active, healthy lifestyle.				Sports taught during this period cover 2 key concepts from the National Curriculum.	
SPaG (Key Words)	Emerging – Some advanced knowledge of the key concepts being applied but with development required. Developing - Performance of core skills in isolation is generally very good with few areas needing further development. Secure – Most core skills and advanced skills are applied to a high standard in isolation. Most core skills and advanced skills applied effectively in some sporting situations, all concepts are well understood and applied. Excelling – All core skills and advanced skills applied affectively in a number of different sporting situations.					
Enrichment /Extra-curricular	1hour to 1hour 30minute sessions in each sport taking place weekly to increase breadth of opportunity and interest including some sports that are not covered in the curriculum.					
	Football, Swimming, Cycling, Basketball, Rugby, Hockey, Dance, Netball, Horse Riding, Archery, Volleyball, Table Tennis, Sports Scholars				Swimming, Dance, Tennis, Cricket, Rounders, Athletics, Archery, Sports Scholars	