

PE Curriculum Statement

INTENT

The Sport, Health & Recreation Faculty at Kingsdale Foundation School is both progressive and innovative and is fully committed to the development, attainment and wellbeing of all pupils within our care.

Our aim is to engage every pupil in meaningful exercise developing their personal performance and understanding of the subject in a way that is both motivational and inspirational whilst catering for the needs of our whole school community.

Pupil entitlement will be developed in the following ways:

- Through gaining knowledge of both the theoretical and practical elements of sport.
- Development of individual skills within an extensive and inclusive curriculum and extra-curricular programme.
- Meet the individual needs of students at all levels, (sports' scholars, gifted & talented pupils, targeted groups), through the provision of a unique and personalised pathway where students thrive and succeed in PE and Sport whether through academic pathways, competitive or recreational sport and also through the provision of health and rehabilitation support, under the advice and guidance of external health professionals.

All students benefit from state of the art facilities including a 4G all-weather football and hockey pitches, all weather running track, award winning sports hall, dance studio, playing fields and, in the near future a newly equipped fitness studio. Our prestigious play equipment is also very impressive and popular with pupils.

IMPLEMENTATION

How does the Health, Sport & Recreation Faculty at Kingsdale Foundation School implement its aim and student entitlement?

- ***Through gaining knowledge of both the theoretical and practical elements of sport.***
 - Students have the opportunity to study the EDEXCEL GCSE PE course; NCFE Level 1/2 Technical Award in Health and Fitness; and AQA A Level PE.
 - Each week pupils receive 2 hours of core PE with each lesson focusing on a key concept from the National Curriculum through a sport. Every half term the concept and sport changes. These concepts are further developed each year. In the autumn and spring term winter sports are predominately taught. In the summer term summer sports are predominately taught.
 - The core key concepts are:

Acquiring and developing skills – basic and advanced core skill replication of different sports

Tactical understanding - Outwitting opponents in individual and team based situations

Problem solving – Team building and logical thinking

Benefits and effects of exercise - Developing physical, mental and social skills and understand the short and long term effects of exercise on the body systems.

Developing leadership and coaching skills - Evaluating and improving of self and others

- Formative and summative assessments take place throughout the year to evaluate pupil learning. Formative assessment takes place in the form of live marking; verbal feedback; collective whole class feedback; demonstrative feedback; and peer and self-assessment. Summative assessments take place in the form of practical and theoretical end of unit or scheme of work tests and curriculum assessments.
- More specific details of the courses, curriculum maps and assessment schedules can be found on the Sport, Health and Recreation page on the school's website.

Development of individual skills within an extensive and inclusive curriculum and extra-curricular programme.

- The faculty offer an extensive extra-curricular programme with sessions running before school, during lunchtimes and afterschool with in excess of over 30 different sporting activities available to students throughout the course of the academic year.
- The school enter a large number of borough, regional and national competitions in a variety of sports that provide opportunities for pupils to excel in and be recognised by stakeholders individually; as a team; and as a school.
- Half termly house sport competitions; national school sports week and other such events also take place during the course of the year.

Meet the individual needs of students at all levels, (sports' scholars, gifted & talented pupils, targeted groups), through the provision of a unique and personalised pathway where students thrive and succeed in PE, whether through academic pathways or competitive/recreational sport. The faculty also have the provision to provide health and rehabilitation support under the advice and guidance of external health professionals.

- Exclusive sports scholar's sessions take place that aim to develop pupils' ability in a variety of sport.
- Internal and external specialist coaching.
- Educational visits to some of the top national and international stadia in the country.
- Practical and theoretical additional sessions for targeted students
- Ongoing tracking and monitoring of students both within curricular and extra-curricular provision to ensure an ongoing overview is in place of the individual needs of students throughout the school in physical education and physical activity.

- Opportunities for 1-2-1 individualised support during or outside of lessons to include those students with more specific or challenging individual needs.
- Opportunities for students to engage in sport whether on a recreational or competitive level through the provision of a fully inclusive extra-curricular programme.
- Extensive links with outside clubs/professional bodies enabling our abler students to go on to participate/perform at semi and professional level.

IMPACT

- *Increase the number of students opting to participate in and attaining high grades in level 2 & 3 qualifications in sport:*
 - Increase the number of students opting to study physical education at GCSE and A level as well as those students wishing to sit the NCFE Health and Fitness technical award during their core PE allocated time.
 - initiatives and promotion of AQA A-Level physical education within GCSE physical education and open day events.
 - Raising the number of pupils undertaking NCFE Health and fitness within core physical education during key stage 3 to broaden the opportunities to students within the school.
 - Raising the number of pupils undertaking AQA A-Level Physical Education at key stage 4 whilst maintaining the high level of attainment.
- *Maximise the number of students attending extra-curricular sports and recreation clubs within and outside school provision scholarship students and beyond.*
 - Monitoring school, borough and national club registers and support student transition from school clubs to external to raise participation of all students.
 - Achievement of school sports mark, gold award through diversity and quality of school sports and recreation provision and delivery.
 - Celebration of sport scholar's achievements and contributions to the school through termly award events and ceremonies.