

A-Level PE Year 12 Curriculum Map

Year 12	Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1	Summer 2	
Topic/ Section	A. Cardiovascular system. B. Skill Characteristics and their impact on transfer and practice. C. Pre-Industrial (Pre-1780).	Exam 1	A. Respiratory system. B. Principles and theories of learning and practice; C. Industrial and post-industrial (1780-1900).	A. Neuromuscular system and muscular skeletal and movement in physical activities. B. Use of guidance and feedback and aspects of personality; and Information processing and memory models. C. Post WW2 (1950 to present).	Exam 2	A. Diet and nutrition and training methods. B. Attitudes, arousal, anxiety, aggression and motivation. C. Sociological theory applied to equal opportunities.	A. Biomechanical principles and levers. B. Social facilitation, group dynamics and the importance of goal setting. C. The role of technology in physical activity and sport.	A. Applied energy systems and transfer. B. General information processing models. C. Concepts of physical activity in sport.	Year 12 Progress Exam
Assessment									
	Exam paper created using previous exam question based on topics covered.		Internal formative assessment.	Exam paper created using previous exam question based on topics covered.		Internal formative assessment.	Internal formative assessment.	Previous AS Exam paper.	
Link with A-Level Skills and AOs	Paper 1. Factors affecting participation in physical activity and sport.		Paper 1. Factors affecting participation in physical activity and sport.		Paper 1. Factors affecting participation in physical activity and sport.		Paper 2. Factors affecting optimal performance in physical activity and sport.		

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SPAG	In A Level PE the 2 main areas focused on in order to achieve SPAG are: 1. Command words are the words and phrases used in exams and other assessment tasks that tell students how they should answer the question. The following command words are taken from Ofqual's official list of command words and their meanings that are relevant to this subject. In addition, where necessary, we have included our own command words and their meanings to complement Ofqual's list. Analyse, Apply, Assess, Calculate, Comment, Compare, Complete, Consider, Contrast, Define, Describe, Discuss, Draw, Evaluate, Explain, Give, Identify, Interpret, Justify, Label, Name, Outline, Plot, Sketch, State, Suggest. 2. The exams and non-exam assessment (NEA) will measure how students have achieved the following assessment objectives. • AO1: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO2: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. • AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.	
Extra Curricular	Study Skills – Additional lessons are delivered on both a group and individual basis which are aimed at linking specification topics to command words and exam technique. These sessions run weekly throughout the year. The aim of each week is for the students to received detailed feedback on their exam technique in addition to constant student-teacher communication.	Study Skills – Additional lessons are delivered on both a group and individual basis which are aimed at linking specification topics to command words and exam technique. These sessions run weekly throughout the year. The aim of each week is for the students to received detailed feedback on their exam technique in addition to constant student-teacher communication.