

St Anne's Primary School RE at home- Summer term

faith at home

Week 5: (from Monday 15th June)

WEEK 5 THEME: HUMILITY



Key message:

We live in a world where some people say: "look at me, look at me", chasing after fame and wanting to be noticed. Yet the real heroes (as we have seen over the last few weeks) are the everyday people who care and think of others. Many Christians across the world believe that Jesus is a 'Servant King' - one who both showcased and valued humility, calling others to follow his example, too. Being humble means having a realistic picture of ourselves - to be mindful of the times we do amazing things (wow!), the times we fail (ow!) - and seeks to build others up, rather than looking for fame or recognition.

In the Bible, James 4:10, it says 'humble yourselves before the Lord, and he will lift you up.'



Reflective starter



'Fix You/ Bridge Over Troubled Water' sung by the NHS Choir - two beautiful songs about thinking of others, interwoven and sung by everyday heroes:

<https://www.youtube.com/watch?v=T8qHXlShfUQ>



THINK:



Do we sometimes like to show off? Do we like to be the centre of attention? Do we like to show that we are better than others?

I wonder how we might acknowledge our imperfections this week? I wonder how we might build others up this week, putting them before ourselves?

Teaching activities

Early years and KS1



Sometimes we just need to be full of wonder, to see ourselves as small in a vast and beautiful world and universe - so take time to be small - but special because we are part of it all! Humility is a looking outwards with wonder and awe at the gift of everything that isn't 'me'.



Take time to consider how special and wonderful we all are, and yet so tiny!

In the Bible, James 4:10, it says 'humble yourselves before the Lord, and he will lift you up.'

Watch:

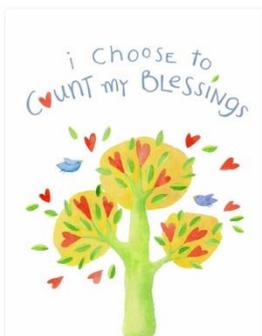
Listen and watch this story 'The Proudful Ant' about an ant who learns what it means to be humble:

https://www.youtube.com/watch?v=1h_Rn-hR5is



The Proudful Ant | A Story about Pride ...

TASK:



Showing humility is also about being grateful for what we have - We have so much that we can be grateful for, yet it is easy to forget the good things we already have and focus on wanting things we don't.

Take time to remember what you have that you can be grateful for.

You might like to make to make a list of all the things you are grateful for to 'count your blessings'.

I am grateful for...



