

Grand challenges	Cultural understanding	Global health	Justice and Equality	Transformative technology	Human wellbeing	Sustainable cities
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	<p><b>Transition and safety</b></p> <p>How do we make a positive transition from primary to secondary school? How do I make healthy choices about my lifestyle?</p> <p>Transition to secondary school and personal safety in and outside school, including first aid</p> <p>(AT1)</p>	<p><b>Health and Puberty</b></p> <p>How do we overcome the challenges of puberty?</p> <p>Healthy routines, influences on health, puberty, unwanted contact, and FGM</p> <p>(ST2)</p>	<p><b>Diversity</b></p> <p>Diversity, prejudice and bullying including cyber bullying</p> <p><i>Diversity, prejudice, and bullying</i></p>	<p><b>Developing skills and aspirations</b></p> <p><i>How do I achieve my ambitions?</i></p> <p>Careers, teamwork and enterprise skills, and raising aspirations</p>	<p><b>Building relationships</b></p> <p>Self-worth, romance and friendships (including online) and relationship boundaries</p>	<p><b>Financial decision making</b></p> <p>How do we use our money wisely?</p> <p>Saving, borrowing, budgeting and making financial choices</p>
L1	<p><b>Discrimination</b></p> <p>Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p>	<p><b>Drugs and alcohol</b></p> <p>How do we look after others and ourselves around us? Alcohol and drug misuse and pressures relating to drug use</p>	<p><b>Community and careers</b></p> <p><i>Equality of opportunity in careers and life choices, and different types and patterns of work</i></p>	<p><b>Emotional wellbeing</b></p> <p><i>Mental health and emotional wellbeing, including body image and coping strategies</i></p>	<p><b>Identity and relationships</b></p> <p>How might identity and relationships affect each other?</p> <p>Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception</p>	<p><b>Digital literacy</b></p> <p><i>How do we ensure that we are internet savvy?</i></p> <p>Online safety, digital literacy, media reliability, and gambling hooks</p>

L1+	<p><b>Peer influence, substance use and gangs</b></p> <p>How should we manage our own decisions? Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation</p>	<p><b>Respectful relationships</b></p> <p>Families and parenting, healthy relationships, conflict resolution, and relationship changes</p>	<p>Enterprise and community engagement <i>First Give</i></p>		<p><b>Intimate relationships</b></p> <p><i>How could the risks associated with sex be avoided?</i></p> <p>Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p>	<p><b>Healthy lifestyle</b></p> <p>Diet, exercise, lifestyle balance and healthy choices, and first aid</p>
L2	<p><b>Mental health</b></p> <p>How do we promote mental health?</p> <p><a href="mailto:openminded@uclacade.my.co.uk">openminded@uclacade.my.co.uk</a></p> <p>Mental health and ill health, stigma, safeguarding health, including during periods of transition or change</p>	<p>Anti racism</p> <p><i>How do I</i></p>	<p><b>Healthy relationships</b></p> <p><i>What should people expect from romantic relationships?</i></p> <p>Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography</p>	<p><b>Exploring influence</b></p> <p>How might social pressures influence my decisions?</p> <p>The influence and impact of drugs, gangs, role models and the media</p>	<p><b>Addressing extremism and radicalisation</b></p> <p><i>Why is a relationship with our community important?</i></p> <p>Communities, belonging and challenging extremism</p>	<p><b>Financial decision making</b></p> <p>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>
	<p><b>Building for the future</b></p> <p>How do we manage the challenges of GCSE year?</p>	<p><b>Next steps</b></p>	<p><b>Personal values, assertive communication</b></p>	<p><b>Independence</b></p>	<p><b>Families</b></p> <p>Different families and parental responsibilities,</p>	<p><b>Exams</b></p>