

November Values Newsletter

Last month's value was Tolerance and the Values Ambassadors chose it for October as there are a number of events connected with tolerance, such as Black History Month. We spent time in worship sessions and community circle in our classes looking at examples from history and real life where people had shown tolerance, even if they had not been shown tolerance themselves.

Congratulations:

The winners for the value awards for last month are Georgie Demetriou (Year 5), Doni Duva (Year 6), Blythe Day (Year 7) and Will Fisher (Year 8). Mr Campbell won the staff award. The overall pupil values award goes to Blythe Day. Congratulations to all the award winners.

Compassion

"If you want others to be happy, practise compassion.
If you want to be happy, practise compassion."
Dalai Lama



- Compassion is showing empathy to others without judgement.
- Compassion is understanding each other's feelings.
- Compassion is listening to each other's problems and concerns.

So that you can show compassion, perhaps you could try doing these things:

- Be kind and helpful to all people no matter what gender, colour or beliefs.
- Try to look at things from another's point of view.
- Listen to what other people have to say.
- Look after one another, yourself and your surroundings.

"There is nobility in compassion, a beauty in empathy and grace in forgiveness".
John Connolly

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."
Ephesians 4

This month's editors are from Year 6:

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