



COVID-19

Coronavirus

Cleveland Local Resilience Forum

Community messaging

Monday April 6th 2020



British Sign Language

A source of good information for BSL users is BSL Zone which provides an accessible daily update on the latest Covid-19 news.

- <https://www.bslzone.co.uk/covid-19-news-info>

Do you know where your children are?

Over the last weekend, there has been a spike of incidents including reports of arson, large groups of youths congregating outside shops and children meeting within streets to either play games or chat.

Children as well as adults **MUST** stay at home. They should not be meeting friends nor family that do not live within their own home. You should only go outside for one form of exercise per day, for example a run, walk or cycle. This should be alone or only with members of your household.

The virus does not discriminate. They could be meeting friends who, within their household, may have the virus but not showing symptoms and be bringing it back in to yours. Anybody and everybody can catch and can die from the virus. The more

everyone follows the rules, the fewer lives will be lost and the sooner life can return to normal.

The emergency services are extremely stretched at present due to the Coronavirus pandemic. They are working under immense pressure not only due to staff shortages brought on because of self-isolation and sickness but also having to police a minority of a community that will not follow government guidelines.

Follow government rules to stay at home and save lives. If you or your children break the rules, the police will issue fines and disperse gatherings.

Further support for Personal Protective Equipment

There has been some great support from individuals and businesses across the region who have donated or supplied Personal Protective Equipment (PPE) and it is evident that there are many more out there that would like to help.

To co-ordinate and support distribution across our region, a central email ngccg.ppe@nhs.net and web page nhsjoinourjourney.org.uk/key-documents-and-briefings/pppe/ have been set up as well as a local drop-off point.

The web page provides some additional information about the sorts of items that are required and provides further guidance.

The centralised hubs will ensure the delivery of PPE to key partners including care providers, care homes, pharmacies and doctors surgeries ensuring it reaches those who need it most.

Type of PPE needed:

- Aprons
- Clinical waste bags
- Eye protection – glasses
- Eye protection – visors
- Face masks Type IIR
- Respirators FFP2
- Respirators FFP3
- FiT testing kit
- FiT testing solutions
- General purpose detergent
- Gowns
- Hand hygiene
- Swabs and test kits

Shopping

You should only leave the house to go shopping for basic necessities as infrequently as possible. You should not be making unnecessary journeys to shops for non-essential items. In doing these activities, you should minimise time spent outside of the home and ensure you are two metres apart from anyone outside your household.

If you do go to shops, they will have a number of rules and procedures in place to both further protect yourself against the virus but also the staff that are working within that area. You must ensure that you follow these guidelines. Stores will ensure a distance of two metres between customers and shop assistants, let people enter only in small groups and have queue controls in place.

When you return home, wash your hands or use a hand sanitising gel.

Clean and disinfect regularly touched objects and surfaces using your regular cleaning products to reduce the risk of passing the infection on to other people.

Shops have implemented special shopping times for the vulnerable and NHS Staff. Please respect these policies.

Important message from the Coastguard

People are still going to the coast and beach despite Government warnings to stay at home because of COVID-19. HM Coastguard is getting a number of calls reporting groups of people on beaches across the UK.

Steve Hart, Senior Coastal Operations Officer for HM Coastguard said: "The rules are very simple and can be found on the Government website. Stay at home. The risk of spreading coronavirus is huge and while you might be okay, the person you give it to may not. And if you get into trouble and have to call 999 and ask for the Coastguard, you're then putting frontline emergency responders at risk of COVID-19 too. At this time of the year the beaches aren't lifeguarded which is a double risk to you and our emergency responders. Help us to help you. Stay at home."

