



Sandwiches and Soup

Sandwiches	from £3.95
<i>Choose from a selection of sandwiches, baguettes and wraps made fresh daily</i>	
<i>(gluten free options available)</i>	
Homemade soup and bread roll	£4.95
<i>Soup of the day and fresh bread roll (gluten free option available)</i>	
Soup and a sandwich	£8.45
Soup and hot pudding	£8.45
Sandwich and hot pudding	£8.45

Desserts, Cakes and Pastries

Traditional hot pudding	£4.75
<i>Sweet apple crumble served with custard</i>	
Monthly special dessert	£4.75
<i>Sticky toffee pudding with salted caramel or custard</i>	
Cake and desserts	from £2.95
<i>Available from 10.00am-6.00pm</i>	
<i>A selection of delicious cakes, tartlets and desserts</i>	

Afternoon Tea	
<i>Available from 12.00pm-6.00pm</i>	
St Martin's Afternoon Tea	£10.95
<i>A selection of homemade sandwiches, fruit scones, miniature cakes and desserts served with Cornish clotted cream, jam and a pot of tea or filter coffee</i>	
<i>Add a glass of sparkling wine for £5</i>	£15.95
Cream tea	£6.45
<i>Fruit scone, jam and Cornish clotted cream, served with English Breakfast tea or filter coffee</i>	
Fruit scone with Cornish clotted cream and jam	£4.75
Scone with butter	£2.45

August - September 2018

Home-cooked meals from our kitchen

Available from 11.30am

Baked lemon and dill marinated salmon fillet ⁵ GF	£10.45
Beef and horseradish meatball skewers GF	£9.95
Roast vegetable and butter bean enchilada ^{4/7} V GF	£9.95
All of the above dishes are served with a choice of 3 sides:	
Steamed herb and garlic new potatoes	
Mint and olive cous cous ^{2/14}	
Selection of seasonal vegetables	
Cauliflower cheese ^{2/7}	
Leaf salad	

Traditional fish and chips served with garden or mushy peas, chunky chips, tartar sauce and lemon wedge ^{4/5/7/9} * Fridays only	£11.45
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Two Course Special	
A main course, dessert and a 175ml glass of wine or bottled beer	£18.45
A main course, dessert and a soft drink	£16.45
Fish & Chips (Fridays)	supplement £1

Open Sandwich	£6.95
Gravlax salmon with tomato, gherkins, lemon creme fraiche and fresh dill served on sourdough ^{5/7/14}	
Prosciutto and piccalilli with rocket served on sourdough ¹⁴	
Feta, mushroom, caramelised red onion and fresh spinach served on sourdough ^{7/14}	
Open sandwich plus 1 salad	£9.95

Allergens
1. Celery / 2. Cereals containing gluten / 3. Crustaceans / 4. Eggs / 5. Fish / 6. Lupin / 7. Milk / 8. Molluscs / 9. Mustard / 10. Nuts / 11. Peanuts / 12. Sesame seeds / 13. Soya / 14. Sulphites
V = vegetarian VG = vegan GF = gluten free

Please ask the café team for further allergen information