





# WALK FOR WATER GUDE

Thank you for considering a walk for water to raise money to give people around the world Safe Clean Water.

Here are a few steps that might help your day to run smoothly so you can all enjoy it.

## 1. Check out our resources - Samaritans-purse.org.uk/water

- Go to the **Get involved** and **Fundraising pages** on our website for lots of information that you can share with others leading up to and on the day.
- Have a look at our Fundraising Guide for some useful hints and tips on how to go about your fundraising and inspire others to join in.
- Set up a Facebook, Just Giving or Virgin Giving Fundraising page or download a sponsorship form from our website.
- Spread the news that people all over the world are desperate for clean water and get your friends, family and local community to sponsor you. Encourage others to sponsor you along the way.
- You could also invite others to pay a minimal fee to join the walk as their way of supporting the cause.





2. Choose your route: as well as local walks, please also see the Fundraising Page on our website under walk for water for some great walks up and down the country.

## 3. Plan your route: some things to consider:

- ls it a circular route or do you need transport at the other end?
- How long is the walk and is it suitable for all ages? (Is the route suitable for push-chairs?)
- Are there toilets on route?
- Are you going to provide refreshments along the way, at the start and finish, or hold a celebration at the end?
- **4. Get permission:** if you are organising a big walk for others and need to put up signs, it's best to let the local authorities or local police know of your intentions. The police will need at least six days' warning but it's best to give them plenty of notice.
- **5. Stewards:** you might want to involve some stewards along the way to help point people in the right direction. Make sure your stewards are fully briefed and are easily recognisable as stewards!
- **6. Stick together:** give those walking a map of where you are heading, and times of where you might meet up. Exchange mobile numbers in case anyone goes astray.

#### 7. Insurance

- If you are organising a big event with lots of people coming, you may need to take out Public Liability Insurance.
- If you are a Church, School or other similar organisation, you may already be covered, but we would recommend you check.
- Otherwise each person remains individually liable for their actions.
- Please note that anyone taking part in an organised walk does so at their own risk and Samaritan's Purse will not be responsible for any injuries, loss or damage that may occur as a result.
- If you are a school or youth group, please ensure that you obtain written parental consent for each child under the age of 16 taking part. Please note the recommended ratio for each walk is one adult to every 6 children.

#### 8. First aid

- It is important to make sure you have adequate First Aid provision such as a basic First Aid kit, waterproof clothing, drinks/snacks.
- A qualified First Aider on standby during the walk is recommended. They should be easily identified by a badge or fluorescent jacket. You may even want to supply a First Aid Tent. If there are a large number of people on your walk it's recommended that you consult your local St. John's Ambulance. They will assess your needs and advise on the appropriate level of First Aid cover required. Local office addresses can be found at: http://www.sja.org.uk/sja/





## 9. Carry some water

- Make sure you have enough water between you when you leave and consider where you might stock up on route you could set up a drinks station.
- Ensure everyone has their own water bottle or equivalent.

# 10. After the event

- Please remove any signage and litter
- Please encourage all participants to collect their money from their sponsors and send it in to: Donor Ministries, Samaritan's Purse International Relief, Victoria House, Victoria Road, Buckhurst Hill. Essex IG9 5EX

## 11. Please tell us about your day

• Share your fundraising with us on social media:

Facebook: Please tag us, or share on our page: www.facebook.com/SamaritansPurseUK

Twitter: Tweet us twitter.com/SamspurseUK

Instagram: account is SamsPurseUK