

### WHAT EQUIPMENT IS PERMITTED AT EACH LEVEL?

Within LEVEL 0-2 (AND 3 FOR YOUTH) all traditional RUGBY TRAINING EQUIPMENT (e.g. balls, cones, tackle shields, scrum machines) can now be used as long as they are CLEANED BEFORE AND AFTER training.

Within LEVEL 3 AND 4 FOR ADULTS, ONLY A BALL can be used.

Bibs can be used at any level but should be TREATED AS A PLAYER'S INDIVIDUAL PERSONAL EQUIPMENT, and therefore taken home and washed by each player rather than being collected in at the end of a session.



EXTRA CAUTION should be taken when using equipment that has been INACTIVE for a long period of time (e.g. tackle bags), as they may require a more thorough clean or service (e.g. scrum machines). A thorough RISKASSESSMENT should be undertaken before pieces of equipment such as scrum sleds are used.

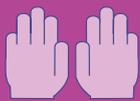
Individuals should bring their own water-bottles. These should NOT be shared in any circumstances.



### HOW SHOULD EQUIPMENT BE CLEANED?

Where shared equipment is necessary for an activity appropriate hygiene measures must be put in place to ensure the equipment is thoroughly cleaned before, during and after use. Advice on ball cleaning can be found [HERE](#).

Clubs should set up a ball / equipment cleaning station at every session they are delivering. This should include:



DISPOSABLE  
GLOVES



SPRAY BOTTLE  
OF DISINFECTANT  
SOLUTION  
(conforming to  
EN14476 standards).



DISPOSABLE  
WIPES



A BIN OR BAG  
for disposing of  
gloves/wipes



DESIGNATED  
CLEANER

One person should be designated as responsible for cleaning shared balls before and after each use.

Shared equipment (e.g. balls) should be cleaned BEFORE AND AFTER EVERY SESSION.



Clubs should provide hand-sanitiser at all sessions, but individuals should also be encouraged to bring and use their own where possible.

