



Return to Rugby Club & School Game

Phase 2 Training Checklist

Risk: Spread of Covid-19
Who can be affected: Anyone who physically comes in to contact with the training group or individuals within the group.

We recommend that all team lead representatives complete a Training Checklist for all coach led training sessions to mitigate risks of spreading Covid-19. You can download this template to use, or your club can create their own checklist. It is important that you can identify the hazards relevant to your own environment.

We recommend that this Training Checklist is dated and shared with your Covid-19 Safety Coordinator and stored on an online shared platform.

Age/Training Group	
Date Complete	
Completed by	

Actions to be taken	Action taken
Check in & check out register is taken	
Hand washing facilities with soap and water in place and all players/coaches use before session	
Alcoholic gel sanitiser available for use	
All equipment is cleaned and disinfected before and after use	
Pitch/training areas are clearly marked out and in line with social distancing measures	
Guidance and relevant signage is clearly visible	

Action and behaviours to be considered during practice
No sharing water bottles
No hand shaking
No huddles
No close or physical contact
Any meetings to be held outside and to not last longer than 5mins