



Scottish Rugby

ANTI-DOPING POLICY

FOREWORD

The benefits of participation in sport are widely recognised, not just in terms of health but in building confidence, teamwork and friendships. Scottish Rugby's Values of **Leadership, Engagement, Achievement, Enjoyment and Respect** apply across all areas of our sport, from mini rugby through to our international teams.

We all have a responsibility to look after the participants in our game, with their wellbeing and safety being at the centre of everything we do. Scottish Rugby's aim is that everyone who is involved with our sport has a positive experience and goes on to achieve their full potential both within the game and in life.

Scottish Rugby takes the issue of doping in sport extremely seriously. Taking prohibited substances can seriously affect the health and wellbeing of those who take them and their use has the potential to adversely affect fair competition and the reputation of our game. In view of this Scottish Rugby has adopted the attached Anti-Doping Policy and associated Regulation, SDR 21.1 Anti-Doping.

To support our Policy and Regulation, we will provide advice and guidance to players, clubs and to the volunteers who are the heartbeat of our game. We will also monitor best practice in this area and will, where necessary and appropriate, update our Policy and Regulation accordingly.

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Chief Executive
Scottish Rugby

September 2020

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POLICY STATEMENT

Scottish Rugby considers that:

- doping represents a threat to the health and wellbeing of those who participate in rugby and to fair and sporting competition;
- through their actions, players and others can influence the lives and behaviours of others; and
- the use of prohibited substances and methods can bring the sport into disrepute.

Scottish Rugby wishes to prevent doping by those participating in rugby. It has therefore adopted a Regulation (SDR 21.1 : Doping) with a view to protecting the health and wellbeing of players and to protect the image of the game.

All those under the jurisdiction of Scottish Rugby must comply with SDR 21.1 : Doping.

Key principles:

- Primary responsibility for the health and wellbeing of each player lies with the individual player.

- Participants in the game are obliged to follow World Rugby's Regulations Relating to the Game, including World Rugby Regulation 21 (Anti-Doping).

- World Rugby recognises the World Anti-Doping Authority ("WADA") and has adopted the World Anti-Doping Code (the "WADA Code").

- Scottish Rugby has adopted a Regulation (SDR 21.1: Anti-Doping) in relation to the testing of players for WADA Prohibited Substances (both in and out-of-competition), and the subsequent sanctioning of offenders. This Regulation conforms with both the World Anti-Doping Code and World Rugby's Regulation 21 (Anti-Doping).

- Scottish Rugby believes that best practice is represented by SDR 21.1 and World Rugby Regulation 21.

- The welfare and safety of the player is paramount.

SCOTTISH RUGBY CORE VALUES

Scottish Rugby is the Governing Body of the sport of Rugby Union in Scotland and promotes these core values from our National Teams through to grassroots rugby.

Our core values are:

LEADERSHIP

ENGAGEMENT

ACHIEVEMENT

ENJOYMENT

RESPECT

ROLES AND RESPONSIBILITIES

To ensure an environment in which all participants can enjoy their rugby, everyone involved in the game must work together. It is EVERYONE'S responsibility to contribute to the wellbeing of players.

SCOTTISH RUGBY WILL:

- Appoint a Chief Medical Officer to oversee best practice in the medical support of players at all levels.
- Develop and publish an anti-doping regulation, SDR 21.1 : Anti-Doping, and ensure that the Regulation and any associated guidance is regularly reviewed and updated.
- Require that member clubs comply with the Regulation as part of the Club Minimum Operating Standards.
- Provide education materials, advice and assistance in relation to the Regulation to players and their clubs.
- Manage and respond to referrals and/or concerns in an efficient and fair manner.
- Take disciplinary action against those who breach the Regulation.

MEMBER CLUBS WILL:

- Ensure that their players, coaches, medics and other club officials are aware of Scottish Rugby's Regulation SDR 21.1 : Anti-Doping.
- Ensure that players and club officials comply with the terms of the Regulation and any associated guidance.
- Report any suspected breaches of the Regulation.

PLAYERS, COACHES AND TEAM MEDICS WILL:

- Ensure that the game is played in accordance with Scottish Rugby's Core Values.
- Take responsibility for their own safety and that of other players. Specifically, players shall take responsibility for anything consumed or is found to be in their body.
- Abide by the terms of Scottish Rugby's SDR 21.1 Anti-Doping and any associated guidance.

DEFINITIONS

ANTI-DOPING OFFICER

Means the person, having appropriate knowledge and expertise, who is appointed by Scottish Rugby to act on its behalf in this capacity in matters arising under this Regulation.

CHIEF MEDICAL OFFICER (CMO)

The person, having appropriate knowledge and expertise, who is appointed by Scottish Rugby to act on its behalf in this capacity in matters arising under this Regulation.

SCOTTISH RUGBY

Means Scottish Rugby Union Limited.

NATIONAL ANTI-DOPING PANEL

Means the national tribunal and appellate body, being independent of sporting governing bodies, responsible for determining anti-doping hearings in the UK.

UK ANTI-DOPING

Means the organisation responsible for protecting sport in the United Kingdom from doping, being a non-departmental public body of the Department for Culture, Media and Sport

WADA

Means the World Anti-Doping Authority.

WORLD RUGBY

The international governing body for the sport of Rugby Union.

SCOTTISH DOMESTIC REGULATION 21.1 : ANTI-DOPING

1. POSITION STATEMENT

- 1.1 Scottish Rugby considers that:
 - 1.1.1 doping represents a threat to the health and wellbeing of those who participate in the game of rugby football and to fair and sporting competition;
 - 1.1.2 through their actions, players and others associated with the game have the ability to influence the lives and behaviours of others; and
 - 1.1.3 the use of prohibited substances and/or methods can bring the sport into disrepute.

2. OBJECTIVES

- 2.1 Scottish Rugby wishes to prevent the use of prohibited substances and/or methods by those participating in rugby and has therefore developed this Regulation (SDR 21.1 : Anti-Doping) with a view to:
 - 2.1.1 protecting the health and wellbeing of players and others; and
 - 2.1.2 protecting and promoting the image of the game of rugby football.
- 2.2 These objectives shall be effected through:
 - 2.2.1 educating those involved in the game about the dangers of doping;
 - 2.2.2 providing positive examples for young players and others in the rugby community;
 - 2.2.3 providing effective deterrents to the use of doping; and
 - 2.2.4 protecting and promoting the image and interests of the game, its clubs, teams, sponsors and other stakeholders as a sport free of doping.

3. APPLICATION

- 3.1 The Scottish Rugby Union is a Member Union of World Rugby and as such is required to implement anti-doping regulations within Scottish rugby that are in conformity with the World Rugby anti-doping regulations.

4. WORLD RUGBY ANTI-DOPING REGULATIONS

- 4.1 World Rugby is a Signatory to the World Anti-Doping Code (the “Code”) and has implemented Code-compliant anti-doping regulations, World Rugby Regulation 21.
- 4.2 World Rugby has also incorporated Doping Control Procedural Guidelines (the “Guidelines”) and the Prohibited List International Standard (the “Prohibited List”) into World Rugby Regulation 21 as Schedules 1 and 2 respectively.
- 4.3 World Rugby Regulation 21, the Guidelines and the Prohibited List may be amended from time to time. It is each Person’s responsibility to ensure they are aware of the most current version and comply with them.

5. ADOPTION OF WORLD RUGBY REGULATION 21

- 5.1 As a member of World Rugby, Scottish Rugby is bound by World Rugby Regulation 21 and hereby adopts World Rugby Regulation 21 as its own anti-doping rules with the additional provisions set out below.
- 5.2 The Scottish Domestic Regulation 21.1 should therefore be read in conjunction with World Rugby Regulation 21 and supplements the provisions of that document.

6. UK ANTI-DOPING RULES

- 6.1 Scottish Rugby also adopts the UK Anti-Doping Rules published by UK Anti-Doping (or its successor) as amended from time to time insofar as they contain additional provisions to those contained in World Rugby Regulation 21. References to 'NADO' in the World Rugby Regulation 21 shall be read as 'UK Anti-Doping'. In the event of a discrepancy or conflict between the UK Anti-Doping Rules and World Rugby Regulation 21, or where a different approach is taken, the different approach mandated by World Rugby Regulation 21 shall apply.
- 6.2 Scottish Rugby confers onto UK Anti-Doping certain obligations arising from World Rugby Regulation 21, including in particular its responsibility for case to answer determination and results management authority as set out in Article 7 of the UK Anti-Doping Rules.

7. COMPLIANCE

- 7.1 All those within Scottish Rugby's jurisdiction are obliged to comply with the terms of both World Rugby Regulation 21 and Scottish Domestic Regulation 21.1 (together herein referred to as "the Regulation").

8. DISCIPLINARY MATTERS

- 8.1 Disciplinary proceedings brought in relation to matters under the jurisdiction of UK Anti-Doping or the Scottish Rugby Union shall be referred to and heard and determined by a National Anti-Doping Panel (NADP) first instance tribunal. The post-hearing review proceedings shall be referred to and heard and determined by an NADP appeal tribunal. References in the Regulation to 'disciplinary body', 'Judicial Committee', and 'Post-Hearing Review Body', shall be read accordingly. This conferral of jurisdiction on the NADP is subject to the conditions set out in World Rugby Regulation 21.7.13.

9. FURTHER INFORMATION

- 9.1 Participants and their connected parties are encouraged to contact Scottish Rugby's Anti-Doping Officer if they are unclear as to any aspect of the Regulation.

CONTACT US

Advice with regard to SDR 21.1 (Anti-Doping) may be obtained by contacting Scottish Rugby's Anti-Doping Officer. Advice in relation to prohibited substances or any associated medical queries may be addressed to Scottish Rugby's Chief Medical Officer.

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RAISING A CONCERN

Where a concern arises in the relation to the participation of a player who may be doping, or where there is concern that best practice may not be followed, the matter may be referred to Scottish Rugby Union's Anti-Doping Officer or the Chief Medical Officer.

Alternatively, the matter may be referred to Report Doping in Sport. This can be done by telephone (08000 32 23 320), email (intelligence@ukad.org.uk) or via a variety of social media platforms including Twitter and WhatsApp (link to full contact details: <https://www.ukad.org.uk/violations/report-doping-sport>).

POLICY AMENDMENT PROCESS

Changes to SDR 21.1 Anti-Doping shall be approved by the Scottish Rugby Board.



SCOTTISH RUGBY

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