## Contents

1. Foreword .................................................. 3
2. Anti-Doping Policy ........................................ 4
3. Testing Programme ...................................... 4
4. Test Statistics 2017-18 .................................. 4
5. Results Management ................................... 5
6. Education .................................................. 5
7. Whereabouts .............................................. 6
8. Reporting A Concern .................................. 6

Appendix 1 – Anti-Doping Rule Violations
Appendix 2 – Useful Contacts
1. Foreword

Scottish Rugby is committed to the fight against doping in sport. Doping is wholly against the integrity of our game and runs counter to Scottish Rugby’s core principles of Leadership, Engagement, Achievement, Enjoyment and Respect.

Regrettably evidence suggests that the threat of doping continues to increase, with the prevailing “gym culture” and the increasing availability of prohibited substances providing many challenges. The hard evidence of doping – in the form of the number of rugby players testing positive for banned substances – also supports this view.

To counter this threat Scottish Rugby has adopted a three pronged approach:

• Clear policies have been adopted in respect of Anti-Doping and the Use of Supplements. These policies are available on our website and are regularly publicised in our club communication ezine.

• Anti-doping education and support is made available to all players and club officials. All professional and representative players receive mandatory anti-doping education. Education is available to clubs at all other levels and via our website. All involved with our game are encouraged to make use of this service.

• Scottish Rugby works hand in hand with UKAD, World Rugby and other Unions in order to minimise the risk of doping in our game.

Scottish Rugby recognises the importance of testing to both protect the integrity of our competitions and to act as a deterrent to those tempted to dope. During 2017/18 testing was undertaken at all levels of our game and across the whole country. Testing was conducted both in and out-of-competition.

As a result of this testing programme three doping offences were identified. To date, two of these cases have been determined by the National Anti-Doping Panel, with the players concerned receiving a lengthy ban from participation in all sport. Details of these offences are listed in the Appendix 1 to this Report, with full details of each case available from the UKAD website.

Finally, whilst doping can affect fair competition, it can also seriously affect the health of those who dope. Intelligence on doping therefore not only protects the integrity of our game but also the health and well-being of those who might be tempted to dope. Scottish Rugby encourages anyone with intelligence as to any potential doping offence to contact ourselves or UKAD, and to work with ourselves and the relevant authorities to keep rugby clean.

Graham A Ireland
Head of Regulation
2. Anti-Doping Policy

Scottish Rugby’s domestic anti-doping regulation, SDR 21 Anti-Doping, is built around the dual requirements of World Rugby’s Anti-Doping Regulation and the UK Anti-Doping authority’s (UKAD’s) rules. In essence Scottish Rugby has adopted the World Rugby Regulation but has conferred on UKAD and the UK’s National Anti-Doping Panel certain responsibilities arising from it (in relation to Results Management and Disciplinary Proceedings).

Scottish Rugby’s Anti-Doping regulation and the associated policies and training materials are available from the “Regulations” section of the Scottish Rugby website.

3. Testing Programme

Drug testing in Scottish Rugby is carried out on Scottish Rugby’s behalf by UKAD, both as part of UKAD’s public interest programme and also in accordance with Scottish Rugby’s own domestic testing programme. At international and professional level testing is also carried out by the World Rugby, Six Nations and EPCR.

Players at all levels of the game can be tested. Testing can happen at any location and at any time. Increasingly our testing policy has shifted towards an intelligence led basis rather than simple random testing (though we believe that it remains important to achieve a spread of testing across the whole country and across league levels). Testing is routinely conducted after matches, at training and, where appropriate, can take place unannounced at a player’s home. Both blood and urine testing is undertaken.

4. Test Statistics 2017-18

A total of 244 tests were undertaken during the period. In the previous year there were 248 tests. Of these 175 tests were conducted out-of-competition (2016/17 – 173 tests) and 69 (75) in-competition.

<table>
<thead>
<tr>
<th>Authority</th>
<th>UKAD</th>
<th>World Rugby</th>
<th>GNC</th>
<th>EPCR</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of tests</td>
<td>125</td>
<td>99</td>
<td>16</td>
<td>4</td>
<td>244</td>
</tr>
</tbody>
</table>

Nature of Test:

| In Competition | 36 | 13 | 16 | 4 | 69 |
| Out of Comp.   | 89 | 86 | 0  | 0  | 175 |

Sample Type:

| Urine         | 117 | 79 | 16 | 4 | 216 |
| Blood and Urine | 8  | 20 | 0  | 0  | 28 |

Findings: (Note 1)

| Adverse | 3 | 0 | 0 | 0 | 3 |
| Atypical | 0 | 0 | 0 | 0 | 0 |

Notes

1. An “Adverse” finding indicates a failed test. An “Atypical” finding indicates a test result outwith normal parameters, often requiring further medical investigation.
5. Results Management

Scottish Rugby has delegated responsibility for results management and the prosecution of charges for Anti-Doping Rule Violations to UKAD. Cases brought by UKAD are heard before the UK National Anti-Doping Panel (NADP), the government funded independent tribunal responsible for dealing with Anti-Doping cases.

There were 3 Adverse Findings during the period (2016/17 - no adverse findings). The NADP has released decisions in respect of the following two cases:

- **Andrew Acton (Marr RFC)**: Mr. Acton was tested out-of-competition following a Marr RFC training session on 10 August 2017. The testing was part of UKAD’s public interest testing programme. Analysis of the sample provided indicated the presence of Stanozolol-N-Gluconoride (a metabolite of a prohibited steroid, Stanozolol). The NADP suspended Mr. Acton from participation in all sport for a period of 3 years 9 months (ending on 7 June 2021).

- **Tyrell Wilson (Newton Stewart RFC)**: Mr. Wilson was tested in-competition following a match at Haddington RFC on 13 January 2018. The testing was part of Scottish Rugby’s testing programme. Analysis of the sample provided indicated the presence of MDMA (also known as ecstasy), a prohibited stimulant. The NADP suspended Mr. Wilson from participation in all sport for a period of 2 years (ending on 12 January 2020).

One 2017/18 case remains with the NADP for determination. Details of all current Scottish Rugby doping violations are provided in Appendix 1.

6. Education

Scottish Rugby’s Anti-Doping education programme is led by Dr. James Robson, Scottish Rugby’s Chief Medical Officer. In this regard:

- **National Squads and Professional Teams**: Education sessions were delivered to all of Scotland’s representative squads and also to both Scottish professional teams.

- **Premiership Clubs**: As part of the club Minimum Operating Standards each Premiership Club was required to arrange for a member of their medical team to complete the UKAD Anti-Doping Advisor course and thereafter take responsibility for anti-doping activity within their club.

- **Clubs at other levels**: Education was made available to clubs at all other levels through a series of regional workshops and via the Scottish Rugby website. Scottish Rugby encourages all involved with the game to make use of this service, the availability of which is published regularly via Scottish Rugby’s club communications ezine.

7. Whereabouts

At the present time 38 Scotland senior international and sevens squad players are members of World Rugby’s International Testing Pool. These players are required to provide “whereabouts information” (including the player’s home address and club training schedules), in order that they can be available for out-of-competition testing. UKAD operates an additional Testing Pool which currently includes a further 13 players, increasing the number of professional and other representative players required to provide whereabouts information to 51.

8. Reporting A Concern

Intelligence is a crucial element in the process of preventing doping in sport. Since 2016, nearly half of all UKAD Anti-Doping Rule Violations have been identified as a result of intelligence received. Last season two out of the three doping violations within Scottish Rugby were identified based on intelligence received.

If you are concerned that doping may be taking place you can share your concerns, in confidence, with UKAD by calling 08000 32 23 32 or by reporting them online at www.reportdoping.com. Alternatively, please contact Scottish Rugby’s Anti-Doping Officer, Richard McGhee (E: Richard.mcghee@sru.org.uk T: 0131 346 5029).
Appendix 1: Anti-Doping Rule Violations

The following Scottish Rugby Union players are currently under suspension in relation to anti-doping offences:

<table>
<thead>
<tr>
<th>Season</th>
<th>Name</th>
<th>Club</th>
<th>Violation</th>
<th>Sanction</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017/18</td>
<td>Andrew Acton</td>
<td>Marr RFC</td>
<td>Presence of a Prohibited Substance (Stanozolol - steroid)</td>
<td>3 years 9 months (from 8 Sept 2017 to 7 June 2021)</td>
</tr>
<tr>
<td>2017/18</td>
<td>Tyrell Wilson</td>
<td>Newton Stewart RFC</td>
<td>Presence of a Prohibited Substance (MDMA – stimulant)</td>
<td>2 years (from 13 Jan 2018 to 12 Jan 2020)</td>
</tr>
</tbody>
</table>

For full details of the anti-doping offences please refer to the Rule Violation section of the UKAD website.

Appendix 2 : Useful Contacts

1. Scottish Rugby

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anti-Doping Officer</td>
<td>Richard McGhee</td>
<td><a href="mailto:richard.mcghee@sru.org.uk">richard.mcghee@sru.org.uk</a></td>
<td>0131 346 5029</td>
</tr>
<tr>
<td>Chief Medical Officer</td>
<td>Dr James Robson</td>
<td><a href="mailto:james.robson@sru.org.uk">james.robson@sru.org.uk</a></td>
<td>0131 346 5152</td>
</tr>
</tbody>
</table>

2. UKAD

Report Doping in Sport: Telephone 08000 32 23 32 or go on line to reportdoping.com