Strike Zone

- Top of shoulders
- Midpoint
- Top of pants
- Hollow beneath kneecap
The Strike Zone is that area over home plate the upper limit of which is a horizontal line at the midpoint between the top of the shoulders and the top of the uniform pants, and the lower level is a line at the hollow beneath the kneecap. The Strike Zone shall be determined from the batter’s stance as the batter is prepared to swing at a pitched ball.
A good posture behind the home leads to consistency in the strike zone, for example a correct position will allow you to visualize the pitches accurately throughout the game, which is why it is important that each time the umpire takes his position you should adjust and think about the following:
Position of the feet. (Towards the mound)
Head Height
Leaning of the body
Square your shoulders to the mound
Distance from the catcher
Timing of your calls
Concentration and focus
Follow the ball without moving your head until the ball is caught by the catcher or is hit. For this we must take into consideration that the slot is never blocked by the batter at the time of contact, this will reduce the margin of error.