ROYAL OPERA HOUSE

Amphitheatre Restaurant

		Cereals Containing Gluten	Dairy	Egg	Nuts	Peanuts	Sesame	Mustard	Sulphites	Lupin	Alliums	Celery	Soya	Fish	Crustaceans	Molluscs
Das Rheingold- First Course	Wild mushroom and leek tart	x wheat	x	x							x					
Das Rheingold- First Course	Vinaigrette of red peppers, anchovies, olives, egg			x					x		x			x		
Das Rheingold- First Course	Tartare Shetland salmon, dill, crème fraiche	x rye, wheat, barley	x	x					x					x		
Das Rheingold- First Course	Bayonne ham, figs, buffalo mozzarella		x						x							
Das Rheingold- Main Course	Red wine and radicchio risotto, salsify, pine nuts		x						x		x	x				
Das Rheingold- Main Course	Fillet of hake, saffron and olive oil mashed potato, gremolata		x								x			x		
Das Rheingold- Main Course	Gloucester Old Spot pork chop, roast pumpkin, sage, ricotta		x						x		x					
Das Rheingold- Main Course	Grilled rib-eye steak, Roquefort butter, watercress salad		x								x					
Das Rheingold- Desserts	Seasonal fruit plate															
Das Rheingold- Desserts	Passion fruit bavarois, tropical fruit salad	x wheat	x	x												
Das Rheingold- Desserts	Chocolate marquise, praline, Amaretto sauce		x	x	xhazelnut, almond				x							
Das Rheingold- Desserts	Selection of British farmhouse cheeses	x barley	x		x walnut											

Balconies Restaurant

		Cereals Containing Gluten	Dairy	Egg	Nuts	Peanuts	Sesame	Mustard	Sulphites	Lupin	Alliums	Celery	Soya	Fish	Crustaceans	Molluscs
Das Rheingold- First Course	Golden beets, salsify, buffalo ricotta, watercress toasted seeds		x				x		x							
Das Rheingold- First Course	Balik smoked salmon, potato pancake, crème fraiche		x	x							x			x		
Das Rheingold- First Course	Portland crab, avocado, tomato coriander salsa										x			x	x	x
Das Rheingold- First Course	Venison carpaccio, spiced quince, watercress		x													
Das Rheingold- Main Course	Wild mushroom puff pastry tart, seasonal salad	x wheat	x	x				x	x		x					
Das Rheingold- Main Course	Fillet of halibut, saffron and olive oil mashed potato, gremolata		x								x			x		
Das Rheingold- Main Course	Darne of turbot, spinach, chive butter sauce		x						x		x			x		
Das Rheingold- Main Course	Fillet of beef, ceps, cavolo nero, red wine sauce		x						x		x	x				
Das Rheingold- Desserts	Seasonal fruit plate															
Das Rheingold- Desserts	Passion fruit bavarois, tropical fruit salad	x wheat	x	x												
Das Rheingold- Desserts	Chocolate marquise, praline, Amaretto sauce		x	x	xhazelnut, almond				x							
Das Rheingold- Desserts	Selection of British farmhouse cheeses	x barley	x		x walnut											

ROYAL OPERA HOUSE

Paul Hamlyn Hall

		Cereals Containing Gluten	Dairy	Egg	Nuts	Peanuts	Sesame	Mustard	Sulphites	Lupin	Alliums	Celery	Soya	Fish	Crustaceans	Molluscs
Das Rheingold- Small Plates	Golden beets, salsify, buffalo ricotta, watercress toasted seeds		x				x		x							
Das Rheingold- Small Plates	Portland crab, avocado, tomato coriander salsa										x			x	x	x
Das Rheingold- Small Plates	Potted shrimps, pickled cucumber, toasted sourdough	x wheat							x						x	
Das Rheingold- Small Plates	Venison carpaccio, spiced quince, watercress		x													
Das Rheingold- Large Plates	Spiced aubergine salad, roast tomatoes, mint yoghurt		x								x					
Das Rheingold- Large Plates	Severn and Wye smoked salmon, avruga, chopped egg, shallots, capers, potato salad		x	x					x					x		
Das Rheingold- Large Plates	Poached chicken breast, cucumber and spring onion, peanut and sesame dressing					x	x				x	x	x			
Das Rheingold- Large Plates	Rare roast peppered fillet of beef, beetroot remoulade, watercress			x				x								
Das Rheingold- Desserts	Seasonal fruit plate															
Das Rheingold- Desserts	Passion fruit bavarois, tropical fruit salad	x wheat	x	x												
Das Rheingold- Desserts	Chocolate marquise, praline, Amaretto sauce		x	x	xhazelnut, almond				x							
Das Rheingold- Desserts	Selection of British farmhouse cheeses	x barley	x		x walnut											

Crush Room

		Cereals Containing Gluten	Dairy	Egg	Nuts	Peanuts	Sesame	Mustard	Sulphites	Lupin	Alliums	Celery	Soya	Fish	Crustaceans	Molluscs
Das Rheingold- Small Plates	Golden beets, salsify, buffalo ricotta, watercress toasted seeds		x				x		x							
Das Rheingold- Small Plates	Portland crab, avocado, tomato coriander salsa										x			x	x	x
Das Rheingold- Small Plates	Potted shrimps, pickled cucumber, toasted sourdough	x wheat							x						x	
Das Rheingold- Small Plates	Venison carpaccio, spiced quince, watercress		x													
Das Rheingold- Large Plates	Spiced aubergine salad, roast tomatoes, mint yoghurt		x								x					
Das Rheingold- Large Plates	Severn and Wye smoked salmon, avruga, chopped egg, shallots, capers, potato salad		x	x					x					x		
Das Rheingold- Large Plates	Poached chicken breast, cucumber and spring onion, peanut and sesame dressing					x	x				x	x	x			
Das Rheingold- Large Plates	Rare roast peppered fillet of beef, beetroot remoulade, watercress			x				x								
Das Rheingold- Desserts	Seasonal fruit plate															
Das Rheingold- Desserts	Passion fruit bavarois, tropical fruit salad	x wheat	x	x												
Das Rheingold- Desserts	Chocolate marquise, praline, Amaretto sauce		x	x	xhazelnut, almond				x							
Das Rheingold- Desserts	Selection of British farmhouse cheeses	x barley	x		x walnut											