

## Module: S01 St Teresa of Avila

This module introduces one of the most important saints in Carmel, a mystic and a doctor of the Church.

By the end of the module students will have:

- come to know this fascinating woman
- been introduced to her major works
- seen the 16th century Carmelite Reform from her perspective
- seen her pedagogy and teaching on prayer
- been invited to consider her relevance as a spiritual teacher today

The module comprises the following sixteen units:

1. Life and times
2. Early life
3. The reformer
4. Teresa and Prayer I *Life*
5. Teresa and Prayer II The Four Waters—The Well
6. Teresa and Prayer III The Four Waters—The Waterwheel
7. Teresa and Prayer IV The Four Waters—The Aqueduct
8. Teresa and Prayer V The Four Waters—The Rain
9. *The Way of Perfection 1*
10. *The Way of Perfection 2*
11. *The Way of Perfection 3*
12. *Interior Castle*. Mansions 1-2 Early growth
13. *S Interior Castle*. Mansion 3 Stability
14. *Interior Castle*. Mansion 4 Transition
15. *Interior Castle*. Mansions 5-7 Special graces
16. Conclusion: A prophetic woman for our time

