

Module: S04 St Thérèse of Lisieux

This module on St. Thérèse of Lisieux (1873-1897), more popularly known as Therese of the Child Jesus or the Little Flower, offers a basic introduction to the life and spirituality of the youngest Doctor of the Church, one of the most popular saints and respected spiritual teachers of our time.

This module will:

- introduce Thérèse personally as the great spiritual teacher that she is
- glimpse the treasure of her spiritual wisdom
- explain why she was named a Doctor of the Church
- describe what makes her wisdom so relevant for the violent world of today
- recognise that your own spiritual journey has elements similar to Thérèse's spiritual journey and that you are also being invited to walk her little way of nonviolent love.

The module comprises the following sixteen units:

1. Seeds of love and faith
2. Growing through trials
3. Growth in understanding God's love
4. Thérèse's complete conversion
5. Preparing to enter Carmel
6. Accepting the necessary sufferings of a loving person
7. Loving your enemy in a loving community
8. Heart-qualities of Love: Inner freedom, Creativity, Compassion
9. Heart-qualities of Love: Willingness, Self-Surrender, Gratitude
10. Thérèse's love for God
11. Thérèse's experience of prayer
12. Thérèse's teaching on prayer
13. Thérèse's teaching on holiness
14. Thérèse's "Little way" of spirituality
15. Thérèse's Death
16. Summary and Conclusion

