

Module DC09: Prayer in the Carmelite Tradition

This module looks at prayer in the Carmelite tradition and at what the saints of Carmel can teach us about the experience of prayer.

... a vital and personal relationship with the living and true God. This is the Catechism's first definition of prayer. The keyword for our present study is *relationship* and we will be exploring the development of this special relationship with God in prayer in the five units of the module, as follows:

Unit 1: Prayer as relationship with God

Unit 2: Foundations of the relationship

Unit 3: Growth in the relationship

Unit 4: Crisis in the relationship

Unit 5: The maturing relationship

Whether or not you regularly practice prayer, you will already be, in some way, relating to God, and the module will connect with your own experience. The objectives of this module are:

1. That you will recognise the rich variety of expressions that relationship with God can have
2. That you might see the connection between committed Christian living and personal relationship with God
3. That you will understand some of the normal stages of growth in prayer as outlined in Carmelite literature
4. That the teaching of the great Carmelites will help to make sense of some of the more confusing aspects of prayer
5. That you will glimpse something of the life of full intimacy to which God invites us