Carmelite Institute of Britain and Ireland

Programme: Discovering Carmel

Module DC10: Living in God's Presence

One of the enduring themes of the Carmelite tradition over the centuries has been the notion of living in the presence of God, that is, in awareness, in faith, of the reality that God is all around us and within us, and that as Christians we can help others to experience God's presence. This module will present this popular theme of Carmelite spirituality with reference to some of the main texts, personalities and ideas of our Family's tradition.

It's an obvious point, but one we feel we should be explicit about from the start, that the fundamental notion underpinning this module is the belief that God exists, that God is truly present in the world. We assume that most CIBI students subscribe to this belief; whether you do or not we will try to give you some ways to think about this notion and what it means for Carmelites today.

This module is simply an academic exercise but also an experiential one, encouraging you to reflect on your own experience of God's presence. By the end of this module you will have considered the many ways that Carmelites learn to know and to abide in the presence of God.

The five units will consider:

- 1. Standing in the Presence of God
- 2. God's Presence Experienced in Relationships
- 3. Prayer and the Presence of God
- 4. The Practice of the Presence of God and traditional spiritual disciplines 1
- 5. The Practice of the Presence of God and traditional spiritual disciplines 2