

### **Module DC11: Bl. Mary of the Incarnation OCD, (Madam Acarie)**

This module introduces a remarkable Carmelite woman who is little known outside the French-speaking world but deserves wider recognition. She enables us to appreciate further the diversity of expressions of the Carmelite charism while reflecting on her life encourages us to look at our own.

The first two units look at:

1. An outline of her life;
2. Her life as an example of mystical love in action.

The final 3 units look at the bases of her spirituality:

3. Humility;
4. The Incarnation;
5. The Eucharist.

By the end of this module, you will have

1. Gained some knowledge about Mme Acarie's life and experience;
2. Reflected on your own life in the light of your consideration of hers;
3. Looked at the unity in her life between "active charity" and contemplative prayer;
4. Come to some appreciation of the centrality of humility in her spiritual experience and reflected on the nature of humility;
5. Come to an appreciation of the centrality of the Incarnation in her life and prayer;
6. Come to an appreciation of the Eucharist in her life;
7. Reflected on the ways in which humility, the doctrine of the Incarnation and the Eucharist might impact on your own life.