

## Module DC15: St Teresa of Avila, Doctor of the Church

This module is an introduction to the life and spirituality of St Teresa of Ávila (1515-1582), one of the most privileged, loyal and inspirational daughters the Church has ever known. A prolific writer, we will concentrate on introducing her written works, which are spiritual classics.

The module covers five topics:

- Her Life Story;
- Character and Friendship – Context and Achievement;
- St Teresa's Life and Other Writings;
- *The Way of Perfection*;
- *The Interior Castle*.

The objectives of the module are:

- To introduce you to St Teresa of Ávila, mystic, writer, reformer of the Carmelite Order and Doctor of the Church;
- To consider her character, context and achievements;
- To introduce you to her Life and Other Writings;
- To introduce *The Way of Perfection* and *The Interior Castle* spiritual classics;
- To consider St Teresa as a woman of passion and prayer, totally in love with God, and a model of holiness for all.