## Carmelite Institute of Britain and Ireland

**Programme: Discovering Carmel** 

## Module DC27: St Thérèse of Lisieux, Doctor of the Church

St Thérèse of Lisieux is probably one of the best-known saints. She was described by Pope Pius X as the "greatest saint of modern *times"* – and this long before she was canonised at all! Many saints did great work in the areas of healing, teaching, preaching -Thérèse did none of these things. Her motto was: *To do ordinary things with extraordinary love*. Many and various groups and individuals who had nothing in common with each other have been united in their devotion to her.

The module covers the following topics in the five units:

- 1. Historical and family background to the life and times of Thérèse;
- 2. Sketch of her life;
- 3. Outline of her spirituality and message;
- 4. The Little Way;
- 5. Thérèse and the mystery of Suffering.

By the end of the module, students will be acquainted with the life and times of Thérèse and have a basic understanding of her spirituality and her message for our times.