





St Catherine's Catholic Primary School, S4 7BX

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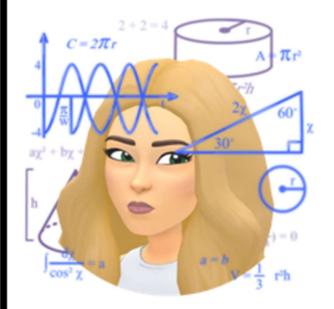
### **Mission Statement**

Our mission is to behave in the way that Jesus taught us: that we are all equal and that we should behave kindly and humbly towards each other.

# **Parent Workshop**



Wednesday 26<sup>th</sup> November 2025 9:00am to 10:00am, Maths workshop For parents of children in Year 1 and Year 2



Miss Drinkhill will be delivering this workshop, she will be explaining more about the Maths curriculum, and how you can support your child!

If you are attending this workshop, where possible, please try to arrange childcare for younger children so that they don't get restless!







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## What week is it for school dinners on Monday 24th November?

Parent Information | School Meals

Please see the Packed Lunch Policy attached to this newsletter, it has been updated on the school website, and a copy will be sent home with every child

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WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option	Beef Burger with Home-	Mild Chicken Curry	Roast Chicken with	Margherita Pizza with 1/2	Fish Fingers & Chips
	baked Potato Wedges	served with Mixed Rice	Gravy, Stuffing & Roast	Jacket Potato	
		***	Potatoes		
Vegetarian Meal Option	Vegetable Burger with	Macaroni Cheese	Quorn Grill, Gravy, Stuffing &	Sweet & Sour Vegetables	Crispy Vegetable Fingers &
	Home-baked Potato		Roast Potatoes	& Sunny Rice VG	Chips vg
	Wedges vo			4-2-	
	3		3		
Vegetables	Sweetcorn, Baked Beans	Broccoli, Cauliflower &	Seasonal Greens	Broccoli or Sweetcorn	British Red Tractor Garden
		Carrots	& Carrots		Peas, Baked Beans
Sandwiches	Cheese	Tuna Mayo	Cheese	Tuna Mayo	Cheese
Wraps	Tuna Mayo Wrap	Cheese Wrap	Tuna Mayo Wrap	Cheese Wrap	Tuna Mayo Wrap
Baked Jacket Potatoes	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Chees
	Beans, Tuna Mayo or	Beans, Tuna Mayo or	Beans, Tuna Mayo or	Beans, Tuna Mayo or	Beans, Tuna Mayo or
	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans
	\$ 60	500	400	500	400
Dessert	Chocolate Oaty Slice vo	Syrup Sponge Pudding &	Flapjack with Fruit Slices	Vanilla Cookie & Fruit Slices vs	Iced Sponge Cake
		Custard	*	~	
			Sex	Sex	

# Dates to Remember and Other Important Things! New information is highlighted

Monday 24 <sup>th</sup> November 2025	Mass at Church	Year 3 to Year 6 children will be walking to St Catherine's Church for Mass to celebrate the Feast Day of St Catherine of Alexandria, the patron of our school.  Mass starts at 10:00am, parents are welcome to meet us at Church to celebrate with us!
Tuesday 25 <sup>th</sup> November 2025	Advent Assembly Y6RR "Hope"	Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).
Wednesday 26 <sup>th</sup> November 2025	Year 1 and Year 2 Parent Workshop Maths	9:00 to 10:00am, please enter through the main entrance by the office. Miss Drinkhill will be explaining more about the Maths curriculum, and how to support your child!







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Dates to Remember and Other Important Things!			
New information is highlighted			
Thursday 27 <sup>th</sup> November 2025	Year 6 Trip National Holocaust Centre	Year 6 will be visiting the National Holocaust Centre to take part in a workshop. Please look out for this trip on  ParentPay	
Thursday 27 <sup>th</sup> November 2025	Year 3 to Year 6 Cricket	Cricket will be at After School Club today, please sign up on  ParentPay	
Friday 28 <sup>th</sup> November 2025	Year 2 Trip Kelham Island	Year 2 will be visiting Kelham Island to take part in a workshop. Please look out for this trip on  ParentPay	
Monday 1 <sup>st</sup> December 2025	Mass in School		
Monday 1 <sup>st</sup> December 2025	Raffle Tickets on sale from today  RAFFLE 3496004  TICKET 04	20p each, available from the office!	
Tuesday 2 <sup>nd</sup> December 2025	Nursery Sheffield Family Hub Play Session	Parents are welcome to join us for a play session from 8:30 to 9:30am!	
Tuesday 2 <sup>nd</sup> December 2025	Advent Assembly Y4IF "Peace"	Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).	
Thursday 4 <sup>th</sup> December 2025	Year 4 Science of Sound Workshop	Year 4 will be taking part in a workshop in school. Please look out for this event on  ParentPay	







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### **Dates to Remember and Other Important Things!** New information is highlighted Parents and family members are welcome to join us, the assembly starts at 9:15am in the **Advent Assembly** school hall (not CCC), sorry but we are not **Tuesday** able to admit latecomers as this will distract Y6ED 9th December 2025 "Joy" the children. Please enter through the staff car park to the KS2 building (near Y4 gate). 9:00 to 10:00am, please enter through the Year 3 to Year 6 Wednesday main entrance by the office. Miss Drinkhill will **Parent Workshop** 10th December 2025 be explaining more about the Maths Maths curriculum, and how to support your child! F2AS **Nativity** Parents and family members are welcome to join us, the Nativity starts at 2:30pm, please Wednesday enter by the school office. Sorry but we are 10th December 2025 not able to admit latecomers as this will distract the children. **Parent Workshop** This workshop is from 2:00pm to 3:15pm, Monday **CHIMP** and will help you with "Planning Ahead -15th December 2025 remaining calm for your child. Please enter by the school office entrance. looking after yourself" Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not **Advent Assembly** Tuesday Y4EB able to admit latecomers as this will distract 16th December 2025 "Love" the children. Please enter through the staff car park to the KS2 building (near Y4 gate). Reception to Year 6 Wednesday **Parent Coffee Morning** 17th December 2025 **Parent Voice**







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Dates to Remember and Other Important Things!  New information is highlighted			
Wednesday 17 <sup>th</sup> December 2025	Christmas Dinner!	Look out for the menu! On this day, there will be two dinner options (RED or GREEN), no jacket potatoes or sandwiches!	
Wednesday 17 <sup>th</sup> December 2025	F2WS Nativity	Parents and family members are welcome to join us, the Nativity starts at 2:30pm, please enter by the school office. Sorry but we are not able to admit latecomers as this will distract the children.	
Thursday 18 <sup>th</sup> December 2025	Reception classes Local Walk	Children will be walking to the post box, to post their letters to Father Christmas!	
Thursday 18 <sup>th</sup> December 2025	Year 2 Nativity	Parents and family members are welcome to join us, the Nativity starts at 9:00am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).	
Thursday 18 <sup>th</sup> December 2025	Year 1 to Year 6 Christmas Disco	Non-uniform day for Year 1 to Year 6. The disco starts straight after school and children need to be collected from their classroom door at 4:45pm. Children can wear their Christmas jumper if they have one, or party clothes – please make sure their shoes are suitable for the school day though! 10% of the takings will be donated to the Save the Children Christmas Jumper appeal.  Please sign up on  ParentPay	
Friday 19 <sup>th</sup> December 2025	Christmas Raffle	Save the date!	
Monday 22 <sup>nd</sup> December 2025 to Friday 2 <sup>nd</sup> January	CHRISTMAS HOLIDAY – SCHOOL IS CLOSED		







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## A Culture of Safeguarding at St Catherine's

## **Choking Child**

When a child is choking, they may be unable to breathe properly. Find out what to look for and how to perform first aid.

## What is choking?

When a child is choking, their airway is partly or completely blocked, meaning that they may be unable to breathe properly. They might be able to clear it by coughing, but if they can't, you will need to help them straight away.

## Signs and symptoms

Look for:

- · difficulty breathing, speaking or coughing
- signs of distress and they may point to their throat or grasp their neck.

## What to do



If you think a child is choking, ask them 'Are you choking?'.

If they can breathe, speak, or cough then they might be able to clear their own throat. If they cannot breathe, cough, or make any noise, then they need your help straight away.



Cough it out. Encourage them to cough and remove any obvious obstruction from their mouth.







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If coughing fails to work, you need to give five sharp back blows. To do this, help them to lean forwards, supporting their upper body with one hand. With the heel of your other hand give them five sharp back blows between their shoulder blades.

After each back blow, check their mouth and pick out any obvious obstruction.

 Do not sweep the mouth as this could push the object further down the throat.



Squeeze it out. If back blows fail to clear the obstruction, give five abdominal thrusts. To do this, stand behind them and put your arms around the child's waist. Place one hand in a clenched fist between their belly button and the bottom of their chest. With your other hand, grasp your fist and pull sharply inwards and upwards up to five times.

Check their mouth again, after every thrust.



If the blockage has not cleared, call 999 or 112 for emergency help straight away. Repeat five back blows and five abdominal thrusts until help arrives, rechecking their mouth between every blow or thrust.

- If they become unresponsive at any point assess using Primary Survey DRABC and start child CPR if required.
- All children who have received abdominal thrusts should be seen in hospital, even if the obstruction has cleared.

If you would like to take part in a First Aid class for Parents and Carers, have a look at





https://sheffield.minifirstaid.co.uk/classes/classes-for-parents-carers?postcode=S4%207BX







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## Policy for Packed Lunches (brought in from home)

This policy has been created by a number of multi-agency partners involved in reducing childhood obesity, promoting health and wellbeing of young people, and the provision of catering services in schools.

Additional guidance on providing children with healthy packed lunches can be found from a number of sources, here is a link to the Sheffield schools guidance:

https://www.learnsheffield.co.uk/Downloads/Partnerships/Eat-Smart-Sheffield/Eat%20Smart%20Sheffield%20Packed%20Lunch%20Guidance.pdf

As part of the Government's approach to help reduce childhood obesity, this strategy outlines expectations on all schools. Schools are expected to develop healthy packed lunch policies, so that children not yet taking up school lunches are also eating healthier.

We encourage children who are entitled to free school meals to order food from the school kitchen instead of bringing a packed lunch. All children in Reception, Year 1 and Year 2 are entitled to free school meals. To check if your child (Nursery, or Year 3 to Year 6) is entitled to free school meals, please visit the following website:

https://www.sheffield.gov.uk/schools-childcare/school-meals

#### Aims

- To promote healthy eating in school.
- Ensure contents of lunchboxes reflect the requirements of schools to meet minimum food and nutrition standards for school meals.
- Encourage healthy eating from Early Years to improve the health and wellbeing of children.

### Packed lunches should include these items every day:

- Energy food choose wholegrain varieties like bread, pasta, couscous, rice, chapattis and wraps.
- Protein food like meat, fish, dairy, eggs, lentils and beans.
- 1 or more portions of vegetables.
- 1 or more portions of fruit.
- A dairy food like milk, cheese, yoghurt, custard or calcium-enriched plant-based dairy alternative.
- A drink of water, milk or fruit juice.

## **Food Containers**

Food should be presented in appropriate containers, for example a plastic lidded container or pre-packaged carton. Parents are advised to include an ice pack; food prepared and stored in ambient temperatures after a period of time can have increased levels of bacteria in them.

Please note that the following types of containers are not allowed:

- Insulated food container, e.g. food flask
- Glass container







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## Please support us by NOT including these items in a packed lunch:

- Fizzy drinks
- Chocolate bars
- Sweets
- Toffee popcorn

## **Storage of Packed Lunches**

The school will provide storage areas for packed lunches in an appropriate area in the classroom. School cannot provide cooled storage areas or facilities for heating food.

### **Dining Facilities**

The school will provide an appropriate dining area where pupils can eat their packed lunches.

## **Monitoring and Evaluation**

The school will monitor packed lunch provision – if there is concern over a child's food, nutrition intake and/or content of packed lunches, this will be dealt with sensitively by a member of the senior leadership team.

## **Children with Special Diets**

The food and drinks included in the policy guidance will be suitable for most therapeutic diets. However, any pupils following a special diet devised by a health professional must adhere to it. **For these reasons, children are not permitted to swap or share food items.** If any issues arise, staff will consult parents/carers or relevant health care professions for advice.











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## **Attendance and Punctuality**

The highest attendance in school this week was 95.6% Well done to the following class for the highest attendance:

## Y50W

You'll be having a little treat for the highest attendance!

## The best punctuality this week was Y3JN

for the second week running!
Well done to your children and their families!

Overall school attendance for last week was:

88.8%

We've had a really challenging week with attendance, both children and adults. There is a tummy bug doing the rounds, as well as a flu virus which has affected many. If your child has a tummy bug, please keep them at home until they have been 'normal' for a full day, to make sure that they are no longer contagious.

Class	Teacher	Lates	% Attendance
F2AS	Mrs Atkinson and Miss Sweeney	11	86.6
F2WS	Mrs Wood and Mrs Stables	9	87.3
Y1AM	Miss Morris	5	78.3
Y1LF	Miss Franks	5	81.0
Y2DH	Mr Hawksworth	9	89.0
Y2NR	Miss Rodgers	5	78.7
ΥЗЈΝ	Miss Ng	3	92.9
Y3MS	Miss Suleiman	5	94.5
Y4EB	Miss Brian	10	91.9
Y4IF	Miss Frost	8	90.4
Y5EH	Miss Huddleston	10	90.3
Y5OW	Miss Willis	11	95.6
Y6ED	Miss Drinkhill	6	93.4
Y6RR	Mrs Ralph	10	92.3







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## MERIT WINNERS – well done to all of you!

Y1AM	Hannah S	For being such great role models on our trip to the Emergency Services
	Helen	Museum, and for having so much knowledge and enthusiasm!
Y1LF	Sula	For being so enthusiastic on our trip to the Emergency Services Museum, she knew lots of information about people who care, and has even considered becoming a fire fighter when she is older!
	Zac	For showing great enthusiasm on our trip to the Emergency Services Museum. This continued when he got home, teaching his family about testing the smoke alarms and making sure everyone keeps safe!
Y2DH	Heanos	For impressing Mr Hawksworth with remembering key information from previous lessons and making links in Project!
	Daniel K	For a well thought out design of a factory during Project work!
Y2NR	Leon	For being super creative when making his factory to showcase all of his History learning around Bessemer and the Industrial Revolution!
	Naomi	For being a very kind and caring friend, and for fabulous work in her Science thinking about different materials!
Y3JN	Tadala	For making better choices about where she is sitting in class, resulting in some brilliant work!
	Abbie	For having the biggest heart, caring for others and living out our school mission statement in everything she does. This has been noticed by so many different adults this week, including visitors to our school!
Y3MS	Yostina	For making links on what we've been learning and applying it to help analyse different sources in History!
	Amelia T	For really impressing Miss Suleiman with her developing confidence in Maths and Literacy, she's applying her learning to the challenges!
	Nevin	For great determination to develop his vocabulary!
VAED	Aizah	For confidence and clear reading out loud!
Y4EB	Afomia	For great effort and attitude in all of her work!
	Amen	For determination to complete his written work!
Y4IF	Andy	For great recall of Maths multiplication facts during retrieval!
	Vania	For great recall of Anglo-Saxon facts during Project and Literacy!
Y5EH	John	For making great choices this week and meeting expectations, and working really hard in all lessons; showing engagement and positivity all week!
	Shanice	For joining in much more in classroom discussions and sharing her thoughts and ideas, Miss Huddleston has loved seeing you be more confident and engaged!







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MERIT WINNERS – well done to all of you!			
Y5OW	Mariya	For her brilliant work on her History analyse and for always impressing Miss Willis for meeting expectations!	
	Kabeer	For having a fantastic week with self-regulating, asking for support when necessary and making better choices!	
Y6ED	Dagi	For impressing Mrs Ralph with his Maths knowledge and understanding!	
	Kal	For being so enthusiastic about his role as a Year 2 Reader!	
Y6RR	Rufael	For making a fantastic effort this week in his learning and for making better choices about where he chooses to sit in the classroom!	
	Rimoune	For making good choices in the classroom and for always being so helpful to members of staff around school!	

## **Merit Badge Competition**

Well done to our Merit Badge Competition winners, The designs are fabulous and will be used from today!



Afomia, Y4EB MERIT badge



Freya, Y6RR MERIT badge



Mikias, Y4EB WOW badge



Robyn, Y2NR MINI VINNIE badge



Johan, Y6ED MERIT badge







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## Prayer of the Month - November

## Glory be to the Father

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen



## **November the Month of Remembrance**

November is the month of remembrance where we remember those who have passed away. In school we will be having a service of remembrance in KS2, and our prayer space in KS2 will also change to a remembrance theme to reflect this.

This year the theme is 'The Empty Chair.' An empty chair will be placed in the KS2 prayer space and the children will have the opportunity to tie a purple ribbon to it to in remembrance of someone who has died if they wish to do so. In addition to this, there will also be an Empty Chair prayer space at the entrance of school in front of the office along with a book of remembrance. Please feel free to tie a purple ribbon to the empty chair in remembrance of a loved one and/or write their name in the book of remembrance. The book of remembrance and the empty chair will then be used in our remembrance service as a way of remembering all our loved ones that have passed away.





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## Mini Vinnies Reverse Advent Calendar 2025



This year during the season of advent the Mini Vinnies chaplaincy team have decided that they would like to run a reverse advent calendar again. Instead of receiving things during the season of advent we would kindly request that our school community bring in items that we can then in turn donate to Burngreave food bank. Burngreave foodbank do fabulous work to help local people in our area. A link to their website can be found here:

## https://burngreave.foodbank.org.uk/

We would be extremely grateful if you could bring in any of the items in the list below. You do not need to bring in something every day. Just one item would be an amazing help. Your child can place the item around the prayer area in their class.

We also understand that it is a time of financial worry for us all, so if you feel it more appropriate, you may prefer to make a festive bookmark, Christmas craft item or a card for your collection box instead of buying something.

## We will start receiving donations into classrooms from Monday 1st December









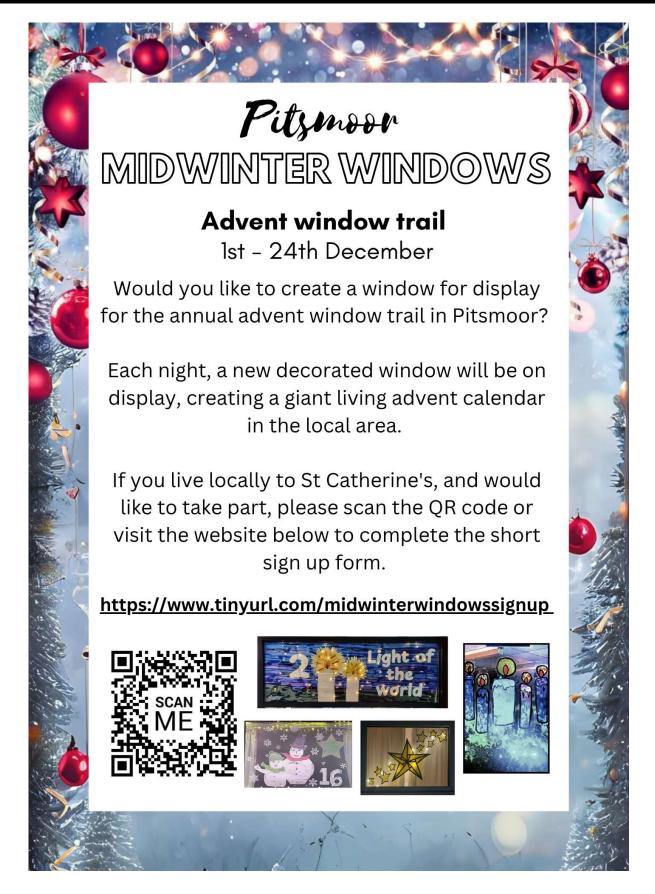
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## FREE PARENTING CLINIC





By the time December rolls in, most parents are running on the emotional equivalent of the last Quality Street in the tin. Everyone needs something from you, all the time: a cuddle, a chat, a lift, a decision, a snack, a miracle... and meanwhile your own tank is clanging on empty.

This clinic is your pause button.

- · A breather.
- A space to reset before the festive chaos sweeps you up like a rogue tinsel tornado.

Join Anisa (Parenting Coach) for her monthly Free Parenting Clinic. This online session is all about parent wellbeing, protecting your bandwidth, and finding small but powerful ways to fill your own cup again.

# Monday 8<sup>th</sup> December at 12.00pm

Online via Zoom

The session will be recorded and shared with all who register.

## **ARE YOU:**

- Running on empty?
- Do you find yourself craving just five minutes of quiet because everyone wants your attention, your energy, your last nerve?
- Is being "talked out and touched out" leaving you snappy, overwhelmed, or simply worn thin?

Then this free 30-minute online clinic is for you.

## **Booking:**

https://anisalewis.as.me/theclinic OR hello@anisalewis.com