



Newsletter



Issue 19 30th January 2026

St Catherine's Catholic Primary School, S4 7BX

0114 3030381

Mission Statement

Our mission is to behave in the way that Jesus taught us:
that we are all equal and that we should behave kindly and humbly towards each other.

Year 1 Parent Workshop Phonics Screening Check

Wednesday 4th February 9:00-9:50am

Join Miss Andrew, Miss Franks and Miss Morris for a workshop all about the national phonics screening check. This is a statutory assessment that all Year 1 children will take in June.

The children will be showcasing a speed sound lesson for you to watch! Then Miss Andrew will be talking to you about the assessment and what you can do at home to support your child.

We really hope to see you there!

From Miss Andrew,

Miss Franks and Miss Morris



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What week is it for school dinners on Monday 2nd February?

Parent Information | School Meals

Please see the Packed Lunch Policy on the school website

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WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option	Beef Burger with Home-baked Potato Wedges	Mild Chicken Curry served with Mixed Rice 	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Margherita Pizza with ½ Jacket Potato 	Fish Fingers & Chips
Vegetarian Meal Option	Vegetable Burger with Home-baked Potato Wedges ^{VG} 	Macaroni Cheese	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Sweet & Sour Vegetables & Sunny Rice ^{VG} 	Crispy Vegetable Fingers & Chips ^{VG}
Vegetables	Sweetcorn, Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	Broccoli or Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches	Cheese 	Tuna Mayo 	Cheese 	Tuna Mayo 	Cheese 
Wraps	Tuna Mayo Wrap	Cheese Wrap	Tuna Mayo Wrap	Cheese Wrap	Tuna Mayo Wrap
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Chocolate Oaty Slice ^{VG}	Syrup Sponge Pudding & Custard 	Flapjack with Fruit Slices 	Vanilla Cookie & Fruit Slices ^{VG} 	Iced Sponge Cake

REMINDER FOR EVERYONE

Children can only bring PLAIN WATER in their drinks bottle! Please don't send milk, squash, fizzy pop or fruit juice. If children have something other than plain water, they will need to empty their bottle and refill it from the tap at school. We want children to stay hydrated throughout the day, but we can only permit plain water. If you would like your child to have milk at school, please sign up on ParentPay before the start of each half term!

Just another reminder for children in Key Stage 2 (Year 3 to Year 6) – you can bring a snack from home to have at morning break, but this can only be FRUIT. These are examples of what is NOT allowed:



chocolate, biscuits, crisps,
sausage roll, cream cheese dip,
syrup sponge pudding, sweets,
chicken nuggets, yoghurt, sandwich

Children in Foundation Stage and Key Stage 1 (Reception to Year 2) do not need a snack at school, they have fruit at morning break!

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Prayer of the Month – February – The Apostles Creed

I believe in God, the Father almighty
 Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,
(at the words that follow, up to and including the Virgin Mary, all bow.)
 who was conceived by the Holy Spirit, born of the Virgin Mary,
 suffered under Pontius Pilate, was crucified, died and was buried;
 he descended into hell;
 on the third day he rose again from the dead;
 he ascended into heaven, and is seated at the right hand of God the Father almighty;
 from there he will come to judge the living and the dead.
 I believe in the Holy Spirit, the holy catholic Church,
 the communion of saints, the forgiveness of sins,
 the resurrection of the body, and life everlasting. Amen.



<https://new.express.adobe.com/webpage/uasAxf9ThVdIC/>



**These winners have been nominated by their class
for living out the weekly missions – God bless you all**



Year 1	Gabriel, Milkyas, Saafa, Kly, Helen, Joshua M, Maranatha, Fortuna, Simon, Tobias, Obi
Year 2	Naomi, Simon, Grace, Daniel K, Laura, Gelila, Antonella, Leon, Max, Nahum, Natu, Lial
Year 3	Sireen, Ivy, Eliana, Anabel, Milania, Alicia, Fenan, Tina, Amelia, Sireen, Evlyn-Rose, Elijah, Riley
Year 4	Zara, Leo, Afiyah, Afomia, Idris, Halima, Yuel, Raisa, Aariz, Isaac B, Aiyla, Sofia, Hasset
Year 5	Adoney, Bethel, Oduenyi, Reuben, Sidona, Miri, Irene, Nyah-Rae, Amira, Caleb, Dara, Peniel, Misgana, Elim, Mikyle, Sofia, Aiyana
Year 6	Jairus, Lawi, Sana, Jacob, Amelia, Scarlett, Jairus, Nicholas, Apinaya, Kevin, Zephan, Jonathan, Nathan

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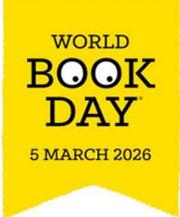
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Dates to Remember and Other Important Things!

New information is highlighted

Wednesday 4th February 2026	Parent Workshop Year 1 "Phonics Screening Check"	9:00 to 10:00am, please enter by the school office. Miss Andrew will be explaining all about the Year 1 check!
Wednesday 4th February 2026	Reception classes Height, Weight and Hearing checks	The school nurse will be visiting today!
Thursday 5th February 2026	Reception classes Height, Weight and Hearing checks	The school nurse will be visiting today!
Monday 9th February 2026	Year 4 Meeting for parents of children going on the Cliffe House Residential	3:30 to 4:00pm, please enter by the school office, bring children with you!
Wednesday 11th February 2026	Year 3 Swimming starts, every Wednesday until 8th July	Please sign up on  Y3MS will go first, Y3JN will be second and so Miss Ng's class will return to school a little bit later – about 3:25pm. Children will need swimwear and a towel is a waterproof bag (no baggy shorts, bikinis or carrier bags please!)
Friday 13th February 2026	Y2NR Swimming starts, last lesson will be Friday 13th March	Please sign up on  Children will need swimwear and a towel is a waterproof bag (no baggy shorts, bikinis or carrier bags please!)
16th to 20th February 2026	Half term holiday, school is closed	
17th / 18th February 2026	Lent and Ramadan are expected to start. Children who choose to fast during the school day need to bring a drink and a snack, in case they need to break their fast.	
Monday 23rd February 2026	Training day, school is closed to pupils	
Thursday 5th March 2026		Look out for more information on next week's newsletter!
Friday 6th March 2026		3:00pm to 4:30pm Enter by the school office



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<p>Wednesday 11th March 2026</p>		<p>3:00pm to 4:30pm Enter by the school office</p>
<p>Friday 20th March 2026</p>	<p>Y2DH Swimming starts, last lesson will be Friday 1st May</p>	<p>Please sign up on  Children will need swimwear and a towel is a waterproof bag (no baggy shorts, bikinis or carrier bags please!)</p>
<p>Monday 30th March 2026</p>	<p>Lent Celebration of the Word Y3MS "Palm Sunday"</p> 	<p>Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).</p>
<p>Tuesday 31st March 2026</p>	<p>Lent Celebration of the Word Y3JN "The Last Supper"</p> 	<p>Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).</p>
<p>Tuesday 31st March 2026</p>	<p>Year 3 Parent Meeting Residential Trip "Whirlow Farm"</p>	<p>3:15 to 4:00pm, please enter by the school office. Look out for more information nearer the time, this meeting is for parents of those children who have booked a place on the residential trip!</p>



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New information is highlighted

<p>Wednesday 1st April 2026</p>	<p>Lent Celebration of the Word Y5EH "The Garden of Gethsemane"</p> 	<p>Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).</p>
<p>Thursday 2nd April 2026</p>	<p>Lent Celebration of the Word Y5OW "The Stations of the Cross"</p> 	<p>Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).</p>

Stewardship: Caring for Our Community

We teach our children to be stewards of the earth ... to care for the gifts of God's creation ... as parents and school staff, we work together to teach our children ... this week, our challenge is to

**PARK SAFELY AND CAREFULLY,
WITH RESPECT FOR OTHER ROAD USERS,
AND WITH CARE AND KINDNESS
TO RESIDENTS AND PEDESTRIANS**



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A Culture of Safeguarding at St Catherine's



ROAD SAFETY FOR PARENTS



Helping children stay safe on and around roads

TEACH SAFE CROSSING HABITS

- Encourage children to stop, look, and listen before crossing.
- Look left, right, and left again.
- Keep watching and listening while crossing.
- Walk—don't run—across the road from ahead
- Use crossings, traffic lights, and pedestrian islands whenever possible,





STAY CLOSE NEAR ROADS

- Hold hands with younger children.
- Ask older children to walk on the inside of the pavement, away from traffic.
- Remind children seated properly—no leaning out of windows or unbuckling early.

CAR SAFETY

- Use the correct car seat for your child's age, height, and weight.
- Check that seatbelts are fastened before car moves.



AVOID DIGITAL DISTRACTIONS

- Children learn most from what they see. Show safe habits by a:

'I'm waiting for the cars to stop'



BIKES, SCOOTERS & OUTDOOR PLAY

- A helmet is essential for bikes, scooters, and skateboards.
- Bright or reflective clothing helps drivers
- Teach children to slow down near driveways and junctions.
- Avoid headphones while riding so they can hear traffic clearly.



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Attendance and Punctuality

The highest attendance in school this week was 100.0%

Well done to the following class for the highest attendance:

Y4IF

You'll be having a little treat for the highest attendance!

**The best punctuality this week was
Y6RR and Y3MS – second week running for Y6RR!**

Well done to your children and their families!

Overall school attendance for last week was:

95.0%

Class	Teacher	Lates	% Attendance
F2AS	Mrs Atkinson and Miss Sweeney	12	87.7
F2WS	Mrs Wood and Mrs Stables	12	91.3
Y1AM	Miss Morris	5	93.0
Y1LF	Miss Franks	4	95.0
Y2DH	Mr Hawksworth	9	98.0
Y2NR	Miss Rodgers	10	97.7
Y3JN	Miss Ng	5	97.3
Y3MS	Miss Suleiman	3	92.0
Y4EB	Miss Brian	10	91.3
Y4IF	Miss Frost	9	100.0
Y5EH	Miss Huddleston	7	97.8
Y5OW	Miss Willis	19	95.3
Y6ED	Miss Drinkhill	12	95.5
Y6RR	Mrs Ralph	3	98.1



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MERIT WINNERS – well done to all of you!

Y1AM	Serah	For being amazing in RWI, she is always joining in and having a go even when it is tricky, she has learnt and remembered this week's sounds so well!
	Hazel	For impressing Miss Morris so much with her writing, her handwriting in her book is beautiful, and she is an amazing
Y1LF		
Y2DH	Nnenna	For being a good supportive friend, always helping during challenging activities!
	Aiden	For impressing Miss Rodgers in Reciprocal Reading this week with predictions!
Y2NR	Willow	For showing belief in herself, and confidently recalling and explaining previous learning which she is able to link to current learning!
	Lial	For always following our school rules and being a fabulous role model to others, and for really thoughtful wonderings in Reciprocal Reading, thinking carefully about the text she is reading!
Y3JN	Benjamin	For being more independent in his learning and completing some fantastic writing!
	Ruhama	For lovely choices of language in our Literacy work, and for always being such a positive light and role model in our class!
Y3MS	Ivy	For fluency in Reading and great voice choices, and for working so hard in RWI and making Miss Vella proud!
	Lucas	For amazing presentation in his books, really putting in the effort with his handwriting, extending himself when developing different sentences!
Y4EB	Idris	For impressing both Miss Briggs and Miss Brian with his positivity and enthusiasm in all that he does!
	Evlin	For always taking pride and care in her work, it is always so beautifully presented, and it's clear that she works hard!
Y4IF	Livleen	For working hard to understand the work in all subjects and producing some great work!
	Raisa	For good contributions in class, really focussing on making progress!
Y5EH	Arsema	For some amazing responses and answers in class discussions, giving justifications and specific details for her reasoning!
	Dara	For being an amazing role model for the children, being positive, respectful, hardworking, polite and kind. Also for wonderful creative writing in Literacy!
Y5OW	Amira J	For incredible hard work across all subjects, and for being a fantastic friend to everyone!
	Elena	For incredible hard work across all subjects, and for being a fantastic friend to everyone!

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MERIT WINNERS – well done to all of you!

Y6ED	Adon	For excellent work in Maths, working as a partnership to solve tricky problems!
	Johan	
Y6RR	Yusuf	For wowing Miss Drinkhill with their fantastic knowledge, definitions and understanding of fractions in Maths!
	Ebubechi	



Wonders of the Week

Well done to all of you!

Asaph and Isabelle W, Year 5

For being honest and fair friends!

Yard Winners

For so many special praises this week:

Year 5

Eat Smart Sheffield

Newsletter - January 2026



eat smart
SHEFFIELD

<https://sway.cloud.microsoft/QcQBYCoS2YI8oeQs?ref=Link&loc=play>

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Monthly Science Fun!

Check out February's experiment:

Rainbow water!

You will need:

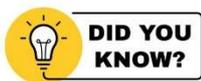
- Rainbow coloured sweets – like Smarties or Skittles!
- Still, warm water
- Plate



Skittles (the sweets) were made in Britain in 1974!



- Step 1: First, place the coloured sweets around the edge of a plate, in a circle shape.
- Step 2: Then, get some warm, still water in a jug. Ask an adult for help.
- Step 3: Next, pour the warm water into the middle of the circle until it reaches the sweets.
- Step 4: Watch what happens!!



Smarties were originally called 'Chocolate Beans' and were invented in 1882!

The shells of coloured sweets are made from sugar. When sugar is put in warm water, it dissolves. As the colours meet, they mix, creating different colours.

Want to share your results? Email ebrian@stcatherines.academy with any pictures. It might be included in the next newsletter!

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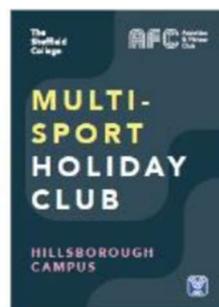
SOUTH YORKSHIRE
children's
UNIVERSITY

Need ideas for family activities during the school holidays?
We've got you covered with our bumper edition....

**SOUTH YORKSHIRE
CHILDREN'S UNIVERSITY
HOLIDAY ACTIVITY
NEWSLETTER!**

Download it here:
<https://bit.ly/SYCUActivityNewsletterFeb2026>

Earn CU Awards for doing the things
you **love** right across South Yorkshire



The Sheffield College Holiday Club runs at our Hillsborough Campus from 9:00am to 4:00pm Tuesday 17th to Thursday 19th of Feb. It is open for drop-offs from no earlier than 8:45am and collections at 4:00pm each day. The camp is a multi-sport camp which aims to get kids active and involved, whatever their abilities.

It is aimed at Children aged 8 to 14 although all children from Year 3 and above are welcome.

The activities are led by our Foundation Degree Sports Coaching students under the guidance of our own experience sports coaches. Past activities include handball, basketball, ultimate frisbee, football, badminton, and many more.

To book, please go to [Tickets for Multi-sport Holiday Club](#). If you have any questions, please don't hesitate to contact Gracie Ecob at tcsports@sheffcol.ac.uk.

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FIRST AID For PARENTS & GUARDIANS



PARENT/GUARDIAN PAEDIATRIC FIRST AID

Course Content:

- CPR
- Choking
- Head injury
- Febrile seizures
- Bleeding heavily & nosebleeds
- Dealing with an emergency
- Swallowing poisonous substances
- Meningitis/Sepsis
- Croup

When: Tuesday 10th February
Wednesday 4th March

Time: 7pm - 9pm

Where: Live, Online Webinar

Book: www.trainingearlyyears.co.uk

Call: 0203 981 3386

Just
£15



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SHEFFIELD GIANTS ACADEMY AMERICAN FOOTBALL

JOIN THE GIANTS

**Full contact and flag
american football in
Sheffield.**

**First sessions are free -
just bring a gum shield and
football boots or trainers.**

**// SAT 31 JAN
// SAT 7 FEB
// SAT 14 FEB
// SAT 21 FEB
// SAT 28 FEB**

**VENUE: SHEFFIELD PARK ACADEMY
BEAUMONT ROAD NORTH**

  **#BEGIANT**

ACADEMY@SHEFFIELDDGIANTS.COM

WWW.SHEFFIELDDGIANTS.COM

FLAG

**12.00-13.30
AGES 7-17**

CONTACT

**13.30-14:00
AGES 13-19**



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SHEFFIELD UNITED CRICKET CLUB

EST.
1864



UNDER 18'S CRICKET



Recruiting for boys and girls from the ages of 9 to 18



Modern changing rooms operated by Sheffield Hallam University



Play competitive matches. Build confidence and make new friends



Qualified coaches with passion for cricket and weekly training sessions



Equipment can be provided on request - Just bring yourself!

Contact us today to be a part of a prestigious local club!

Join now!



Shabbir Ahmad

Shabbir.ahmad@e3recruitment.com
07486 395780



Rabya Ahmed

Ahmedrabya@yahoo.co.uk
07973 510117



Sheffield Hallam
University Sports Park
Bawtry Road
Sheffield, S9 1UA

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Chris Kirby
Chief Fire Officer & Chief Executive

Date: Winter 2025/2026

**South Yorkshire
FIRE & RESCUE**

197 Eyre Street
Sheffield
S1 3FG

Tel: 0114 2727202
Fax: 0114 2532288

Dear Parents,

South Yorkshire Fire and Rescue would like to bring to your attention the dangers of young people playing on frozen water as well as entering icy open water.

Our key messages for children across the county are:

- **Frozen water:** Do not go on to frozen lakes, ponds, canals and reservoirs under any circumstances. Children and pets are particularly at risk when tempted to play on the ice formed on open water during cold weather. Do not walk or climb onto the ice to attempt a rescue and certainly don't get into the water. You may become the next casualty.
- **Cold water shock:** The UK is a cold water country which means no open water is above 15 degrees. A public swimming pool is between 26-28 degrees. Many fatalities are caused by the cold temperature and how it affects someone when they enter the water. Firstly, it causes a deep intake of breath, during which dirty water will usually be mixed with the air breathed in. Blood will be directed to the core to protect major organs, restricting supply to their arms and legs which are needed for swimming. This makes it very difficult for someone to swim and is often how lives are lost.
- **Pets:** Should be kept on leads when near frozen water and owners should refrain from throwing objects onto the ice for them to retrieve.

Don't give in to peer pressure from your friends, the ice may look solid from the surface but will not hold your weight and could crack when stood on. It could be the last thing you do.

www.syfire.gov.uk

Printed on recycled paper



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**South Yorkshire
FIRE & RESCUE**

What to do if you or your friends get into trouble in the water

- If someone can't climb out of the water, it is not advisable, as many people think, to move about in the water to keep warm while waiting for help. Instead, they should conserve their energy by keeping as still as possible.
- If you see someone fall through ice or in trouble in the water call 999 and ask for the fire service. Keep your eyes on them until we arrive. Do not walk or climb onto the ice to attempt a rescue.
- If you fall into the ice keep calm and shout for help. Spread your arms across the surface of the ice in front of you. If the ice is strong enough, kick your legs to slide onto the ice. Lie flat and pull yourself towards the bank. If the ice breaks, work your way to the bank by breaking the ice in front of you away. If you cannot climb out, wait for help and keep as still as possible. Press your arms by your side and keep your legs together. Keep your head clear of the water. Once you are safe, go to hospital immediately for a check-up.
- **What3Words:** Please make all young people aware of this location app. Download it to their smartphone so that if they do get into difficulty we can locate them efficiently, even if they are in a remote area.

For more advice on enjoying the water safely go to www.rlss.org.uk or www.rnli.org

Kind Regards,

C. Huxley



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FEBRUARY FREE PARENTING CLINIC

RAISING RESILIENT KIDS: BUILDING
REAL CONFIDENCE

PARENTING CLINIC

RAISING RESILIENT KIDS

23 FEB

12.00 TO 12.30PM

HOSTED ON ZOOM

Come live or catch the replay

In this month's Free Parenting Clinic, we'll explore:

- The real difference between confidence and self-esteem (spoiler: they're not the same)
- Why "praise more" doesn't always build resilient kids
- How confidence is quietly shaped at home, every single day
- Practical, realistic ways to support your child to bounce back, believe in themselves, and try again

This isn't about raising loud, fearless children. It's about raising kids who trust themselves, cope with setbacks, and keep going when things wobble.

Join Anisa Lewis, Parenting Coach, for a relaxed, supportive 30-minute online talk, designed for busy parents who want tools that actually work in real family life.

Book your free place here:

<https://anisalewis.as.me/theclinic>

or email: hello@anisalewis.com for the booking link.



Is your child holding it together all day, only to fall apart where it's safe?

Or maybe they doubt themselves, avoid challenges, or give up quickly when things feel hard?

We talk about confidence a lot... but what does it actually mean for our children?



Anisa Lewis
Parenting Coach

Contact us: enquiries@stcatherines.academy or www.stcatherines.academy/contact



Newsletter



Issue 19 30th January 2026

St Catherine's Catholic Primary School, S4 7BX

0114 3030381

Mission Statement

Our mission is to behave in the way that Jesus taught us:
that we are all equal and that we should behave kindly and humbly towards each other.

Wild Wellbeing

**Fancy getting outdoors to banish
the winter blues and welcome in
the Spring?**

**Join us to step into the calm of nature to support
your wellbeing, as we run two short guided walks
to Parkwood Springs**



**Friday 6th February & Friday 13th March
1.00pm - 3.00pm**



**Meeting at Shirecliffe Community
Centre to walk to Parkwood Springs
Shirecliffe Road, S5 8XJ**

**FREE sessions, limited places, book now!
Book online <https://bit.ly/3LW2nVp>**

**Call: 07761 201 864 or Email:
greenprescribing@wildsheffield.com**

Participants must be 18+.

With thanks to the South Yorkshire Health & Growth Accelerator Fund



**Sheffield &
Rotherham
Wildlife Trust**

www.wildsheffield.com

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CARITAS COUNSELING SERVICES

In addition to our school based counselling and our one-to-one Counselling in our communities we are now able to offer:-

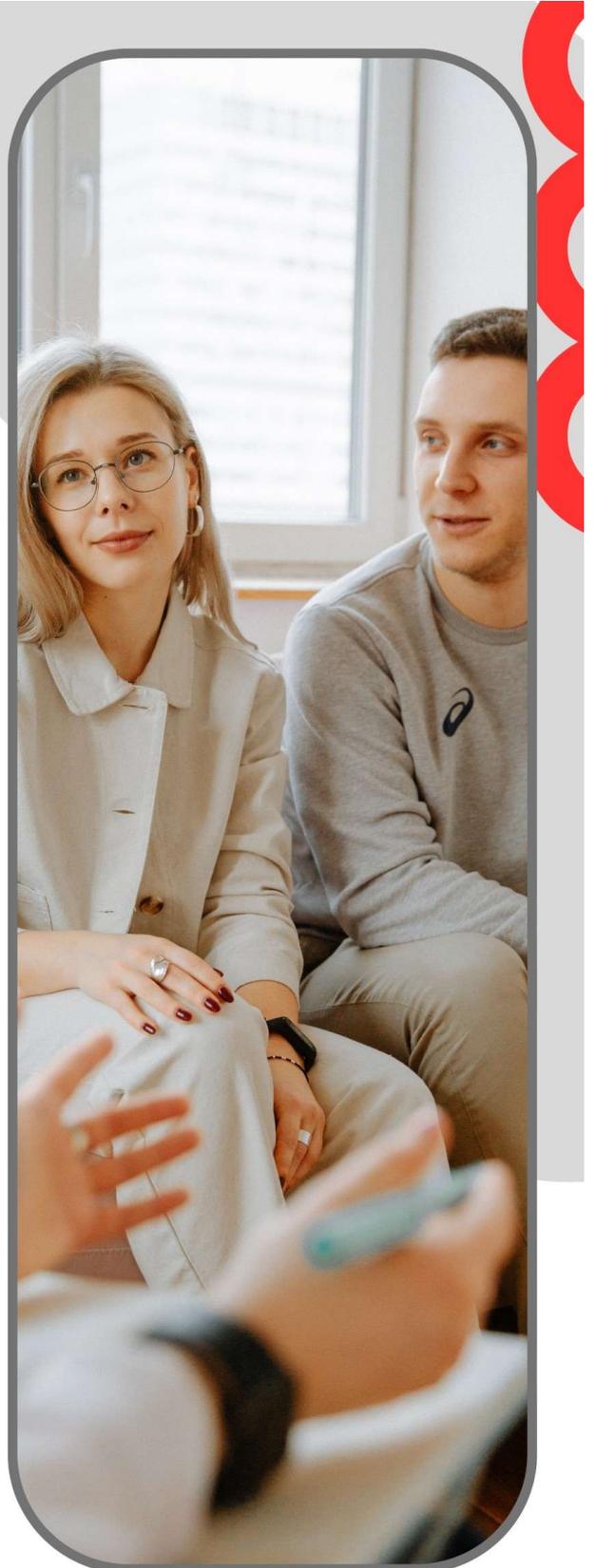
- Relationship / Couples Counselling
- Family Therapy

and still just £25 per session

*Helping You Reconnect,
Communicate, and
Grow Together.*

If you think this could be for you

Call us today on
0114 2566407/8



Contact us: enquiries@stcatherines.academy or www.stcatherines.academy/contact