



# Newsletter



Issue 21 13<sup>th</sup> February 2026

St Catherine's Catholic Primary School, S4 7BX

0114 3030381

## Mission Statement

Our mission is to behave in the way that Jesus taught us:  
that we are all equal and that we should behave kindly and humbly towards each other.



## What week is it for school dinners on Tuesday 24<sup>th</sup> February?

Parent Information | School Meals

Please see the Packed Lunch Policy on the school website

# 3

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option		Mild Chicken Curry served with Mixed Rice 	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Margherita Pizza with ½ Jacket Potato 	Fish Fingers & Chips
Vegetarian Meal Option		Macaroni Cheese	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Sweet & Sour Vegetables & Sunny Rice <sup>VG</sup> 	Crispy Vegetable Fingers & Chips <sup>VG</sup>
Vegetables		Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	Broccoli or Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches		Tuna Mayo	Cheese	Tuna Mayo	Cheese
Wraps		Cheese Wrap	Tuna Mayo Wrap	Cheese Wrap	Tuna Mayo Wrap
Baked Jacket Potatoes		Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert		Syrup Sponge Pudding & Custard 	Flapjack with Fruit Slices 	Vanilla Cookie & Fruit Slices <sup>VG</sup> 	Iced Sponge Cake

## FASTING DURING LENT AND RAMADAN

We don't encourage children to fast during the school day, but we support those who choose to. Children who are fasting for religious observance need to bring a drink and a snack or a small packed lunch to school in case they need to break their fast at lunchtime. If they haven't brought something with them, we will order a school dinner and the charge will be added to ParentPay.

If a child is fasting for the first time in school, a parent must email school to let us know so that we can record that they have the support of their parent.

## Change to Morning Routine ... the bell is back!

At 8:45am, the bell will ring to remind staff to CLOSE THE CLASSROOM DOORS. After this time, the only entrance for children is through the school office, even though gates may still be open (because it's impossible to lock 4 gates at the same time).

Please make sure that your children are prepared, we start the new routine on Tuesday!



Contact us: [enquiries@stcatherines.academy](mailto:enquiries@stcatherines.academy) or [www.stcatherines.academy/contact](http://www.stcatherines.academy/contact)



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## Reminder about PE and PE Kit

PE is often outdoors, even in colder weather, it is a curriculum subject and all children need to take part (unless they have a temporary care plan which excuses them for a medical reason, e.g. broken ankle, etc). They are rarely stationary and they don't wear their coats for PE.

We encourage children to layer up and wear a vest, t-shirt and sweatshirt for outdoor PE in colder weather, here is a reminder of what your child will need for PE:

- **For indoor PE in school, children require black or navy shorts and a plain white T-shirt. Children do indoor PE in bare feet.**
- **For outdoor PE, children need a pair of trainers (If children choose to wear trainers to school, these can be worn for outdoor PE). In warm weather, children wear their indoor PE kit. In colder weather, children need a pair of jogging bottoms and a long sleeved top to keep them warm; this long sleeved top must be plain navy blue or black, with no logo.**

You can check the full uniform policy on the school website:

<https://www.stcatherines.academy/uniform>





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## Prayer of the Month – February – The Apostles Creed

I believe in God, the Father almighty  
 Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,  
*(at the words that follow, up to and including the Virgin Mary, all bow.)*  
 who was conceived by the Holy Spirit, born of the Virgin Mary,  
 suffered under Pontius Pilate, was crucified, died and was buried;  
 he descended into hell;  
 on the third day he rose again from the dead;  
 he ascended into heaven, and is seated at the right hand of God the Father almighty;  
 from there he will come to judge the living and the dead.  
 I believe in the Holy Spirit, the holy catholic Church,  
 the communion of saints, the forgiveness of sins,  
 the resurrection of the body, and life everlasting. Amen.



<https://new.express.adobe.com/webpage/uasAxf9ThVdIC/>



These winners have been nominated by their class  
for living out the weekly missions – God bless you all

Year 1	Lorelle and Helen
Year 2	Simon and Zara
Year 3	Tina and Amelia D
Year 4	
Year 5	
Year 6	





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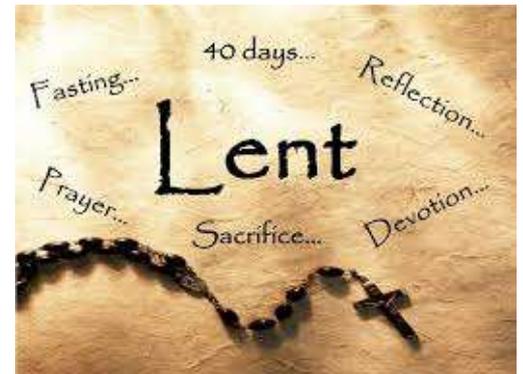
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## Lent

Lent is a season of reflection, renewal, and preparation. This year lent begins in Half Term on Ash Wednesday which falls on 18th March. It is a period of 40 days (not including Sundays) leading up to Easter and commemorates the time Jesus endured in desert fasting and being tempted by the devil. Catholic's and some other Christian denominations use this time to prepare themselves to celebrate Jesus Christ's resurrection at Easter.

In school the altar cloths on our class and communal prayer areas change to a purple colour to reflect this solemn time, and in class through their classwork and prayer and liturgy sessions, the children will be reflecting upon this time also.



## Ramadan

Ramadan is the ninth month in the Islamic calendar and is the holiest month. During this period, Muslims are required to fast and to give to charity, to show kindness and patience, and to strengthen their relationship with God. Observing Ramadan is regarded as one of the Five Pillars of Islam which lay the basis for how Muslims are required to live their lives.

Ramadan is expected to begin on Wednesday 18<sup>th</sup> February 2026 and will conclude on 19<sup>th</sup> March 2026 with exact dates depending on the sighting of the moon.

Eid al-Fitr marks the end of the blessed month of Ramadan.

This year Eid al-Fitr is expected to be celebrated on 20th March 2026. However, the exact date is subject to the sighting of the moon of Shawwal the 10th month of the Islamic Calendar.

We wish you and your families a very holy and blessed Ramadan from us all at St Catherine's Catholic Primary School.





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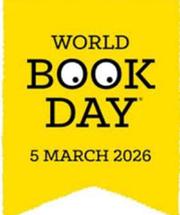
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## Dates to Remember and Other Important Things!

**New information is highlighted**

16 <sup>th</sup> to 20 <sup>th</sup> February 2026	<b>Half term holiday, school is closed</b>	
17 <sup>th</sup> / 18 <sup>th</sup> February 2026	<b>Lent and Ramadan have started. Children who choose to fast during the school day need to bring a drink and a snack, in case they need to break their fast.</b>	
Monday 23 <sup>rd</sup> February 2026	<b>Training day, school is closed to pupils</b>	
9:00am on Tuesday 24 <sup>th</sup> February 2026	<p style="text-align: center;"><b>Last chance to sign up for milk for Spring 2 half term 24<sup>th</sup> February to 2<sup>nd</sup> April</b></p>  <p><b>We will automatically order milk for:</b></p> <ul style="list-style-type: none"> <li>• Children who are under-5.</li> <li>• Children who are entitled to income-based free school meals, if you have already told us that they want milk at playtime.</li> </ul> <p><b>You need to email school (<a href="mailto:enquiries@stcatherines.academy">enquiries@stcatherines.academy</a>) if:</b></p> <ul style="list-style-type: none"> <li>• Your child is over the age of 5 and they are eligible for income-based free school meals, and they want milk at playtime.</li> </ul> <p><b>For milk for all other children, please sign up on ParentPay before 9:00am!</b></p> 	
Monday 2 <sup>nd</sup> March 2026	<b>Mass in School</b>	Father Albert will say Mass in school to mark the start of Lent
Thursday 5 <sup>th</sup> March 2026		<b>Please see more information in this newsletter!</b>
Friday 6 <sup>th</sup> March 2026		3:00pm to 4:30pm Enter by the school office
Wednesday 11 <sup>th</sup> March 2026		3:00pm to 4:30pm Enter by the school office

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Wednesday 11 <sup>th</sup> to Friday 13 <sup>th</sup> March	Year 4 Residential to Cliffe House	If you have booked a place, please make final payment on 
Tuesday 17 <sup>th</sup> March 2026	F2 Hearing Retests	Nurses will be in school to catch those children in Reception who need to be seen again, or who missed it!
Friday 20 <sup>th</sup> March 2026	Y2DH Swimming starts, last lesson will be Friday 1 <sup>st</sup> May	Please sign up on  Children will need swimwear and a towel is a waterproof bag (no baggy shorts, bikinis or carrier bags please!)
Monday 23 <sup>rd</sup> March 2026	Nursery Stay and Learn – Number	8:45am in Nursery, come and join us! 
Wednesday 25 <sup>th</sup> March 2026	F2 Vision Screening	Nurses will be in school to see the Reception children!
Thursday 26 <sup>th</sup> March 2026	Nursery Stay and Learn – Number	8:45am in Nursery, come and join us! 
Monday 30 <sup>th</sup> March 2026	Lent Celebration of the Word Y3MS "Palm Sunday" 	Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).
Tuesday 31 <sup>st</sup> March 2026	Lent Celebration of the Word Y3JN "The Last Supper" 	Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).



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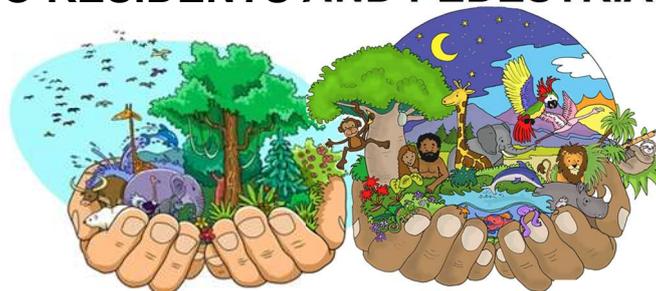
**New information is highlighted**

<p><b>Tuesday</b> 31<sup>st</sup> March 2026</p>	<p><b>Year 3 Parent Meeting Residential Trip "Whirlow Farm"</b></p>	<p>3:15 to 4:00pm, please enter by the school office. Look out for more information nearer the time, this meeting is for parents of those children who have booked a place on the residential trip!</p>
<p><b>Wednesday</b> 1<sup>st</sup> April 2026</p>	<p><b>Lent Celebration of the Word Y5EH "The Garden of Gethsemane"</b></p> 	<p>Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).</p>
<p><b>Thursday</b> 2<sup>nd</sup> April 2026</p>	<p><b>Lent Celebration of the Word Y5OW "The Stations of the Cross"</b></p> 	<p>Parents and family members are welcome to join us, the assembly starts at 9:15am in the school hall (not CCC), sorry but we are not able to admit latecomers as this will distract the children. Please enter through the staff car park to the KS2 building (near Y4 gate).</p>
<p><b>Friday</b> 17<sup>th</sup> April 2026</p>	<p><b>Closing date for Nursery applications for September 2026</b></p>	

## Stewardship: Caring for Our Community

We teach our children to be stewards of the earth ... to care for the gifts of God's creation ... as parents and school staff, we work together to teach our children ... this week, our challenge is to

**PARK SAFELY AND CAREFULLY,  
WITH RESPECT FOR OTHER ROAD USERS,  
AND WITH CARE AND KINDNESS  
TO RESIDENTS AND PEDESTRIANS**



Contact us: [enquiries@stcatherines.academy](mailto:enquiries@stcatherines.academy) or [www.stcatherines.academy/contact](http://www.stcatherines.academy/contact)



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# SCHOOL SWIMMING

When children are attending school swimming lessons, they are expected to dress and undress independently. We would never leave a child struggling, but for safeguarding reasons it is not appropriate for a lone member of staff to attend to a child in a state of undress; because we have a limited number of staff escorting the swimmers, this means that lessons can be disrupted very easily.

Please make sure that your child has practiced:

- Taking off their clothes;
- Putting on their swimwear;
- Drying themselves;
- Putting on their clothes.

If your child is wearing a swimming cap, they need to put it on themselves, so this is something to practice at home, Mrs Puchalka has found some useful guidance and here is the link:

<https://www.wikihow.com/Put-on-a-Swim-Cap>

Time is limited for the children to get ready, so we really encourage them to practice so they are quick to get ready and enjoy their lesson!





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## A Culture of Safeguarding at St Catherine's Service from Sheffield City Council

Sheffield's Family Hub and Start for Life Services are committed to enabling and supporting expectant parents, babies, children and their families to have a great start in life by providing services as early as possible.

They offer help and support to parents/carers of children aged 0-19, or up to 25 for those with special educational needs and disabilities.

There are 7 hubs which, together with their outreach sites, cover all areas of Sheffield:

- Early Days Family Hub
- First Start Family Hub
- Darnall Family Hub
- Shortbrook Family Hub
- Valley Park Family Hub
- Sharrow Family Hub
- Primrose Family Hub

You can find out more on their website:

<https://www.sheffield.gov.uk/schools-childcare/family-hubs>

Here are some examples of the services that Mrs Puchalka thinks may help some of our parents:

- Mondays 9:30am to 12noon – Department for Work and Pensions – benefits and forms
- Thursdays 9:30am to 12noon – Shelter and Housing



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## MERIT WINNERS – well done to all of you!

Y1AM		
Y1LF	<b>Meklit</b>	For amazing work in RWI, she was so speedy with her sounds!
	<b>Fortuna</b>	For making an amazing seesaw in our Design Technology lesson!
Y2DH	<b>Yaried</b>	For a great attitude towards RWI this half term!
	<b>Serah</b>	For always giving 100% effort in all lessons and making great progress as a result!
Y2NR	<b>Ethan</b>	For being super brave at swimming and for always having a positive attitude and mindset!
	<b>Lily</b>	For a fabulous swimming lesson, listening carefully and following instructions to stay safe!
Y3JN	<b>Anabel</b>	For always being one of the first children to show she is ready to learn, putting her hand up to share answers, and being an all round superstar!
	<b>Maryam</b>	For a beautifully written creative piece of work in our Celebration of the Word, Mrs Powell was very impressed with her effort and thoughtful presentation!
Y3MS	<b>Meilat</b>	For being keen and doing extra research on our Geography project at home, which they've used to help them extend their learning!
	<b>Alicia</b>	
Y4EB	<b>Richard</b>	For working hard, always getting his head down with work, and always putting a smile on Miss Briggs' and Miss Brian's faces!
	<b>Zahra</b>	For always trying her hardest and making amazing progress in spelling, she always tried her best during Project work and is such a joy to be around!
Y4IF	<b>Isaac B</b>	For working hard in all lessons, he listens and offers responses to class discussions, he completes tasks to a good standard and quietly gets on!
	<b>Aiyla</b>	For really trying hard in her learning, following instructions and producing good work!
Y5EH		
Y5OW	<b>Henok</b>	For being so resilient and always trying their best in Y5OW. For consistently bringing a smile to the faces of both children and adults. Both boys have made an outstanding transition into classes, and we are SO proud of them!
	<b>Rafael</b>	



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## MERIT WINNERS – well done to all of you!

Y6ED	<b>Nuh</b>	For working hard to make the right choices, uplevel his learning, and for WOWing Miss Winterbottom with his super effort in Maths!
	<b>Mo</b>	For developing his independence, and for impressing so many adults around school with his readiness to learn!
Y6RR	<b>Leslie</b>	For fantastic progress in both her RWI and Maths assessments!
	<b>Taibah</b>	For amazing perseverance in Maths, which has meant she has made fantastic progress in her arithmetic tests!



## Wonders of the Week

Well done to all of you!

### Henok, Rufael, Mo and Laila

For being superstars at lunchtime and getting used to new routines!

### Elijah, Hamza and Zayn (Year 3)

For having a go at the sports on the MUGA!

### Yard Winners

## Everyone!



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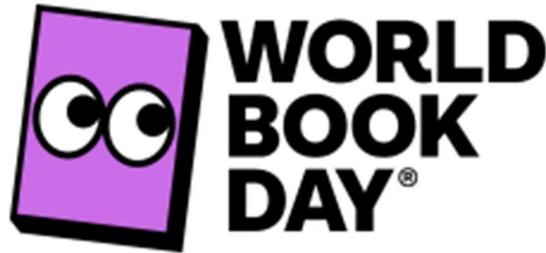
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We will celebrate World Book Day in school on

## Thursday 5<sup>th</sup> March

This year's theme is **Go All In** and read about things that you like to do for fun and things you are interested in!

We would like to know what you like to do for fun and what you are interested in, so we can help you find books you will love!

On the 5<sup>th</sup> March staff and children can **dress up to show us:**

- something you like to do for fun. This might be a favourite hobby (e.g. dancing, baking or gardening)
- or something that you are interested in. This might be a special interest (e.g. dinosaurs or aeroplanes)



I like gardening!



I like dancing!



I like baking!



I am interested in dinosaurs!

## SCHOLASTIC BOOK FAIR

We will also be running a **scholastic book fair** to celebrate WBD!

Friday 6<sup>th</sup> March 3:15-4:30pm

Wed 11<sup>th</sup> March 3:15-4:30pm

Contact us: [enquiries@stcatherines.academy](mailto:enquiries@stcatherines.academy) or [www.stcatherines.academy/contact](http://www.stcatherines.academy/contact)



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Your child will receive their £1 book token from school soon! Children can use their token to buy a £1 World Book Day book, or they can use it towards a full price book.



Here are this year's £1 books! Follow this link to explore the books, authors and illustrators!

[Books Archive - World Book Day](#)



We would like to encourage you to celebrate World Book Day at home too! Head to the [families](#) page for ideas here [Bring Joy to Reading at Home with World Book Day - World Book Day](#)

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# Have your say on Neurodiverse Friendly Libraries

GO  
ALL  
IN.

National  
Year of  
Reading  
2026



Sheffield Libraries have funding to make our spaces more welcoming for neurodiverse families.

Fill in our survey to tell us what matters to you. Your feedback will help shape these improvements!

<https://haveyoursay.sheffield.gov.uk/have-your-say-on-neurodiverse-libraries>

**LiBRARIES** SHEFFIELD

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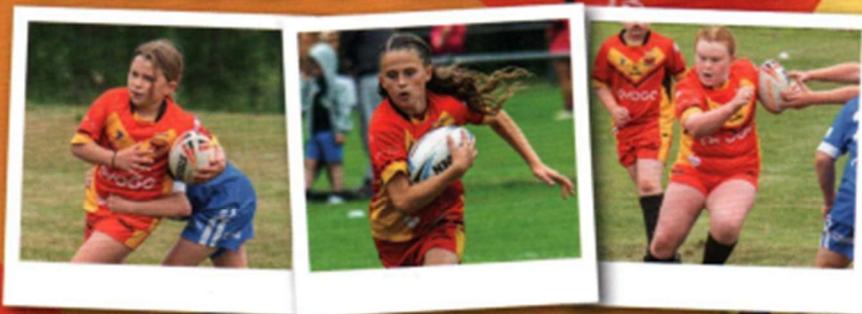
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# GIRLS RUGBY LEAGUE



We're inviting new players aged 3+  
to come and give rugby league a try.  
**No experience needed!**

## JOIN THE HAWKS AT PARSON CROSS PARK

Our friendly, qualified, & DBS-checked  
coaches will help you:

- Learn new skills
- Improve fitness and agility
- Build confidence
- Make new friends

Call or text for more information:  
07746 015654 or 07931 162521



**ELYS ARMY**

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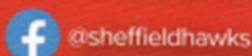
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# APPLICATIONS ARE NOW OPEN FOR JUNIOR BAKE OFF

Aged between 9-15 and love to bake?  
We'd love to hear from you!

[WWW.APPLYFORJUNIORBAKEOFF.CO.UK](http://WWW.APPLYFORJUNIORBAKEOFF.CO.UK)



APPLICATIONS CLOSE 15TH MARCH 2026

Contact us: [enquiries@stcatherines.academy](mailto:enquiries@stcatherines.academy) or [www.stcatherines.academy/contact](http://www.stcatherines.academy/contact)



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## SHEFFIELD GIANTS ACADEMY AMERICAN FOOTBALL

# JOIN THE GIANTS

**Full contact and flag  
american football in  
Sheffield.**

**First sessions are free -  
just bring a gum shield and  
football boots or trainers.**

**// SAT 31 JAN  
// SAT 7 FEB  
// SAT 14 FEB  
// SAT 21 FEB  
// SAT 28 FEB**

**VENUE: SHEFFIELD PARK ACADEMY  
BEAUMONT ROAD NORTH**

  **#BEGIANT**

**ACADEMY@SHEFFIELDDGIANTS.COM**

**WWW.SHEFFIELDDGIANTS.COM**

### FLAG

**12.00-13.30**

**AGES 7-17**

### CONTACT

**13.30-14:00**

**AGES 13-19**



Contact us: [enquiries@stcatherines.academy](mailto:enquiries@stcatherines.academy) or [www.stcatherines.academy/contact](http://www.stcatherines.academy/contact)



# Newsletter



Issue 21 13<sup>th</sup> February 2026

St Catherine's Catholic Primary School, S4 7BX

0114 3030381

## Mission Statement

Our mission is to behave in the way that Jesus taught us:  
that we are all equal and that we should behave kindly and humbly towards each other.

# SHEFFIELD UNITED CRICKET CLUB

EST.  
1864



## UNDER 18'S CRICKET



Recruiting for boys and girls from the ages of 9 to 18



Modern changing rooms operated by Sheffield Hallam University



Play competitive matches. Build confidence and make new friends



Qualified coaches with passion for cricket and weekly training sessions



Equipment can be provided on request - Just bring yourself!

Contact us today to be a part of a prestigious local club!

Join now!



**Shabbir Ahmad**

Shabbir.ahmad@e3recruitment.com  
07486 395780



**Rabya Ahmed**

Ahmedrabya@yahoo.co.uk  
07973 510117



Sheffield Hallam  
University Sports Park  
Bawtry Road  
Sheffield, S9 1UA

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FEBRUARY FREE PARENTING CLINIC

RAISING RESILIENT KIDS: BUILDING  
REAL CONFIDENCE

# PARENTING CLINIC

## RAISING RESILIENT KIDS

## 23 FEB

12.00 TO 12.30PM

**HOSTED ON ZOOM**

Come live or catch the replay

In this month's Free Parenting Clinic, we'll explore:

- The real difference between confidence and self-esteem (spoiler: they're not the same)
- Why "praise more" doesn't always build resilient kids
- How confidence is quietly shaped at home, every single day
- Practical, realistic ways to support your child to bounce back, believe in themselves, and try again

This isn't about raising loud, fearless children. It's about raising kids who trust themselves, cope with setbacks, and keep going when things wobble.

Join Anisa Lewis, Parenting Coach, for a relaxed, supportive 30-minute online talk, designed for busy parents who want tools that actually work in real family life.

**Book your free place here:**

<https://anisalewis.as.me/theclinic>

or email: [hello@anisalewis.com](mailto:hello@anisalewis.com) for the booking link.



Is your child holding it together all day, only to fall apart where it's safe?

Or maybe they doubt themselves, avoid challenges, or give up quickly when things feel hard?

We talk about confidence a lot... but what does it actually mean for our children?



Anisa Lewis  
Parenting Coach

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# Wild Wellbeing

**Fancy getting outdoors to banish  
the winter blues and welcome in  
the Spring?**

**\*\*Additional weekend date added\*\***



**Friday 6th February  
Saturday 28th February &  
Friday 13<sup>th</sup> March**

**1.00pm - 3.00pm**



**Meeting at Shirecliffe Community Centre  
to walk to Parkwood Springs  
Shirecliffe Road, Sheffield S5 8XJ**

**FREE sessions, limited places, book now!**  
**Book online <https://bit.ly/3LW2nVp>**

**Call: 07761 201 864 or Email:  
[greenprescribing@wildsheffield.com](mailto:greenprescribing@wildsheffield.com)**

Participants must be 18+. With thanks to funding from the South  
Yorkshire Health & Growth Accelerator Fund and National Grid



**Sheffield &  
Rotherham  
Wildlife Trust**

**[www.wildsheffield.com](http://www.wildsheffield.com)**

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## Think More Positively



## WINCOBANK

Upper Wincobank Chapel  
132 Wincobank Avenue  
Sheffield S5 6BB  
#76 & 76a bus route

Four-part  
course

**Weekly on Thursdays**

**starting March 5th**

**and continuing 12th, 19th, 26th March**

**12:30pm to 2pm**

**Registration required**



To register,  
please scan QR code  
or contact:

**07879 923016**  
**sheffield@uk.brahmakumaris.org**  
**brahmakumaris.uk/events**

**Free of charge**



**Age 18 and over**

Contact us: [enquiries@stcatherines.academy](mailto:enquiries@stcatherines.academy) or [www.stcatherines.academy/contact](http://www.stcatherines.academy/contact)



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## Your voice matters!

Are you a parent/carer of a child/young person living with neurodivergence?

Maybe you have a diagnosis, maybe you are on a waiting list, maybe you are just starting to think about additional challenges your child may be facing.

Please take just 5 minutes to complete the survey and tell us what you think.

For any queries, please email:  
[neurodiversity.sheffield@family-action.org.uk](mailto:neurodiversity.sheffield@family-action.org.uk)

Family Action - Neurodiversity Sheffield

### We want to hear from you!

At Neurodiversity Sheffield we want to support as many families as possible and we need your help to understand what support you are looking for, and when and how you need that support.

Scan for more info



[family-action.org.uk](http://family-action.org.uk)

Family Action. Registered as a Charity in England & Wales no: 264713.  
Registered as a Charity in the Isle of Man no: 1206. Registered Company Limited by Guarantee in England and Wales no: 01068186.

Contact us: [enquiries@stcatherines.academy](mailto:enquiries@stcatherines.academy) or [www.stcatherines.academy/contact](http://www.stcatherines.academy/contact)