

Stratford Arts Social: At Home

With artist Louisa Tock



Entopic Graphomania

Watch Louisa's instructional video here: <https://youtu.be/H8YQB7lymjg>

Watch Louisa's introduction here: <https://youtu.be/oKMkrhJTn3c>

Aim of activity

Create a unique drawing by using Entopic Graphomania - a Surrealist technique for kick-starting creativity and imagination.

You will need

- Pen/pencil – Biro, standard pencil, felt tip pen, or any drawing equipment you can find, can be multiple colours.
- Paper with text on it – newspaper cutout, magazine page, flyer, leaflet, or a page from an unwanted book.

Activity length

Minimum 10 – 20 minutes (longer if you feel like it!)

Instructions

1. Select your page of text and drawing pen/pencil.
2. Choose a letter of the alphabet.
3. Look carefully over your page and every time you spot your chosen letter, mark it with a small dot.

Tip: If you chose a high-frequency letter like a vowel, your final drawing will take a bit longer and be more detailed than if you choose a less common letter such as W or F.

Instructions Continued

4. Once you've marked your chosen letter with dots, use your pen or pencil to join them up, freehand, any way you like.

5. Joining up the dots will create a pattern of shapes. Colour in the pattern with shading or block colour, using any drawing tools you have available. For example, a biro, pencil, highlighters or coloured pencils.

Reflection

- Did you find the exercise relaxing?
- What would you change to make a different style of drawing? (For example, the paper, drawing tool or kind of lines you used)
- Can you think of any further rules you could add to this exercise which might create an interesting result?

We'd love to see what you have created! Tweet us your artwork @StratfordCircus, tag us on Instagram @stratford_circus or find us on Facebook.

If you'd like to share or discuss your reflections on these exercises, please do email your thoughts or images to Colette via colette@stratford-circus.com.

You can find more Stratford Arts Social: At Home videos at stratford-circus.com

