

BY ALISON
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Home and interiors expert Alison Cork runs luxury furniture and accessories brands *alison at home.com* and homeware clearance site *oneragentplace.co.uk*

Sleeping Beauty

Alison answers your questions on transforming your bedroom into a paradise

Q I'm looking to overhaul my bedroom entirely, but don't know where to begin. Do I find a wall colour first, or should I choose accessories I love and go from there?

A Our bedrooms are like private sanctuaries, and there's nothing better than coming home after a long day to a gorgeous and comfortable paradise.

The most important thing is to have a plan. I would begin with finding a colour scheme—whether it's earthy tones, neutral creams or dark shades, figure out what you love and settle on a few variations of that.

Next, I would recommend looking at the walls. Do you want wallpaper, a feature wall or one plain colour? Once this is established, it's time to bring furnishings and fun decorations into the mix.

Gardeners' Diary

You may feel like staying inside, but now's the perfect time to take care of some crucial jobs.

- Wrap insulation such as garden fleece around plants, pots and taps to protect them from frost.
- Cover your vegetable and fruit crops with netting to stop hungry birds.
- Help prepare the soil for spring by digging over existing beds and borders.



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Q My bedroom is very small and my current furniture is rather bulky. What pieces would you recommend to give the appearance of space?

A There are a number of options you can go for to utilise space and create a beautiful look. Glass furniture is one trend that's really catching on. Whether you go for a glass side table or desk, it's sure to create the right illusion.

When it comes to your bed, it can be hard to downsize in order to make room for drawers. Thankfully you can purchase bed frames with in-built storage space underneath. This allows you plenty of room for clothes and shoes, without having to sacrifice a comfortable night's sleep. Finally, choosing a neutral-toned colour scheme for your walls adds instant space. Pick one shade you like and play with the same tones throughout your room.

ROMANTIC GESTURES

Transform your boudoir with lush pieces and elegant touches in the vein of your dream Valentine's Day hotel room.

Wonderwall

Beautiful wallpaper can be found in many stunning hotels. With a nod to past trends, the right wallpaper can add a classic appearance to any room. If you're hesitant to make a full commitment, opt for a feature wall. *Northern Rose, £20 per roll, grahambrown.com*



Making light touches

Soft lighting is both romantic and practical. Introduce small reading lights and lamps to your bedside or dressing table. *Ceramic Table Lamp, £100, houseoffraser.co.uk*

Sumptuous seating

Occasional chairs can instantly elevate a room's appearance—especially when the colour offsets the look of your bedding. A relatively plain duvet invites a frivolous pop of colour, like the *Kubrick Wing Back Chair, £349, made.com*



Get The Look: Boutique Hotel Chic

Create a luxurious look in your bedroom or guest room with greys uplifted with yellow and silver touches



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1. Individual Rare Breed Sheepskin, from £50, thefabulousfleececompany.co.uk

2. Terrace Bedside Table, £259, westelm.co.uk

3. Fermoie cushions, from £70, fermoie.com

4. Blake Headboard, £495, sweetpeaandwillow.com

5. Selkirk Lamp by The Libra Company, £303, artisanti.com 

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