

PLAN YOUR STUDY

USING THE FOUR Ts



TARGETS

Set a target for the result you want to achieve in each subject and overall in the exams.



TOPICS

Organise a folder for each subject and break each of your subjects into topics.



TIME

Plan your time between now and the exams. Break your time into blocks and plan how much time you will study in each of these blocks.



TEMPTATIONS

What distracts you from studying? Facebook, TV, computer games or your phone? Plan how to avoid these distractions during your study time.