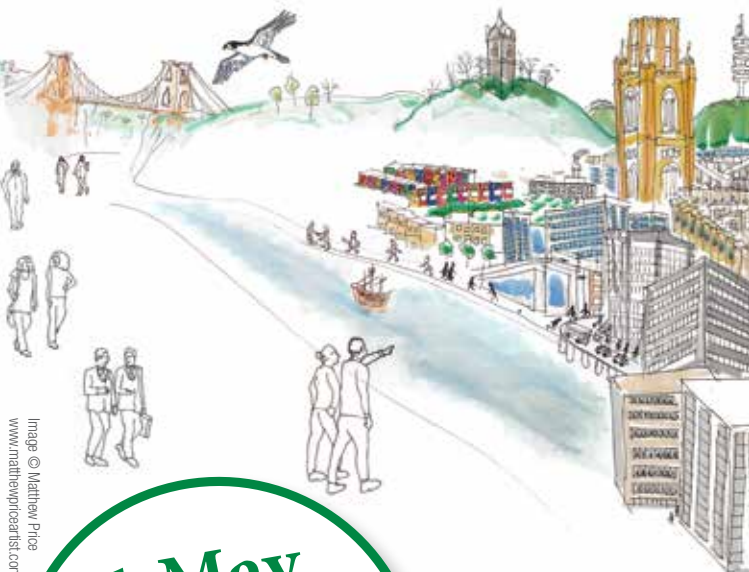


# Bristol Walk Fest

The UK's largest urban walking festival



1 May  
to  
31 May  
2015

[www.bristolwalkingfestival.co.uk](http://www.bristolwalkingfestival.co.uk)

Over 160 walks  
to choose from -  
there's something  
for everyone



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networking south west  
bringing business and the wellbeing agenda  
together

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**WALK FOR  
HEALTH**  
Bristol



**BRISTOL**  
2015 EUROPEAN  
GREEN CAPITAL

# Introduction

Welcome to Bristol Walk Fest 2015 - the UK's largest urban celebration of walking. We're very proud that this year Bristol is the UK's first ever European Green Capital, a prestigious award which we've won in recognition of what we've already achieved in making our city a healthier, happier place to live.

We are using our year in the Green Capital spotlight to build on the amazing energy and momentum in the city. We want everyone - families, communities, organisations - to get involved, and to feel excited about playing their part in creating an even better, greener, more connected city. So what better way to celebrate this than getting out and about to enjoy Bristol on foot?

Walk Fest's month long programme offers a great opportunity to explore Bristol, learn something new and enjoy some fresh air and exercise. The programme of events features over 170 walks from 80 organisations, covering nature, history, architecture, wellbeing, families and much more. All walks have easy-to-follow grading and descriptions, with most offered free of charge.

The festival is brought together by Bristol's Walking Communities and I'd like to thank all the walk leaders, volunteers, organisations and groups involved for coming together to plan such a vibrant and exciting set of walks. It's a real testament to the spirit of our city.

Some of the walks on offer link in with major events being staged as part of the Bristol 2015 Green Capital programme including a guided tour of Leigh Woods, a visit to the installation "Withdrawn" and a chat with artist Luke Jerram. So why not use Bristol's European Green Capital status as a reason to get your walking shoes on in May?

Have a great time

**Andrew Garrad**  
Chairman, Bristol 2015



For more information about Bristol 2015 please visit  
[www.bristol2015.co.uk](http://www.bristol2015.co.uk)

*Bristol Walk Fest* presents **The Earth Pilgrim**

Following the day time Compass Walk, this evening event presents the ground breaking Natural World film *'Earth Pilgrim'*. *Earth Pilgrim* features renowned walker, international speaker and writer, Satish Kumar and is screened by kind permission of BBC Worldwide.

We are also delighted to announce, this world ambassador for walking, Satish Kumar will be in conversation with Bristol's own passionate walker, Rosalind J. Turner from Netwalking South West.

Satish Kumar, a former Jain monk, long-term peace and environmental activist, has been quietly setting the global agenda for change for over 50 years. He was just nine when he left his family home to join the wandering Jains, and 18 when he joined Gandhi's vision of land reform in India. However it was in his early 20's that inspired by British peace

activist Bertrand Russell, he embarked on his epic journey, an 8,000 mile peace pilgrimage.

Satish has since walked his way into our living rooms through his appearance on Radio 4's Desert Island Discs, his many years editing Resurgence Magazine, and through his writing and speaking.

Gathering at M Shed at 6:45pm there will be time to mingle with Compass walkers before the screening at 7:30pm. Tickets can be booked from mid-April via <http://walkfest2015.eventbrite.co.uk>

*"Walking brings connection, not only with nature herself with every step you take, but with your own nature, with your companions, be they human or other than human. It is the best food for the soul."* **Satish Kumar**






## 01 Compass Walk

Join us for one or more walks in this huge 'relay' launch event linking suburbs to city centre. No need to book. For more details see: [www.bristolwalkingfestival.co.uk](http://www.bristolwalkingfestival.co.uk)




NW


### Shirehampton Public Hall

Start: 10:45am 

### The Greenway Centre, Southmead


Start: 10:45am 

### Coombe Dingle Sports Complex


Start: 12:45pm 

### Café Retreat, The Downs

Arrive: 2:30pm (Nordic Walking Tuition)

Start: 3pm 

### Redland Parish Church

Start: 4pm 


Nordic Walking option

Cascade Steps


Arrive: 5:15pm

SW


### Southville Centre

Start: 4:30pm 


### Knowle West Health Park

Start: 3pm 

### Headley Park Church

Start: 1:30pm 

### Bridge Learning Campus, Hartcliffe

Start: 11:45am 

### Withywood Centre

Start: 12pm 

**Special thanks to:** Rosalind Turner of Netwalking Southwest (concept/support); Andrew and Janet (route development); Laura, Naomi, Keith and Eileen (route co-ordination) and to our gracious meet-point hosts.

**The Hub, Lockleaze**

 **Start:** 10:15am

**Hillfields Library**

 **Start:** 10:45am

**Vassal Centre, Fishponds**

 **Start:** 12:20pm

**Easton Community Centre**

 **Start:** 2:45pm

**St Paul's Learning & Family Centre**

 **Start:** 4:15pm

**Barton Hill Settlement**

 **Start:** 3:45pm

**St Anne's Children's Centre**

 **Start:** 2:30pm

**South Bristol Sports Centre,  
Brislington**

 **Start:** 12:30pm

**New Stockwood Community Centre**

 **Start:** 10:50am

**Hengrove Leisure Centre**

 **Start:** 10:50am

Arrive: 5:15pm










Cascade Steps

NE

SE




## Guidance and additional information

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-  Arrive at walk start 10 minutes before stated time.
-  Walk durations are approximate and will depend on group size and ability.
-  Dress appropriately for the weather and wear suitable, supportive footwear.
-  Bring drinking water and money for transport/refreshments.
-  Walk leaders reserve the right to refuse participation in the interests of safety.
-  All walks return to the start point, unless a separate end location is given.
-  Walks are free of charge unless stated otherwise (e.g. for specialist guided walks).
-  All children under 16 must be accompanied by an adult.
-  If you have specific access needs, please contact the walk organiser or Bristol Walking Festival team to check suitability.

## Medical

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-  Do not walk if you feel unwell.
-  Alert the walk leader if you have a specific health condition and advise them of medication you are carrying.
-  If you have health concerns check with your doctor before taking part.

## Safety

Providers will plan and lead walks with due regard to the comfort and safety of walkers, but participation is at your own risk. Bristol City Council is not responsible for the content of walks and views, and opinions presented by walks providers do not necessarily reflect the views of the city council. The council endeavours to supply full and accurate information, however it cannot be held responsible for any inaccuracies and any inconvenience this may cause.

## Public transport

The council wishes to encourage you to travel to walk start points either under your own steam (on foot, or cycling), or favouring public transport over private car use. Travelling by bus or train can add to your enjoyment while reducing the impact of cars.

For travel services information, see this website:

**www.travelwest.info** or call Traveline on **0871 200 22 33** (calls cost 10p per minute plus any charges your network provider makes).

For further information about the walking festival contact:

Tel: **0117 352 1283** (Monday to Thursday)










Tel: **0117 357 4862** (Friday)

Email: **bristolwalkingfestival@bristol.gov.uk**







## About this programme

At time of going to print details included in the programme are accurate to the best of our knowledge. Any cancellations or amendments after print will be advertised as soon as we are made aware on the Walk Fest website and Facebook pages. Please note that some walks require booking in advance and have limited places. Please book promptly to avoid disappointment.





# Key to symbols

	<b>Accessible by public transport</b> (check <a href="http://www.travelwest.info">www.travelwest.info</a> or call Traveline on 0871 200 2233 (calls chargeable) for details of travel services).
	<b>Booking essential</b>
	<b>Buggy friendly</b>
	<b>Dogs welcome</b>
	<b>Family friendly</b>
	<b>Wheelchair friendly</b>
	<b>Toilets available</b>
	<b>Flight(s) of steps</b> (number on walk)
	<b>Moderate slopes</b> (number on walk)
	<b>Steep slopes</b> (number on walk)
	<b>Stiles</b> (number on walk)
	<b>Refreshments available to purchase</b>
	<b>Take a packed lunch</b>

## Walks are themed to make it easier to choose:

	<b>Well-being</b>
	<b>History and architecture</b>
	<b>Nature and wildlife</b>
	<b>Art and creativity</b>
	<b>Business/Network walks</b>
	<b>Active family</b>

## Walks are graded to these levels:

	<b>Easy</b> - Mainly flat, on paved surfaces.
	<b>Fairly easy</b> - Mainly paths with good surfaces. Could include some slopes and mixed terrain.
	<b>Moderate</b> - More challenging slopes and varying terrains to be expected.
	<b>Challenging</b> - Suitable for experienced walkers able to walk longer distances at a brisk pace over mixed terrain and gradients.

Perception of walk route difficulty is individual - the above gradings are a guide only.

Please refer to the walk description and additional symbols when choosing a suitable walk to attend.

For further information contact the walk provider or Bristol Walk Fest team.

Friday 1 May

## 02 Greville Smyth Park Accessible Stroll

Fully accessible stroll from CREATE Centre around Greville Smyth Park, exploring the five ways of wellbeing: Connecting, Learning, Being Active, Noticing and Giving. Finishing at Riverside Garden Centre for refreshments.

**Starts:** 1:15pm | **Start location:** CREATE Centre, BS1 6XN | **End:** Riverside Garden Centre BS3 1RX | **Bus:** Buses to city centre | **Duration:** 1.25 miles, 1 hour  
**Cost:** Free | **Contact:** Nicola Ferris | 0117 352 1283  
 nicola.ferris@bristol.gov.uk | Walk for Health/BASS



Saturday 2 May

## 03 Bristol Dogs and Cats Home Mutt Strutt

A unique opportunity to take one of our residents for a stroll. Your furry companion will escort you around some of Bristol's historic landmarks while raising funds for animals in need.

**Starts:** 10am | **Start location:** Bristol Dogs and Cats Home, BS2 0XW | **Train:** Temple Meads | **Duration:** 3 miles, 2 hours | **Cost:** £5 registration, plus as much sponsorship as you can. | **Contact:** Harriet Mortimer  
 0117 300 3968 | harriet@rspca-bristol.org.uk



Saturday 2 May

## 04 Bristol in riot 1831

A stroll from Totterdown, past Temple Meads and up to Bristol Bridge, through the city centre and calling at places that figured in the riots, ending at the New Gaol.

**Starts:** 10am | **Start location:** Thunderbolt pub, Bath Road, Totterdown | **End:** Louisiana pub, Bathurst Basin  
**Bus:** X39, 338 | **Duration:** 2.5 miles  
**Cost:** Free | **Contact:** Ben Mackay | 0117 953 0912  
 ben.mackay@btinternet.com



## 05 Bristol Nordic Walking

A 40 minute Nordic walk on Clifton Downs with qualified instructors.

**Starts:** 10am | **Start location:** Café Retreat, Clifton Downs, next to water tower BS9 1FG | **Bus:** Regular buses, Trains to Clifton Down | **Duration:** 1.5 - 2 miles  
**Cost:** Free | **Contact:** Ros Ingleby  
07886 885 213 | info@bristolnordicwalking.co.uk



## 06 Woods around Conham

A circular walk around Dundry Rec, Troopers Hill, Avon Valley Walkway, St Anne's Wood, Nightingale Valley, Eastwood Farm, Beese's Tea Garden, Conham Ferry and Conham River Park.

**Starts:** 10:30am | **Start location:** Conham River Park car park | **Duration:** 4 miles | **Cost:** Free  
**Contact:** Chris Bloor | 0117 962 4088  
chrisbloor64@gmail.com



Saturday 2 May

## 07 Drawing from Life (& Lifelessness)

A creative walking & drawing workshop for adults, with artist Julia Vogl. See how flora and fauna breathe life into the cemetery and draw beautiful colour pastel drawings. Materials provided.

**Starts:** 1pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at Spielman Centre Terrace

**Duration:** 1 mile, 2 hours | **Cost:** £7 + booking fee

**Contact:** Felicia Smith 0117 971 9117

felicia.smith@arnosvale.org.uk | www.arnosvale.org.uk



Saturday 2 May

## 08 Sights and Sounds of Portishead

Discover this Victorian seaside town. The walk takes us from the marina to the lake grounds, experiencing Portishead's ever-changing sights and sounds along the way.

**Starts:** 1pm | **Start location:** Matchstick Sculpture, Portishead Marina | **Duration:** 4 miles | **Bus:** X3

**Cost:** Free | **Contact:** Ayoob Lakhani

07513 077 335 | ayoob.lakhani@outlook.com



Saturday 2 May

## 09 Arnos Vale Cemetary Boundaries Tour

Explore the graves, stories and heritage of Bristol in Arnos Vale Cemetery. The Victorian garden cemetery spans 175 years of history and 45 acres of green space. Aimed at ages 16+.

**Starts:** 1:30pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at East Lodge shop entrance | **Duration:** 1.5 miles, 1.5 hours

**Cost:** £5 + booking fee | **Contact:** Felicia Smith 0117 971 9117 | felicia.smith@arnosvale.org.uk

**For more information visit:** www.arnosvale.org.uk



## 10 Brandon Hill Foraging Walk

On a walk round Brandon Hill we will learn about a variety of common edible plants, and come away confident in being able to safely identify them. To book please email [info@goforaging.co.uk](mailto:info@goforaging.co.uk).

**Starts:** 11am | **Start location:** Base of Cabot Tower  
**Duration:** 0.5 miles | **Cost:** £5 | **Contact:** Martin Bailey | 07980 626 011 | [info@goforaging.co.uk](mailto:info@goforaging.co.uk)



## 11 Giving Shape to Memory

Creative walk and 3D art workshop for families, with Julia Vogl. Collect found objects to explore construction, collage, mark-making or drawing. Some materials provided, but bring your broken brollies to make a mobile!

**Starts:** 1pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at Spielman Centre Terrace  
**Duration:** 1 mile, 2 hours | **Cost:** £10 for families (up to 2 adults and 3 children) + booking fee; or £7 for adults + booking fee | **Contact:** Felicia Smith 0117 971 9117 | [felicia.smith@arnosvale.org.uk](mailto:felicia.smith@arnosvale.org.uk)  
**For more information visit:** [www.arnosvale.org.uk](http://www.arnosvale.org.uk)



## 12 Harmony on Horfield Common

A gentle stroll around Horfield Common enjoying the wildlife and learning simple harmony songs that celebrate nature and the seasons.

**Starts:** 2:30pm | **Start location:** The Ardagh Car Park, Horfield Common | **Duration:** 1 mile, 1.5 hours  
**Bus:** 505 | **Cost:** £5, children free | **Contact:** Nicola Ramsden | 07947 114 213 | [nicola@naturalvoice.net](mailto:nicola@naturalvoice.net)



Sunday 3 May

### 13 Watervole Walk

Join nature expert Chris Sperring to track signs of watervoles across the reserve, whilst learning about the ecology and conservation of these tiny mammals.

**Starts:** 2:30pm | **Start location:** Portbury Wharf nature reserve | **Duration:** 2 miles | **Bus:** X2, X3  
**Cost:** £10 adults, £4 children aged 5-15, £20 family (up to 2 adults and 3 children), children under 5 free  
**Contact:** events@avonwildlifetrust.org.uk



Monday 4 May

### 14 International Dawn Chorus Day Walk

Join Trust Ecological Consultant Matt Collis for an early morning wander to hear a cacophony of birdsong on International Dawn Chorus Day! Expect star performances from blackbirds, song thrushes and robins amongst many others.

**Starts:** 4:30am | **Start location:** Prior's Wood nature reserve, near Portbury | **Duration:** 2 miles, 1.5 hours  
**Bus:** X2, X3 **Cost:** £10 adults  
**Contact:** events@avonwildlifetrust.org.uk



Monday 4 May

### 15 Walking and orienteering around East Compton / Prestleigh / Mendip Vale

A moderate walk over the ridge to the hamlet of East Compton, crossing Beard Hill, then returning via the old railway track and some of the back roads of Shepton.

**Starts:** 10:30am | **Start location:** Shepton Mallet shopping centre, Somerset BA4 5QR | **Duration:** 8 miles | **Cost:** Free | **Contact:** Claudine Watson 07815 494 415 | cawatson88@hotmail.com





## 16 Wonderful Underfall

Without the Underfall Boatyard, Bristol would be a very different place. This guided walk in and around the yard explores the past, present and future of this Scheduled Ancient Monument.

**Starts:** 11:30am | **Start location:** Harbour Master's Carpark, Underfall Yard, BS1 6XG | **Bus:** Bus 506, 11A  
**Duration:** 2 miles | **Cost:** Free | **Register at:**  
[www.wonderfulunderfall.eventbrite.co.uk](http://www.wonderfulunderfall.eventbrite.co.uk) | **Contact:**  
[sarah@underfallboatyard.co.uk](mailto:sarah@underfallboatyard.co.uk) | 0117 929 3250



## 17 Bristol Explored:

### A City Walk with Professor Tim Mowl

Tim will explore the concept of a 'green city', and show walkers a range of good, bad and ugly examples of how housing, roads, parks and street art can influence culture and environment.

**Starts:** 2pm | **Start location:** Avon George Hotel, Clifton, BS8 4LD | **Duration:** 2 hours | **Bus:** 3C, 8, 505 | **Cost:** £7/£6 conc | **Contact:** 07825 031 118  
[zoe.steadmanmilne@businesswest.co.uk](mailto:zoe.steadmanmilne@businesswest.co.uk)  
[www.ideasfestival.co.uk](http://www.ideasfestival.co.uk)



Monday 4 May

Monday 4 May

Monday 4 May

## 18 Arnos Vale Magical May Fairy and Pixie Trail

Come along and join the hunt for the Arnos Vale Fairies and Pixies. Follow the trail through the woods and see if your little ones can locate them all. All monies will be doubled and will go towards the Arnos Vale Endowment Challenge.

**Starts:** from 10am | **Start location:** Spielman Centre, Arnos Vale Cemetery, BS4 3EW | **Duration:** 0.5 miles  
**Cost:** £3 per child | **Contact:** Cheryl McArdle | 0117 971 9117 ext.213 | [cheryl.mcardle@arnosvale.org.uk](mailto:cheryl.mcardle@arnosvale.org.uk)



Tuesday 5 May

## 19 Bristol City Community Trust Walking Football

Walking Football sessions are fantastic for those who want to remain active in a fun, safe, enjoyable environment. The emphasis is on participation rather than competition. Over 55s welcome.

**Starts:** 10am | **Start location:** South Bristol Sports Centre, BS14 9EA | **Duration:** 4 hours | **Cost:** £2  
**Contact:** Billy Downes | 0117 963 0636  
[billy.downes@bcfc.co.uk](mailto:billy.downes@bcfc.co.uk)



Tuesday 5 May

## 20 Improve your posture through walking

After some warm up exercises, a trained walk leader will show you how to improve your breathing and posture while you walk. Get into the rhythm and you will start to feel as though you float!.

**Starts:** 10am | **Start location:** The Greenway Centre, Doncaster Road, BS10 5PY | **Duration:** 1 mile | **Cost:** Free | **Contact:** Debbie Parsons | 07876 814 567  
[debbie.parsons@bristol.gov.uk](mailto:debbie.parsons@bristol.gov.uk)



## 21 Bristol's Burning! The Reform Act Riots of 1831

Explore the sites and learn about the causes and consequences of the 1831 riots in Bristol, some of the bloodiest and most brutal the country has ever seen.

**Starts:** 11am | **Start location:** M Shed, Prince's Wharf | **Duration:** 1.5 miles | **Cost:** £3 suggested donation, book via M Shed front desk | **Contact:** lee.hutchinson@bristol.gov.uk | 0117 352 6600



## 22 Blaise & Kingsweston

A walk through the Blaise Estate, full of historical interest. There are a couple of climbs, one fairly steep.

**Starts:** 6:30pm | **Start location:** Blaise Estate car park, Kings Weston Road | **Duration:** 4.25 miles  
**Bus:** 40, 41, 18 | **Cost:** Free | **Contact:** Wendy Britton 07970 811668 | brittons@aspects.net



Wednesday 6 May

## 23 Early Morning Network

A Network for people in business. Join us for this different way to network for you & your business, starting with coffee on Bristol's Harbourside, then walking & talking for 1.5 hours, for more info see [www.netwalkingsouthwest.co.uk](http://www.netwalkingsouthwest.co.uk)

**Starts:** 7:30am | **Start location:** Brigstow Lounge, Millennium Promenade, BS1 5SY | **Duration:** max 3 miles | **Cost:** £5 (Special price for Bristol Walking Festival) | **To book:** [www.netwalkingsouthwest.co.uk](http://www.netwalkingsouthwest.co.uk)



Wednesday 6 May

## 24 QiGong in the Harbourside

A walk round the harbourside with short stops to do QiGong exercises, including a warm-up.

**Starts:** 10am | **Start location:** Arnolfini Arts Centre | **Duration:** 1.5 miles, 1.5 hours | **Cost:** Free | **Contact:** Janice Rossiter | 0795 427 6215 [janicerossiter51@hotmail.com](mailto:janicerossiter51@hotmail.com)



Wednesday 6 May

## 25 Walk around Historic Kings Weston Estate

A walk around Kings Weston Estate with spectacular views across the River Severn. Aimed at people over the age of 55 who are able to walk unaided, or with a stick.

**Starts:** 10am | **Start location:** Tithe Barn, High Street, Shirehampton, BS11 0DE | **Duration:** 2-3 miles | **Bus:** 40, 41/ 18, 502, 501 | **Cost:** Free | **Contact:** Barbara Franco (Shirehampton Walkie Talkies Walking Group) 07942 822 609 | [tita.barbara@outlook.com](mailto:tita.barbara@outlook.com)



Wednesday 6 May

## 26 'Qi' in the Woods -a mindful excursion

A quiet walk through park and wood, interspersed with pauses for mindfulness meditations, and Qi Gong/Tai Chi exercises for all the senses and deeper awareness of the present moment.

**Starts:** 2pm | **Start location:** Ashton Court Mansion courtyard, BS41 9JN | **Duration:** 3 miles, 2 hours  
**Cost:** Free | **Contact:** Tim Mason | 07789 200 685  
timmahamason@gmail.com



## 27 Urban Wandering: Wapping, Chocolate & other places

Discover the history and future of Bristol's Harbourside with urban design specialist Alastair Brook. The guided walk will trace a route along the Harbour onto the 'Chocolate Path' and beyond.

**Starts:** 6pm | **Start location:** Prince Street Bridge (M Shed side) | **End:** Baltic Wharf, Bristol Harbourside  
**Duration:** 1 mile | **Cost:** £6, £4 concessions  
**Contact:** Jodie Marks, The Architecture Centre | 0117 922 1540 | jodie.marks@architecturecentre.co.uk



## 28 Free map reading and compass navigation workshop with Ordnance Survey

Learn how to turn a stroll into an adventure. This event will teach you the skills needed to fully understand a map, take grid references and use a compass.

**Starts:** 6:30pm | **Location:** Stanfords, 29 Corn Street, Bristol, BS1 1HT | **Cost:** Free | **Contact:** Jacqui Goldstone | 0117 929 9966 | stanfords.co.uk  
stanfordsbristol@gmail.com



Wednesday 6 May

Wednesday 6 May

Thursday 7 May

## 29 Historical Cotham

From Montpelier Station visit the sites of three Civil War forts, take in the Georgian charm of Kingsdown and the grandeur of Cotham.

**Starts:** 10am | **Start location:** Bristol Temple Meads station | **End:** St Michael's Hill, Cotham | **Duration:** 3-4 miles | **Cost:** £1.50 for train fare | **Contact:** Bob Harris | 07757 778 151 | twotogs@googlemail.com



Thursday 7 May

## 30 The Common Land – Dundry to Dundry via Barrow Common

Much of the land between the A38 and Dundry Hill was not enclosed until 1816. Learn a little of the history of Dundry and Highridge Common and enjoy fabulous views over Bristol and beyond.

**Starts:** 10:30am | **Start location:** ST 556669 Car park, Downs Road, Dundry | **Duration:** 3 miles, 2.5 hours | **Bus:** 672 | **Cost:** Free | **Contact:** Nick Ward 0750 860 3123 | nward@csv.org.uk



Thursday 7 May

### 31 Walled City Walk - the route of the Norman walls

Follow the route of Bristol's Norman walls through the heart of the Old City. See the mercantile area's grand buildings and learn the history of what was Britain's second busiest port.

**Starts:** 11am | **Start location:** Merchant Navy Memorial, Welshback, BS1 2RR | **Duration:** 1 mile, 1.5 hours | **Cost:** £5/£3/free | **Contact:** Ed Hall 07805 007 304 | edwinjhall@yahoo.co.uk



### 32 Bristol's Treasure Island Influences

Learn about the characters, locations & events that inspired some of Britain's greatest literature. 1000+ years of history from Brewers and Slavers to adventures on the high seas.

**Starts:** 11:30am | **Start location:** Temple Church (just off of Victoria Street, Central Bristol) | **End:** Redcliffe Wharf | **Duration:** 2 miles, 3 hours | **Cost:** Free | **Contact:** Mark Steeds | 01454 238 342 mark@beaufortarms.com



Thursday 7 May

### 33 Bennett's Patch and White's Paddock: A New Nature Reserve for Bristol

Come and join Avon Wildlife Trust for a walk around Bristol's newest nature reserve, in the Avon Gorge. Learn about the history of the site, and how it has been transformed into a wildlife haven.

**Starts:** 12pm | **Start location:** Bennett's Patch nature reserve, Portway | **Duration:** 1 mile | **Cost:** Free | **Contact:** events@avonwildlifetrust.org.uk



Thursday 7 May

Thursday 7 May

### 34 Lunch Walk for Office Workers Temple Quay to St Nicholas Market Circular

Ideal for office workers looking to stretch their legs. A quiet quayside walk to St Nick's Market, returning via the quiet green space around Temple Church, Bristol's own 'Leaning Tower'.

**Starts:** 1pm | **Start location:** By Valentine's Bridge (Temple Meads station side), BS1 6DG | **Duration:** 1.7 miles | **Cost:** Free | **Contact:** Paul Seville 07854 195 092 | lunchwalks@gmail.com



Thursday 7 May

### 35 Dye Plant Foraging For Textile Arts

Locate dyes from leaves, berries, roots, bark, flowers and nuts. This walk takes in Greenbank Cemetery and Eastville Park to the River Frome, where we'll find riverside botanicals for the dye pot.

**Starts:** 6pm | **Start location:** No.12 Deli, Easton, BS5 6DL | **End:** Frome Valley Walkway | **Duration:** 1.5 miles | **Train:** Stapleton Road | **Cost:** £10, £5 conc | **Contact:** Babs Behan | 07586 208 074 hello@botanicalinks.com | www.botanicalinks.com



Thursday 7 May

### 36 Troopers Hill and Conham Vale

This walk explores quiet back roads of St Georges, climbs Troopers Hill, then follows the River Avon walkway before visiting Conham River Park and the other Avon Gorge.

**Starts:** 7pm | **Start location:** Maypole Tavern, High Street, Hanham | **Bus:** 45 | **Duration:** 5.5 miles | **Cost:** Free | **Contact:** Stephen Draper stephendraper14@gmail.com



### 37 A Short Railway Path Walk

A gentle and flat walk for over 55s as far as Morrisons, where we'll stop for a natter over a cuppa.

**Starts:** 10am | **Start location:** Temple Meads Station

**End:** Morrisons, Fishponds | **Duration:** 4 miles

**Cost:** Free | **Contact:** Dan Lewin | 0117 305 2365  
dan.lewin@stmonicastrust.org.uk



### 38 Early Morning Network

Meet members of the Bristol Usability Group for this network - with facilitated discussions on the nature of a 'user experience' (UX). Ideal for beginners and experts. The Bristol Usability Group is a friendly network of over 700 professionals, managers and academics working in the field of UX Design.

**Starts:** 8am | **Start location:** Brigstow Lounge  
Millennium Promenade, BS1 5SY | **Duration:** max  
3 miles | **Cost:** £5 (Special price for Bristol Walking  
Festival) | **To book:** www.netwalkingsouthwest.co.uk



### 39 Tour of Leigh Court

A tour of the 18th Century mansion and grounds, possibly including a local organic farm, or a tour of Leigh Woods in close vicinity to the house.

**Start location:** Main House, Leigh Court | **Duration:**  
2 miles | **Bus:** Bus X2, X3 (walk from Abbots Leigh)  
**Cost:** Free | **Contact:** Sam Shinner | 01275 373 373  
sam.shinner@businesswest.co.uk



Saturday 9 May

## 40 The Easton Wild Walk

Discover the wildlife that thrives along the Bristol & Bath Railway Path, and enjoy fun family activities along the way. Self-guided - you can join in anytime between 10am-1.30pm.

**Starts:** 10am | **Start location:** Owen Square Park (by Easton Community Centre, Kilburn Street) | **Duration:** Up to 2 miles | **Train:** Stapleton Road | **Cost:** Free  
**Contact:** Celia Davis | [celia.davis@bristol.gov.uk](mailto:celia.davis@bristol.gov.uk)



Saturday 9 May

## 41 Bristol City Centre: a walk through history using new and old maps

The walk draws from maps from as early as 1480 to show the history of our city centre as it is today, and how it might change in the future.

**Starts:** 10:30am | **Start location:** The Nails, Corn Street | **Duration:** 2 miles | **Cost:** £2 for maps  
**Contact:** Jeff Bishop | 07941 063 138 | [patandjeff@cbnd.com](mailto:patandjeff@cbnd.com)



Saturday 9 May

## 42 Riverside history and ecology at Blaise Castle

Join Bristol Avon Rivers Trust and Friends of Blaise Castle for a walk along Hazel Brook. Sample the river for invertebrates and explore life under the waterline.

**Starts:** 10:30am | **Start location:** Outside Blaise Castle House Museum | **Duration:** 1-2 miles  
**Bus:** 1, 40, 40a | **Cost:** Free | **Contact:** Harriet Alvis 07541 243 332 | [harriet@bristolavonriverstrust.org](mailto:harriet@bristolavonriverstrust.org)





### 43 Blaise Estate Foraging Walk

Learn how to safely identify edible wild plants on a leisurely stroll around Blaise Estate, and develop awareness of habitats, plant families and their life cycles. To book please email [info@goforaging.co.uk](mailto:info@goforaging.co.uk)

**Starts:** 11am | **Start location:** Car park off The Dingle (lane) This is off A4162 | **Duration:** 0.5 miles  
**Bus:** 41 | **Cost:** £5 | **Contact:** Martin Bailey  
07980 626 011 | [info@goforaging.co.uk](mailto:info@goforaging.co.uk)



### 44 Why Don't We Do It In the Road (North Street)

Discover Bedminster's hidden history of love, sex and violence. Your guides will introduce you to a host of real-life local characters who tell their extraordinary stories. Repeated on 16 & 23 May.

**Starts:** 11am | **Start location:** The Steam Crane, 4-6 North Street, Bristol BS3 1HT | **End:** The Tobacco Factory, Raleigh Road, BS3 1TF | **Duration:** 1 mile, 1 hour | **Bus:** 24, 25 | **Cost:** £3, £5 for North Street and East Street shows | **Contact:** Sheila Hannon  
0117 902 0235 | [info@showofstrength.org.uk](mailto:info@showofstrength.org.uk)



Saturday 9 May

Saturday 9 May

Saturday 9 May

## 45 Arnos Vale Crimean War Tour

Discover brave deeds, tragic mistakes and inspiring bravery from the bitter conflict in the Crimea and the Siege of Sevastopol. Aimed at ages 16+.

**Starts:** 1:30pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. East Lodge shop entrance

**Duration:** 1.5 miles, 1.5 hours

**Cost:** £5 + booking fee | **Contact:** Felicia Smith  
0117 971 9117 | [www.arnosvale.org.uk/all-events-listings/eventdetail/1357/-/crimean-war-tour](http://www.arnosvale.org.uk/all-events-listings/eventdetail/1357/-/crimean-war-tour)



## 46 Bristol South Skyline Walk

The launch of a new walking route which takes you on a journey of discovery across parts of South Bristol and allows you to see Bristol from a less well known perspective.

**Starts:** 2pm | **Start location:** Bristol Temple Meads Station main entrance. BS1 6QF

**Duration:** 6 miles (options to shorten) | **Cost:** Free

**Contact:** Len Wyatt | 07796 080 625  
[enquiries@northern-slopes-initiative.co.uk](mailto:enquiries@northern-slopes-initiative.co.uk)



Saturday 9 May

## 47 Why Don't We Do It In the Road (East Street)

See Walk 44 for description.

**Starts:** 2pm | **Start location:** The Masonic, 110 North Street, BS3 1HF | **End:** St Catherine's Precinct, East Street, BS3 4HG | **Duration:** 1 mile, 1 hour

**Bus:** 24, 25 | **Cost:** £3, £5 for North Street and East Street shows | **Contact:** as per Walk 44



Saturday 9 May



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## 48 Bristol's open spaces

Walk from Sea Mills to Temple Meads (and back, if you like), via the River Avon, nature reserves, the Downs, Harbourside and city squares.

**Starts:** 9:30am | **Start location:** Sea Mills station

**End:** Can end at Temple Meads | **Duration:** 10 miles (6 miles if ending at Temple Meads) | **Cost:** Free

**Contact:** Margaret | 0117 968 4140  
secretary@bristolramblers.org.uk

Sunday 10 May



Sunday 10 May

## 49 Mendips Wellbeing Walk

The walk will take in fields, woodland, and heath land, the iron age fort at Dolebury Warren and Black Down beacon. All welcome but aimed at people in their 20s, 30s and 40s.

**Starts:** 10am | **Start location:** Car share from car park opposite St Mary Redcliffe church, BS1 6NB | **End:** Blagdon free car park | **Duration:** 10 miles | **Cost:** Free | **Contact:** Ben Burke [brunelwalkinggroup@hotmail.com](mailto:brunelwalkinggroup@hotmail.com) | Book online via <http://goo.gl/forms/4AB2vF0Ac1>



Sunday 10 May



## 50 A History of the Tobacco Industry in Bristol

An urban walk looking at history of tobacco industry from 1786 to the present day, taking in Redcliff Street, East Street, and North Street.

**Starts:** 10:15am | **Start location:** Corner of Redcliff Street and Victoria Street | **End:** The Tobacco Factory, Raleigh Road, BS3 1TF | **Duration:** 4 miles  
**Cost:** Free | **Contact:** Simon Birch | 07917 403 473 [simon.birch7@gmail.com](mailto:simon.birch7@gmail.com)





## 51 The Bristol Suffragettes

Join historian and author Lucienne Boyce, and learn the history of the militant suffrage movement in Bristol, the women involved and major events in the city.

**Starts:** 10:30am | **Start location:** Outside the Student's Union on Queen's Road, BS8 1LN

**Duration:** 2 miles, 1.5-2 hours | **Bus:** 8, 9 | **Cost:** £5 | **Contact:** Lucienne Boyce | 0117 924 6963  
lucienne@lucienneboyce.com



Sunday 10 May

## 52 Bedminster's Secret Gardens

This self guided circular walk around Bedminster will take in 14 small 'secret gardens' not normally open to the public: Tropical, Mediterranean, productive, English country, shady, wildlife, family friendly and roof gardens.

**Starts:** 1pm – 7pm | **Start location:** Blooming Bedminster stall at the Tobacco Factory Market, Raleigh Road, BS3 1TF. | **Duration:** 3 miles

**Bus:** 24, 25 | **Train:** Bedminster or Parson Street  
**Cost:** £2 for a map | **Contact:** Matthew Symonds  
matthewsymonds@me.com



Sunday 10 May

Monday 11 May

### 53 Northern Slopes Local Nature Reserve Tree Trail

Explore this local nature reserve, Bramble Farm, the Roundhouse and ancient well-head on the Springfield Allotment. This walk is for over 55s with a good level of fitness.

**Starts:** 10am | **Start location:** The Park Local Opportunity Centre, Daventry Rd, Bristol BS4 1DQ. (opposite St Barnabas Church) | **Duration:** 1.5-2 miles  
**Bus:** Bus 36, 90 | **Cost:** Free | **Contact:** Julia Tutton 0753 056 4332 | julia.tutton@btinternet.com



Monday 11 May

### 54 Nordic Walking Taster Session

Learn what Nordic Walking is and how it differs to just walking, the health benefits of Nordic Walking, the basics of the correct Nordic Walking technique.

**Starts:** 11am | **Start location:** Café by water tower on The Downs | **Duration:** 1 mile | **Cost:** Free  
**Contact:** Charlie McCall | 07951 787 684 info@fitforadventure.co.uk



Monday 11 May

### 55 Bristol Explored: A City Walk with Professor Tim Mowl

Tim will explore the concept of a 'green city', and show walkers a range of good, bad and ugly examples of how housing, roads, parks and street art can influence culture and environment.

**Starts:** 2pm | **Start location:** The Wicked Lunch Co., 5 St Stephens Street, BS1 1EE | **Duration:** 2 hours  
**Cost:** £7/£6 concessions | **Contact:** 07825 031 118 www.ideasfestival.co.uk





## 56 Alive 'N' Kicking Active Families Walk

Every year Alive N Kicking help more families to become happier and healthier. Join them for a fun walk, including a family exercise session.

**Starts:** 4pm | **Start location:** Horfield Leisure Centre

**Duration:** 1 mile | **Cost:** Free | **Contact:**

Katie Stevens | 0117 942 2602 | [bristol@ank.uk.com](mailto:bristol@ank.uk.com)



Monday 11 May

Tuesday 12 May

## 57 Urban Wildlife Walk at Brandon Hill

Join Reserves Manager Joe McSorley for a walk around Brandon Hill nature reserve, to discover the birds and bees that reside in the oldest urban park in the country.

**Starts:** 10am | **Start location:** Brandon Hill - outside Avon Wildlife Trust's office (opposite Constitution Hill)

**Duration:** 2 miles, 2 hours | **Cost:** £10 adults, £4 children aged 5-15, children under 5 free

**Contact:** [events@avonwildlifetrust.org.uk](mailto:events@avonwildlifetrust.org.uk)



Tuesday 12 May

## 58 Bristol City Community Trust Walking Football

Walking Football sessions are fantastic for those who want to remain active in a fun, safe, enjoyable environment. The emphasis is on participation rather than competition. Over 55s only.

**Starts:** 10am | **Start location:** South Bristol Sports Centre, BS14 9EA | **Duration:** 4 hours | **Cost:** £2

**Contact:** Billy Downes | 0117 963 0636  
[billy.downes@bcfc.co.uk](mailto:billy.downes@bcfc.co.uk)



## 59 Hengrove Mounds: a wonderful nature reserve in the heart of Whitchurch

A walk across the old Whitchurch airport onto the mounds, a local gem with wildlife, bird song, flowers and blossoming cherry trees. Aimed at over 55s including slower walkers.

**Starts:** 10am | **Start location:** Whitchurch Library near Asda Whitchurch, BS14 0SX

**End:** The Cartwheel, near Asda Whitchurch, BS14 0RS

**Duration:** 3 miles | **Bus:** 515, 51, 50

**Cost:** Free | **Contact:** Cheryl Martin | 0753 056 4332  
cherylmartin@linkagewestofengland.org.uk



## 60 Lunch Walk for Office Workers Temple Quay to St Nicholas Market Circular

An ideal lunch break leg stretcher along the line of Bristol's medieval city wall, to Bathurst Basin. Returns through Queen Square, along Welsh Back, and past two historic power stations.

**Starts:** 12:30pm | **Start location:** Outside 1 Temple Back East, Temple Quay, BS1 6DX | **Duration:** 1.8

miles | **Cost:** Free | **Contact:** Paul Seville  
07854 195 092 | lunchwalks@gmail.com



Tuesday 12 May

## 61 Lunchtime Network

A Network for people in business. Join us for this different way to network for you & your business, starting with coffee on Bristol's Harbourside, then walking & talking for 1.5 hours, for more info see [www.netwalkingsouthwest.co.uk](http://www.netwalkingsouthwest.co.uk)

**Starts:** 12.30pm | **Start location:** Brigstow Lounge Millennium Promenade, BS1 5SY | **Duration:** max 3 miles | **Cost:** £5 | **Contact:** Rosalind J.Turner [netwalkingsouthwest@gmail.com](mailto:netwalkingsouthwest@gmail.com)



Tuesday 12 May

## 62 The wonders of Whitchurch Airfield

A walk around Bristol's old Whitchurch Airfield, which closed to aircraft in 1957. For people over 55 years of age in partnership with Linkage.

**Starts:** 2pm | **Start location:** Hengrove Park Leisure Centre Cafe | **Duration:** 2 miles | **Bus:** Bus 76, 75  
**Cost:** Free | **Contact:** Naomi Button | 0117 937 0200 [Hengrove.50@parkwood-leisure.co.uk](mailto:Hengrove.50@parkwood-leisure.co.uk)



Tuesday 12 May

## 63 Pre-School Storywalk

Fancy going on a Bear Hunt? Or joining in Rosie's Walk? Join a fun stroll along the Malago, with stories to entertain us on the way. Perfect for pre-school children and their parents or carers.

**Starts:** 2pm | **Start location:** Bishopsworth Library, BS13 7LN | **Duration:** 0.5 miles | **Bus:** Bus 76, 75  
**Cost:** Free | **Contact:** Andrew Cox | 0117 922 2180 [andrew.cox@bristol.gov.uk](mailto:andrew.cox@bristol.gov.uk)



## 64 The source of the Malago

This walk climbs by Bishopsworth and Highridge Common up to the Dundry Slopes to the source of the Malago and some excellent views. May be muddy in bad weather.

**Starts:** 6:30pm | **Start location:** Entrance to Manor Valley Park at the junction of Hartcliffe Way and Headley Way | **Duration:** 5/6 miles

**Cost:** Free | **Contact:** Keith Budd | 0117 949 7076  
keithwbudd@gmail.com



## 65 The Walker's Guide to Outdoor Clues and Signs – with Tristan Gooley

Natural navigator Tristan Gooley will show you how you can throw away your map and compass in favour of reading the clues in the world around you.

**Starts:** 6:30pm | **Start location:** Stanfords, 29 Corn Street, BS1 1HT | **Cost:** £3

**Contact:** 0117 929 9966 | **Book at:** [www.eventbrite.com/e/the-walkers-guide-to-outdoor-clues-and-signs-tickets-15757334612](http://www.eventbrite.com/e/the-walkers-guide-to-outdoor-clues-and-signs-tickets-15757334612) or pop into the shop.



Tuesday 12 May

### 66 The Bridges & Basins of the Avon New Cut

An illustrated walk following the bridges and basins that cross the Avon New Cut. Learn about the history and purpose of the bridges and their continued importance in Bristol's development.

**Starts:** 7pm | **Start location:** Nova Scotia pub, Cumberland Basin) | **End:** The Ostrich pub, Lower Guinea Street | **Duration:** 2 miles, 2 hours

**Cost:** £2 donation to FrANC | **Contact:** Chris Hanmer 07411 980 124 | [chris.hanmer@blueyonder.co.uk](mailto:chris.hanmer@blueyonder.co.uk)



### 67 A Hidden Gem

A lovely urban walk to the valley of Crox Bottom! Over 50s only, aimed at people who can walk continuously for 90 minutes.

**Starts:** 10am | **Start location:** Hengrove Park Leisure Centre Cafe | **Duration:** 3 miles | **Cost:** Free

**Contact:** Naomi Button | 0117 937 0200  
[Hengrove.50@parkwood-leisure.co.uk](mailto:Hengrove.50@parkwood-leisure.co.uk)



Wednesday 13 May

### 68 WalkOut: Nature Hunting at Snuff Mills

Aimed at people who identify as lesbian, gay, bisexual or trans, their friends and family. Join us with our wildlife expert and spot owls, voles, orchids and nesting kingfishers.

**Starts:** 10:30am | **Start location:** Car park at Snuff Mills BS16 1DL | **Bus:** 5a | **Duration:** 2 miles

**Cost:** Free | **Contact:** Mike Burgess  
[walkout@lgbtbristol.org.uk](mailto:walkout@lgbtbristol.org.uk) | 07870 389 889



Wednesday 13 May

## 69 Lunchtime Workplace Walk

Get away from your desk, explore the Temple Quay area and stroll through Castle Park.

**Starts:** 1pm | **Start location:** 100 Temple Street, BS1 6AG | **Duration:** 1.5 miles | **Cost:** Free

**Contact:** Tracey Kenyon | 0117 3521998  
tracey.kenyon@bristol.gov.uk



## 70 A History of the Tobacco Industry in Bristol

An urban walk looking at history of tobacco industry from 1786 to the present day, taking in Redcliff Street, East Street, and North Street.

**Starts:** 2pm | **Start location:** Corner of Redcliff Street and Victoria Street | **End:** The Tobacco Factory, Raleigh Road, BS3 1TF | **Duration:** 4 miles | **Cost:** Free

**Contact:** Simon Birch | 07917 403 473  
simon.birch7@gmail.com



## 71 Local Herb Walk in Eastville Park

Join qualified herbalists Annwen Jones and Becs Griffiths to discover the medicinal properties of wild plants and trees growing around Eastville Park and around the banks of the river Frome.

**Starts:** 6:30pm | **Start location:** Tennis Courts in Eastville Park, Fishponds road | **Duration:** 1 mile, 1.5 hours | **Bus:** 48, 49, 342 | **Train:** Stapleton Road | **Cost:** Free | **Contact:** Becs Griffiths and Annwen Jones | mail@rhizomeclinic.org.uk | 07412 399 154



Thursday 14 May

## 72 The Orchard in Blossom

Walk for over 55s. Visit the amazing Golden Hill Community Orchard. Walk through the allotments to the orchard. Finish at a Gloucester Road café.

**Starts:** 10am | **Start location:** The Cascade Steps

**End:** Gloucester Road | **Duration:** 2 miles

**Bus:** 75, 76 | **Cost:** Free | **Contact:** Dan Lewin  
0117 305 2365 | dan.lewin@stmonicastrust.org.uk



Thursday 14 May

## 73 A stroll in Ashton Court

Walk to the fallow deer and down through the lovely gardens. This walk is aimed at over 55 year olds who are able to walk unaided except for a stick.

**Starts:** 10:30am | **Start location:** Outside the Stable café, BS41 9JN | **Duration:** 2-3 miles

**Bus:** 358, 359 | **Cost:** Free | **Contact:** Cheryl Martin  
07530 564 332 | cherylmartin@linkagewestofengland.org.uk



Join the Ramblers and discover the world of walking



## 74 The Dundry Slopes

Explore Strawberry Lane and Dundry Slopes, learn about Avon Wildlife Trust's management plan for the slopes and the conservation work carried out by CSV this year.

**Starts:** 10:30am | **Start location:** ST 562674 Hersey Gardens, off Sherrin Way, Withywood | **Bus:** 36, 75  
**Duration:** 3 miles, 2.5 hours | **Cost:** Free | **Contact:** Nick Ward | 0117 935 9710 | nward@csv.org.uk



## 75 Walled City Walk - the route of the Norman walls

Follow the route of Bristol's Norman walls through the heart of the Old City. See the mercantile area's grand buildings and learn the history of what was Britain's second busiest port.

**Starts:** 11am | **Start location:** Merchant Navy Memorial, Welshback, BS1 2RR | **Duration:** 1 mile, 1.5 hours | **Cost:** £5/£3/free | **Contact:** Ed Hall 0780 500 7304 | edwinjhall@yahoo.co.uk



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Thursday 14 May

## 76 Lunchtime Network

A Network for people in business. Join us for this different way to network for you & your business, starting with coffee on Bristol's Harbourside, then walking & talking for 1.5 hours, for more info see [www.netwalkingsouthwest.co.uk](http://www.netwalkingsouthwest.co.uk)

**Starts:** 12.30pm | **Start location:** Bordeaux Quay V-Shed, Canons Way, BS1 5UH | **Duration:** max 3 miles | **Cost:** £5 (Special price for Bristol Walking Festival) | **To book:** [www.netwalkingsouthwest.co.uk](http://www.netwalkingsouthwest.co.uk)



Thursday 14 May

## 77 Long Ashton

A countryside walk through woods and fields. Some of the walk follows the Long Ashton Circular route. Walking boots essential. [www.bristolramblers.org.uk](http://www.bristolramblers.org.uk)

**Starts:** 7pm | **Start location:** Angel pub, Long Ashton  
**Duration:** 5 miles | **Bus:** 352, 353 | **Cost:** Free  
**Contact:** Gwyneth Littlejohn | 0117 931 2714  
[gwynethx57@gmail.com](mailto:gwynethx57@gmail.com)



Thursday 14 May

## 78 Night at the Cemetery Guided Tour

Revealing the darker side of Arnos Vale Cemetery at dusk, in an atmospheric torchlit exploration of tragic tales, folk customs and funeral etiquette of Victorian society. All welcome, but aimed at a 16+ audience.

**Starts:** 7:30pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at Spielman Centre Terrace | **Duration:** 1.5 miles, 1.5 hours | **Cost:** £8.40 + booking fee | **Contact:** Felicia Smith  
 0117 971 9117 | [felicia.smith@arnosvale.org.uk](mailto:felicia.smith@arnosvale.org.uk)  
**For more information visit:** [www.arnosvale.org.uk](http://www.arnosvale.org.uk)





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 [rosalindjane@netwalksw](mailto:rosalindjane@netwalksw)

Thursday 14 May

## 79 Nightwalk

Tom Bailey and sound artist Jez Riley French invite audiences on a re-exploration of Leigh Woods. Navigate through Luke Jerram's boat installation Withdrawn while listening to the sounds from the site's history. As part of Mayfest.

**Starts:** 9:15pm | **Start location:** Leigh Woods, by Luke Jerram's boat installation "Withdrawn"

**Duration:** 2 miles | **Cost:** £8 **Contact:** ashley@mayk.org.uk | www.mayfestbristol.co.uk



## 80 Pre-School Storywalk

Watch out for the long grass and the swirling whirling snowstorm! Join us on a buggy-friendly stroll with stories and songs to entertain us on the way. Perfect for pre-school children and their parents or carers.

**Starts:** 11am | **Start location:** Westbury Library, BS9 3JZ | **Duration:** 0.5 miles | **Cost:** Free | **Contact:** 0117 922 2180 | andrew.cox@bristol.gov.uk



Friday 15 May

## 81 Photography walk on Bristol's Harbourside

Improve your photography skills with handy tips from tutor Graham, whilst learning about the history of Bristol's Harbourside with Blue Badge Guide Liz

**Starts:** 1pm | **Start location:** Harbourside TIC  
**Duration:** 1.5 miles, 2 hours | **Cost:** £20/£15  
**Contact:** Graham Parish | 07977 562 447  
info@shutter-bugs.co.uk



Friday 15 May

## 82 Walk in someone else's shoes

Listen to a specially recorded audio play 'Going for a Walk', and re-trace the steps taken by Sue, a wheelchair user, and Alison who is able-bodied, on a walk around the Harbourside.

**Starts:** 2:30pm | **Start location:** M Shed, Prince's Wharf | **Duration:** 2 miles | **Cost:** Free  
**Contact:** sue.porter@bristol.ac.uk | 0117 331 0993  
**To register:** [www.eventbrite.co.uk/e/walking-insomeone-elses-shoes-tickets-15770520050](http://www.eventbrite.co.uk/e/walking-insomeone-elses-shoes-tickets-15770520050)



## 83 Night at the Cemetery Guided Tour

Revealing the darker side of Arnos Vale Cemetery at dusk, in an atmospheric torchlit exploration of tragic tales, folk customs and funeral etiquette of Victorian society. All welcome, but aimed at a 16+ audience.

**Starts:** 7:30pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at Spielman Centre Terrace | **Duration:** 1.5 miles, 1.5 hours  
**Cost:** £8.40 + booking fee | **Contact:** Felicia Smith 0117 971 9117 | [felicia.smith@arnosvale.org.uk](mailto:felicia.smith@arnosvale.org.uk)  
**For more information visit:** [www.arnosvale.org.uk](http://www.arnosvale.org.uk)



## 84 Nightwalk

Tom Bailey and sound artist Jez Riley French invite audiences on a re-exploration of Leigh Woods. Navigate through Luke Jerram's boat installation Withdrawn while listening to the sounds from the site's history. As part of Mayfest.

**Starts:** 9:15pm | **Start location:** Leigh Woods, by Luke Jerram's boat installation "Withdrawn"  
**Duration:** 2 miles | **Cost:** £8 | **Contact:** [ashley@mayk.org.uk](mailto:ashley@mayk.org.uk) | [www.mayfestbristol.co.uk](http://www.mayfestbristol.co.uk)



Saturday 16 May

## 85 Wombling in Stoke Park

Join a litter pick walk through Stoke Park and help look after one of Bristol's most beautiful open spaces. Gloves and bags provided.

**Starts:** 10am | **Start location:** The Hub, Gainsborough Square, Lockleaze | **Bus:** 24  
**Duration:** 2 miles | **Cost:** Free | **Contact:** Ruth Revell 07725 856 211 | ruthrevell@hotmail.com



## 86 Why Don't We Do It In the Road (North Street)

Discover Bedminster's hidden history of love, sex and violence. Your guides will introduce you to a host of real-life local characters who tell their extraordinary stories. Repeated on 23 May.

**Starts:** 11am | **Start location:** The Steam Crane, 4-6 North Street, Bristol BS3 1HT | **End:** The Tobacco Factory, Raleigh Road, BS3 1TF | **Duration:** 1 mile, 1 hour | **Bus:** 24, 25 | **Cost:** £3, £5 for North Street and East Street shows | **Contact:** as per Walk 44



Saturday 16 May



Saturday 16 May

## 87 Arnos Vale Spring Wildlife Tour

Explore the graves, stories and heritage of Bristol's garden cemetery, and discover the rich mosaic of habitats that make Arnos Vale a wildlife haven.

www.arnosvale.org.uk

**Starts:** 1:30pm | **Start location:** Arnos Vale

Cemetery, BS4 3EW. Gather at East Lodge shop entrance | **Duration:** 1.5 miles, 1.5 hours

**Cost:** £5 + booking fee. | **Contact:** Felicia Smith  
0117 971 9117 | felicia.smith@arnosvale.org.uk



## 88 Bristol in riot 1831

A stroll from Totterdown, past Temple Meads and up to Bristol Bridge, through the city centre and calling at places that figured in the riots, ending at the New Gaol.

**Starts:** 2pm | **Start location:** Thunderbolt pub,

Bath Road, Totterdown | **End:** Louisiana pub,

Bathurst Basin | **Bus:** X39, 338 | **Duration:** 2.5 miles

**Cost:** Free | **Contact:** Ben Mackay | 0117 953 0912  
ben.mackay@btinternet.com



Saturday 16 May

## 89 Why Don't We Do It In the Road (East Street)

See Walk 85 for description.

**Starts:** 2pm | **Start location:** The Masonic, 110

North Street, BS3 1HF | **End:** St Catherine's Precinct,  
East Street, BS3 4HG | **Duration:** 1 mile, 1 hour

**Bus:** 24, 25 | **Cost:** £3, £5 for North Street and East  
Street shows | **Contact:** as per Walk 85



Saturday 16 May

Saturday 16 May

## 90 Nightwalk

Tom Bailey and sound artist Jez Riley French invite audiences on a re-exploration of Leigh Woods. Navigate through Luke Jerram's boat installation Withdrawn while listening to the sounds from the site's history. As part of Mayfest.

**Starts:** 9:15pm | **Start location:** Leigh Woods by Luke Jerram's boat installation "Withdrawn"

**Duration:** 2 miles | **Cost:** £8 | **Contact:** ashley@mayk.org.uk | www.mayfestbristol.co.uk



## 91 Ups and downs in the Avon Gorge

Discover the wildlife, history and geology of the Avon Gorge and Downs. Meander through the meadows, zip down the Zig-zag path, then wander back up through the goat-browsed Gully to Seawalls.

**Starts:** 9:45am | **Start location:** Seawalls

**Duration:** 3 miles, 3 hours | **Cost:** Free

**Contact:** Mandy Leivers | 0117 903 0609 mleivers@bristolzoo.org.uk | www.bristolzoo.org.uk



Sunday 17 May



## 92 Troopers Hill and the Avon - Industrial history and modern wildlife havens

From Troopers Hill Local Nature Reserve follow the River Avon, find out about the area's industrial past and its current importance as a wildlife habitat, and visit an 18th century bath house.

**Starts:** 10am | **Start location:** Trooper's Hill, BS5 8HX | **Duration:** 3 miles, 3 hours | **Bus:** 44, 45, 37  
**Cost:** Free | **Contact:** Susan Acton-Campbell  
0117 947 5037 | [events2015@troopers-hill.org.uk](mailto:events2015@troopers-hill.org.uk)



## 93 Burrington Combe and Dolebury Warren

Starting in Burrington Combe we'll climb up through woods to the ancient hill fort on Dolebury Warren, then skirt the edge of the Mendips before returning. All welcome but aimed at people in their 20s to 40s.

**Starts:** 10am | **Start location:** Car share from Pay & display car park opposite St Mary Redcliffe church (BS1 6NB). Alternative meeting point at car park at the bottom of Burrington Combe, just up the road from the Burrington Inn (BS40 7AT) at 10:30am. Please text walk leader if meeting there so we know to look out for you | **Duration:** 7.5 miles | **Cost:** Free  
**Contact:** [brunelwalkinggroup@hotmail.com](mailto:brunelwalkinggroup@hotmail.com)  
Kirstie Gillies | 07967 452 060  
**Register at:** <http://goo.gl/forms/4AB2vF0Ac1>



Sunday 17 May

## 94 The Wartime Poets of Dymock

Discover a quiet backwater on the border with Herefordshire, which was once home to some of the finest poets of the early 20th century.

**Starts:** 10am | **Start location:** SO 677288 (on Outdoor Leisure 14) - Parking Main road of Kempley Green, near its south eastern end | **Duration:** 8 miles  
**Cost:** Free | **Contact:** Claudine Watson  
 07815 494 415 | cawatson88@hotmail.com



Sunday 17 May

## 95 A typographic walking tour of the Old City

A gentle walk around the Old City looking at urban typography, from street signs to graffiti to grave stones to door numbers. Part of the Letterpress Print Festival at Centrespace Gallery.

**Starts:** 10:30am | **Start location:** The Letterpress Collective, Centrespace, 6 Leonard Lane, BS1 1EA  
**Duration:** 0.5 miles | **Cost:** Free  
**Contact:** Nick Hand | 0781 531 2326  
 nick@departmentofsmallworks.co.uk



Sunday 17 May

## 96 Walking for Wellbeing

A Walk With Positive Psychologist, Miriam Akhtar, to discuss walking for wellbeing, strategies for happiness and resilience. Co-facilitated with Rosalind J. Turner. More info at [www.positivepsychologytraining.co.uk](http://www.positivepsychologytraining.co.uk)

**Starts:** 10:30am | **Start location:** Outside the Stable café, BS41 9JN | **Duration:** Approx 3 miles  
**Bus:** X2 | **Cost:** £10 plus booking fee (Special price for Bristol Walking Festival)  
**To book:** [www.netwalkingsouthwest.co.uk](http://www.netwalkingsouthwest.co.uk)



Sunday 17 May

### 97 Guided spiritual walk on Bristol Downs

Pause along this walk for reflections and meditation drawn from the Bible and books of Celtic style Christian prayers, and explore the theme further in conversation as we walk. Refreshments provided.

**Starts:** 11 am | **Start location:** The Downs Water Tower, Stoke Road, BS9 1FG | **Duration:** 2 miles  
**Cost:** Free | **Contact:** Fran Bragg | 0117 924 0368  
fran.bragg@blueyonder.co.uk

**Register at:** [www.eventbrite.co.uk/e/spiritual-walk-on-bristol-downs-tickets-15405200369](http://www.eventbrite.co.uk/e/spiritual-walk-on-bristol-downs-tickets-15405200369)



### 88 Harmonies on the Hill

A gentle stroll around Victoria Park, enjoying the wildlife and learning simple harmony songs that celebrate nature and the seasons

**Starts:** 2:30pm | **Start location:** Victoria Park, Somerset Terrace Entrance, near Mrs Browns Café  
**Duration:** 1 mile, 1.5 hours | **Bus:** 75, 76  
**Cost:** £5, children free | **Contact:** Helen Adshead  
0117 963 6904 | h.k.adshead@gmail.com



Sunday 17 May

### 99 QiGong in the Harbourside

A walk round the harbourside with short stops to do QiGong exercises, including a warm-up.

**Starts:** 10am | **Start location:** Arnolfini Arts Centre  
**Duration:** 1.5 miles, 1.5 hours | **Cost:** Free  
**Contact:** Janice Rossiter | 0795 427 6215  
janicerossiter51@hotmail.com



Monday 18 May

Monday 18 May

## 100 'Qi' in the Woods -a mindful excursion

A quiet walk through park and wood, interspersed with pauses for mindfulness meditations, and Qi Gong/Tai Chi exercises for all the senses and deeper awareness of the present moment.

**Starts:** 2pm | **Start location:** Ashton Court Mansion courtyard, BS41 9JN | **Duration:** 3 miles, 2 hours  
**Cost:** Free | **Contact:** Tim Mason | 07789 200 685  
 timmahamason@gmail.com



Monday 18 May

## 101 Bristol Explored: A City Walk with Professor Tim Mowl

Tim will explore the concept of a 'green city', and show walkers a range of good, bad and ugly examples of how housing, roads, parks and street art can influence culture and environment.

**Starts:** 2pm | **Start location:** The Island Art Gallery, Old Bridewell Police Station, near Broadmead, BS1 2LE  
**Duration:** 2 hours | **Cost:** £7/£6 conc | **Contact:**  
 07825 031 118 | zoe.steadmanmilne@businesswest.co.uk  
 www.ideasfestival.co.uk



Tuesday 19 May

## 102 Learn To Nordic Walk course – 4x 1 hour session

'Learn To Nordic Walk' Course – Nordic Walking UK registered. 4x 1 hour sessions to learn the technique in greater detail. Poles provided. At the end you get a Nordic Walking UK Freedom Card.

**Starts:** 8:30am | **Start location:** Café by water tower on The Downs | **Duration:** 1 mile | **Cost:** £35 (Special price for Bristol Walking Festival)  
**Contact:** Charlie McCall | info@fitforadventure.co.uk



### 103 Bristol City Community Trust Walking Football

Walking Football sessions are fantastic for those who want to remain active in a fun, safe, enjoyable environment. The emphasis is on participation rather than competition. Over 55s welcome.

**Starts:** 10am | **Start location:** South Bristol Sports Centre, BS14 9EA | **Duration:** 4 hours | **Cost:** £2  
**Contact:** Billy Downes | 0117 963 0636  
billy.downes@bcfc.co.uk



### 104 Guided walk around Blaise Estate

Join the estate ranger for a tour of the Blaise Castle Estate which will include visiting the castle, dairy garden, dairy building, laundry, rose garden and the old kitchen garden.

**Starts:** 10am | **Start location:** Blaise Estate Café, BS10 7QS | **Duration:** 3 miles, 2.5 hours | **Cost:** Free  
**Contact:** Ian Brown | 07710 396 727  
ian.brown@bristol.gov.uk



### 105 The Brislington/Broomhill/St Anne's Green Space Walk

A walk linking up many of the green spaces in the Brislington, Broomhill and St Annes areas of BS4, then back along the river bank to the car park

**Starts:** 10am | **Start location:** Co-op car park adjacent to junction of St Anne's Road and Wootton Road | **Duration:** 4 miles | **Bus:** 36 | **Cost:** Free  
**Contact:** Tony Carey | a.carey58@btinternet.com



Tuesday 19 May

## 106 Brandon Hill Tree Trail Launch

Join the Friends of Brandon Hill tree experts on their Tree Trail launch day, for a guided walk round some of its 500 trees of over 100 different species.

**Starts:** 10am | **Start location:** Charlotte St Entrance, corner of Charlotte St and Charlotte St South, Brandon Hill off Park St. | **Duration:** 1 mile, 2 hours

**Cost:** Free, donations accepted | **Register at:** [www.eventbrite.co.uk/e/brandon-hill-tree-trail-launch-tickets-16034821583](http://www.eventbrite.co.uk/e/brandon-hill-tree-trail-launch-tickets-16034821583) | **Contact:**

07919 015 774 | [fraser.bridgefords@btinternet.com](mailto:fraser.bridgefords@btinternet.com)



Tuesday 19 May

## 107 Pre-School Storywalk

Join us on a buggy-friendly stroll around St George Park, with stories and rhymes to entertain us on the way. Perfect for pre-school children and their parents or carers.

**Starts:** 10:15am | **Start location:** St George Library, BS5 8AL | **Duration:** 0.5 miles | **Cost:** Free

**Contact:** 0117 922 2180 | [andrew.cox@bristol.gov.uk](mailto:andrew.cox@bristol.gov.uk)



Tuesday 19 May

## 108 Discover the wonders of Hengrove Park & Plaza

A short walk around Hengrove Plaza of 10-15 minutes for people recovering from injury, illness or with restricted mobility, 400m max. For over 55s, in partnership with LinkAge.

**Starts:** 2pm | **Start location:** Hengrove Park Leisure Centre Cafe | **Duration:** 0.5 miles

**Cost:** Free | **Contact:** Naomi Button | 0117 937 0200  
[Hengrove.50@parkwood-leisure.co.uk](mailto:Hengrove.50@parkwood-leisure.co.uk)



Tuesday 19 May

### 109 Bristol in Books

Actor Craig Edwards leads a tour of Bristol's literary heritage, from Samuel Taylor Coleridge to Angela Carter. Join us on a mystery tour of literary locations, each brought to life with a short reading.

**Starts:** 5:30pm | **Start location:** Bristol Central Library, BS1 5TL | **Duration:** 3 miles | **Cost:** £3  
**Contact:** Book at any Bristol library or by ringing 0117 9037250 | andrew.cox@bristol.gov.uk



### 110 Abbot's Pool

A circular walk starting at Brunel's bridge, skirting Leigh Woods and on to Abbot's Pool. Returning through Ashton Court Estate, then up the zig-zag path from the Portway.

**Starts:** 6:30pm | **Start location:** Clifton Suspension Bridge (Clifton side) | **Duration:** 7 miles | **Bus:** 8, 9, 505, 901 P&R | **Cost:** Free | **Contact:** Wendy Britton 07970 811 668 | brittons@aspects.net



Tuesday 19 May

### 111 A Folded Path

A pedestrian speaker symphony, a soundtrack for cities, carried through the streets by a participating audience, experienced by everyone it passes. The work creates a stunning and evocative cinematic layer over the streets.

**Starts:** 9pm | **Start location:** Details on booking  
**Duration:** 2 miles | **Cost:** £10 | **Contact:** ashley@mayk.org.uk | www.mayfestbristol.co.uk



Tuesday 19 May

Wednesday 20 May

## 112 Nordic Walking for People With Cancer

A fantastic opportunity to try out Nordic Walking and experience its benefits with a qualified instructor. All welcome, but aimed at people with a cancer diagnosis. Poles may not be suitable for everyone.

**Starts:** 10am | **Start location:** Millennium Square

**Duration:** 2 miles | **Cost:** Free

**Contact:** Sophie Bayley | [bookings@pennybrohn.org](mailto:bookings@pennybrohn.org)



Wednesday 20 May

## 113 The Yellow Brick Road – a nature walk

A walk to the Portway, under Avonmouth Bridge to the start of Yellow Brick Road, a nature reserve beside the river, then to the Lamplighters Inn for refreshment. Aimed at over 55s including slower walkers.

**Starts:** 10am | **Start location:** Avonmouth

Community Centre, Avonmouth Road. (Opposite the Park) BS11 9EN | **Duration:** 3 miles | **Bus:** 41, 501

**Cost:** Free | **Contact:** Julie Morgan

07530 564 332 | [julieemorgan@hotmail.co.uk](mailto:julieemorgan@hotmail.co.uk)



Wednesday 20 May

## 114 'Good for your heart, good for your head': A gentle walk in Dementia Awareness Week

Use this gentle walk to get your body, your heart and your brain going. Find out more about living well with dementia. Bring a camera to remember the walk, if you wish.

**Starts:** 10:10am | **Start location:** M Shed, Prince's Wharf | **Duration:** 2.5 miles, 1.5 mile option

**Cost:** Free | **Contact:** Margi Johnson, John Townsend  
Margi: 07474 228 585



## 115 Bristol's Harbourside and historic squares

A walk along Harbourside and across the Suspension Bridge, returning via historic squares.

**Starts:** 11:30am | **Start location:** Temple Meads station | **Duration:** 7 miles | **Bus:** 8, 9, 1, 2  
**Cost:** Free | **Contact:** Margaret | 0117 968 4140  
secretary@bristolramblers.org.uk



## 116 18<sup>th</sup> century Bristol

An 18<sup>th</sup> century themed walk to complement the Hogarth exhibition at Bristol Museum. The walk includes a tour of the Georgian House and a visit to St Nic's church to view Hogarth's famous altarpiece.

**Starts:** 11:30am / 2pm | **Start location:** Bristol Museum and Art Gallery | **End:** St Nicholas Church  
**Duration:** 1 mile **Cost:** £3 suggested donation  
**Contact:** 0117 922 3571  
lee.hutchinson@bristol.gov.uk



## 117 Lunch Walk for Office Workers Rivergate to Windmill Hill Circular

Perfect for office workers looking for a lunch break getaway. Starts with the 'Banana Bridge', continues over The Cut and on to the summit of Windmill Hill, then back to town.

**Starts:** 12pm | **Start location:** Outside 2 Rivergate, Bristol BS1 6EH | **Duration:** 1.8 miles | **Cost:** Free  
**Contact:** Paul Seville | 07854 195 092  
lunchwalks@gmail.com





Wednesday 20 May

## 118 Bristol Harbourside & Clifton Wood Urban Orienteering

Street orienteering around the western end of the Harbourside, Hotwells and Clifton Wood. Choose your route between a series of checkpoints using a specially drawn map. Assistance available to newcomers. Groups of 4 or more please book in advance.

**Starts:** 5:30pm | **Start location:** Greville Smyth Park, Grid Ref 568 715 | **Duration:** 2.5-7km, 2 hours  
**Cost:** £6.50 adults, £2.50 juniors | **Contact:** David Hunt | 0117 925 1891 | dhunt12692@gmail.com



Wednesday 20 May

## 119 Totterdown Heritage Trail

Join us for the launch of the Totterdown Heritage trail. A short talk will be followed by an opportunity to discuss the heritage trail and obtain a free copy of the trail map.

**Starts:** 7:30pm | **Start location:** Star and Dove, Totterdown, Bristol BS3 4RY | **Cost:** Free | **Contact:** Suzanne Audrey | suzanne.audrey@btinternet.com



## 120 A Folded Path

A pedestrian speaker symphony, a soundtrack for cities, carried through the streets by a participating audience, experienced by everyone it passes. The work creates a stunning and evocative cinematic layer over the streets.

**Starts:** 9pm | **Start location:** Details on booking

**Duration:** 2 miles | **Cost:** £10 | **Contact:**

ashley@mayk.org.uk | www.mayfestbristol.co.uk



## 121 Guided walk round Ashton Court Estate

A tour of the estate including a walk through the red deer park and the mansion house gardens.

**Starts:** 10:30am | **Start location:** Courtyard by the Stables café, Mansion House | **Duration:** 3 miles

**Bus:** X2, X3 | **Cost:** Free | **Contact:** Julian Dean



## 122 Walk in Giants' footsteps on Dundry Hill

Learn about the legend of Gorm, a local giant, as we explore Norton Malreward, Norton Hawkfield, and Maes Knoll hill fort. Magnificent views of the hills around Bristol and even the White Horse of Westbury.

**Starts:** 10:30am | **Start location:** ST 603653 Church Road, Norton Malreward | **Duration:** 3.5 miles, 2.5 hours

**Cost:** Free | **Contact:** Nick Ward

0117 935 9710 | nward@csv.org.uk



Thursday 21 May

## 123 Walled City Walk - the route of the Norman walls

Follow the route of Bristol's Norman walls through the heart of the Old City. See the mercantile area's grand buildings and learn the history of what was Britain's second busiest port.

**Starts:** 11am | **Start location:** Merchant Navy Memorial, Welshback, BS1 2RR | **Duration:** 1 mile, 1.5 hours | **Cost:** £5/£3/free | **Contact:** Ed Hall 0780 500 7304 | edwinjhall@yahoo.co.uk



## 124 Blaise and Westbury on Trym

An evening stroll around the Blaise Estate and exploring some of the hidden lanes of Westbury-on-Trym and Stoke Bishop.

**Starts:** 7pm | **Start location:** The Mill House pub, junction of Shirehampton Road and Bell Barn Road  
**Duration:** 4 miles | **Bus:** 40 | **Cost:** Free | **Contact:** Keith Budd | 0117 949 7076 | keithwbudd@gmail.com



Thursday 21 May

## 125 A Folded Path

A pedestrian speaker symphony, a soundtrack for cities, carried through the streets by a participating audience, experienced by everyone it passes. The work creates a stunning and evocative cinematic layer over the streets.

**Starts:** 9pm | **Start location:** Details on booking  
**Duration:** 2 miles | **Cost:** £10 | **Contact:** ashley@mayk.org.uk | www.mayfestbristol.co.uk



Thursday 21 May

## 126 Introduction to Butterfly Identification Walk

Join Trust Reserves Officer and butterfly expert Joe Middleton for an introduction into butterfly identification, whilst you enjoy a walk around the beautiful Folly Farm nature reserve.

**Starts:** 10am | **Start location:** Folly Farm nature reserve | **Duration:** 4 miles, 4 hours | **Cost:** £20 adults  
**Contact:** events@avonwildlifetrust.org.uk



## 127 Dye Plant Foraging For Textile Arts

Locate dyes from leaves, berries, roots, bark, flowers and nuts. This walk takes in Greenbank Cemetery and Eastville Park to the River Frome, where we'll find riverside botanicals for the dye pot.

**Starts:** 6pm | **Start location:** No.12 Deli, Easton, BS5 6DL | **End:** Frome Valley Walkway | **Duration:** 1.5 miles | **Train:** Stapleton Road | **Cost:** £10, £5 conc  
**Contact:** Babs Behan | 07586 208 074  
hello@botanicalinks.com | www.botanicalinks.com



## 128 Leigh Woods and Abbot's Pool

A varied walk from the Suspension Bridge down to the Avon Gorge, up Nightingale Valley and across farmland to Abbots Leigh. Then back to Clifton via Ashton Court Estate.

**Starts:** 6:15pm | **Start location:** Clifton Suspension Bridge (Clifton side) | **Duration:** 6.2 miles | **Bus:** 8, 9, 505, 901 P&R | **Cost:** Free | **Contact:** Tony Kerr  
07967 561 696 | tk@tonykerr.net



Friday 22 May

## 129 A Folded Path

A pedestrian speaker symphony, a soundtrack for cities, carried through the streets by a participating audience, experienced by everyone it passes. The work creates a stunning and evocative cinematic layer over the streets.

**Starts:** 9pm | **Start location:** Details on booking

**Duration:** 2 miles | **Cost:** £10 | **Contact:**

ashley@mayk.org.uk | www.mayfestbristol.co.uk



Saturday 23 May

## 130 Over and Under the Clifton Suspension Bridge

Learn about the history of Suspension Bridge as we cross the bridge and descend onto the River Avon Trail. Return to the city, or extend your walk towards Pill. Aimed at adults and children aged 7+.

**Starts:** 9:30am / 12pm | **Start location:** Toll Booth, Suspension Bridge Road, BS8 4DU | **End:** River Avon Trail

| **Duration:** 1 mile | **Cost:** Free | **Contact:** Laura

Hilton | 0117 974 4664 | visitinfo@cliftonbridge.org.uk



Saturday 23 May

### 131 Bristol Nordic Walking

A 40 minute Nordic walk on Clifton Downs with qualified instructors.

**Starts:** 10am | **Start location:** Café Retreat, Clifton Downs, next to water tower BS9 1FG | **Bus:** Regular buses, Trains to Clifton Down | **Duration:** 1.5 – 2 miles | **Cost:** Free | **Contact:** Ros Ingleby 07886 885 213 | info@bristolnordicwalking.co.uk



Saturday 23 May

### 132 The Brislington/Broomhill/St Anne's Green Space Walk

A walk linking up many of the green spaces in the Brislington, Broomhill and St Annes areas of BS4, then back along the river bank to the car park

**Starts:** 10am | **Start location:** Co-op car park adjacent to junction of St Anne's Road and Wootton Road | **Duration:** 4 miles | **Bus:** 36 | **Cost:** Free | **Contact:** Tony Carey | a.carey58@btinternet.com



Saturday 23 May

### 133 Riverside history and ecology at Blaise Castle

Join Bristol Avon Rivers Trust and Friends of Blaise Castle for a walk along Hazel Brook. Sample the river for invertebrates and explore life under the waterline. All welcome, but aimed at children and parents.

**Starts:** 10:30am | **Start location:** Outside Blaise Castle House Museum | **Duration:** 1-2 miles | **Bus:** 1, 40, 40a | **Cost:** Free | **Contact:** Harriet Alvis 07541 243 332 | harriet@bristolavonriverstrust.org



Saturday 23 May

## 134 Why Don't We Do It In the Road (North Street)

Discover Bedminster's hidden history of love, sex and violence. Your guides will introduce you to a host of real-life local characters who tell their extraordinary stories.

**Starts:** 11am | **Start location:** The Steam Crane, 4-6 North Street, Bristol BS3 1HT | **End:** The Tobacco Factory, Raleigh Road, BS3 1TF | **Duration:** 1 mile, 1 hour | **Bus:** 24, 25 | **Cost:** £3, £5 for North Street and East Street shows | **Contact:** as per Walk 44



## 135 Arnos Vale Sensory Tour

Using senses of hearing, smell, touch and vision, explore Arnos Vale as you've never experienced it before. This tour is open to all, but will appeal especially to visually impaired visitors.

**Starts:** 1:30pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at East Lodge shop entrance | **Duration:** 1.5 miles, 1.5 hours | **Cost:** £5 + booking fee. | **Contact:** Felicia Smith 0117 971 9117 | felicia.smith@arnosvale.org.uk



Saturday 23 May

## 136 Why Don't We Do It In the Road (East Street)

See Walk 134 for description.

**Starts:** 2pm | **Start location:** The Masonic, 110 North Street, BS3 1HF | **End:** St Catherine's Precinct, East Street, BS3 4HG | **Duration:** 1 mile, 1 hour | **Bus:** 24, 25 | **Cost:** £3, £5 for North Street and East Street shows | **Contact:** as per Walk 44



Saturday 23 May

Sunday 24 May

### 137 Llanthony Up Close and From Afar

Explore the Black Mountains from Llanthony Prior via Bal-Mawr, the Beacons Way and Cwmyoy before climbing back up to the Prior. All welcome but aimed at people in their 20s, 30s and 40s.

**Starts:** 8am | **Start location:** Car share from Pay & display car park opposite St Mary Redcliffe church (BS1 6NB) | **Duration:** 14 miles | **Cost:** Free

**Contact:** Wayne McQuaig | 07590 074 514  
brunelwalkinggroup@hotmail.com  
<http://goo.gl/forms/4AB2vF0Ac1>



### 138 Breast Cancer Awareness

A walk in aid of Breast cancer awareness and to support people and their families with the condition. To sign post and encourage early intervention.

**Starts:** 10am | **Start location:** Bristol Seventh Day Adventist Church, 31-35 Ashley Road, near the Salvation Army | **End:** Waterfront (Bristol City Centre)

**Duration:** 1 hour, 1.5 miles | **Cost:** Free  
**Contact:** Mary Philip | 07976 099 418  
maryphilip99@hotmail.com



Sunday 24 May

### 139 Harbourside Health Hike

A gentle walk round the Harbourside area, starting and finishing in Millennium Square.

**Starts:** 10am | **Start location:** Silver ball, Millennium Square | **Duration:** 2.5 miles | **Cost:** Free  
**Contact:** Andrew Williams | 07794 567 332  
andrew.d.williams@hotmail.co.uk



Sunday 24 May

Sunday 24 May

## 140 A typographic walking tour of the Old City

A gentle walk around the Old City looking at urban typography, from street signs to graffiti to grave stones to door numbers. Part of the Letterpress Print Festival at Centrespace Gallery.

**Starts:** 10:30am | **Start location:** The Letterpress Collective, Centrespace, 6 Leonard Lane, BS1 1EA

**Duration:** 0.5 miles | **Cost:** Free | **Contact:** Nick Hand 078153 12326 | nick@departmentofsmallworks.co.uk



Sunday 24 May

## 141 Guided walk around Blaise Estate

Join the estate ranger for a walk around parts of the Blaise Castle Estate which will include visiting the castle, dairy garden, dairy building, laundry, rose garden and the old kitchen garden.

**Starts:** 10:30am | **Start location:** Blaise Estate Café, BS10 7QS | **Duration:** 3 miles, 2.5 hours | **Cost:** Free

**Contact:** Ian Brown | 07710 396 727  
ian.brown@bristol.gov.uk



Sunday 24 May

## 142 Bristol's Burning! The Reform Act Riots of 1831

Explore the sites and learn about the causes and consequences of the 1831 riots in Bristol, some of the bloodiest and most brutal the country has ever seen.

**Starts:** 3pm | **Start location:** M Shed, Prince's Wharf  
**Duration:** 1.5 miles, 1.5 hours | **Cost:** £3 suggested donation | **Contact:** Book via M Shed front desk 0117 352 6600 | lee.hutchinson@bristol.gov.uk



Monday 25 May

### 143 Bristol City Community Trust Walking Football

Walking Football sessions are fantastic for those who want to remain active in a fun, safe, enjoyable environment. The emphasis is on participation rather than competition. Over 55s welcome.

**Starts:** 10am | **Start location:** South Bristol Sports Centre, BS14 9EA | **Duration:** 4 hours | **Cost:** £2  
**Contact:** Billy Downes | 0117 963 0636  
billy.downes@bcfc.co.uk



### 144 White Horse Hill to Ashdown walk

A circular walk starting at White Horse Hill and taking in Uffington Castle, part of the Ridgeway, Waylands Smithy and Ashdown House.

**Starts:** 10:30am | **Start location:** White Horse Hill car park, grid ref: SU293866 OS Map: Landranger 174; Explorer 170 | **Duration:** 7.7 miles | **Cost:** Free  
**Contact:** Claudine Watson | 07815 494 415  
cawatson88@hotmail.com



Monday 25 May

### 145 Bugs & Butterflies of Badock's Wood

An introduction to bugs and butterflies found in the wildflower meadows at Badock's Wood. Tony Smith from the Bristol Naturalists Society leads a short walk with several stops to look at tiny insects.

**Starts:** 2pm | **Start location:** Badock's Wood Northern Gateway, Doncaster Road, Southmead - meet by the mosaics | **Duration:** 0.5 miles, 1.5 hours  
**Bus:** 2, 76 | **Cost:** Free | **Contact:** Frances Robertson  
0117 962 1751 | fobwsecretary@yahoo.co.uk



Monday 25 May

# Stanfords is proud to sponsor Bristol Walking Festival

Visit us at our Bristol shop for maps,  
guides, gifts and more.



29 Corn Street, Bristol, BS1 1HT  
Tel:- 0117 929 9966 • Email:- [bristol@stanfords.co.uk](mailto:bristol@stanfords.co.uk)

## 146 Ping!

A 4-part stroll between some of Bristol's outdoor ping-pong tables, stopping long enough for a few games at each venue. Bats and balls provided. Aimed at all ages and all abilities. Please wear footwear with non-slip soles.

**Starts:** 10:30am | **Start location:** Cathedral Walk (outside Pizza Express) | **End:** Victoria Park, top (Mrs Brown's Cafe) | **Duration:** 2.5 miles

**Cost:** Free | **Contact:** Cheryl Martin  
07554 972 604 | [cherylmartin@linkagewestofengland.org.uk](mailto:cherylmartin@linkagewestofengland.org.uk)



Tuesday 26 May

## 147 Narrowways and Boiling Wells Treasure Quest

A treasure quest following a trail up and over Narrowways, around the St Werburghs area taking in some great views over the city. Finishing at Boiling Wells for hot chocolate and marshmallows around the fire.

**Starts:** 12pm / 1:30pm / 2:30pm

**Start location:** The Community Room, St Werburghs City Farm, Watercress Road, Bristol, BS2 9YJ

**End:** Boiling Wells | **Duration:** 1.5 miles | **Bus:** 5

**Cost:** Free | **Contact:** Fiona Castle | 0117 924 0735 07799 261 376 | fiona@imayla.co.uk



## 148 Pirates Love Underpants Stomping Story

Take a sail walk with your kids on the Pirate Ship Black Bloomer in search of the Pants of Gold! After we've nabbed the booty, we'll make a pirate hat to take home. Aimed at children of 3+ years (babies and toddlers go free).

**Starts:** 3:45pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at Spielman Centre Terrace | **Duration:** 0.5 miles, 45 minutes

**Cost:** £3 per child + booking fee, with adults accompanying for free | **Contact:** Felicia Smith 0117 971 9117 | felicia.smith@arnosvale.org.uk



Tuesday 26 May

### 149 Riverside walk to the Lamplighters pub

A linear walk following the River Avon and then a woodland stretch up and down steep steps and along the riverside to celebrate the re-opening of the Lamplighters Pub.

**Starts:** 6:30pm | **Start location:** Sea Mills station

**End:** Shirehampton station | **Duration:** 3 miles

**Cost:** Free | **Contact:** Julie Boston

07791 867 512 | secretary@bristolramblers.org.uk



### 150 18<sup>th</sup> century Bristol

An 18<sup>th</sup> century themed walk to complement the Hogarth exhibition at Bristol Museum. The walk includes a tour of the Georgian House and a visit to St Nic's church to view Hogarth's famous altarpiece.

**Starts:** 11:30am / 2pm | **Start location:** Bristol Museum and Art Gallery | **End:** St Nicholas Church

**Duration:** 1 mile **Cost:** Free | **Contact:** Bristol Museum and Art Gallery 0117 922 3571

lee.hutchinson@bristol.gov.uk



Wednesday 27 May

Wednesday 27 May

### 151 Dye Plant Foraging For Textile Arts

Locate dyes from leaves, berries, roots, bark, flowers and nuts. This walk takes in Greenbank Cemetery and Eastville Park to the River Frome, where we'll find riverside botanicals for the dye pot.

**Starts:** 6pm | **Start location:** No.12 Deli, High Street, Easton BS5 6DL | **End:** Frome Valley Walkway

**Duration:** 1.5 miles **Cost:** £10, £5 concessions

**Contact:** Babs Behan | 07586 208 074

hello@botanicalinks.com



### 152 Tyntesfield Boundary Walk

Follow the perimeter wall around the estate, take in glorious vistas and learn more about the Tyntesfield story. Includes light lunch at a country pub. Aimed at adults and families with children over 10.

**Starts:** 9:45am | **Start location:** Home Farm visitor centre, Tyntesfield, BS48 1NX | **Duration:** 8 miles

**Bus:** X6 | **Cost:** £15 | **Contact:** National Trust Central Booking Office | 0844 249 1895



Thursday 28 May

### 153 Cadbury Camp

Walk for over 55s. Climb this iron-age hill fort by way of well-used footpaths and enjoy the panorama to the Mendips and the Welsh coast. Finish around 12:30 at the garden centre.

**Starts:** 10:15am | **Start location:** City Centre bus stop Ci or Golden Acres Garden Centre, Tickenham

**End:** Golden Acres Garden Centre | **Duration:** 3 miles

**Cost:** Free | **Contact:** Dan Lewin | 0117 305 2365 dan.lewin@stmonicastrust.org.uk



Thursday 28 May



Thursday 28 May

### 154 The Pilgrims' Way

Follow the route of medieval Pilgrim's Way, which led via Dundry Hill to Glastonbury. At Chew Magna we can enjoy a brief stop for refreshments before a minibus returns us to Withywood.

**Starts:** 10:30am | **Start location:** ST 562674 Where Strawberry Lane meets Sherrin Way, Withywood Bristol  
**End:** Chew Magna high street, pick-up and return via minibus | **Duration:** 3.5 miles, 2.5 hours | **Cost:** £5/£3/free | **Contact:** Nick Ward | 0117 935 9710  
nward@csv.org.uk



Thursday 28 May

### 155 Walled City Walk - the route of the Norman walls

Follow the route of Bristol's Norman walls through the heart of the Old City. See the mercantile area's grand buildings and learn the history of what was Britain's second busiest port.

**Starts:** 11am | **Start location:** Merchant Navy Memorial, Welshback, BS1 2RR | **Duration:** 1 mile, 1.5 hours | **Cost:** £5/£3/free | **Contact:** Ed Hall  
0780 500 7304 | edwinjhall@yahoo.co.uk



Thursday 28 May

## 156 Bristol's Treasure Island Influences

Learn about the characters, locations & events that inspired some of Britain's greatest literature. 1000+ years of history from Brewers and Slavers to adventures on the high seas.

**Starts:** 2:30pm | **Start location:** Temple Church (just off of Victoria Street, Central Bristol) | **End:** Redcliffe Wharf | **Duration:** 2 miles, 3 hours | **Cost:** Free  
**Contact:** Mark Steeds | 01454 238 342  
mark@beaufortarms.com



## 157 Purdown

A walk through Montpelier along urban footpaths and the open spaces of Purdown with fantastic views over Bristol.

**Starts:** 7pm | **Start location:** Montpelier station  
**Duration:** 5 miles | **Cost:** Free  
**Contact:** Roger Griffiths | 0117 924 3024  
secretary@bristolramblers.org.uk



Thursday 28 May

## 158 Is Walking Transport?

A free talk by Dr Suzanne Audrey, University of Bristol, and Jayne Mills, Bristol City Council. Is walking a means of transport? Why should we walk to work? How should walking be supported by policy makers and planners?.

**Time:** 6–7:30pm | **Location:** Room 1 and 2, Watershed, 1 Canon's Road, Harbourside, BS1 5TX  
**Cost:** Free

Thursday 28 May

Photo © Sustrans



## 159 Bristol Bridges Walk

A family-friendly walk exploring six of Bristol's central bridges, and looking at points of interest along the way. Finishing at the Cascade Steps for an optional social gathering.

**Starts:** 6pm | **Start location:** By the silver ball in Millennium Square | **End:** Cascade Steps, City Centre  
**Duration:** 2 miles | **Cost:** Free | **Contact:** Laura Hathway | 07725 113 390



## 160 Night at the Cemetery Guided Tour

Revealing the darker side of Arnos Vale Cemetery at dusk, in an atmospheric torchlit exploration of tragic tales, folk customs and funeral etiquette of Victorian society. All welcome, but aimed at a 16+ audience.

**Starts:** 7:30pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at Spielman Centre Terrace | **Duration:** 1.5 miles, 1.5 hours  
**Cost:** £8.40 + booking fee | **Contact:** Felicia Smith 0117 971 9117 | felicia.smith@arnosvale.org.uk  
**For more information visit:** www.arnosvale.org.uk



Friday 29 May

Friday 29 May



## 161 Sights and Sounds of Portishead

Discover this Victorian seaside town. The walk takes us from the marina to the lake grounds, experiencing Portishead's ever-changing sights and sounds along the way.

**Starts:** 1pm | **Start location:** Matchstick Sculpture, Portishead Marina | **Duration:** 4 miles | **Bus:** X3  
**Cost:** Free | **Contact:** Ayoob Lakhani  
07513 077 335 | [ayoob.lakhani@outlook.com](mailto:ayoob.lakhani@outlook.com)



## 162 Arnos Vale Ceremonial Way Tour

A fully accessible tour the main path and most prestigious graves of Arnos Vale, with stories of some of Bristol's historic inhabitants. Suitable for wheelchair and cane users. Aimed at ages 16+.

[www.arnosvale.org.uk/all-events-listings/eventdetail/1355/-/ceremonial-way-tour](http://www.arnosvale.org.uk/all-events-listings/eventdetail/1355/-/ceremonial-way-tour)

**Starts:** 1:30pm | **Start location:** Arnos Vale Cemetery, BS4 3EW. Gather at East Lodge shop entrance | **Duration:** 1.5 miles, 1.5 hours  
**Cost:** £5 + booking fee | **Contact:** Felicia Smith  
0117 971 9117 | [felicia.smith@arnosvale.org.uk](mailto:felicia.smith@arnosvale.org.uk)



Saturday 30 May

Saturday 30 May

Sunday 31 May

### 163 Hill walk in the South Cotswolds

A hilly walk following footpaths through fields and woods, lanes and tracks. Take in parts of the Cotswold Way, Cam Long Down, Peaked Down and Uley Bury.

**Starts:** 9am | **Start location:** Car share from Bradley Stoke Pizza Hutt/Aldi Car park (Brook Way, Bradley Stoke, Bristol BS32 9DA) or meet at 9:45am at the start of the walk at Coaley Peak Picnic Site, map 167 grid ref 795 015 | **Duration:** 11 miles | **Cost:** Free  
**Contact:** <http://goo.gl/forms/4AB2vFOAc1>  
07780 880 699 | [brunelwalkinggroup@hotmail.com](mailto:brunelwalkinggroup@hotmail.com)



Sunday 31 May

### 164 The wonders of Leigh Woods

Join National Trust Rangers on a walk from the observatory on Clifton down, through Leigh Woods, and along the tow path. Take in the new arts installation WITHDRAWN and meet the artist Luke Jerram, before returning to Clifton.

**Starts:** 10am | **Start location:** The Observatory, Clifton Down | **Duration:** 4 miles | **Bus:** 8, 9  
**Cost:** Free | **Contact:** [www.nationaltrust.org.uk/leigh-woods/things-to-see-and-do/events](http://www.nationaltrust.org.uk/leigh-woods/things-to-see-and-do/events) | 0844 249 1895  
[victoria.stanfield@nationaltrust.org.uk](mailto:victoria.stanfield@nationaltrust.org.uk)



### 165 Sacred Stories of Bristol: From Medieval Merchants to the Flying Trapeze

Join Dr Neil Rushton and discover three very different Bristol Churches: medieval gem St Johns and its crypt, St Thomas the Martyr, and St Paul's - home to a circus training school.

**Starts:** 1pm | **Start location:** St John the Baptist, Broad Street, BS1 2EZ | **End:** St Paul's, Portland Square **Duration:** 1 mile | **Cost:** Free **Contact:** Ed McGregor | 0117 929 1766 | emcgregor@theccct.org.uk



### 166 Ups and downs in the Avon Gorge on Portway Sunday

Enjoy the tranquillity of a car-free gorge on this special Portway Sunday walk, as we meander through the meadows, zip down the Zig-zag path, then wander back up through the goat-browsed Gully to Seawalls.

**Starts:** 2pm | **Start location:** Seawalls | **Duration:** 3 miles, 3 hours | **Cost:** Free | **Contact:** Mandy Leivers 0117 903 0609 | mleivers@bristolzoo.org.uk



# Where to stay, eat, play

visit *BRISTOL*.co.uk

**Tourist information Centre  
next to Watershed, Harbourside  
T: 0906 711 2191**

(calls charged at 50p per minute plus network extras)

## 167 Bristol Opening Doors self-guided walk

Self-guided walk to discover a variety of Bristol's architectural gems. Download a printed trail and related Treasure Hunt along with the free Smartphone app to discover the stories behind the buildings.  
[www.bristolopeningdoors.org](http://www.bristolopeningdoors.org)

**Start location:** The Architecture Centre, Narrow Quay, BS1 4QA | **Duration:** 1.5/3 miles | **Cost:** Free

**Contact:** [www.bristolopeningdoors.org](http://www.bristolopeningdoors.org)



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# Acknowledgements

Bristol Walk Fest 2015 would like to extend special thanks to:

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Suzanne Audrey from Bristol University.

Carew Reynell, Eileen Bartlett and Keith Budd from the Ramblers.

And all our volunteers, event contributors, walk leaders and everyone else who has given their time and expertise.

For further information about the walking festival contact:

Tel: **0117 352 1283** (Monday to Thursday)

Tel: **0117 357 4862** (Friday)

Email: **[bristolwalkingfestival@bristol.gov.uk](mailto:bristolwalkingfestival@bristol.gov.uk)**



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● Easy    ● Fairly easy    ● Moderate    ● Challenging

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● Easy   ● Fairly easy   ● Moderate   ● Challenging

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● Easy   ● Fairly easy   ● Moderate   ● Challenging

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● Easy    ● Fairly easy    ● Moderate    ● Challenging

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● Easy      ● Fairly easy      ● Moderate      ● Challenging

# MAKE Sunday SPECIAL



## Make Sunday Special 2015

First event - Sunday 3rd May,  
10am to 4pm, Old City Centre

Make Sunday Special returns bigger and better than ever in 2015!

This year there will be Make Sunday Special days in Bristol neighbourhoods at Easton, Avonmouth, Hartcliffe and Bedminster, as well as events in the Old City Centre on the first Sunday of each month until September.



For all the latest news visit  
[www.bristol.gov.uk/makesundayspecial](http://www.bristol.gov.uk/makesundayspecial)

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Bristol Walking Festival 2015 is coordinated by Bristol City Council with support from TravelWest, Bristol Ramblers and Stanfords bookshop and in association with Destination Bristol, Bristol University and Netwalking Southwest.

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## Dates for your diary

### Active Travel to School Week

18 to 22 May 2014

[www.bristol.schooltravelfacts.com](http://www.bristol.schooltravelfacts.com)

### Bristol Food Connections

1 to 9 May 2014

[www.bristolfoodconnections.com](http://www.bristolfoodconnections.com)

### Walk to Work Week

11 to 15 May 2014

[www.livingstreets.org](http://www.livingstreets.org)

### Mayfest

14 to 24 May 2014

[www.mayfestbristol.co.uk](http://www.mayfestbristol.co.uk)

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## Did you attend any 2015 Walk Fest events?

To give your feedback please visit

[www.bristol.gov.uk/walkfestfeedback](http://www.bristol.gov.uk/walkfestfeedback) and complete an online survey.

If you would like this information in another language, Braille, audio tape, large print, Easy English, BSL video or CD Rom or plain text please contact us on 0117 352 1283.