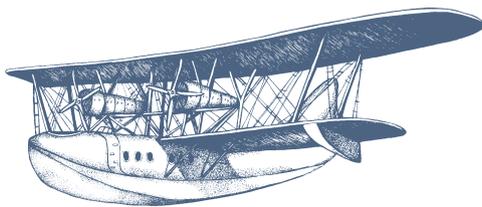


Lunch



Menu

LAND & SEA

Homemade bread (V) olive oil & balsamic reduction add olives	£8 + £4
Soup of the Day (V) homemade bread	£6
Crispy baby squid & Cornish crab red pepper salsa, sweet chilli sauce	£12.95
Cornish crab roll horseradish, pickled cucumber, celeriac remoulade	£14
Spiced monkfish goujons in a bao bun anchovy mayonnaise	£13
Crispy baby squid & tiger prawn taco gotcha ketchup, yoghurt dressing	£12
Lobster & mussel risotto parmesan, herb oil	£18.50
Seared Cornish hanger steak French fries, salad & aioli	£14.50
Cornish crab macaroni crusty bread roll	£15

Seared Tresco beef ciabatta tomato, cos lettuce, sauerkraut, mustard mayonnaise	£13
Pan roasted fish of the day seasonal greens, new potatoes, gremolata, mussel, caper & fish cream sauce	£16.50
Grilled half of Bryher lobster cashew gremolata, salad, home-cooked chips	£30
Toasted spinach gnocchi (V) king oyster mushrooms, caramelised feta, broad beans, hazelnut pesto	£14.95
Chargrilled octopus chorizo, chickpea & sun-blushed tomato salad	£14.50
Beetroot, feta & pea salad (V) toasted hazelnuts, beetroot cracker, balsamic dressing	£12.95
Cold salad of Bryher lobster & crab squid ink cracker, ponzu dressing	£17
Sides French Fries New Potatoes Side Salad	£3 each

DESSERTS

Dark chocolate & rum mousse set coconut yoghurt, mango sorbet, coconut tuille	£8
Salted caramel panna cotta exotic fruit salsa, praline & vanilla ice cream	£8
Vanilla & Calvados mousse salted caramel sauce, apple sorbet, oat crumble	£7.50
White chocolate & raspberry cheesecake raspberry sorbet	£8
Selection of Westcountry cheese celery, grapes, fig chutney & crackers	£9

CHILDREN'S MENU

Grilled fish of the day new potatoes or French fries, seasonal vegetables	£6.50
Macaroni cheese salad, peas	£6.50
BBQ chicken wings new potatoes or French fries, salad	£6.50
Flying Boat sundae surprise	£5.50
Cornish ice cream various flavours	£1.20 / 1 scoop £3.50 / 3 scoops

Please advise us of any dietary requirements. We cannot guarantee there are no traces of nuts or other allergens.

@Trescol Island #mytresco

